



PNEUMOLOGIA 2016

Milano, 16 – 18 giugno 2016 · Centro Congressi Palazzo delle Stelline



UPDATE SULLE BRONCHIECTASIE

**Bruno del Prato
Napoli**



A Novel Microbiota Stratification System Predicts Future Exacerbations in Bronchiectasis

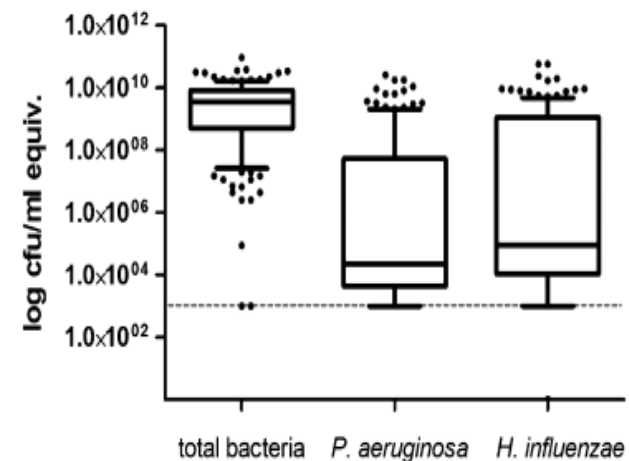
2015

Geraint B. Rogers¹, Nur Masirah M. Zain², Kenneth D. Bruce^{2*}, Lucy D. Burr¹, Alice C. Chen¹, Damian W. Rivett³, Michael A. McGuckin¹, and David J. Serisier^{1,4*}

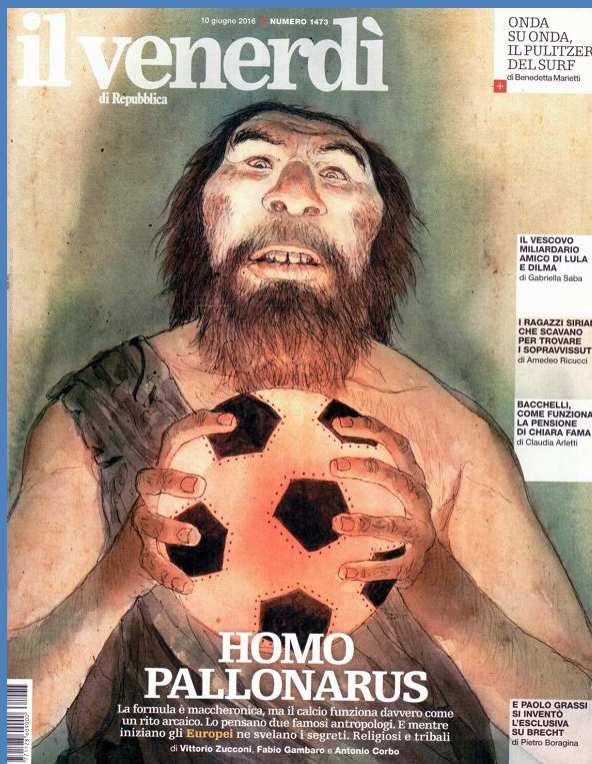
¹Immunity, Infection, and Inflammation Program, Mater Research Institute, University of Queensland, and Translational Research Institute, Woolloongabba, Queensland, Australia; ²Institute of Pharmaceutical Science, King's College London, and ³Division of Ecology and Evolution, Department of Life Sciences, Imperial College London, London, United Kingdom; and ⁴Department of Respiratory Medicine, Mater Adult Hospital, South Brisbane, Australia

In conclusion, this stratification system provides highly clinically relevant output from complex bacterial community data that surpasses culture-based techniques. In subjects with non-CF bronchiectasis this system enabled future exacerbation risk to be predicted, including in the substantial subset of subjects with dominant bacterial taxa that are not ordinarily identified by culture and have not previously been considered to be pathogenic. ■

...quale è il reale impatto di "taxa" batterici dominanti spesso non identificati con normali culture
Sono patogeni ? Quale è il loro effetto patogenetico ?



A BOLOGNA UN TEAM DI SCIENZIATI HA ESAMINATO IL MICROBIOMA INTESTINALE DI DECINE DI PERSONE: NEI CENTENARI HA CARATTERISTICHE UN PO' PARTICOLARI...



E SE L'ELISIR DI LUNGA VITA SI TROVASSE NELLA PANCIA?

di Alex Saragosa

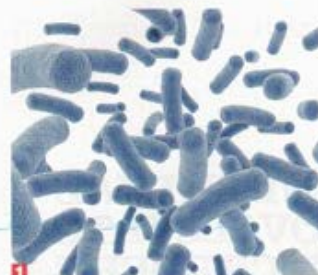
A Bologna, un team di scienziati ha esaminato il microbioma intestinale di decine di persone: nei centenari ha caratteristiche un po' particolari

Da tempo la scienza cerca di svelare i meccanismi della longevità, tentando di capire quanto per essa contino Dna, dieta, abitudini di vita e semplice fortuna. Un gruppo di ricercatori dell'Istituto di Tecnologie biomediche del Cnr e dell'Università di Bologna ha ora indagato su un altro versante: il ruolo che può esercitare sulla durata della vita il microbioma batterico che ci portiamo nella pancia.

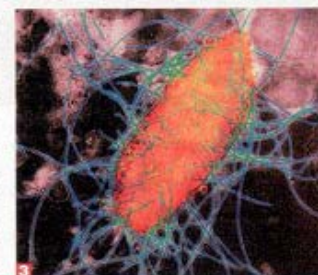
«Il microbioma intestinale svolge compiti essenziali per la salute» dice Marco Severgnini, ingegnere biomedico dell'Itb-Cnr. «In particolare, ci aiuta a digerire bene gli alimenti, ci aiuta a produrre vitamine e sostanze antinfiammatorie. Oggi sappiamo che avere un microbioma sbilanciato può portare a disturbi, come l'obesità o l'eccessiva permeabilità intestinale, che consente a tossine e microrganismi di entrare nel sangue, con danni alla salute». Essere accompagnati lungo la vita dai «batteri giusti» potrebbe quindi essere il viatico indispensabile per superare i cento anni.

Per capire se lo sia davvero Severgnini e colleghi hanno esaminato il microbioma di decine di persone dai 20 anni in su, fra le quali 24 di oltre 105 anni di età, tutte provenienti dall'area bolognese, per avere un campione il più omogeneo possibile per quanto riguarda dieta e ambiente.

I risultati mostrano che anche il mi-



BATTERI «BUONI» E «CATTIVI» CHE SI TROVANO NEL MICROBIOMA INTESTINALE. 1) AKKERMANSIA, 2) BIFIDOBACTERIUM, 3) ENTEROBACTER, 4) LACHNOSPIRACEAE CLOSTRIDIUM



crobioma invecchia insieme a chi se lo porta dentro: mentre i giovani hanno nel loro intestino soprattutto batteri «buoni», come Ruminococcaceae e Lachnospiraceae, più si invecchia e più compaiono nuove specie, fra cui alcune che sarebbe meglio tenere alla larga, come gli Enterobatteri. «Questo è probabilmente dovuto al fatto che se si vive a lungo i batteri da cui siamo circondati riescono a poco a poco a farsi strada nel nostro organismo. Per esempio abbiamo trovato nel microbioma di anziani i batteri che normalmente si trovano sulle gengive».

Diventano ultracentenari quelli che evitano questo declino? «Non esattamente, anche il loro microbioma appare invecchiato. Ma in loro si riscontra anche una parallela proliferazione di specie che svolgono attività antinfiammatoria e protettiva del rivestimento intestinale, come il Bifidobacterium e l'Akkermansia, che probabilmente contrastano l'azione negativa di altri batteri. Inoltre negli ultracentenari abbiamo scoperto la presenza di Christensenellaceae, batteri che sembrano ridurre il rischio di obesità. Da studi su gemelli si sa che questi batteri si trovano soprattutto in persone dotate di certe varianti genetiche. Potrebbe essere quindi che i geni dei centenari, oltre a preservarne direttamente la salute, «attirino» i batteri giusti».

Ma allora si potrebbe imitare il «microbioma di Matusalemme», per esempio assumendo bevande che contengano i microrganismi giusti? «Non ci conterei molto» dice Severgnini. «Si sa che il microbioma è molto difficile da cambiare: persino dopo una cura di antibiotici che lo alteri completamente, tende a ritornare come era prima».

Lo conferma una recente ricerca compiuta dal microbiologo Oluf Pedersen, dell'Università di Copenaghen, che ha riesaminato i sette migliori studi fatti finora sull'efficacia delle bevande probiotiche, quelle con i «batteri buoni», concludendo che mentre sembrano essere utili per chi ha certi disturbi intestinali, non c'è la prova che cambino il microbioma di persone sane. Per diventare centenari, quindi, meglio insistere su dieta sana e attività fisica sperando poi di aver ereditato i geni (e i batteri) giusti. □



CrossMark

Research priorities in bronchiectasis: a consensus statement from the EMBARC Clinical Research Collaboration

Stefano Aliberti¹, Sarah Masefield², Eva Polverino³, Anthony De Soya^{4,5}, Michael R. Loebinger⁶, Rosario Menendez⁷, Felix C. Ringshausen⁸, Montserrat Vendrell⁹, Pippa Powell² and James D. Chalmers¹⁰ on behalf of the EMBARC Study Group¹¹



What are the prevalence and characteristics of microbiological colonisation in patients with bronchiectasis across Europe (including bacteria, viruses, fungi, nontuberculous mycobacteria and resistant microorganisms)?

Consensus statements

- 1) We suggest studies of the microbiome (incorporating bacteria and potentially fungi) in bronchiectasis linked to detailed clinical phenotyping data.
- 2) A longitudinal study of the bacteriology of bronchiectasis incorporating data on antibiotic resistance is needed.

55 key research priorities

Da un secolo i medici hanno dichiarato guerra al mondo dei microbi usando gli antibiotici come arma e permettendoci di curare numerose malattie. Ma nel tempo stiamo acquisendo familiarità con i 10000 tipi diversi di microrganismi che si trovano a casa, dentro o su di noi, scoprendo le loro innumerevoli attività benefiche. Sono il nostro microbioma.



**HUMAN
MICROBIOME**

FAQ



Il microbioma è definito come la collezione completa dei microbi (batteri, funghi, virus ecc) che coesistono naturalmente nel corpo umano.

Lo studio del microbioma umano può condurre a nuovi concetti e linee guida di valore nel campo della nutrizione umana, nella scoperta di nuovi farmaci e nella medicina preventiva. Tali studi possono accrescere enormemente la nostra comprensione di malattie complesse quali l'obesità, il cancro e le malattie immunitarie come ad esempio l'asma

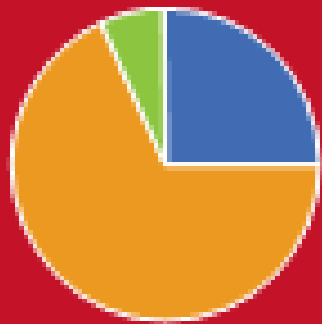


BIODIVERSITÀ NEL MICROBIOMA UMANO: IMPLICAZIONI SUI PROCESSI COGNITIVI E COEVOLUTIVI

Massimo Pregolato
Dipartimento di Chimica Farmaceutica
QuantumBiolab
Università degli Studi di Pavia
Viale Taramelli 12



Kinds of cells in the human body



-  HUMAN
-  BACTERIAL
-  FUNGAL

MICROBIOMA

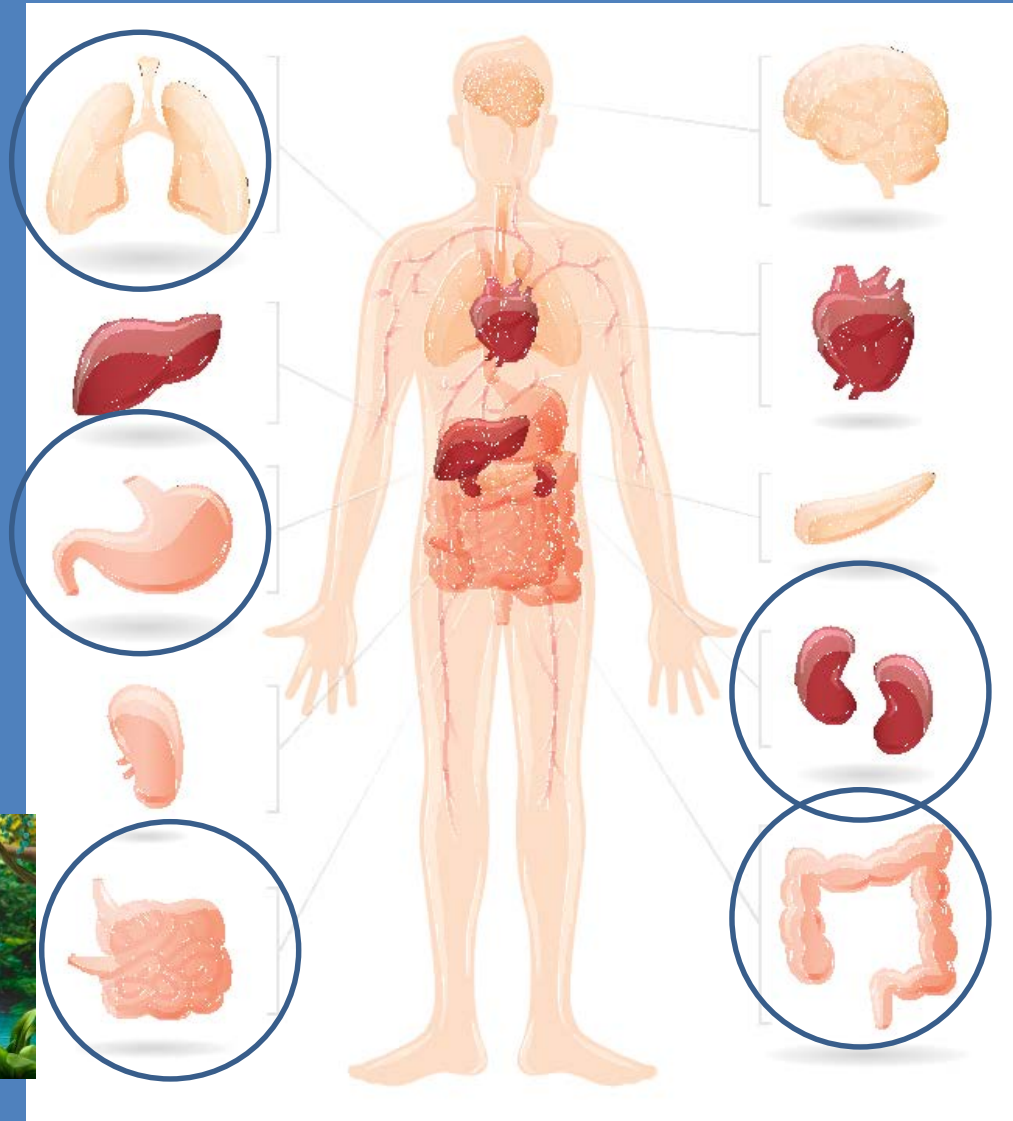
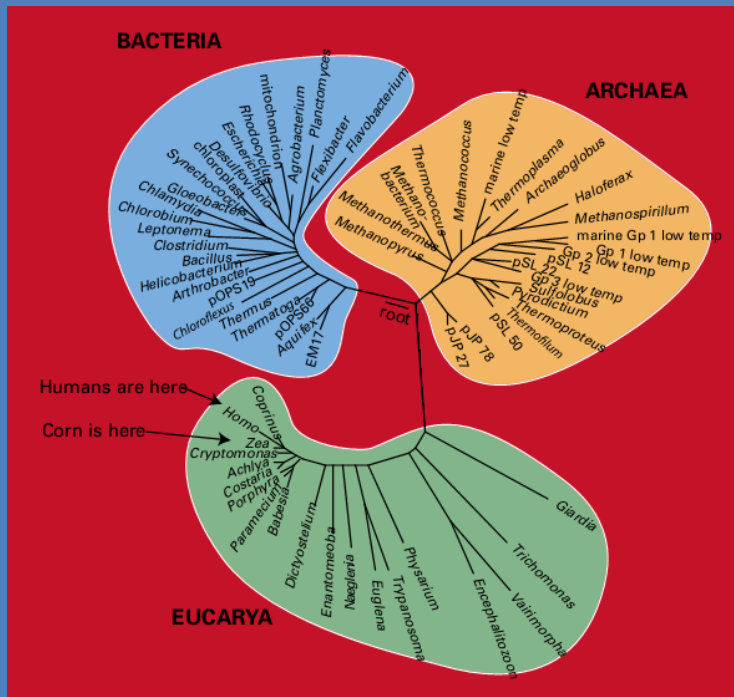
**Il genoma delle comunità microbiche
che vivono nel corpo umano**

contiene circa 100 volte più geni rispetto a quelli del genoma umano.

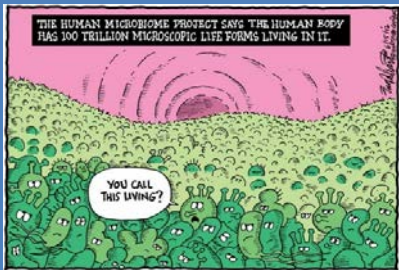
In altre parole il «metagenoma umano» cioè il set di tutti i genomi contenuti nel nostro corpo è circa 100 volte più esteso del «genoma umano» finora considerato !

Abstract: Un corpo fisico umano medio è costituito da circa 10^{13} (10,000,000,000,000 o circa dieci trilioni) di cellule. I microorganismi che risiedono nel corpo umano adulto sono stimati intorno a 10^{14} cellule, il che equivale a dire che il 90% del nostro corpo non è umano.

Ovviamente le cellule umane continuano a contribuire per la maggior parte del nostro peso corporeo in quanto essendo i batteri residenti costituiti da cellule molto più piccole di quelle umane il loro peso collettivo è solo di circa 900 grammi.



Concetto di biodiversità



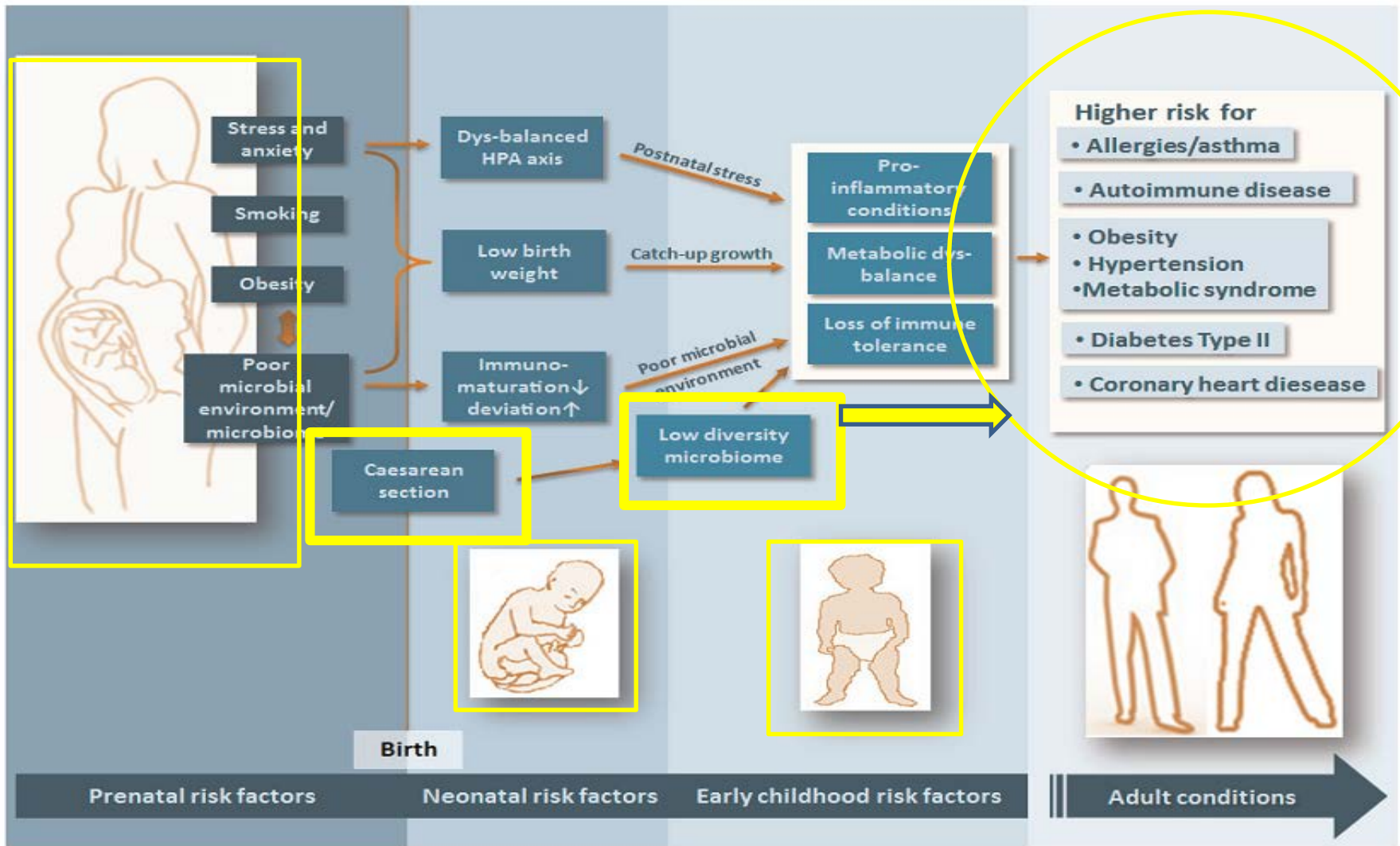
La biodiversità del microbioma umano è presente in tutti i nostri organi ed apparati

The mucosal microbiome in shaping health and disease

Petra Ina Pfefferle^{1,2} and Harald Renz^{2,3*}

Evoluzione della DIVERSITA' del microbioma dalla vita fetale alla età adulta

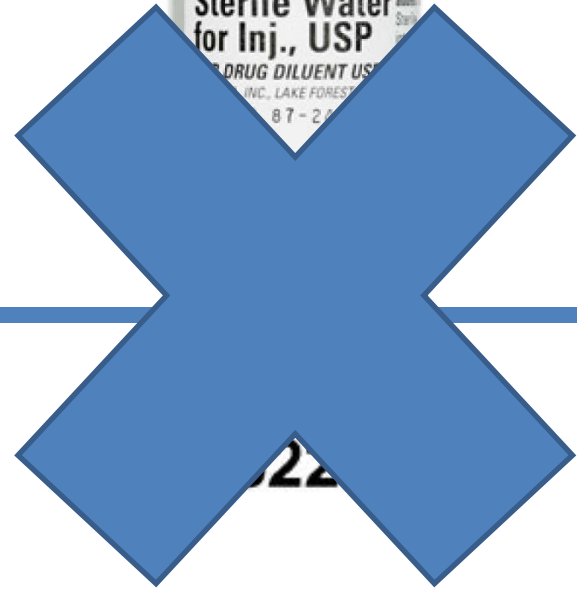
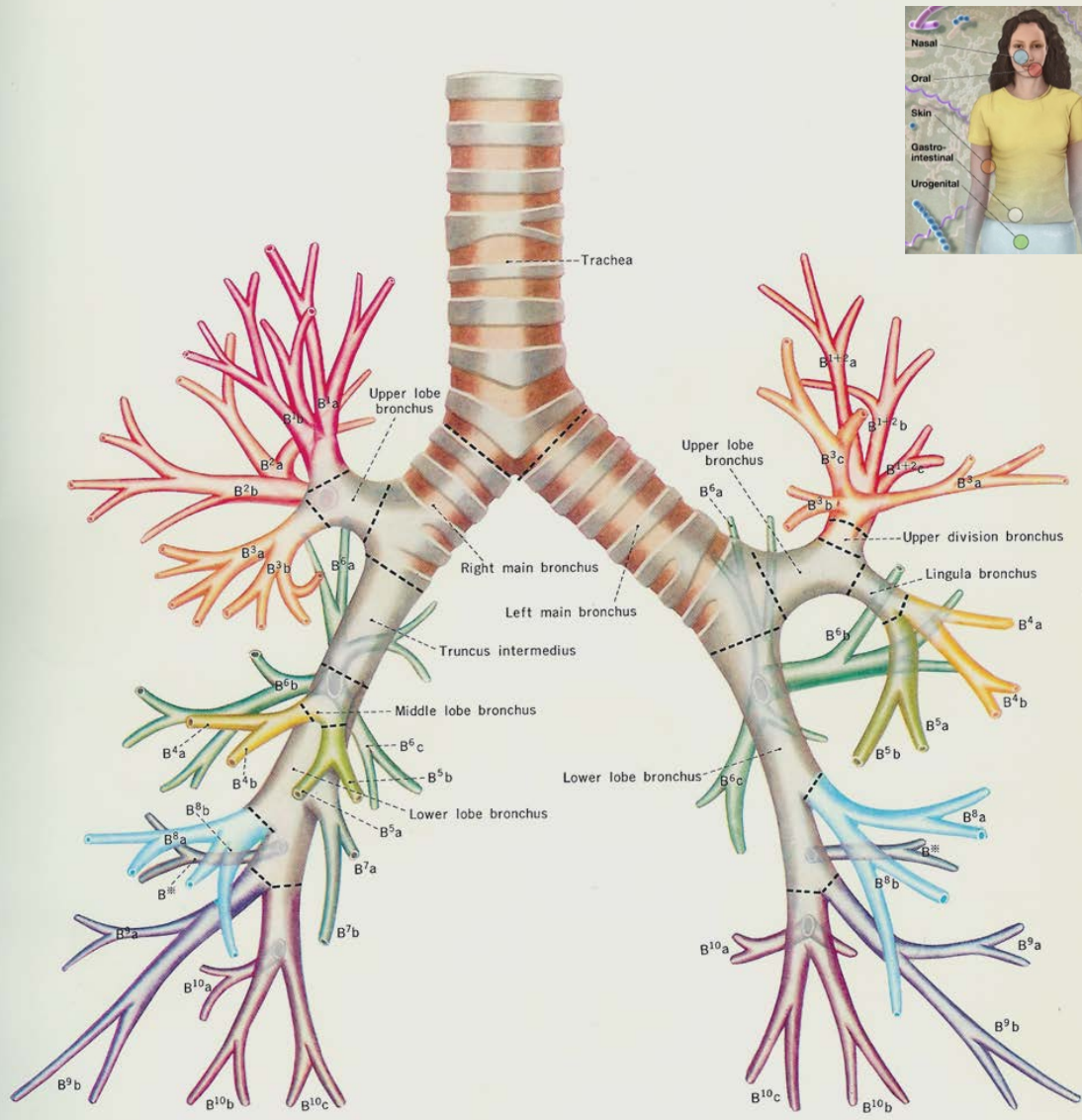
Figure 1. Pre- and postnatal environmental factors pave the way for later chronic inflammatory disease through the microbiome



ABCs of the Lung Microbiome

James M. Beck^{1,2}

2014



STERILE R



ABCs of the Lung Microbiome

James M. Beck^{1,2}

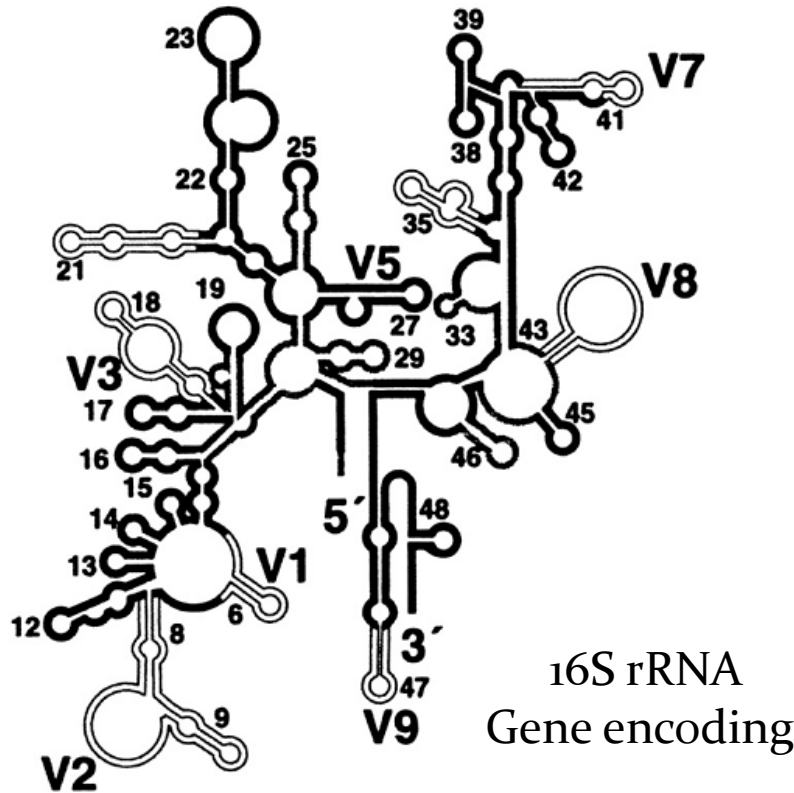


Figure 1. Secondary structure model of the 16S rDNA. V1 through V9 indicate major hypervariable regions, which are sequenced to identify organizational taxonomic units; V4 and V6 are unlabeled. Reprinted by permission from Reference 4.

The microbiome is a population of microbes assembled at a particular time and in a particular location.

The term microbiota refers to the species of microbes that are present in a particular location. The term microbiome refers to the community of microbes and their interactions with each other and with the host. Microbiome research is currently focused on identifying the microbial communities that are associated with various diseases and on understanding the mechanisms by which these communities influence host health. Microbiome research is also focused on identifying the microbial communities that are associated with various environmental factors and on understanding the mechanisms by which these communities influence host health.

Le principali ricerche sul microbioma polmonare si basano sulla sequenziazione e identificazione su BAL di una regione variabile di un gene <16S ribosomal RNA gene> NON PRESENTE NEI MAMMIFERI

ribosomal RNA

Fortunately, 16S rRNA is not present in mammals, and with proper controls the confounding effects of host DNA can be minimized

A Novel Microbiota Stratification System Predicts Future Exacerbations in Bronchiectasis

Geraint B. Rogers¹, Nur Masirah M. Zain², Kenneth D. Bruce^{2*}, Lucy D. Burr¹, Alice C. Chen¹, Damian W. Rivett³, Michael A. McGuckin¹, and David J. Serisier^{1,4*}

¹Immunity, Infection, and Inflammation Program, Mater Research Institute, University of Queensland, and Translational Research Institute, Woolloongabba, Queensland, Australia; ²Institute of Pharmaceutical Science, King's College London, and ³Division of Ecology and Evolution, Department of Life Sciences, Imperial College London, London, United Kingdom; and ⁴Department of Respiratory Medicine, Mater Adult Hospital, South Brisbane, Australia



I risultati di questo studio suggeriscono una diversa associazione clinica e prognostica collegata alla TAXA BATTERICA

- **Correlazione certa tra bassa diversità ed espressione di malattia + severa**
- **La predominanza di Pseudomonas è associato con markers di malattia + severa, ridotta funzione polmonare, frequenti riacutizzazioni e maggior uso di antibiotici.....**
- **La predominanza di Haemophilus è associato con riacutizzazioni polmonari meno frequenti ma maggiore risposta/attivazione infiammatoria locale e sistemica forse ad azione protettiva !**
- **In pratica l'aumento della risposta infiammatoria causato da Haemophilus LIMITA e previene la riacutizzazione in contrasto con l'infezione da Pseudomonas**
- **Dubbi rimangono sul ruolo (in alcuni pazienti CULTURA NEGATIVI) di alcuni batteri non identificabili ordinariamente come i generi Veillonella e Prevotella e fino ad ora considerati NON patogeni**

Neutrophilic Bronchial Inflammation Correlates with Clinical and Functional Findings in Patients with Noncystic Fibrosis Bronchiectasis

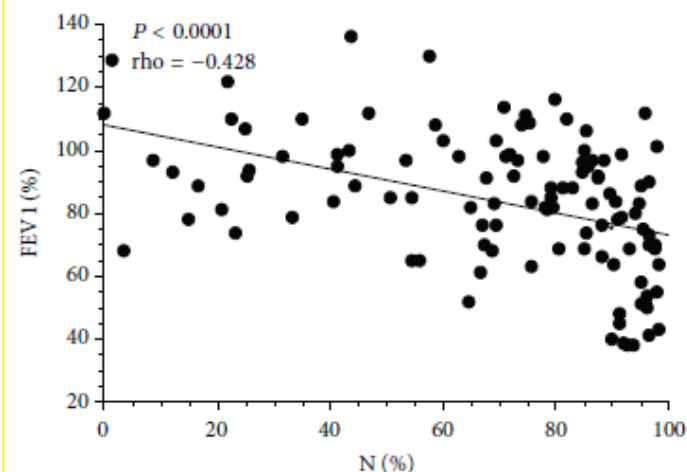
Hindawi Publishing Corporation
Mediators of Inflammation
Volume 2015, Article ID 642503, 6 pages
<http://dx.doi.org/10.1155/2015/642503>

Federico L. Dente, Marta Bilotta, Maria Laura Bartoli, Elena Bacci, Silvana Cianchetti, Manuela Latorre, Laura Malagrino, Dario Nieri, Maria Adelaide Roggi, Barbara Vagaggini, and Pierluigi Paggiaro

In conclusion, sputum neutrophilic inflammation in NCFB patients can be considered a good biomarker of disease severity, as confirmed by pulmonary function, disease duration, bacterial colonization, and BSI score.

TABLE 2: Biomarkers measured in the sputum, EBC, and exhaled air in the examined patients with NCFB.

| | |
|--------------------------------|-----------------|
| Sputum inflammatory cells | |
| Neutrophils, median (range), % | 79.3 (1.5–98.1) |
| Eosinophils, median (range), % | 0.8 (0–70.2) |
| Exhaled NO, ppb | 22.5 (2–168) |
| MDA (EBC), nM | 30.4 (6–116) |





THE
REAL
WORLD

Is this real life?





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Microbiology and outcomes of community acquired pneumonia in non cystic-fibrosis bronchiectasis patients



Eva Polverino^a, Catia Cilloniz^a, Rosario Menendez^b,
Albert Gabarrus^a, Edmundo Rosales-Mayor^a, Victoria Alcaraz^a,
Silvia Terraneo^c, Jordi Puig de la Bella Casa^d, Josep Mensa^e,
Miquel Ferrer^a, Antoni Torres^{a,*}

This is the first study in the literature analyzing a large CAP series to investigate demographics, clinical characteristics and microbial etiology of pneumonia in NCFBE patients.

^a Department of Microbiology, Hospital Clinic of Barcelona, Spain

^e Department of Infectious Disease, Hospital Clinic of Barcelona, Spain

This is the first study in the literature analyzing a large CAP series to investigate demographics, clinical characteristics and microbial etiology of pneumonia in NCFBE patients.

Pazienti con CAP e Bronchiectasie (CAPBCTpz) versus Pazienti con CAP

RISULTATI :

- Pazienti (CAPBCTpz) in genere più anziani e con maggiori comorbidità (molti con BPCO)
- uguale presentazione clinica , score di severità ed outcome (mortalità)
- uguale percentuale di isolamento microbico di S.pneumoniae
- CAPBCTpz : maggiore presenza di P.aeruginosa ed Enterobacteriaceae
- CAPBCTpz : Sottoposti a trattamento antibiotico empirico meno adeguato rispetto al gruppo CAP senza bronchiectasie !

- The NCFBE-CAP group showed a lower rate of adequate empiric antibiotic therapy according to guidelines¹⁸ in comparison with CAP.



Bronchiectasie nella BPCO

Bronchiectasie e BPCO



Recommendations for aetiological diagnosis of bronchiectasis

Rev Port Pneumol. 2016;

revista portuguesa de
PNEUMOLOGIA
portuguese journal of pulmonology

On behalf of the Pulmonology Portuguese Society Bronchiectasis Study Group, A. Amorim^{a,*}, F. Gamboa^b, M. Sucena^c, K. Cunha^d, M. Anciães^e, S. Lopes^f, S. Pereira^f, R.D. Ferreira^f, P. Azevedo^g, J. Costeira^h, R. Monteiroⁱ, J.C. da Costaⁱ, S. Pires^j, C. Nunes^k

Prevalence of BE in obstructive airway diseases

Prevalence of BE in patients with COPD is highly variable (2–74%),^{91,92} probably in relation with the criteria used to define BE. Several studies have confirmed a prevalence of approximately 50% in patients with moderate-severe COPD.^{91,93,94}

The prevalence of BE in asthma is described between 17.5 and 28%.¹⁸



Bronchiectasis in Patients With COPD : A Distinct COPD Phenotype?

Anne E. O'Donnell

Chest 2011;140;1107-1108
DOI 10.1378/chest.11-1484

The online version of this article, along with updated information and services can be found online on the World Wide Web at:

<http://chestjournal.chestpubs.org/content/140/5/1107.full.html>



2015 NEW !!!



COPD-bronchiectasis overlap syndrome

John R. Hurst¹, J. Stuart Elborn² and Anthony De Soyza^{3,4} on behalf of the BRONCH-UK Consortium⁵



Affiliations: ¹UCL Respiratory, University College London, London, UK. ²Centre for Infection and Immunity, Queen's University, Belfast, UK. ³Respiratory Medicine, Institute of Cellular Medicine, Newcastle University, Newcastle, UK. ⁴Adult Bronchiectasis Service, Freeman Hospital, Newcastle upon Tyne Teaching Hospitals, Newcastle, UK. ⁵For a list of the BRONCH-UK Consortium members see the Acknowledgements section.

Correspondence: John R. Hurst, UCL Respiratory, Royal Free Campus, University College London, London NW3 2PF, UK. E-mail: j.hurst@ucl.ac.uk

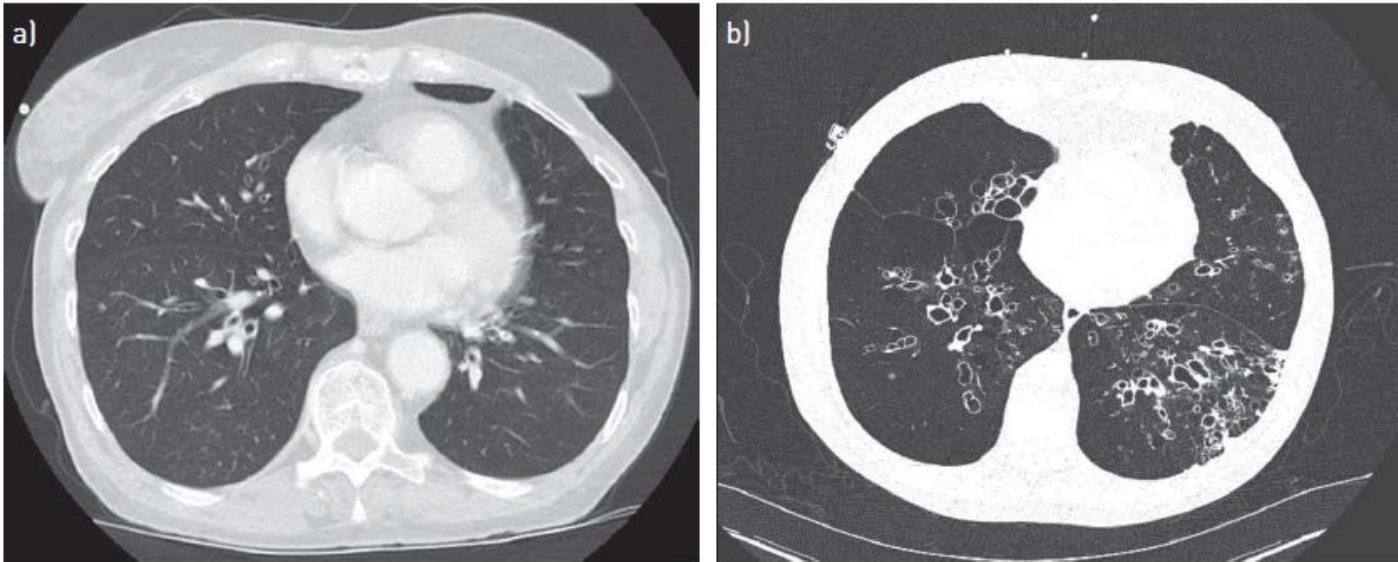


FIGURE 1 a) Typical airway wall changes in chronic obstructive pulmonary diagnosis are diffuse, and may be associated with co-existent emphysema on computed tomography. b) Airway wall changes in primary bronchiectasis may be localised or diffuse, and may be more severe resulting in cystic and/or varicose appearances.

Clinical phenotypes in adult patients with bronchiectasis

Eur Respir J 2016; 47:

Stefano Aliberti¹, Sara Lonni¹, Simone Dore², Melissa J. McDonnell³, Pieter C. Goeminne^{4,5}, Katerina Dimakou⁶, Thomas C. Fardon⁷, Robert Rutherford³, Alberto Pesci¹, Marcos I. Restrepo⁸, Giovanni Sotgiu² and James D. Chalmers⁷

Centre

Dundee, UK
Leuven, Belgium
Monza, Italy
Galway, Ireland
Athens, Greece

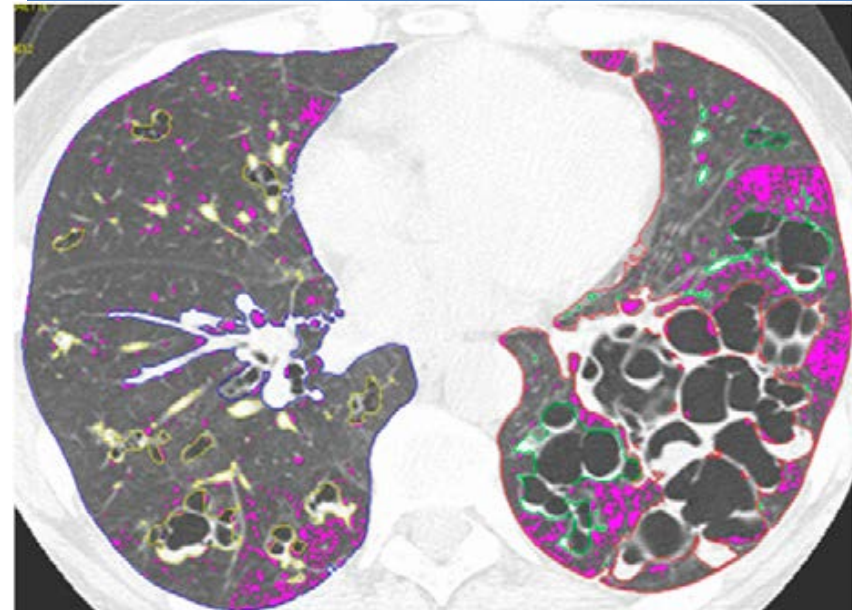
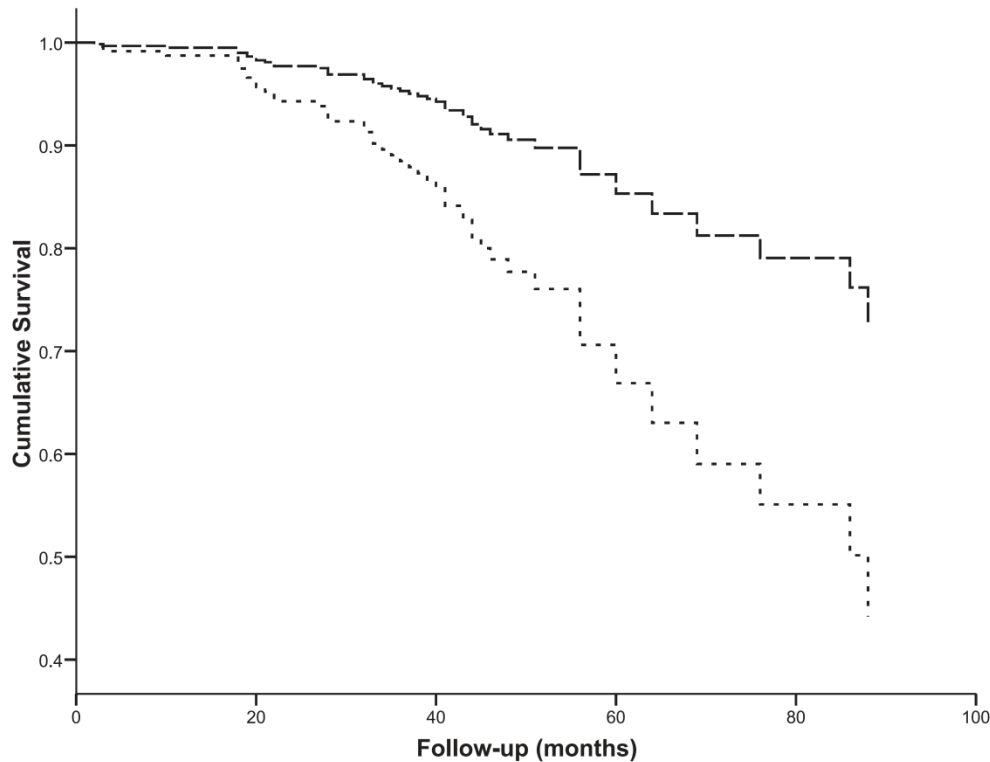
1145 patients

TABLE 3 Aetiology of bronchiectasis in the four clusters

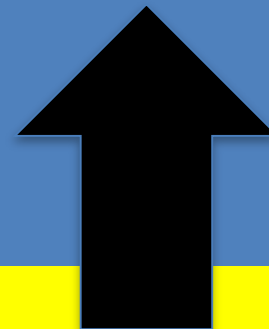
| | Cluster 1: "Pseudomonas" | Cluster 2: "Other chronic infection" | Cluster 3: "Daily sputum" | Cluster 4: "Dry bronchiectasis" | Overall p-value |
|---|-----------------------------|---|------------------------------|------------------------------------|--------------------|
| Patients | 179 (100) | 273 (100) | 373 (100) | 307 (100) | |
| Idiopathic | 46 (26) | 86 (33) | 131 (36) | 110 (36) | 0.09 |
| Post-infective | 63 (36) | 54 (21) | 96 (26) | 77 (25) | 0.004 |
| COPD | 21 (12) | 29 (11) | 50 (14) | 20 (6.6) | 0.03 |
| Connective tissue disease | 10 (5.6) | 26 (9.8) | 26 (7.1) | 27 (8.9) | 0.377 |
| Immunodeficiency | 11 (6.2) | 17 (6.4) | 14 (3.8) | 14 (4.6) | 0.436 |
| ABPA | 10 (5.6) | 20 (7.6) | 12 (3.3) | 12 (3.9) | 0.083 |
| Asthma | 2 (1.1) | 10 (3.8) | 8 (2.2) | 15 (4.9) | 0.071 |
| Inflammatory bowel disease | 3 (1.7) | 6 (2.3) | 12 (3.3) | 3 (1) | 0.233 |
| Ciliary dysfunction | 7 (4) | 6 (2.3) | 5 (1.4) | 2 (0.7) | 0.055 |
| Aspiration | 2 (1.1) | 6 (1.9) | 3 (0.8) | 3 (1) | 0.419 |
| α_1-antitrypsin deficiency | 0 (0) | 1 (0.4) | 3 (0.8) | 6 (2) | 0.091 |
| Congenital | 0 (0) | 2 (0.8) | 3 (0.8) | 0 (0) | 0.284 |
| Other | 2 (1.1) | 1 (0.4) | 2 (0.5) | 15 (4.9) | <0.001 |

Data are presented as n (%), unless otherwise stated. COPD: chronic obstructive pulmonary disease; ABPA; allergic bronchopulmonary aspergillosis.

Mortalità



----- COPD without bronchiectasis (n=86; 8 deaths)
- - - - COPD with bronchiectasis (n=115; 43 deaths)



COPD with bronchiectasis :

mortalità !!



CrossMark

Bronchiectasthma and asthmectasis!

Joan B. Soriano¹ and José Serrano² Eur Respir J 2016; 47

Affiliations: ¹Instituto de Investigación Hospital Universitario de la Princesa (IISP), Universidad Autónoma de Madrid, Madrid, Spain. ²Pneumology Dept, Hospital Comarcal de Inca, Inca, Spain.

Correspondence: Joan B. Soriano, Instituto de Investigación Hospital Universitario de la Princesa (IISP), Universidad Autónoma de Madrid, Diego de León 62, 28030 Madrid, Spain.
E-mail: jbsoriano2@gmail.com



Reconstruction of the first ever identification of bronchiectasis (plus asthma?). *Laennec*

neutrophilic asthma

A1-antitrypsin deficiency

respiratory tract
infections in childhood

immunodeficiencies

Allergic bronchopulmonary
aspergillosis

.....a philosophical approach to this problem could be that individuals suffering with asthma and bronchiectasis should comprise a different population and present a new syndrome worth studying and naming.....

Asthma and bronchiectasis exacerbation

Bei Mao^{1,2,3}, Jia-Wei Yang^{1,2,3}, Hai-Wen Lu¹ and Jin-Fu Xu^{1,2}

Eur Respir J 2016; 47: 1597–1600.

April 13 2016

Affiliations:

¹Dept of Respiratory and Critical Care Medicine, Shanghai Pulmonary Hospital, Tongji University School of Medicine, Shanghai, China.

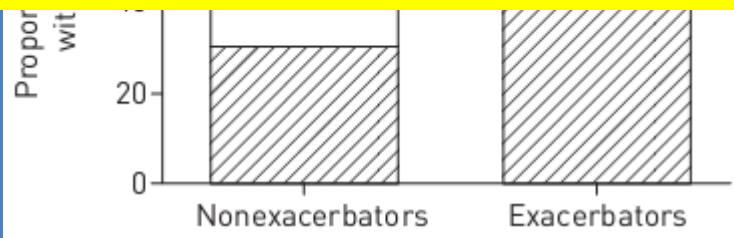
²Dept of Medicine, Shanghai University, Shanghai, China.

The existence of asthma was associated with an independent increase in risk of bronchiectasis exacerbation.

DIAGNOSTIC DIFFICULTIES IN CLINICAL PRACTICE

First question : bronchial hyperresponsiveness (BHR) very common among patients with only bronchiectasis ...indistinguishable from patients with bct and asthma

Second question : complexity of deciding whether an episode of clinical and functional Impairment in a patient with asthma and bct corresponds to an asthma attack , to an exacerbation of bct to both conditions simultaneously.....



| | OR (95% CI) | p value |
|--------------------------------|------------------|---------|
| Asthma | 2.60 (1.15–5.88) | 0.021 |
| FEV ₁ <50% | 4.03 (1.75–9.26) | 0.001 |
| Extent >2 lobes | 2.73 (1.16–6.45) | 0.022 |
| <i>P. aeruginosa</i> isolation | 2.41 (1.00–5.79) | 0.05 |

Factors associated with bronchiectasis exacerbation in all subjects according to the logistic regression analysis.

Galmiche JP, Zerbib F, Des Varannes B. Review article: respiratory manifestations of gastro-oesophageal reflux disease. *Aliment Pharmacol Ther.* 2008;27(6):449-64.
 Lee AL, Button BM, Denehy L, Wilson JW. Gastro-oesophageal reflux in noncystic fibrosis bronchiectasis. *Pulm Med.* 2011;2011:395020.

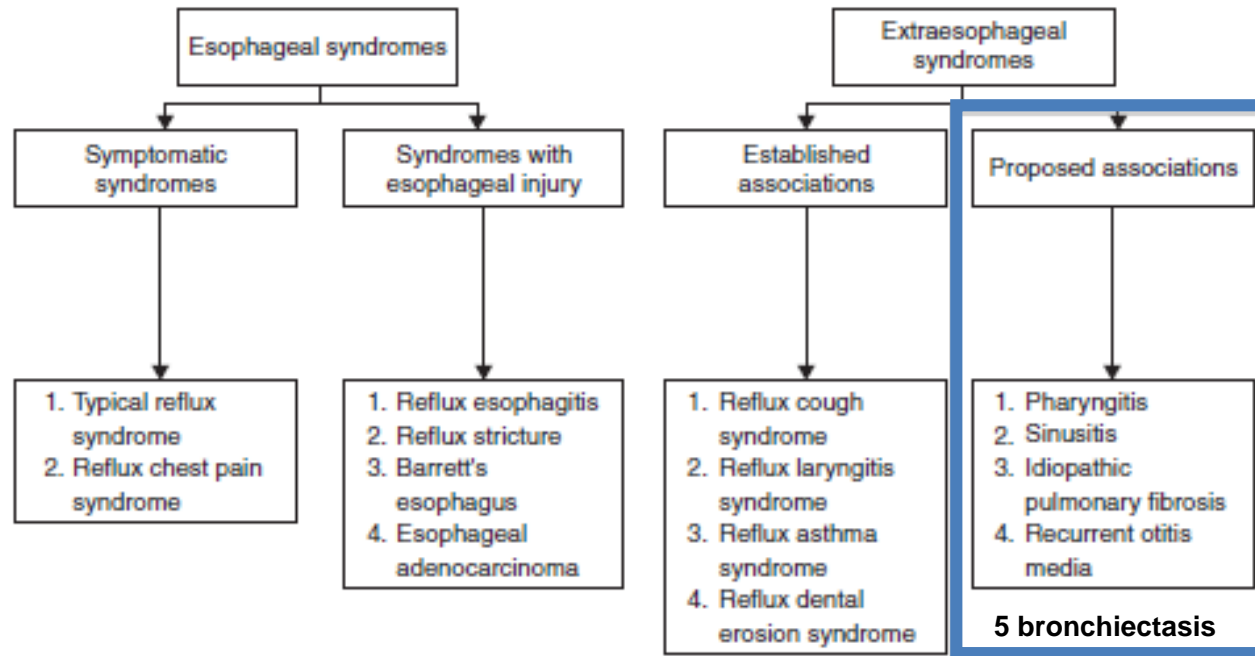


Figure 2 GERD manifestations.

Adapted from Montreal Consensus.

BRONCHIECTASIS

and

Gastro-oesophageal reflux disease

**Bronchiectasie
Malattia Complessa
Indispensabile per una corretta
Terapia :
Approccio multidisciplinare**

**THE
REAL
WORLD**



OVVERO APPROCCIO MULTIDISCIPLINARE AL PROBLEMA!!!!



**On behalf of the British Thoracic Society
Bronchiectasis (non-CF) Guideline Group:
a sub-group of the British Thoracic Society
Standards of Care Committee**



What is the role of HRCT?

- ▶ HRCT is the radiological **DIAGNOSI !** choice to establish the diagnosis of bronchiectasis. [D]

What is an optimum HRCT protocol for defining bronchiectasis?

- ▶ Standard HRCT protocol, single detector CT scanner. [D]
 - patient position: supine, breath holding at full inspiration; optional ECG gating 120–140 kV; 100–180 mAs (dependent on patient habitus); acquisition time <1 s;
- **INDISPENSABILE :**
- **USO DI TECNICHE/PROTOCOLLI**
- ▶ **DI ESECUZIONE ESPERTI**
- detector collimation 0.6 mm, section thickness 1 mm, pitch 0.9;
- reconstruction with ‘very or ultra sharp’ kernel.

What are the HRCT features of bronchiectasis?

- ▶ Bronchial wall dilation (internal lumen diameter greater than accompanying **CARATTERISTICHE !** wall thickness) is the characteristic feature.
- ▶ Bronchial wall thickening is often also present though harder to define. [D]



Can HRCT identify features of specific causes?

- ▶ HRCT features can suggest underlying conditions. **SOSPETTO DIAGNOSTICO !** Laboratory assessments. [D]
- ▶ HRCT images should be examined for features suggesting ABPA, cystic fibrosis, immotile cilia, opportunist mycobacteria and tracheobronchomegaly. [D]

How are HRCT changes related to lung function?

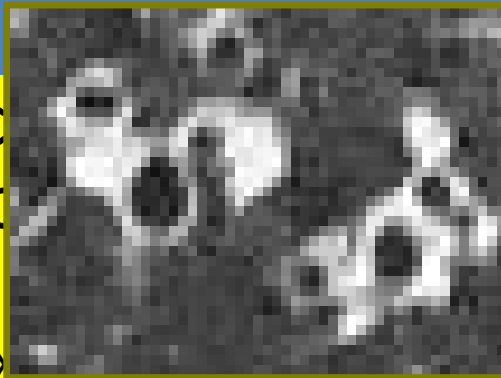
- ▶ The severity of bronchiectasis on HRCT correlates with measures of airflow obstruction. **SEVERITA' !** [D]

How often should radiological investigations be repeated?

- ▶ Routine repeat chest x-ray or HRCT is not necessary; repeat imaging should be considered when there is clinical need. [D]

HRCT Diagnostic Criteria

- **Diametro Bronco (BD) rispetto a quello di un'arteria adiacente (RING SIGN)**



BD) più grande
adiacente (RING SIGN)

- Scores 1 – mild - : IBD not ex
- Scores 2- moderate- : IBD from two or three times
- Scores 3 : - severe- : IBD exc

of adjacent vessel

- **Spessore della Parete peribronchiale : Peribronchovascular thickening (PbT)**



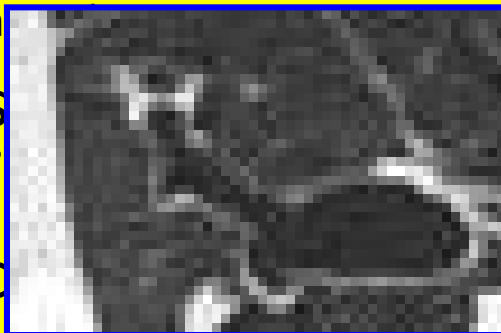
è ispessimento
keness (PbT)

- Scores 1- mild- : PbT was e
- Scores 2 –moderate- : PbT t

nt vessel

- Scores 3 – severe- :PbT grea

- **Non riduzione/assottigliamento dei bronchi (LACK OF BRONCHAL TAPERING)**



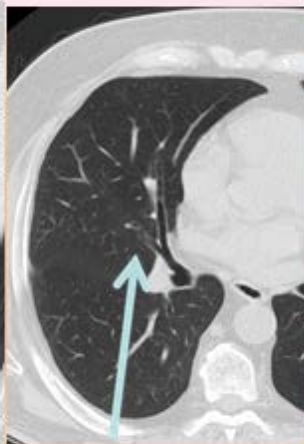
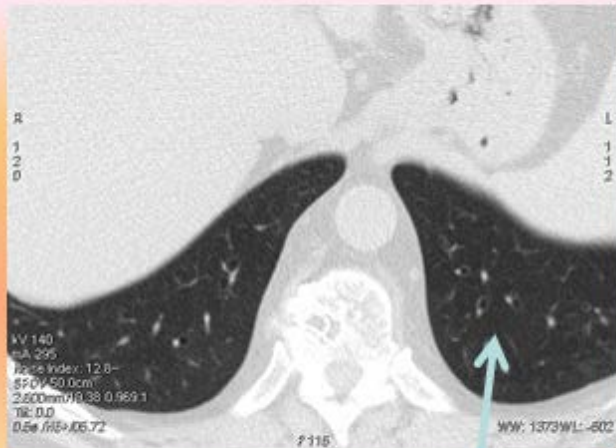
progressivo e distale dei
APERING)

- **Riscontro di bronchi fino a quasi alla superficie pleurica (BOTH BRONCHI)**

) fin quasi alla

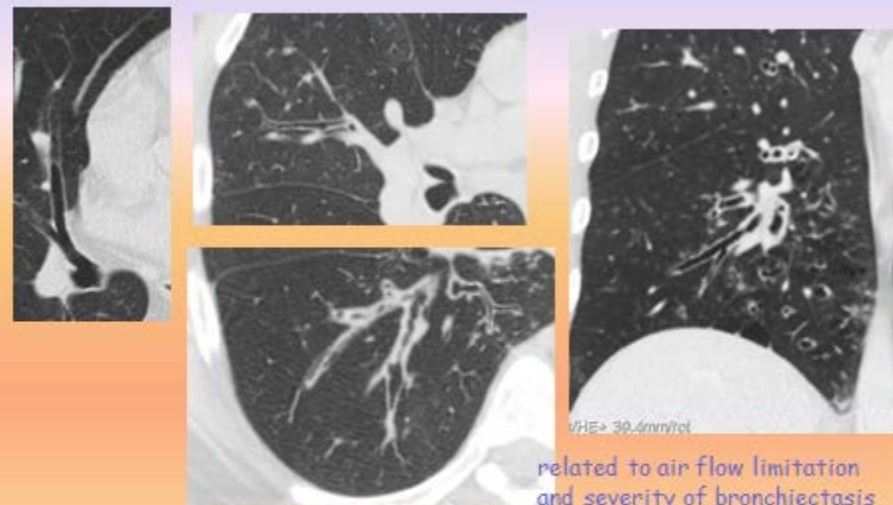
Segni HRCT-MDCT diretti

courtesy by M.Scuderi



> BRONCHOARTERIAL RATIO
 > SIGNET RING SIGN

LACK OF BRONCHIAL TAPERING



related to air flow limitation and severity of bronchiectasis

Bronchial wall thickening is a usual but inconstant feature of bronchiectasis. ...Minor to mild degrees of bronchial wall thickening are seen in normal subjects, those with asthma, individuals with lower respiratory tract viral infections and asymptomatic smokers.

courtesy by M.Scuderi

Segni HRCT-MDCT diretti

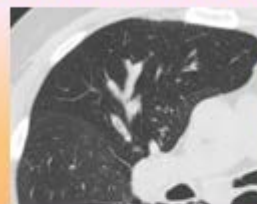


CROWDING

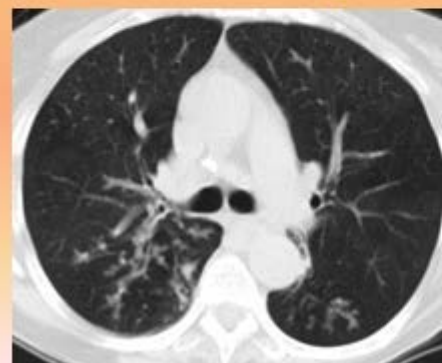


courtesy by M.Scuderi

MUCOID IMPACTION



courtesy by M.Scuderi



TREE IN BUD

Recommendations for aetiological diagnosis of bronchiectasis

Rev Port Pneumol. 2016;

revista portuguesa de
PNEUMOLOGIA
portuguese journal of pulmonology

On behalf of the Pulmonology Portuguese Society Bronchiectasis Study Group, A. Amorim^{a,*}, F. Gamboa^b, M. Sucena^c, K. Cunha^d, M. Anciães^e, S. Lopes^f, S. Pereira^f, R.D. Ferreira^f, P. Azevedo^g, J. Costeira^h, R. Monteiroⁱ, J.C. da Costaⁱ, S. Pires^j, C. Nunes^k

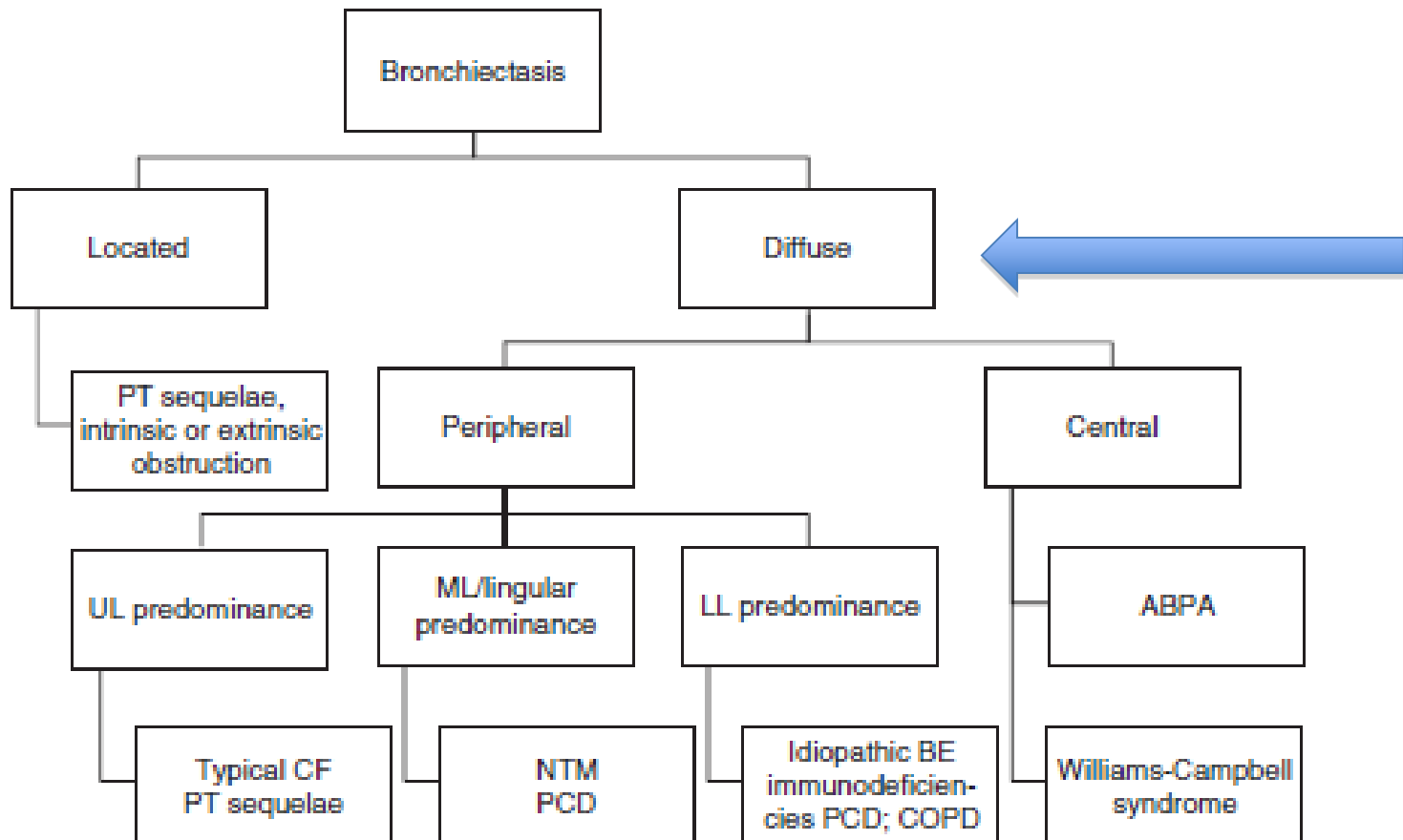
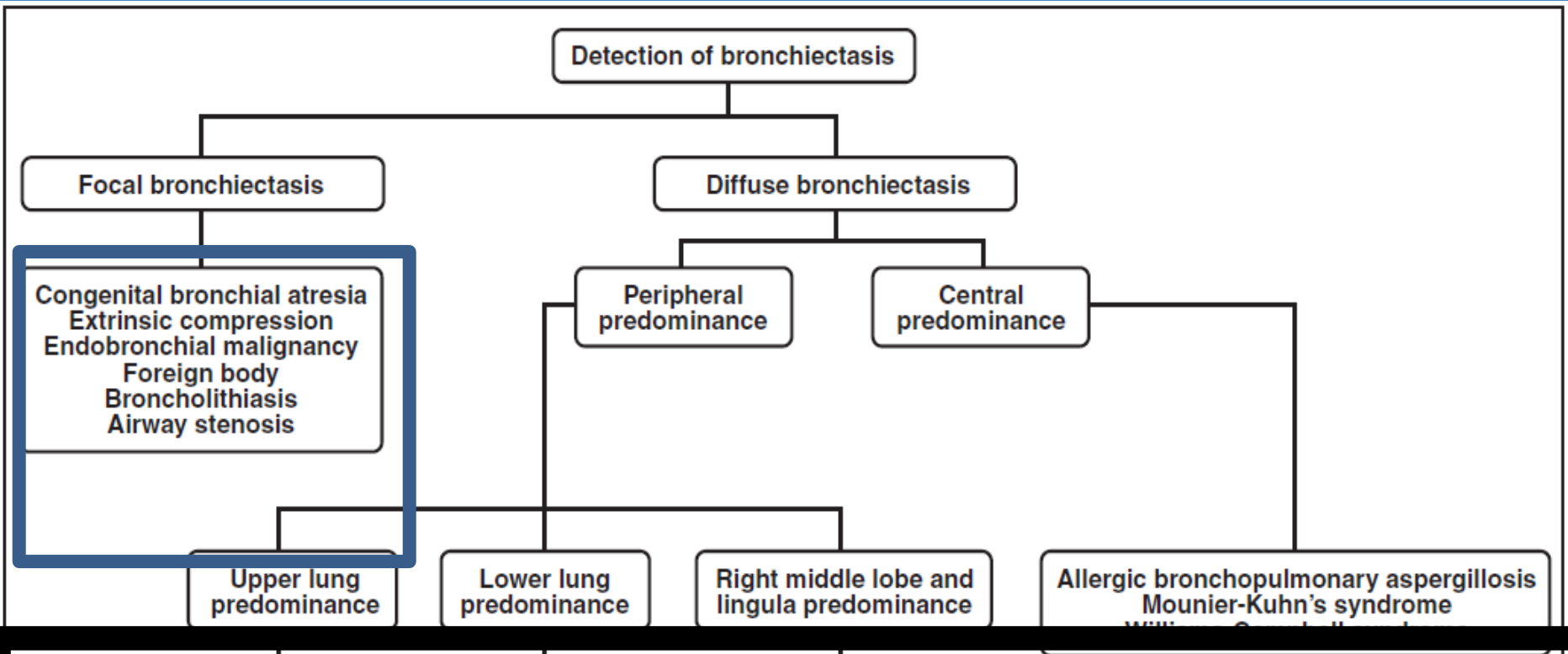


Figure 1 Radiological characteristics and aetiology. UL, upper lobe; ML, middle lobe; LL, lower lobe.

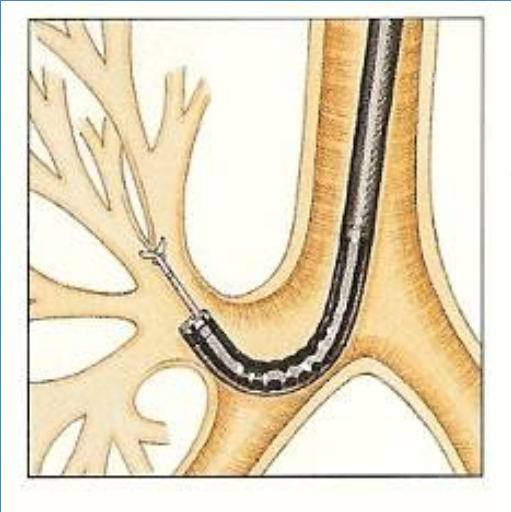
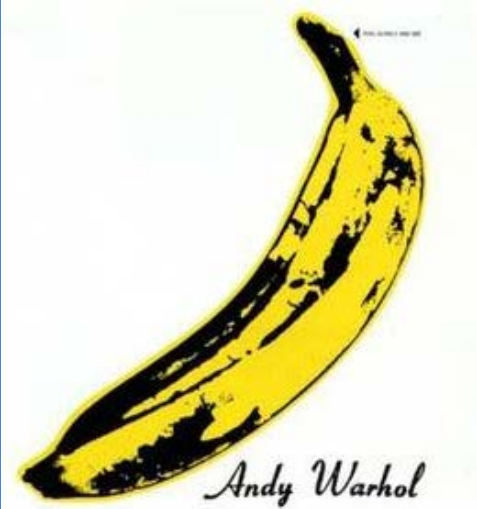
DISTRIBUTION FOCAL !



Focal Bronchiectasis

Any cause of airway obstruction can lead to focal bronchiectasis (Fig. 3). In contrast to diffuse bronchiectasis, focal bronchiectasis requires diagnostic bronchoscopy in almost all patients.

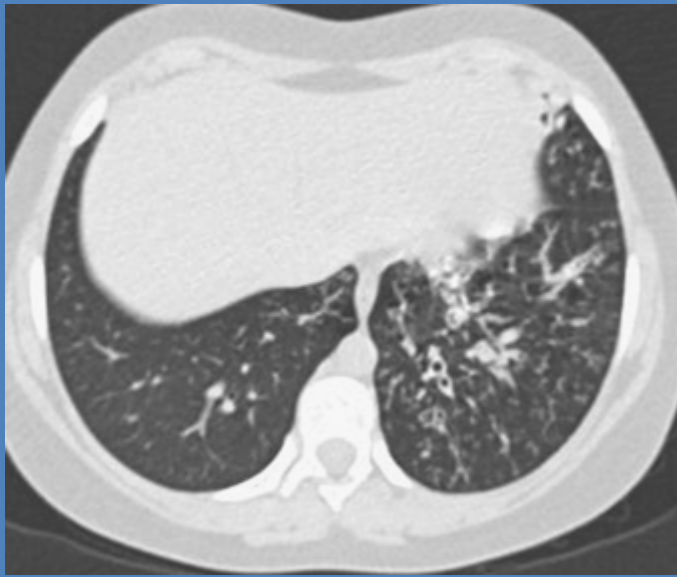
Fbs nelle bct localizzate



INDICAZIONE ALLA BRONCOSCOPIA (FBS) IN PAZIENTE CON BRONCHIECTASIE NON FC

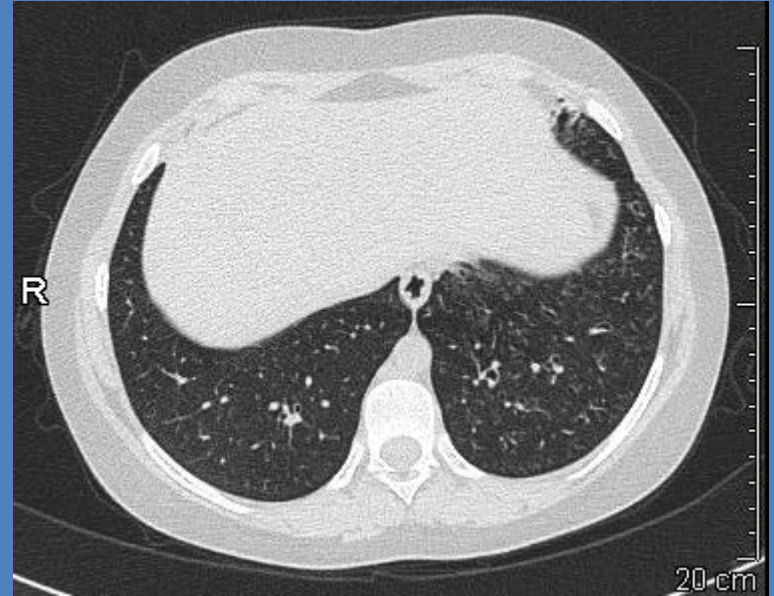


- può identificare e permettere la rimozione di un corpo estraneo nell'albero tracheobronchiale
- Può identificare alterazioni anatomiche e/o ostruzioni bronchiali misconosciute
- Può essere usato per identificare con certezze eventuali patogeni nelle basse vie respiratorie usando metodologie validate per il prelievo batteriologico come il BAL ed il brushing protetto soprattutto in pazienti con apparente malattia stabile
- Permette l' identificazione di "sindrome da aspirazione gastrica " in caso di riscontro di macrofagi con inclusioni lipidiche su BAL

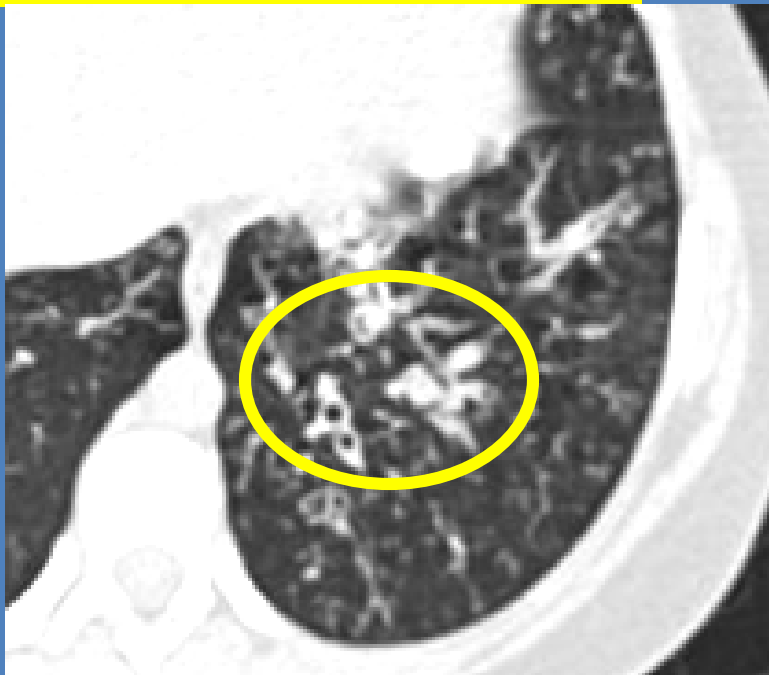


Reversible bronchiectasis
(pseudobronchiectasie)

BAL: *Haemophilus influenzae*



dopo 9 mesi





European Journal of

RADIOLOGY

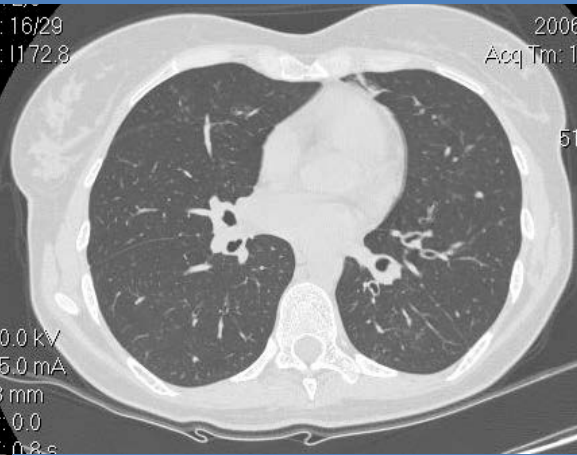
2002

- **Reversible bronchial dilatation in children: comparison of serial high-resolution computer tomography scans of the lungs**

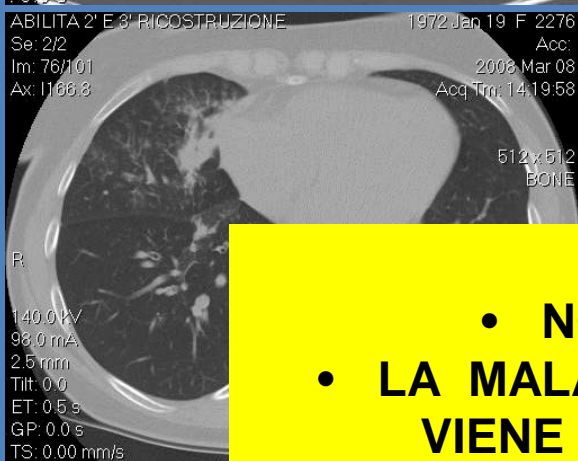
La diagnosi di BRONCHIECTASIE NEL BAMBINO deve essere fatta SOLO in presenza di segni clinici PERSISTENTI nel tempo associati ad un riscontro di BRONCHIECTASIE su una TAC del torace praticata dopo un ragionevole intervallo di tempo (almeno 2 anni secondo l'autore....)

....nel bambino si dovrebbero usare metodiche (multidetector four channel CT) che minimizzino il tempo e la dose di esposizione anche per ridurre la necessità di una sedazione.....

**LA DIAGNOSI DI BRONCHIECTASIE NEI BAMBINI DEVE ESSERE FATTA
CON “ MOLTA CAUTELA ”**



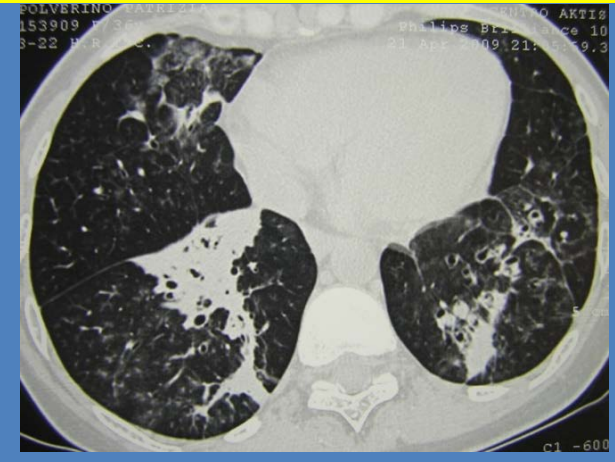
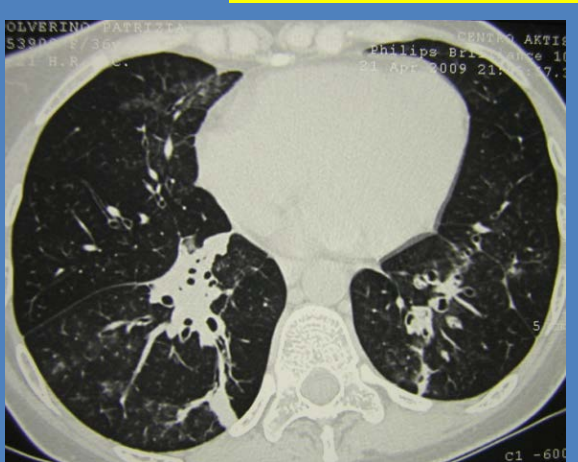
2006



2008

NELL'ADULTO

- **NON REVERSIBILITA' DELLE LESIONI**
- **LA MALATTIA SPESSO PROGREDISCE ANCHE SE VIENE PRATICATA UNA TERAPIA ADEGUATA !**



2011

Intervento chirurgico!!!



Bronchiectasie: Scoring system in CF



RADIOLOGICAL SCORING SYSTEM in CYSTIC FIBROSIS

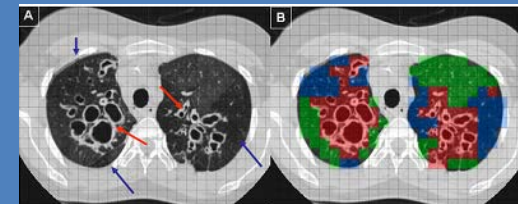
Bhalla CT score (bronchiectasis in cystic fibrosis)

| Category | Score | | | |
|--|--------|---|--|---|
| | 0 | 1 | 2 | 3 |
| Severity of bronchiectasis | Absent | Mild (luminal diameter slightly greater than diameter of adjacent blood vessel) | Moderate (lumen 2–3 times the diameter of the vessel) | Severe (lumen > 3 times diameter of vessel) |
| Peribronchial thickening | Absent | Mild (wall thickness equal to diameter of adjacent vessel) | Moderate (wall thickness greater than and up to twice the diameter of adjacent vessel) | Severe (wall thickness > 2 times the diameter of adjacent vessel) |
| Extent of bronchiectasis (no. of BP segments) | Absent | 1–5 | 6–9 | > 9 |
| Extent of mucus plugging (no. of BP segments) | Absent | 1–5 | 6–9 | > 9 |
| Sacculations or abscesses (no. of BP segments) | Absent | 1–5 | 6–9 | > 9 |
| Generations of bronchial divisions involved (bronchiectasis or plugging) | Absent | Up to 4th generation | Up to 5th generation | Up to the 6th generation and distal |
| No. of bullae | Absent | Unilateral (not > 4) | Bilateral (not > 4) | > 4 |
| Emphysema (no. of BP segments) | Absent | 1–5 | > 5 | |
| Collapse or consolidation | Absent | Subsegmental | Segmental or lobar | |

Severe Advance Lung Disease (SALD) Scoring System

Chest Computed Tomography Scores Are Predictive of Survival in Patients with Cystic Fibrosis Awaiting Lung Transplantation

Martine Loeve^{1,2}, Wim C. J. Hop³, Marleen de Bruijne^{2,4,5}, Peter T. W. van Hal⁶, Phil Robinson⁷, Moira L. Aitken⁸, Jonathan D. Dodd⁹, and Harm A. W. M. Tiddens^{1,2}; on behalf of the Computed Tomography Cystic Fibrosis Survival Study Group*





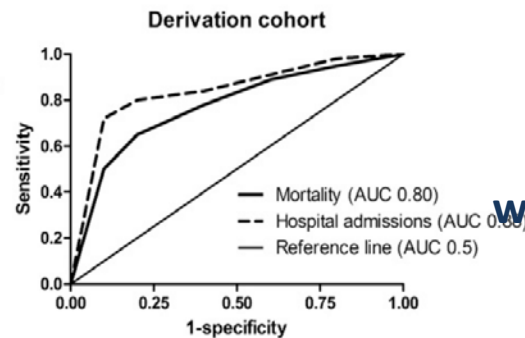
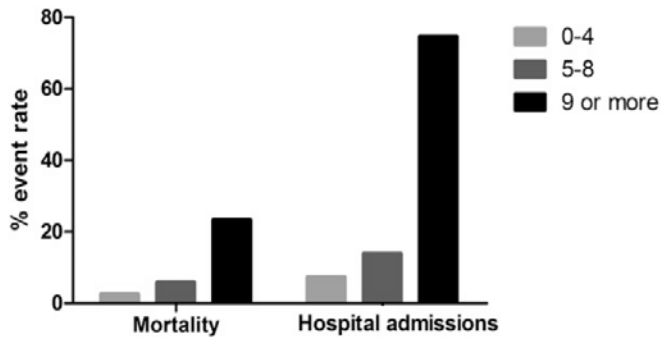
Bronchiectasie: Scoring system in Non CF



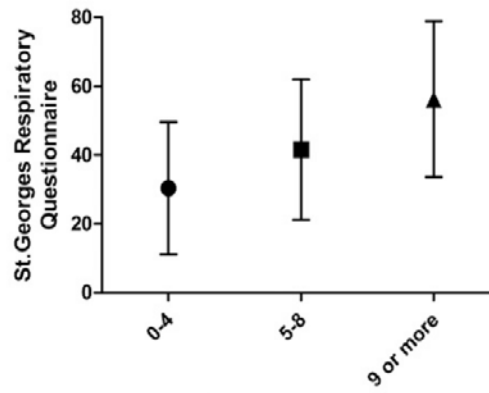
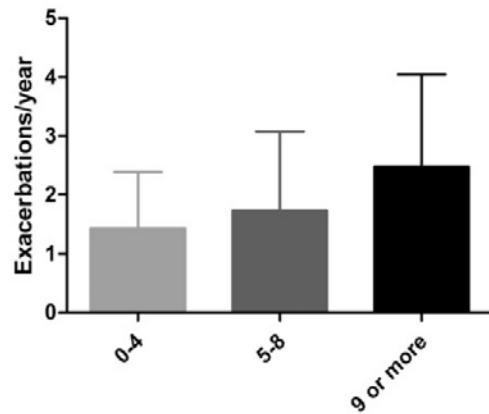
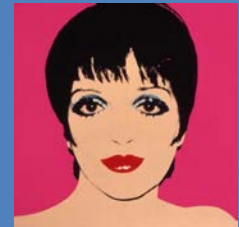
The Bronchiectasis Severity Index

An International Derivation and Validation Study

James D. Chalmers¹, Pieter Goeminne², Stefano Aliberti³, Melissa J. McDonnell^{4,5}, Sara Lonni³, John Davidson⁴, Lucy Poppelwel¹, Waleed Salih¹, Alberto Pesci³, Lieven J. Dupont², Thomas C. Fardon¹, Anthony De Soyza^{4,5}, and Adam T. Hill⁶



www.bronchiectasisseverity.com



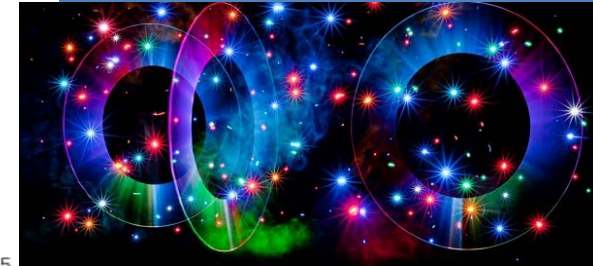
Bronchiectasis severity index score

Bronchiectasis severity index score

0-4 punti: Lieve
5-8 punti: Moderata
>9 punti : Grave

Multidimensional approach to non-cystic fibrosis bronchiectasis: the FACED score

Miguel Á. Martínez-García^{1,2}, Javier de Gracia^{2,3,4}, Monserrat Vendrell Relat^{2,5}, Rosa-Maria Girón⁶, Luis Máiz Carro⁷, David de la Rosa Carrillo⁸ and Casilda Olveira⁹



**The outcome was 5-year all-cause mortality after radiological diagnosis
“An easy-to-use multidimensional grading system accurately classifies
bronchiectasis severity according to prognosis”**

TABLE 6 Final score, cut-off points of the dichotomised variables and scoring of each variable

| | Points |
|--|--------|
| Chronic colonisation by <i>Pseudomonas aeruginosa</i> | |
| No | 0 |
| Yes | 1 |
| Dyspnoea mMRC score | |
| 0–II | 0 |
| III–IV | 1 |
| FEV1 % predicted | |
| ≥ 50% | 0 |
| < 50% | 2 |
| Age | |
| < 70 years | 0 |
| ≥ 70 years | 2 |
| Number of lobes | |
| 1–2 | 0 |
| > 2 | 1 |

Maximum score 7 points. mMRC: modified Medical Research Council; FEV1: forced expiratory volume in 1 s.

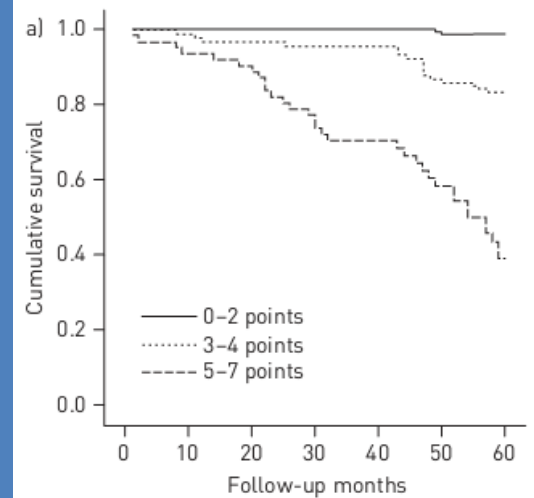


FIGURE 4 Kaplan–Meier curves for respiratory mortality

We conclude that this easy-to-use multidimensional grading system proved capable of accurately classifying the severity of bronchiectasis according to its prognosis.

The Bronchiectasis Severity Index

An International Derivation and Validation Study

James D. Chalmers¹, Pieter Goeminne², Stefano Aliberti³, Melissa J. McDonnell^{4,5}, Sara Lonni³, John Davidson⁴, Lucy Poppelwell¹, Waleed Salih¹, Alberto Pesci³, Lieven J. Dupont², Thomas C. Fardon¹, Anthony De Soyza^{4,5}, and Adam T. Hill⁶

ORIGINAL ARTICLE
BRONCHIECTASIS

Multidimensional approach to non-cystic fibrosis bronchiectasis: the FACED score

Miguel Á. Martínez-García^{1,2}, Javier de Gracia^{2,3,4}, Monserrat Vendrell Relat^{2,5}, Rosa-Maria Girón⁶, Luis Máiz Carro⁷, David de la Rosa Carrillo⁸ and Casilda Oliveira⁹



Valutazione
Prognosi
In rapporto
alla severità

Stretto follow up

**Identifica
Le Forme gravi**

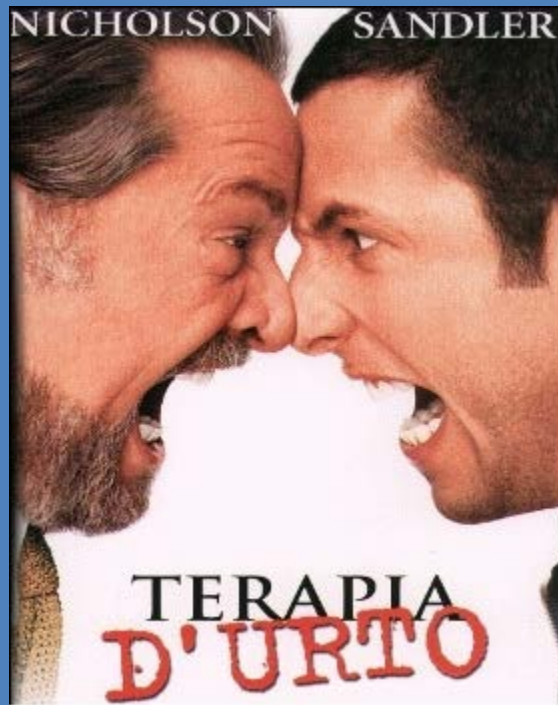
Impegno di risorse:
•Facilità di accesso del
paziente al centro in caso
di riacutizzazione.

Prescrizione di device per FKT
fuori dalle indicazioni convenzionali

- PEP mask
- CPAP
- BiLevel

Utilizzo di farmaci con
modalità off label o
attraverso protocolli di ricerca

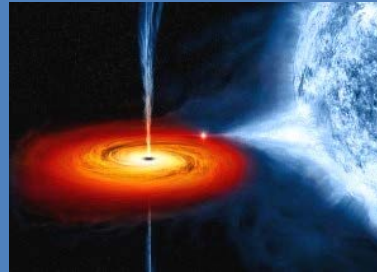
- Antibiotico terapia a
Lungo termine
- Antibiotici inalatori



Bronchiectasie :TERAPIA



Approccio terapeutico integrato



A. Utilizzo di terapia antibiotiche inalatorie a lungo termine.

B. Utilizzo dei Macrolidi.

C. Riabilitazione e fisioterapia



Nessuna raccomandazione specifica nelle
linea guida, non farmaci con indicazione specifica oltre a quelle
comuni per tutti i pazienti con BPCO

Approccio terapeutico integrato

A. Utilizzo di terapia antibiotiche inalatorie a lungo termine.

B. Utilizzo dei Macrolidi.

C. Riabilitazione e fisioterapia





Management of bronchiectasis in adults

James D. Chalmers¹, Stefano Aliberti² and Francesco Blasi³



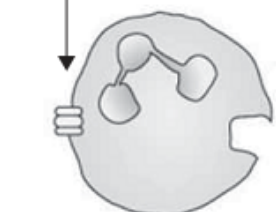
CrossMark

Circulating neutrophils

Pulmonary epithelium

Airway neutrophil

CXCR2 antagonists



Statins



Neutrophil elastase inhibitors

Mannitol

CFTR-specific therapies

Inhaled amikacin

Inhaled colistin

Novel specific anti-pseudomonals

Inhaled ciprofloxacin

Pseudomonas aeruginosa

Haemophilus influenzae

NEW

FIGURE 3 New therapies in development for bronchiectasis and their possible role. CFTR: cystic fibrosis transmembrane conductance regular.

Rationale for inhaled antibiotics

To reduce systemic side effects

(Tendinitis)

To increase local concentration

(Disease)

The good example of CF:

the positive benefit (lung function, exacerbation, HRQoL)

Positive risk balance (safety/tolerability, resistance)

To reduce the risk of antibiotic resistance

Month on - month off

OBIETTIVO : Eradicazione di *P aeruginosa* in bronchiectasie non FC.

TABLE 2 Current state of development of inhaled antibiotic agents for non-cystic fibrosis bronchiectasis

| Agent [ref.] | n | Current phase of development | Primary outcome | Duration | Patient population | Main results | Safety |
|-------------------------------------|--|--|--|--|--|---|--|
| Amoxicillin [78–80] | 6 [78]; 3 [79]; 5 [80] | Three open label studies following failure of oral antibiotics | Sputum purulence | Continuous; 4 months/16 weeks | Bronchiectasis patients with purulent sputum that failed to clear following oral amoxicillin | Reduced sputum purulence; reduced neutrophil elastase activity; reduced sputum volume; improved PEFr. | No issues identified. |
| Tobramycin [81] | A: 37; P: 37 | Phase II study | <i>P. aeruginosa</i> bacterial load | 28 days treatment [total duration 8 weeks] | <i>P. aeruginosa</i> -colonised patients; mean age 66 versus 63 years; FEV ₁ mean 56 versus 53% | Significant reduction in <i>P. aeruginosa</i> load [mean difference 4.56 log ₁₀ cfu-mL ⁻¹ , p<0.01]; 13/37 cleared <i>P. aeruginosa</i> from sputum; no significant change in FEV ₁ , p=0.41. | Increased dyspnoea, chest pain and wheezing; new resistance to tobramycin in 4/36. |
| Gentamicin [82] | A: 27; P: 30 | Single-blind randomised controlled trial | Bacterial load | 12 months | Patients colonised with any pathogens in at least three sputum samples in the preceding 12 months; two exacerbations in the previous year; able to tolerate test dose of gentamicin; FEV ₁ >30% predicted; exsmokers of >1 year; not on long-term | Significant difference in bacterial load at 12 months [2.96 log ₁₀ cfu-mL ⁻¹ versus 7.67 log ₁₀ cfu-mL ⁻¹ , p<0.0001]; reduction in exacerbations [median 0 in the gentamicin group, 1.5 in the saline group, p<0.0001]; improved SGRQ and LCQ scores; reduced airway | Bronchospasm in 21.9%, two withdrawals; elevated serum gentamicin levels required dose reduction in one patient; no resistant isolates detected. |
| Colistin [83] | A: 73; P: 71 | Phase III double-blind randomised controlled trial | Time to first exacerbation | 6 months [patients withdrawn following exacerbation] | | | |
| Aztreonam [84] | AIR-BX1: A: 134; P: 132. AIR-BX2: A: 136; P: 138 | 2x phase III double-blind randomised controlled trial | QOL-B questionnaire score at week 4 | Two 28 day treatment courses with alternating 28 day off treatment | Positive sputum for <i>P. aeruginosa</i> or other Gram-negative organisms [excluding <i>H. influenzae</i>] FEV ₁ >20% predicted; chronic sputum production. | No difference in QOL-B at week 4 [mean difference 0.8 [95% CI -3.1-4.7, p=0.7] in AIR-BX1 and 4.6 [1.1-8.2, p=0.01] in AIR-BX2]; no difference in QOL-B in both studies at week 12 [p=0.56 in both studies]; no difference in time to first exacerbation. | AIR-BX1 adverse events leading to discontinuation: 22 versus 6%; AIR-BX2-adverse events leading to discontinuation: 10 versus 5%. |
| Ciprofloxacin DPI [86] | A: 60; P: 64 | Phase II double blind randomised controlled trial | Bacterial load | 28 days treatment with follow-up to 84 days | Idiopathic or post-infective bronchiectasis; two or more exacerbations in the previous 12 months [one hospitalisation]; able to produce sputum; culture positive for target microorganisms. | Mean difference in bacterial load -3.62 log ₁₀ cfu-mL ⁻¹ versus -0.27 log ₁₀ cfu-mL ⁻¹ , p<0.001; no significant differences in proportion of patients with exacerbations [36.7 versus 39.1%, p=0.6]; no significant difference in SGRQ [mean difference -3.56, p=0.059]. | 10% of patients developed resistance [MIC >4 mg-L ⁻¹] in the ciprofloxacin group; no difference in adverse events between groups. |
| Liposomal ciprofloxacin [87] | A: 20; P: 22 | Phase II study double blind randomised controlled trial | Bacterial load after first 28-day treatment cycle with intervening 28-day off periods] | 24 weeks [three 28 day treatment cycles] | <i>P. aeruginosa</i> -colonised patients; ≥2 exacerbations in previous 12 months. | Reduction in <i>P. aeruginosa</i> bacterial load -4.2 versus -0.08 log ₁₀ cfu-mL ⁻¹ , p=0.002; reduced number of exacerbations in the active treatment group [OR 0.2 95% CI 0.04-0.89, p=0.027]; median time to pulmonary exacerbations reduced in the per protocol population [p=0.046]. | No significant difference in minimal inhibitory concentrations to ciprofloxacin at day 28; no increase in adverse events. |

STATE OF THE ART
MANAGEMENT OF BRONCHIECTASIS IN ADULTS

Management of bronchiectasis in adults

James D. Chalmers¹, Stefano Aliberti² and Francesco Blasi³



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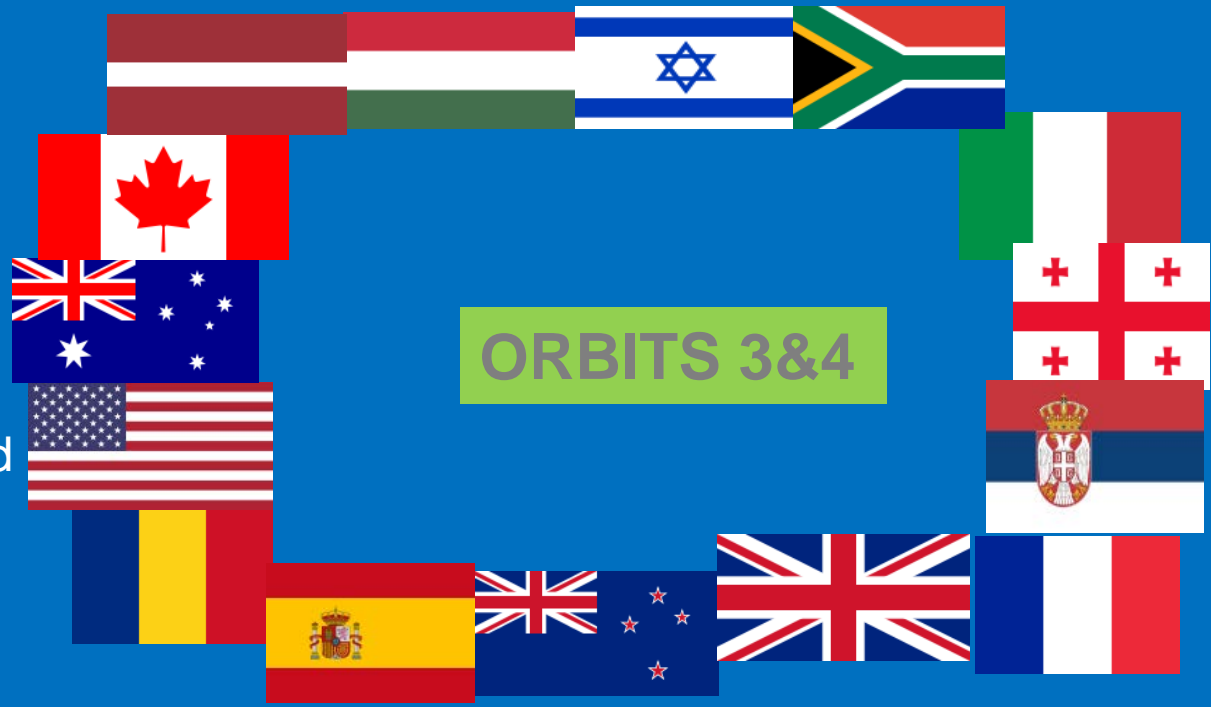
2015

ORBIT-3&4 Phase 3 Status January 2015

- 15 countries with 157 active sites



- Australia
- Canada
- France
- Georgia
- Hungary
- Israel
- Italy
- Latvia
- New Zealand
- Romania
- Serbia
- South Africa
- Spain
- United Kingdom
- USA



ORBITS 3&4

ORBIT 4

Studio multicentrico, randomizzato, in doppio cieco, controllato con placebo per valutare la sicurezza e l'efficacia di Pulmaquin® nella gestione delle infezioni polmonari croniche in presenza di *Pseudomonas aeruginosa* nei soggetti con bronchiectasia non da fibrosi cistica, con un'estensione in aperto di 28 giorni (ORBIT-4)

Ciprofloxacina per inalazione (Ciprofloxacin for Inhalation, CFI, 50 mg/ml), 150 mg in 3 ml

Ciprofloxacina libera per inalazione (Free Ciprofloxacin for Inhalation, FCI, 20 mg/ml), 60 mg in 3 ml

Obiettivo primario

L'obiettivo primario di questo studio è di valutare l'efficacia di Pulmaquin rispetto al placebo nella gestione delle infezioni polmonari croniche in presenza di *P. aeruginosa* nei soggetti con bronchiectasia non da Fibrosi Cistica (non FC) valutando il momento della prima esacerbazione polmonare nella Fase in doppio cieco.

Obiettivi secondari

Gli obiettivi secondari del presente studio sono di valutare quanto segue:

- Efficacia di Pulmaquin rispetto al placebo valutata dagli esiti clinici (comprese le esacerbazioni polmonari), dalla funzionalità polmonare, dagli esiti riferiti dal paziente e dal test di esercizio fisico nella Fase in doppio cieco.
- Risposta microbiologica nella Fase in doppio cieco e nell'Estensione in aperto.
- Sicurezza e tollerabilità di Pulmaquin rispetto al placebo nella Fase in doppio cieco.
- Sicurezza e tollerabilità di Pulmaquin nell'Estensione in aperto.

Antibiotici inalatori

Pro

- Eradicazione di Pa (solo??)
- Riduzione riacutizzazioni
- Riduzione dei ricoveri
- Lieve riduzione del declino del FEV1
- Lieve e non significativo miglioramento della QL

Contro

- Tosse
- Broncospasmo
- Emottisi

Approccio terapeutico integrato

Effetti avversi in bronchiectasie non FC.

| Adverse events | Events/patients | | Trials n | Risk ratio (95% CI) | p-value | I ² % |
|----------------------------------|------------------|---------------|----------|---------------------|---------|------------------|
| | Antibiotic group | Control group | | | | |
| Death | 7/304 (2.3) | 4/286 (1.4) | 8 | 1.28 (0.44–3.71) | 0.65 | 0 |
| Withdrawal due to adverse events | 37/304 (12.2) | 35/286 (12.2) | 8 | 1.00 (0.67–1.50) | 0.99 | 0 |
| Bronchospasm | 26/260 (10.0) | 6/266 (2.3) | 7 | 2.96 (1.30–6.73) | 0.01 | 0 |
| Cough | 15/97 (15.5) | 14/101 (13.9) | 2 | 0.54 (0.03–0.52) | 0.69 | 76.3 |
| Haemoptysis | 6/97 (6.2) | 5/101 (4.9) | 2 | 1.26 (0.39–4.01) | 0.70 | 0 |

Data are presented as n/N (%), unless otherwise stated.



Approccio terapeutico integrato

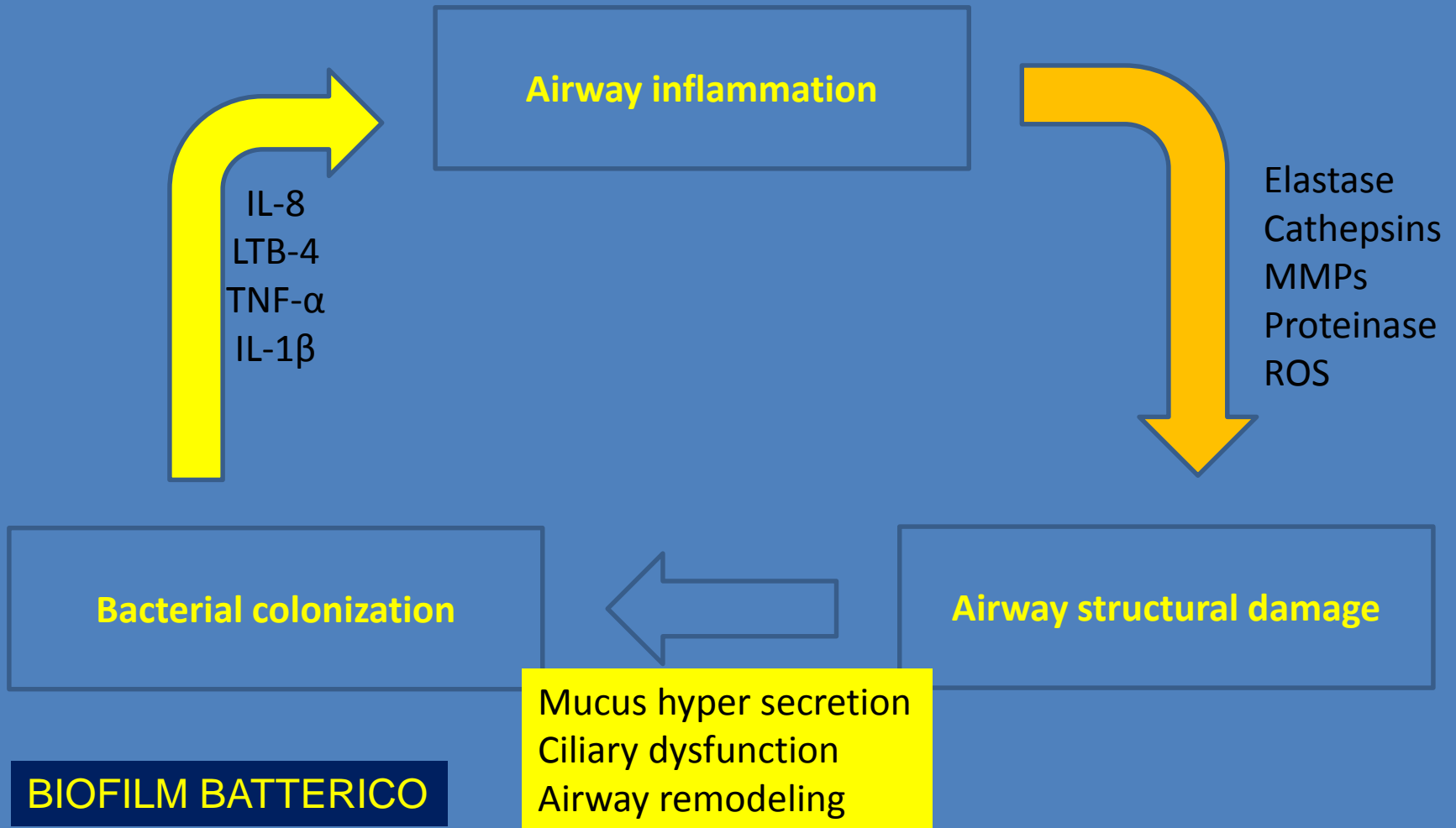
A. Utilizzo di terapia antibiotiche inalatori a lungo termine.

B. Utilizzo dei Macrolidi.

C. Riabilitazione e fisioterapia



The vicious circle



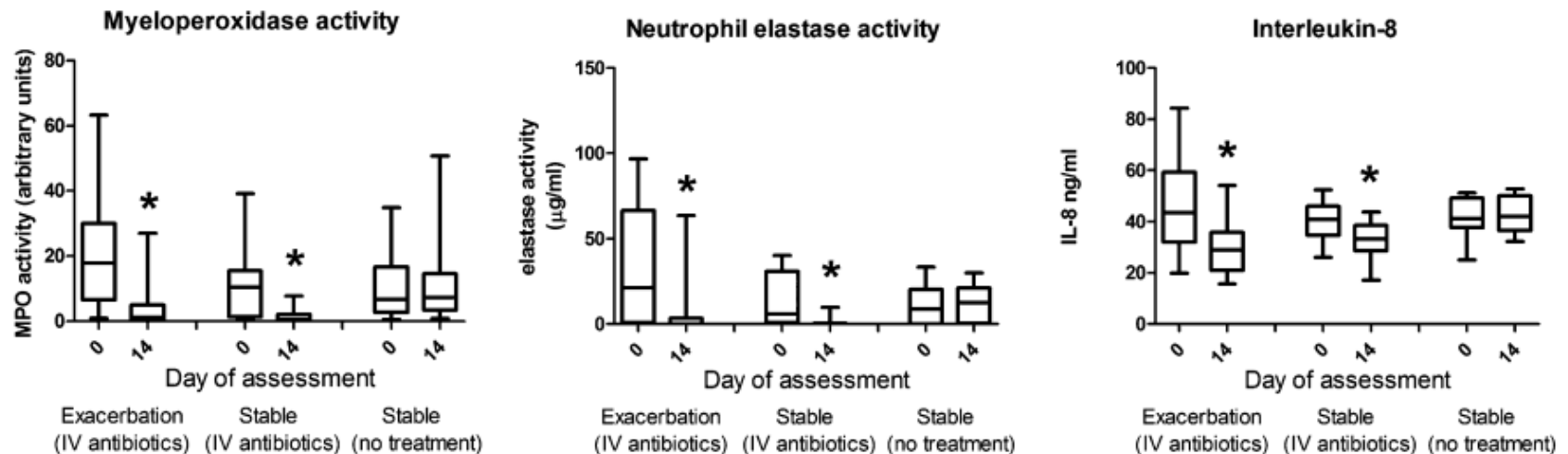
Short- and Long-Term Antibiotic Treatment Reduces Airway and Systemic Inflammation in Non-Cystic Fibrosis Bronchiectasis

James D. Chalmers¹, Maeve P. Smith², Brian J. McHugh¹, Cathy Doherty³, John R. Govan³, and Adam T. Hill^{1,2}

¹The University of Edinburgh/Medical Research Council Centre for Inflammation Research, The Queen's Medical Research Institute, Edinburgh, United Kingdom; ²Department of Respiratory Medicine, Royal Infirmary of Edinburgh, Edinburgh, United Kingdom; and ³School of Medicine and Veterinary Medicine, Cystic Fibrosis Group, Centre for Infectious Diseases, University of Edinburgh, Edinburgh, United Kingdom

Conclusions

Chronic colonization with high bacterial loads in non-CF bronchiectasis is associated with airway and systemic inflammation, a greater risk of exacerbations, and worse health-related quality of life. Short- and long-term antibiotic therapy reduces markers of airway and systemic inflammation. This study highlights the importance of monitoring sputum bacteriology when clinically stable and provides the evidence base for future intervention studies to reduce the bacterial burden in the airways.



Riduzione/rimodulazione dei mediatori di infiammazione sistemica

TABLE 1 Summary of three double blind randomised controlled trials of macrolides in non-CF bronchiectasis

| | EMBRACE: New Zealand | | BLESS: Australia | | BAT: Netherlands | |
|--|----------------------|--|------------------|---------------------------------------|------------------|--------------------------------------|
| | Placebo | Azithromycin 500 mg three times per week | Placebo | Erythromycin 400 mg twice daily | Placebo | Azithromycin 250 mg once daily |
| Subjects n | 70 | 71 | 58 | 59 | 40 | 43 |
| Male % | 29 | 32 | 43 | 36 | 30 | 42 |
| Mean age years | 59.0 | 60.9 | 63.5 | 61.1 | 64.6 | 59.9 |
| Baseline data | | | | | | |
| FEV ₁ % predicted at baseline | 67.3 | 67.1 | 70.1 | 66.9 | 82.7 | 77.7 |
| Exacerbation rate pre-trial | 3.93 (mean) | 3.34 (mean) | Not reported | Not reported | 4.0 (median) | 5.0 (median) |
| SGRQ | 36.6 | 31.9 | 38.1 | 36.7 | 40.2 | 40.6 |
| Outcomes | | | | | | |
| Change in FEV ₁ with treatment | -0.04 | 0 | -4.0 | -1.6 [#] | -0.10 | 1.03 [#] |
| Change in SGRQ from baseline | -1.92 | -5.17 | -1.3 | -3.9 | -4.12 | -12.18 [#] |
| Total exacerbations in 12 months during trial n | 178 | 109 | 114 | 76 | 78 | 39 |
| Mean exacerbation rate during trial (per patient) | 2.54 | 1.54 [¶] | 1.97 | 1.27 [#] | 1.95 | 0.91 [¶] |

SGRQ: St. George's Respiratory Questionnaire. [#]: p<0.05 compared with placebo. [¶]: p<0.001 compared with placebo group.

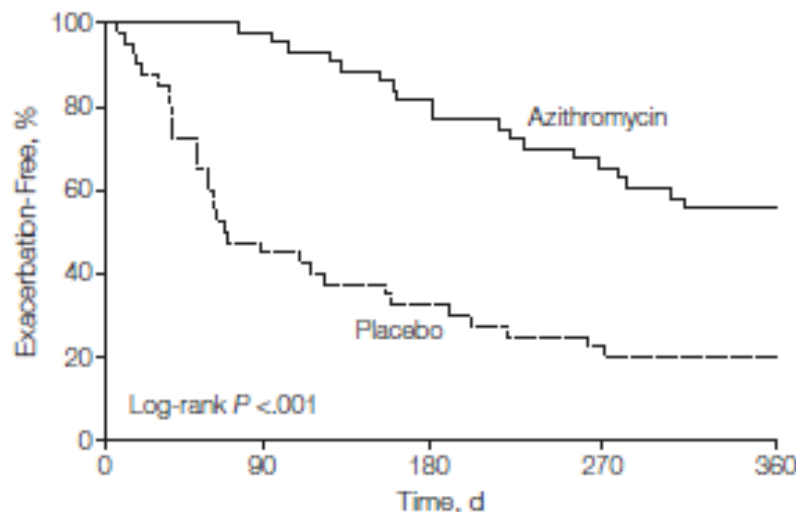
Effect of Azithromycin Maintenance Treatment on Infectious Exacerbations Among Patients With Non-Cystic Fibrosis Bronchiectasis

The BAT Randomized Controlled Trial

JAMA. 2013;309(12):1251-1259

Figure 2. Proportion of Patients Remaining Exacerbation Free

A Treatment period (0-365 d)



| No. at risk | 0 | 90 | 180 | 270 | 360 |
|--------------|----|----|-----|-----|-----|
| Azithromycin | 43 | 41 | 33 | 28 | |
| Placebo | 40 | 18 | 13 | 8 | |

| No. of exacerbations | 0 | 90 | 180 | 270 | 360 |
|----------------------|---|----|-----|-----|-----|
| Azithromycin | 0 | 2 | 8 | 5 | |
| Placebo | 0 | 22 | 5 | 5 | |

43 pts (52%) on AZI (250 mg daily) for 12 months
40 (48%) on placebo for 12 months

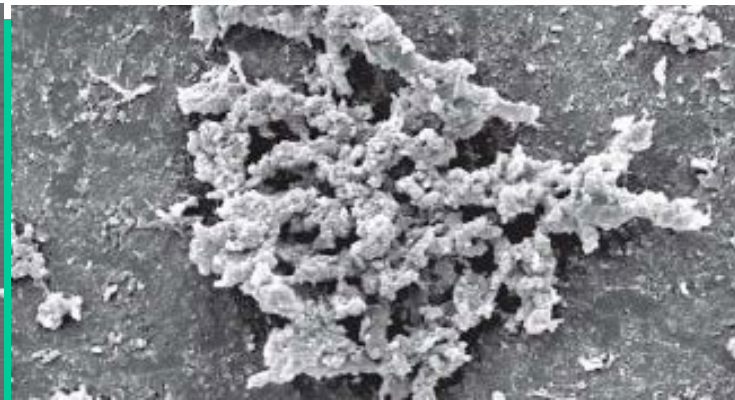
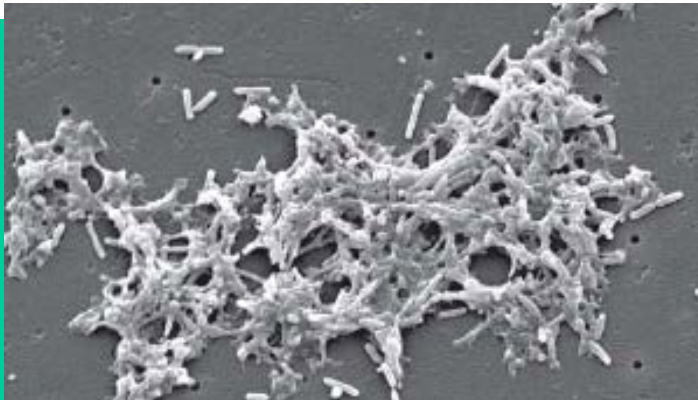
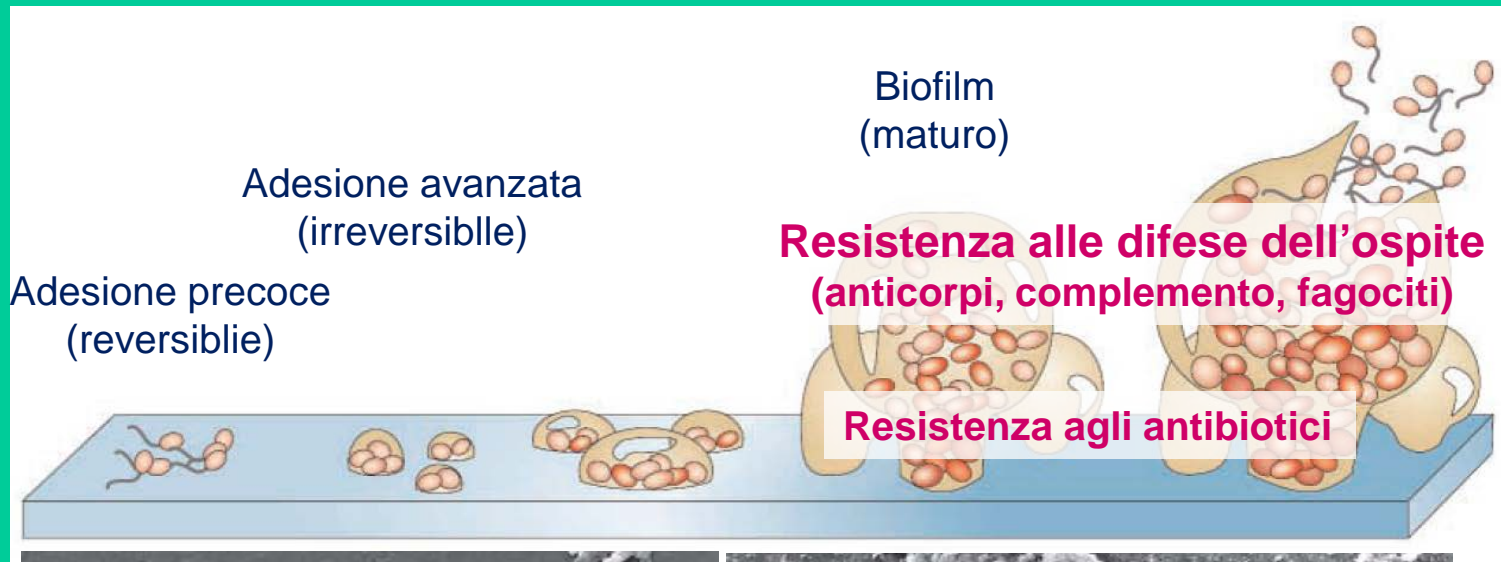
ITT analysis

Median n of exacerbations:
 - AZI group= 0 (IQR, 0-1),
 - Placebo= 2 (IQR, 1-3) (P.001).

END POINT : EXACERBATION FREE

Macrolidi e biofilm batterici

Dispersione delle cellule
(emboli settici)



Quali antibiotici funzionano nel biofilm?

Beta-lattamici:

–bassa attività battericida

–migliore nei confronti di biofilm giovani

–Macrolidi

–inibizione del biofilm maturo in associazione con la tobramicina (claritromicina)

–Blocco/riduzione della comunicazione tra batteri (quorum sensing) nei biofilm da pseudomonas aeruginosa (azitromicina)

–Fluoroquinoloni:

–Elevata attività battericida

–Migliore attività sui biofilm maturi

Efficacy of the Combination of Tobramycin and a Macrolide in an *In Vitro Pseudomonas aeruginosa* Mature Biofilm Model[∇]

Marie Tré-Hardy,^{1*} Carole Nagant,¹ Naïma El Manssouri,¹ Francis Vanderbist,² Hamidou Traore,² Mario Vaneechoutte,³ and Jean-Paul Dehaye¹

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Received 18 March 2010/Returned for modification 26 June 2010/Accepted 31 July 2010

Effects of Antibiotics on Quorum Sensing in *Pseudomonas aeruginosa*[∇]

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Biomedical Microbiology, BioSys, Bldg. 227, Technical University of Denmark, Kgs. Lyngby DK-2800,¹ Physiology, Cultures & Enzymes Division, Chr-Hansen A/S, Bøge Allé 10-12, Hørsholm DK-2970,² and Department of Clinical Microbiology, Rigshospitalet, University of Copenhagen, Copenhagen DK-2100,³ Denmark

Received 19 September 2007/Returned for modification 23 October 2007/Accepted 11 June 2008

During infection, *Pseudomonas aeruginosa* employs bacterial communication (quorum sensing [QS]) to coordinate the expression of tissue-damaging factors. QS-controlled gene expression plays a pivotal role in the virulence of *P. aeruginosa*, and QS-deficient mutants cause less severe infections in animal infection models. Treatment of cystic fibrosis (CF) patients chronically infected with *P. aeruginosa* with the macrolide antibiotic azithromycin (AZM) has been demonstrated to improve the clinical outcome. Several studies indicate that AZM may accomplish its beneficial action in CF patients by impeding QS, thereby reducing the pathogenicity of *P. aeruginosa*. This led us to investigate whether QS inhibition is a common feature of antibiotics. We present the results of a screening of 12 antibiotics for their QS-inhibitory activities using a previously described QS inhibitor selector 1 strain. Three of the antibiotics tested, AZM, ceftazidime (CFT), and ciprofloxacin (CPR), were very active in the assay and were further examined for their effects on QS-regulated virulence factor production in *P. aeruginosa*. The effects of the three antibiotics administered at subinhibitory concentrations were investigated by use of DNA microarrays. Consistent results from the virulence factor assays, reverse transcription-PCR, and the DNA microarrays support the finding that AZM, CFT, and CPR decrease the expression of a range of QS-regulated virulence factors. The data suggest that the underlying mechanism may be mediated by changes in membrane permeability, thereby influencing the flux of *N*-3-oxo-dodecanoyl-L-homoserine lactone.



CrossMark

Research priorities in bronchiectasis: a consensus statement from the EMBARC Clinical Research Collaboration

Stefano Aliberti¹, Sarah Masefield², Eva Polverino³, Anthony De Soyza^{4,5}, Michael R. Loebinger⁶, Rosario Menendez⁷, Felix C. Ringshausen⁸, Montserrat Vendrell⁹, Pippa Powell² and James D. Chalmers¹⁰ on behalf of the EMBARC Study Group¹¹

What are the best molecule, dose, regimen and duration for long-term oral antibiotic therapy in patients with bronchiectasis (according to the presence or absence of P. aeruginosa or other pathogens)?

Three major studies recently demonstrated the efficacy of long-term macrolides in bronchiectasis in double-blind randomised trials [46–48]. Key questions remain regarding oral antibiotic therapy including: do macrolides have to be continued lifelong or can they be withdrawn (e.g. after 12 months)? The most appropriate dose and macrolide agent to minimise side-effects and development of antimicrobial resistance has not been determined. It is not known if alternative oral antibiotic agents such as tetracyclines or β -lactams are equally effective when given long term. As the maximum duration of macrolide treatment was 12 months, it is not known if the effectiveness of macrolides wanes over time, as antibiotic resistance develops or if effectiveness is sustained.

- 46 Wong C, Jayaram L, Karalus N, *et al.* Azithromycin for prevention of exacerbations in non-cystic fibrosis bronchiectasis (EMBRACE): a randomised, double-blind, placebo-controlled trial. *Lancet* 2012; 380: 660–667.
- 47 Altenburg J, de Graaff CS, Stienstra Y, *et al.* Effect of azithromycin maintenance treatment on infectious exacerbations among patients with non-cystic fibrosis bronchiectasis: the BAT randomized controlled trial. *JAMA* 2013; 309: 1251–1259.
- 48 Serisier DJ, Martin ML, McGuckin MA, *et al.* Effect of long-term, low-dose erythromycin on pulmonary exacerbations among patients with non-cystic fibrosis bronchiectasis: the BLESS randomized controlled trial. *JAMA* 2013; 309: 1260–1267.

Macrolidi

Pro

- Riduzione del numero di riacutizzazioni
- Miglioramento del SGRQ e lieve miglioramento del FEV1 (non significativo)
- Ridotta colonizzazione da *Pseudomonas A.*

Contro

- Epatotossicità
- Effetti gastrointestinali
- Alterazioni cardiovascolari
- Rischio di indurre resistenza in caso di infezione da NTM

IN QUALI PAZIENTI USARE I MACROLIDI ? > Frequenti riacutizzatori ?
Riduzione della colonizzazione ? Riduzione della flogosi bronchiale ?



Clinical Efficacy and Safety of Budesonide-Formoterol in Non-Cystic Fibrosis Bronchiectasis *CHEST 2012; 141(2):461–468*

Miguel Ángel Martínez-García, MD; Juan J. Soler-Cataluña, MD; Pablo Catalán-Serra, MD; Pilar Román-Sánchez, MD; and Miguel Perpiñá Tordera, MD

Conclusions: Inhaled medium-dose formoterol-budesonide combined treatment in a single inhaler is more effective and safe compared with high-dose budesonide treatment in patients with non-CF bronchiectasis.

- **Combined treatment >>>>>**
- Reduction of dyspnea
- Decrease in cough days
- Decrease wheezing perceived
- Reduction in dose of rescue B2 agonist needed
- Improvement of HRQL

- **LABA and ICS are synergistic in :**
- reduction of mononuclear inflammation
- reduction of neutrophilic inflammation
- Reduction of airflow chronic bronchial obstruction and bronchial hyperresponsiveness



COPD-bronchiectasis overlap syndrome

John R. Hurst¹, J. Stuart Elborn² and Anthony De Soyza^{3,4} on behalf of the BRONCH-UK Consortium⁵



CrossMark

Affiliations: ¹UCL Respiratory, University College London, London, UK. ²Centre for Infection and Immunity, Queen's University, Belfast, UK. ³Respiratory Medicine, Institute of Cellular Medicine, Newcastle University, Newcastle, UK. ⁴Adult Bronchiectasis Service, Freeman Hospital, Newcastle upon Tyne Teaching Hospitals, Newcastle, UK. ⁵For a list of the BRONCH-UK Consortium members see the Acknowledgements section.

Correspondence: John R. Hurst, UCL Respiratory, Royal Free Campus, University College London, London NW3 2PF, UK. E-mail: j.hurst@ucl.ac.uk

Treatments useful in COPD may not be widely effective in bronchiectasis and viceversa

• **Inhaled corticosteroids** provide perhaps the best example of this: they are widely used in COPD but not recommended for most patients with bronchiectasis. The reasons for this are unclear but reflect, in part, the diverse aetiology underlying bronchiectasis.

• **Inhaled antibiotics**, antipseudomonal agents in appropriate patients, are of benefit and appear in current bronchiectasis guidelines, but are not used routinely in stable COPD. Bronchiectasis guidelines suggest 14 days of antibiotics for treating bronchiectasis exacerbations but courses in COPD should be considerably shorter. Extrapolating this to COPD-associated bronchiectasis could greatly increase the use of antibiotics at a time when antimicrobial resistance is a major concern.

Approccio terapeutico integrato

A. Utilizzo di terapia antibiotiche inalatori a lungo termine.

B. Utilizzo dei Macrolidi.

C. Riabilitazione e fisioterapia



Approccio terapeutico integrato

Non Cystic Fibrosis Bronchiectasis

- Airway Clearance Techniques
- Postural drainage
- Non invasive ventilation
- Pelvic floor muscle training

Chronic Obstructive Pulmonary Disease

- Walking aids
- Breathing techniques
- Managing anxiety and panic
- Muscle Rehab.
- Respiratory muscle rehab.
- Oxygen therapy
- Airway clearance technique
- Non invasive ventilation (Acute)
- Pelvic floor muscle training

Approccio terapeutico integrato

Non Cystic Fibrosis Bronchiectasis

- **Airway Clearance Techniques**
- Postural drainage
- **Non invasive ventilation**
- **Pelvic floor muscle training**

Chronic Obstructive Pulmonary Disease

- Walking aids
- Breathing techniques
- Managing anxiety and panic
- Muscle Rehab.
- Respiratory muscle rehab.
- Oxygen therapy
- **Airway clearance technique**
- **Non invasive ventilation (Acute)**
- **Pelvic floor muscle training**

Physiotherapy. 2015 Dec 1.

Short-term effects of three slow expiratory airway clearance techniques in patients with bronchiectasis: a randomised crossover trial.

Herrero-Cortina B¹, Vilaró J², Martí D³, Torres A⁴, San Miguel-Pagola M⁵,
Alcaraz V³, Polverino E³

OBJECTIVE:

To compare the efficacy of three slow expiratory airway clearance techniques (ACTs).

INTERVENTIONS:

Autogenic drainage (AD), slow expiration with glottis opened in lateral posture (ELTGOL), and temporary positive expiratory pressure (TPEP).

CONCLUSIONS:

Slow expiratory ACTs enhance mucus clearance during treatment sessions, and reduce expectoration for the rest of the day in patients with bronchiectasis.



GESTIONE GENERALE : valida x tutti gli stadi della malattia

Airway clearance techniques

Long-term antibiotic therapy

Anti-inflammatory therapy

Therapies in advanced disease

General management (applies at all stages of disease):
Vaccination against influenza and pneumococcus
Manage co-morbidities and underlying cause
Pulmonary rehabilitation
Prompt treatment of exacerbations
Sputum surveillance of *Pseudomonas aeruginosa* and non-tuberculous *Mycobacteria*

Long-term oxygen therapy, lung transplantation, surgery

Inhaled corticosteroids in selected patients

Macrolides for patients with frequent exacerbations
Inhaled antibiotics particular with *Pseudomonas aeruginosa* colonisation

Regular physiotherapy±adjuncts (devices/hyperosmolar agents)

Inhaled corticosteroids in selected patients

Consider macrolides for patients with frequent exacerbations

Regular physiotherapy±adjuncts (devices/hyperosmolar agents)

Severe bronchiectasis or persistent symptoms despite standard care

Daily physiotherapy

Mild severity

Moderate severity or persistent symptoms despite standard care

GESTIONE «ESPERTA» IN RELAZIONE AL GRADO DI SEVERITA' DELLA MALATTIA

FIGURE 2 The stepwise management of non-CF bronchiectasis. Alternative oral antibiotics such as β -lactams or tetracyclines may be appropriate for patients intolerant or not suitable for macrolides.



ambulatorio del paziente bronchiectasico ?



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Research priorities in bronchiectasis: a consensus statement from the EMBARC Clinical Research Collaboration

Stefano Aliberti¹, Sarah Masefield², Eva Polverino³, Anthony De Soyza^{4,5}, Michael R. Loebinger⁶, Rosario Menendez⁷, Felix C. Ringshausen⁸, Montserrat Vendrell⁹, Pippa Powell² and James D. Chalmers¹⁰ on behalf of the EMBARC Study Group¹¹

55 key research priorities

Although historically considered a neglected disease, bronchiectasis has become a disease of renewed interest over the past decades in light of an increase in prevalence and an increasing burden on healthcare systems

There are no licensed therapies, and large gaps in knowledge in terms of epidemiology, pathophysiology and therapy.....

To date, treatment of bronchiectasis is mainly extrapolated from cystic fibrosis (CF) and chronic obstructive pulmonary disease (COPD), or based on expert opinions as high-quality evidence is still missing

This consensus statement identifies the key research priorities as determined by physicians caring for bronchiectasis patients, by the patients themselves, and by the friends and family helping care for them. This

