

# Ipertensione polmonare nelle malattie del parenchima polmonare

*Viaggio nel cuore*

Oliena (Nu)  
17-19 Settembre 2015

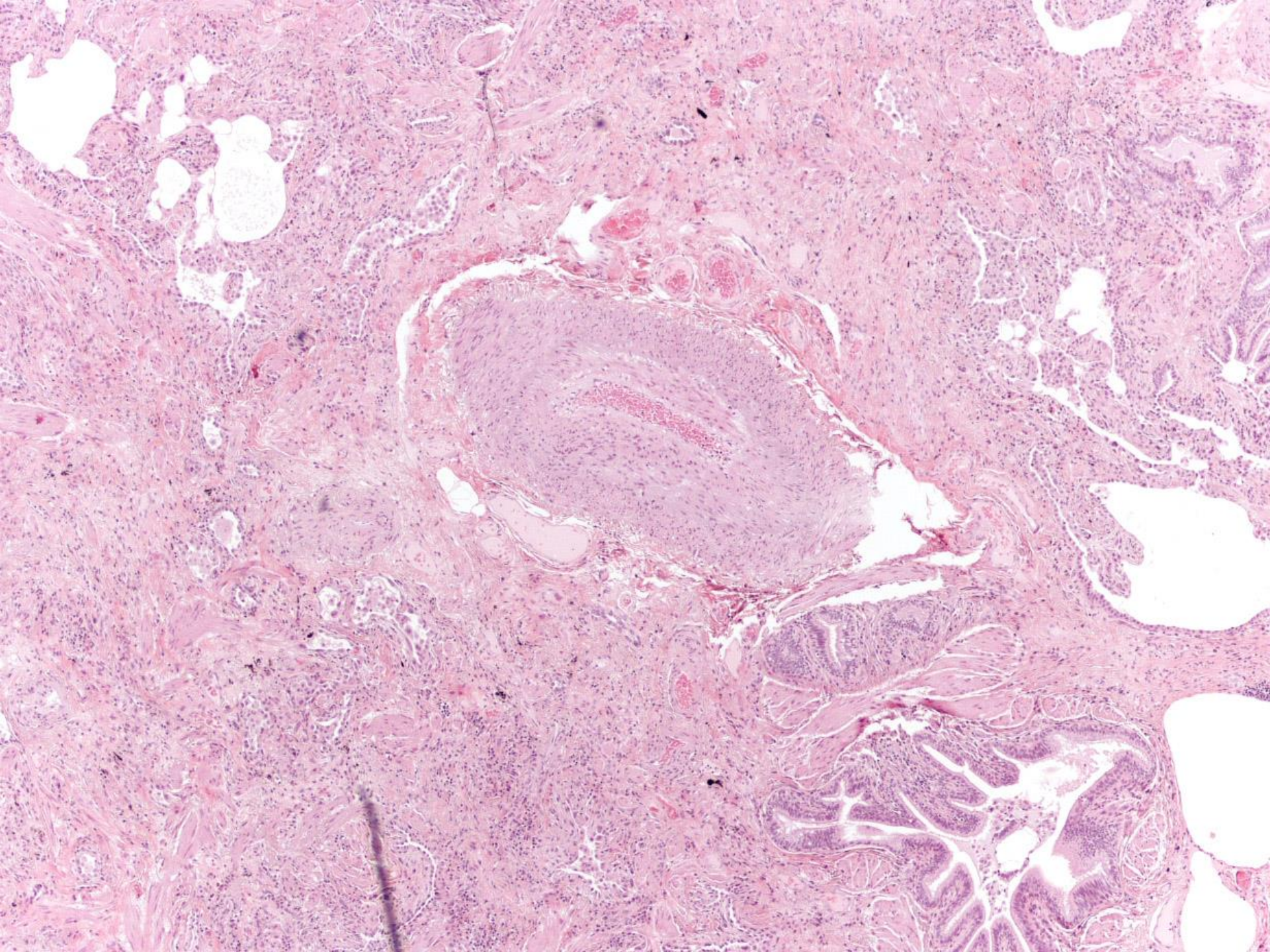
Sergio Harari  
U.O. di Pneumologia e UTIR  
Servizio di Emodinamica e  
Fisiopatologia Respiratoria  
Ospedale San Giuseppe - Milano

- ◆ Currently there is no specific therapy for PH associated with lung diseases.
- ◆ Published experience with targeted PAH drug therapy is scarce, and so far there is no evidence from RCTs suggesting that PAH drugs result in improved symptoms or outcomes in patients with lung disease.
- ◆ The use of drugs approved for PAH is not recommended for patients with PH due to lung disease.

# Disorders of the respiratory system and hypoxemia

- ◆ PH is generally mild or moderate (PAP < 30 mmHg), is not per se a predominant prognosis factor and not require specific therapeutic intervention (except oxygen therapy)
- ◆ Medial hypertrophy and mild intimal fibrosis







- ◆ The prevalence of PH in patients with ILD varies greatly as a function of the underlying disease and the diagnostic mode used to identify PH
- ◆ The most extensive data have been published in IPF

Author	Year	Patients	N	Diagnosis	Definition of PH	Prevalence, %
Leutche et al.	2004	IPF	28	RHC	mPAP>35 mmHg	21.4
Nadrous et al.	2005	IPF	88	Echo	sPAP>35 mmHg sPAP>50 mmHg	84 31
Hamada et al.	2007	IPF	70	RHC	mPAP>25 mmHg	8.1
Zisman et al.	2007	IPF	65	RHC	mPAP>25 mmHg	41.5
Patel et al.	2007	IPF	41	RHC	mPAP>25 mmHg +PCWP ≤15 mmHg	20
Shorr et al.	2007	IPF	2.5	RHC	mPAP>25 mmHg	46.1
Nathan et al.	2008	IPF	118	RHC	mPAP>25 mmHg	40.7
Song et al.	2009	IPF	131	Echo	sPAP>40 mmHg	25
Minai et al.	2009	IPF	148	RHC	mPAP>25mmHg mPAP>40mmHg	45.9 14.2
Kimura et al.	2012	IPF	101	RHC	mPAP > 20 mmHg	34,6

The incidence and prevalence of PH in IPF remain unclear, with widely varying estimates.

The differences reflect:

- ◆ varying patient populations
- ◆ varying underlying disease severity
- ◆ differing diagnostic modalities

# Pulmonary hypertension in IPF

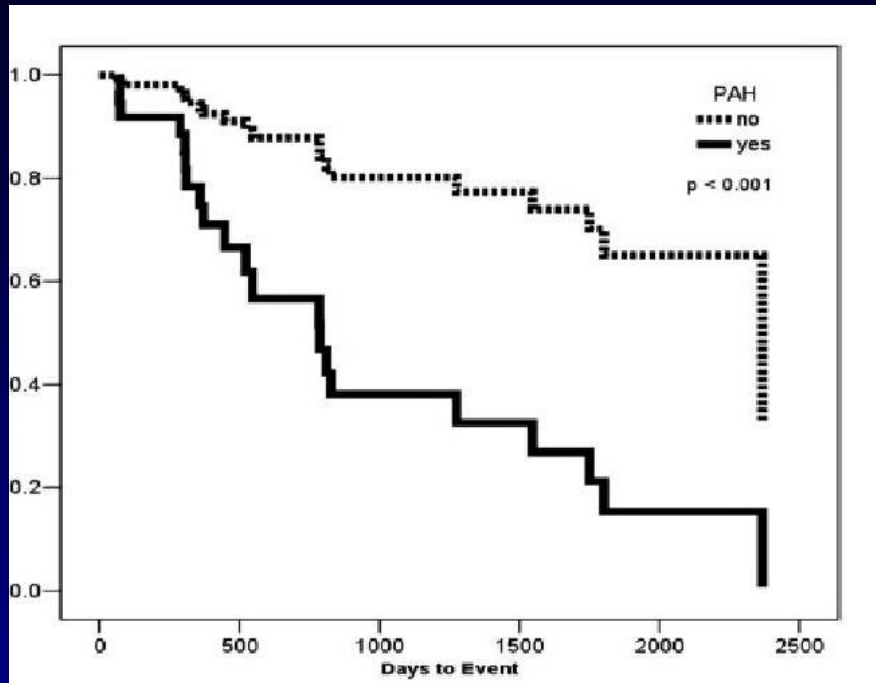
*Does it affect the prognosis  
of IPF?*



# Pulmonary hypertension in IPF

88 patients with IPF	PASP 0-34 mmHg (n=14)	PASP 35-49 mmHg (n=47)	PASP >50 mmHg (n=27)
Median survival	4.8y	4.1y	0.7y
1 year survival	100%	79%	44%
3 year survival	64%	61%	32%

# Pulmonary hypertension in IPF



Variables	MAP $\leq$ 25 mmHg (n= 10)	MAP > 25 mmHg (n= 24)	P value
MPAP, mmHg	18.2 $\pm$ 3.6	29.8 $\pm$ 5.1	NA
6MWT distance, m	365.9 $\pm$ 81.8	143.5 $\pm$ 65.5	< 0.001
SpO2 nadir on 6MWT, %	88.0 $\pm$ 3.5	80.1 $\pm$ 3.7	< 0.001
Mortality rate, %	37.5	70.0	0.003

**Table 1** Demographic and clinical data of the study population (n = 66)

Parameters	No
<b>Clinical parameters*</b>	
Age (years)	57 (12)
Gender (F:M)	28:38
Smoking (pack years)	27 non-smokers, 31 ex-smokers, 7 current smokers, 1 unknown
Time from presentation (months)	33 (4–264)
WHO class	3 (1–4)
Working diagnosis (based on multidisciplinary consensus including lung biopsy when available)	IPF (n = 16) Idiopathic NSIP (n = 6) CTD-related fibrosis (n = 17) Sarcoidosis (n = 12) Other interstitial diseases (n = 15)
Biopsy diagnosis	n = 13 (20%)
<b>Right heart catheter*</b>	
mPAP (mm Hg)	33.6 (11.8)
mRAP (mm Hg)	5.9 (4.2)
mLAP (mm Hg)†	10.7 (5.1)
PVR (Wood units)	5.9 (4.3)
PVR index (Wood units/m <sup>2</sup> )	10.4 (7.1)
Cardiac output (l/min)	4.3 (1.2)
Cardiac index (l/min/m <sup>2</sup> )	2.3 (0.5)
<b>Echocardiography</b>	
RVSP (mm Hg, n = 48)	56 (24–102)
PAT (ms, n = 46)	100 (33–144)
<b>Pulmonary function</b>	
TLco % (n = 65)	29.6 (14.7)
Kco % (n = 65)	52.0 (19.7)
TLC % (n = 61)	72.5 (20.2)
FEV <sub>1</sub> % (n = 62)	62.4 (23.3)
FVC % (n = 62)	67.9 (23.1)
Pao <sub>2</sub> (kPa, n = 61)	8.4 (2.2)
Paco <sub>2</sub> (kPa, n = 61)	5.0 (0.9)
CPI (n = 62)	56.9 (14.6)
<b>6MWT (n = 42)</b>	
End Spo <sub>2</sub> (%)	81.4 (8.4)
6MWT distance (m)	254.6 (128.1)

Pulmonary vascular resistance predicts early mortality in patients with diffuse fibrotic disease and suspected pulmonary hypertension

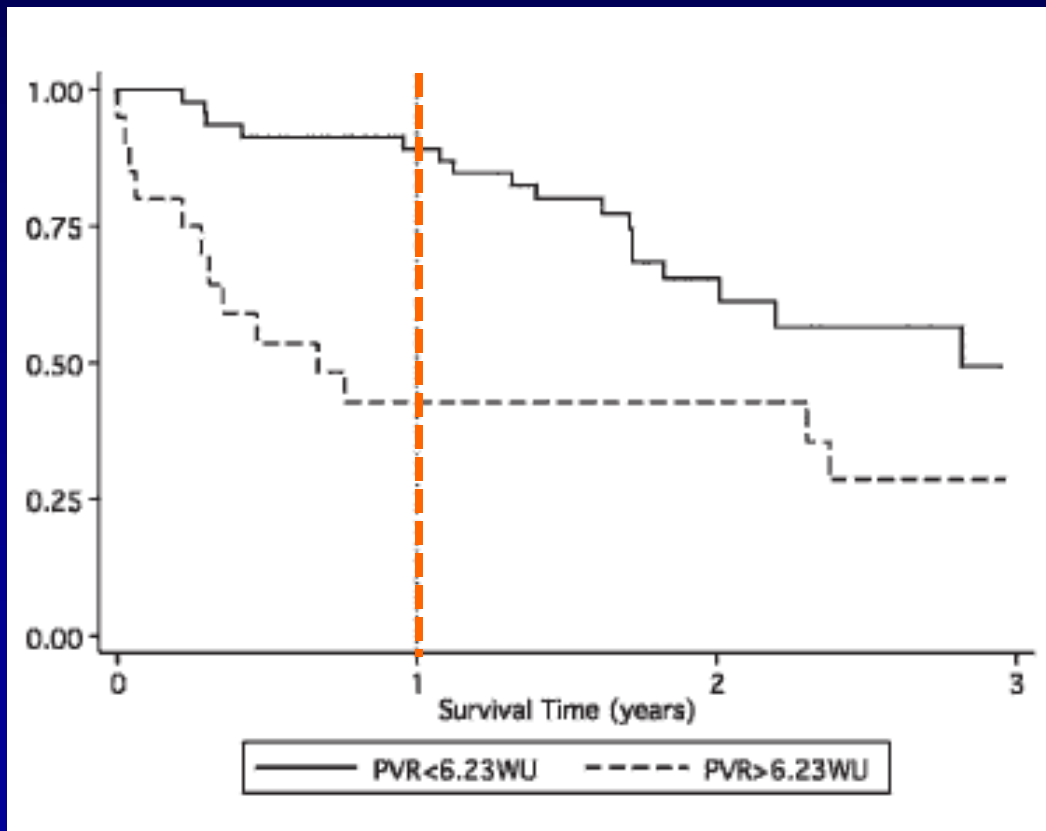
Corte TJ et al. Thorax 2009; 64: 883

**Table 2** Comparison of patients dying within 12 months with those surviving at 12 months

	Death within 12 months	Survival at 12 months	p Value*
mPAP (mm Hg)	39.0 (14.1)	31.7 (10.4)	0.03
PVR (WU)	9.4 (5.8)	4.6 (2.8)	<0.001
PVR index (WU/m <sup>2</sup> )	16.4 (9.7)	8.5 (4.8)	<0.001
mLAP (mm Hg)	12.2 (6.4)	9.5 (5.0)	0.11
Cardiac output (l/min)	3.8 (1.3)	4.4 (1.1)	0.06
PAT (ms)	69.4 (21.2)	99.5 (28.1)	0.005
Pao <sub>2</sub> (kPa)	7.4 (1.4)	8.8 (2.3)	0.03

# Pulmonary vascular resistance predicts early mortality in patients with diffuse fibrotic disease and suspected pulmonary hypertension

Corte TJ et al. Thorax 2009; 64: 883



In severe diffuse lung disease, raised PVR strongly predicts death within 1 year independent of disease severity or diagnosis of IPF.

PVR is superior to other measurements at RHC and also to non-invasive tests (alone or in combination). These findings suggest that, in advanced lung disease, prognostic information that is only obtainable by RHC has important management implications



- ◆ The presence of PH in IPF is associated with higher mortality and its development contributes to the deterioration of IPF patients

# Pulmonary hypertension in IPF

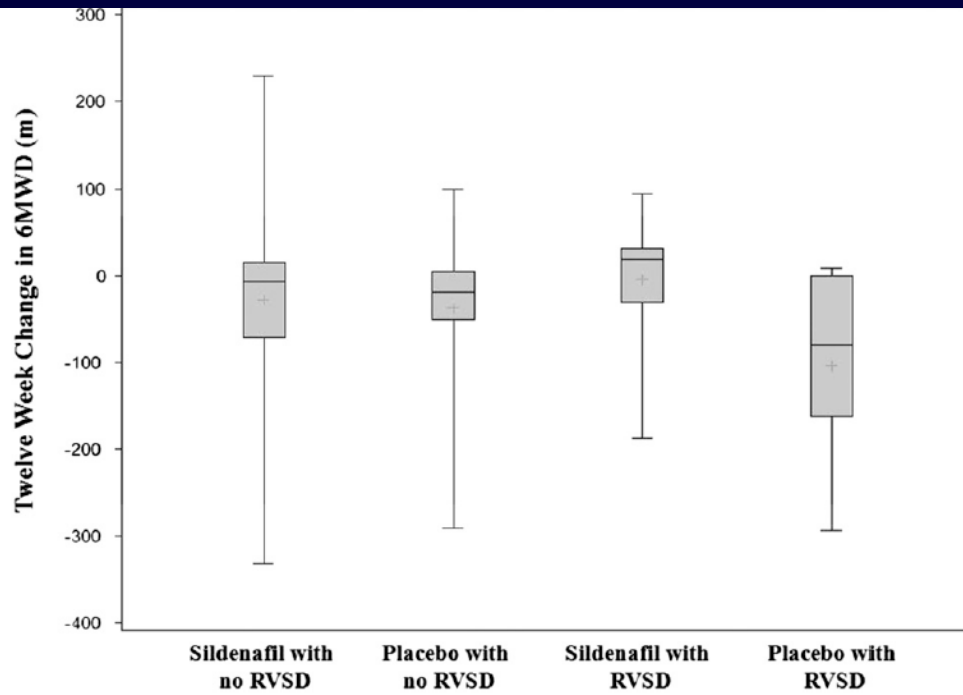
*Any future for medical  
therapies ??*

# Sildenafil in IPF with Right-sided Ventricular Dysfunction

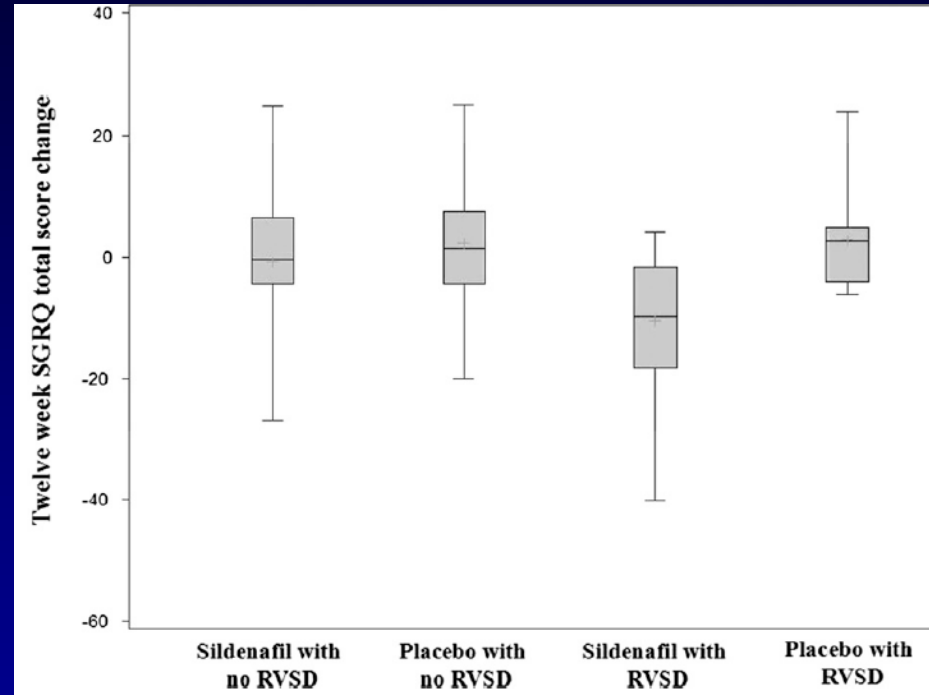
## A substudy of STEP-IPF

- Of 180 subjects enrolled into STEP-IPF, echocardiograms from 119 were available for independent review (sildenafil, n 56; placebo, n 63)
- Right ventricular hypertrophy (RVH), right ventricular systolic dysfunction (RVSD), and right ventricular systolic pressure (RVSP) were assessed.
- Multivariable linear regression models estimated the relationship between RV abnormality, sildenafil treatment, and changes in 6MWD,
- St. George's Respiratory Questionnaire (SGRQ), the EuroQol instrument, and SF-36 Health Survey (SF-36) from enrollment to 12 weeks.

# Sildenafil in IPF with Right-sided Ventricular Dysfunction A substudy of STEP-IPF



Change in 6MWD at 12 weeks by treatment and presence of RVSD



Change in SGRQ total score at 12 weeks by treatment and presence of RVSD

Patients with any evidence of RVSD treated with sildenafil demonstrated a 99.3 m greater 6MWD as compared with those treated with placebo.

Treatment with sildenafil in subjects with RVSD resulted in a significantly lower SGRQ total score



# Riociguat for interstitial lung disease and pulmonary hypertension: a pilot trial

Hoeper MM. et al. *Eur Respir J* 2013;41: 853 - 860

**TABLE 1**

Baseline demographics and clinical characteristics of the patients

<b>Patients n</b>	22
<b>Age years</b>	60.5 (33.0–80.0)
<b>White ethnicity</b>	22 (100.0)
<b>Male sex</b>	14 (63.6)
<b>BMI kg·m<sup>-2</sup></b>	26±4
<b>WHO functional class</b>	
III	19 (86.4)
IV	3 (13.6)
<b>6-min walk distance m</b>	316±96
<b>Underlying disease</b>	
Idiopathic pulmonary fibrosis	13 (59.1)
Non-specific interstitial lung disease	5 (22.7)
Sarcoidosis	3 (13.6)
Systemic sclerosis	1 (4.5)
<b>Pulmonary function</b>	
TLC % pred	67±12
FVC % pred	67±20
FEV <sub>1</sub> % pred	67±17
DLCO* mmol·min <sup>-1</sup> ·kPa <sup>-1</sup>	2.7±1.5
<b>Haemodynamics and blood gases</b>	
Mean pulmonary artery pressure mmHg	40±10
Pulmonary vascular resistance dyn·s <sup>-1</sup> ·cm <sup>-5</sup>	656±201
Cardiac output L·min <sup>-1</sup>	4.3±1.4
Systolic blood pressure* mmHg	136±16
Heart rate* beats per minute	78±14
SpO <sub>2</sub> %	94±3
SvO <sub>2</sub> * %	62±12
PaCO <sub>2</sub> mmHg	39±7

# *Riociguat for interstitial lung disease and pulmonary hypertension: a pilot trial*

*Hoepfer MM. et al. Eur Respir J 2013;41: 853 - 860*

**Objective:** to assess the safety, tolerability and preliminary efficacy of riociguat, in patients with PH-ILD

**Design:** open-label, uncontrolled pilot trial

**Intervention:** patients received oral riociguat (1.0–2.5 mg three times daily) for 12 weeks (n=22), followed by an ongoing long-term extension (interim analysis at 12 months) in those eligible (n=15)

**Conclusions:** Riociguat was well tolerated by most patients and improved cardiac output and PVR, but not mPAP. Further studies are necessary to evaluate the safety and efficacy of riociguat in patients with PH-ILD.

# PH in chronic respiratory diseases

## Management

### ◆ Long-term oxygen therapy

- Stabilisation or mild improvement of hemodynamics <sup>1-4</sup>

### ◆ Lung transplantation

### ◆ Drug therapy

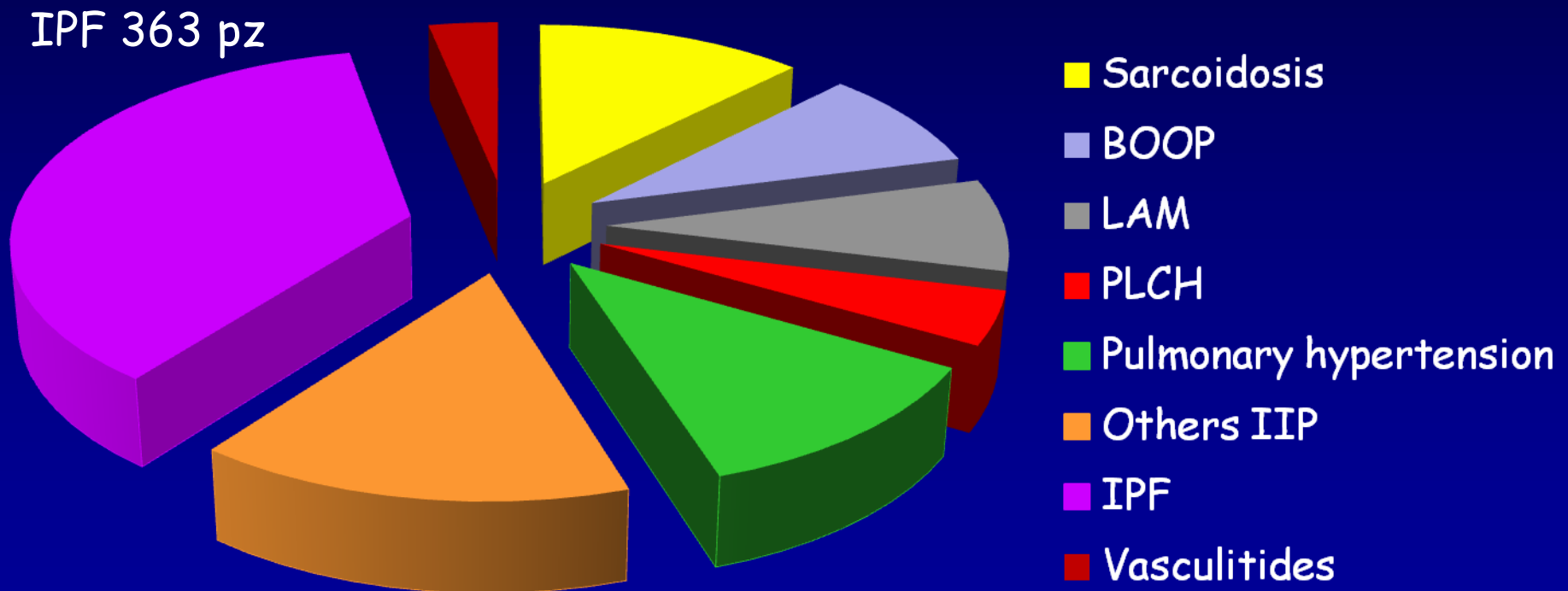
- No proven benefit of PAH-specific drugs (not recommended)
- IPF regardless of PH : no benefit (bosentan, macitentan), deleterious (ambrisentan), unclear benefit (sildenafil - riociguat)
- Possible improvement of hemodynamics with unclear clinical benefit and risk of deterioration of gas exchange <sup>5-10</sup>

1. MRC study, Lancet 1981; 1:681
2. NOTT study, Ann Intern Med 1980; 93: 391
3. Weitzenblum E et al, Am Rev Respir Dis 1985; 131: 493
4. Zielinski J et al, Chest 1998; 113: 65
5. Saadjian AY et al, Eur Respir J 1988; 1: 716
6. Agostoni P et al, Am Rev Respir Dis 1989; 139: 120
7. Melot C et al, Am Rev Respir Dis 1984; 130: 612
8. Bratel T et al, Eur Respir J 1990; 3: 46
9. Guenard H et al, In: Derenne JP et al, 1996; pp. 227–266
10. Ghofrani HA *et al.* Lancet 2002.

# Pulmonary rare diseases

Ospedale San Giuseppe Experience (2001- 2012)

Tot. 996 patients

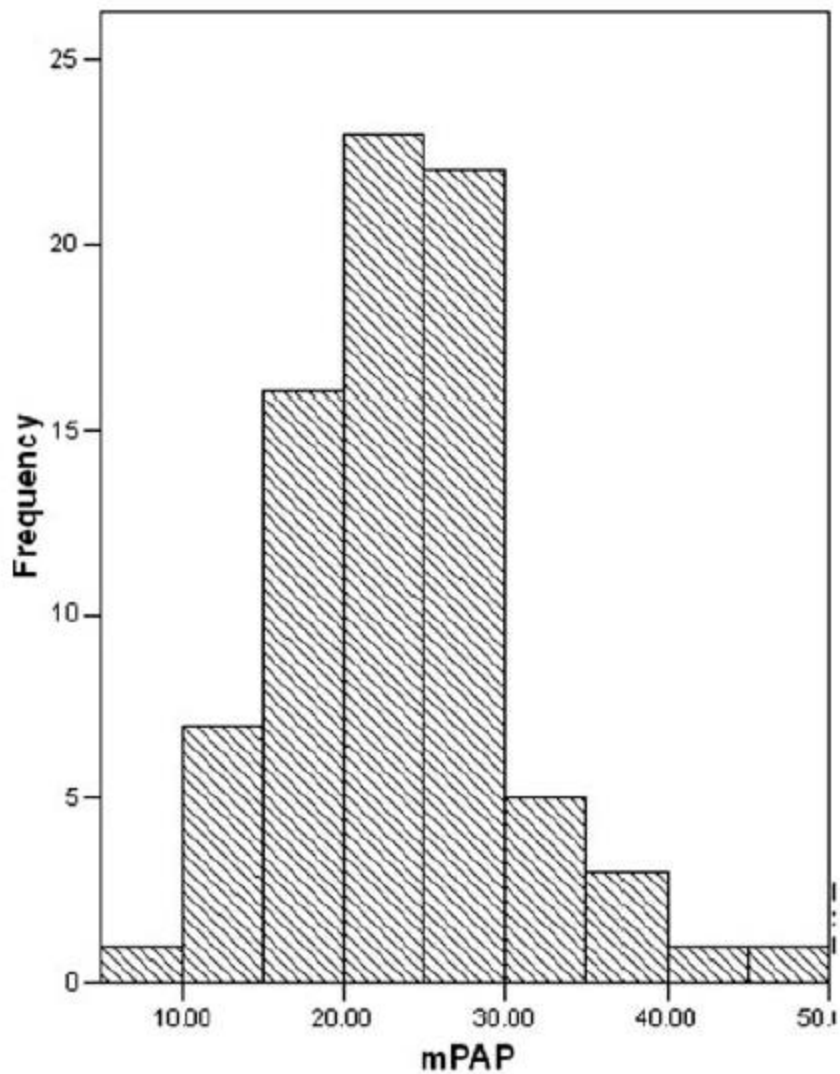




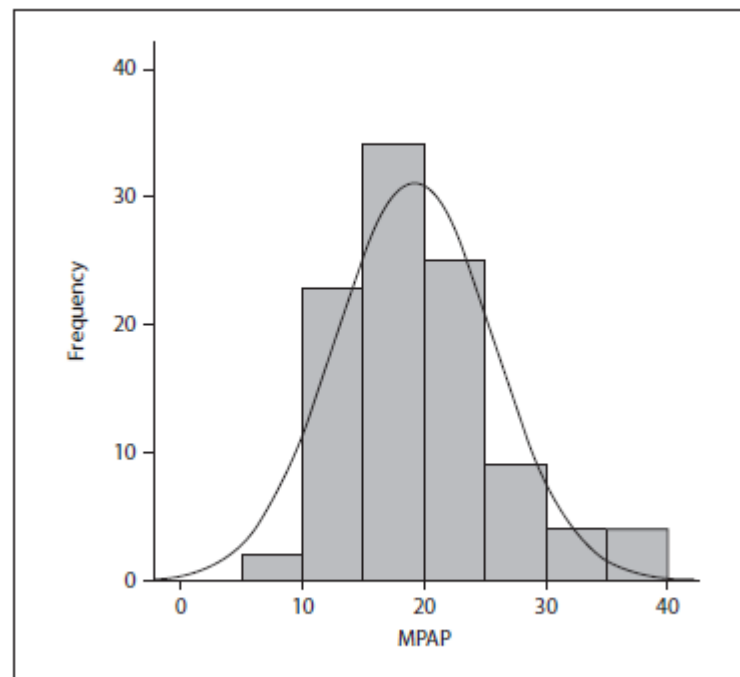
# RHC and 6MWD in IPF

Variables	MAP $\leq$ 25 mmHg (n= 17)	MAP > 25 mmHg (n= 13)	MAP > 35 mmHg (n= 4)	P value
MPAP, mmHg	19.4 $\pm$ 3.6	32.4 $\pm$ 6	40,5 $\pm$ 2,6	NA
6MWT distance, m	222.0 $\pm$ 118.5	222.3 $\pm$ 118.5	203.7 $\pm$ 128.3	>0.1
FVC, %	51.6 $\pm$ 13.8*	63.8 $\pm$ 16*	56.0 $\pm$ 6.7	<0.05
FEV1, %	58.3 $\pm$ 16.3	65.8 $\pm$ 18.8	55.2 $\pm$ 3.7	>0.05
DLCO, %	31.4 $\pm$ 9.6	24.2 $\pm$ 13.0	29.0 $\pm$ 7.4	>0.05
CI, l/min/m2	3.4 $\pm$ 0.55*	2.9 $\pm$ 0.7*	2.8 $\pm$ 0.6	<0.05
PVR, wood units	3.5 $\pm$ 1.1*	6.9 $\pm$ 1.4*	10.3 $\pm$ 2.0	<0.05

Our data suggest that meters walked during 6MWT are not statistically different in IPF patients with or without PH.  
6MWD should not be used as surrogate end point in clinical study in IPF-PH pts.



Lettieri CJ et al. Chest 2006, 129:746-52



Kimura M et al. Respiration 2012

# Haemodynamic classification of pulmonary hypertension due to lung diseases

Terminology	Haemodynamics (right heart catheterization)
COPD/IPF/CPFE without PH	PAPm <25 mmHg
COPD/IPF/CPFE with PH	PAPm $\geq$ 25 mmHg
COPD/IPF/CPFE with severe PH	PAPm >35 mmHg, or PAPm $\geq$ 25 mmHg in the presence of a low cardiac output (CI <2.5 L/min, not explained by other causes)

CI = cardiac index; COPD = chronic obstructive pulmonary disease; CPFE = combined pulmonary fibrosis and emphysema; IPF = idiopathic pulmonary fibrosis; PAP = pulmonary artery pressure; PAPm = mean pulmonary arterial pressure; PH = pulmonary hypertension.





## Combined pulmonary fibrosis and emphysema (CPFE)

Definition: Presence on HRCT of the chest of both:

- emphysema of the upper lobes (areas of abnormally low attenuation with a very thin wall [ $< 1$  cm] or no wall),
- opacities suggestive of fibrosis of the lung bases (reticular opacities, basal and subpleural predominance, traction bronchiectasis, possibly honeycombing, with no or little ground glass opacities or consolidation).

# PH in CPFE

PH is frequent in patients with the CPFE syndrome, with 47% of patients with estimated systolic right ventricular pressure  $\geq 45$  mmHg at echocardiography.

The risk of developing pulmonary hypertension is much higher in CPFE than in IPF without emphysema

The prognosis of CPFE is worse than that of IPF without emphysema, an outcome determined by severe pulmonary hypertension and not only by the presence of associated emphysema

# PH in patients with CPFE

A retrospective multicentre study was conducted in 40 patients (38 males; age  $68 \pm 9$  yrs; 39 smokers). Dyspnoea was functional class II in 15%, III in 55% and IV in 30%. 6-min walk distance was  $244 \pm 126$  m. FVC was  $86 \pm 18\%$ , FEV1  $78 \pm 19\%$ , and DLCO  $28 \pm 16\%$  of predicted.

PaO<sub>2</sub> on room air was  $56 \pm 12$  mmHg).

Mean pulmonary artery pressure was  $40 \pm 9$  mmHg, cardiac index  $2.5 \pm 0.7$  and pulmonary vascular resistance  $521 \pm 205$ .

# PH in patients with CPFE

Although the efficacy of drugs specifically indicated in pulmonary arterial hypertension has not been demonstrated in patients with pulmonary parenchymal disorders and associated out-of-proportion pulmonary hypertension, **a large number of patients from were treated off-label** on an individual basis, thereby providing some preliminary information on the efficacy and safety of pulmonary hypertension therapy in this condition.

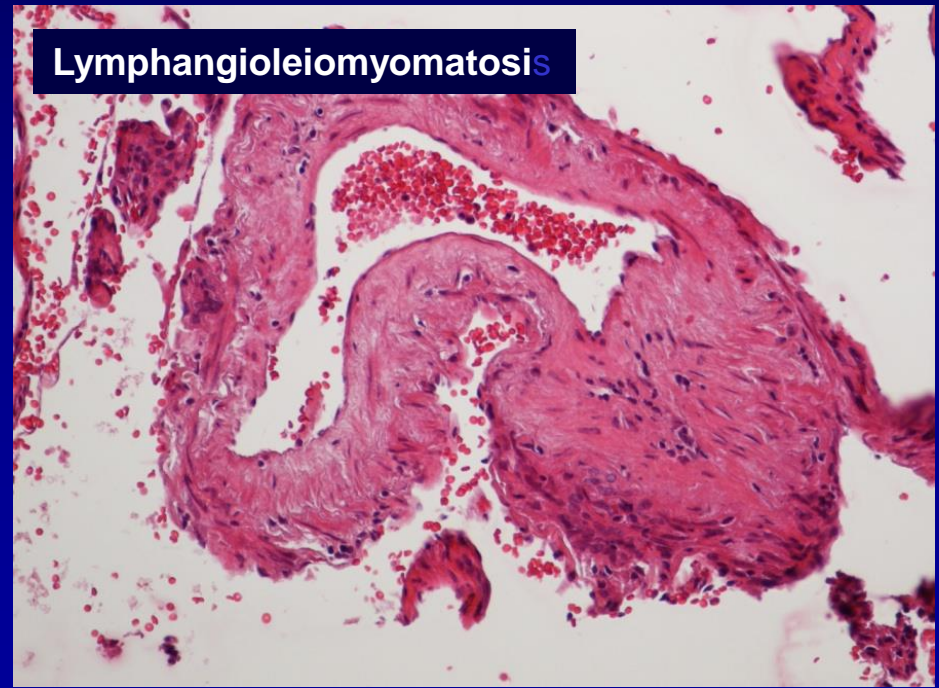
**No significant effect of treatment was found on survival.**

# Involvement of pulmonary vessels by the disease process

- ◆ Pulmonary Langerhans cell histiocytosis
- ◆ Lymphangioleiomyomatosis
- ◆ Sarcoidosis

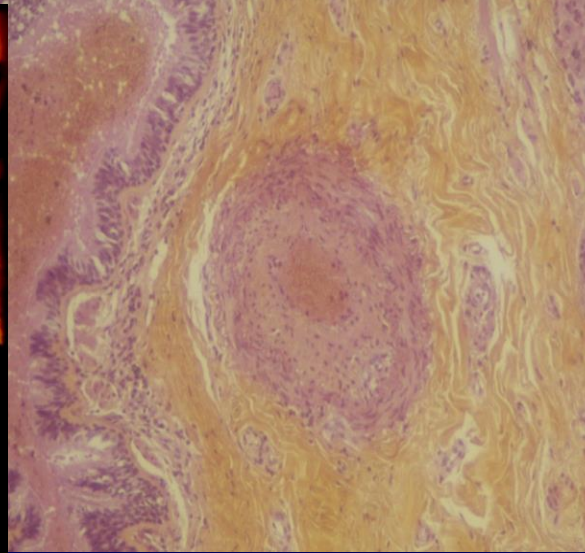
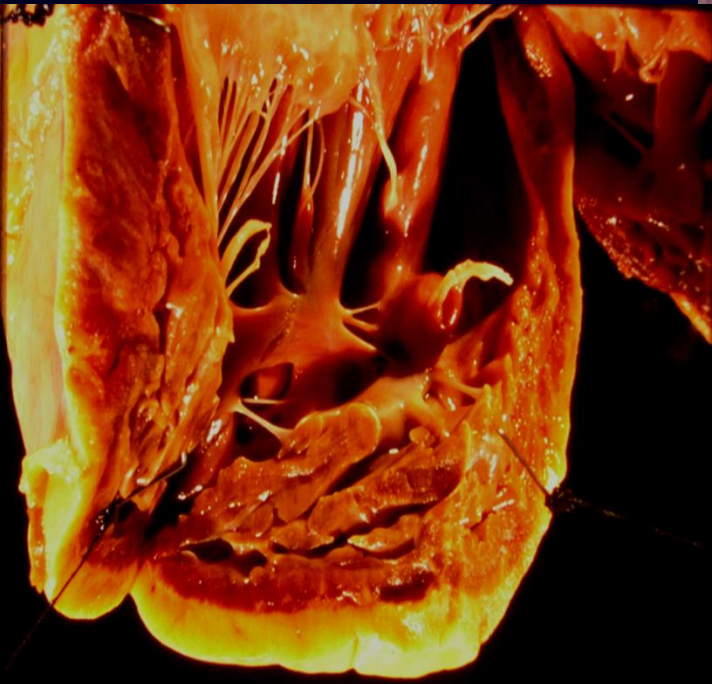


Corte T et al, Respirology 2011;16:69-77

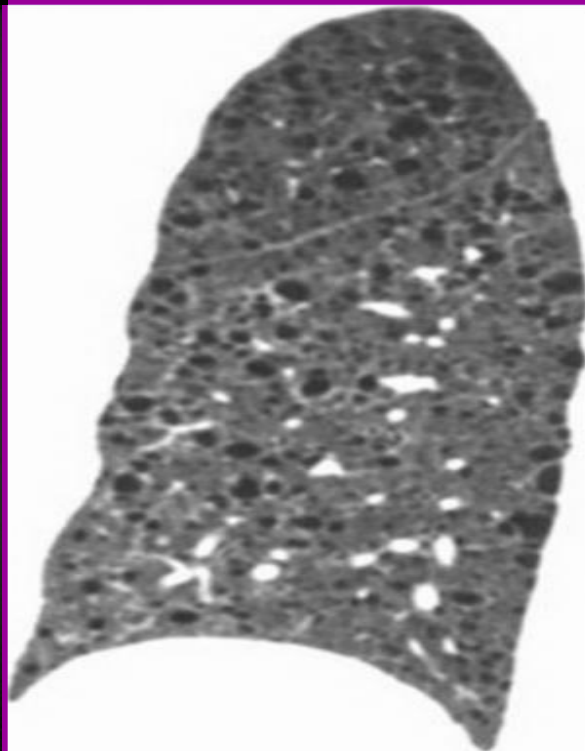
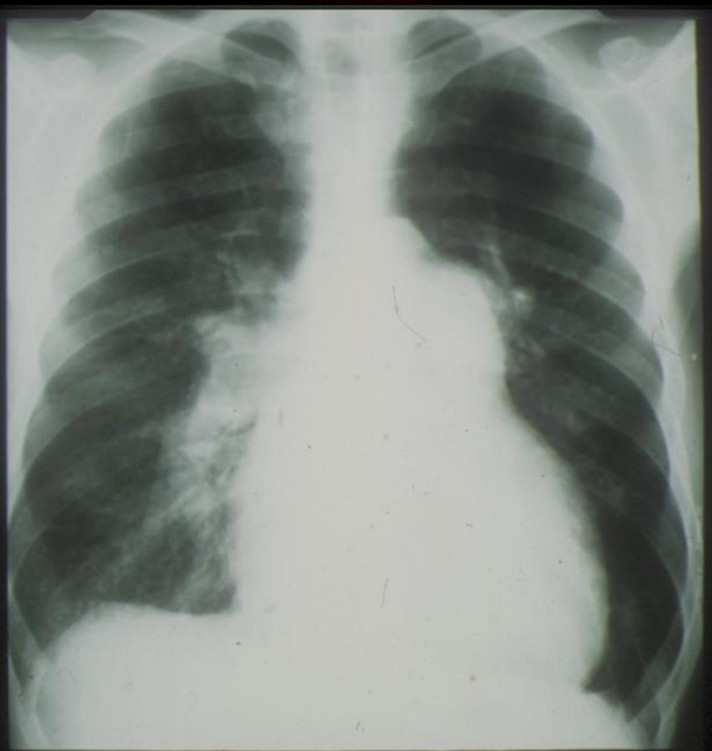
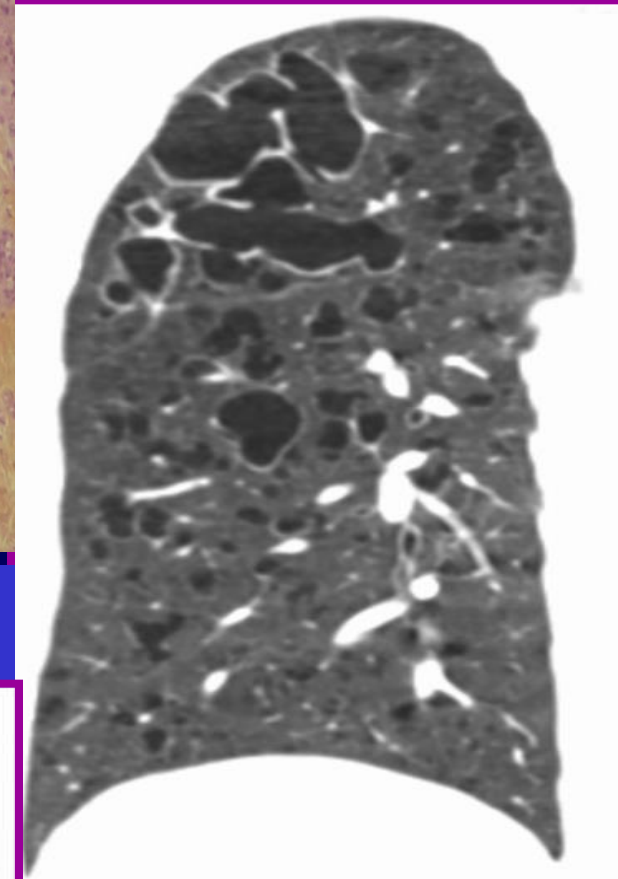


Cottin V et al, Eur Respir J 2012;40:630-40



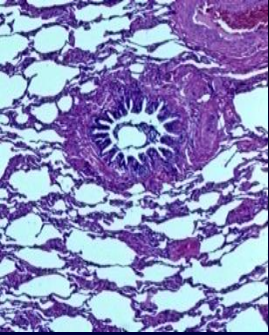


*PLCH*



*LAM*



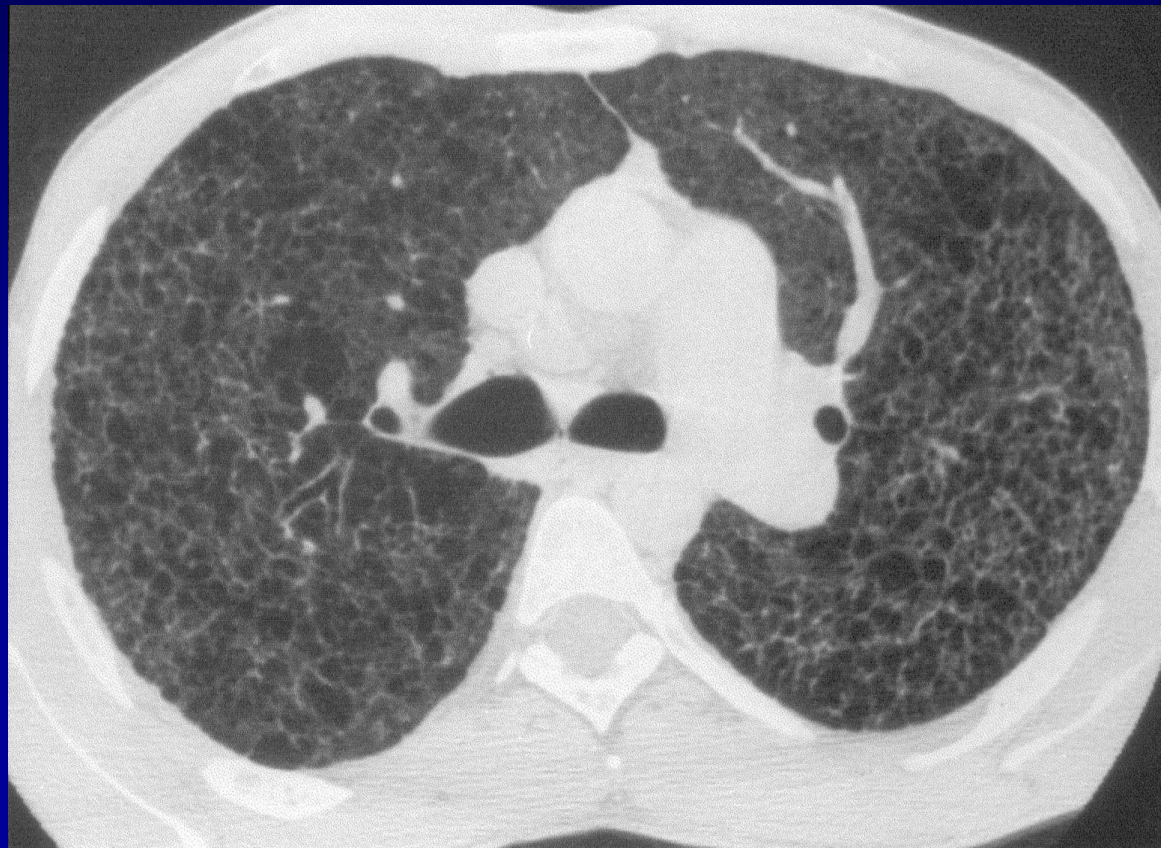


# PULMONARY HYPERTENSION DIAGNOSTIC CLASSIFICATION

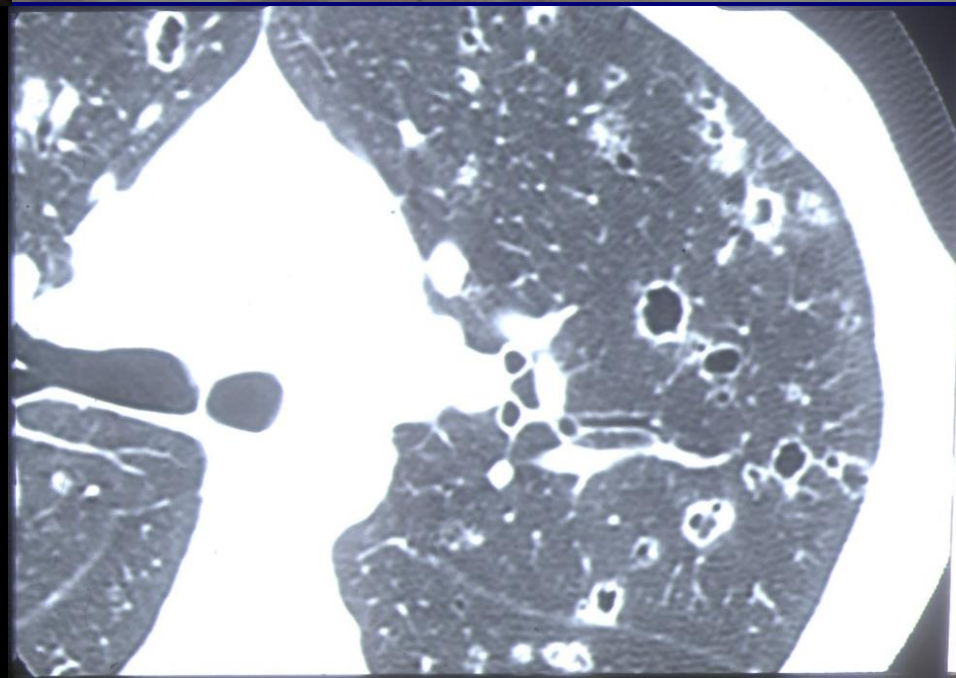
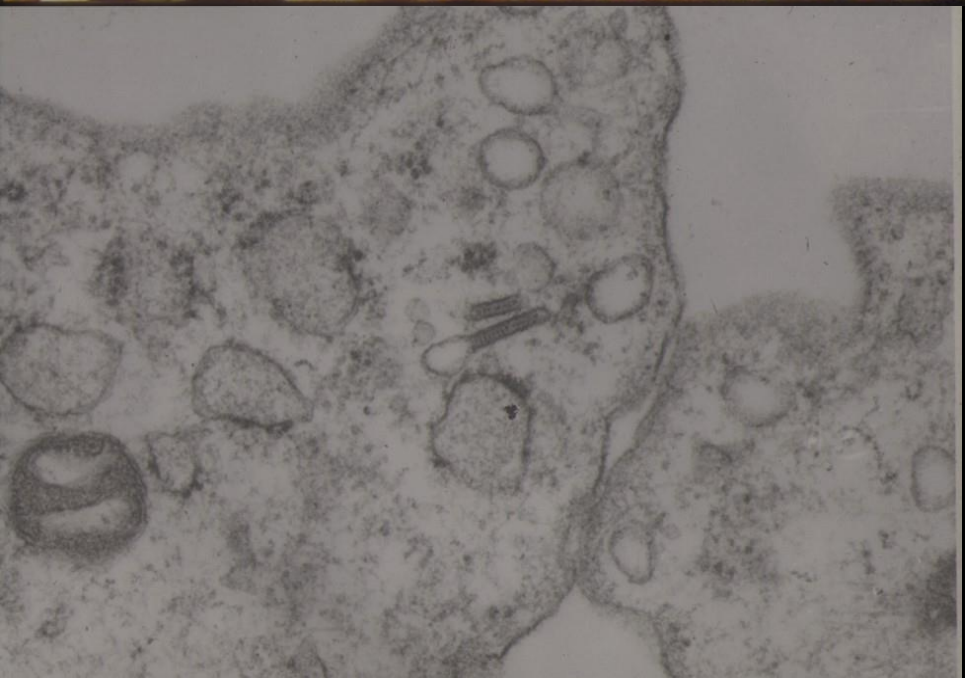
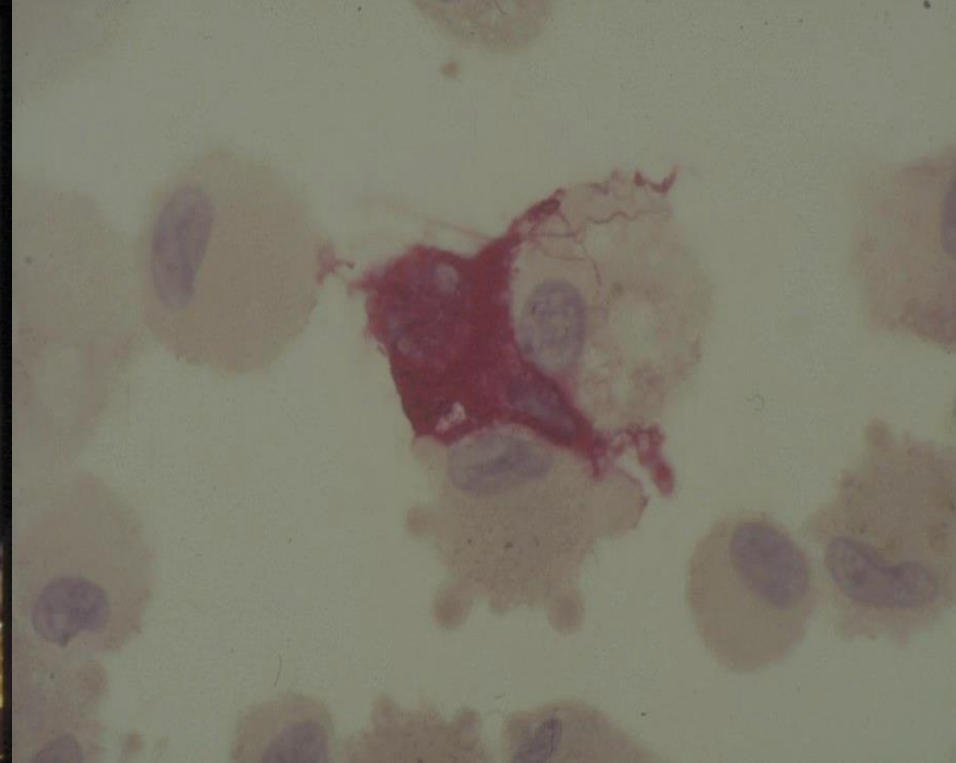
(updated 4th WSPAH-Dana Point 2008)

## 5. PH with unclear or multifactorial mechanisms

- Histiocytosis X







# IS PULMONARY LCH A HYPERTENSIVE DISEASE?

18 LCH PATIENTS

FEV1

42.8%  $\pm$  15.5 S.D.

TLC

99.9%  $\pm$  18.8 S.D.

Tiffenau

55.4%  $\pm$  13.9 S.D.

PaO2

57.7  $\pm$  10.6 S.D.

PAPm

55.9  $\pm$  12 S.D.

C.I.

2.77  $\pm$  0.71 S.D.

PVRi

17.6  $\pm$  6.5 S.D.

Harari S., Simonneau G. Brenot F. et Coll.

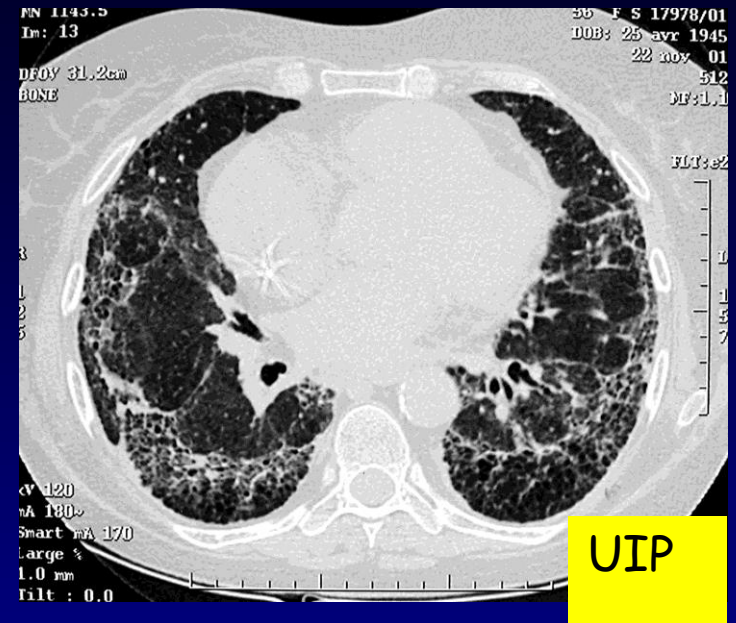
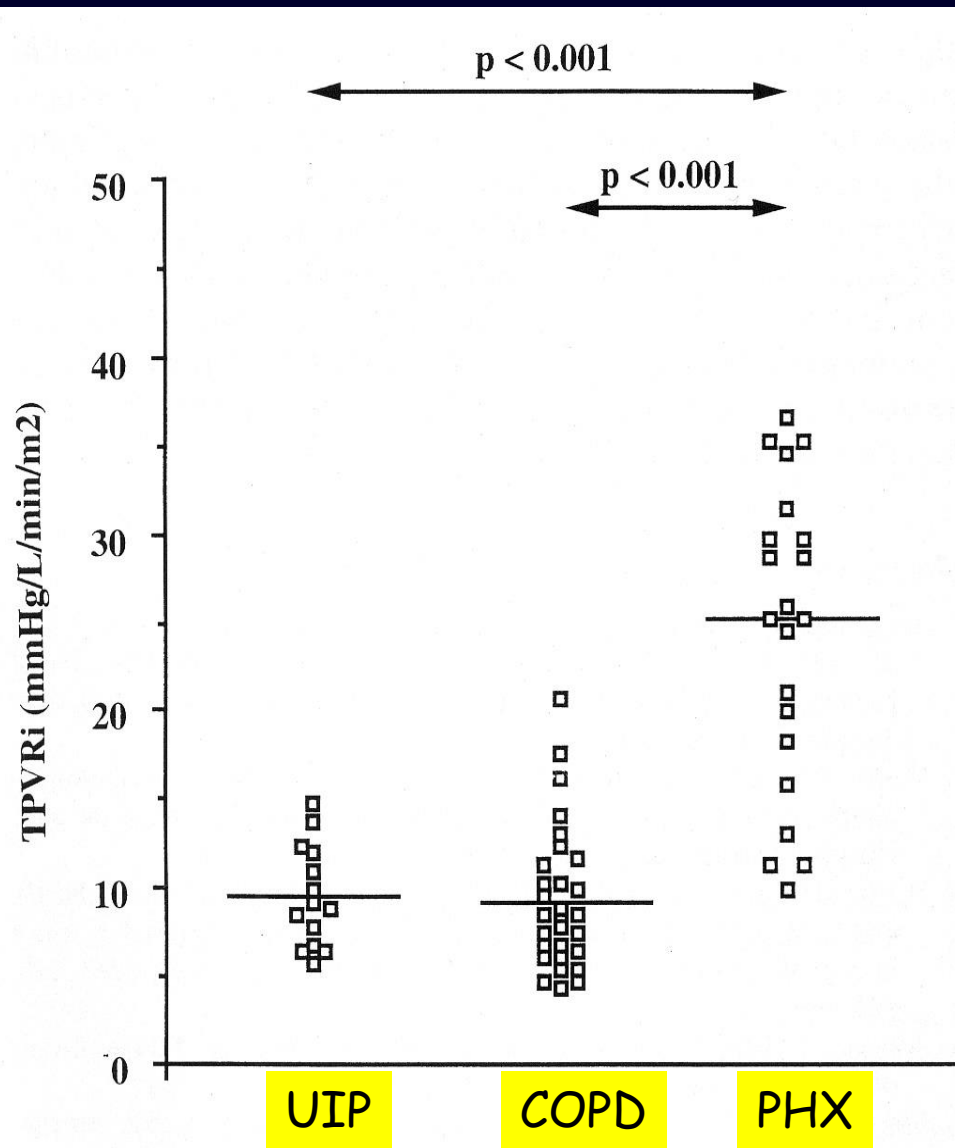
J Heart Lung Transplant 1997 Apr;16(4):460-463

## PULMONARY VASCULAR INVOLVEMENT IN HISTIOCYTOSIS X

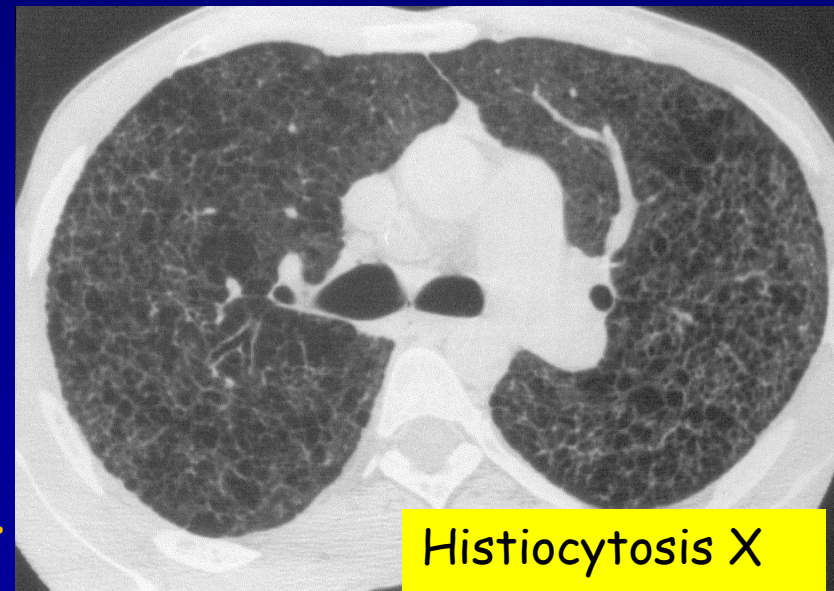
- ◆ 21 pts with advanced PLCH referred for LTx
- ◆ All of them had moderate-to-severe PH
- ◆ mPAP:  $59 \pm 4$  mm Hg (range 36-74 mmHg)
- ◆ No correlation between mPAP and PFT
- ◆ Pathological findings (n = 12): intrinsic proliferative vasculopathy involving both small to medium-sized arteries and septal veins. VOD in 1/3 of pts



# PULMONARY VASCULAR INVOLVEMENT IN HISTIOCYTOSIS X



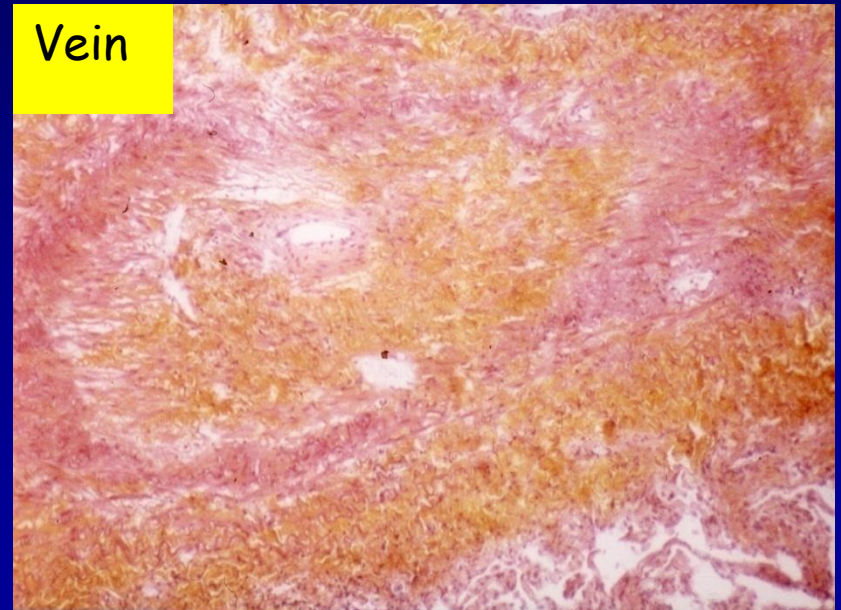
UIP



Histiocytosis X

# PULMONARY VASCULAR INVOLVEMENT IN HISTIOCYTOSIS X

- Pulmonary histiocytosis X = marked pulmonary vascular remodeling predominantly affecting pulmonary veins
- In patients with sequential histologies, this pulmonary vasculopathy was progressing with time (while parenchymal lesions were stable)
- A case of steroid-sensitive pulmonary hypertension has been reported (specific steroid-sensitive vasculopathy?)

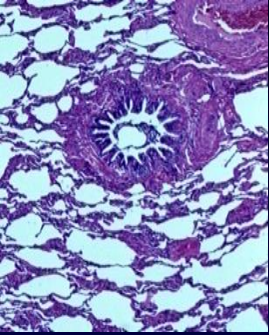


*Fartoukh et al. Am J Respir Crit Care Med 2000; 161:216-23*

*Harari S. et al. Chest 1997; 111: 1142-44*

*Benyounes et al. Chest 1996; 110:284-6*



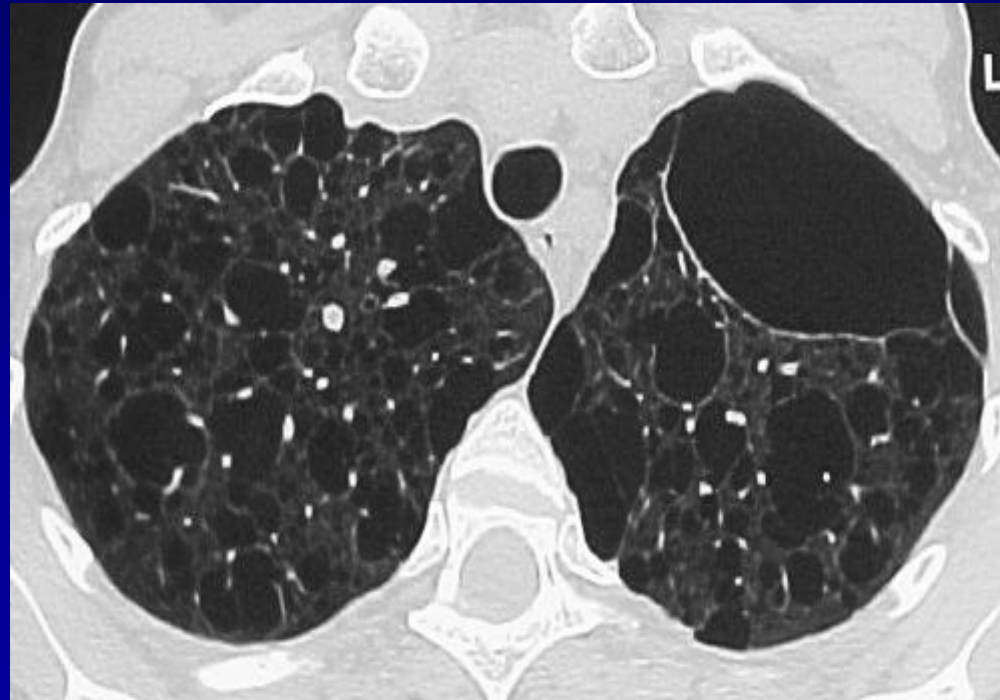


# PULMONARY HYPERTENSION DIAGNOSTIC CLASSIFICATION

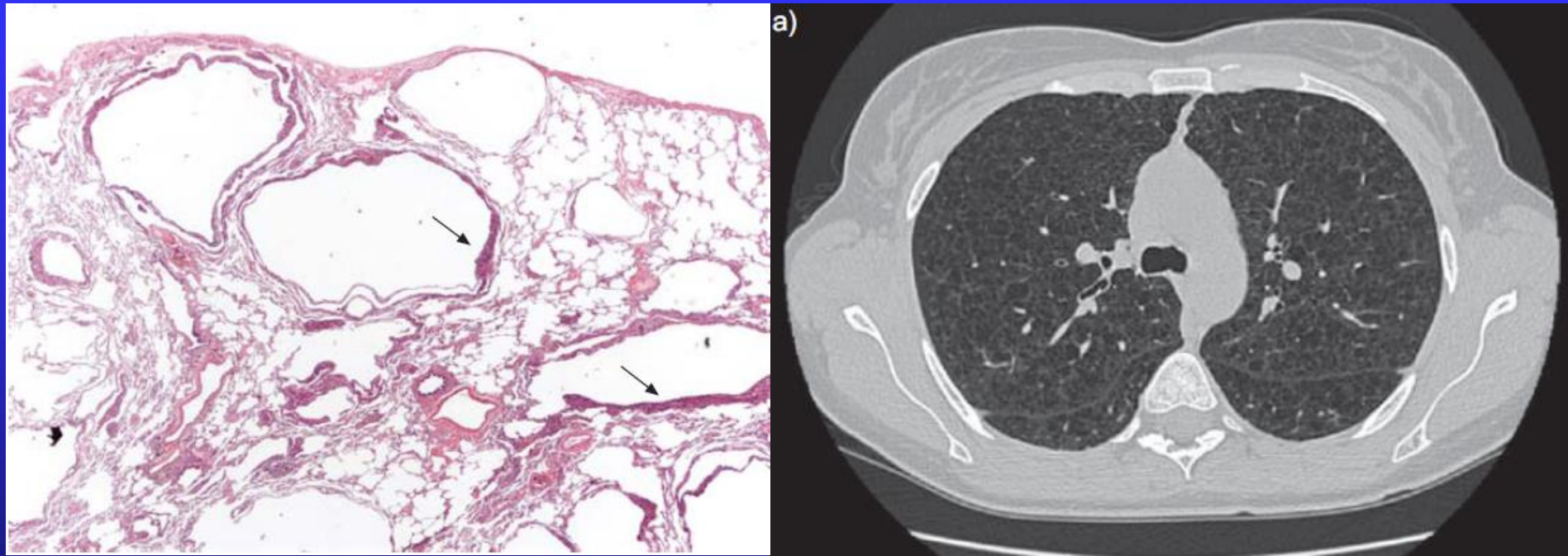
(updated 4th WSPAH-Dana Point 2008)

## 5. PH with unclear or multifactorial mechanisms

- Lymphangioleiomyomatosis

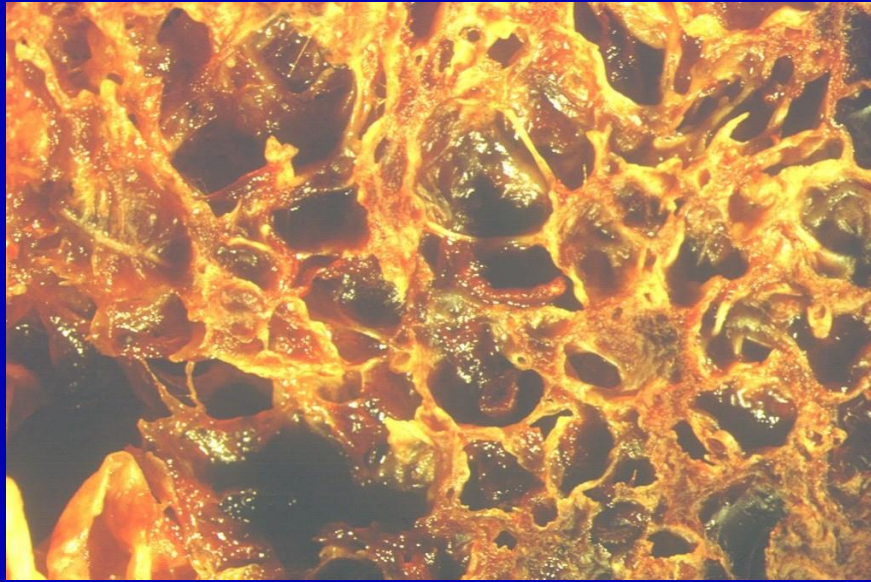


# Lymphangioleiomyomatosis (LAM)



Lymphangioleiomyomatosis (LAM) is a rare multisystem disorder affecting predominantly young females in their reproductive years. It is characterised by progressive cystic destruction of the lung, lymphatic abnormalities and abdominal tumours (e.g. angiomyolipomas)

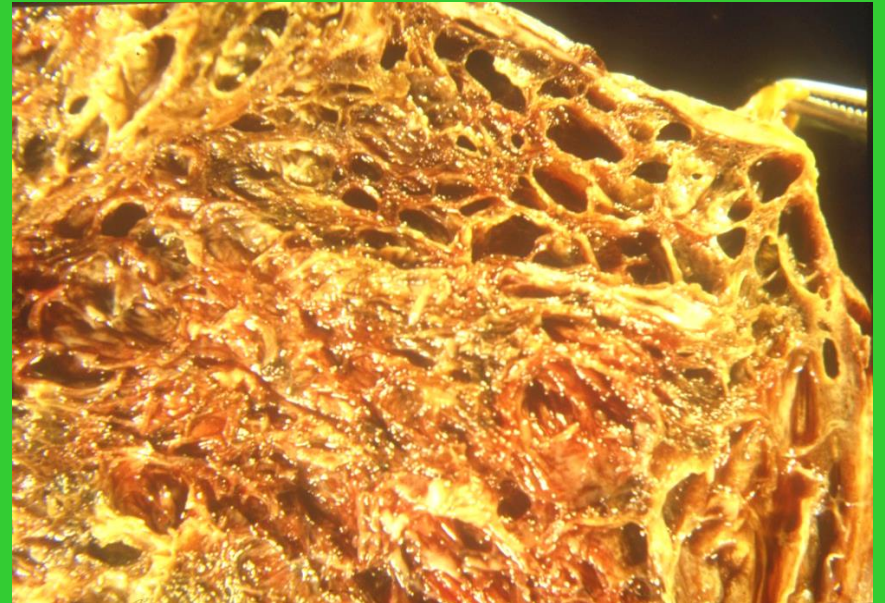




PLCH



LAM



# Pulmonary Hypertension in Lymphangiomyomatosis: Characteristics in 20 patients

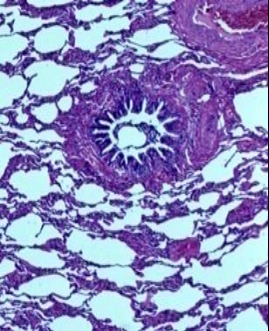
- ◆ This retrospective, multicenter study evaluated patients with LAM and pre-capillary PH by RHC
- ◆ Mean  $\pm$  SD age:  $49 \pm 12$  years and mean  $\pm$  SD time interval between LAM and PH diagnosis of  $9.2 \pm 9.8$  yrs
- ◆ All, except for one patient, were receiving supplemental oxygen
- ◆ Mean  $\pm$  SD 6MWD:  $340 \text{ m} \pm 84 \text{ m}$
- ◆ mPAP:  $32 \pm 6$  mmHg
- ◆ mPAP  $> 35$  mmHg in only 20% of cases
- ◆ Mean  $\pm$  SD FEV1:  $42 \pm 25\%$ ; DLCO  $29 \pm 135$

# Pulmonary Hypertension in Lymphangioleiomyomatosis: Characteristics in 20 patients

- ◆ In six patients who received oral PAH therapy , the PAP decreased from  $33 \pm 9$  mmHg to  $24 \pm 10$  mmHg

Pre-capillary PH of mild haemodynamic severity may occur in patients with LAM, even with mild pulmonary function impairment.

PAH therapy might improve the haemodynamics in PH associated with LAM.

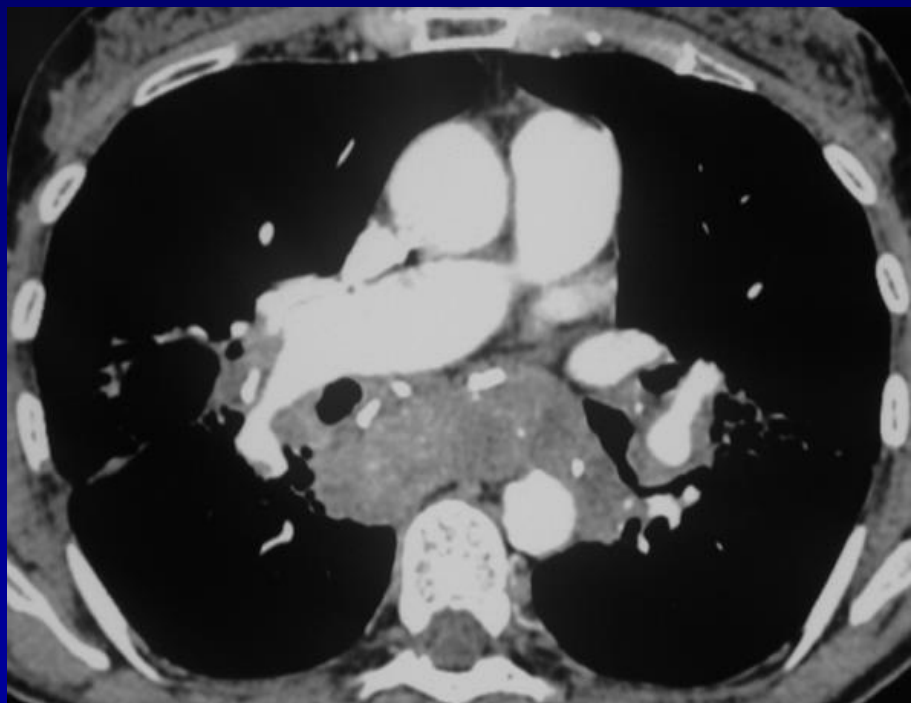


# PULMONARY HYPERTENSION DIAGNOSTIC CLASSIFICATION

(updated 4th WSPAH-Dana Point 2008)

## 5. PH with unclear or multifactorial mechanisms

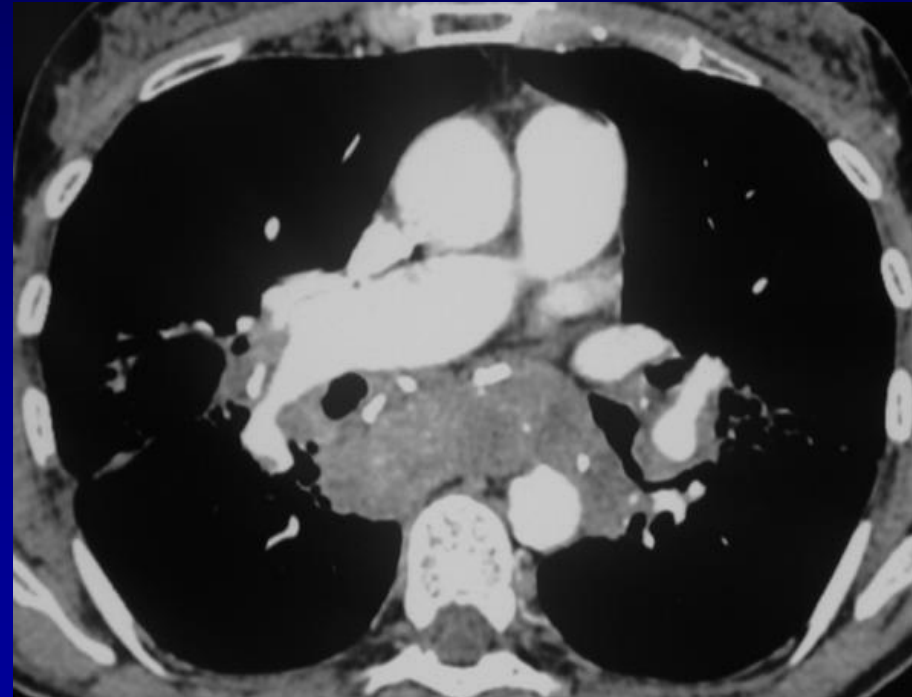
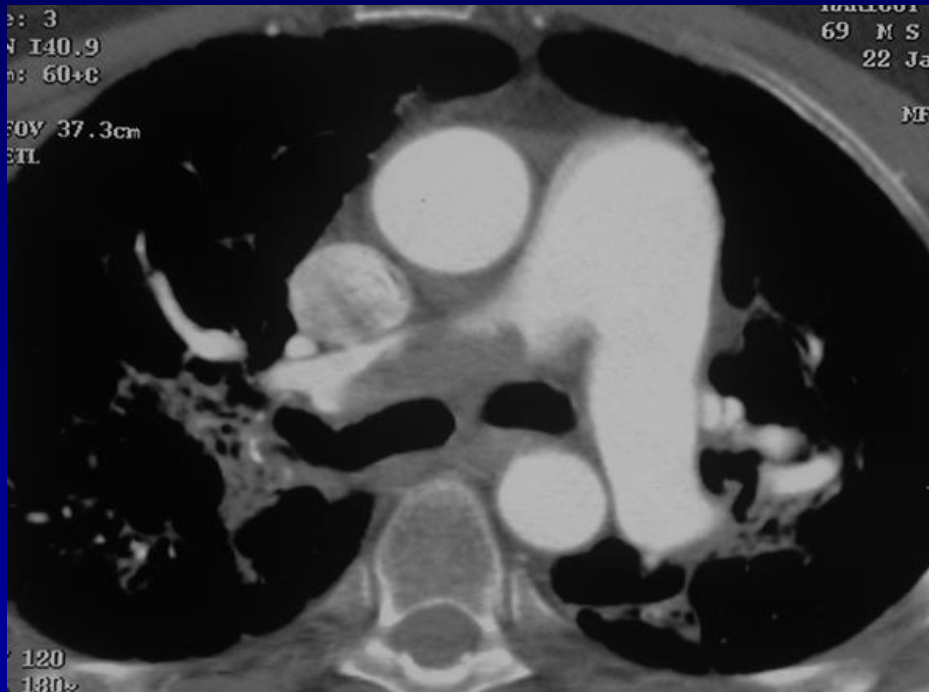
- Sarcoidosis



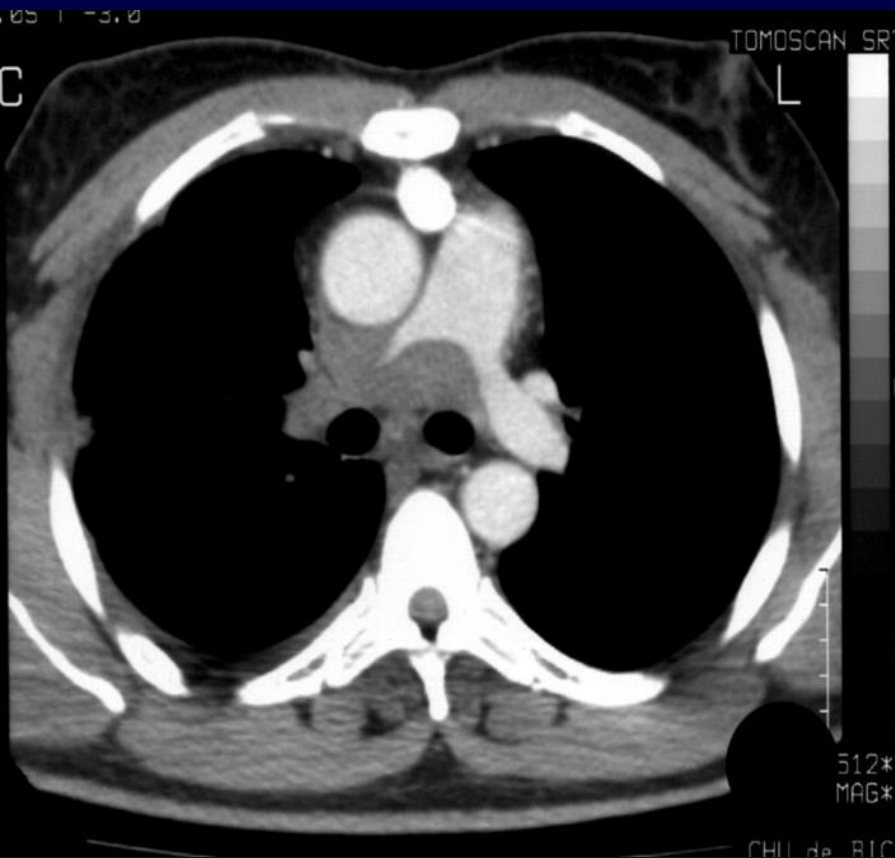


# PULMONARY VASCULAR INVOLVEMENT IN SARCOIDOSIS

- Extrinsic compression of large pulmonary arteries by mediastinal or hilar adenopathies or fibrosis was detected in 4 out of 15 patients in stage IV



# FIBROSING MEDIASTINITIS IS A CAUSE OF PULMONARY HYPERTENSION IN SARCOIDOSIS



# PULMONARY VASCULAR INVOLVEMENT IN SARCOIDOSIS



Pulmonary angiography  
(9 patients)

→ Vascular distortion  
associated with  
extrinsic compression:  
n = 4 (stage IV in all  
the cases)



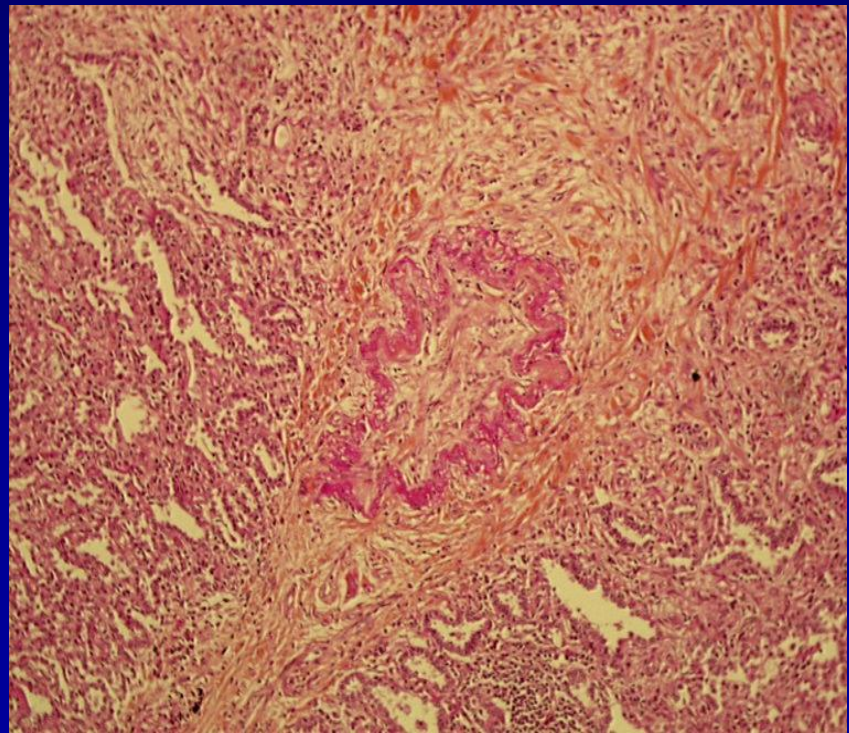
# PULMONARY VASCULAR INVOLVEMENT IN SARCOIDOSIS

Precapillary pulmonary hypertension in the context of sarcoidosis may be due at least in part to:

- Extrinsic compression of large pulmonary arteries by mediastinal or hilar adenopathies or fibrosis
- Destruction of the distal capillary bed by fibrotic process and resulting hypoxia (stage IV)
- Specific vasculitis, with infiltration of the walls of pulmonary arteries and/or veins by granulomas (steroid sensitive ?)

# PULMONARY VASCULAR INVOLVEMENT IN SARCOIDOSIS

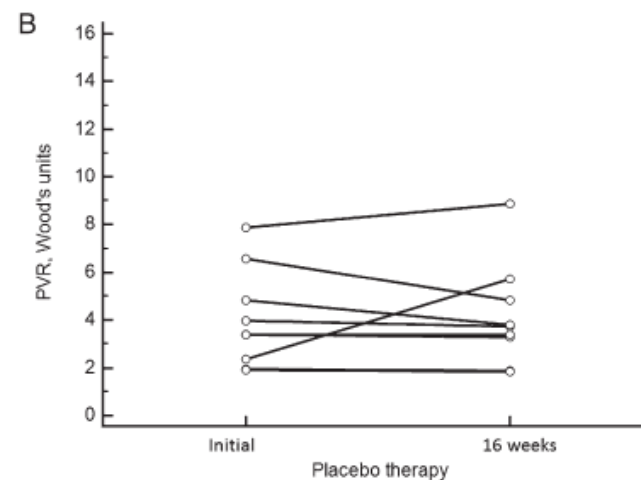
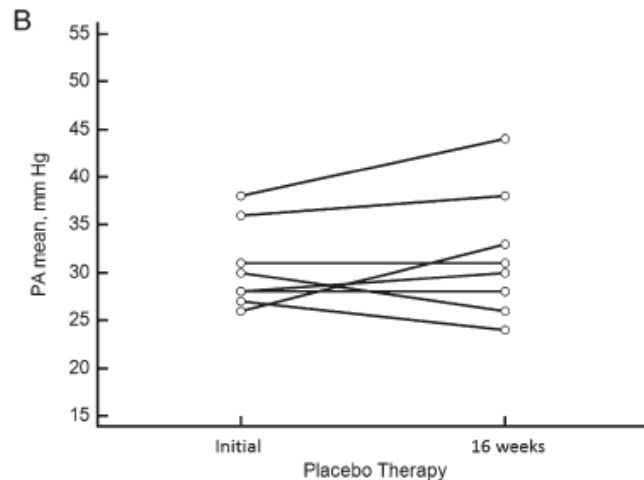
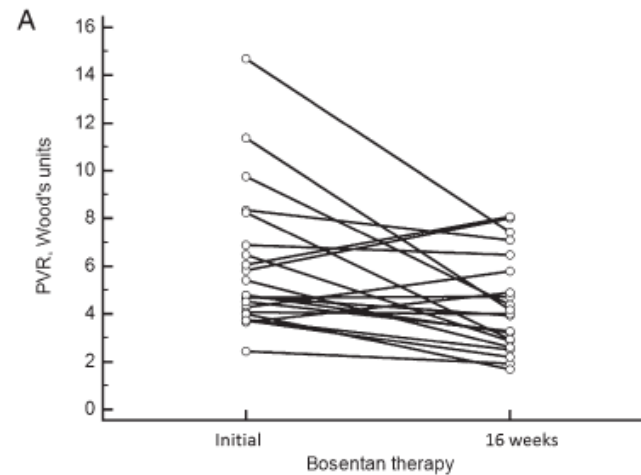
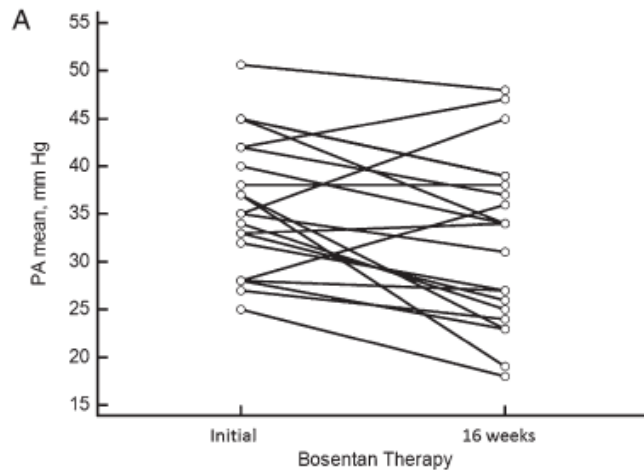
- Pulmonary hypertension in sarcoidosis occurs in two very different settings
- In the absence of pulmonary fibrosis, PH appears to be related to a specific vasculopathy and may be steroid-sensitive
- In case of pulmonary fibrosis, the mechanism of PH is complex, but certainly involves at least in part a specific vasculopathy as PH is out of proportion with alterations in lung function. In these patients, physicians have to consider lung transplantation sooner than they would have solely on the basis of lung function



Original research

# Bosentan for Sarcoidosis-Associated Pulmonary Hypertension A Double-Blind Placebo Controlled Randomized Trial

*Baughman RP, et al. Chest 2014; 145; S10*



Original research

## Bosentan for Sarcoidosis-Associated Pulmonary Hypertension A Double-Blind Placebo Controlled Randomized Trial

*Baughman RP, et al. Chest 2014; 145; S10*

In conclusion, we found that 16 weeks of bosentan therapy in patients with SAPH is associated with a significant improvement in PA mean pressure and PVR. The level of improvement was similar to that reported in other WHO groups treated with bosentan. The treatment was well tolerated. The effect of treatment over longer periods will require further investigation.

# *Sleep apnea and PH*

Experimental intermittent hypoxia administered for part of the day for just a few weeks in rodents results in

- Pulmonary Hypertension
- Pulmonary arteriolar remodeling
- Right ventricular hypertrophy

- J Appl Physiol 99:2028-2035, 2005
- J Appl Physiol 90:2502-2507, 2001
- Eur Respir J 18:279-285, 2001

# Effects of Cyclic Intermittent Hypoxia on ET-1 Responsiveness and Endothelial Dysfunction of Pulmonary Arteries in Rats

Zhuo Wang<sup>1</sup>, Ai-Ying Li<sup>2</sup>, Qiu-Hong Guo<sup>3</sup>, Jian-Ping Zhang<sup>3</sup>, Qi An<sup>1</sup>, Ya-jing Guo<sup>1</sup>, Li Chu<sup>3</sup>, J. Woodrow Weiss<sup>4\*</sup>, En-Sheng Ji<sup>1\*</sup>

- ❖ Exposure to intermittent hypoxia was shown to decrease the relaxation to Acetylcholine, in pulmonary arteries pre-treated with phenylephrine
- ❖ ET-1 was found to induce a significant dosedependent contraction of the pulmonary artery
- ❖ Vessels from CIH rats were more sensitive to ET-1 than those from normoxia rats.

Thus, the hypoxic conditions used (2 min. cycles of 9%/21% O<sub>2</sub>, 8 h/day, 3 wks) eventually impaired endothelium-dependent vasodilation and increased vasoconstrictor responsiveness, which is in agreement with the pathology observed in human OSA

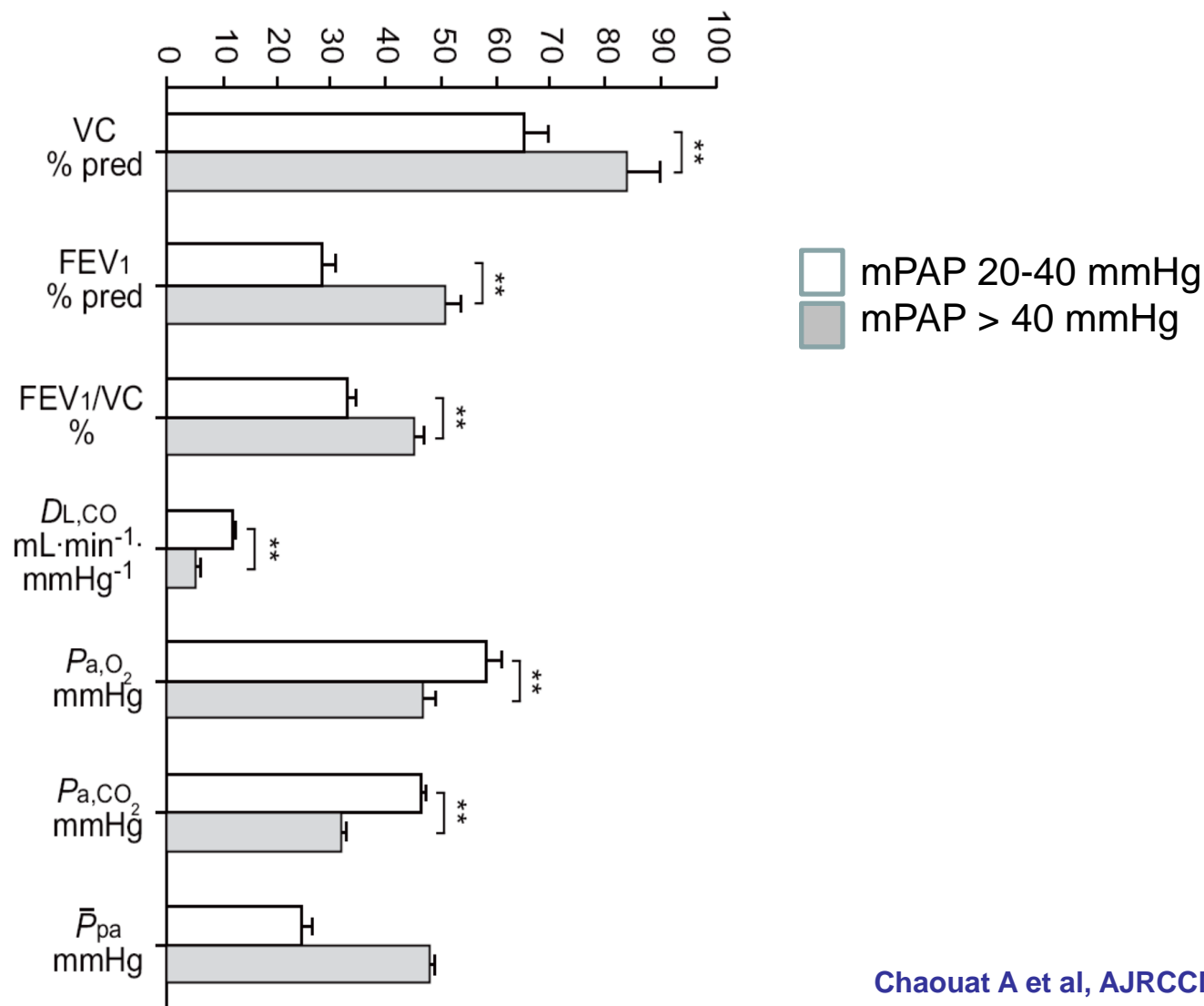
# PH in COPD : methods and prevalence

Author	N	Design	FEV1	PaO <sub>2</sub> mmHg	DLCO %pred	PAP mmHg	CI L/min/m <sup>2</sup>	PVR dyn·s·cm <sup>-5</sup>	Definition of PH	Prevalence of PH. %
Burrows	50	Prosp.	<b>37 %</b>	NR	81	26	2.5	468	>25 mmHg	<b>20</b>
Weitzenblum	175	Prosp.	<b>40 %</b>	63	-	20	3.2	NR	>20 mmHg	-
Weitzenblum	93	Prosp.	<b>41 %</b>	66	-	19	3.6	NR	>20 mmHg	<b>34</b>
Oswald-Mammosser	84	Prosp. Pat. LTOT	<b>36 %</b>	52	-	27	-	NR	>20 mmHg	<b>77</b>
Scharf	120	Retros. Pat. NETT	<b>27 %</b>	66	27	26	2.9	193	>20 mmHg	<b>91</b>
Thabut	215	Retros. Candid. LVRS/LT	<b>24 %</b>	62	-		3.0	376 <sup>a</sup>	>25 mmHg	<b>50</b>
Andersen	409	Retros. Candid. LT	<b>23 %</b>	63	25 <sup>b</sup>	24	-	-	>25 mmHg	<b>36</b>
Cuttica	4930	Retros. Candid. LT	<b>22 %</b>	-	-	25	-	NR	>25 mmHg	<b>30</b>

<sup>a</sup> PVR index; <sup>b</sup> patients with PH

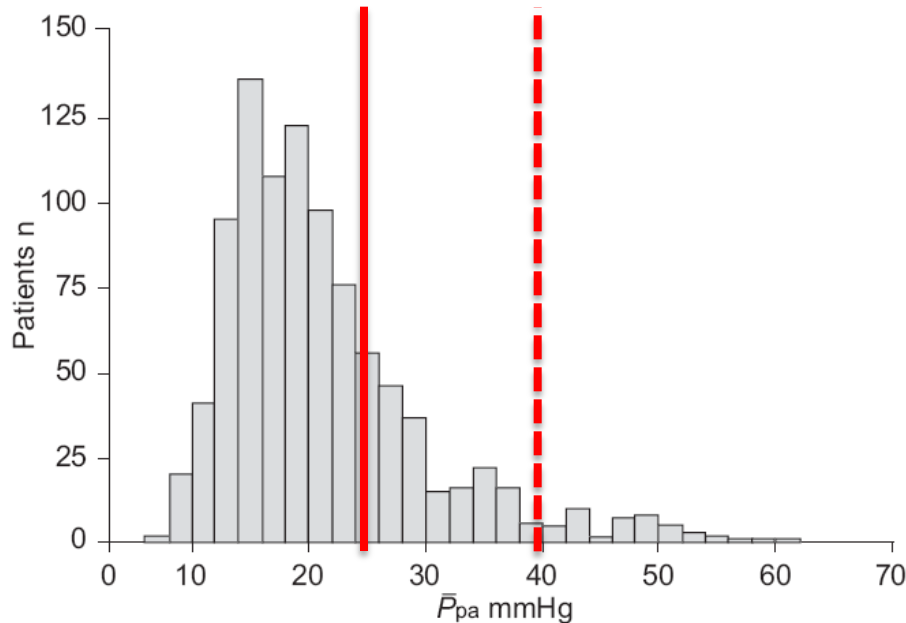


# « Disproportionate PH » in COPD

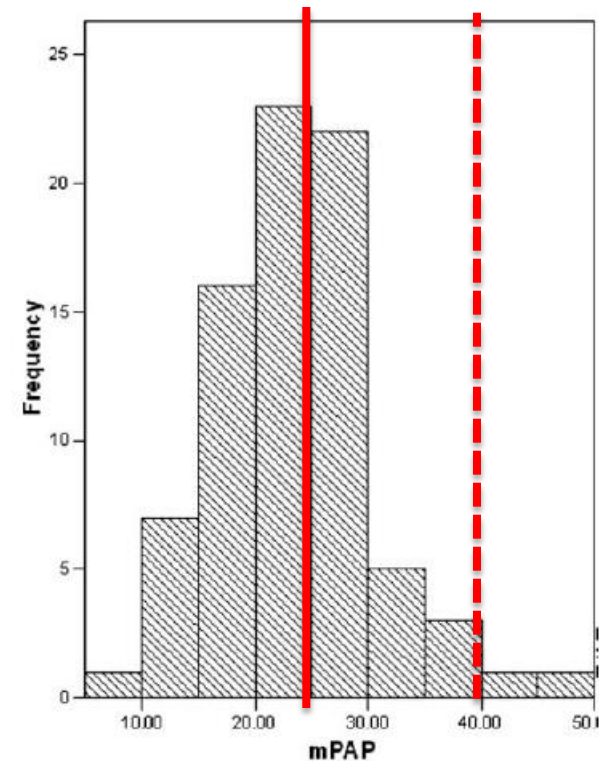


# PH in chronic respiratory diseases: hemodynamics

## COPD



## IPF



# « Disproportionate PH » : cluster analysis

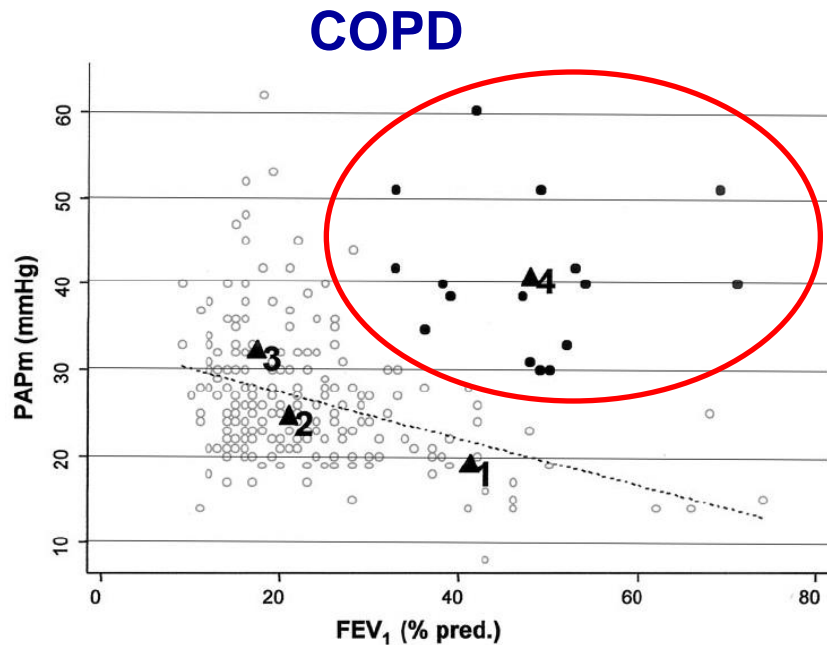
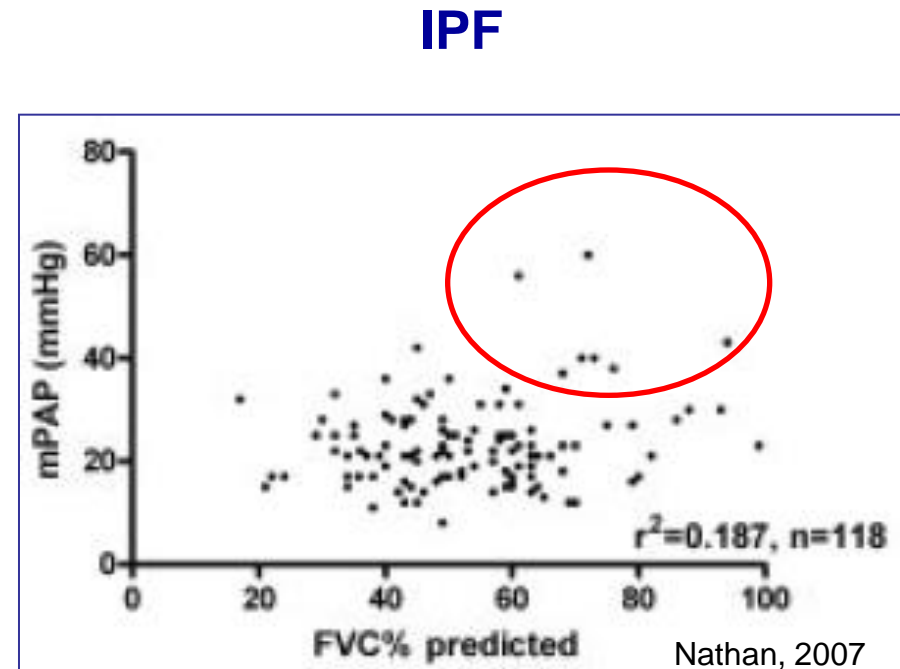
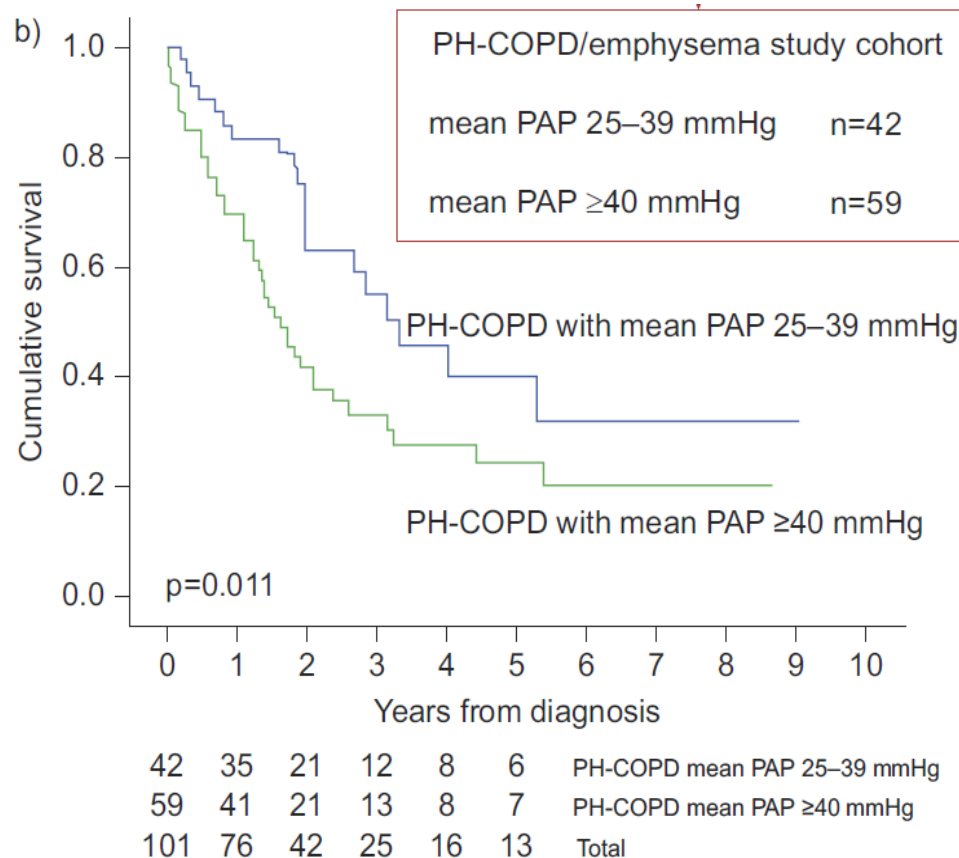


FIGURE 2. Characteristics of the four groups of patients disclosed by cluster analysis. Relationships between PAPm and FEV<sub>1</sub> are shown in groups 1, 2, and 3 (hollow circles) and group 4 (full circle). Triangles indicate the average of each group. A regression line is displayed.

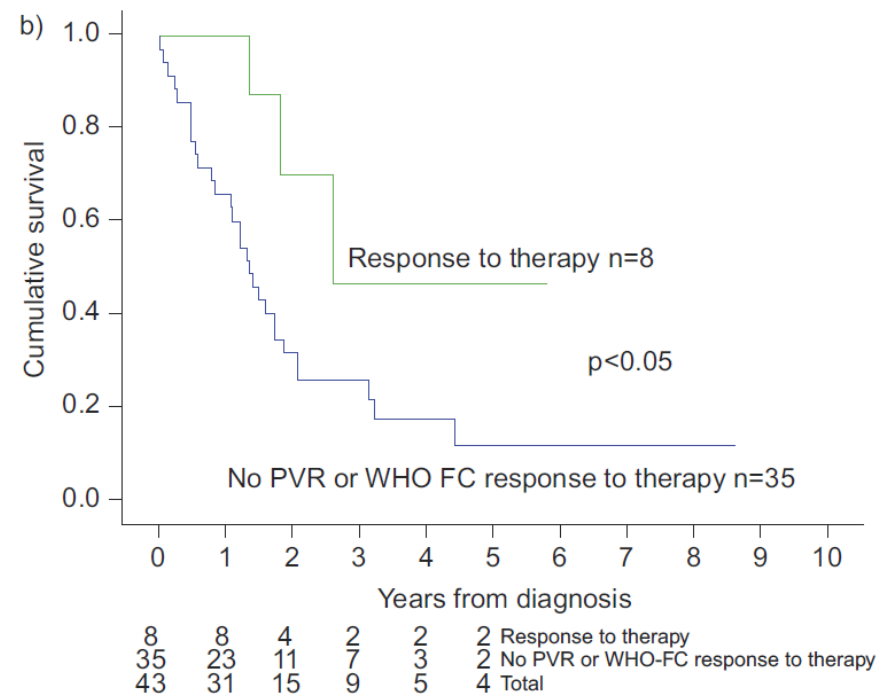
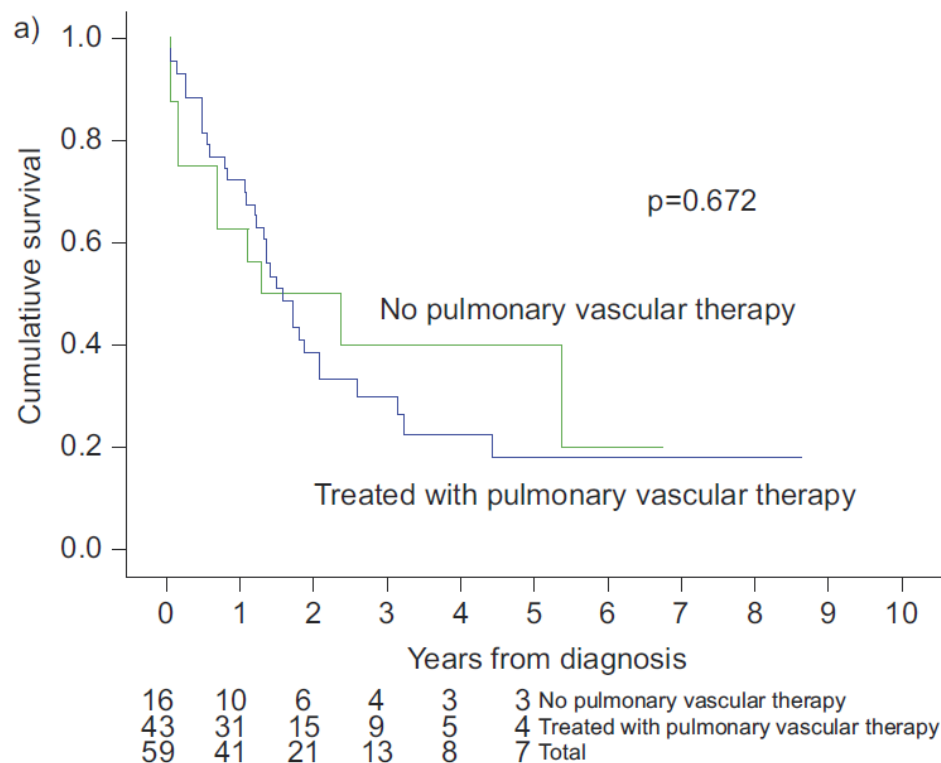


# Pulmonary hypertension in COPD: results from the ASPIRE registry

Judith Hurdman<sup>\*</sup>, Robin Condliffe<sup>\*,#</sup>, Charlie A. Elliot<sup>\*,#</sup>, Andrew Swift<sup>#,¶</sup>,  
 Smitha Rajaram<sup>¶</sup>, Christine Davies<sup>+</sup>, Catherine Hill<sup>+</sup>, Neil Hamilton<sup>\*</sup>,  
 Iain J. Armstrong<sup>\*</sup>, Catherine Billings<sup>§</sup>, Lauren Pollard<sup>§</sup>, Jim M. Wild<sup>#,¶</sup>,  
 Allan Lawrie<sup>f</sup>, Rod Lawson<sup>\*\*</sup>, Ian Sabroe<sup>\*,#,#</sup> and David G. Kiely<sup>\*,#</sup>



	COPD mean PAP 25-39 mmHg	COPD mean PAP ≥ 40 mmHg	P
Mean RAP mmHg	8±4	12±5	0.001
Mean PAP mmHg	32±5	49±8	<0.001
CI L·min·m <sup>-2</sup>	3.2±0.8	2.5±0.7	<0.001
PCWP mmHg	13±5	12±5	0.156
PVR dyn·s·cm <sup>-5</sup>	303±168	755±377	<0.001
SvO <sub>2</sub> %	67±8	63±8	0.051
<b>Pulmonary function tests</b>			
FEV <sub>1</sub> % pred	51±28	65±23	0.006
FVC % pred	78±25	90±24	0.022
FEV <sub>1</sub> /FVC	0.51±0.18	0.59±0.18	0.041
DlCO % pred	40±20	27±13	0.001



43 received compassionate PH therapy

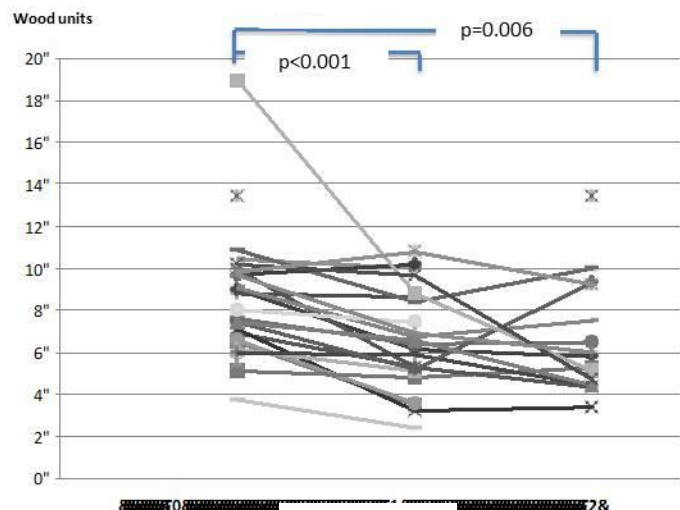
- PDE5i: n=31
- ERA: n=10
- Trepostinil sc: n=1
- Inhaled iloprost: n=1

Treated patients had more severe hemodynamics

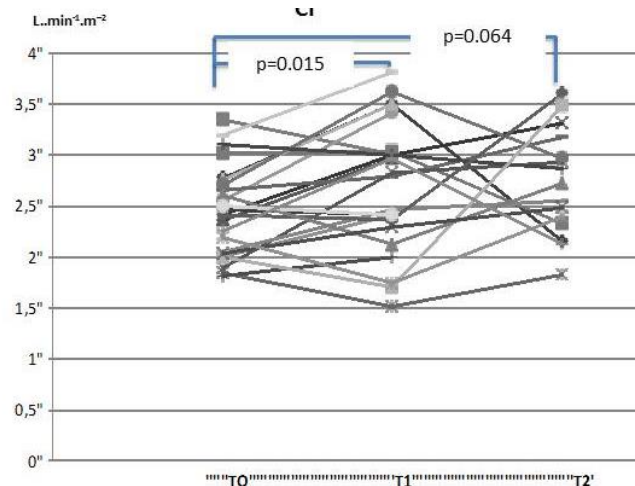
Objective response to therapy in 7 / 43, based on improvements in WHO functional class (n=3) or a 20% fall in PVR (n=4/7)

# Treatment of severe PH in COPD (n=26 with mPAP $\geq 35$ mmHg)

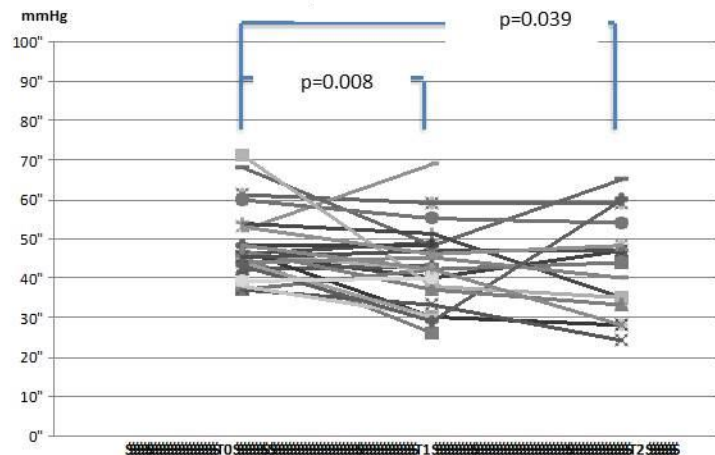
**PVR**



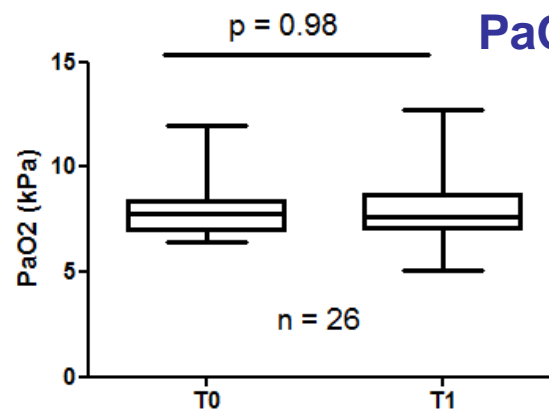
**CI**



**mPAP**



**PaO<sub>2</sub>**





## *Recommendations for pulmonary hypertension due to lung diseases*

<b>Recommendations</b>	<b>Class<sup>a</sup></b>	<b>Level<sup>b</sup></b>	<b>Ref.<sup>c</sup></b>
Echocardiography is recommended for the non-invasive diagnostic assessment of suspected PH in patients with lung disease	<b>I</b>	<b>C</b>	403, 405
Referral to an expert centre is recommended <sup>d</sup> in patients with echocardiographic signs of severe PH and/or severe right ventricular dysfunction	<b>I</b>	<b>C</b>	
The optimal treatment of the underlying lung disease, including long-term O <sub>2</sub> therapy in patients with chronic hypoxaemia, is recommended in patients with PH due to lung diseases	<b>I</b>	<b>C</b>	169
Referral to PH expert center should be considered for patients with signs of severe PH/severe RV failure for individual-based treatment	<b>IIa</b>	<b>C</b>	
RHC is not recommended for suspected PH in patients with lung disease, unless therapeutic consequences are to be expected (e.g. lung transplantation, alternative diagnoses such as PAH or CTEPH, potential enrolment in a clinical trial)	<b>III</b>	<b>C</b>	169
The use of drugs approved for PAH is not recommended in patients with PH due to lung diseases	<b>III</b>	<b>C</b>	411–416