

Associazione Italiana Pneumologi Ospedalieri





PNEUMOLOGIA 2016

Milano, 16 – 18 giugno 2016 · Centro Congressi Palazzo delle Stelline

PNEUMOLOGIA 2016

NOVITA' IN PNEUMOLOGIA L'INDISPENSABILE DA SAPERE

La diagnosi di ipertensione polmonare post-embolica

Dr. Marco Biolo

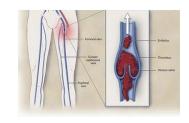
S.C. Pneumologia Azienda Sanitaria Ospedaliero Universitaria Integrata di Trieste Direttore Dr. Marco Confalonieri

PULMONARY HYPERTENSION CLASSIFICATION

Group 1	Pulmonary arterial hypertension				
Group 2	PH owing to left heart disease				
Group 3	PH owing to lung diseases and/or hypoxia				
Group 4	CTEPH				
Group 5	PH with unclear or multifactorial etiologies				

CHRONIC THROMBOEMBOLIC PULMONARY HYPERTENSION (CTEPH): DEFINITIONS

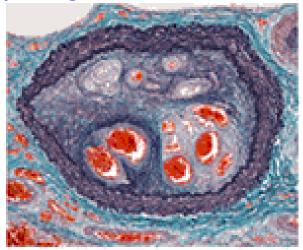
- Si definisce come un incremento della pressione arteriosa polmonare <u>media</u> maggiore di 25 mmHg persistente dopo 3 mesi dalla diagnosi e di trattamento anticoagulante efficace.
- La tromboembolia cronica, una delle principali cause di grave ipertensione polmonare, si sviluppa dall'ostruzione di rami dell'arteria polmonare in seguito a episodi tromboembolici con incompleta risoluzione del trombo e formazione di fibrosi con rimodellamento della parete vascolare.
- Di conseguenza aumentano le resistenze polmonari (PVR) e la pressione nel piccolo circolo, con progressiva insufficienza cardiaca destra.



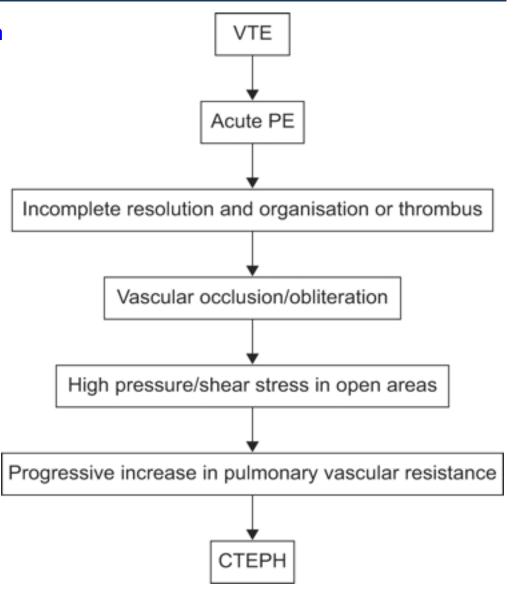
Jenkins D, et al. Dartevelle P, et al.

CTEPH PATHOGENESIS

Istopatologia della lesione trombotica



Trombo organizzato in CTEPH.
L'anatomia patologica mostra
un trombo organizzato con
iperplasia fibrosa dell'intima,
contenente caratteristici canali
all'interno della arteria
polmonare (lesione a colino)
dovuti a ricanalizzazione del
trombo fibrotico all'interno
dell'arteria.



L'ipotesi embolica della patogenesi della CTEPH

CTEPH PATHOGENESIS

Vasculopatia polmonare con trombosi "in situ" delle arterie polmonari:

- Nei pazienti con CTEPH non è documentato un significativo incremento dei fattori di rischio per embolia polmonare fatta eccezione per LAC e anticardiolipina
- Non è documentata una ridotta attività fibrinolitica
- Spesso <u>non</u> è identificabile in anamnesi un episodio di embolia polmonare

CTEPH PATHOGENESIS

THE AMERICAN JOURNAL of MEDICINE®

Silent Pulmonary Embolism in Patients with Deep Venous Thrombosis: A Systematic Review

Paul D. Stein, MD, Fadi Matta, MD, Muzammil H. Musani, MD, Benjamin Diaczok, MD

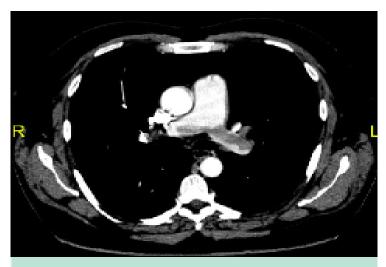


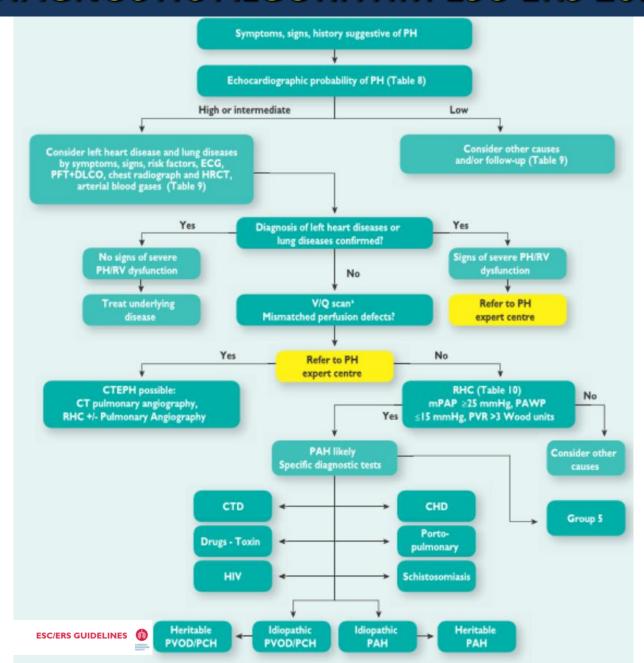
Figure 1 CT pulmonary angiogram obtained for baseline evaluation in a 46-year-old man with deep venous thrombosis. The patient had no signs or symptoms suggestive of pulmonary embolism. A saddle embolus in the left and right main pulmonary arteries is shown.

The American Journal of Medicine (2010) 123, 426-431

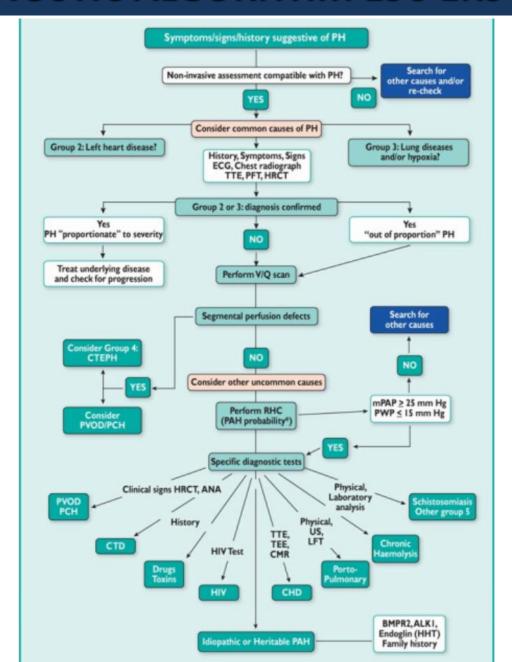
CLINICAL SIGNIFICANCE

- Silent pulmonar embolism occurs in approximately one third of patients with deep venous thrombers.
- Silent pulmonary embolism is more frequent in patients with proximal deep venous thrombosis than in those with distal deep venous thrombosis.
- Recurrent pulmonary embolism during treatment for deep venous thrombosis is more frequent in those with silent pulmonary embolism than a first pulmonary embolism in those with no silent pulmonary embolism.
- Silent pulmonary embolism may occur in the central pulmonary arteries.

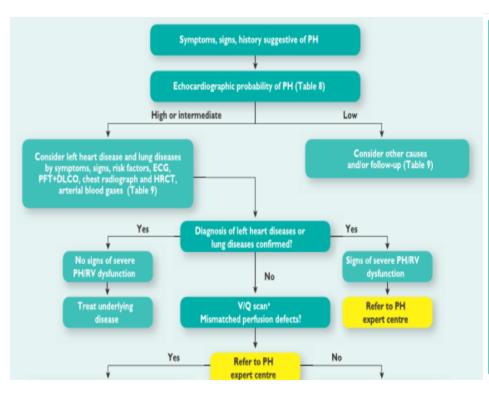
IP DIAGNOSTIC ALGORITHM ESC-ERS 2015

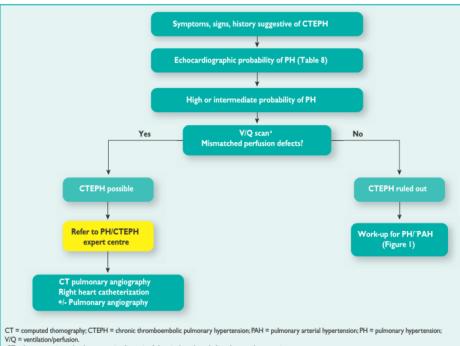


IP DIAGNOSTIC ALGORITHM ESC-ERS 2009



IP DIAGNOSTIC ALGORITHM

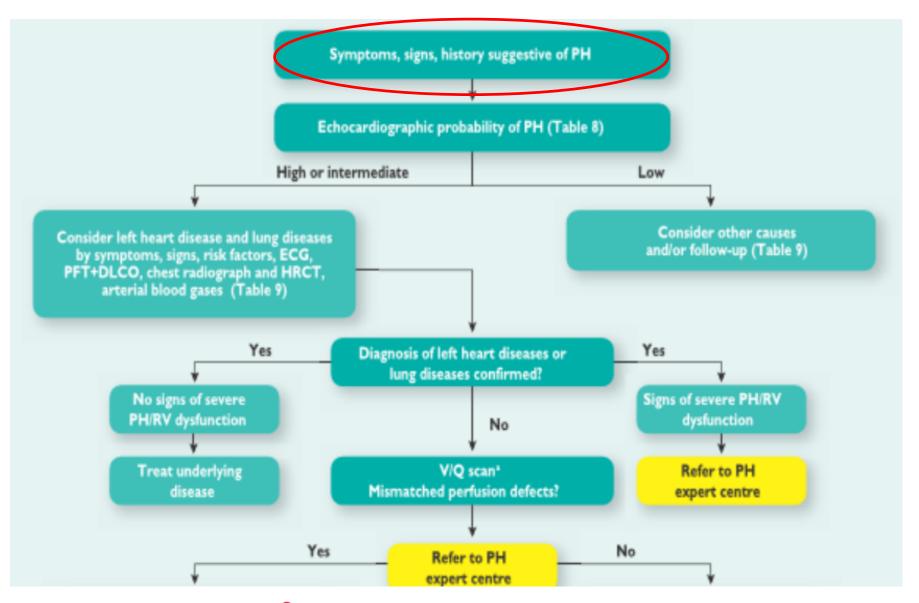




^aCT pulmonary angiography alone may miss diagnosis of chronic thromboembolic pulmonary hypertension.

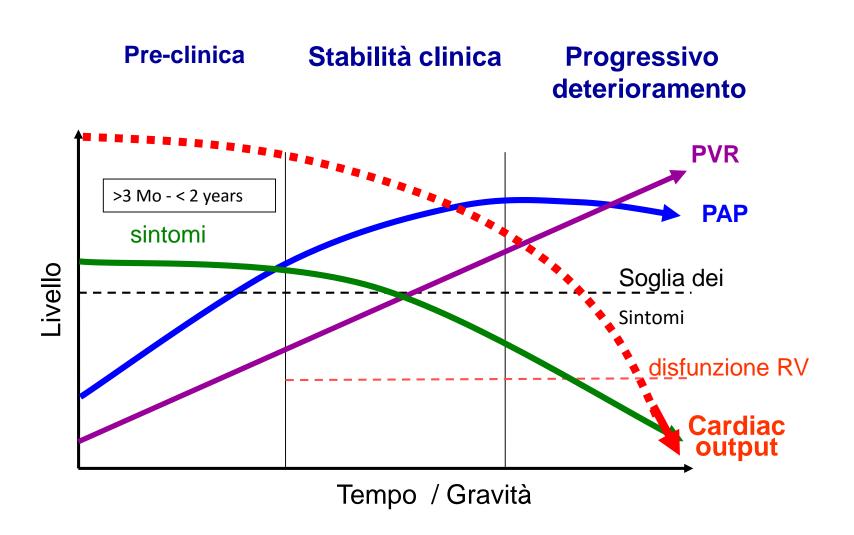


IP DIAGNOSTIC ALGORITHM





CTEPH CLINICAL PRESENTATION



Feature	СТЕРН	IPAH
Gross pathology	Organized, central thrombi	Some thrombotic pathology
Histopathology	 Plexogenic arteriopathy 	 Plexogenic arteriopathy
Symptoms	Shortness of breathFatigueWeaknessHaemoptysis (late)	 Shortness of breath Fatigue Weakness Angina (late) Syncope (late)
Signs	 PH and right heart failure RV third heart sound Oedema (late) Elevated jugular v. p. (late) Ascites (late) 	 PH and right heart failure RV third heart sound
Family history	• No	 Seen in 6–10% of cases
Genetic basis	 None identified rare paediatric cases 	 Genetic basis in up to 30% of sporadic IPAH cases (e.g., BMPR-II)

CTEPH RISK FACTORS

- Survivors of acute pulmonary embolism
- Thrombophilic disorders (LAC, Ab antiphospholipid, protein C and S deficiency, prothrombin gene mutation, activated protein C resistance including factor V mutation, antithrombin III deficiency, elevated factor VIII)
- Splenectomy
- History of malignancy
- Have very high blood pressure in their lungs' arteries (greater than 50 mmHg) when their PE is discovered
- Ventriculo-atrial shunt and infected pace-makers
- Thyroid replacement therapy
- Blood groups other than 0

J Thorac Dis. 2015 Nov;7(11):1927-38. doi: 10.3978/j.issn.2072-1439.2015.11.43.

Incidence and risk factors of chronic thromboembolic pulmonary hypertension in patients after acute pulmonary embolism.

Yang S¹, Yang Y¹, Zhai Z¹, Kuang T¹, Gong J¹, Zhang S¹, Zhu J¹, Liang L¹, Shen YH¹, Wang C¹.

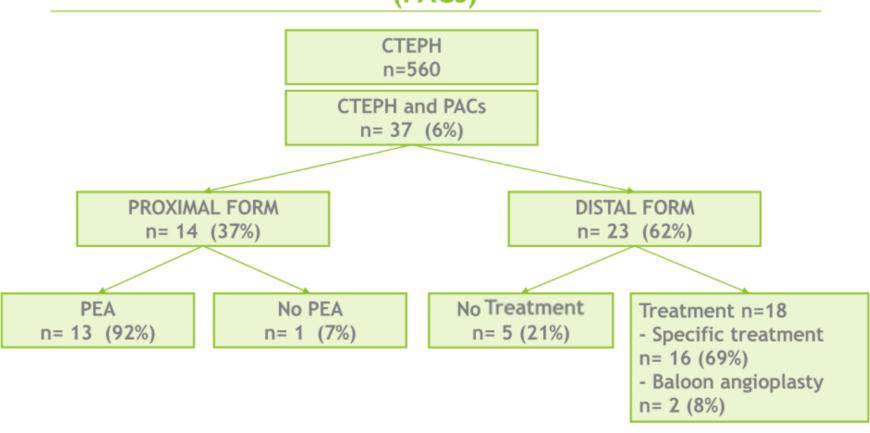
Bonderman D *et al. Eur Respir J* 2009;33:325–31. Pengo V *et al. N Engl J Med* 2004;350:2257–264. Abul Y et al. *Chron Respir Dis* 2014;11:73–81.





CTEPH RISK FACTORS

CTEPH associated with indwelling Port-A-Cath systems (PACs)



Dott. Mitia Jevnikar, 2016

CTEPH RISK FACTORS

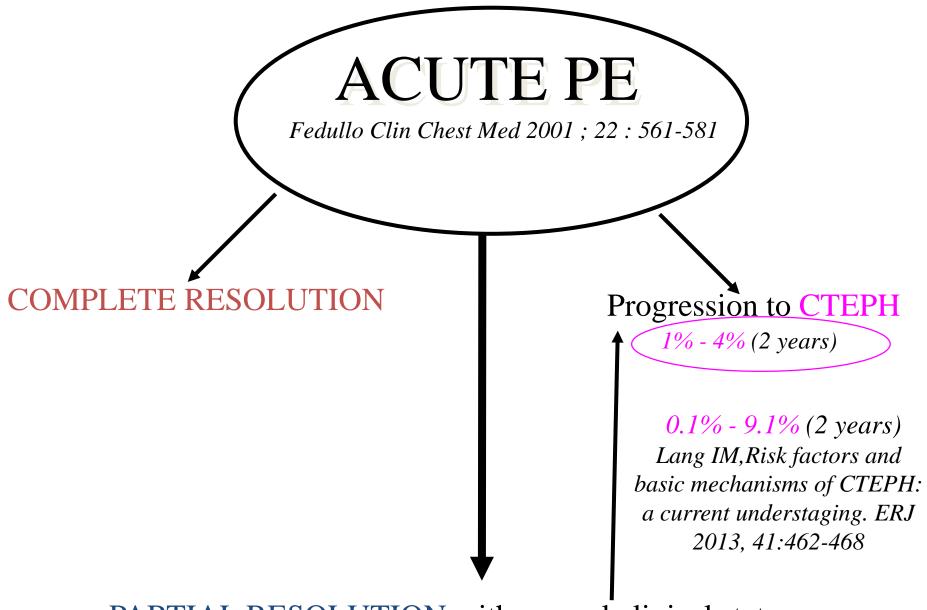
- Survivors of acute pulmonary embolism
- Thrombophilic disorders (LAC, Ab antiphospholipid, protein C and S deficiency, prothrombin gene mutation, activated protein C resistance including factor V mutation, antithrombin III deficiency, elevated factor VIII)
- Splenectomy
- **History of malignancy**
- Have very high blood pressure in their lungs' arteries (greater than 50 mm Hg) when their PE is discovered
- Ventriculo-atrial shunt and infected pace-makers
- Thyroid replacement therapy
- Blood groups other than 0
- **Port A Cath presence**

Incidence and risk factors of chronic thromboembolic pulmonary hypertension in patients after acute pulmonary embolism.









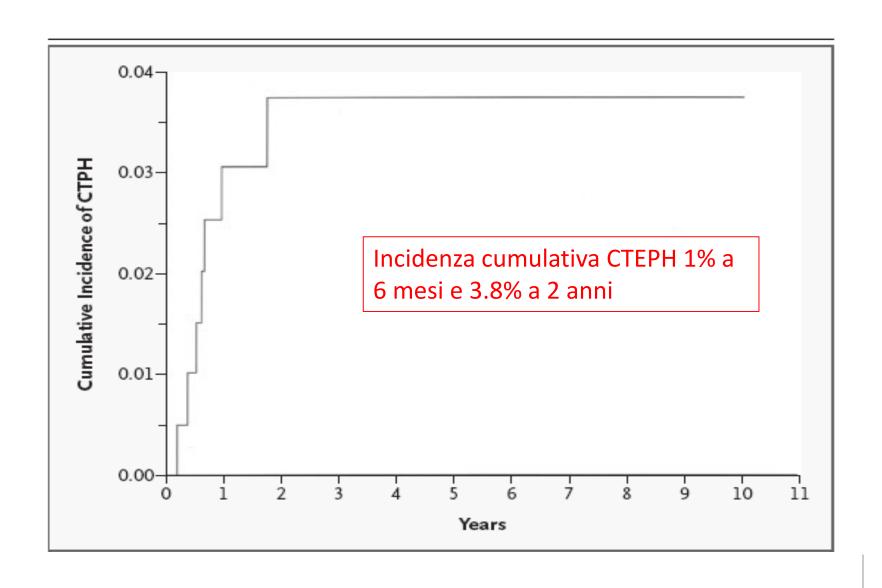
PARTIAL RESOLUTION with normal clinical status

Focal chronic PE: 13%

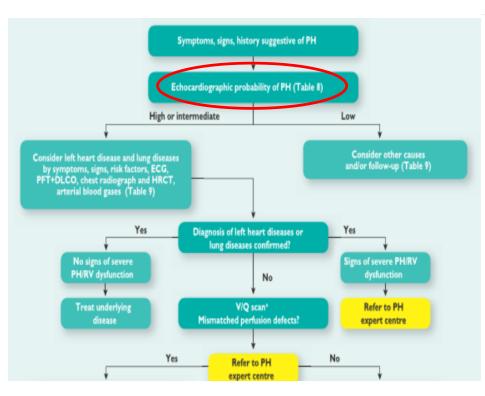
ORIGINAL ARTICLE

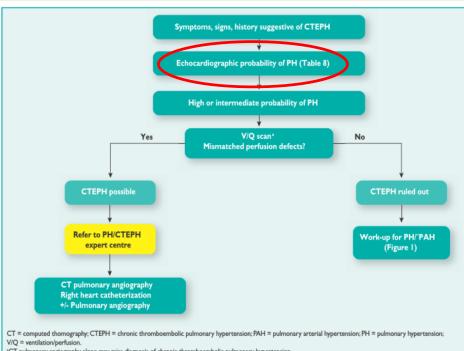
Incidence of Chronic Thromboembolic Pulmonary Hypertension after Pulmonary Embolism

Vittorio Pengo, M.D., Anthonie W.A. Lensing, M.D., Martin H. Prins, M.D., Antonio Marchiori, M.D., Bruce L. Davidson, M.D., M.P.H., Francesca Tiozzo, M.D., Paolo Albanese, M.D., Alessandra Biasiolo, D.Sci., Cinzia Pegoraro, M.D., Sabino Iliceto, M.D., and Paolo Prandoni, M.D., for the Thromboembolic Pulmonary Hypertension Study Group*



IP DIAGNOSTIC ALGORITHM





^aCT pulmonary angiography alone may miss diagnosis of chronic thromboembolic pulmonary hypertension.



	Classa	Levelb
Echocardiographic diagnosis: PH unlikely		
Tricuspid regurgitation velocity ≤2.8 m/s, PA systolic pressure ≤36 mmHg, and no additional echocardiographic variables suggestive of PH	1	В
Echocardiographic diagnosis: PH possible		
Tricuspid regurgitation velocity ≤2.8 m/s, PA systolic pressure ≤36 mmHg, but presence of additional echocardiographic variables suggestive of PH	lla	С
Tricuspid regurgitation velocity 2.9–3.4 m/s, PA systolic pressure 37–50 mmHg with/without additional echocardiographic variables suggestive of PH	lla	С
Echocardiographic diagnosis: PH likely		
Tricuspid regurgitation velocity >3.4 m/s, PA systolic pressure >50 mmHg, with/without additional echocardiographic variables suggestive of PH	1	В
Exercise Doppler echocardiography is not recommended for screening of PH	III	С

Table 8A Echocardiographic probability of pulmonary hypertension in symptomatic patients with a suspicion of pulmonary hypertension

Peak tricuspid regurgitation velocity (m/s)	Presence of other echo 'PH signs'*	Echocardiographic probability of pulmonary hypertension
≤2.8 or not measurable	No	Low
≤2.8 or not measurable	Yes	Intermediate
2.9-3.4	No	
2.9-3.4	Yes	
>3.4	Not required	High

PH = pulmonary hypertension.

Table 8B Echocardiographic signs suggesting pulmonary hypertension used to assess the probability of pulmonary hypertension in addition to tricuspid regurgitation velocity measurement in Table 8A

A: The ventricles*	B: Pulmonary artery*	C: Inferior vena cava and right atrium
Right ventricle/ left ventricle basal diameter ratio >1.0	Right ventricular outflow Doppler acceleration time <105 msec and/or midsystolic notching	Inferior cava diameter >21 mm with decreased inspiratory collapse (<50 % with a sniff or <20 % with quiet inspiration)
Flattening of the interventricular septum (left ventricular eccentricity index > 1.1 in systole and/or diastole)	Early diastolic pulmonary regurgitation velocity >2.2 m/sec	Right atrial area (end-systole) >18 cm ³
	PA diameter >25 mm.	

^{*}See Table 8B.

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Table 8B Echocardiographic signs suggesting pulmonary hypertension used to assess the probability of pulmonary hypertension in addition to tricuspid regurgitation velocity measurement in Table 8A

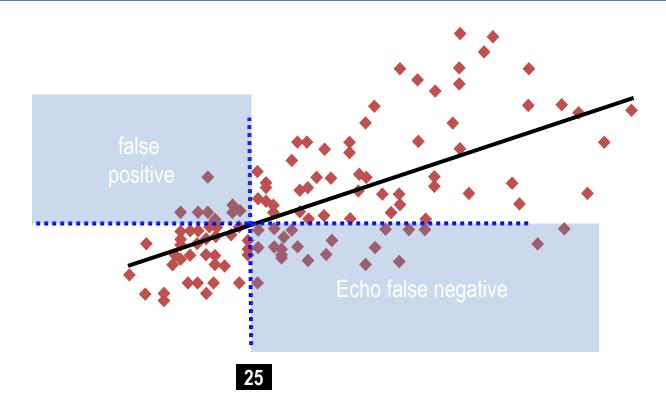
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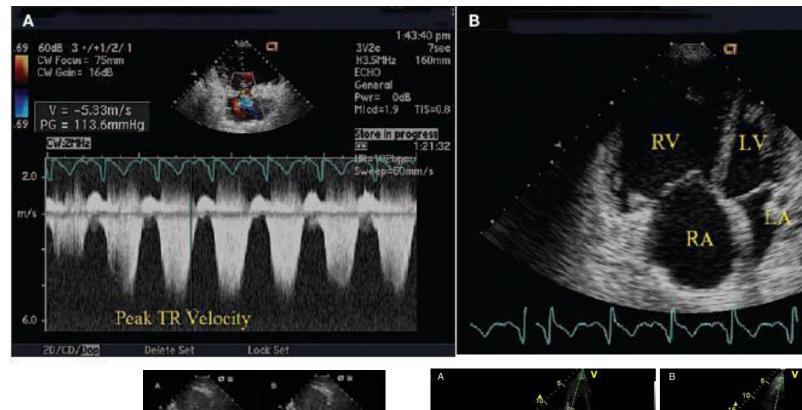
^{*}See Table 8B.

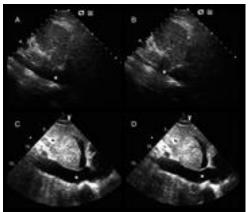
patients with symptoms compatible with pulmonary hypertension, with or without risk factors for pulmonary arterial hypertension or chronic thromboembolic pulmonary hypertension

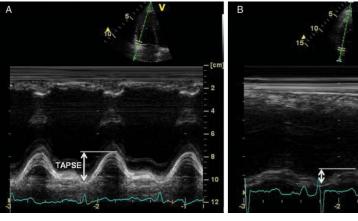
Echocardiographic probability of PH	Without risk factors or associated condition for PAH or CTEPH ^d	Class*	Levelb	With risk factors or associated conditions for PAH or CTEPH ^c	Class	Levelb	Ref	
Low	Alternative diagnosis should be considered	lla	С	Echo follow-up should be considered	lla	С		
Intermediate	Alternative diagnosis, echo follow-up, should be considered	lla	С	С	Further assessment of PH including			45.44
	Further investigation of PH may be considered ^e	ПР				RHC should be considered ^e	lla	В
High	Further investigation of PH (including RHC*) is recommended	- 1	С	Further investigation of PH° including RHC is recommended	1	C		

La diagnosi definitiva di ipertensione polmonare necessita del cateterismo cardiaco destro perché l'ecocardio stima con variazioni anche >20%









1:39:11 pm

T1/-4/0/2

1:20:00

160mm

3V2c

ECHO

H3.5MHz

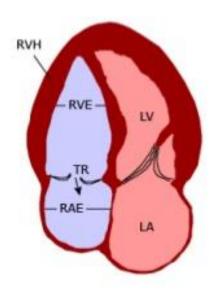
General

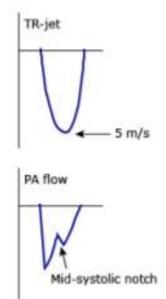
Pwr= OdB MI=1.3

Store in progress

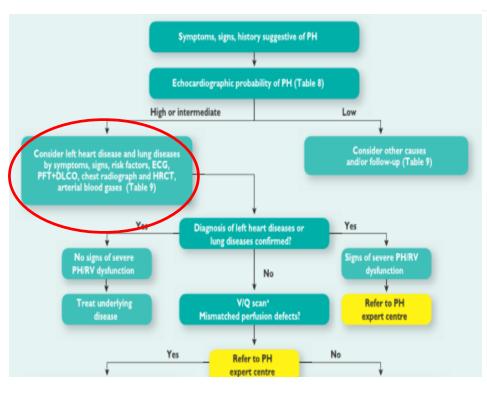
HR=103bpm

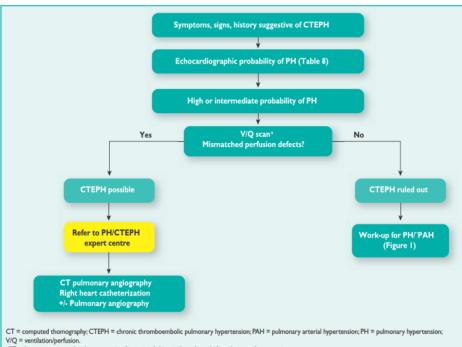
- Main findings are :
- Right ventricular enlargement (RVE).
- Right ventricular hypertrophy (RVH).
- Right atrial enlargement (RAE).
- Functional tricuspid regurgitation (TR) with a high velocity regurgitant jet by Doppler (TR jet), and a mid-systolic notch on the pulmonary artery Doppler flow tracing (PA flow).
- The interventricular septum is shifted toward the left ventricular cavity.

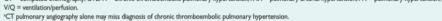




IP DIAGNOSTIC ALGORITHM

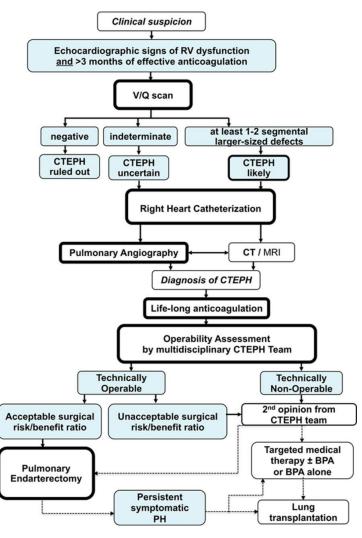








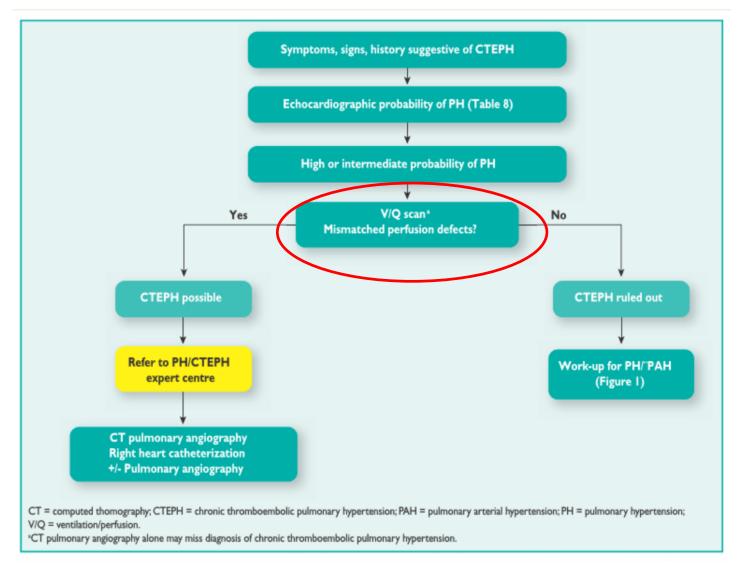
CONTEMPORARY DIAGNOSTIC AND THERAPEUTIC ALGORITHM



Lang I M, and Madani M Circulation. 2014;130:508-518



CONTEMPORARY DIAGNOSTIC AND THERAPEUTIC ALGORITHM





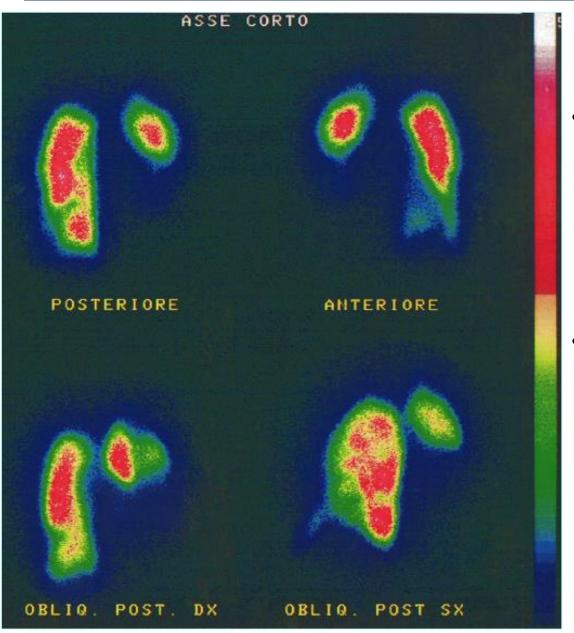
CTEPH DIAGNOSIS

- Sospetto clinico
 - Scintigrafia V/Q
- Conferma
 - Cateterismo cardiaco destro
 - AngioTAC

VQ scan: maggior sensibilità e specificità, minor radioesposizione, minori costi

AngioTAC: falsi positivi (sarcoma a.polmonare, trombi prossimali associati a PAH e cardiopatie cogenite), non sensibile per lesioni a carico dei vasi subsegmentari (inoperabili ma passibili di trattamento medico), può mostrare reperti associati (oligoemia a mosaico, ipertrofia delle arterie bronchiali, infarti polmonari)

VENTILATION/PERFUSION LUNG SCAN

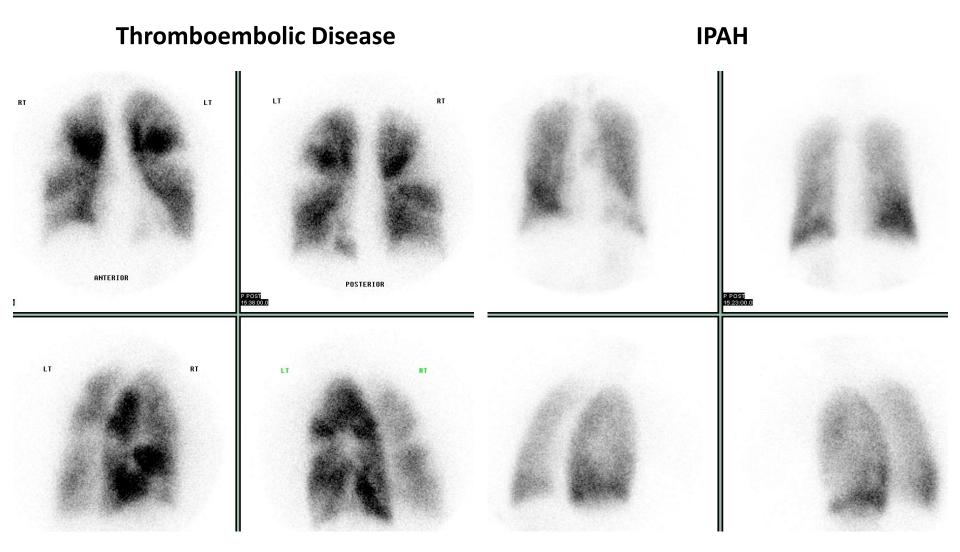


Scintigrafia polmonare perfusionale

Una scintigrafia
 ventilatoria normale e
 difetti cuneiformi a quella
 perfusoria è caratteristico
 per CTEPH

 Il registro internazionale ha evidenziato come nel 9,7% sia alterata la scintigrafia perfusoria mentre quella ventilatoria nel 19%

VENTILATION/PERFUSION LUNG SCAN



Courtesy of Dr Gopalan.

VENTILATION/PERFUSION LUNG SCAN

Diagnosi Differenziale: CTEPH distale vs Ipertensione polmonare idiopatica

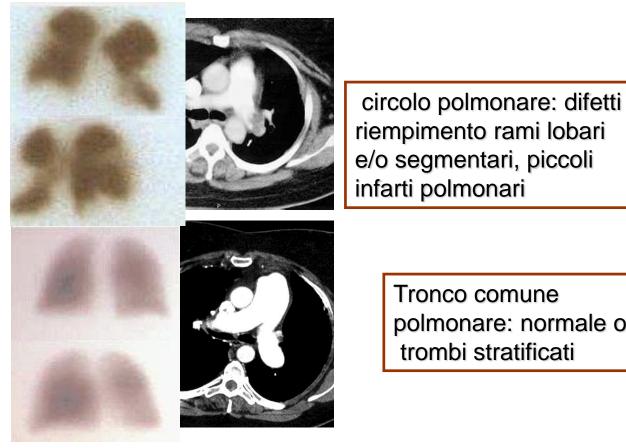
Scintigrafia Perfusionale



TC Spirale

circolo polmonare: difetti segmentari multipli

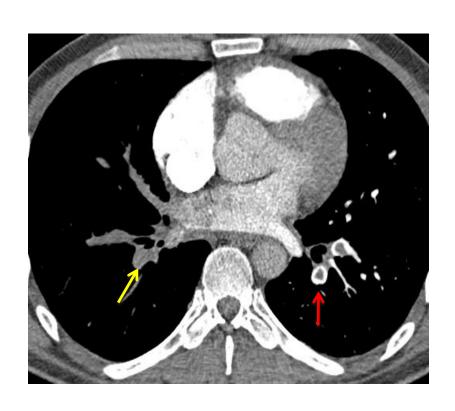
Tronco comune polmonare: normale o difetti "sfumati"



Tronco comune polmonare: normale o

trombi stratificati

HRCT – CT ANGIOGRAPHY - MRI





HRCT – CT ANGIOGRAPHY - MRI

BRONCHIAL ARTERY DILATATION IN CTEPH

Hasegawa et al. AJR 2004; 182: 67-72



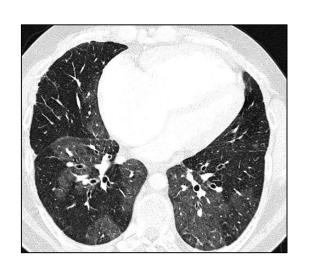


Acute pulmonary embolism: 7% (2 out of 27 patients)
vs

Chronic or recurrent pulmonary embolism : 50% (7 out of 14 patients)

HRCT - CT ANGIOGRAPHY - MRI

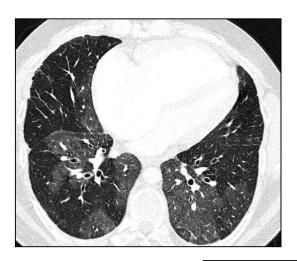
Oligoemia a mosaic: CTEPH OR AIRTRAPPING?



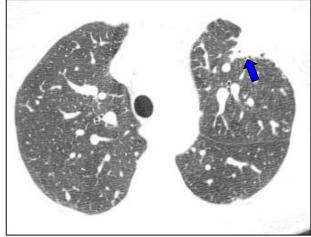


HRCT - CT ANGIOGRAPHY - MRI

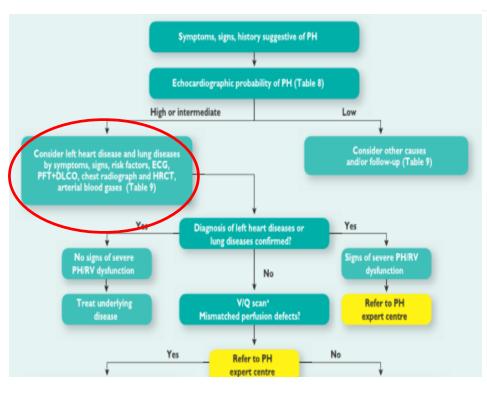
Oligoemia a mosaico e Infarto polmonare

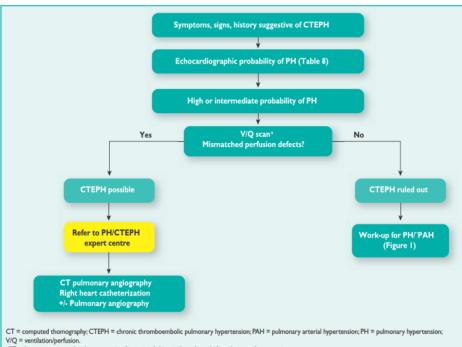


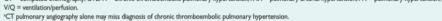




IP DIAGNOSTIC ALGORITHM



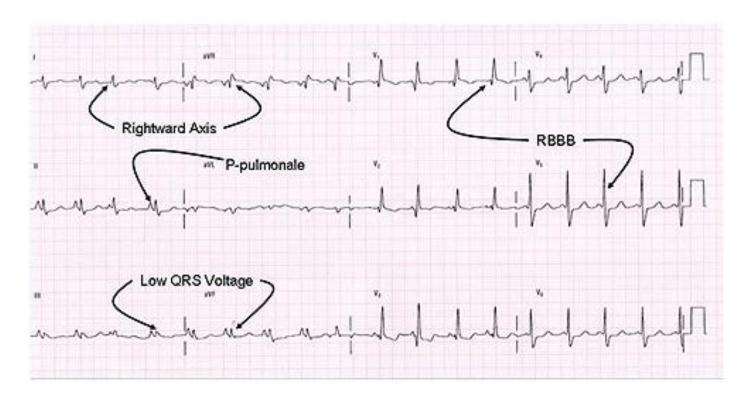






ECG

- P pulmonale
- Right axis deviation
- Right bundle branch block
- QTc prolungation (late)
- Supraventricolar arrhytmias (late)



ABG -BT

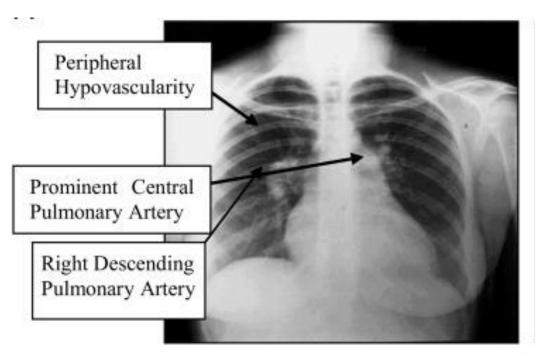
- PaO2 normal or decreased at rest
- PaCO2 normal or decreased at rest
- pH increased (late-severe)

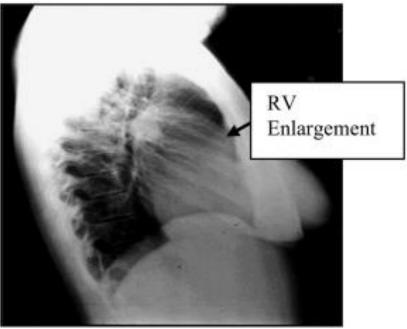


- Routine biochemistry-haematology
- Thyroid function
- Thrombophilia screening
- Antiphospholipid antibodies, anticardiolipin antibodies, lupus anticoagulant.
- BNP/proBNP
- Antinuclear antibodies (anti-centromere, dsDNA, anti-Ro, U3-RNP, B23, Th/To and U1-RNP, U3-RNP, anticardiolipin antibodies..)
- HIV, Hepatitis, ...
-

CHEST RADIOGRAPH

- Normal (90%)
- Central pulmonary arterial dilatation
- RA and RV enlargment
- Peripheral hypovascularity





PULMONARY FUNCTION TEST

 Decreased lung diffusion capacity for carbon monoxide (DLCO) and KCO

Normal or Mild reduction of lung volumes related to

disease severity



PULMONARY FUNCTION TEST

PFT	СТЕРН	PH group 3
Lung diffusion capacity for carbon monoxide	Decreased DLCO and KCO	• Decreased DLCO and >=KCO
Lung volumes	 Normal or Mild reduction related to disease severity 	 Increased RV /FRC related to specific disease
Lung airflow	• Normal	 Normal / obstruction related to specific disease

HRCT – CT ANGIOGRAPHY - MRI

- Still considered inferior to CT
- May be complimentary and used in according to local experience practice

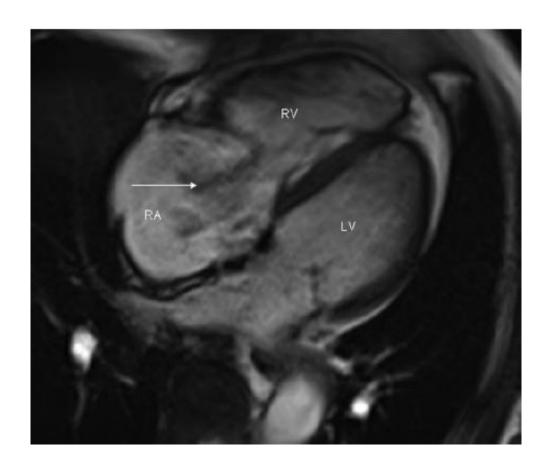
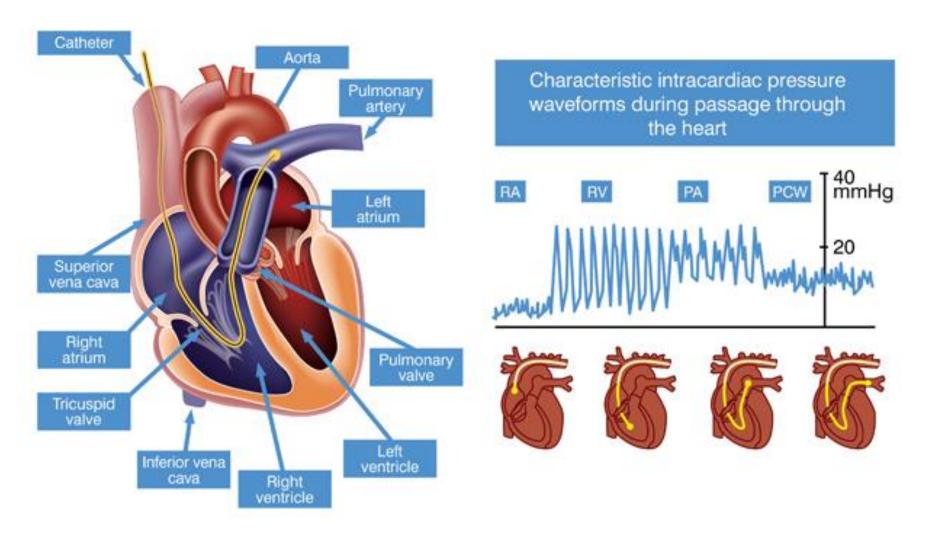


TABLE 1 Summar	y of techniques used	I in the diagnosis of c	hronic thromboembolic pu	ulmonary hypertension (CTEPH)

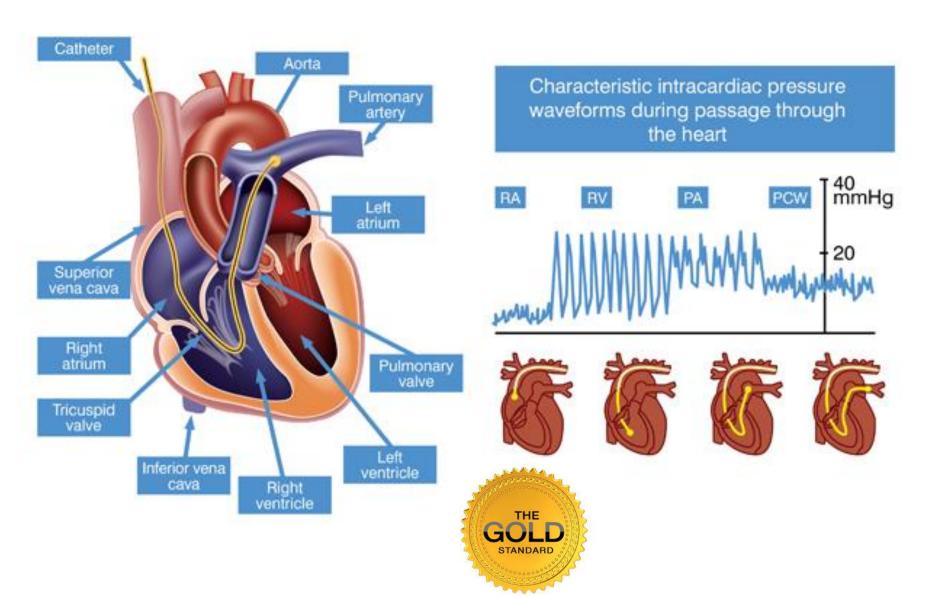
Technique	Advantages	Potential disadvantages
Ventilation/perfusion (V'/Q') scan	Essential for diagnosing CTEPH Sensitivity >96% Negative result rules out CTEPH Can distinguish between large-vessel occlusive and small-vessel pulmonary vascular disease Less radiation exposure than CTPA Less likely than other techniques to detect incidental findings Avoids potential problems with intravenous contrast	Can give intermediate probability result, which cannot rule out CTEPH May underestimate the burden of vascular obstruction
Conventional pulmonary angiography (CPA)	Can be combined with RHC to provide imaging and haemodynamic information	Invasive
Right heart catheterisation (RHC)	Mandatory in diagnosing CTEPH Essential measurements of mean arterial pressure and pulmonary capillary wedge pressure Information on disease severity, right heart function, mixed venous oxygen saturation	Invasive
Computed tomography pulmonary angiography (CTPA)	Noninvasive High-resolution images New scanners can provide multi-planar and three-dimensional reconstructions of the vascular tree More anatomical detail than MRI: information about vascular wall thickness and surrounding structures not appreciable with CPA No need for direct catheter access Can reveal associated findings, e.g. bronchial artery collaterals, mosaic perfusion patterns Lower cost than CPA Rapid acquisition, even in breathless patients DECTA has improved the detection of distal CTEPH	Sensitivity 51% (lower than V'/Q' scan) Chronic disease looks different to acute PE: additional training required Risk of false positives (e.g. pulmonary artery sarcoma) May miss disease in distal segmental or subsegmental vessels May miss inoperable patients who could begin medical therapy May underestimate clot burden
Cardiac magnetic resonance imaging (MRI)	Noninvasive, no radiation exposure Morphological, functional and anatomical assessment of heart and pulmonary circulation Useful for repeat studies, e.g. pre- and post-operative monitoring Phase-contrast MRI can quantify blood flow and peak velocity in the main pulmonary artery Contrast-enhanced magnetic resonance angiography has similar sensitivity to CTPA	Limited availability, expensive, time consuming

PE: pulmonary embolism; DECTA: dual-energy computed tomography angiography. Information from [14, 17, 18].

RIGHT HERAT CATHETERIZATION



RIGHT HERAT CATHETERIZATION



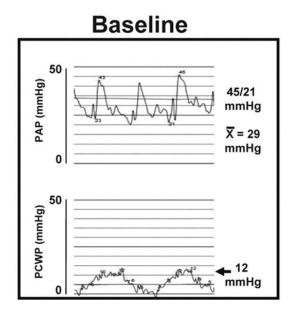
RIGHT HERAT CATHETERIZATION

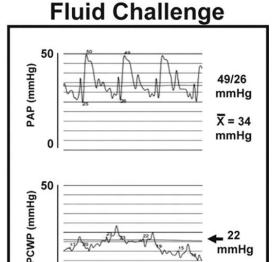
Fluid Challenge

Obtain Baseline hemodynamic Profile

Administer 1000 cc 0.9% NaCl iv until completion over 20 minute period or until PCWP exceeds 15 mmHg with symptoms

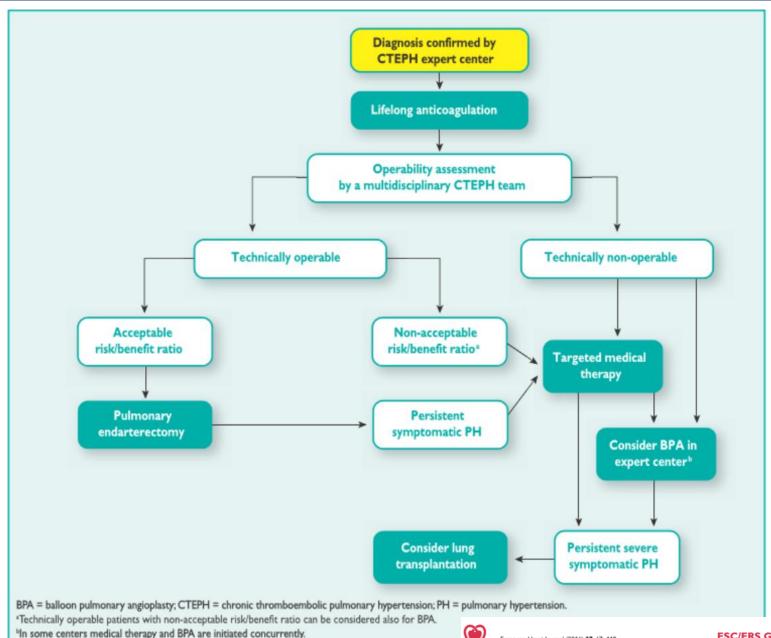
Obtain hemodynamic measurements with every 250 cc volume





? 500cc 0.9% NaCl iv in 5 min ?

CONTEMPORARY DIAGNOSTIC AND THERAPEUTIC ALGORITHM



DIFFERENTIAL DIAGNOSIS

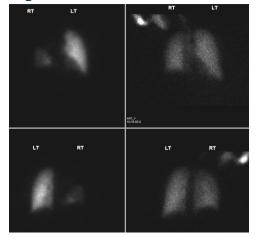
- Pulmonary Artery Sarcoma
- Tumor cell embolism
- Parasites (Hydatid cyst)
- Foreign body embolism
- Congenital or acquired PA stenosis

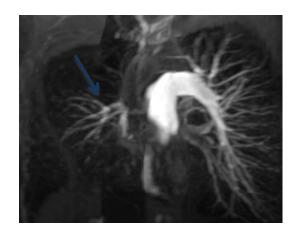
DIFFERENTIAL DIAGNOSIS

Conditions That Mimic CTEPH

Pulmonary Artery Sarcoma















CTEPH PEA

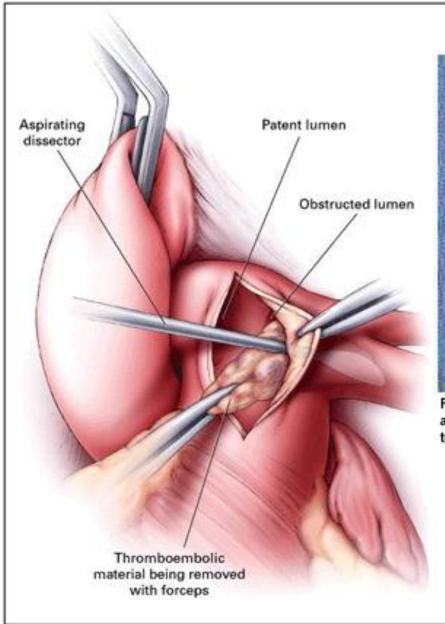
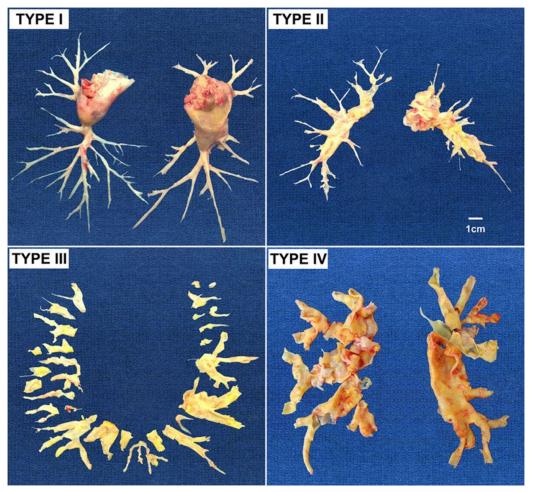




Fig. 2—Surgical specimen removed from right and left pulmonary arteries indicating type II disease. Note the extent of dissection down to the tail end of each branch. The ruler measures 6 inches.

CTEPH PEA

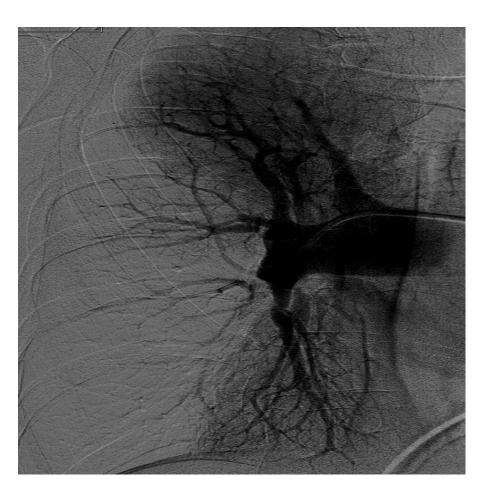
University of California–San Diego surgical classification (Jamieson) of pulmonary endarterectomy specimens.29 Typical surgical specimens classified by the most proximal level of obstruction for types I through III are shown.



Lang I M, and Madani M Circulation. 2014;130:508-518

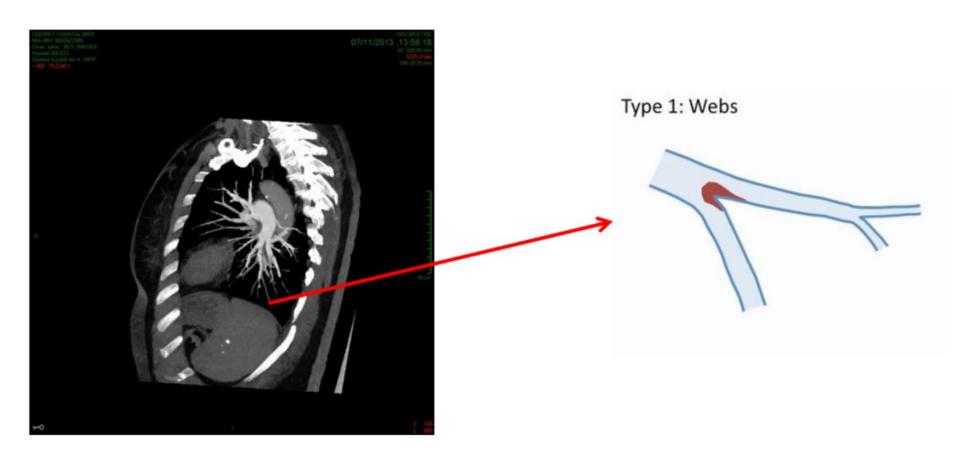


CATHETER PULMONARY ANGIOGRAPHY



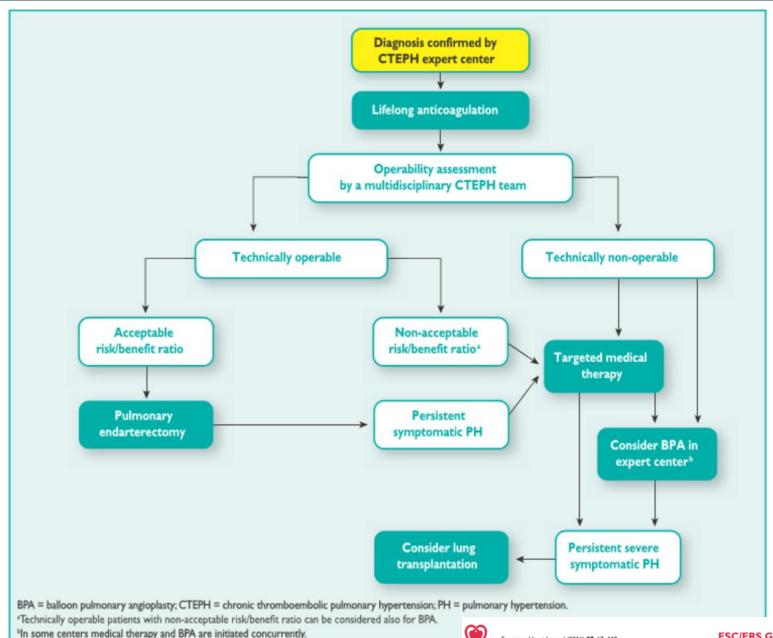


CATHETER PULMONARY ANGIOGRAPHY



1st. Session in February 2014: Left pulmonary artery dilatation: A7 and A8.

CONTEMPORARY DIAGNOSTIC AND THERAPEUTIC ALGORITHM



BALLOON PULMONARY ANGIOPLASTY

frontiers in CARDIOVASCULAR MEDICINE

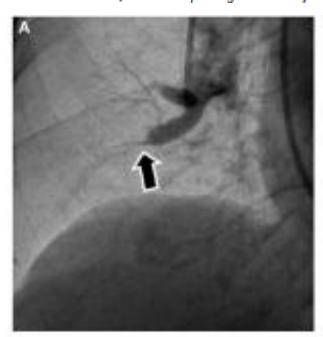


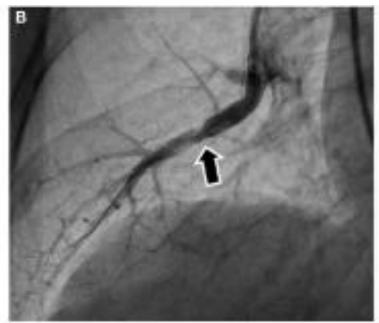


Balloon pulmonary angioplasty: a treatment option for inoperable patients with chronic thromboembolic pulmonary hypertension

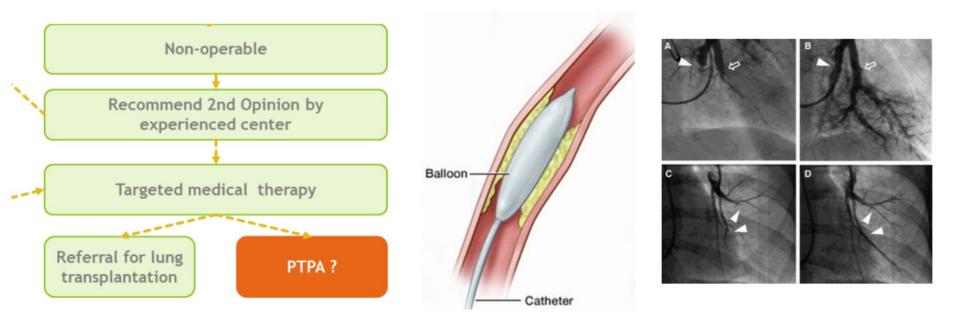
Aiko Ogawa* and Hiromi Matsubara

Department of Clinical Science, National Hospital Organization Okayema Medical Center, Okayema, Japan





BALLOON PULMONARY ANGIOPLASTY



Fukui et al. Right ventricular reverse remodelling after balloon pulmonary angioplasty. Eur Respir J 2014

Circ J. 2016 Mar 25;80(4):980-8. doi: 10.1253/circj.CJ-15-1212. Epub 2016 Feb 24.

Multiple Beneficial Effects of Balloon Pulmonary Angioplasty in Patients With Chronic Thromboembolic Pulmonary Hypertension.

Tatebe S¹, Sugimura K, Aoki T, Miura M, Nochioka K, Yaoita N, Suzuki H, Sato H, Yamamoto S, Satoh K, Fukumoto Y, Shimokawa H.

CTEPH

Underdiagnosed and Treatable

- CTEPH is more common than people realize.
 - It is hard for general physicians to make the diagnosis because many of the symptoms are nonspecific, such as fatigue and breathlessness on exertion.
- It is one of the most treatable forms of PH.
 - There is a curative treatment available in the form of PEA.

CTEPH

END