

Pneumologi in azione nell'ipertensione arteriosa polmonare (PAH)

Migliorare l'outcome: dalla goal oriented alla terapia di combinazione Le nuove possibilità terapeutiche

MILANO

30 novembre // 1 dicembre 2017

PALAZZO DELLE STELLINE

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Conflict of interests disclosures

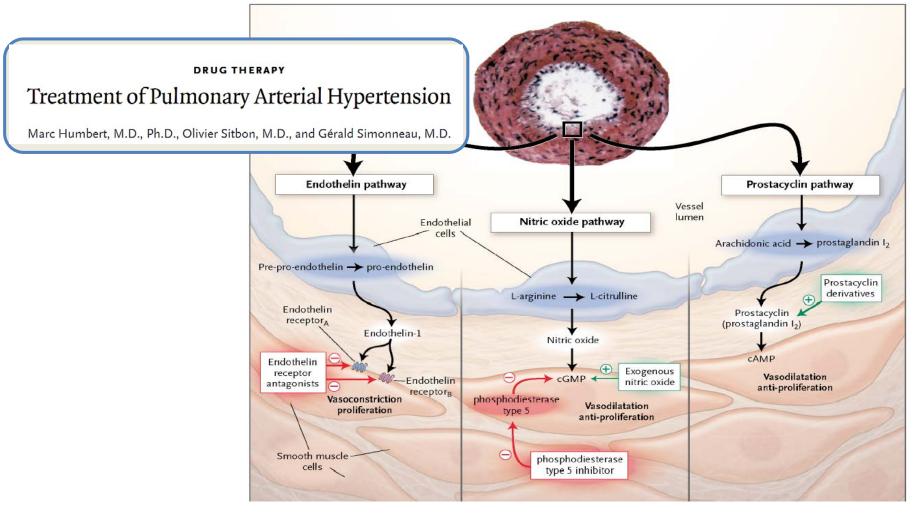
Actelion

Boehringer Ingelheim

InterMune

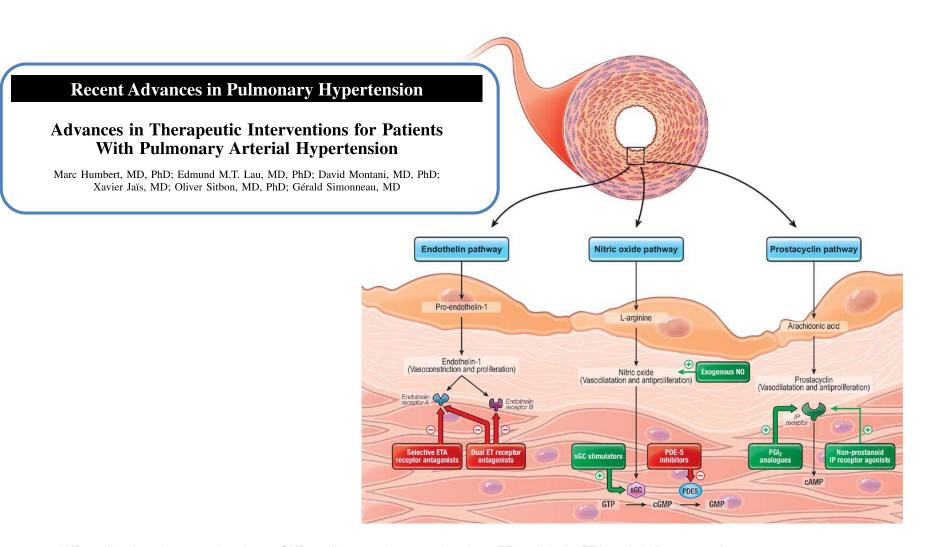
Roche

Targeting 3 major dysfunctional pathways in PAH (2004)

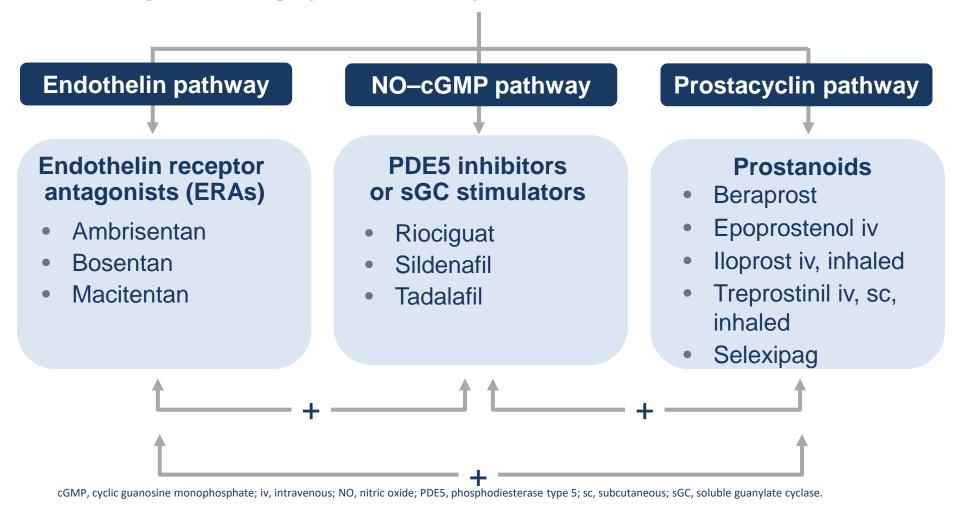


cAMP, cyclic adenosine monophosphate; cGMP, cyclic guanosine monophosphate.

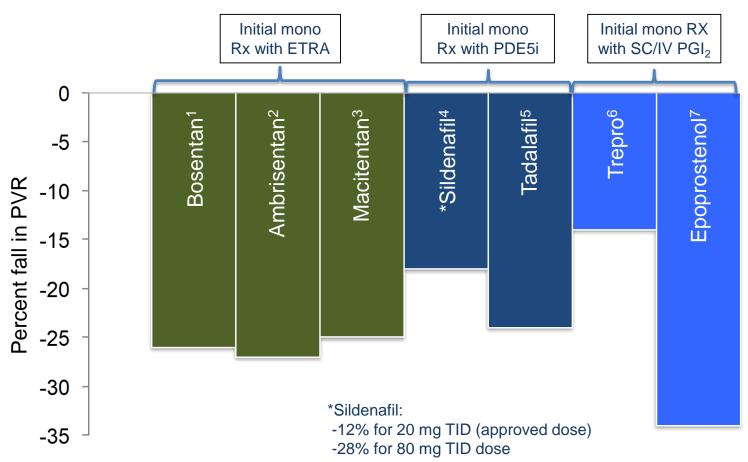
Targeting 3 major dysfunctional pathways in PAH (2014)



PAH-specific therapies target the 3 signaling pathways involved in PAH



Effect of PAH-specific therapies on PVR after 3-6 months

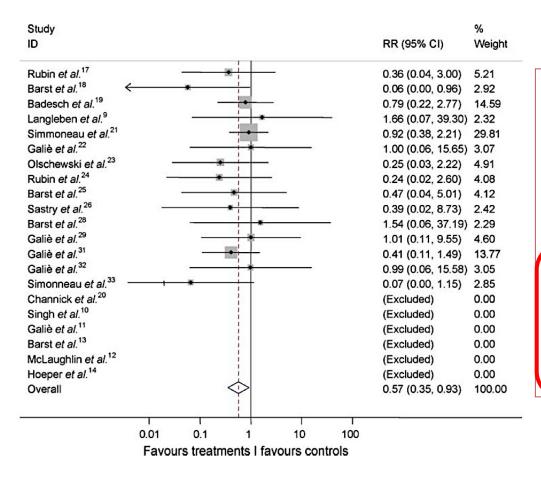


1. Channick RN. Lancet 2001; 2. Galie N. J Am Coll Cardiol 2005; 3.Pulido T. N Engl J Med 2013; 4. Galie N. N Engl J Med 2005; 5. Galie N. Circulation 2009; 6. Simonneau G. Am J Respir Crit Care Med 2002; 7. Barst RJ. N Engl J Med 1996.

A meta-analysis of randomized controlled trials in pulmonary arterial hypertension

Nazzareno Galiè*, Alessandra Manes, Luca Negro, Massimiliano Palazzini, Maria Letizia Bacchi-Reggiani, and Angelo Branzi

European Heart Journal (2009) 30, 394-403



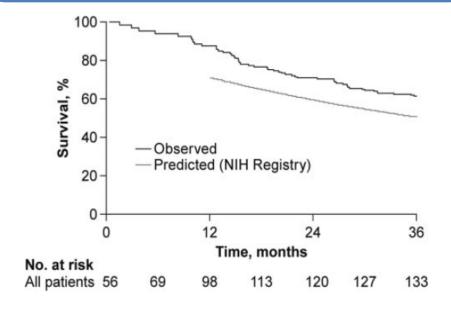
- 23 RCTs
- Average duration 14.3 wks
- 3140 patients
- All-cause mortality rate in the control group = 3.8%
- Active treatments:
 - 43% reduction in mortality
 - RR 0.57 (95%CI 0.35–0.92)
 - P = 0.023

Unmet need in the modern management era

Despite drug discovery and development PAH remains a devastating condition

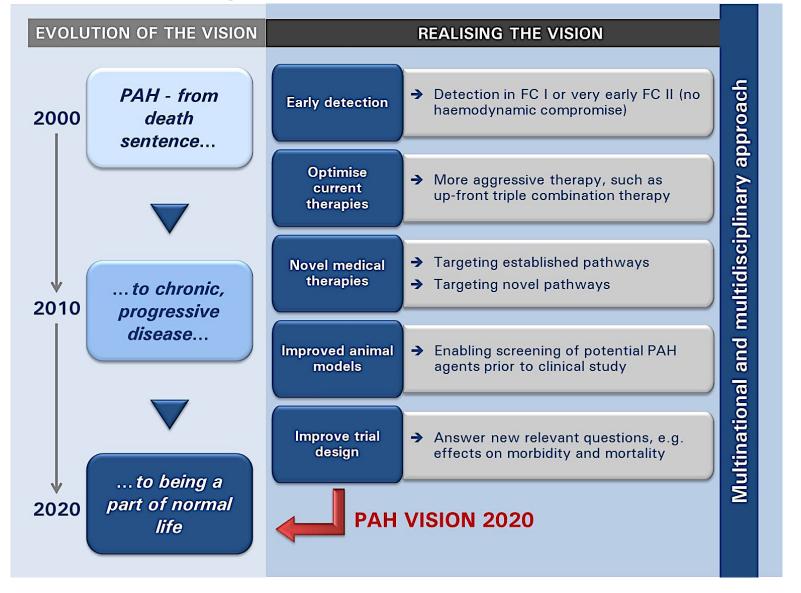
Survival in Patients With Idiopathic, Familial, and Anorexigen-Associated Pulmonary Arterial Hypertension in the Modern Management Era

Marc Humbert, MD, PhD; Olivier Sitbon, MD, PhD; Ari Chaouat, MD, PhD; Michèle Bertocchi, MD;
Gilbert Habib, MD; Virginie Gressin, MD; Azzedine Yaïci, MD; Emmanuel Weitzenblum, MD;
Jean-François Cordier, MD; François Chabot, MD, PhD; Claire Dromer, MD;
Christophe Pison, MD, PhD; Martine Reynaud-Gaubert, MD, PhD; Alain Haloun, MD;
Marcel Laurent, MD; Eric Hachulla, MD, PhD; Vincent Cottin, MD, PhD; Bruno Degano, MD, PhD;
Xavier Jaïs, MD; David Montani, MD, PhD; Rogério Souza, MD, PhD; Gérald Simonneau, MD

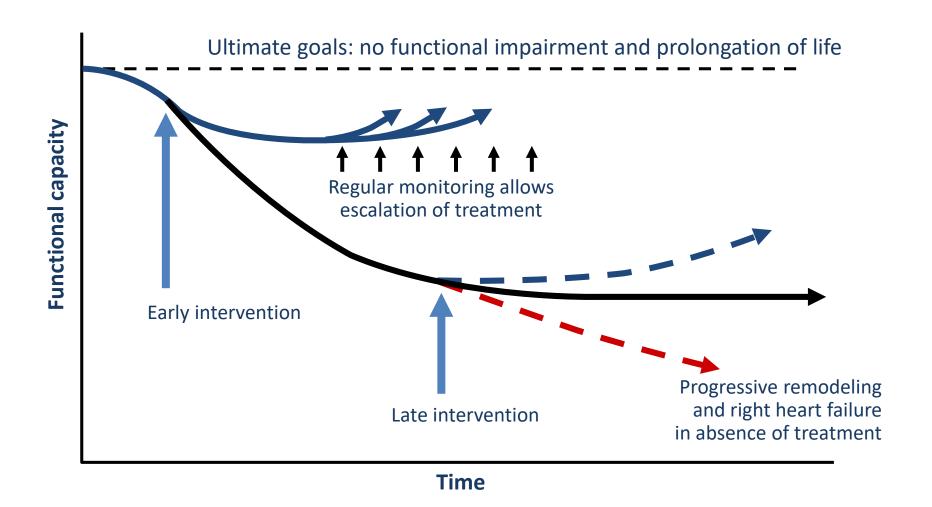




PAH management: How to do better?



Early treatment of PAH



Goal-oriented therapy (risk assessment)

Treatment Goals of Pulmonary Hypertension

Vallerie V. McLaughlin, MD,* Sean Patrick Gaine, MD, PhD,† Luke S. Howard, DPhil,‡ Hanno H. Leuchte, MD,§ Michael A. Mathier, MD,|| Sanjay Mehta, MD,¶ Massimillano Palazzini, MD,# Myung H. Park, MD,** Victor F. Tapson, MD,†† Olivier Sitbon, MD, PhD‡‡

Functional class

I or II

Echocardiography/CMR

Normal/near-normal RV size and function

Hemodynamics

Normalization of RV function (RAP < 8 mm Hg and Cl > 2.5 to 3.0 l/min/m²)

6-min walk distance

>380 to 440 m; may not be aggressive enough in young individuals

Cardiopulmonary exercise testing

Peak VO₂ >15 ml/min/kg and EqCO₂ <45 l/min/l/min

B-type natriuretic peptide level

Normal

CI, cardiac index; CMR, cardiovascular magnetic resonance; EqCO₂, breathing equivalent for CO₂; RAP, right atrial pressure; RV, right ventricle; VO₂, oxygen consumption.

McLaughlin VV et al. J Am Coll Cardiol 2013;62:D73–81

Goal-oriented therapy (risk assessment)

Determinants of prognosis ^a (estimated I-year mortality)	Low risk <5%	Intermediate risk 5–10%	High risk >10%
Clinical signs of right heart failure	Absent	Absent	Present
Progression of symptoms	No	Slow	Rapid
Syncope	No	Occasional syncope ^b	Repeated syncope ^c
WHO functional class	I, II	III	IV
6MWD	>440 m	165 –44 0 m	<165 m
Cardiopulmonary exercise testing	Peak VO ₂ > 15 ml/min/kg (>65% pred.) VE/VCO ₂ slope <36	Peak VO ₂ I I – I 5 ml/min/kg (35–65% pred.) VE/VCO ₂ slope 36–44.9	Peak VO ₂ < 11 ml/min/kg (<35% pred.) VE/VCO ₂ slope ≥45
NT-proBNP plasma levels	BNP <50 ng/l NT-proBNP <300 ng/l	BNP 50-300 ng/l NT-proBNP 300-1400 ng/l	BNP >300 ng/l NT-proBNP >1400 ng/l
Imaging (echocardiography, CMR imaging)	RA area <18 cm² No pericardial effusion	RA area 18–26 cm² No or minimal, pericardial effusion	RA area >26 cm² Pericardial effusion
Haemodynamics	RAP <8 mmHg CI ≥2.5 I/min/m² SvO ₂ >65%	RAP 8–14 mmHg CI 2.0–2.4 l/min/m² SvO₂ 60–65%	RAP >14 mmHg CI <2.0 l/min/m² SvO ₂ <60%

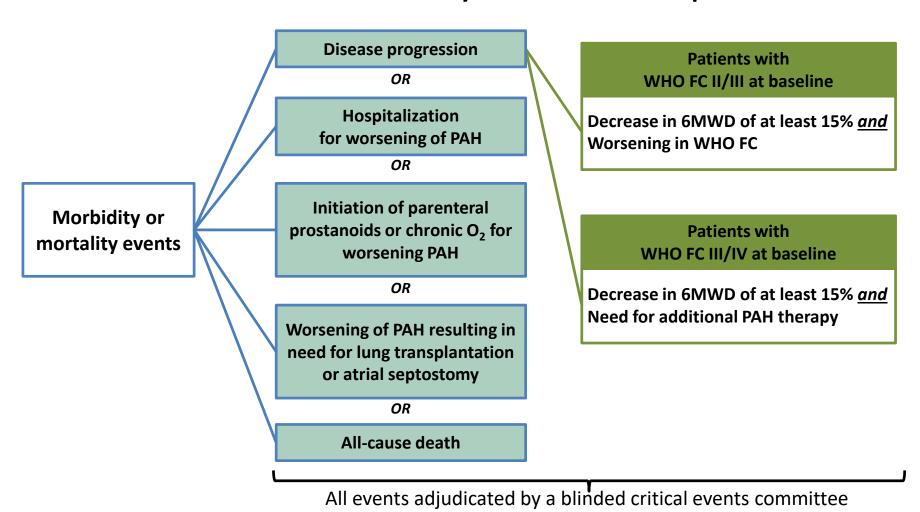
Sequential combination therapy: results are not uniform...

Drug tested	Study	Background	N	Duration (weeks)	Primary endpoint
Bosentan	EARLY	None or sildenafil (16%)	185	24	PVR +, Δ6MWD (NS)
Bosentan	COMPASS-2	Sildenafil	334	92	Morbi-mortality (NS)
lloprost	STEP	Bosentan	67	12	Δ6MWD (NS)
lloprost	COMBI	Bosentan	40	12	Δ6MWD (NS)
Imatinib	Phase II	Bosentan &/or sildenafil &/or prostanoids	59	24	Δ6MWD (NS)
lmatinib	IMPRES	Bosentan &/or sildenafil &/or prostanoids	202	24	Δ6MWD +
Selexipag	Phase II	Bosentan &/or sildenafil	43	17	PVR +
Sildenafil	PACES	Epoprostenol	264	16	Δ6MWD+
Sildenafil	NCT00323297	Bosentan	104	12	Δ6MWD (NS)
Tadalafil	PHIRST	None or bosentan (54%)	405	16	Δ6MWD (NS)
Trepostinil	Inhaled- TRIUMPH	Bosentan or sildenafil	235	12	Δ6MWD +
Trepostinil	Oral- FREEDOM C1	Bosentan &/or sildenafil	354	16	Δ6MWD (NS)
Trepostinil	Oral- FREEDOM C2	Bosentan &/or sildenafil	310	16	Δ6MWD (NS)

Sequential combination therapy: Recent studies

Drug tested	Study	Background	N	Duration (weeks)	Primary endpoint
Riociguat	PATENT	None (50%), bosentan or prostanoids	443	12	Δ6MWD +
Macitentan	SERAPHIN	None (36%), PDE5i (61%) or oral/inhaled prostanoids	742	≈ 100	Time to first event of death or morbidity +
Selexipag	GRIPHON	None (21%), ERA (13%), PDE5i (32%) or both (34%)	1156	≈ 70	Time to first event of death or morbidity +

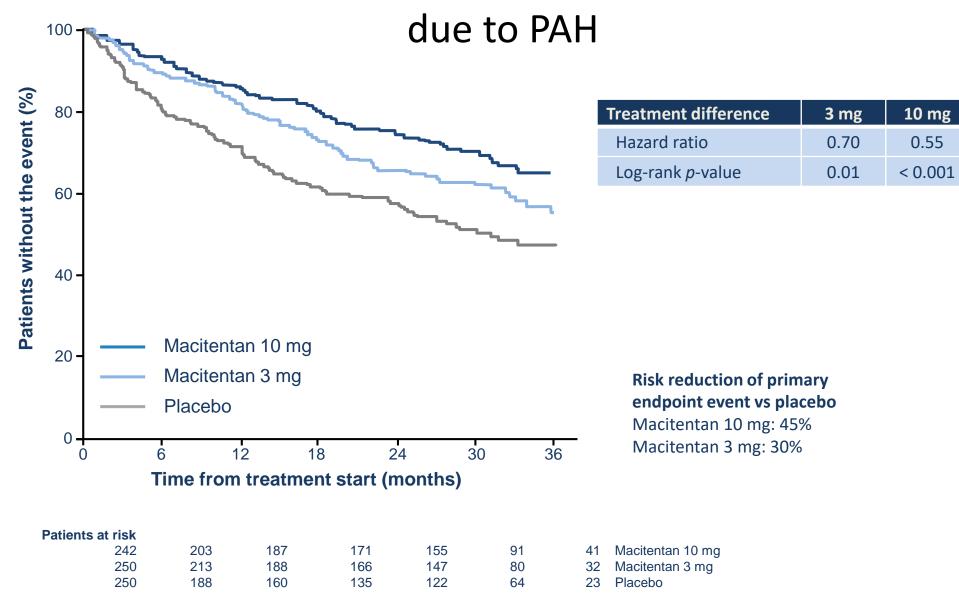
Seraphin: primary endpoint: Time to first occurrence



of death or morbidity due to PH up to EOT

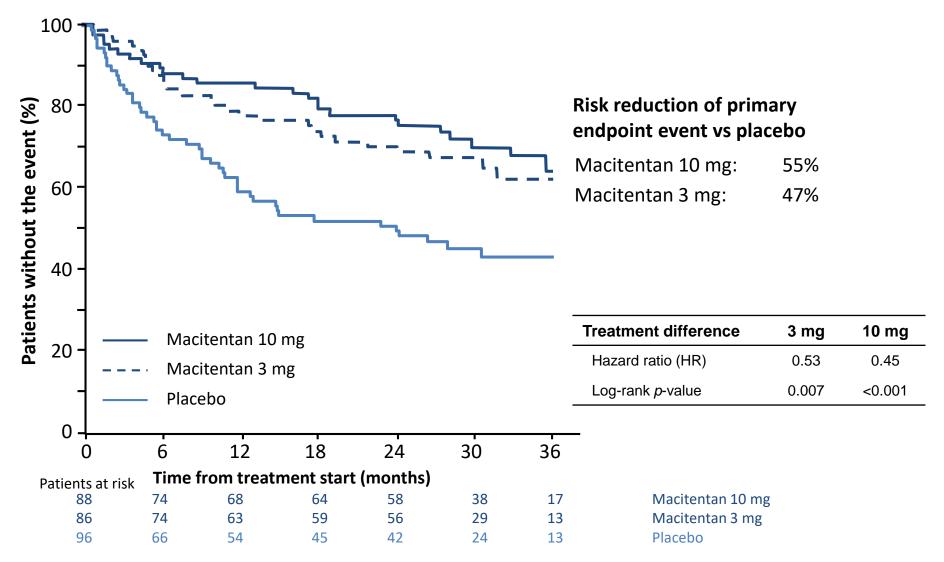
EOT: End of double-blind treatment

SERAPHIN: Macitentan reduced the risk of the primary outcome composite of death or morbidity

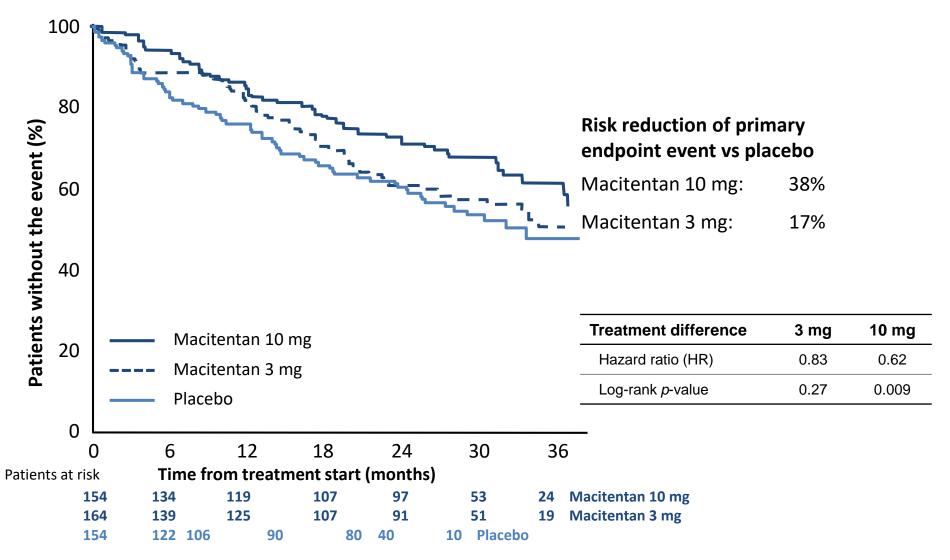




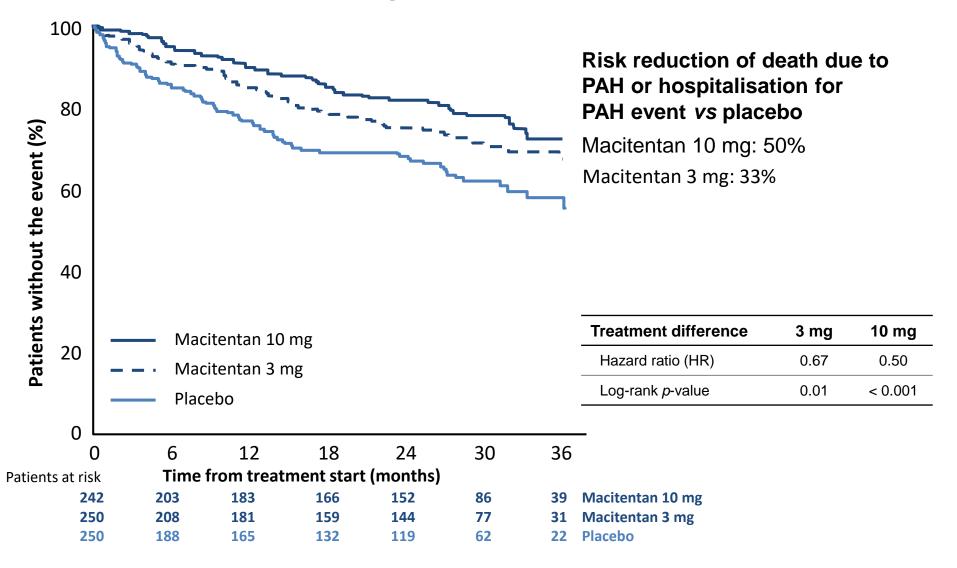
Morbidity and mortality in patients not on background PAH therapy



Morbidity and mortality in patients on background PAH therapy



Secondary endpoint: Death due to PAH or hospitalisation for PAH





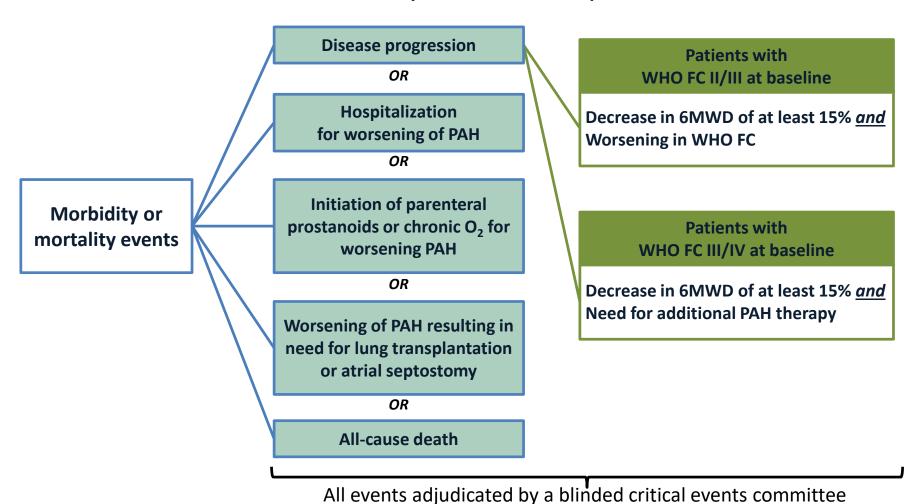
Selexipag in Pulmonary Arterial Hypertension – GRIPHON trial

- GRIPHON: ProstaGlandin I₂ Receptor agonist In Pulmonary arterial HypertensiON
- Large, international, multicenter, long-term phase 3 study
- Double-blind, placebo-controlled study assessing the safety and efficacy of selexipag on morbidity and mortality in patients with PAH
- Event-driven study
- Primary outcome measure: Time to first adjudicated morbidity or mortality event (up to 7 days after last study-drug intake)

- 1156 PAH adult patients included and treated for up to 4.3 years.
- 80% on background treatment with ERA and/or PDE-5i
- Uptitration of selexipag allows each patient's maintenance dose to be individualized based on tolerability (to a maximum of 1600 mcg bid)

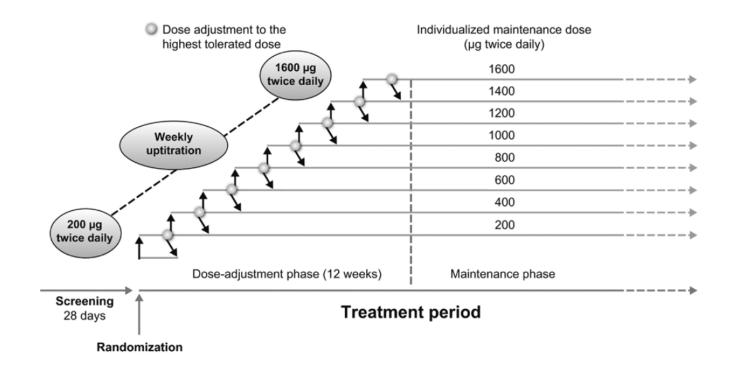


GRIPHON Primary endpoint: Time to first occurrence of death or morbidity due to PH up to EOT



Dose adjustment

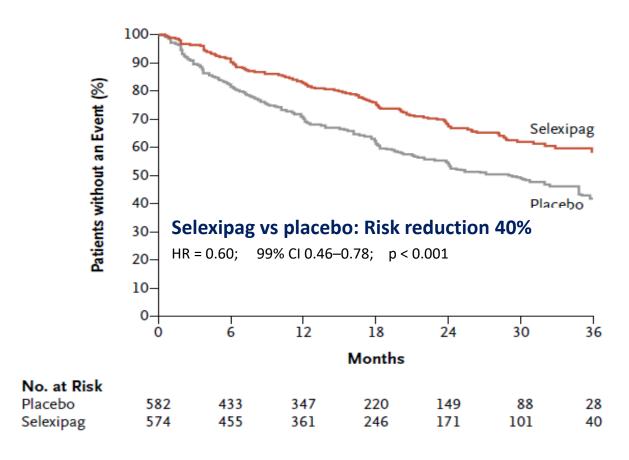
Tritation scheme



- The GRIPHON study with selexipag met its primary objective in patients with PAH
- Selexipag reduced the risk of a morbidity/mortality event (primary endpoint) by 40% compared with placebo
- The efficacy of selexipag was consistent across subgroups: Age, gender, FC, PAH etiology, and background PAH therapy
- The overall tolerability profile of selexipag in GRIPHON was consistent with prostacyclin therapies
- The patients in the selexipag group received selexipag for a median duration of 70.7 weeks

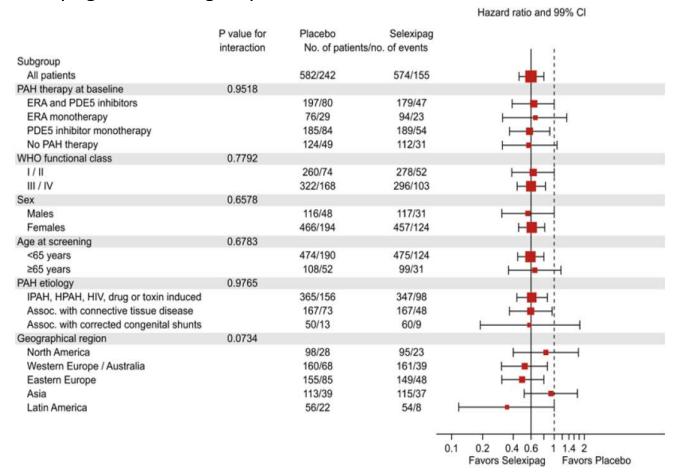
Primary composite end point

A significant treatment effect in favor of selexipag



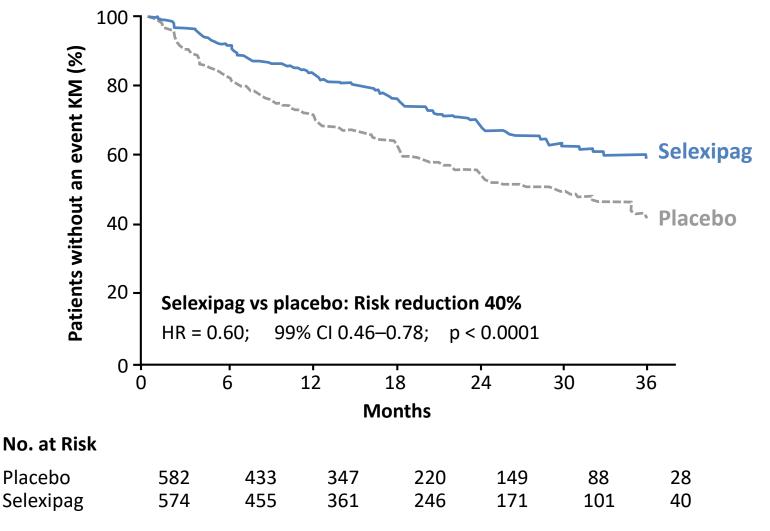
Primary composite end point

Effect of selexipag across subgroups



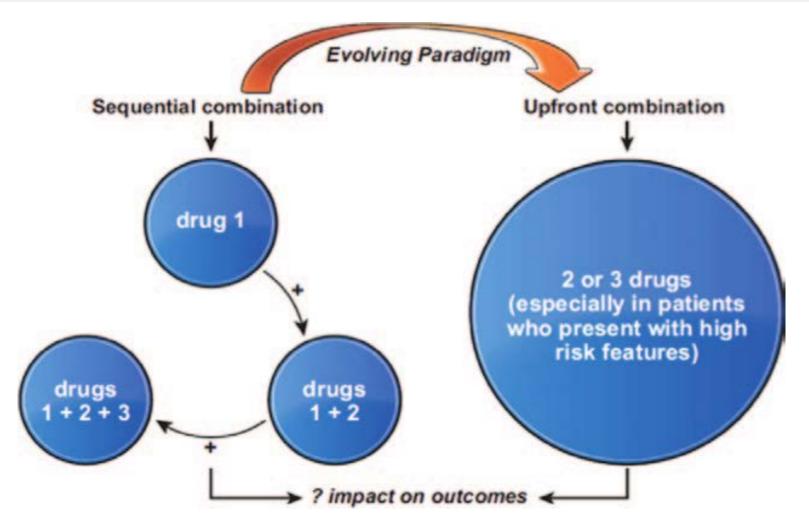


Selexipag reduced the risk of the primary outcome composite of death or morbidity due to PH



McLaughlin V, et al. Presented at ACC Annual Congress 2015.

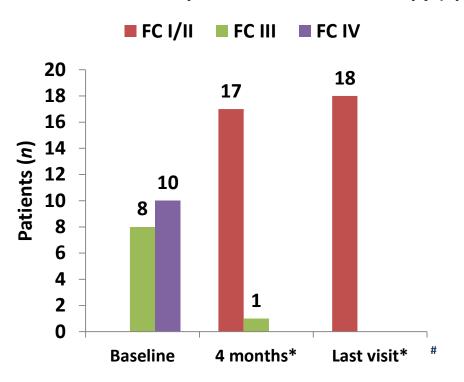
Evolving paradigm: From sequential to initial combination therapy

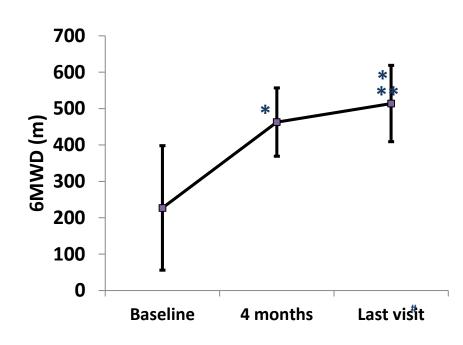


Humbert M, et al. Circulation 2014.

Upfront triple combination therapy: Effect on FC and 6MWD

Prospective, observational analysis of idiopathic or heritable PAH patients (n = 19) treated with upfront combination therapy (epoprostenol, bosentan and sildenafil)

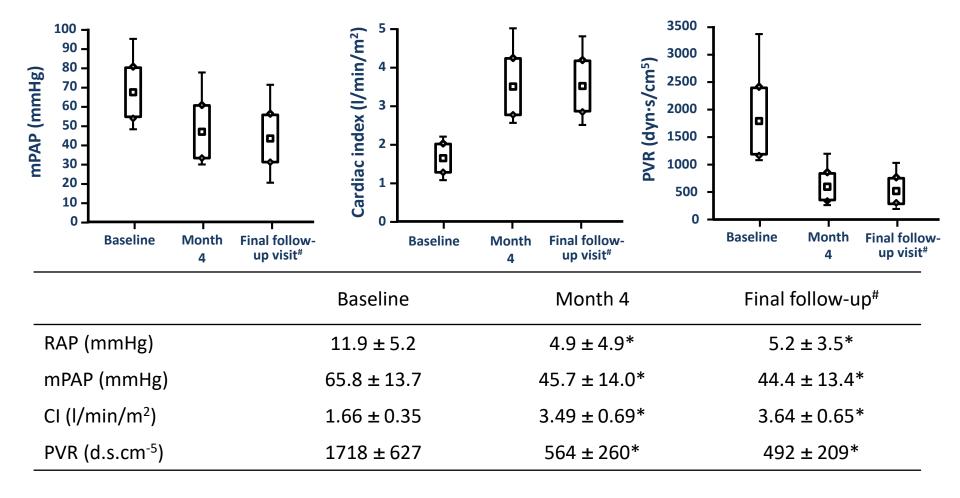




^{#32 ± 19} months

^{*}p < 0.01 versus baseline; ** p < 0.01 versus 4 months

Upfront triple combination therapy: Effect on haemodynamics



Upfront triple combination therapy: Long-term outcome / survival

- Long-term follow-up (n=19)
 - Median follow-up: 58.7 months (IQR: 52.5 70.0 months)
 - Two patients underwent LT (after 3.8 and 41.4 months)
 - 17 patients well and alive in NYHA FC I-II
 - 7 patients with mPAP < 35 mmHg (incl. one < 20 mmHg)

• Survival (n=19)

	1-year	2-year	3-year	5-year
Actual	100%	100%	100%	100%
Expected* [95% CI]	75% [68%-82%]	60% [50%-70%]	49% [38%-60%]	-
Transplant-free	94%	94%	94%	89%

^{*} according to the French equation (Humbert M, et al. Eur Respir J 2010)

The AMBITION trial

Initial Use of Ambrisentan plus Tadalafil in Pulmonary Arterial Hypertension

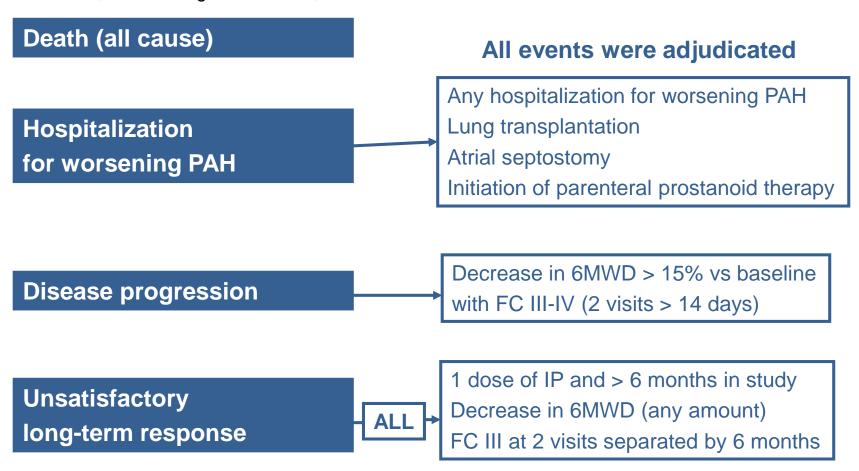
N. Galiè, J.A. Barberà, A.E. Frost, H.-A. Ghofrani, M.M. Hoeper, V.V. McLaughlin, A.J. Peacock, G. Simonneau, J.-L. Vachiery, E. Grünig, R.J. Oudiz, A. Vonk-Noordegraaf, R.J. White, C. Blair, H. Gillies, K.L. Miller, J.H.N. Harris, J. Langley, and L.J. Rubin, for the AMBITION Investigators*

- Event-driven study
- Initial combo AMB+TADA vs monotherapy AMB or TADA
- N=500 treatment-naïve patients with PAH (31% FC II)

The AMBITION trial: Primary endpoint

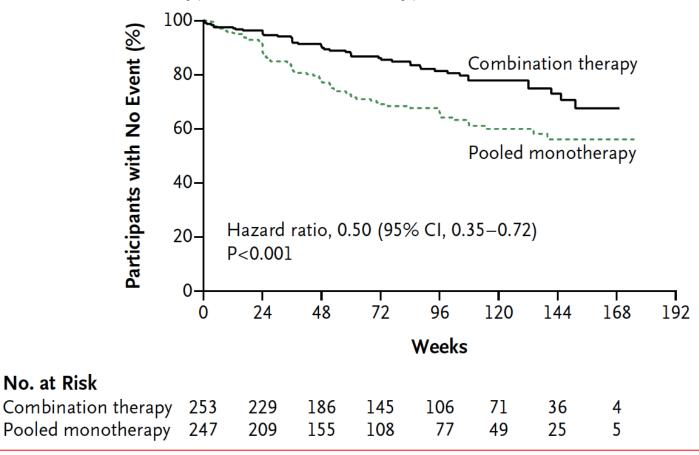
Time to first clinical failure event

Galiè N, et al. N Engl J Med 2015;273:834:44.



The AMBITION trial: main result

A Combination Therapy vs. Pooled Monotherapy



Hospitalisation for PAH worsening was the main component of the primary endpoint

Initial dual oral combination therapy in pulmonary arterial hypertension

Olivier Sitbon^{1,2,3}, Caroline Sattler^{1,2,3}, Laurent Bertoletti^{4,5}, Laurent Savale^{1,2,3}, Vincent Cottin⁶, Xavier Jaïs^{1,2,3}, Pascal De Groote⁷, Ari Chaouat^{8,9}, Céline Chabannes¹⁰, Emmanuel Bergot¹¹, Hélène Bouvaist¹², Claire Dauphin¹³, Arnaud Bourdin¹⁴, Fabrice Bauer¹⁵, David Montani^{1,2,3}, Marc Humbert^{1,2,3} and Gérald Simonneau^{1,2,3}

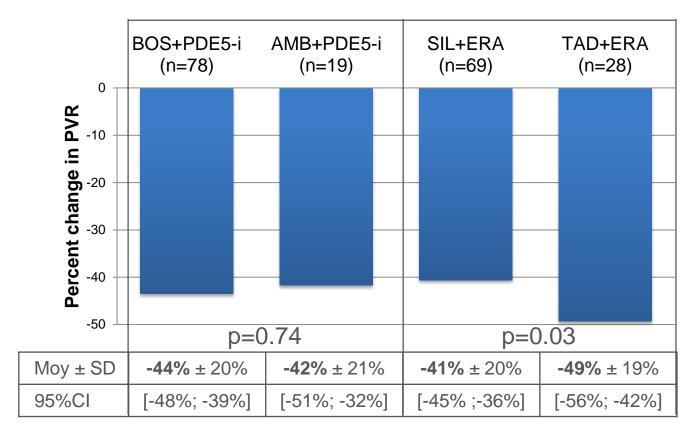


- 2007 2013
- 97 incident patients with PAH
 - Mean age 54
 - NYHA FC II-III (88%) & IV (12%)
- Initial dual oral combination therapy with ERA and PDE5i
 - BOS-SIL (n=61)
 - BOS-TAD (n=17)
 - AMB-SIL (n=8)
 - AMB-TAD (n=11)
- Median follow-up: 30 months [20 43]

Initial dual oral combination therapy for PAH: Experience of the French network

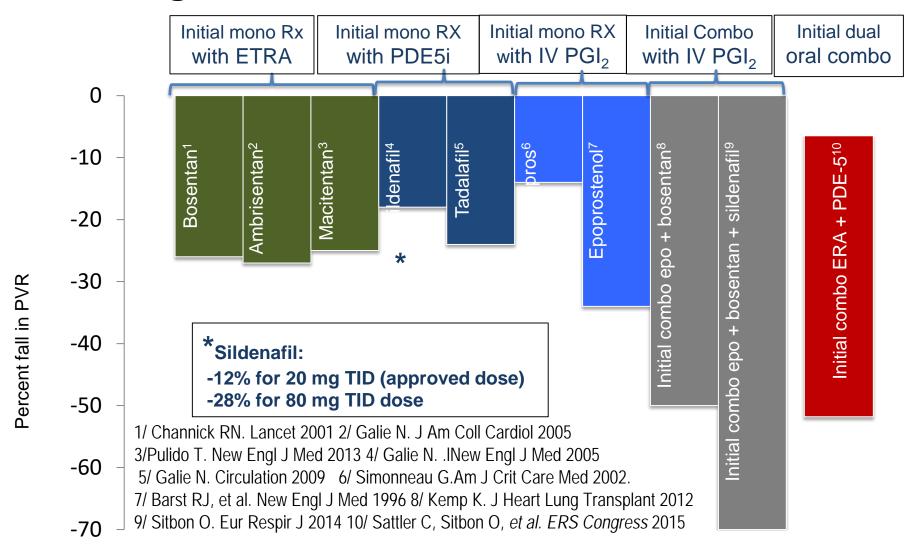
	Baseline	4 months	<i>p</i> -value
NYHA FC (I : II : III : IV), n	0:18:70:12	4:57:31:5	< 0.001
6MWD, m	324 ± 132	395 ± 114	< 0.00001
Haemodynamics			
RAP, mmHg	9.5 ± 5.7	6.7 ± 4.5	<.00001
mPAP, mmHg	53.9 ± 10.4	45.1 ± 10.9	< 0.00001
CI, L/min/m ²	2.14 ± 0.51	3.13 ± 0.79	< 0.00001
PVR, dyn.s.cm ⁻⁵	1021 ± 357	565 ± 252 (-43%)	< 0.00001
Mean BP, mmHg	97.5 ± 17.7	87.2 ± 12.6	<.00001

Initial dual oral combination therapy in PAH: Change in PVR from baseline to first reassessment



*median 4.1 months [IQR: 3.5 – 4.9] BOS-SIL (n=61), BOS-TAD (n=17), AMB-SIL(n=8), AMB-TAD (n=11)

Hemodynamic effect of different PAH therapies: %Changes in PVR after 3-6 months









RESPITE: switching to riociguat in pulmonary arterial hypertension patients with inadequate response to phosphodiesterase-5 inhibitors

Marius M. Hoeper¹, Gérald Simonneau², Paul A. Corris³, Hossein-Ardeschir Ghofrani^{4,5}, James R. Klinger⁶, David Langleben⁷, Robert Naeije⁸, Pavel Jansa⁹, Stephan Rosenkranz^{10,11}, Laura Scelsi¹², Ekkehard Grünig¹³, Carmine Dario Vizza ¹⁴, MiKyung Chang¹⁵, Pablo Colorado¹⁶, Christian Meier¹⁵, Dennis Busse¹⁷ and Raymond L. Benza¹⁸

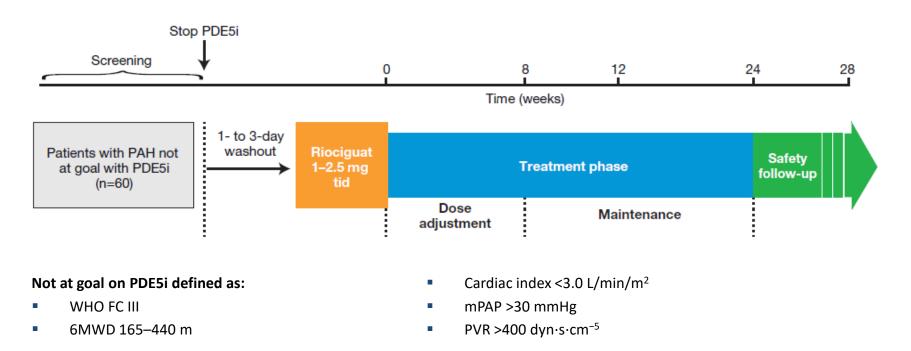
RESPITE study: Clinical implications

- Preliminary data from the interim analysis of RESPITE (n=30) support the hypothesis that patients with PAH who have an insufficient response to PDE5i therapy may benefit from a transition to riociguat
- Transition to riociguat is an option that could be favourable to both PAH
 patients who have an insufficient response to PDE5i therapy and
 physicians, rather than increasing treatment burden with combination
 therapy
- The efficacy of riociguat treatment in patients who have previously failed to respond to PDE5i therapy supports preclinical data that suggest that riociguat has a different mode of action to PDE5is



Design of the RESPITE study

Open-label, multicenter, uncontrolled Phase IIIb pilot study





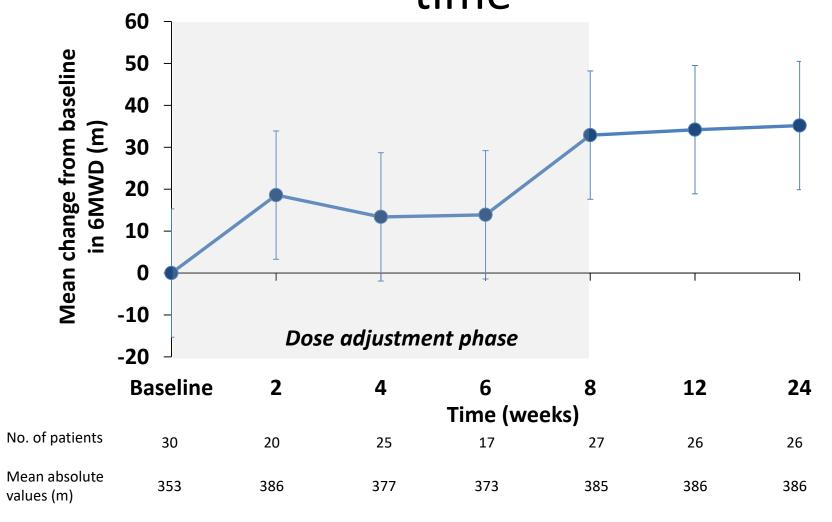
Demographics at baseline

Parameter	Riociguat up to 2.5 mg tid (n=30)
Female, n (%)	22 (73)
Caucasian, n (%)	28 (93)
Mean age, years (SD)	58 (13)
Mean BMI, kg/m² (SD)	28.0 (5)
Dana Point classification of PH, n (%) 1.1 idiopathic PAH 1.3 Toxin induced 1.4 APAH congenital heart disease	27 (90) 1 (3) 2 (7)
Pretreated with ERA, n (%)	22 (73)
Pretreated with sildenafil, n (%)	21 (70)
Pretreated with tadalafil, n (%)	9 (30)
Mean time since first PH diagnosis, years (SD)	4 (4)
Mean 6MWD, m (SD)	353 (78)
WHO FC III, n (%)	30 (100)
NT-proBNP, pg/mL [screening NT-proBNP, pg/mL]*	2208 (2961) [1564 (2179)]
eGFR, mL/min/1.73 m ²	71 (20)

Hoeper M and coll ERJ 2017:50



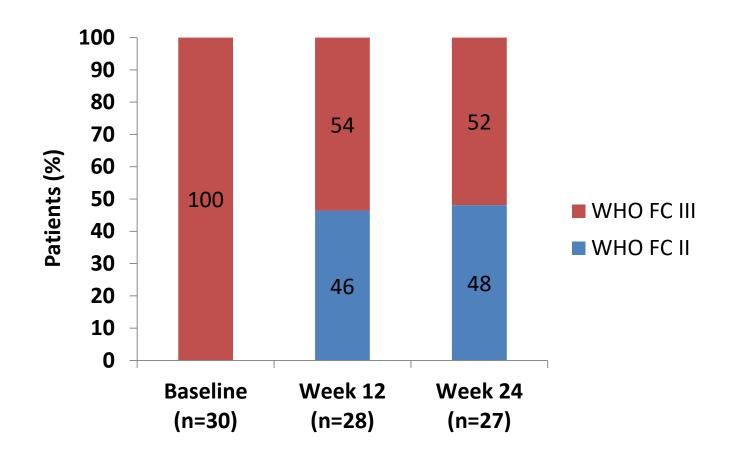
6MWD: Change from baseline over time



Data are mean ± standard error of the mean. Baseline = the last documented value before start of riociguat treatment (Week 0 [post-washout] values; in cases where Week 0 values were not available, the screening value was used).



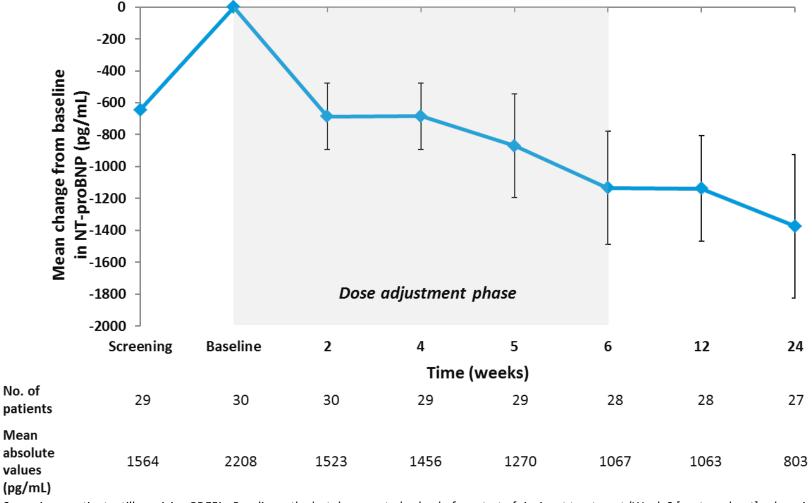
WHO FC: Change from baseline at Weeks 12 and 24



Baseline = the last documented value before start of riociguat treatment (Week 0 [post-washout] values; in cases where Week 0 values were not available, the screening value was used).



NT-proBNP: Change from baseline over time



Screening = patients still receiving PDE5is. Baseline = the last documented value before start of riociguat treatment (Week 0 [post-washout] values; in cases where Week 0 values were not available, the screening value was used).



Study drug-related and serious adverse events

AE, n (%)	Riociguat up to 2.5 mg tid (n=30)	
Study drug-related ^a AEs in ≥10% of patients		
Headache Dyspepsia Epistaxis Dizziness	5 (17) 4 (13) 4 (13) 3 (10)	
SAEs		
Any Right ventricular failure ^b Dyspepsia Pneumonia Subdural hematoma Depression Hypotension ^b	5 (17) 1 (3) 1 (3) 1 (3) 1 (3) 1 (3) 1 (3)	
Deaths (main study phase – 24 weeks)		
Any ^c Pneumonia Subdural hematoma	2 (7) 1 (3) 1 (3)	

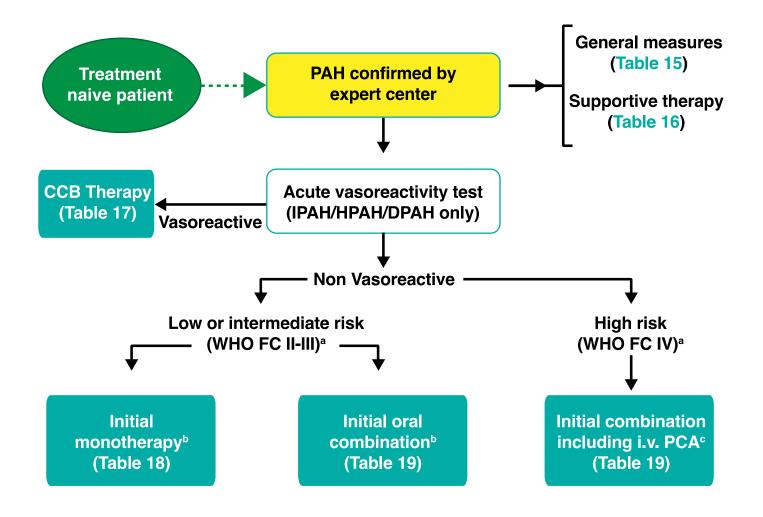
^aAs judged by the investigator. ^bEvents occurred in the same patient. ^cOne additional death occurred during the long-term extension. Hoeper MM, et al. Poster presented at ATS 2016, San Francisco, CA, USA. Hoeper MM, et al. Am J Respir Crit Care Med 2016;193:A6315.



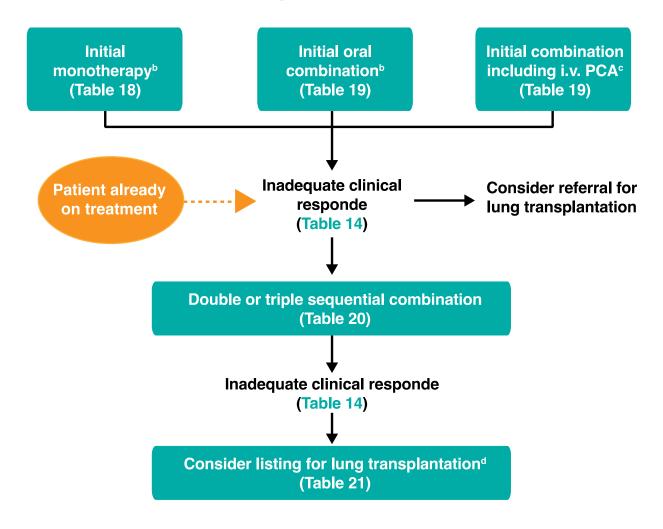
Conclusions

- In RESPITE, riociguat improved 6MWD, hemodynamics, NT-proBNP, and WHO FC in patients, who had an insufficient response to PDE5is
- Transition to riociguat was well tolerated with no new safety signals observed
- Randomized controlled trials are required to investigate this approach further

2015 ESC/ERS guidelines treatment algorithm



2015 ESC/ERS guidelines treatment algorithm



Quali novità nelle strategie terapeutiche dell'Ipertensione arteriosa polmonare?

- Miglior utilizzo dei farmaci attualmente disponibili
- La terapia sequenziale rallenta l'evoluzione di malattia
- L'approccio sequenziale è verosimilmente più efficace se precoce (goal oriented) ma non abbiamo forti evidenze scientifiche.
- Abbiamo solidi argomenti per un terapia d'attacco combinata:
- Con una PC parenterale (epoprostenol) o sc (Trepostinil) nei pazienti più gravi (IV NHYA e III avanzata) Ruolo Selexipag?
- Superiorità della doppia terapia orale rispetto alla mono nei pazienti in classe NYHA 2 e 3
- Non disponiamo di studi comparativi fra le diverse terapie di associazione e tra associazione d'emble e sequenziale combinata.