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APRILE  
8



*Girolamo Pelaia*

# OTTICA RESPIRO

VERONA 2017  
CROWNE PLAZA

**Clinically important deteriorations:  
un nuovo target di trattamento?**

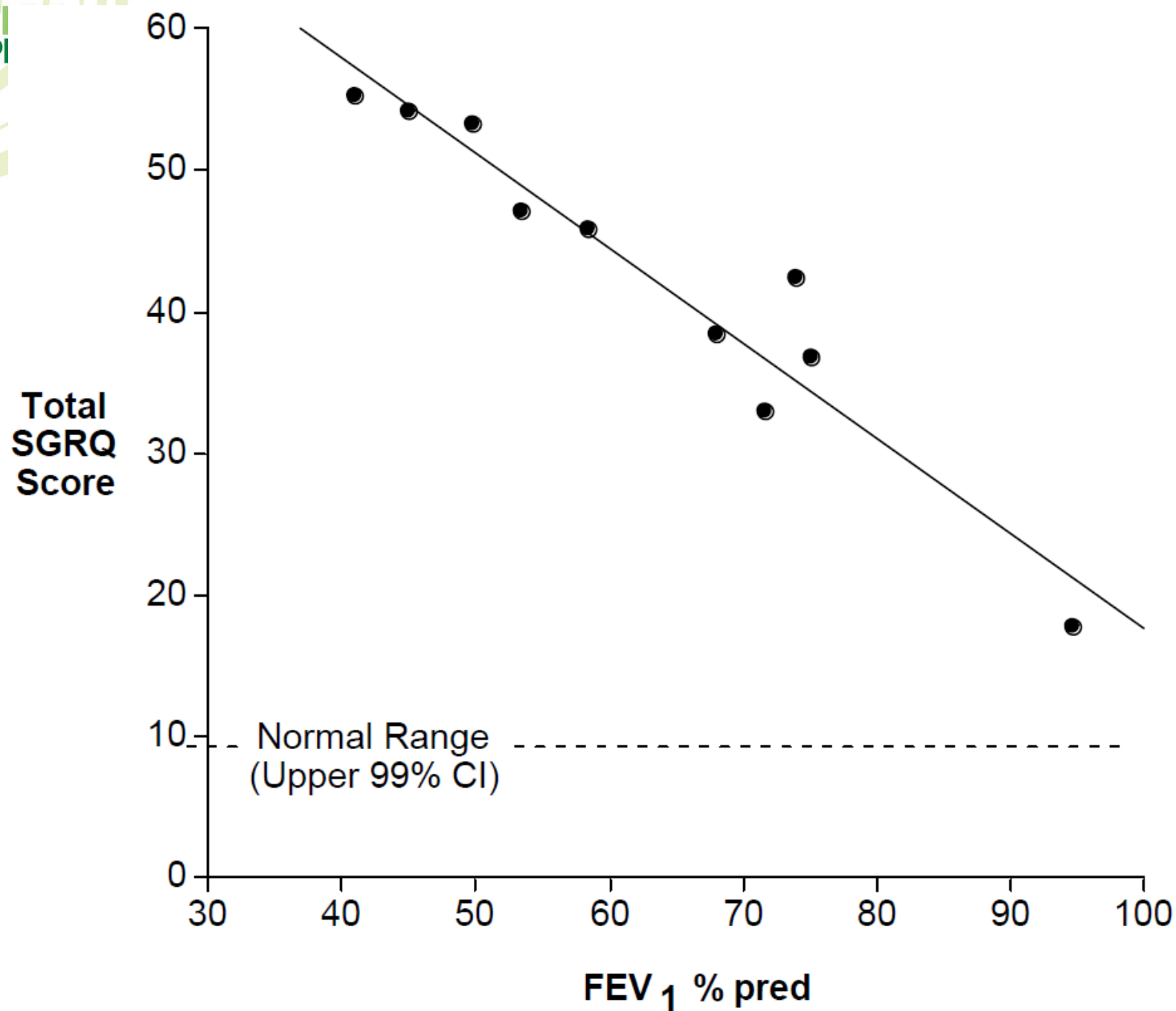
# **Clinically important deteriorations (CIDs)**

- ◆ **Deterioration in health-related quality of life defined as  $\geq 4$ -unit increase from baseline in SGRQ total score.**
- ◆ **Decrease of  $\geq 100$  mL from baseline in trough FEV<sub>1</sub>.**
- ◆ **Occurrence of an on-treatment moderate-to-severe COPD exacerbation.**



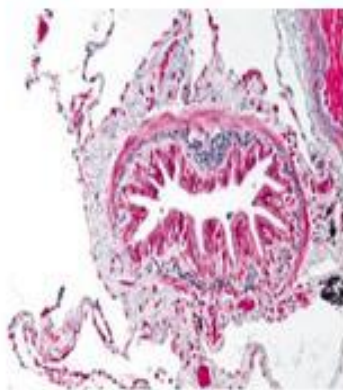
## **ST GEORGE'S RESPIRATORY QUESTIONNAIRE MANUAL**

**Professor Paul Jones  
Division of Cardiac and Vascular Science  
St George's, University of London  
London SW17 0RE  
UK**



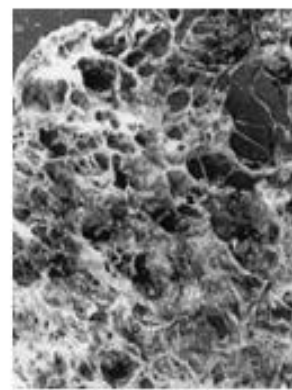
# Heterogeneity of COPD

Airways



Small airway  
remodeling and  
obstruction

Lung



Alveolar  
destruction: loss  
of lung recoil

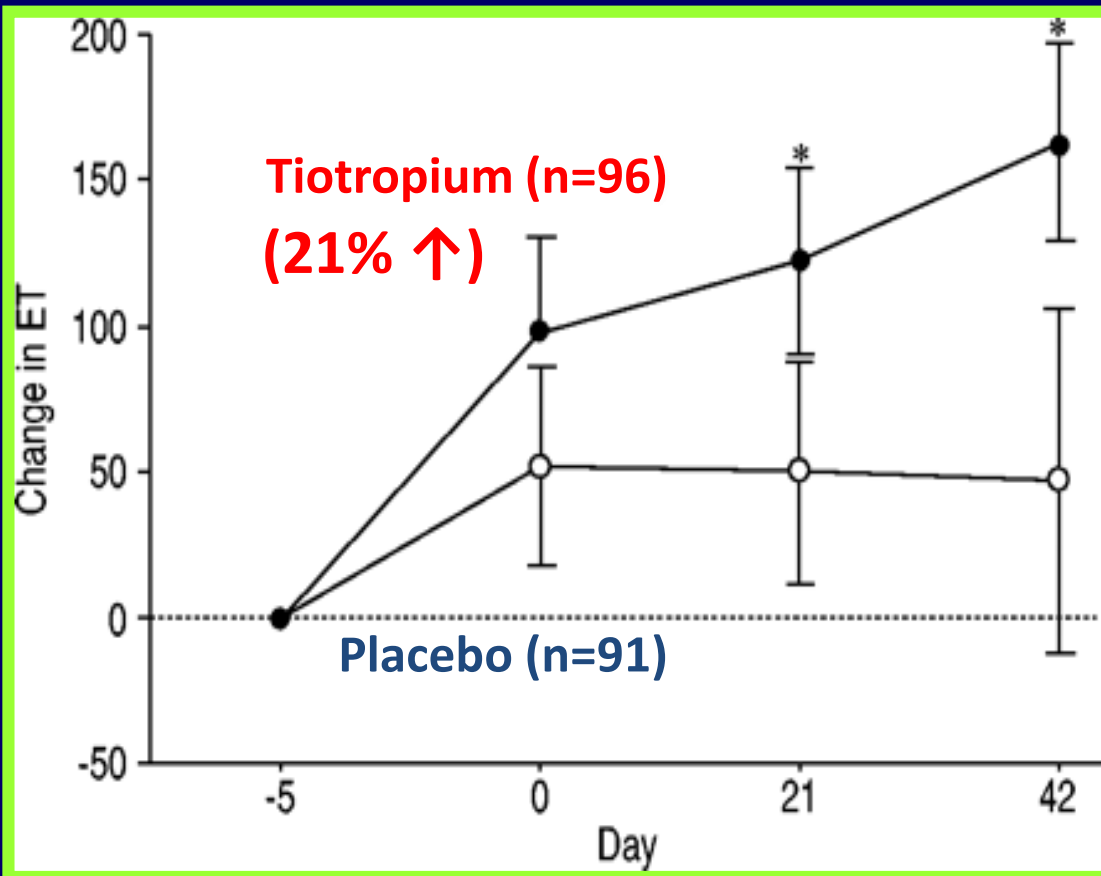
Airflow limitation

FEV<sub>1</sub> ↓

# EFFECT OF TIOTROPIUM ON LUNG FUNCTION

## Exercise endurance

O'Donnell D et al: Eur Respir J 2004



### Other effects

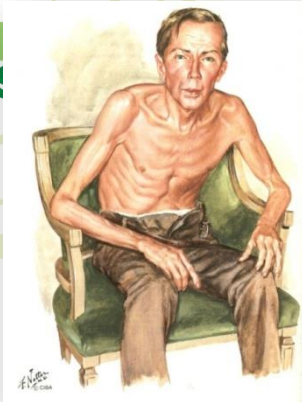
- ↓ Dyspnea (Borg score)
- ↑ Inspiratory capacity
- ↓ Residual volume
- ↓ FRC

Does not correlate with  
↑ FEV<sub>1</sub>



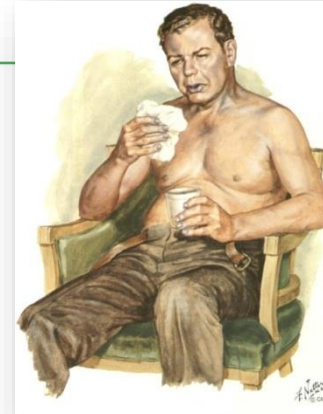
# Clinical Course of COPD

## Disease Progression

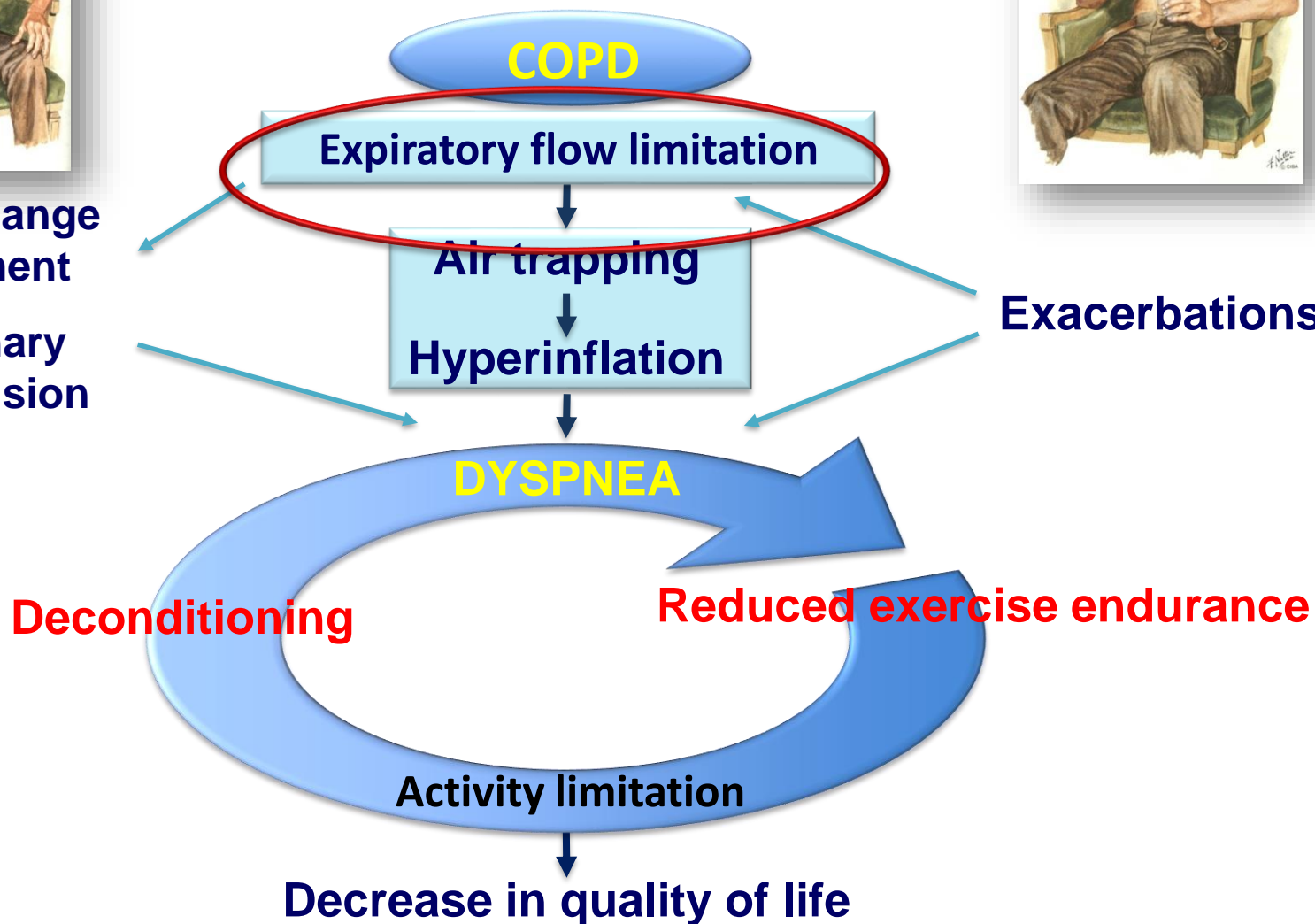


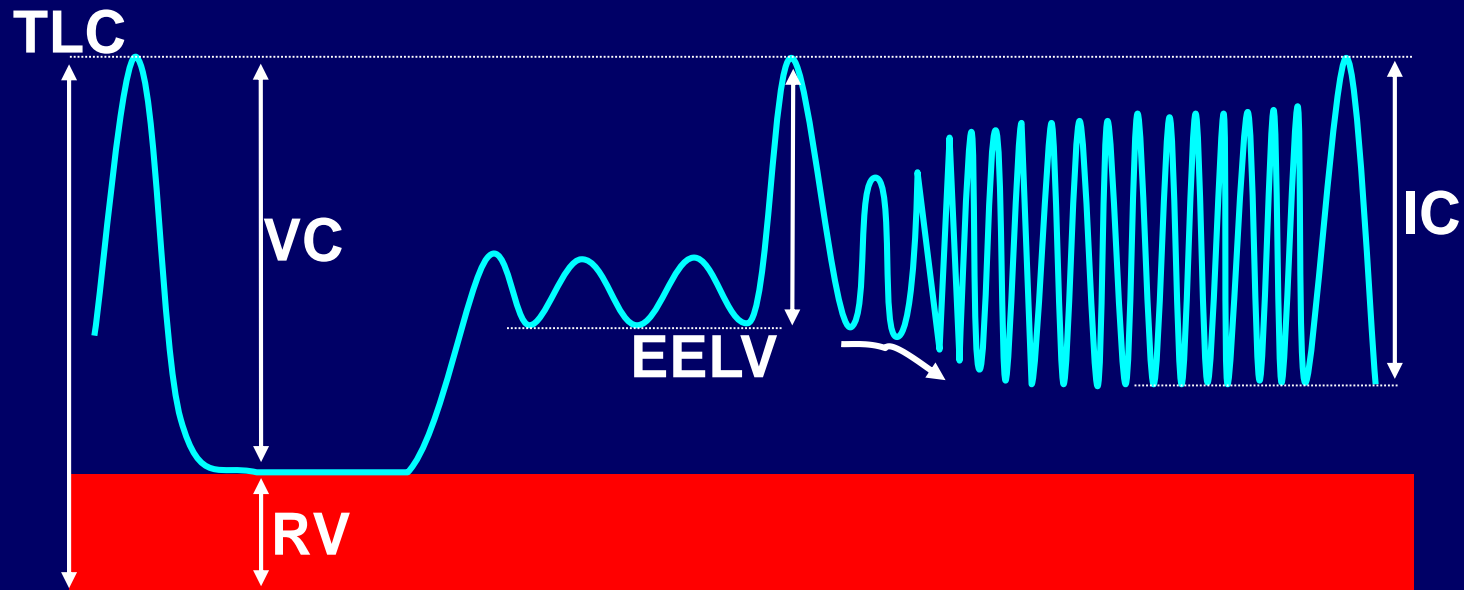
Gas exchange  
impairment

Pulmonary  
hypertension

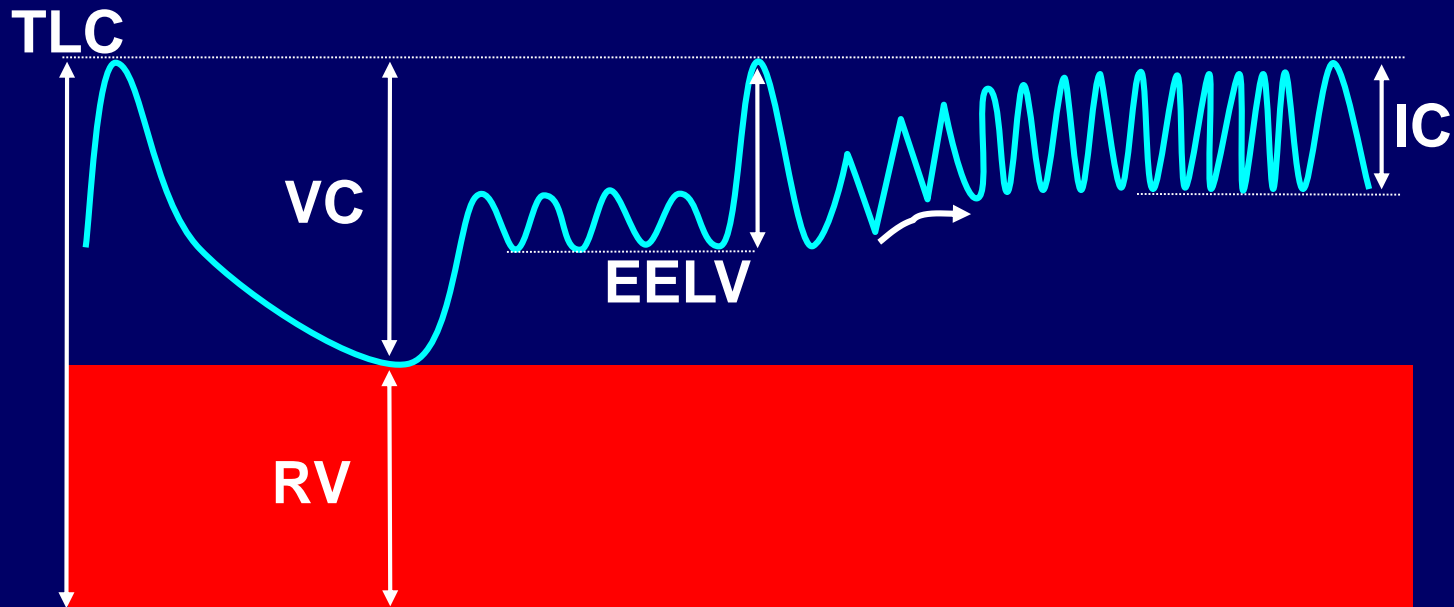
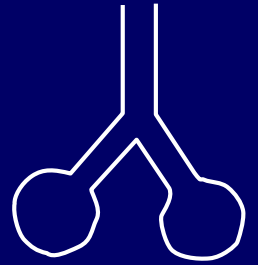


Exacerbations

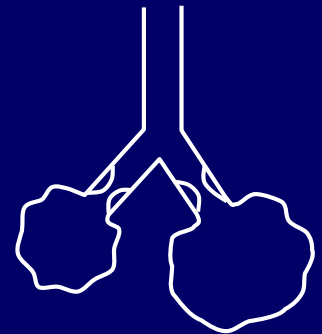




**Health**

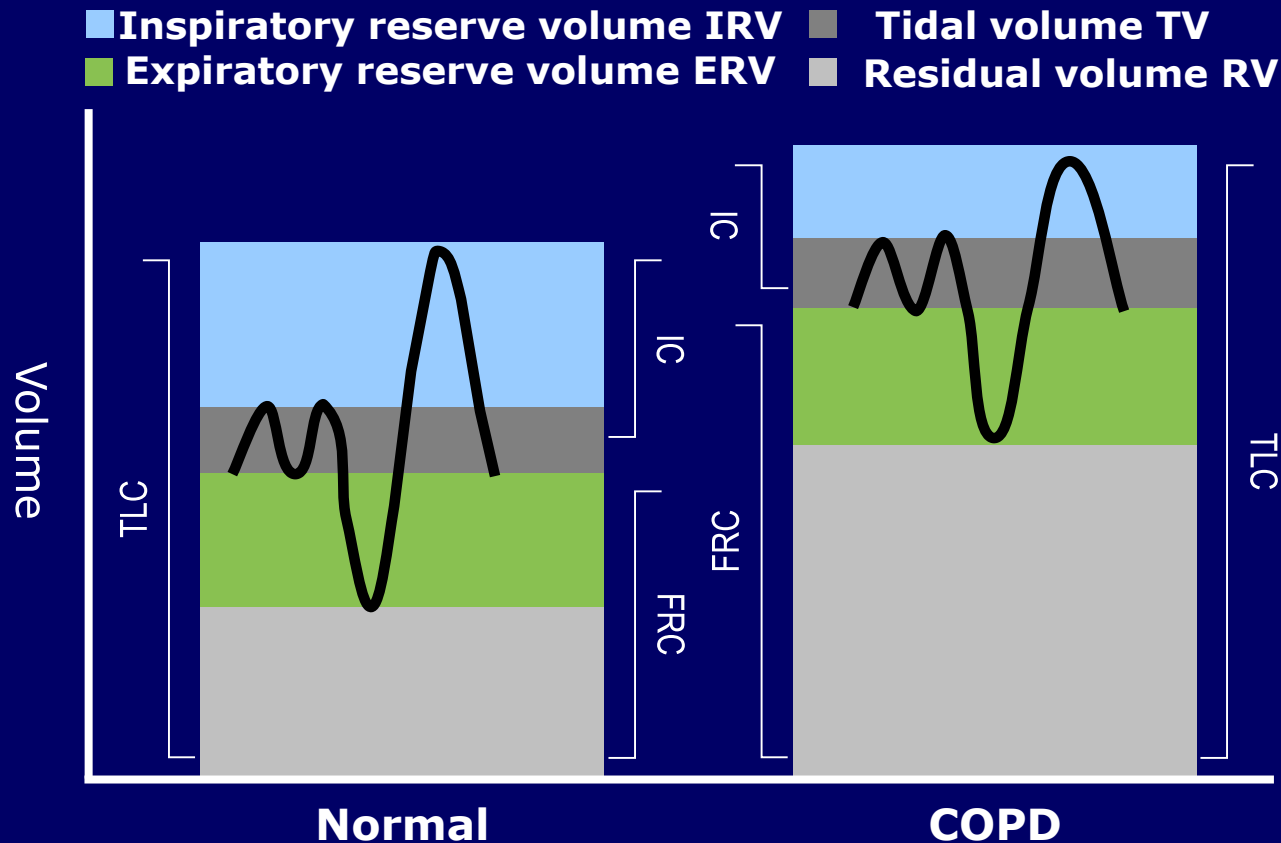


**COPD**





# Hyperinflation in patients with COPD: increased residual volume and reduced inspiratory capacity



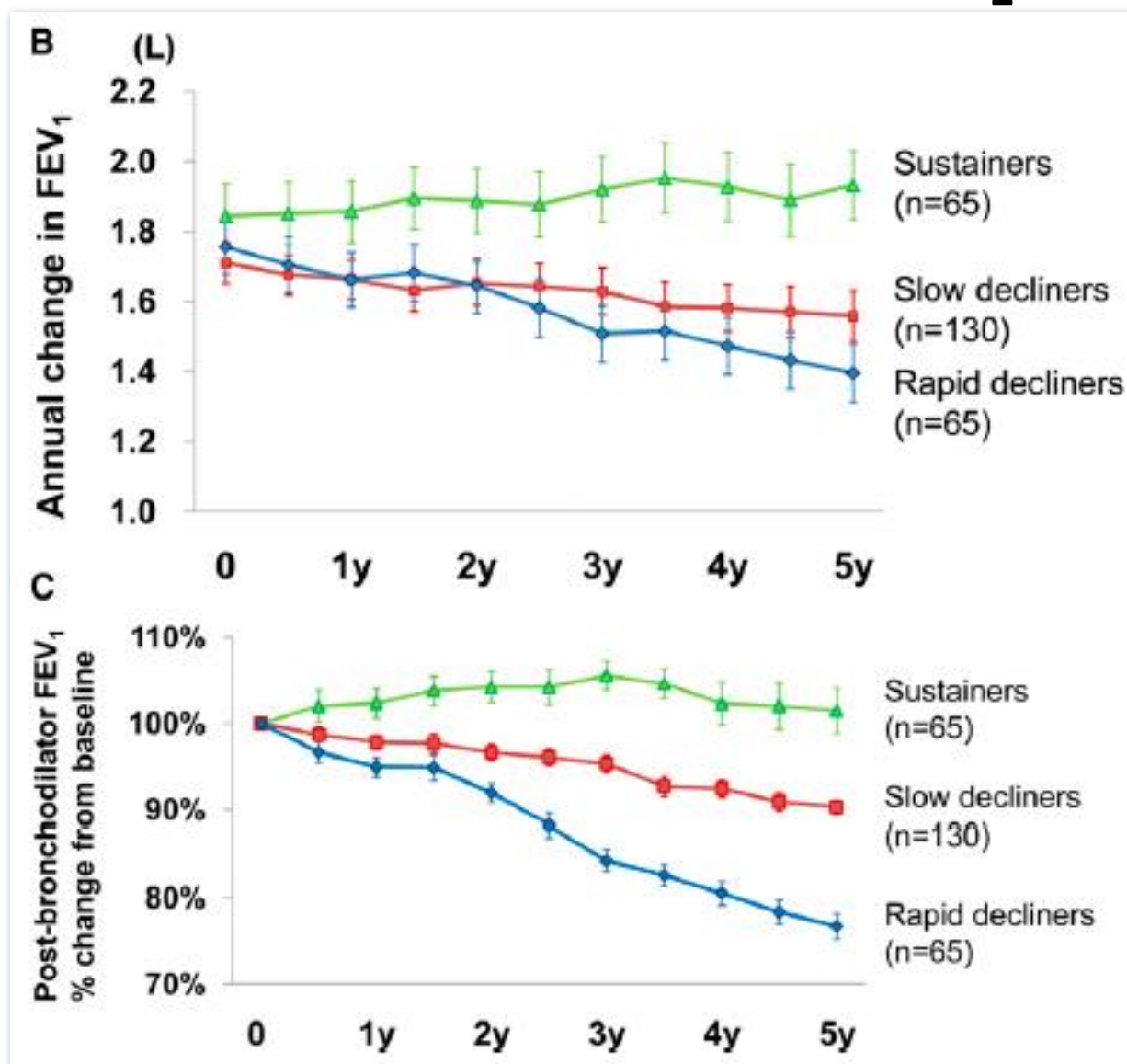
TLC = Total lung capacity FRC = Functional residual capacity IC = Inspiratory capacity

# AIR TRAPPING

An increase in RV is one of the first functional abnormalities in chronic bronchitis. As the disease progresses and RV increases more than TLC, VC falls and  $FEV_1$  falls with it. The primary event, gas trapping, is a major reason for a progressive decline in  $FEV_1$ . The new paradigm would emphasise the role of gas trapping, with the decrease in  $FEV_1$  secondary to it.

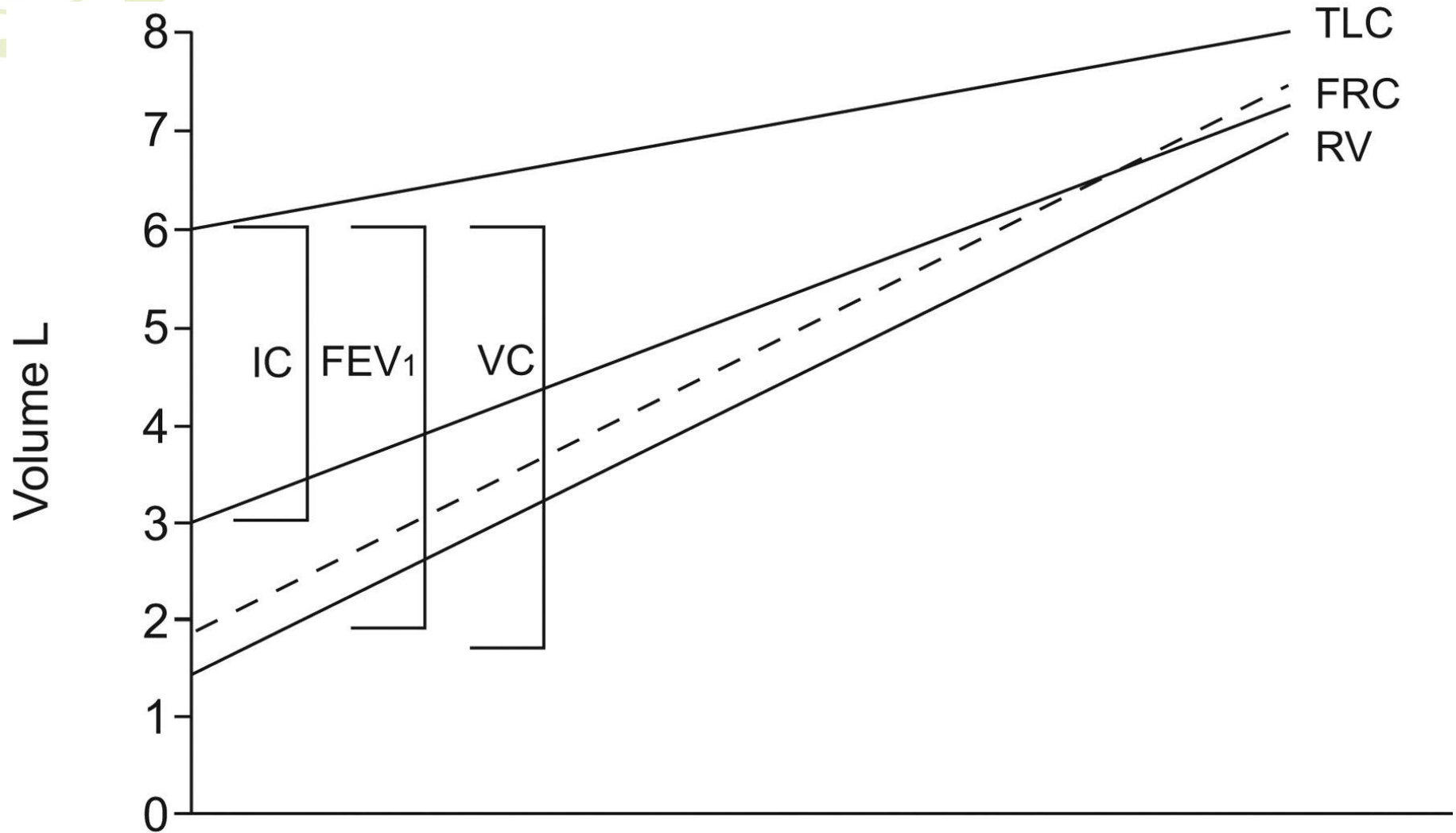
**Macklem PT. *Eur Respir J* 35:676-680, 2010**

# ANNUAL CHANGES IN FEV<sub>1</sub>



Nishimura M et al. *Am J Respir Crit Care Med* 185:44-52, 2012

## PROGRESSIVE INCREASE IN RESIDUAL VOLUME (RV)

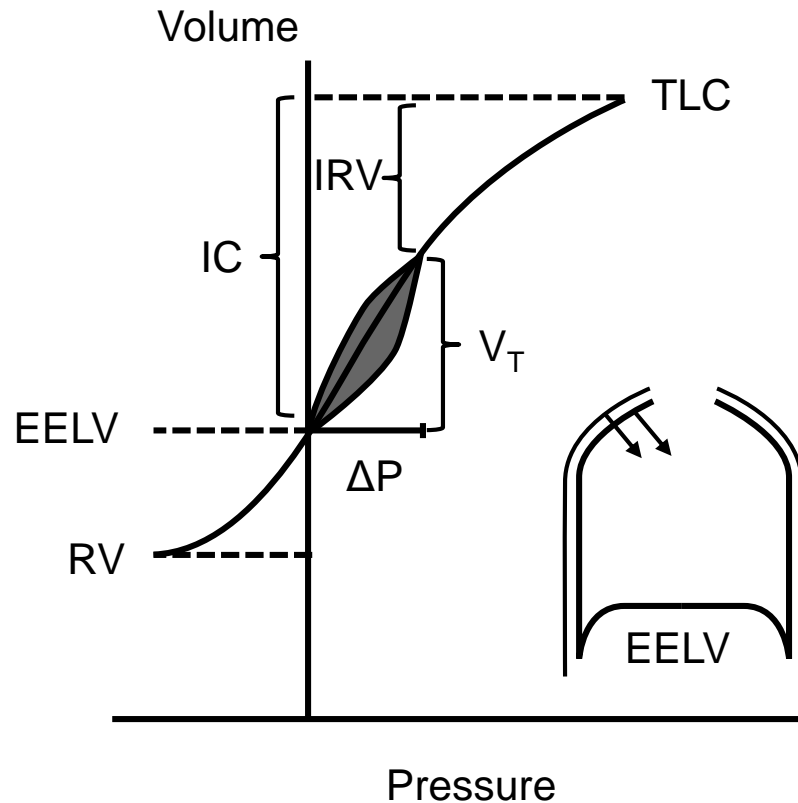


Progression of emphysema over time

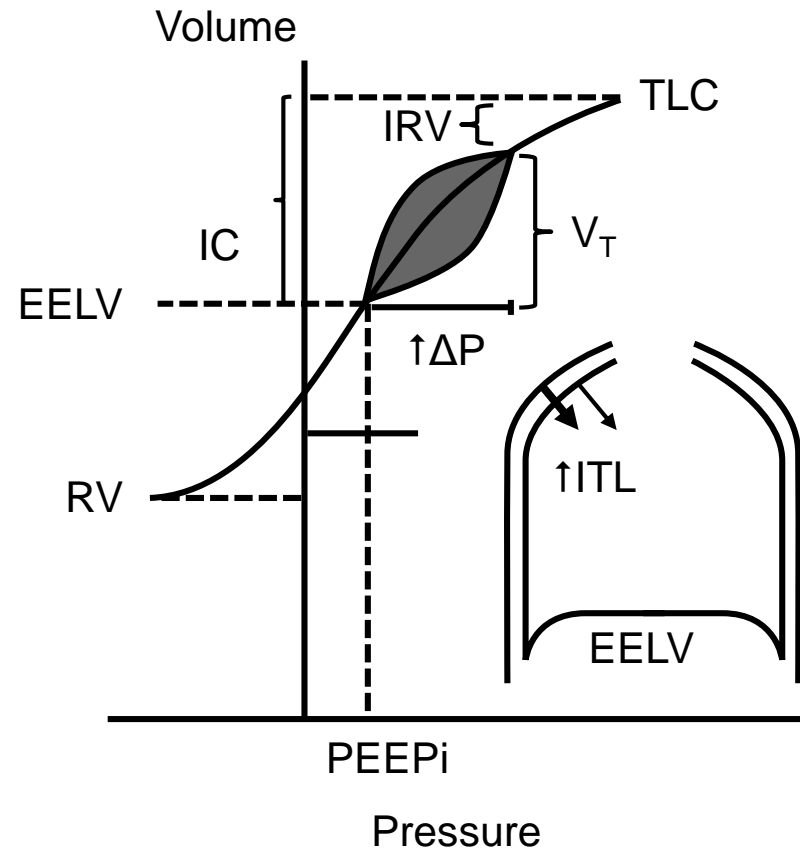
Macklem PT. *Eur Respir J* 35:676-680, 2010

# Mechanical effects of an exacerbation

**Stable COPD**



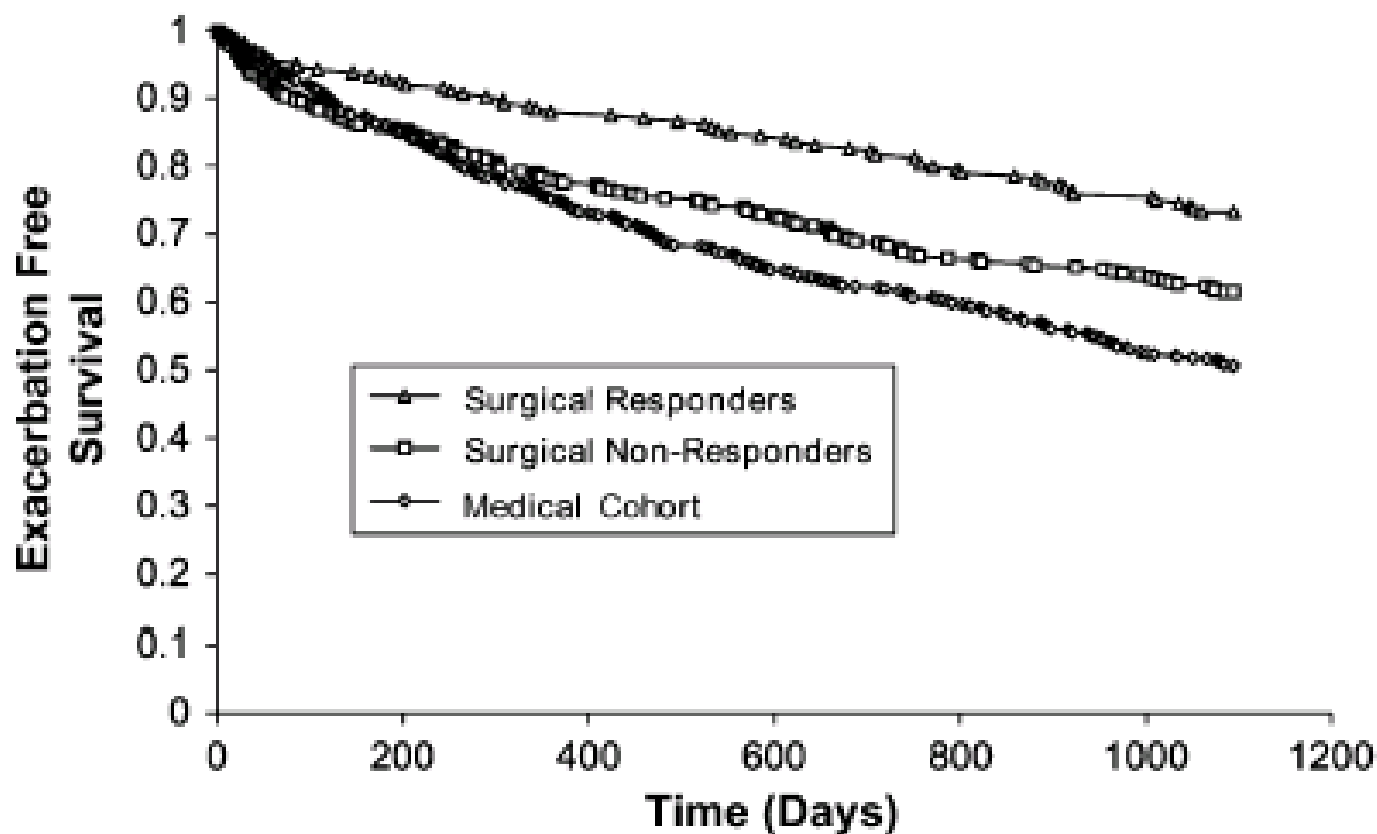
**COPD exacerbation**



EELV = end-expiratory lung volume; IC = inspiratory capacity;  
IRV = inspiratory reserve volume; PEEPi = intrinsic positive and expiratory  
pressure; RV = residual volume; TLC = total lung capacity;  $V_T$  = tidal volume

**Wedzicha JA, Decramer M, Seemungal TAR. *Eur Respir J* 40:1545-1554, 2012**

## EFFECT OF LVRS ON COPD EXACERBATIONS

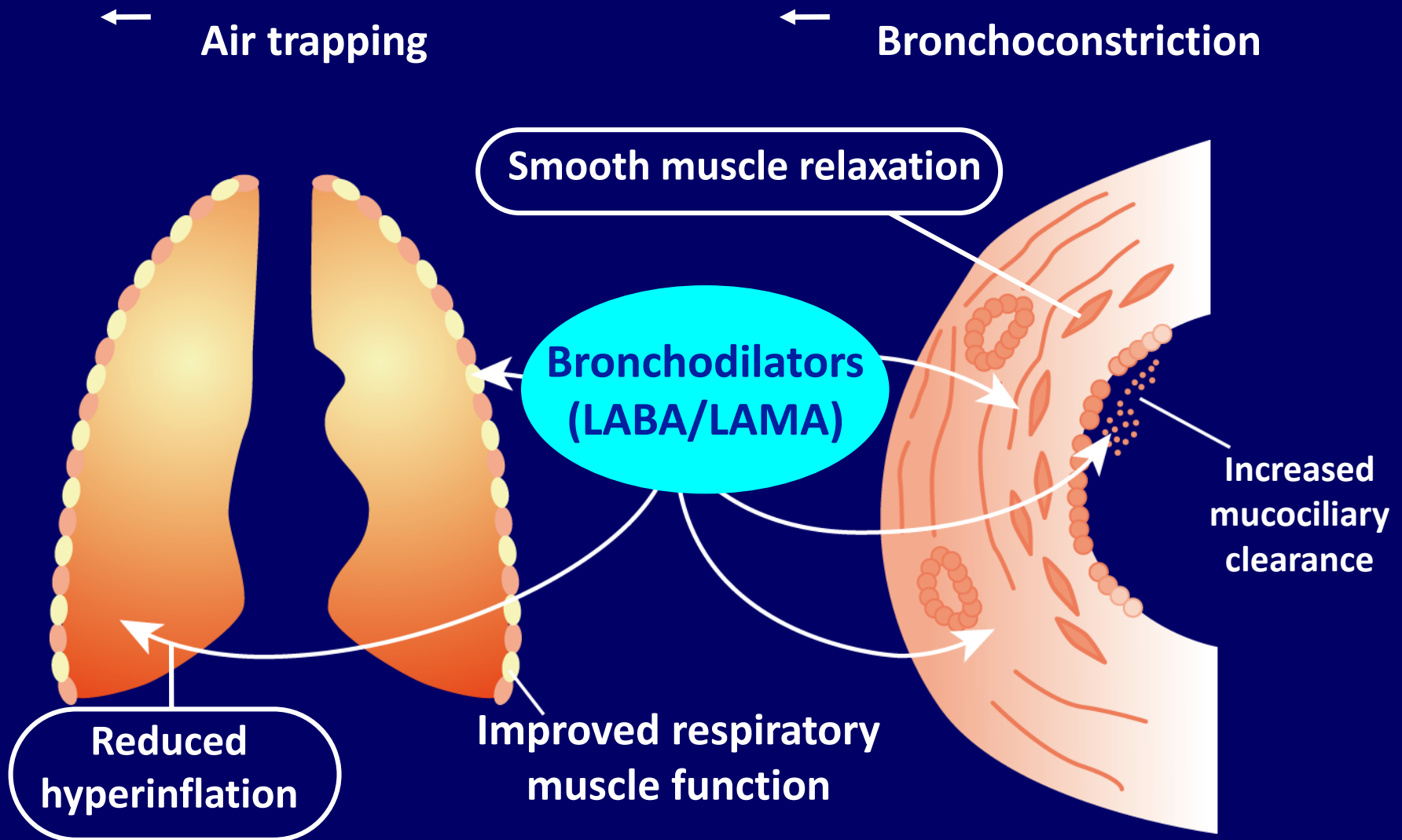


*Figure 3.* Time to event analysis of surgical responders defined as 6-month improvement in FEV<sub>1</sub> greater than 0.200 L and the surgical nonresponders defined as those with less than a 0.200-L improvement in FEV<sub>1</sub> over the same time period.

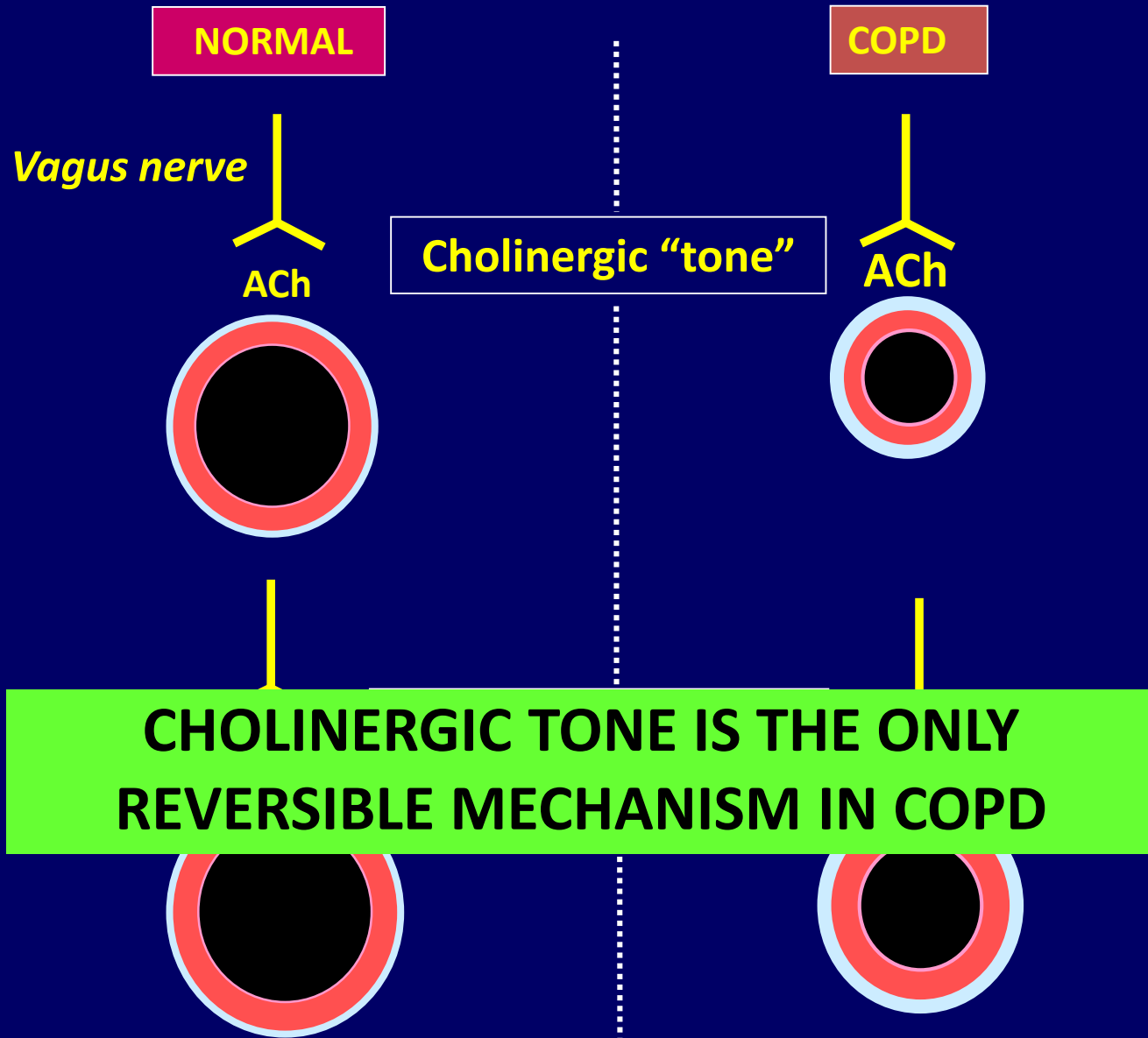
**Washko GR et al, for the National Emphysema Treatment Trial Research Group.  
*Am J Respir Crit Care Med* 177:164-169, 2008**



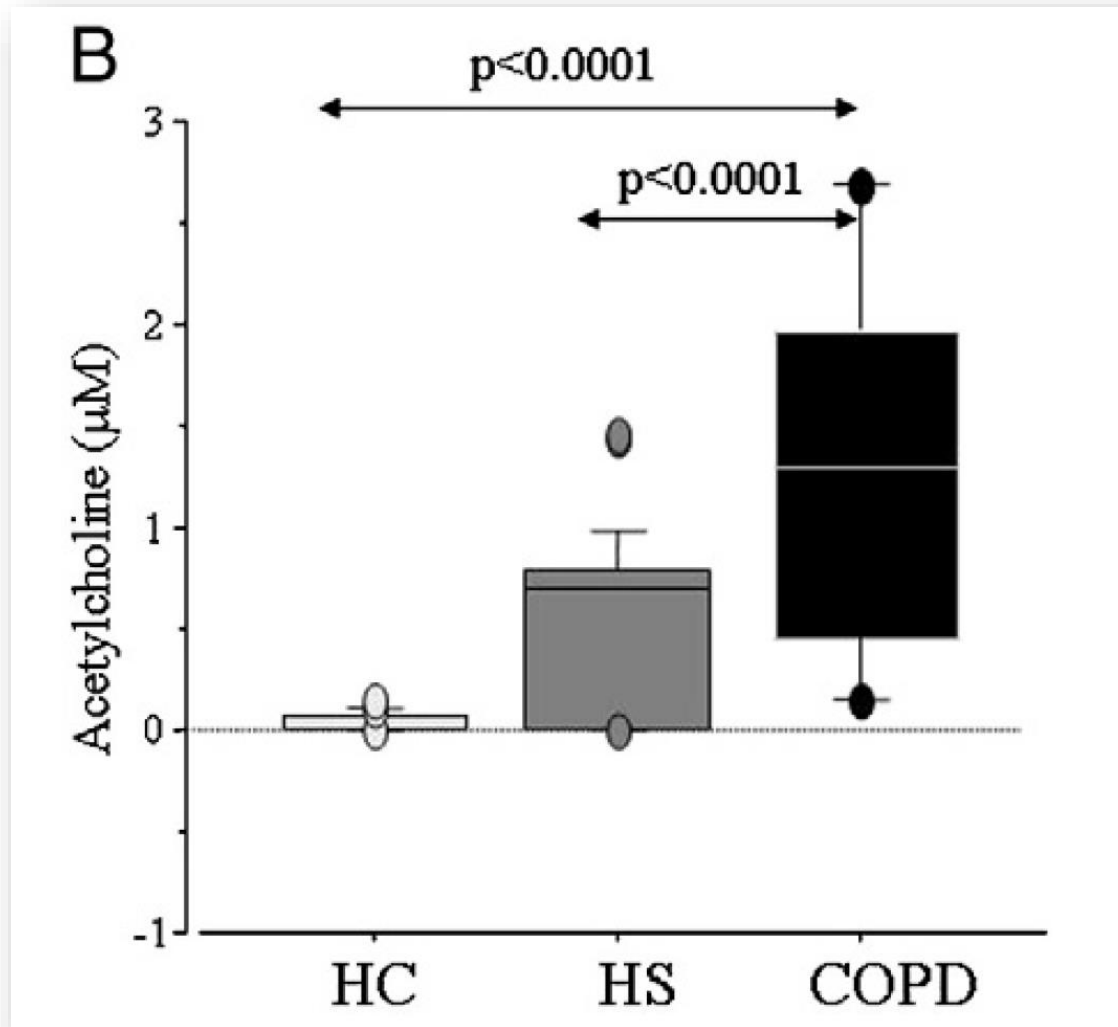
# Long-acting bronchodilators are essential to symptom management in COPD



# COUNTERACTING CHOLINERGIC TONE IN COPD

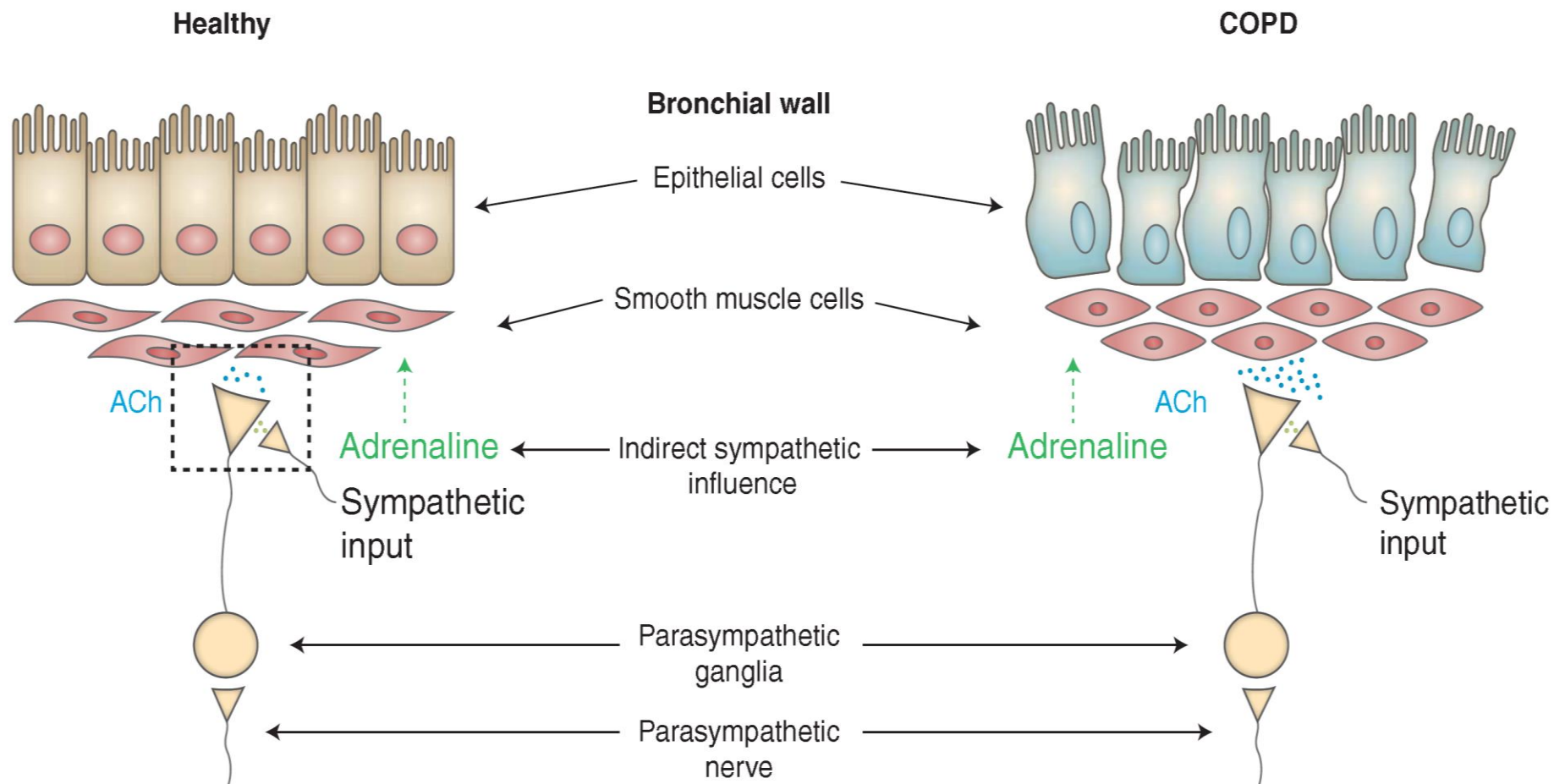


## Acetylcholine concentration is increased in induced sputum from COPD patients

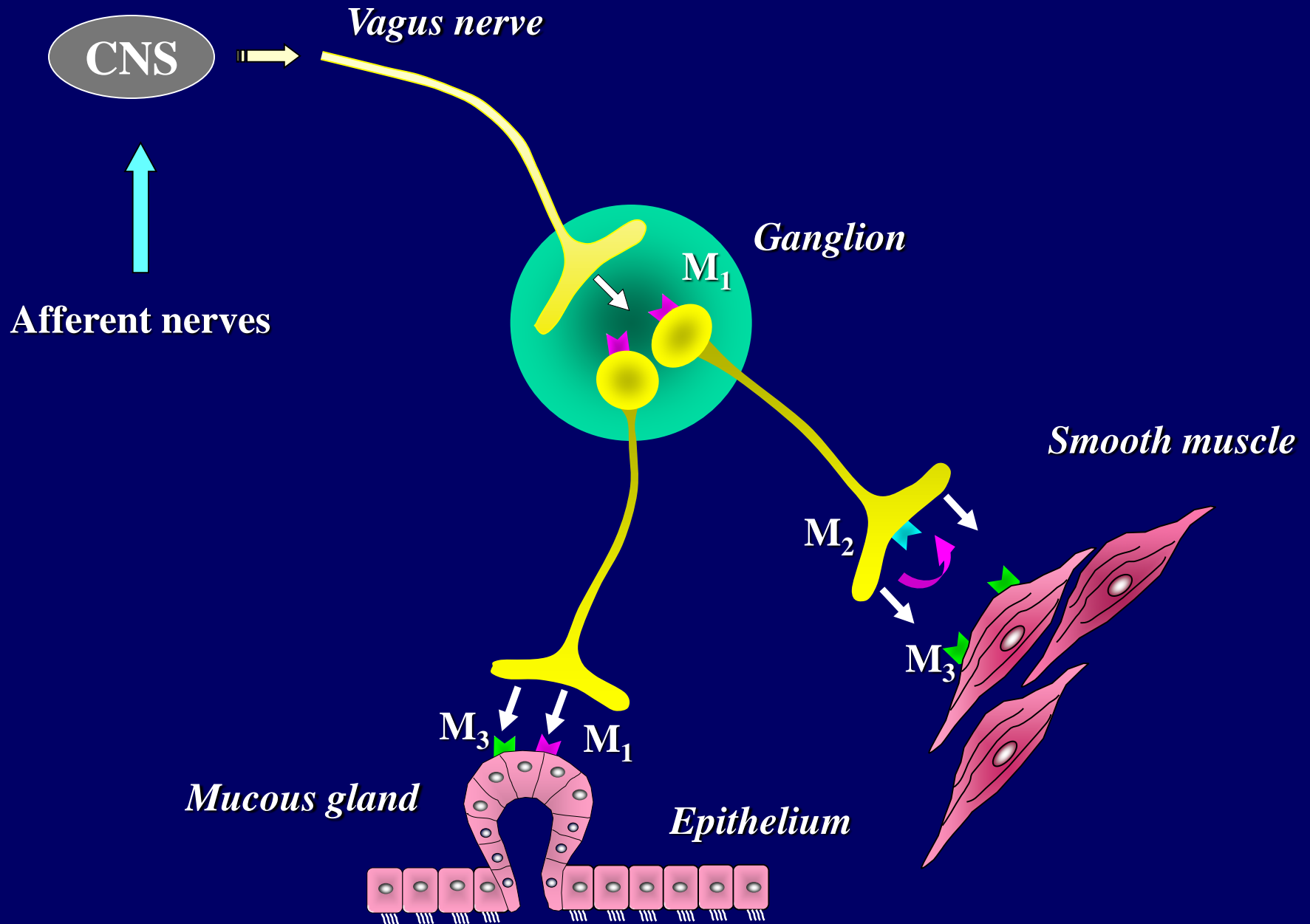


Profita M et al. *Biochim Biophys Acta* 1822:1079-1089, 2012

# NEURAL INPUT TO AIRWAY SMOOTH MUSCLE CELLS



**Panettieri RA. *Postgrad Med J* 127:771-780, 2015**

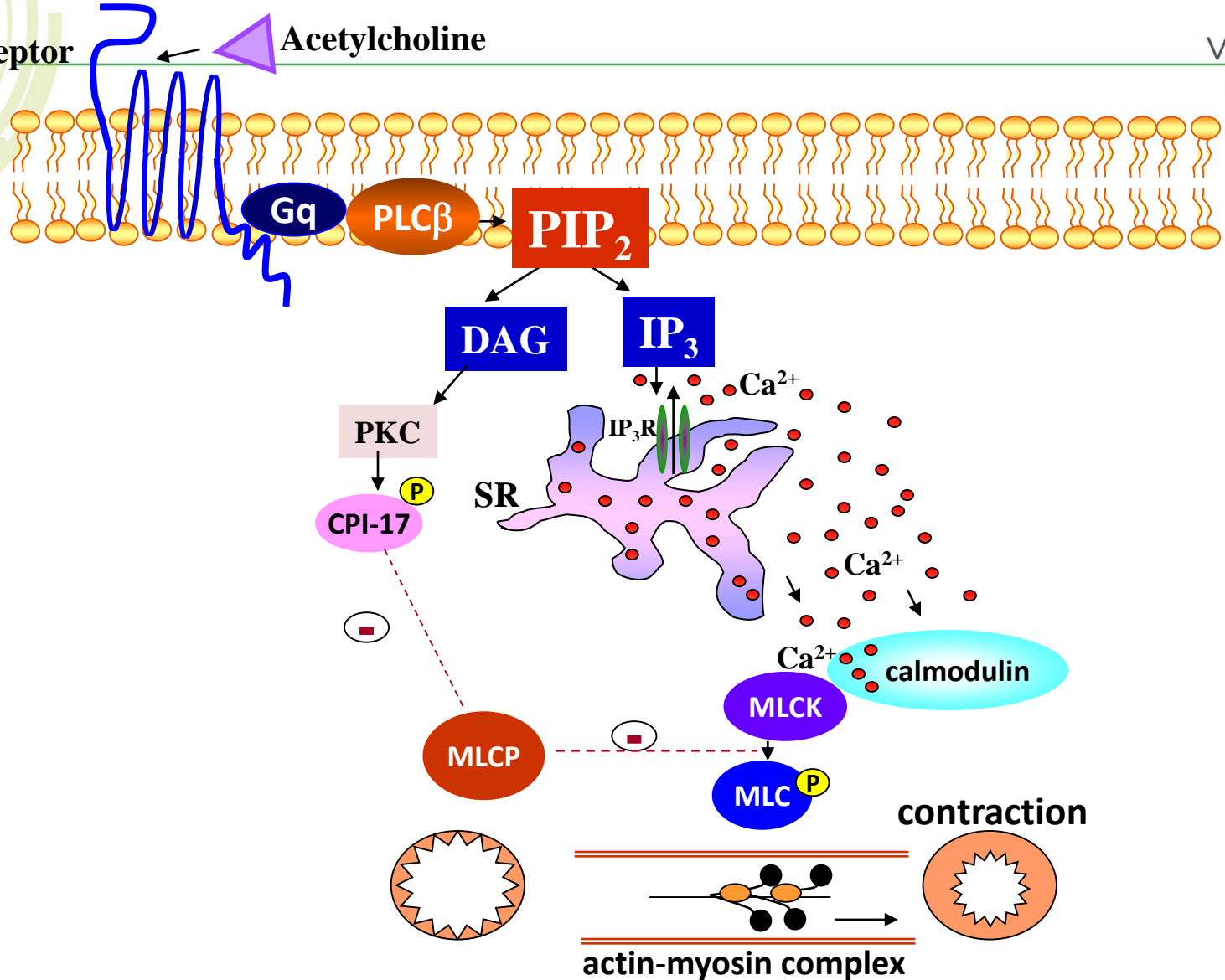


**Table 1** Function of muscarinic receptor subtypes in lung

	M <sub>1</sub>	M <sub>2</sub>	M <sub>3</sub>
Parasympathetic nerves	Increase neurotransmission at ganglia	Limit acetylcholine release	
Smooth muscle		Inhibit relaxation <sup>a</sup>	Contraction
Submucosal glands	Unknown		Mucus secretion
Endothelial cells		Unknown	Vasodilation <sup>a</sup>
Airway epithelium	Increase ciliary beat frequency <sup>a</sup> (if M <sub>2</sub> and M <sub>3</sub> blocked)	Reduce ciliary beat frequency <sup>a</sup>	Increase ciliary beat frequency
Immune function	Limit evoked histamine release from mast cells		Induce release of chemotactic factors from alveolar macrophages <sup>a</sup>
Airway remodeling		Increase proliferation in fibroblasts	Enhance proliferation induced by growth factors in smooth muscle

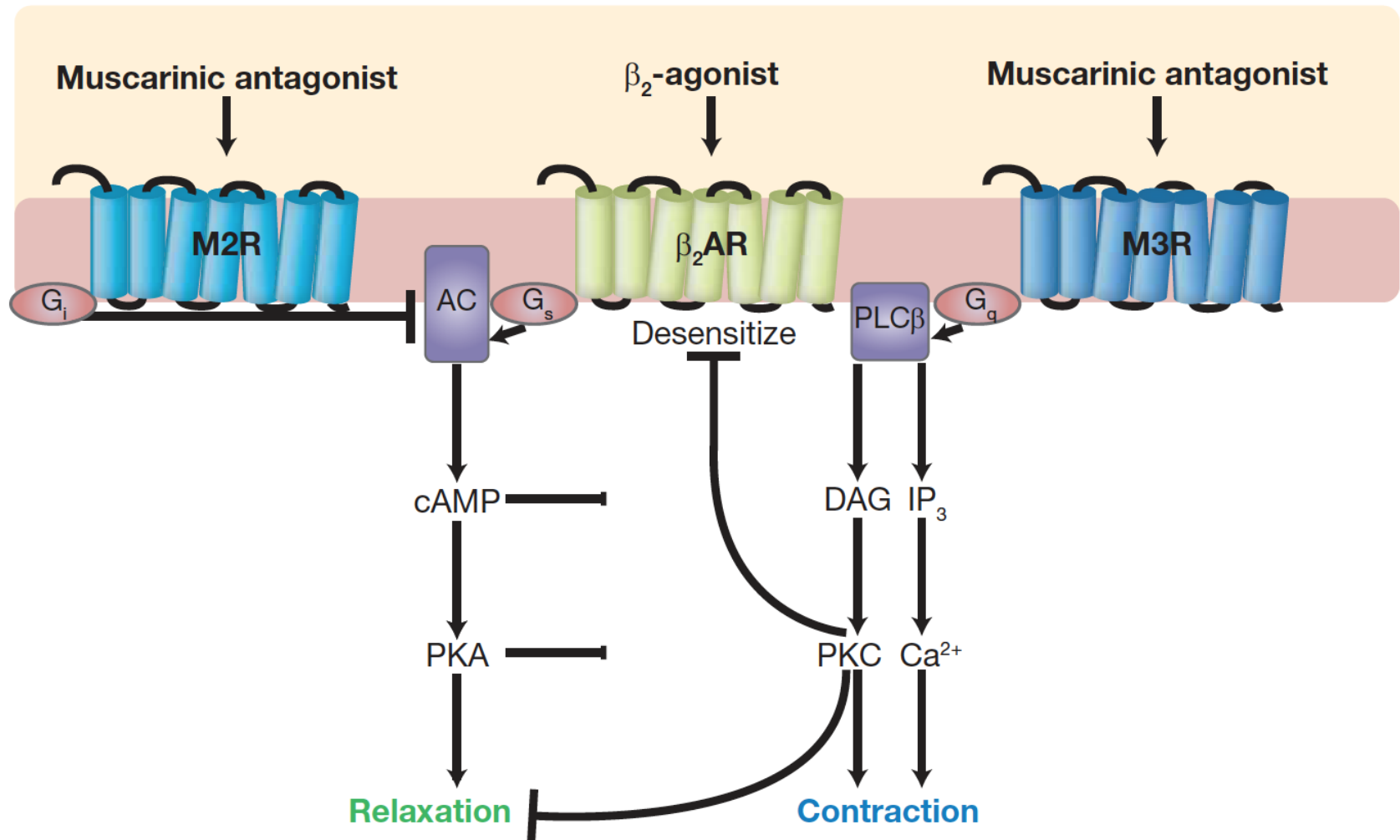
**Buels KS, Fryer AD. *Handb Exp Pharmacol* 208:317-341, 2012**



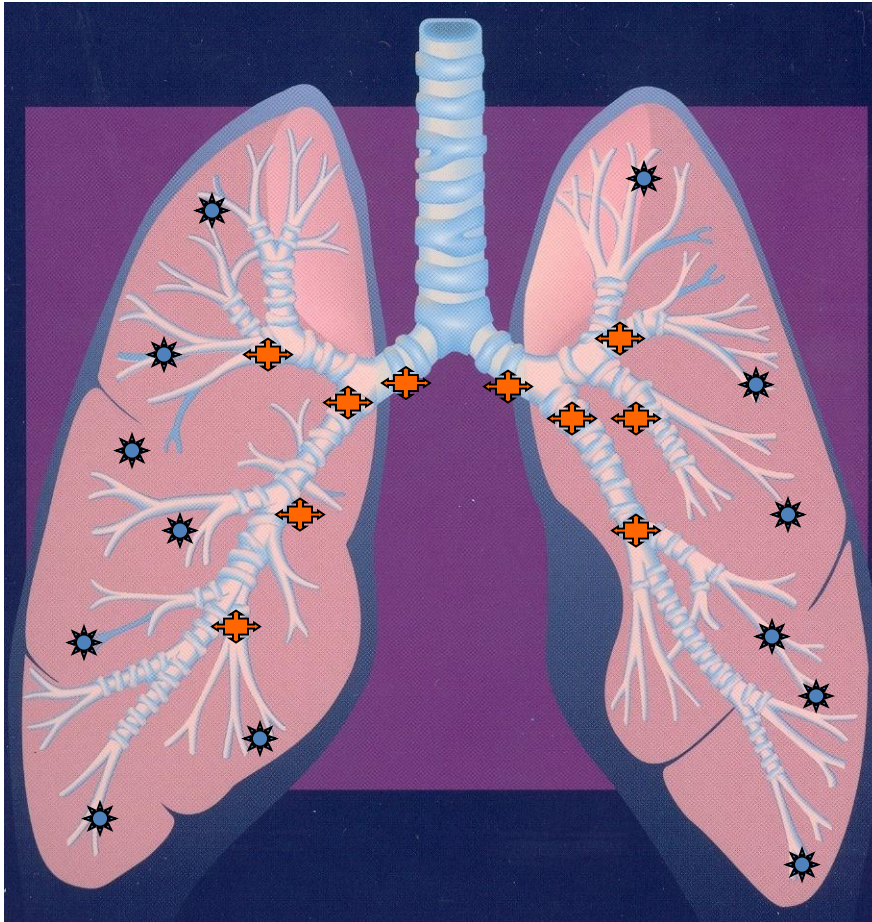


Pelaia G, Maselli R, Matera MG. *Pharmacology* 94:249-258, 2014

# Interactions between muscarinic and $\beta$ -adrenergic pathways in airway smooth muscle cells



# Different distribution of muscarinic and $\beta_2$ -adrenergic receptors along the bronchial tree

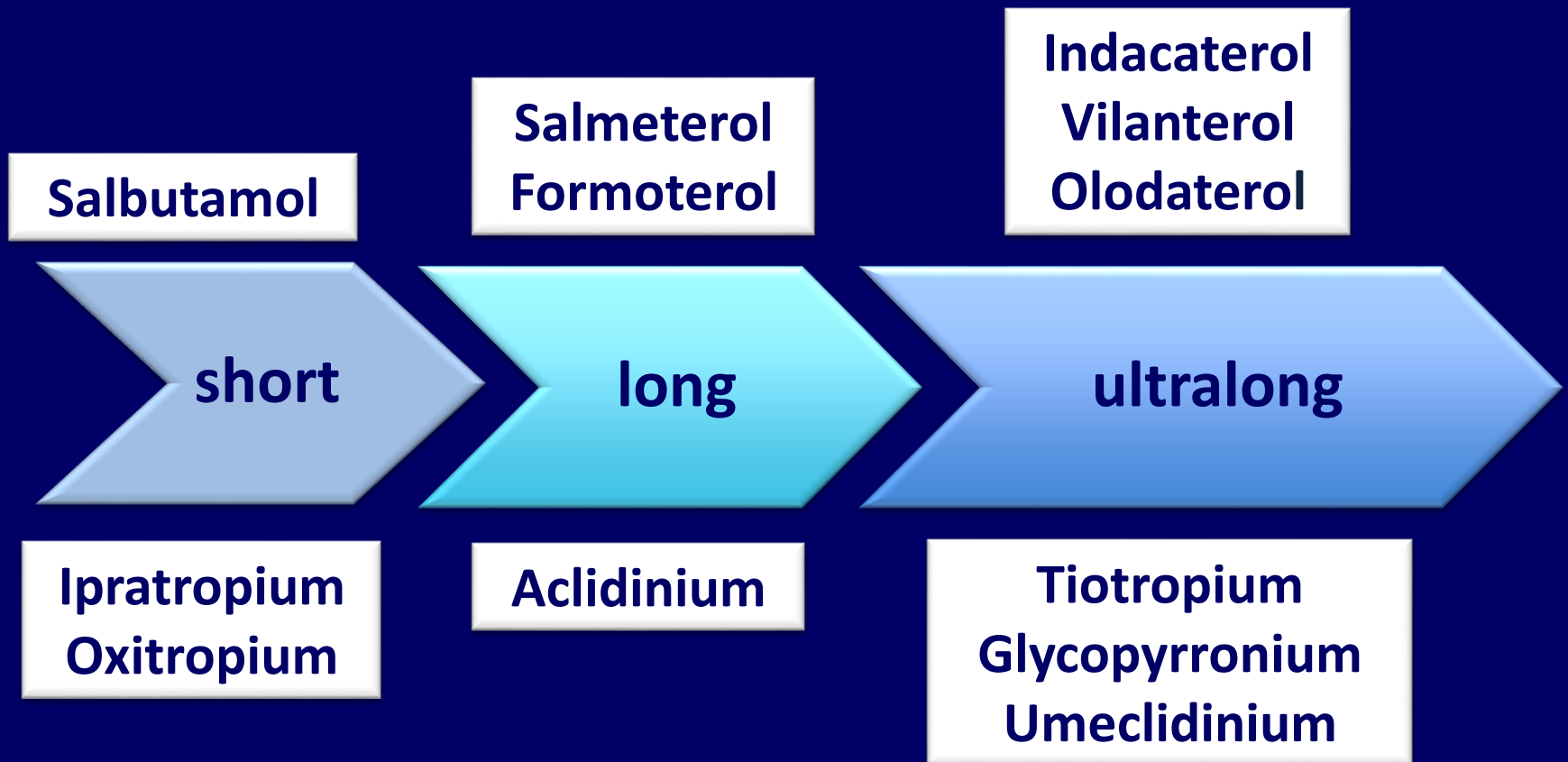


Muscarinic receptors are more abundant in central airways



$\beta_2$ -adrenergic receptors are more abundant in peripheral airways

# Moving from short-acting to ultralong-acting bronchodilators



**Table I LABA/LAMA fixed dose combinations**

LABA	LAMA	Inhaler	Company
Olodaterol	Tiotropium	Respimat Soft Mist	Boehringer Ingelheim
Indacaterol	Glycopyrronium	Breezhaler	Novartis
Vilanterol	Umeclidinium	Ellipta	GlaxoSmithKline
Formoterol	Aclidinium	Genuair	Almirall

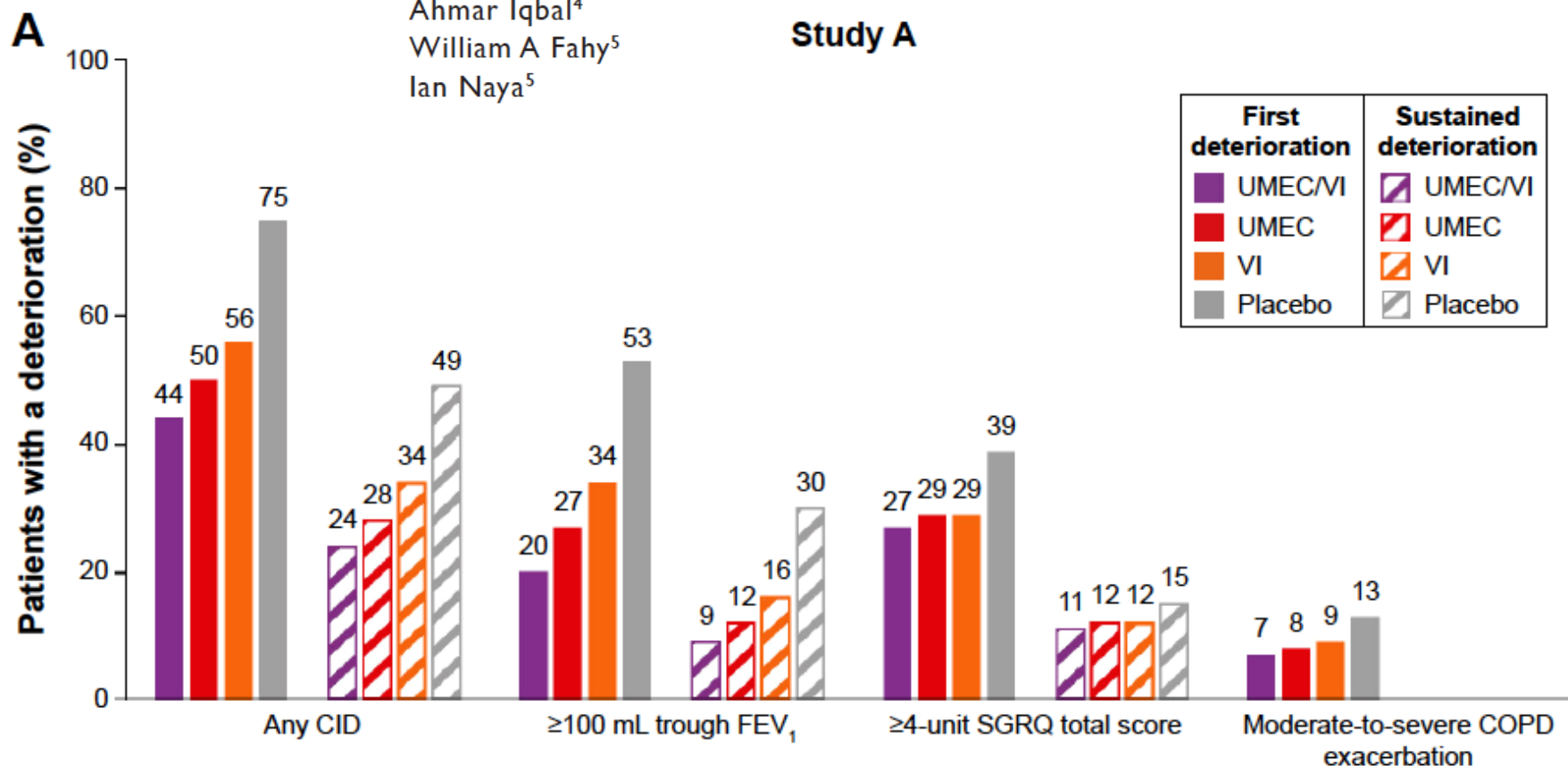
**Pelaia G, Vatrella A, Busceti MT, Gallelli L, Calabrese C, Terracciano R, Lombardo N, Maselli R. *Ther Clin Risk Manag* 11:1563-1572, 2015**



# Prevention of clinically important deteriorations in COPD with umeclidinium/vilanterol

Dave Singh<sup>1</sup>  
M Reza Maleki-Yazdi<sup>2</sup>  
Lee Tombs<sup>3</sup>  
Ahmar Iqbal<sup>4</sup>  
William A Fahy<sup>5</sup>  
Ian Naya<sup>5</sup>

## Study A

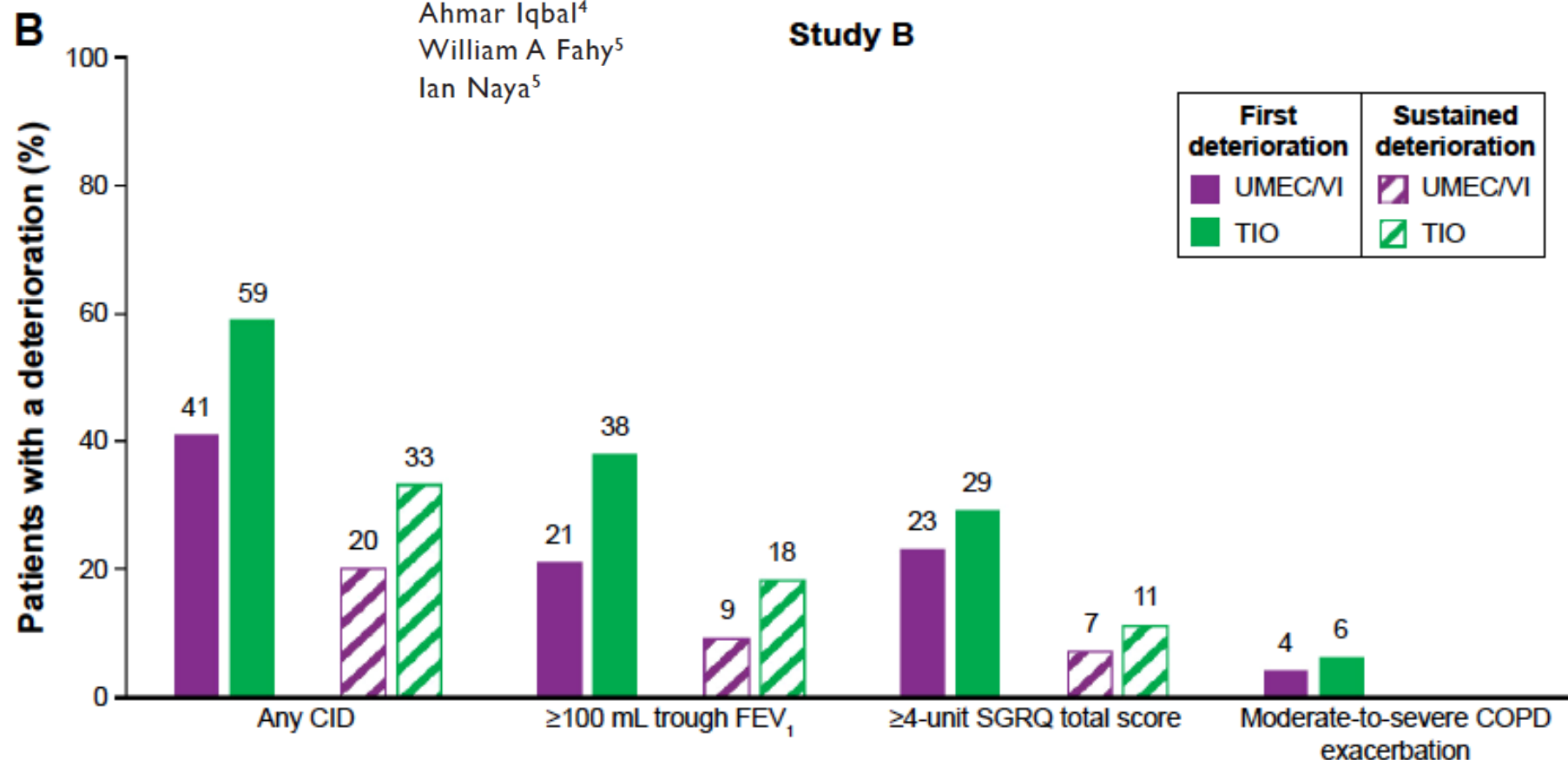




# Prevention of clinically important deteriorations in COPD with umeclidinium/vilanterol

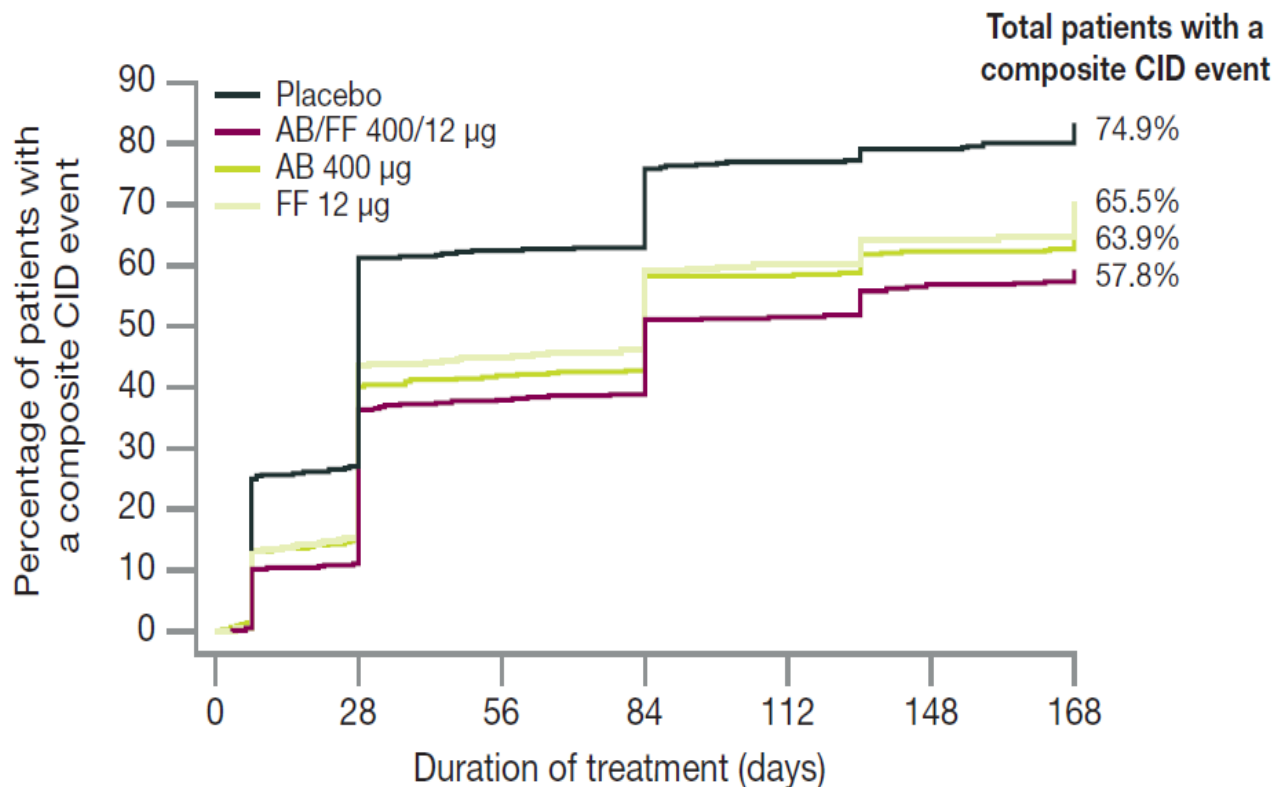
Dave Singh<sup>1</sup>  
M Reza Maleki-Yazdi<sup>2</sup>  
Lee Tombs<sup>3</sup>  
Ahmar Iqbal<sup>4</sup>  
William A Fahy<sup>5</sup>  
Ian Naya<sup>5</sup>

## Study B



## Acclidinium/Formoterol combination is also effective in reducing the risk of clinically important deteriorations vs monotherapy

**Figure 1. Incidence of composite CID events over 24 weeks**



AB, acclidinium bromide; CID, clinically important deterioration; FF, formoterol fumarate

N= 2684. Pooled *post-hoc* analysis from ACLIFORM (NCT01462942) and AUGMENT (NCT01437397), two 24-week, randomized, double-blind, placebo- and active-controlled parallel-group clinical trials; assessing the ability of acclidinium/formoterol 400/12 µg to reduce the risk of CID versus placebo and monotherapies in patients with moderate to severe stable COPD.

**Singh *et al*, ATS 2016.**

# The efficacy of acclidinium/formoterol on lung function and symptoms in patients with COPD categorized by symptom status: a pooled analysis

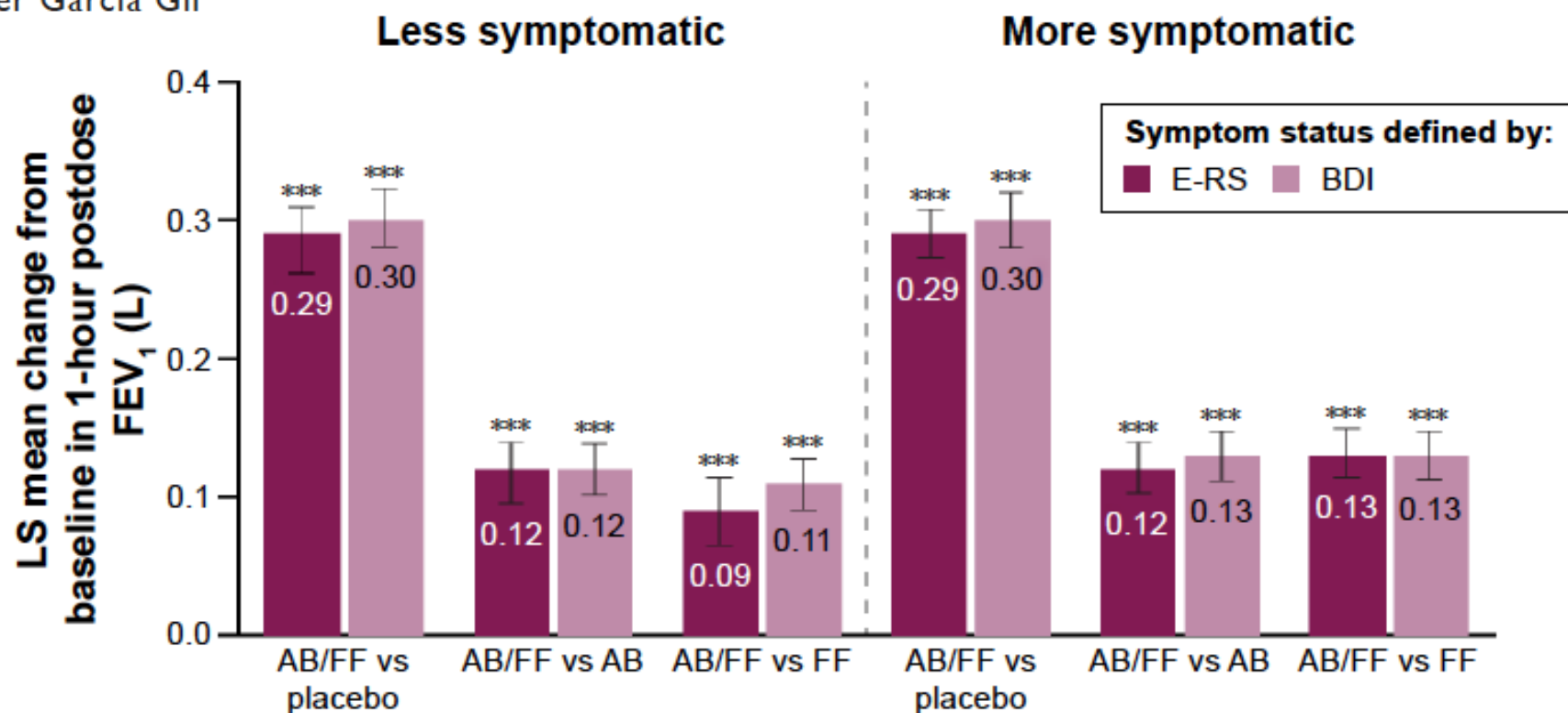
Marc Miravittles<sup>1</sup>

Kenneth R Chapman<sup>2</sup>

Ferran Chuecos<sup>3</sup>

Anna Ribera<sup>4</sup>

Esther Garcia Gil<sup>3</sup>



# The efficacy of aclidinium/formoterol on lung function and symptoms in patients with COPD categorized by symptom status: a pooled analysis

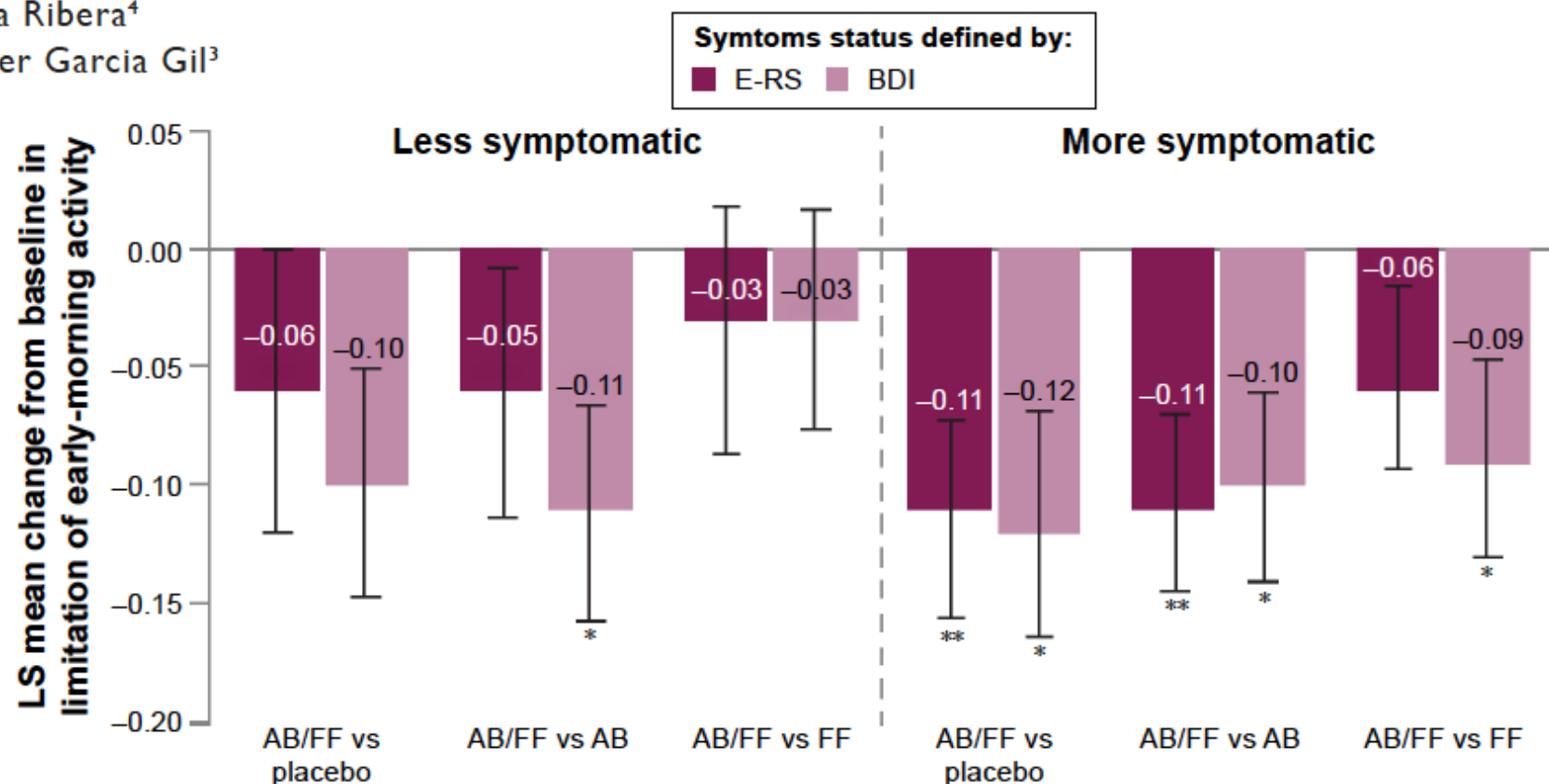
Marc Miravittles<sup>1</sup>

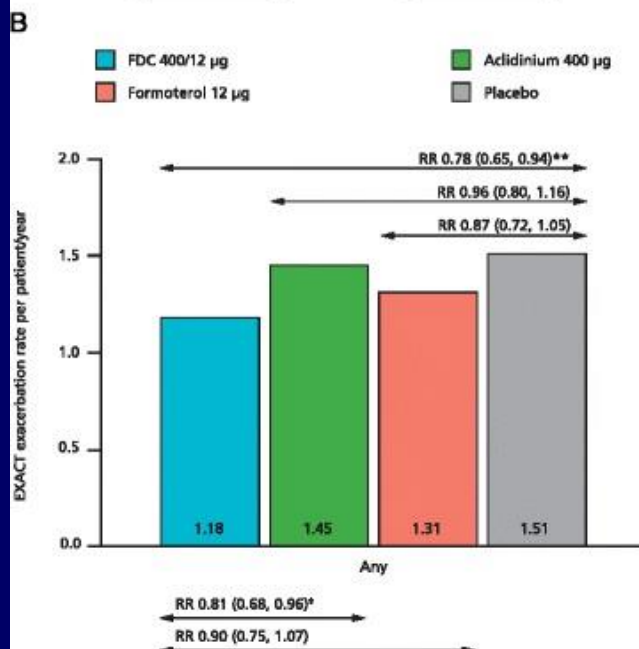
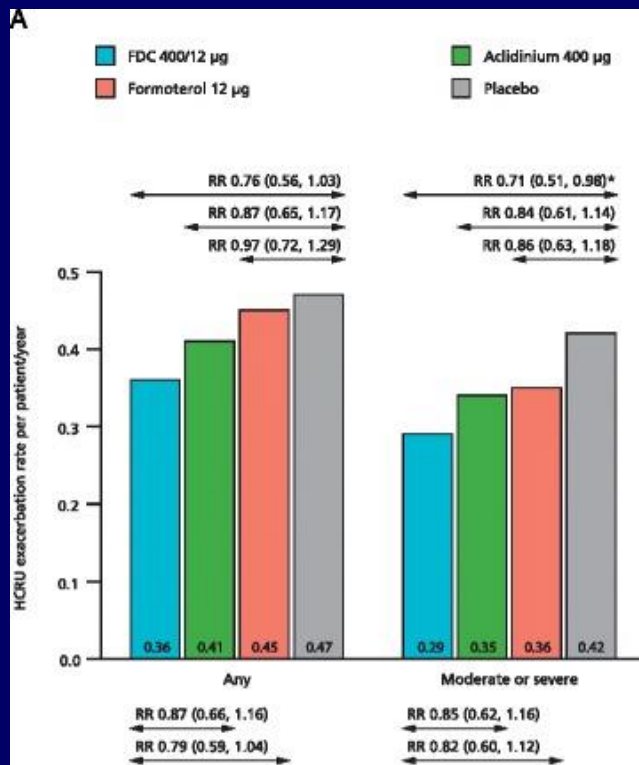
Kenneth R Chapman<sup>2</sup>

Ferran Chuecos<sup>3</sup>

Anna Ribera<sup>4</sup>

Esther Garcia Gil<sup>3</sup>

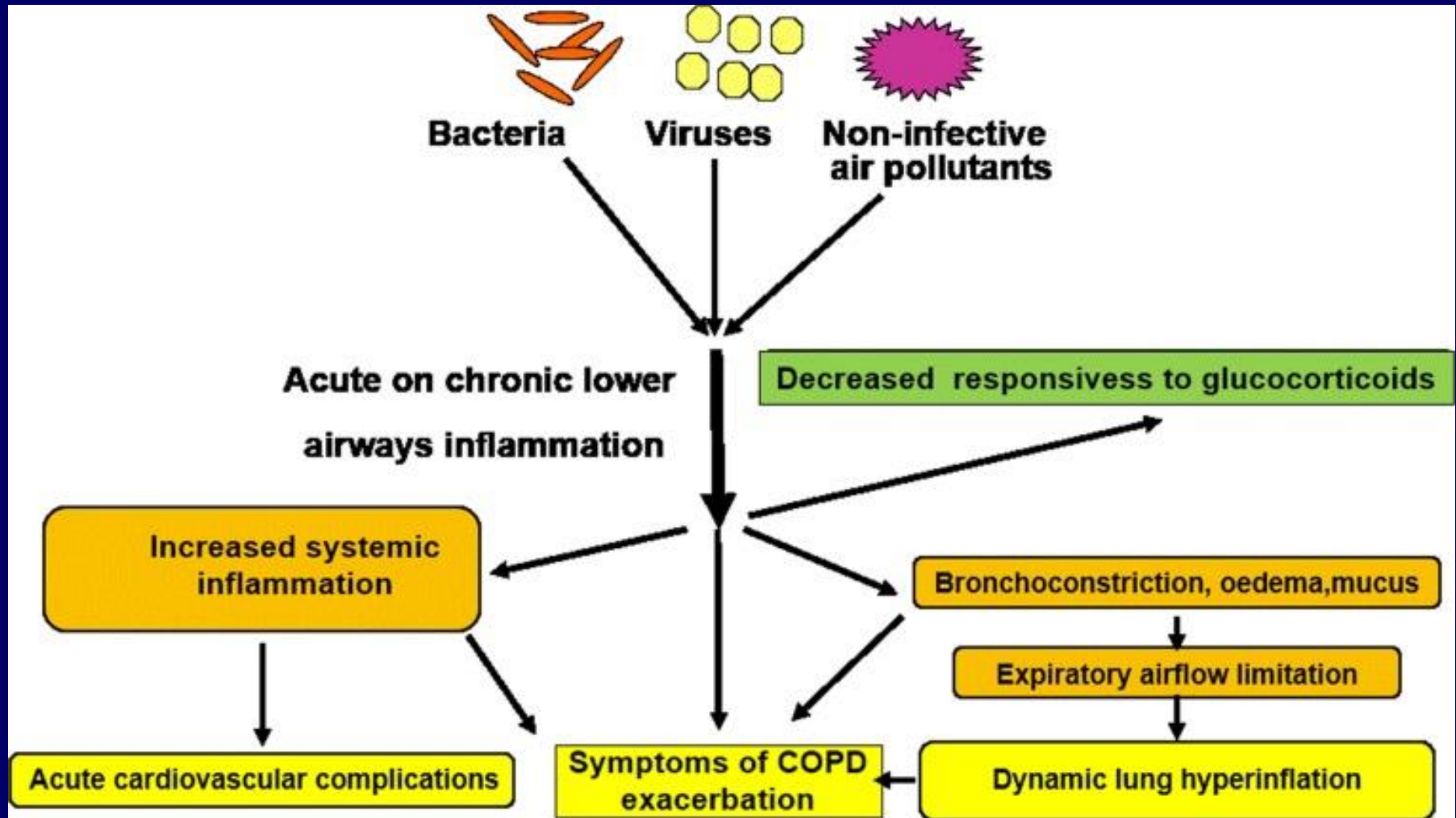




**Acclidinium bromide and formoterol fumarate as a fixed-dose combination in COPD: pooled analysis of symptoms and exacerbations from two six-month, multicentre, randomized studies (ACLIFORM and AUGMENT)**

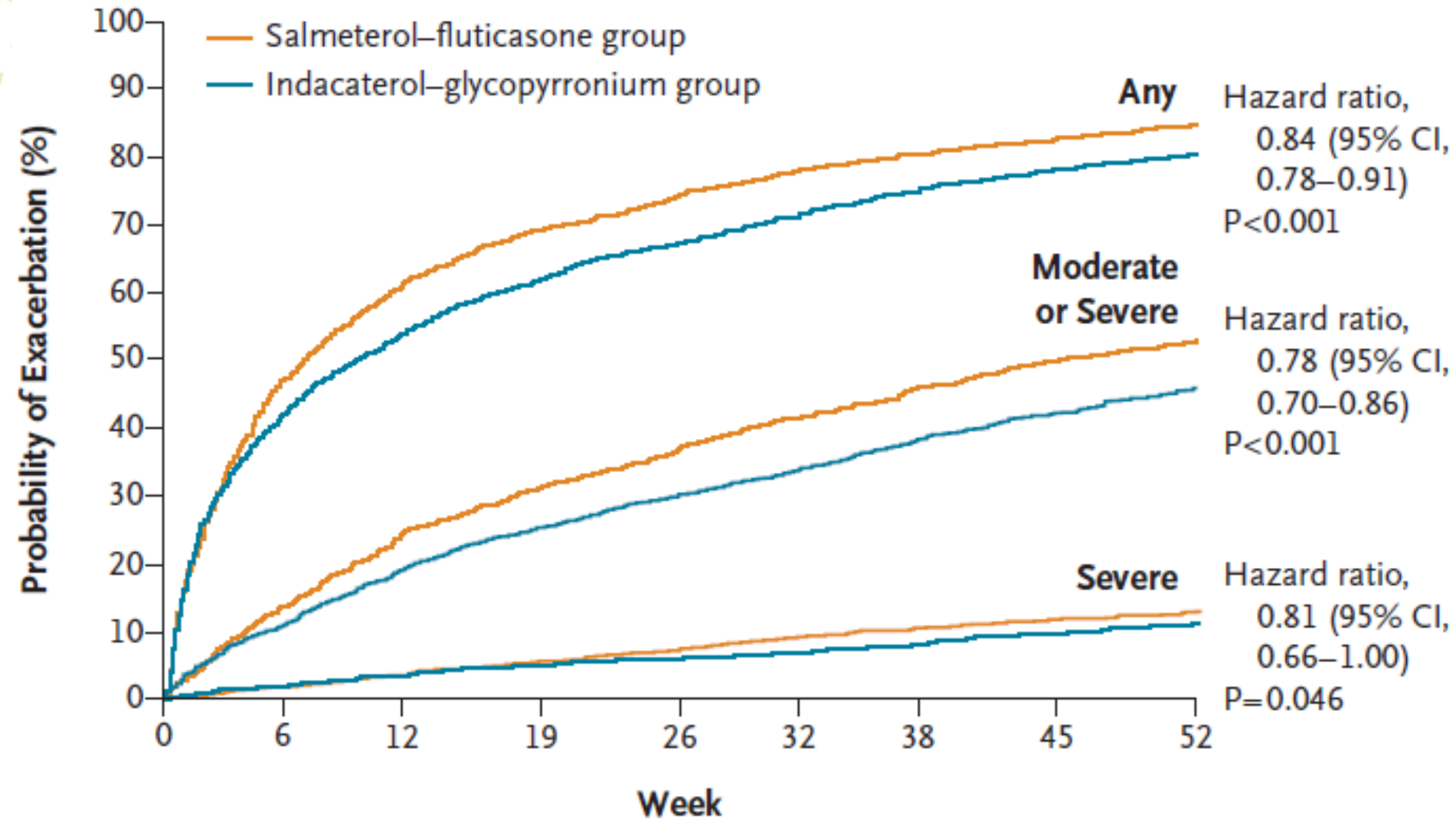
**Bateman ED, Chapman KR, Singh D, D'Urzo AD, Molins E, Leselbaum A, Gil EG.**  
*Respir Res* 16:92, 2015

# Bacteria, viruses and air pollutants can drive COPD exacerbations by causing an acute-on-chronic inflammation within the airways



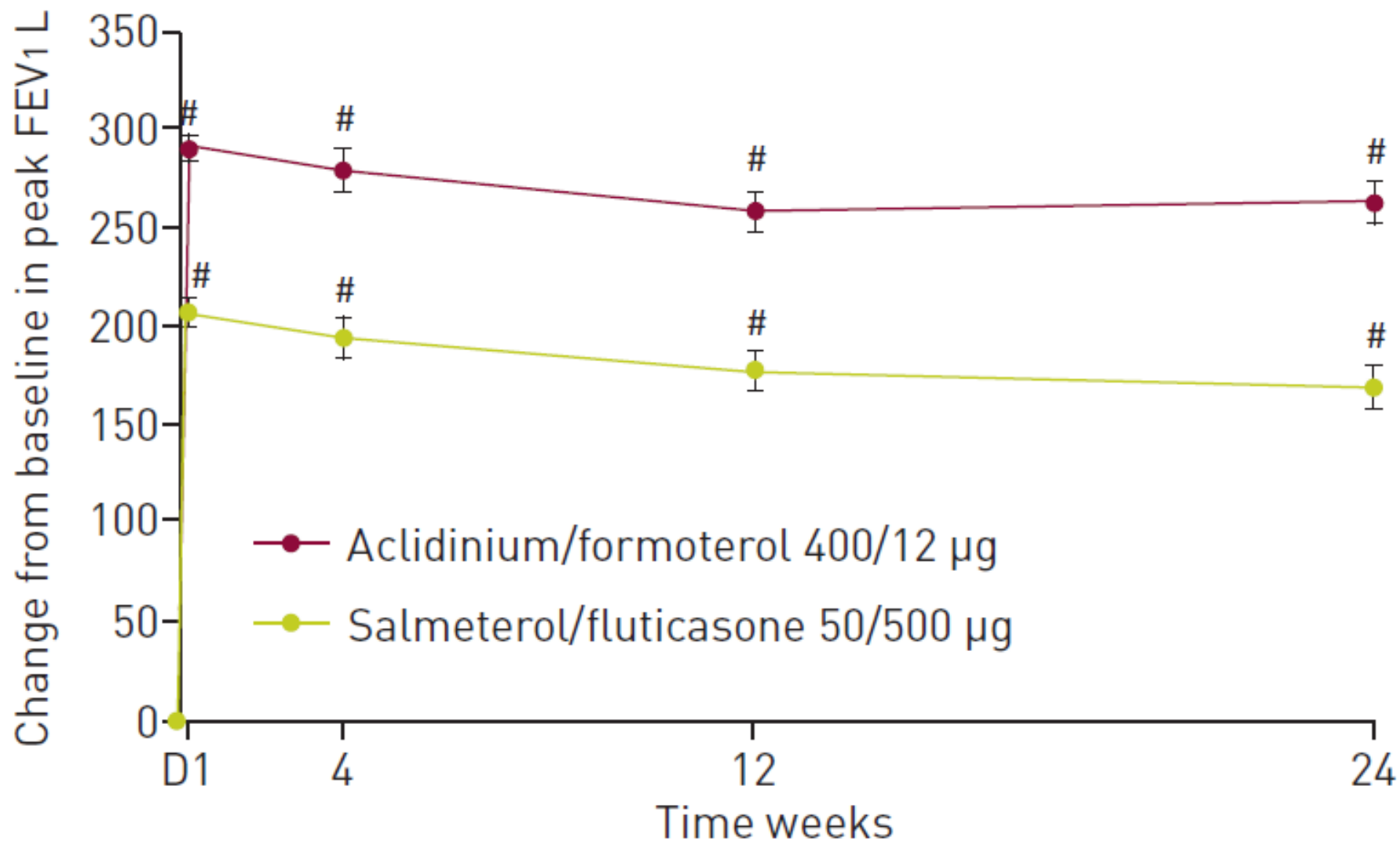
Caramori G, Casolari P, Barczyk A, Durham AL, Di Stefano A, Adcock I.  
*Semin Immunopathol* 38:497-515, 2016





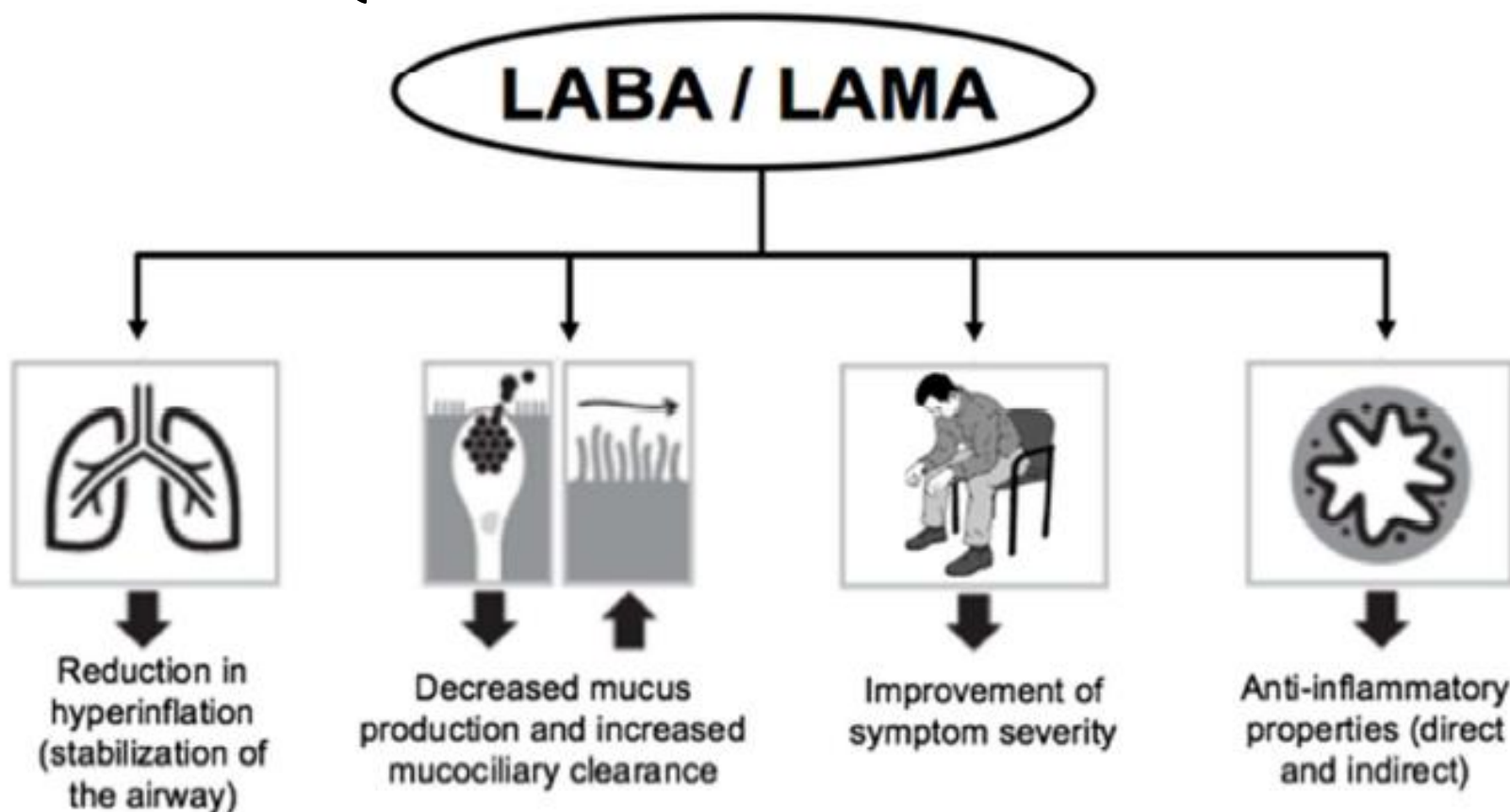
Wedzicha JA et al. *N Engl J Med* 374:2222-2234, 2016

# AFFIRM



Vogelmeier C, et al. *Eur Respir J* 48:1030-1039, 2016

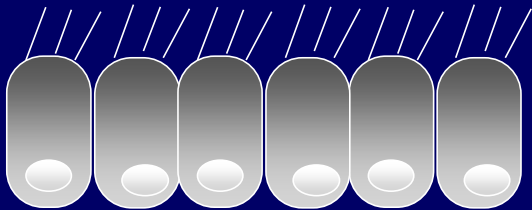
## MECHANISMS BY WHICH LABA/LAMA MAY DECREASE THE FREQUENCY OF COPD EXACERBATIONS



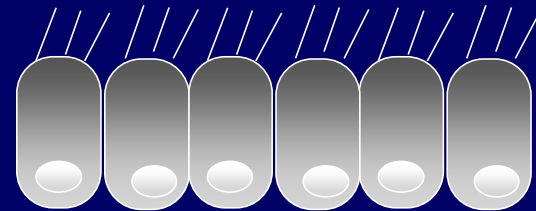
**Beeh KM et al. *Am J Respir Crit Care Med* 2017, in press**

# CHOLINERGIC CONTROL OF AIRWAYS

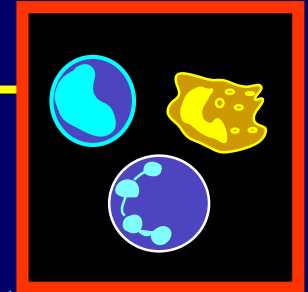
Large airway



Epithelial cells

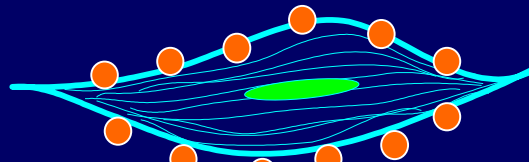


Inflammatory cells



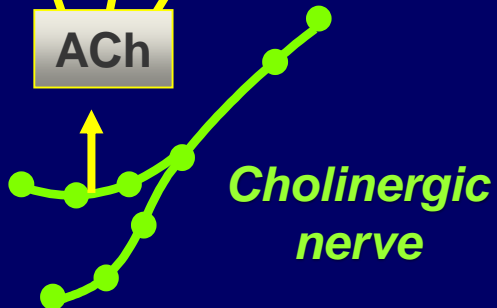
ACh

**BRONCHOCONSTRICTION**

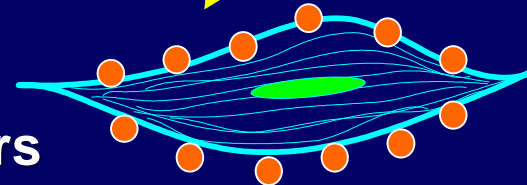


Muscarinic receptors

ACh



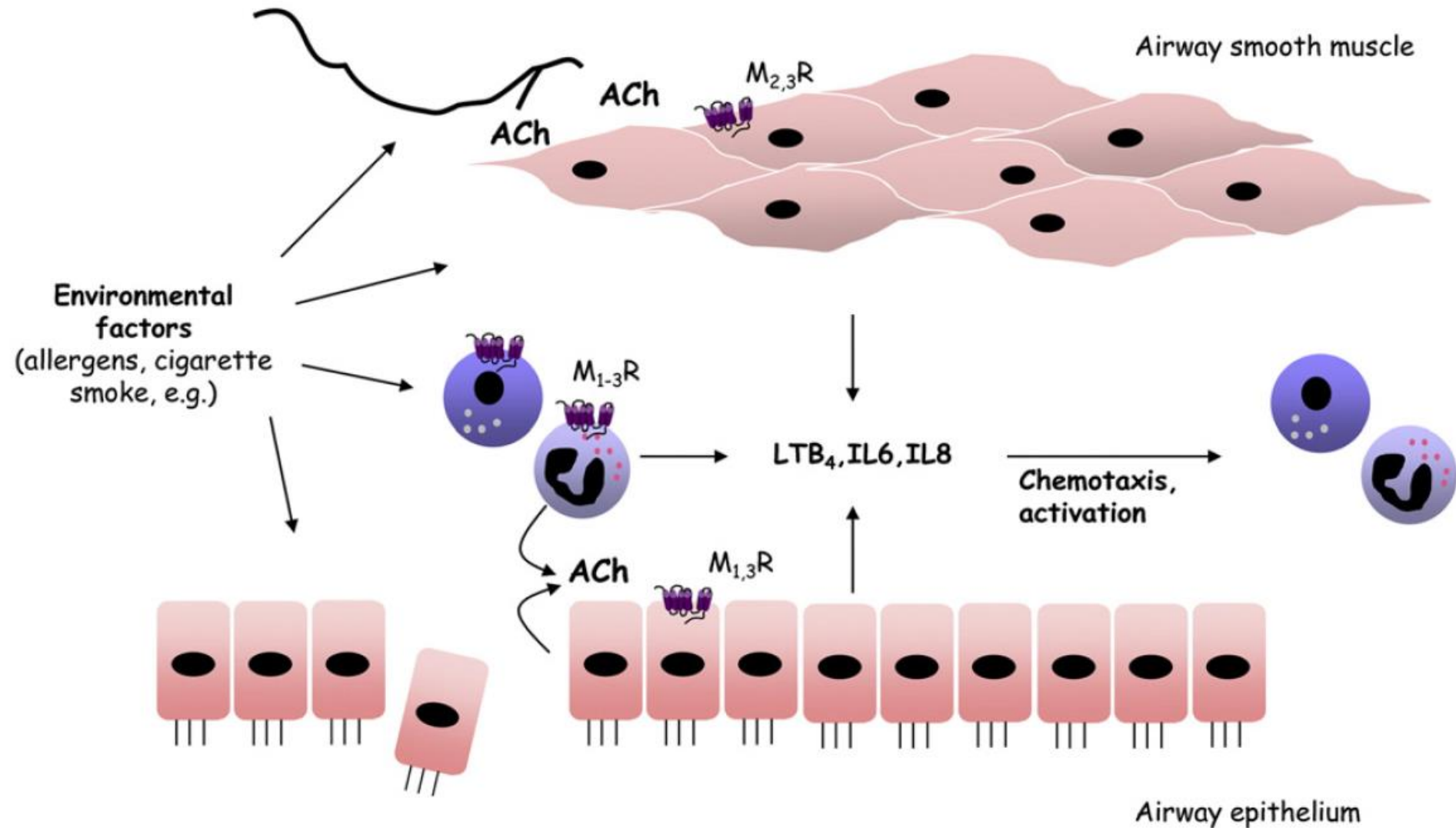
Cholinergic nerve



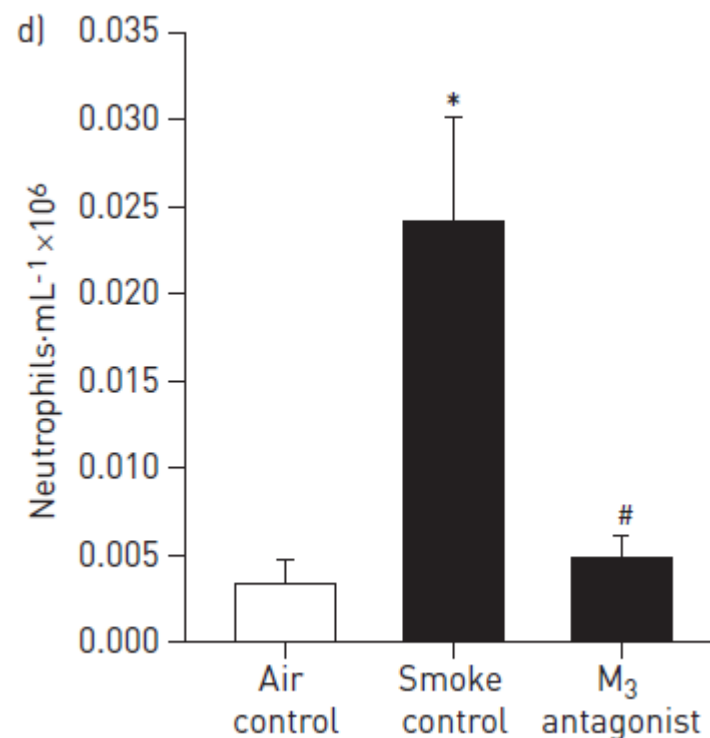
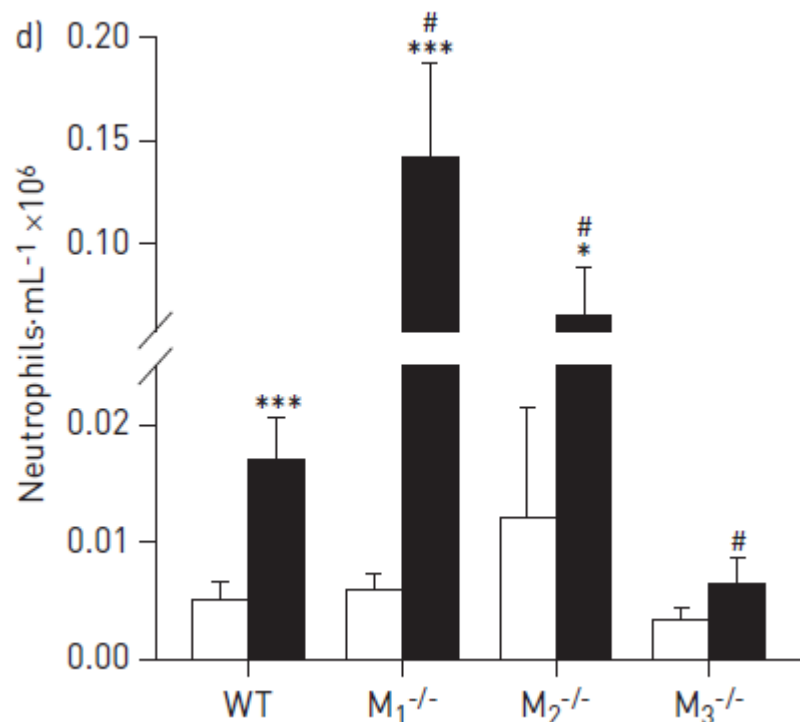
Small airway

Wessler I & Kirkpatrick CJ: Br J Pharmacol 2008

# The regulatory role of acetylcholine in inflammatory cell chemotaxis and activation

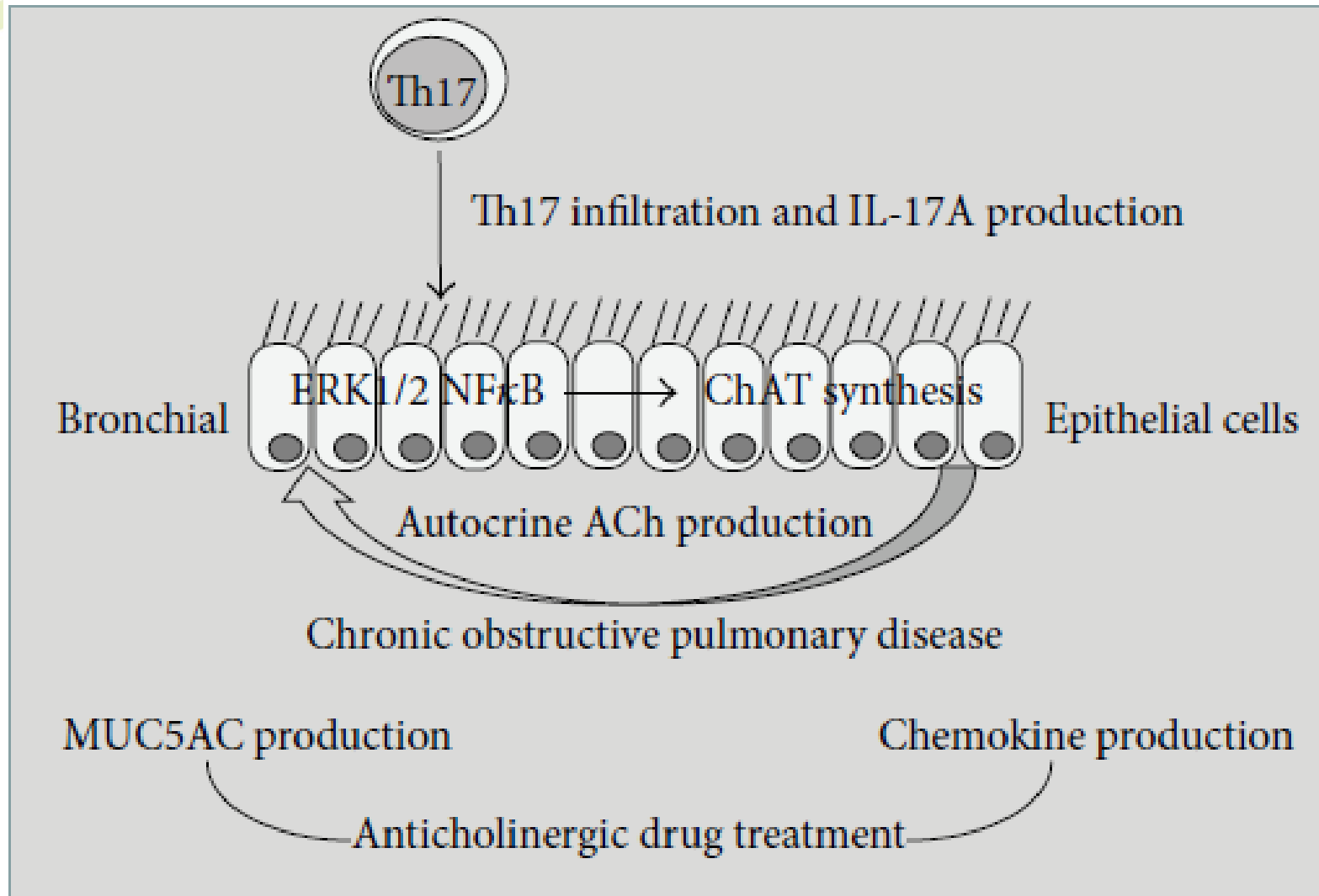


# Muscarinic receptor subtype-specific effects on cigarette smoke-induced airway inflammation in mice



Kistemaker LEM et al. *Eur Respir J* 42:1677-1678, 2013

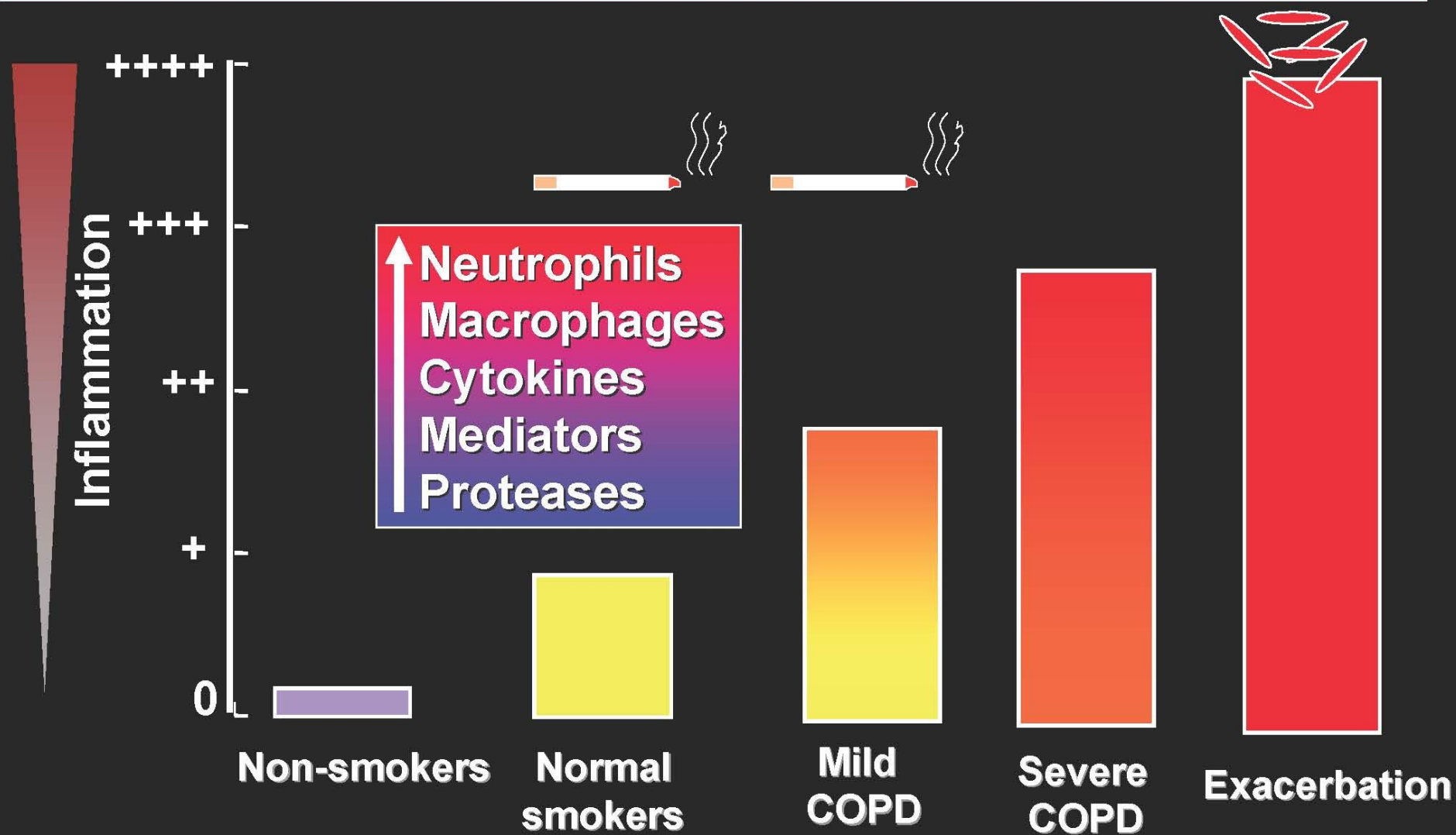
# Effects of anticholinergic drugs on lung neutrophilic inflammation



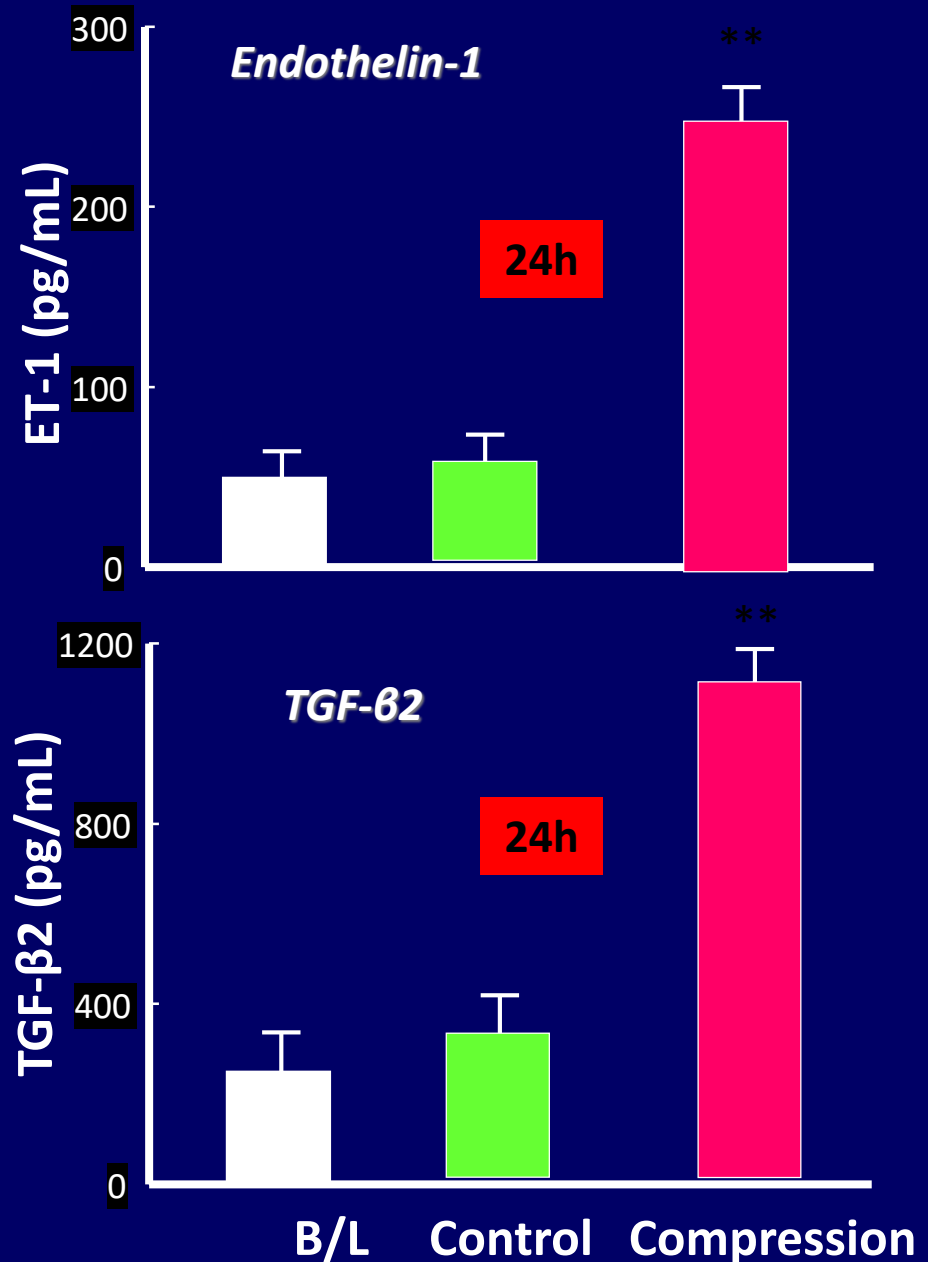
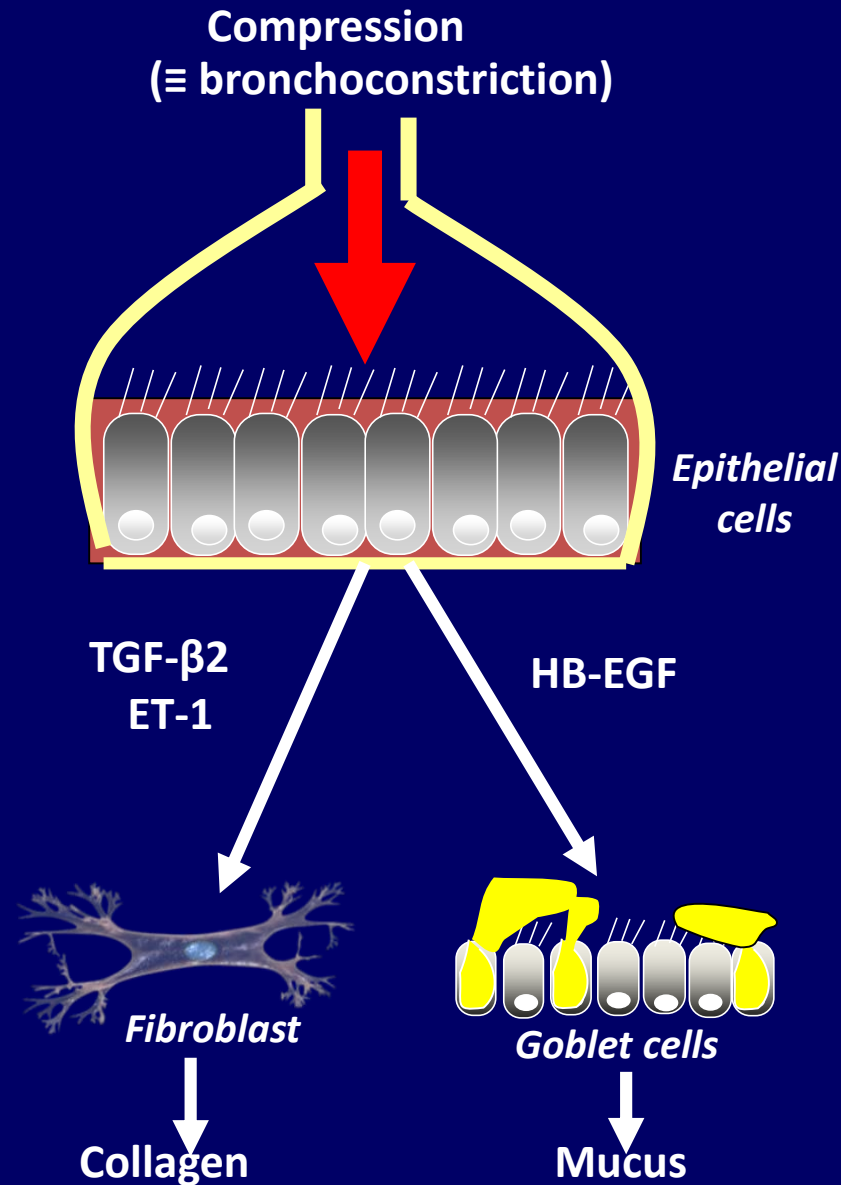
Montalbano AM et al. *Mediators Inflamm* 9063842, 2016



# AMPLIFICATION OF INFLAMMATION IN COPD

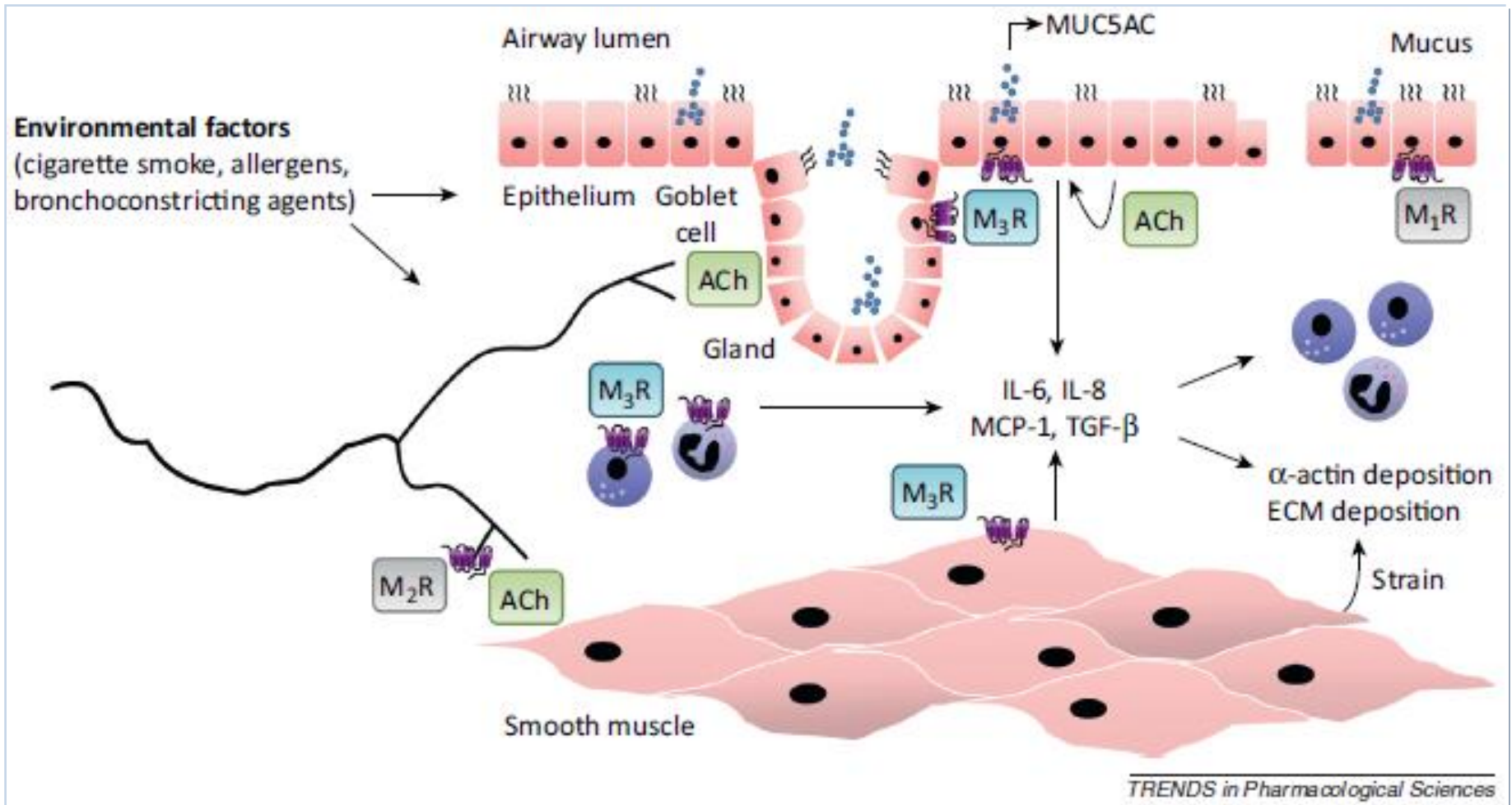


# AIRWAY EPITHELIAL COMPRESSION



*Tschumperlin DJ et al: AJRCMB 2003*

# Acetylcholine contributes to inflammation and remodeling of the airways via M<sub>3</sub> receptors



Kistemaker LEM, Gosens R. *Trends Pharmacol Sci* 36:164-171, 2015



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## Pharmacological Research

journal homepage: [www.elsevier.com/locate/yphrs](http://www.elsevier.com/locate/yphrs)

# Aclidinium bromide combined with formoterol inhibits remodeling parameters in lung epithelial cells through cAMP



Christopher Lambers<sup>a</sup>, Luigi Costa<sup>b</sup>, Qi Ying<sup>b</sup>, Jun Zhong<sup>b</sup>, Didier Lardinois<sup>c</sup>,  
Gerhard Dekan<sup>d</sup>, Elisabeth Schuller<sup>e</sup>, Michael Roth<sup>b,\*</sup>

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<sup>c</sup> Thoracic Surgery, University Hospital Basel, CH-4031 Basel, Switzerland

<sup>d</sup> Pathology, Medical University of Vienna, Waehringer Guertel 18-20, A-1090 Vienna, Austria

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Extracellular matrix

Epithelial-mesenchymal transition

## ABSTRACT

Combined muscarinic receptor antagonists and long acting  $\beta_2$ -agonists improve symptom control in chronic obstructive pulmonary disease (COPD) significantly. In clinical studies acclidinium bromide achieved better beneficial effects than other bronchodilators; however, the underlying molecular mechanisms are unknown. This study assessed the effect of acclidinium bromide combined with formoterol on COPD lung ( $n = 20$ ) and non-COPD lung ( $n = 10$ ) derived epithelial cells stimulated with TGF- $\beta_1$  + carbachol on: (i) the generation of mesenchymal cells in relation to epithelial cells, (II) extracellular matrix (ECM) deposition, and (iii) the interaction of ECM on the generation of epithelial and mesenchymal cells. TGF- $\beta_1$  + carbachol enhanced the generation of mesenchymal cells, which was significantly reduced by acclidinium bromide or formoterol. The effect of combined drugs was additive. Inhibition of p38 MAP kinase and Smad by specific inhibitors or acclidinium bromide reduced the generation of mesenchymal cells. In mesenchymal cells, TGF- $\beta_1$  + carbachol induced the deposition of collagen-I and fibronectin which was prevented by both drugs dose-dependently. Formoterol alone reduced collagen-I deposition via cAMP, this however, was overruled by TGF- $\beta_1$  + carbachol and rescued by acclidinium bromide. Inhibition of fibronectin was cAMP independent, but involved p38 MAP kinase and Smad. Seeding epithelial cells on ECM collagen-I and fibronectin induced mesenchymal cell generation, which was reduced by acclidinium bromide and formoterol. Our results suggest that the beneficial effect of acclidinium bromide and formoterol involves cAMP affecting both, the accumulation of mesenchymal cells and ECM remodeling, which may explain the beneficial effect of the drugs on lung function in COPD.

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# Efficacy and safety of long-acting $\beta$ -agonist/ long-acting muscarinic antagonist combinations in COPD: a network meta-analysis

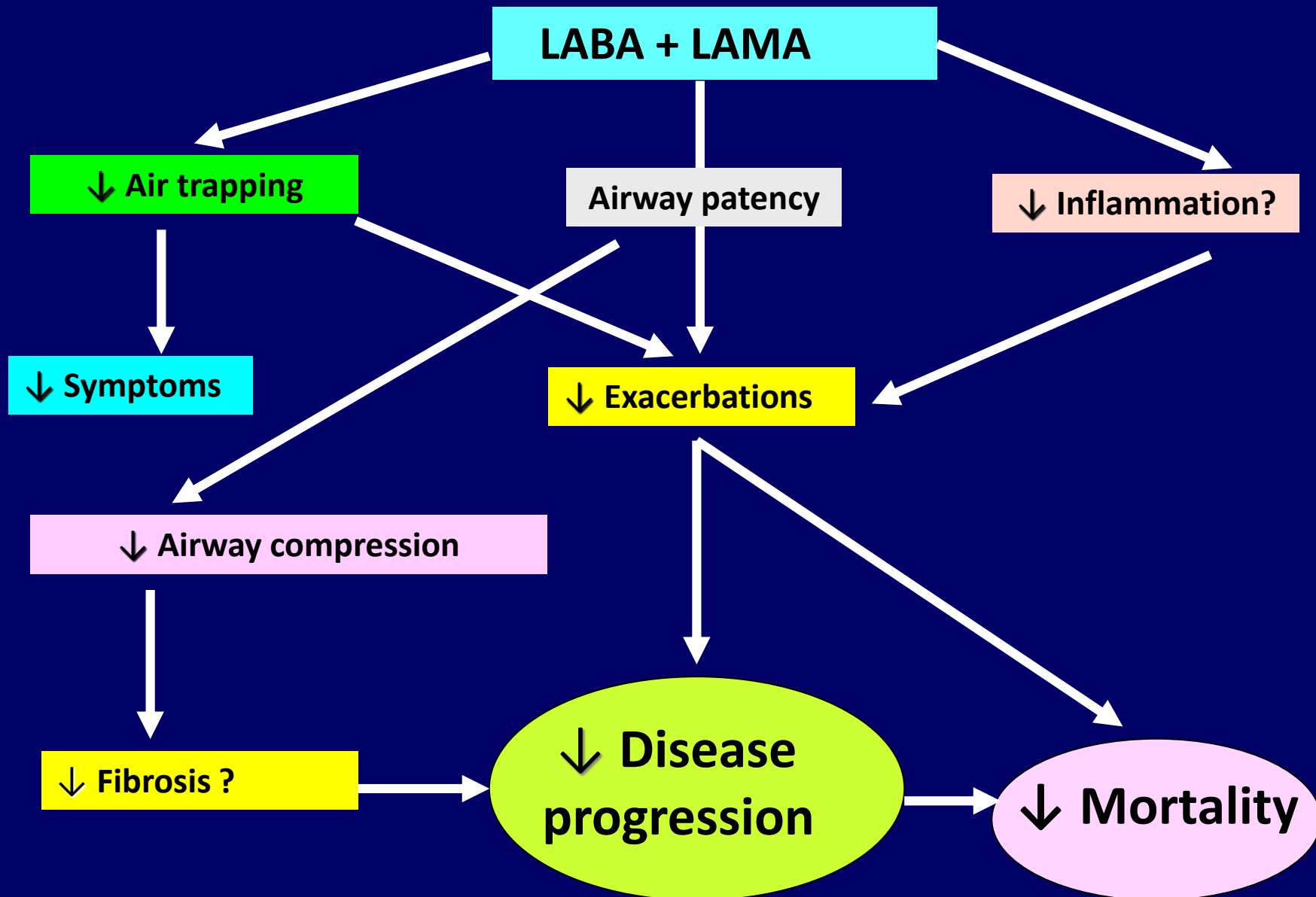
Yuji Oba,<sup>1</sup> Siva T Sarva,<sup>1</sup> Sofia Dias<sup>2</sup>

## What is the bottom line?

- The combination therapy was the most effective strategy in improving lung function, quality of life, symptom scores and moderate-to-severe exacerbation rates, and had similar effects on safety outcomes and severe exacerbations as compared with monotherapies.

***Thorax 71:15-25, 2016***

# LABA / LAMA IN COPD







**Università Magna Græcia di Catanzaro  
Campus "Salvatore Venuta"**