

Cystic Fibrosis in 2017

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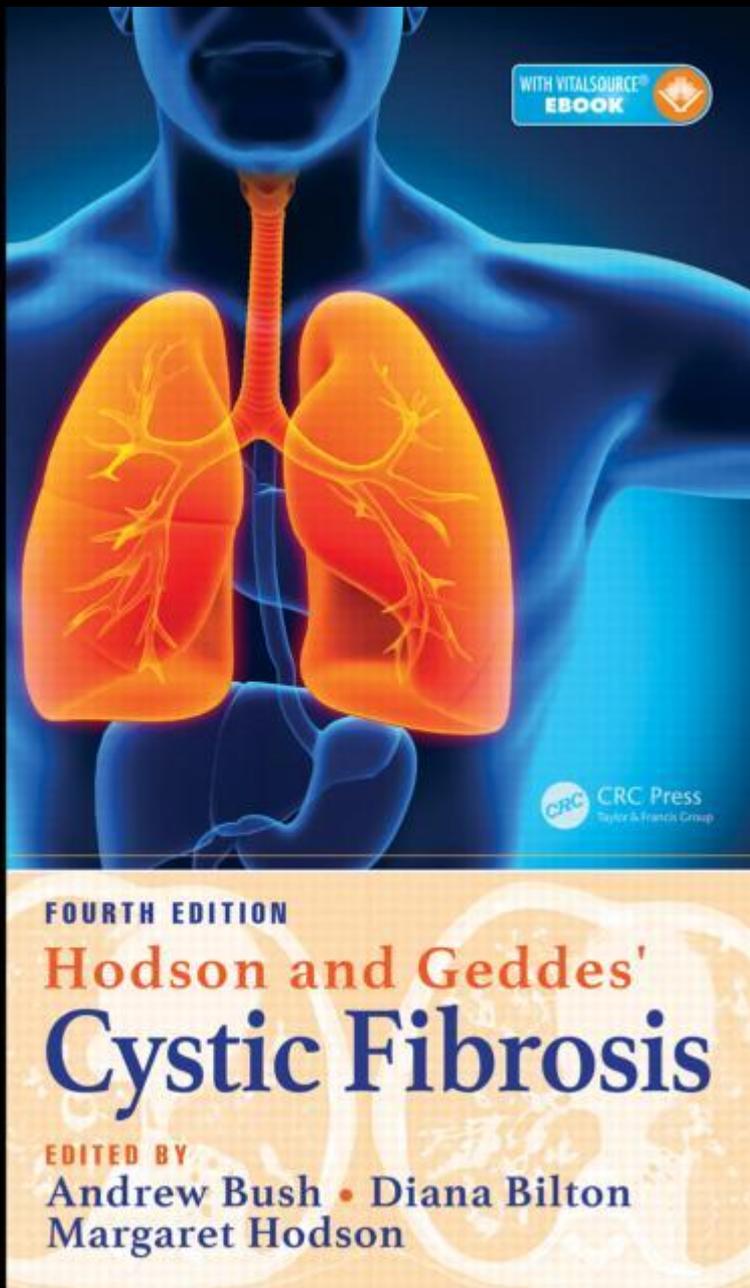
 Asthma UK Centre
for Applied Research 



MRC & Asthma UK Centre in Allergic Mechanisms of Asthma
 Medical Research Council   


National Institute for
Health Research





Disclosures

- One COI relevant to this presentation

Aims of the Presentation



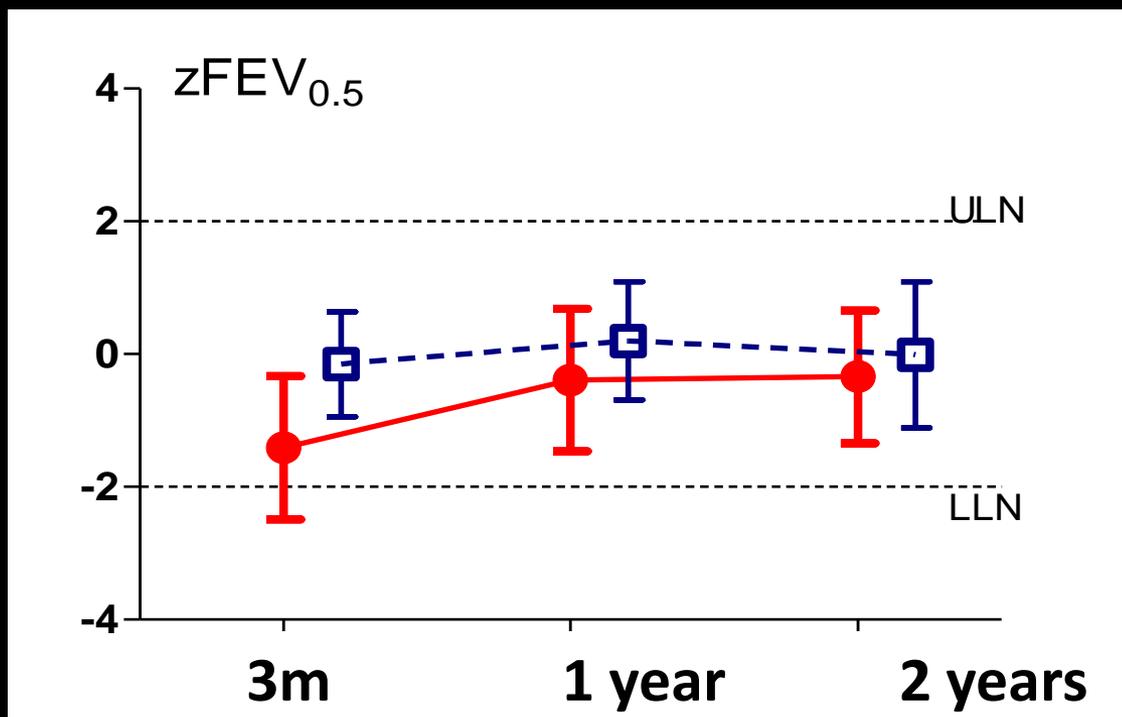
- I will set the scene with where we were as a contrast to where we are now and where we are going in terms of patient health and treatments
- I will discuss where we are and where we are going with novel treatments, specifically gene therapy, PTC correction, and the novel small molecules which are potentiators, correctors and amplifiers

New drugs



- **Where we were and where we are: 21st century CF patients**

NBS Diagnosis: Serial measurements FEV_{0.5} to 2 years of age



Data presented as mean (SD)

□ Healthy controls

● CF

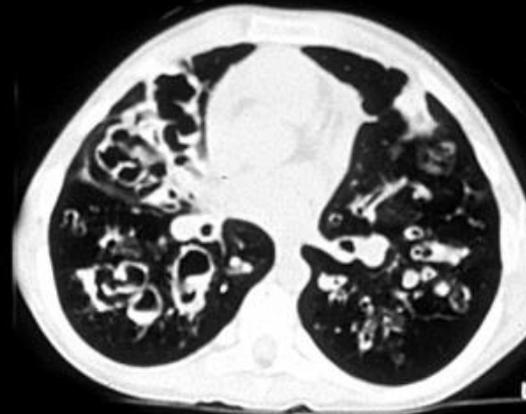
- Signif ↓ in FEV_{0.5} in CF at 3m improved by 1y, then stabilised
- Mean (95% diff) CF-controls at 2y -0.3 (-0.8; 0.2)z, p= 0.229]
- Δ FEV_{0.5} in CF from 1-2y = 0.06 z-scores, similar to controls (p=0.29)

New drugs



- Where we were and where we are: 21st century CF patients
- Where we were: CF treatments

CFTR Gene mutation



- Nutrition**
- PERT
 - Supplements
 - Insulin

Impaired Cl⁻ secretion and Na⁺/H₂O absorption

Thick, dehydrated mucus

Bacterial infection & inflammation

Small airway plugging

Bronchiectasis

Respiratory failure

- Airway clearance (various methods)**
- Mucus rheology**
- rhDNase
 - 7% HS
 - mannitol

- Antibiotics**
- oral
 - nebulized
 - intravenous
- Anti-inflammatory?**



The Way We Were

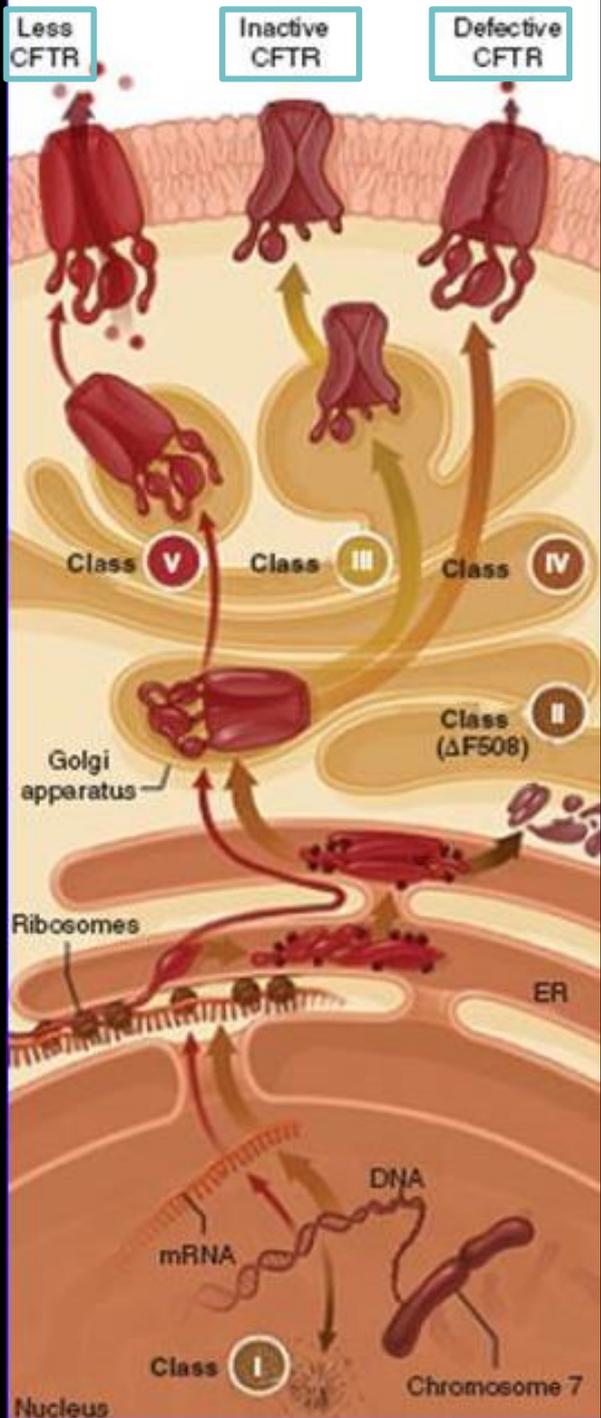


- Sick at diagnosis, playing catch-up: now, they are **WELL**, with normal lung function and nutrition
- Still treating the consequences of disease
 - Infection, inflammation
 - Malnutrition
- Trying to detect downstream complications ever sooner
- Benefits of treatment becoming less obvious as many very well



New drugs

- Where we were and where we are: 21st century CF patients
- Where we were: CF treatments
- Where we are going: from firefighting to treating the basic defect

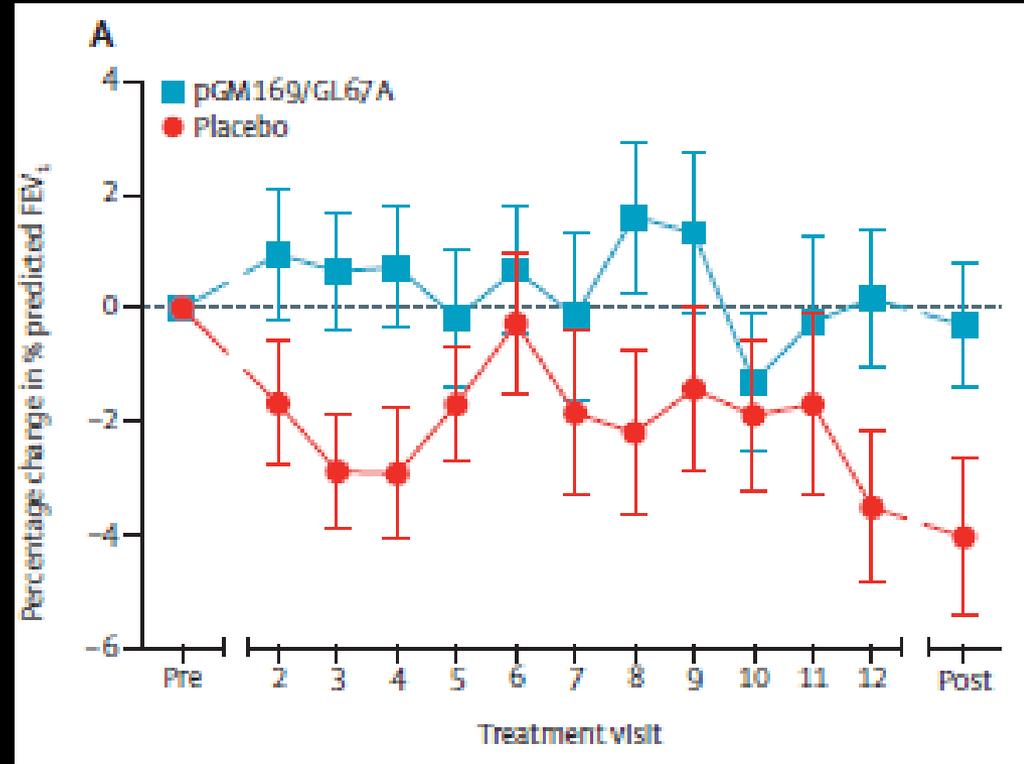


- **Class 1: (W142X)**
 - CFTR not made (nonsense)
- **Class 2: ($\Delta F508$)**
 - CFTR made
 - Cannot fold properly
 - Cellular dustbin
- **Other classes all reach cell surface**
- **Class 3: (G551D)**
 - Won't open
- **Class 4: (R117H)**
 - Opens but nothing can pass through
- **Class 5:**
 - Not enough
- **?Class 6:**
 - Turnover too rapid

Gene therapy: all classes!



- First trial of not 'does it work' but 'does it make a difference' – i.e. real therapy
- Double blind, RCT, 140 CF patients age ≥ 12 years
- Monthly gene therapy (n=78) or placebo (n=62) for one year, 1st outcome FEV₁
- Improved FVC, gas trapping; safe



LRM 2015; 3: 684-91

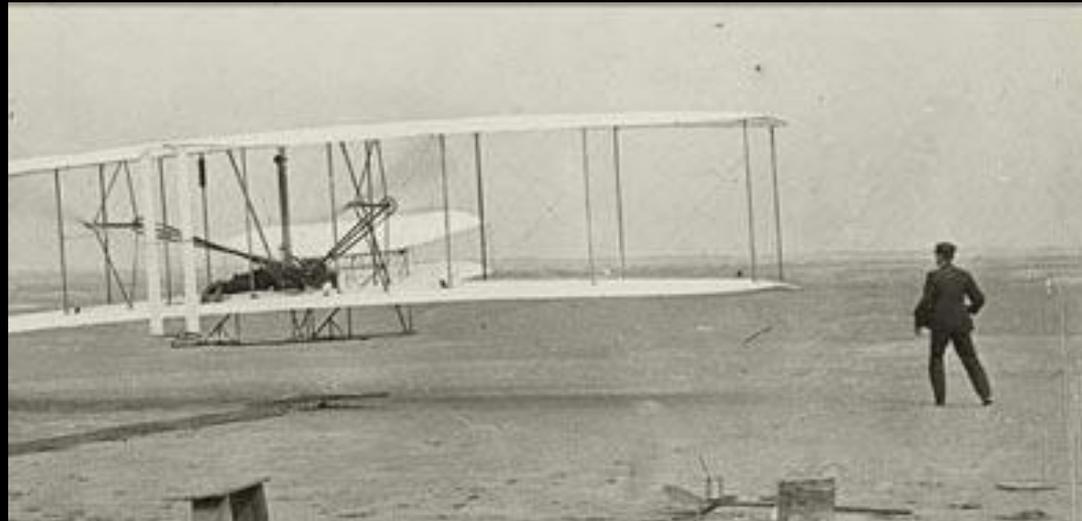
What does it mean?

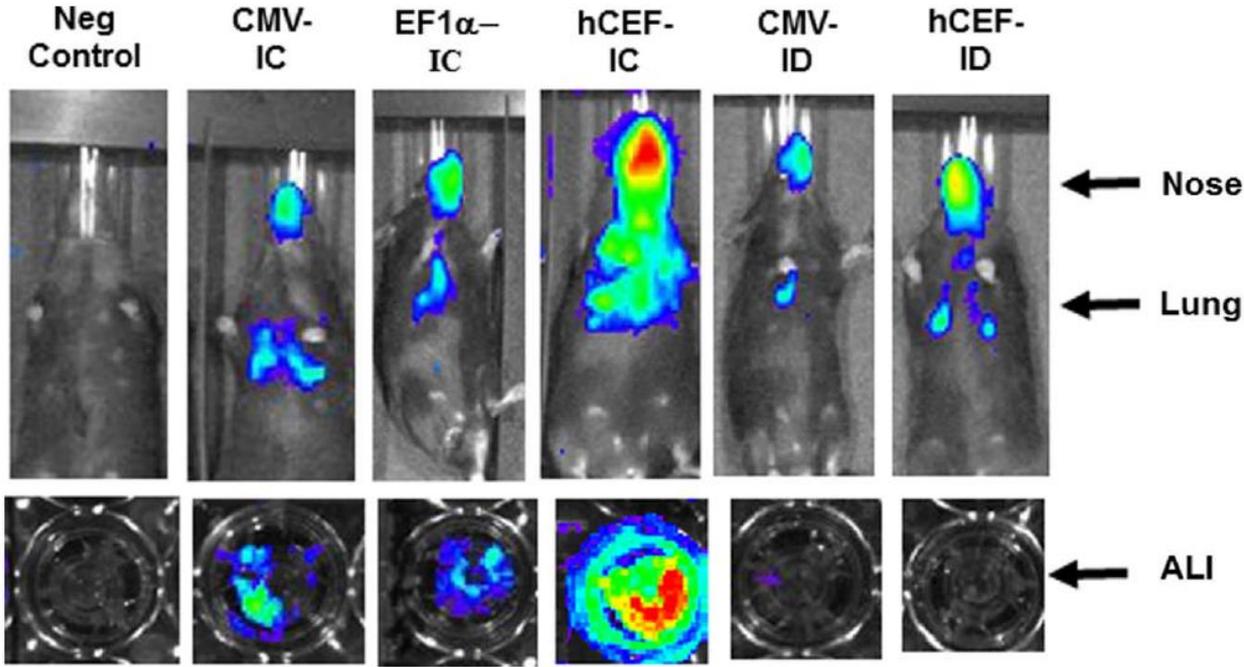


What we want

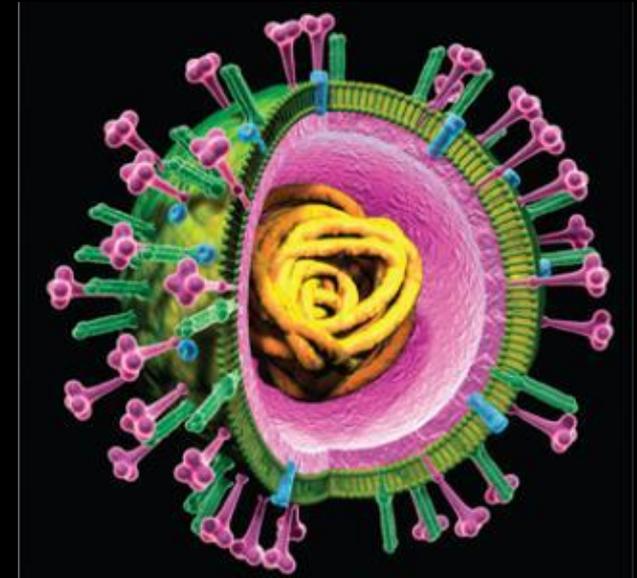
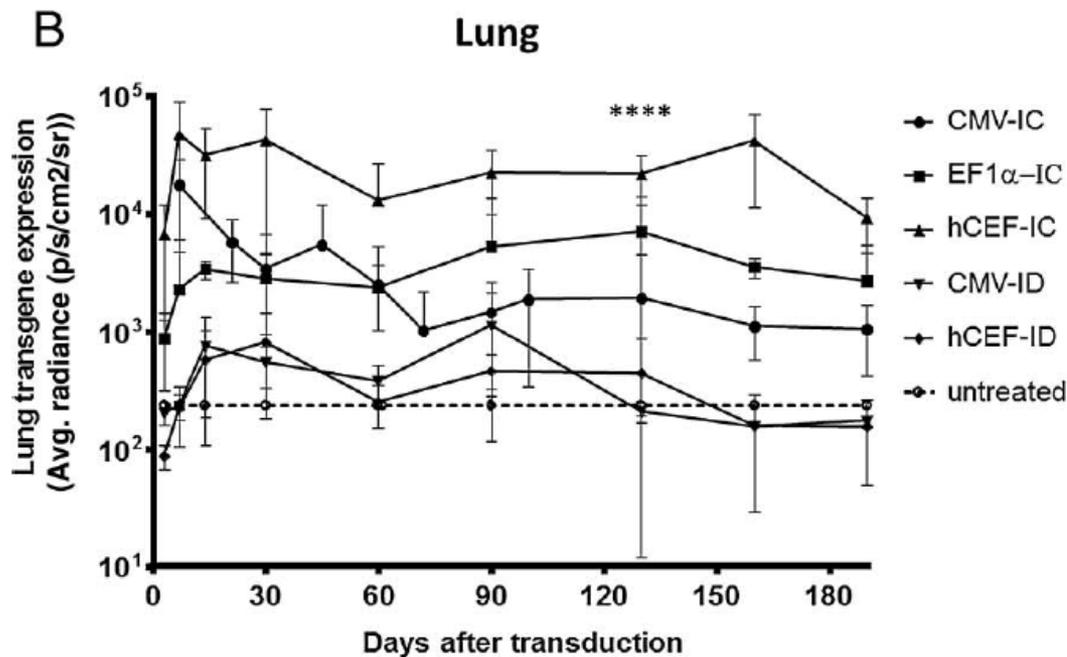


Where we are

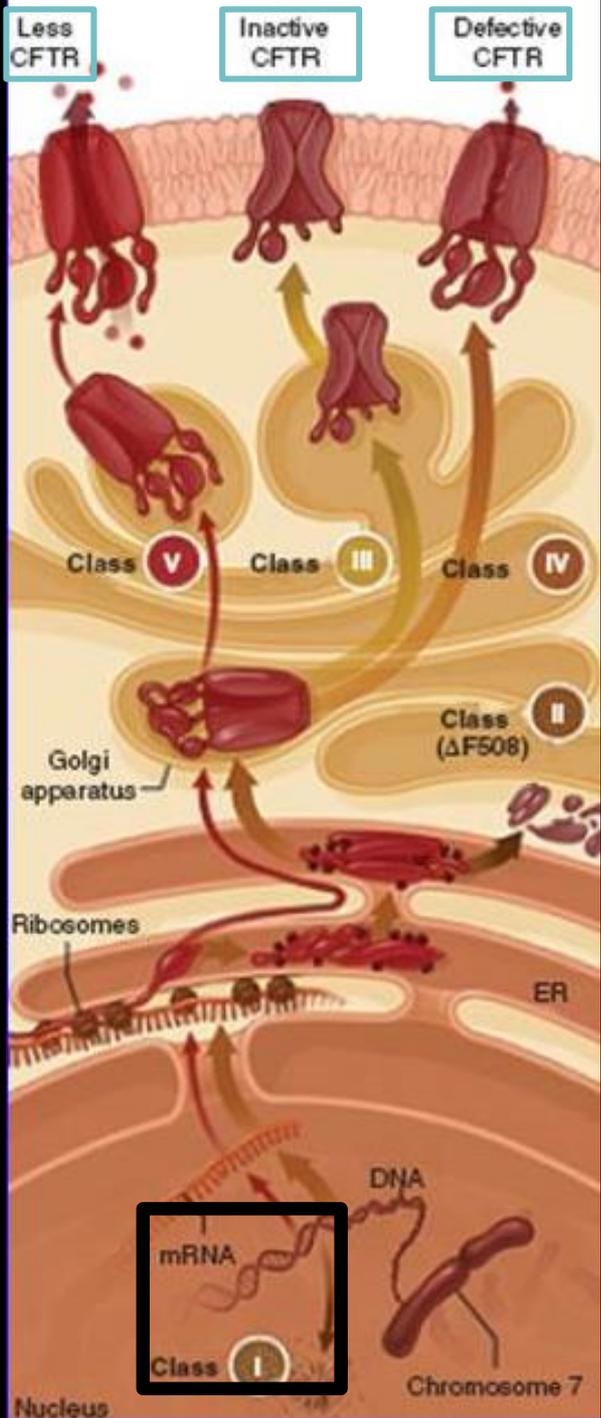




The Future: Lentivirus?

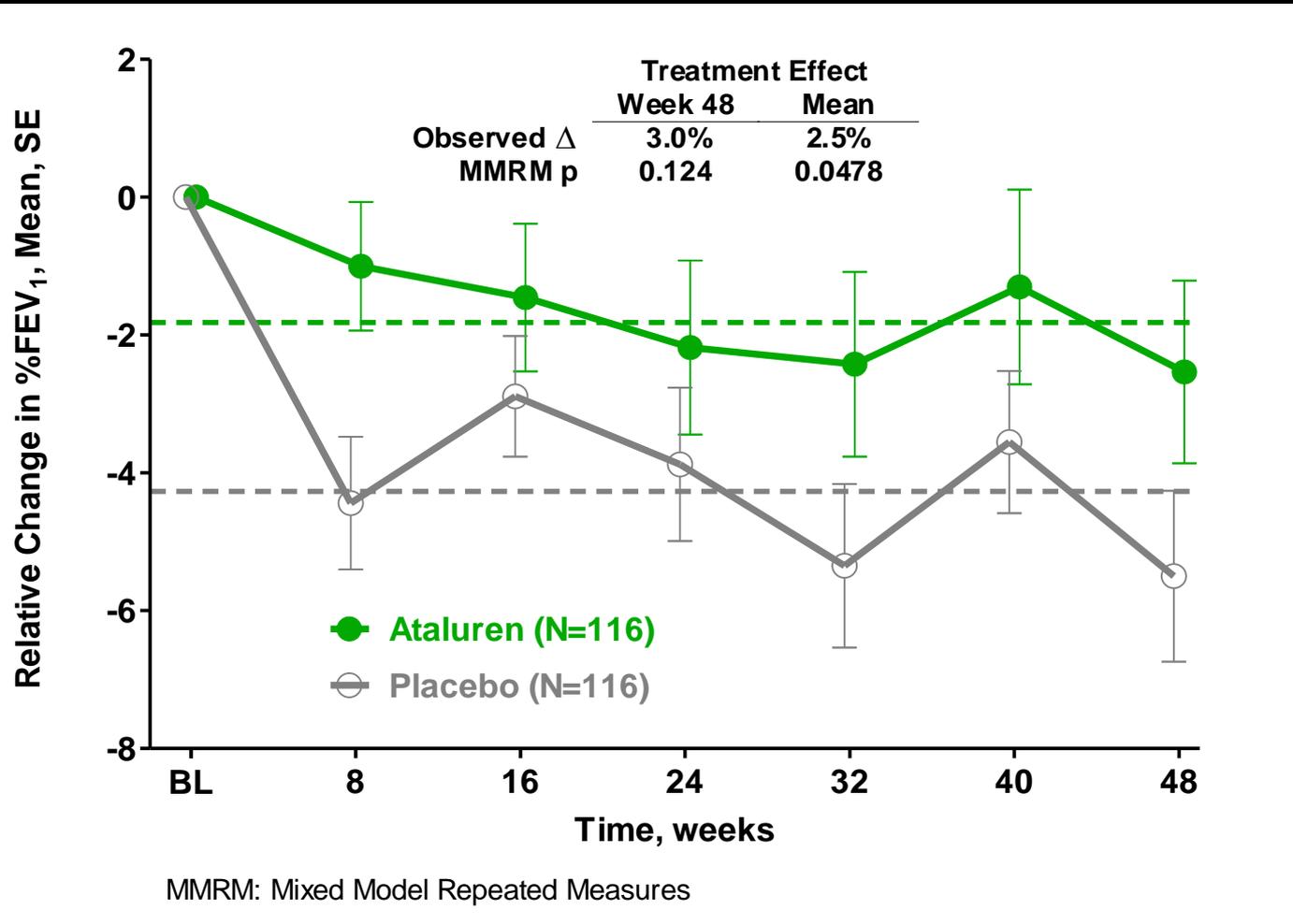


Thorax 2017; 72: 137-147



- Class 1:
 - CFTR not made (nonsense)

Ataluren: change in FEV₁

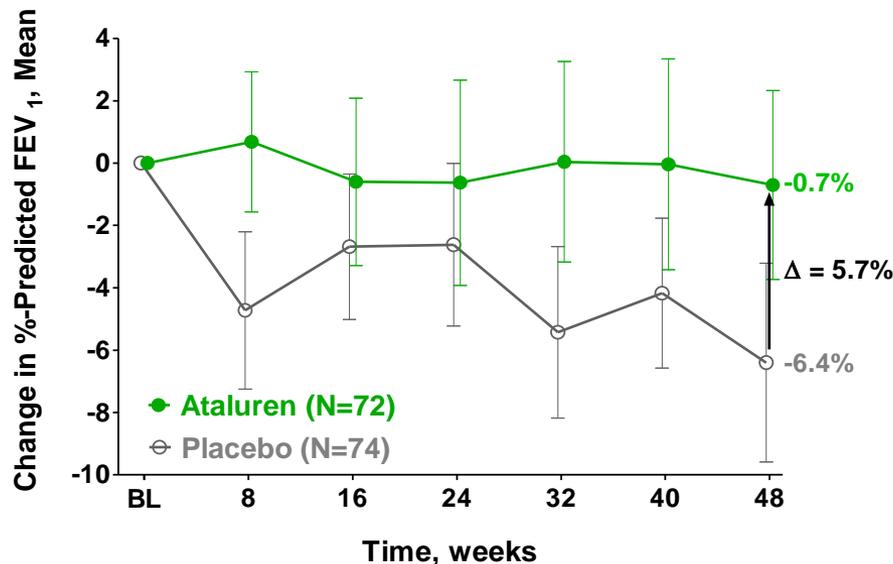




Post hoc analysis in patients not taking inhaled aminoglycosides

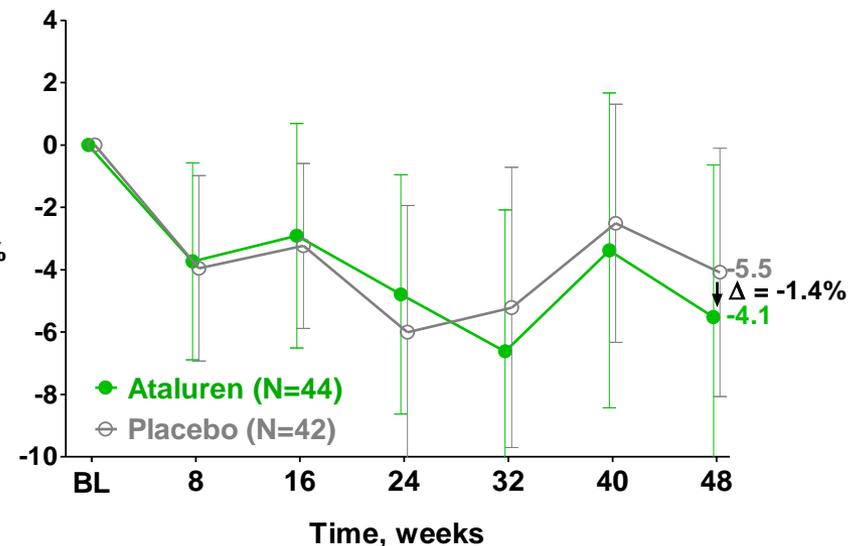
No Inhaled Aminoglycosides

Week 48 $\Delta = 5.7\%$
 $p = 0.008^*$



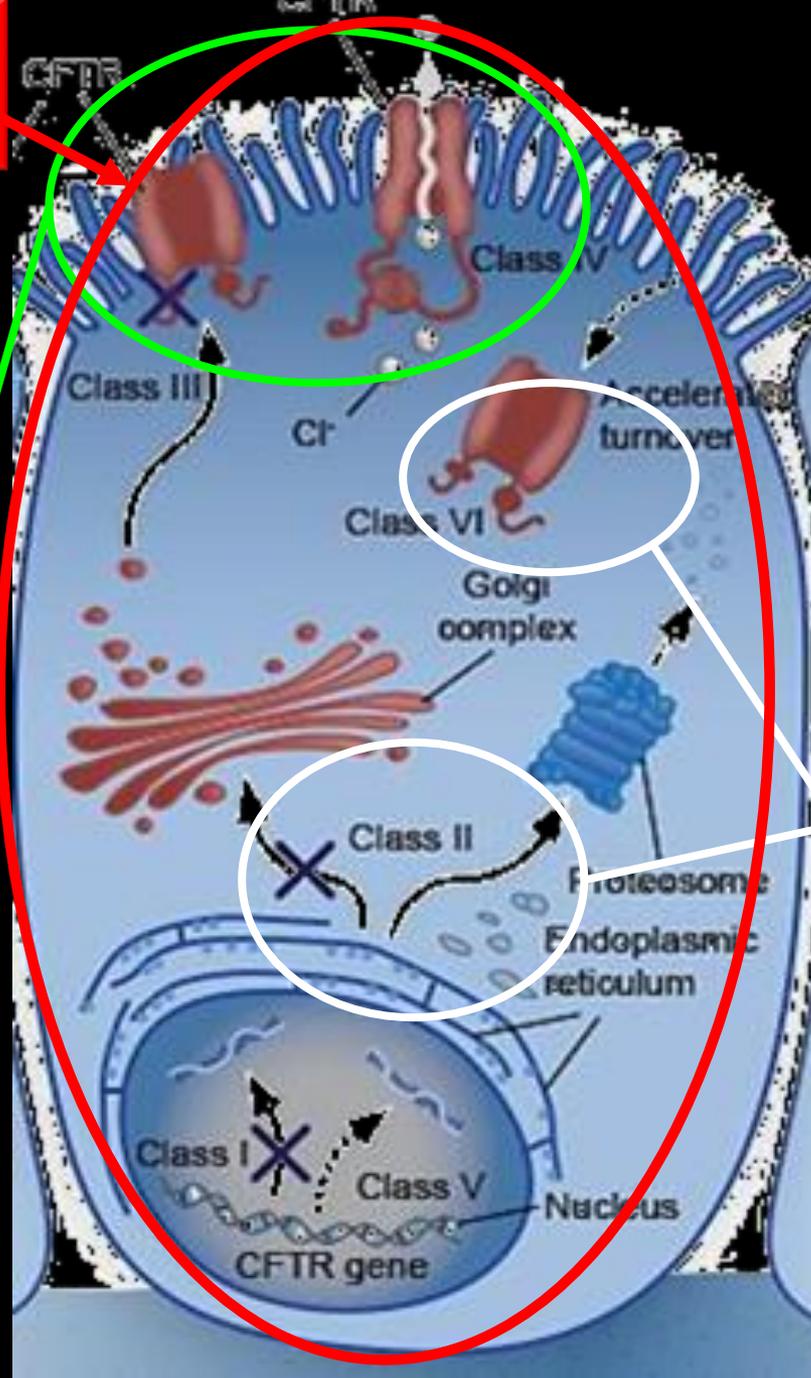
Any Inhaled Aminoglycosides

Week 48 $\Delta = -1.4\%$
 $p = 0.43$





CFTR Amplifiers:
All classes, increases
CFTR levels



Reduced
FUNCTION at the
cell surface



POTENTIATORS

VX-770

Reduced *QUANTITY*
at the cell surface



CORRECTORS

VX-809
VX-661

Drug Discovery – Then and Now



THEN

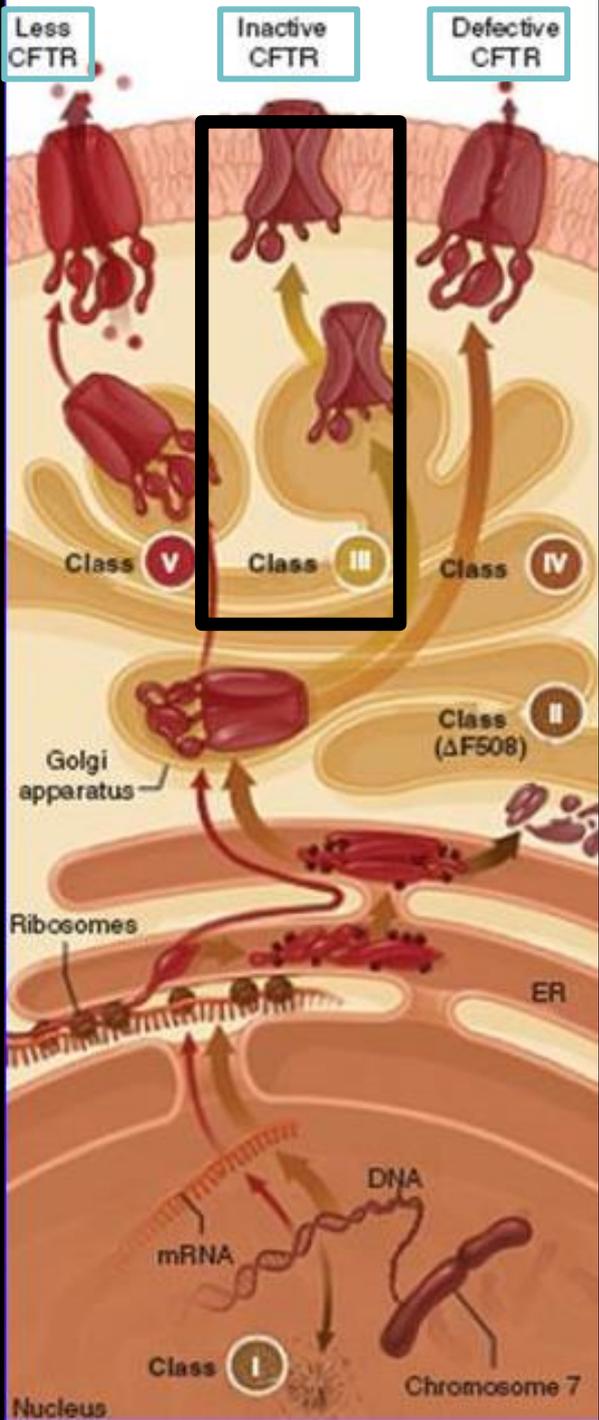


**One compound,
three year PhD**

NOW



Thousands of compounds in one morning

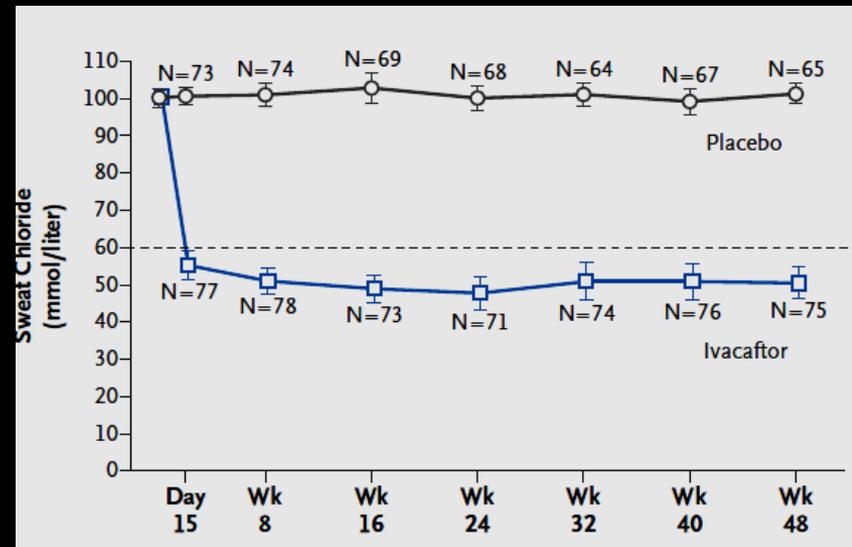
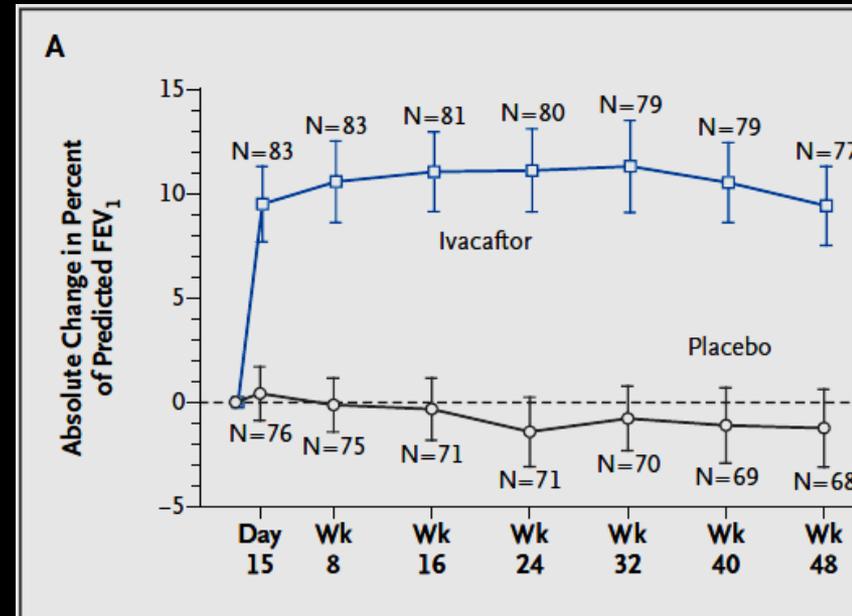


- Class 3:
 - Won't open

A CFTR Potentiator in Patients with Cystic Fibrosis and the *G551D* Mutation



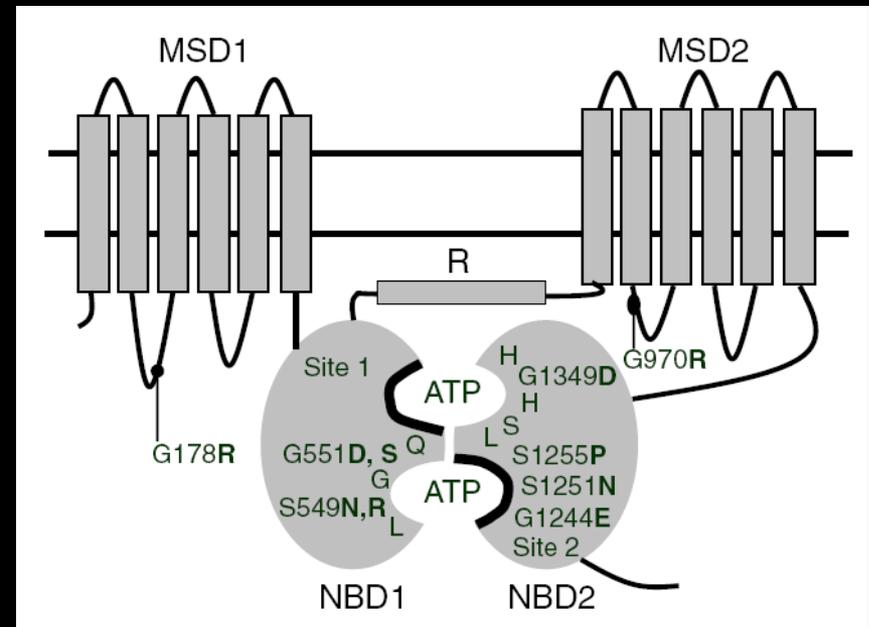
- Randomised, double-blind, placebo controlled trial
- CF patients ≥ 12 years, \geq one *G551D-CFTR* mutation
- 150 mg bd VX-770 (n=84) vs. placebo (n=83)
- Duration 48 weeks, 1st endpoint FEV₁
- Also increases in weight, quality of life
- BUT! Cost!!

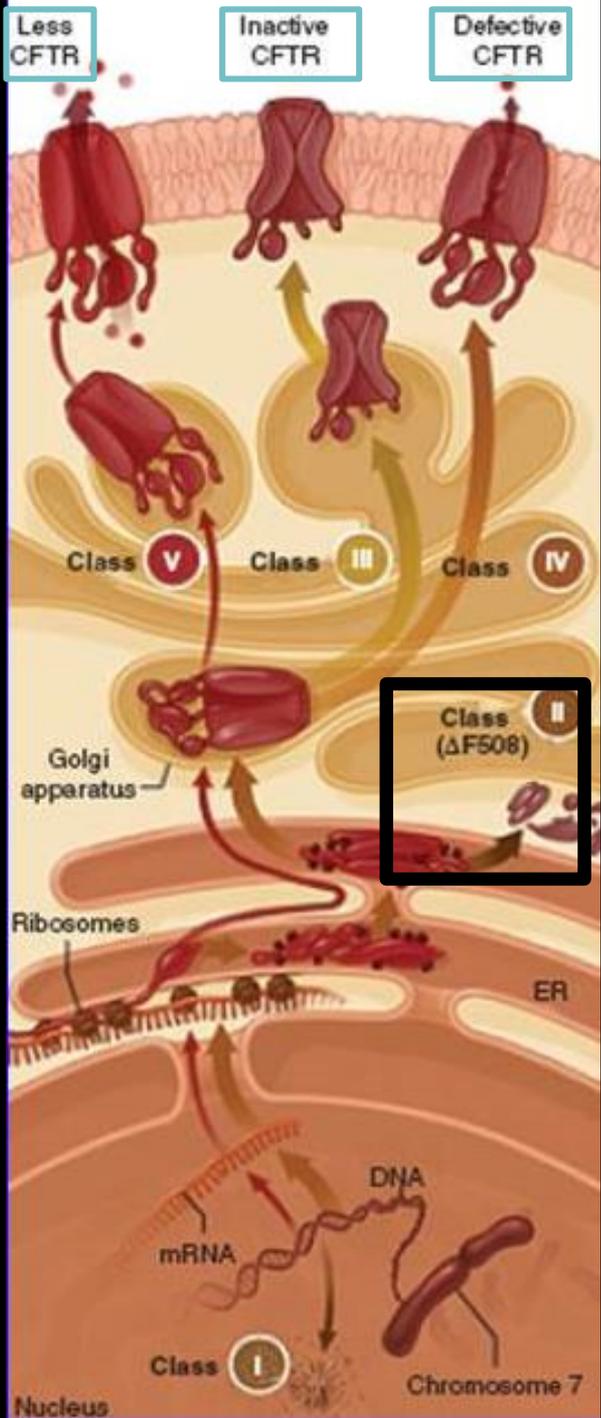


Other Ivacaftor Work



- Works in young children age 6-11 years
 - *Am J Respir Crit Care Med* 2013; 187: 1219-25
- Works in mild disease, $FEV_1 > 90\%$
 - *Lancet Respir Med* 2013; 1: 630-8
- Safe in young children age 2-6
- Works in other rare gating mutations



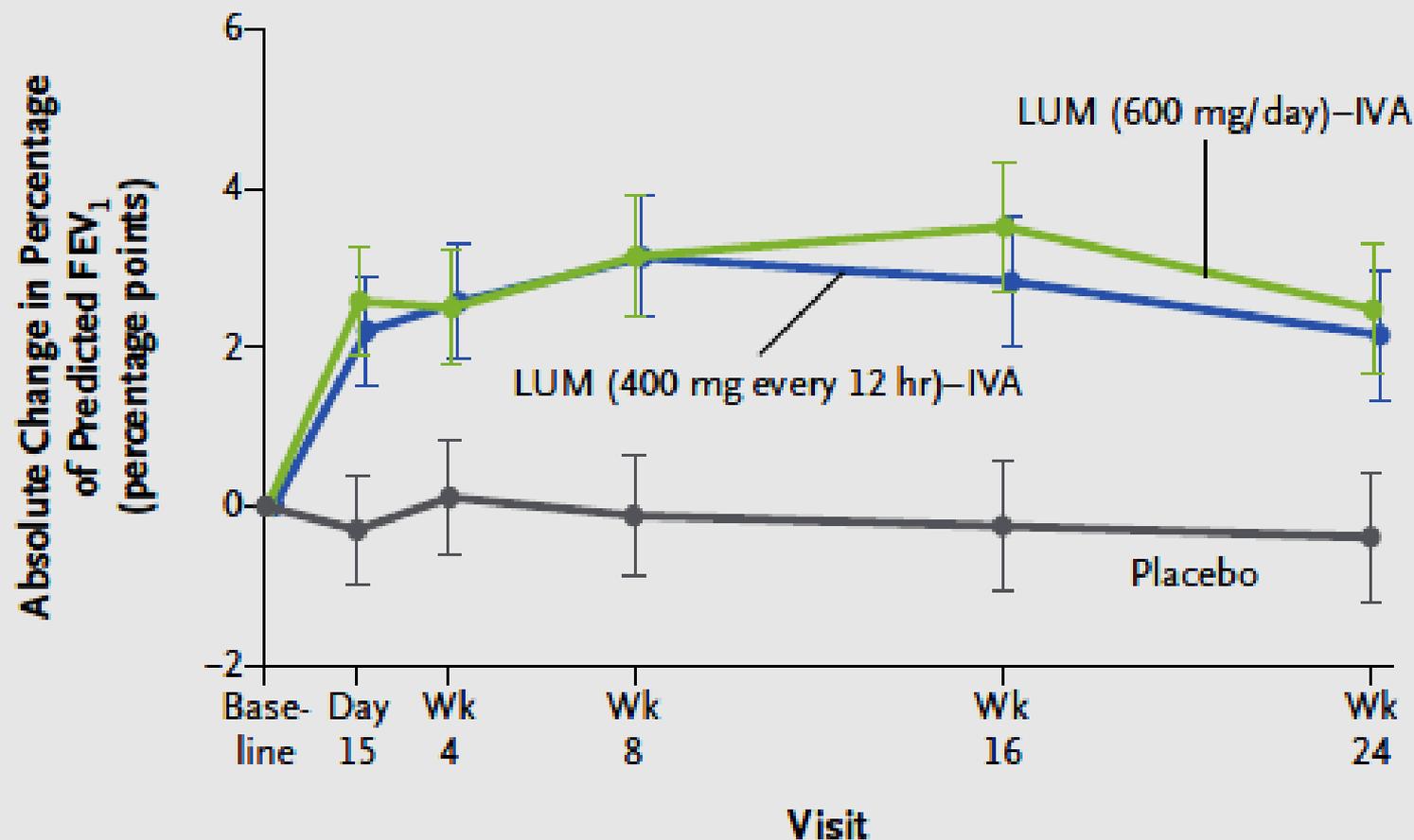


- Class 2:
 - CFTR made
 - Cannot fold properly
 - Cellular dustbin

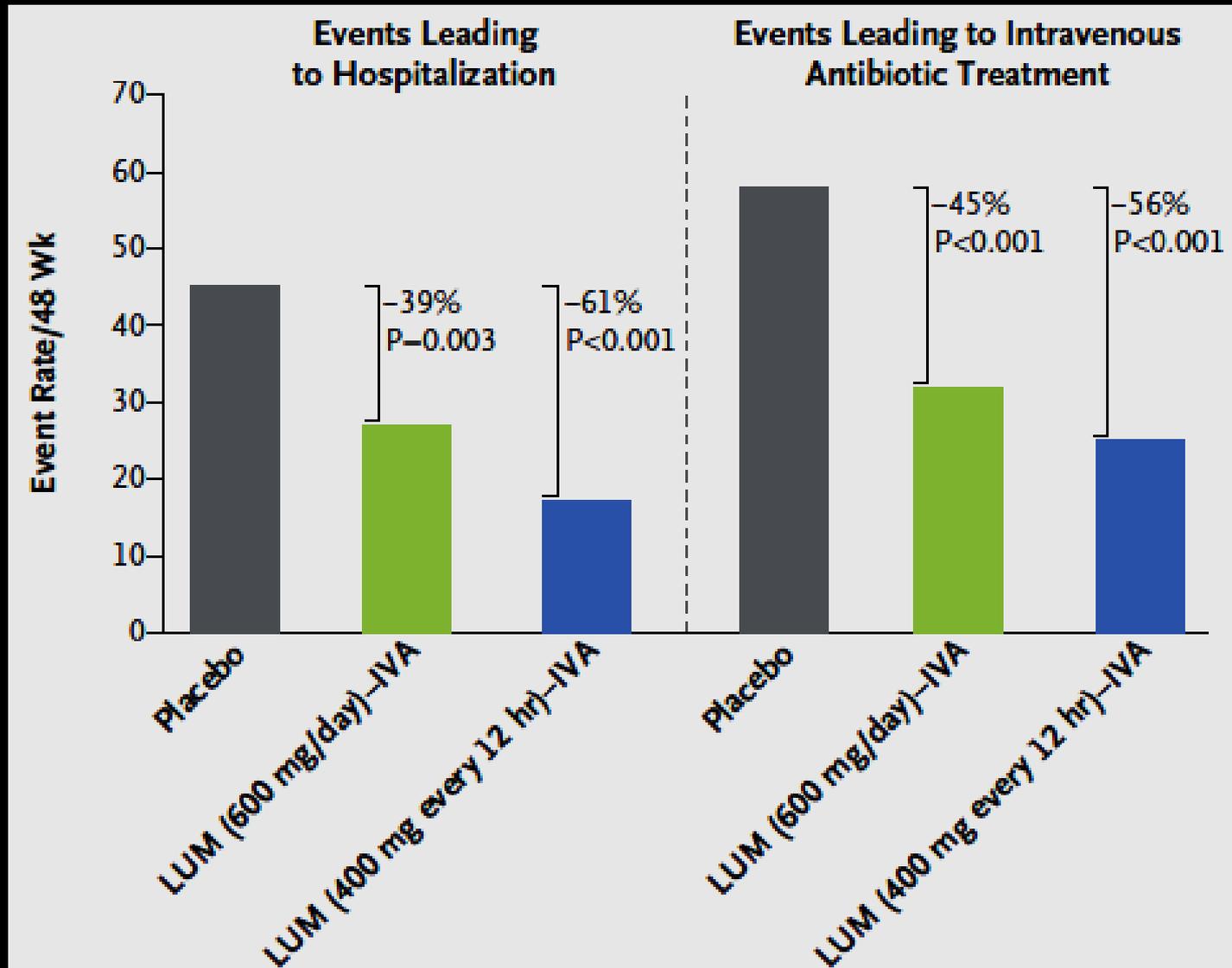
Lumacaftor–Ivacaftor in Patients with Cystic Fibrosis Homozygous for Phe508del CFTR



A Change from Baseline in Percentage of Predicted FEV₁



Secondary End-Point: PEx



Conclusions

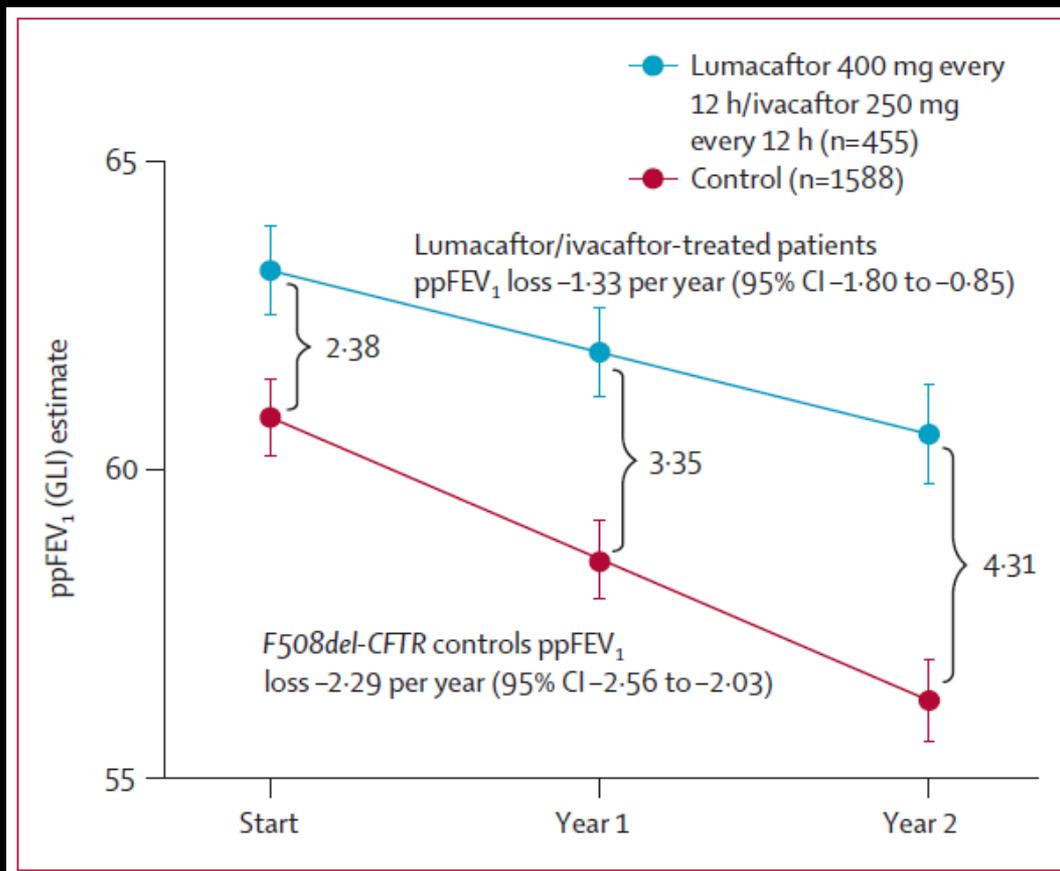


- **A typically superbly constructed and executed trial**
- **A very exciting CONCEPT: another molecular therapy, this time for a common CF mutation**
- **The RESULTS are no more exciting than many standard meds, and not all trial patients received all these meds**
- **Value for money would price it comparable to standard meds, e.g. £10K/year – at ivacaftor prices, does not represent value for money**
- **Also remember RISK as well as benefit**



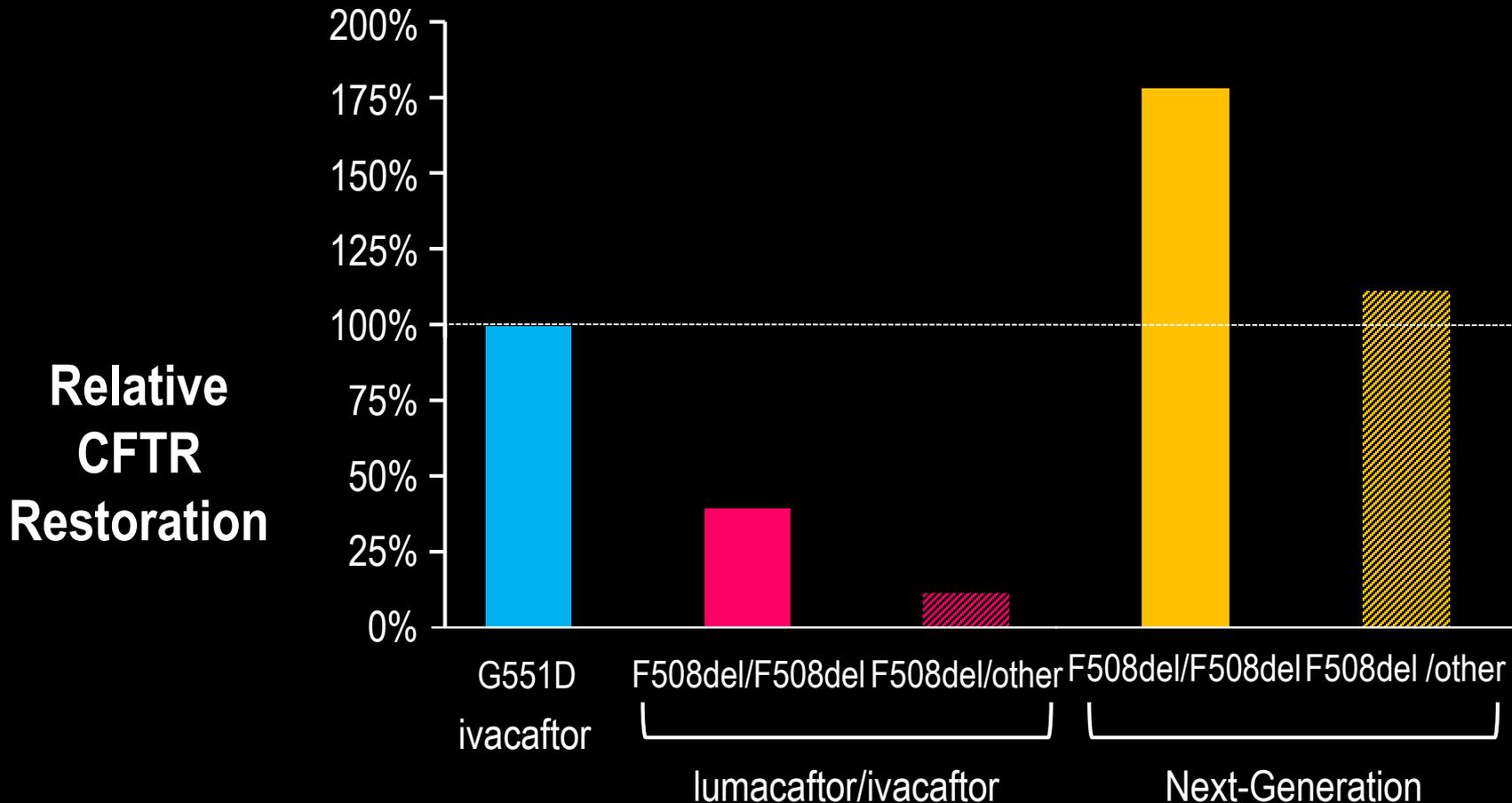
Traffic-Transport Follow Up

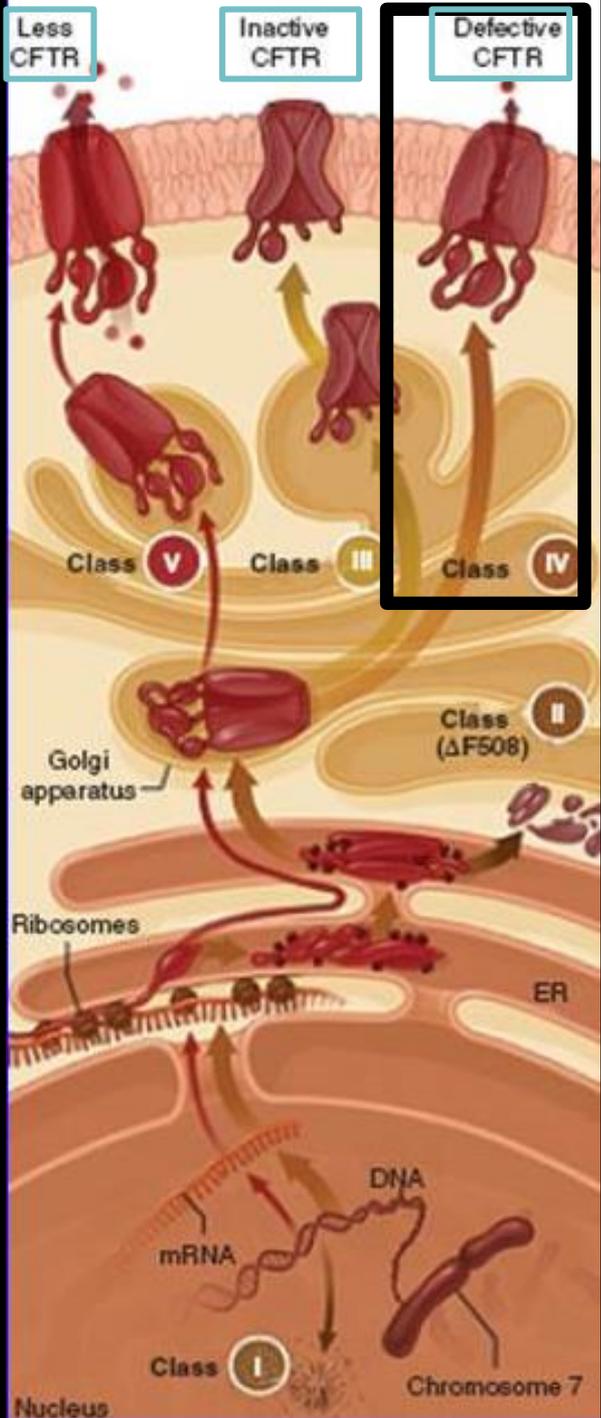
- 516 patients continued 96 weeks open label FU
- BMI continued to improve, PFTs stable at small improvement, Pex rate remained reduced
- Generally safe (HT, Pex, cough, sputum, haemoptysis)
- Compared rate of decline with 'matched registry patients'



Lancet Respiratory Medicine
2017; 5: 107-18

Emerging (next-generation) F508del corrector molecules



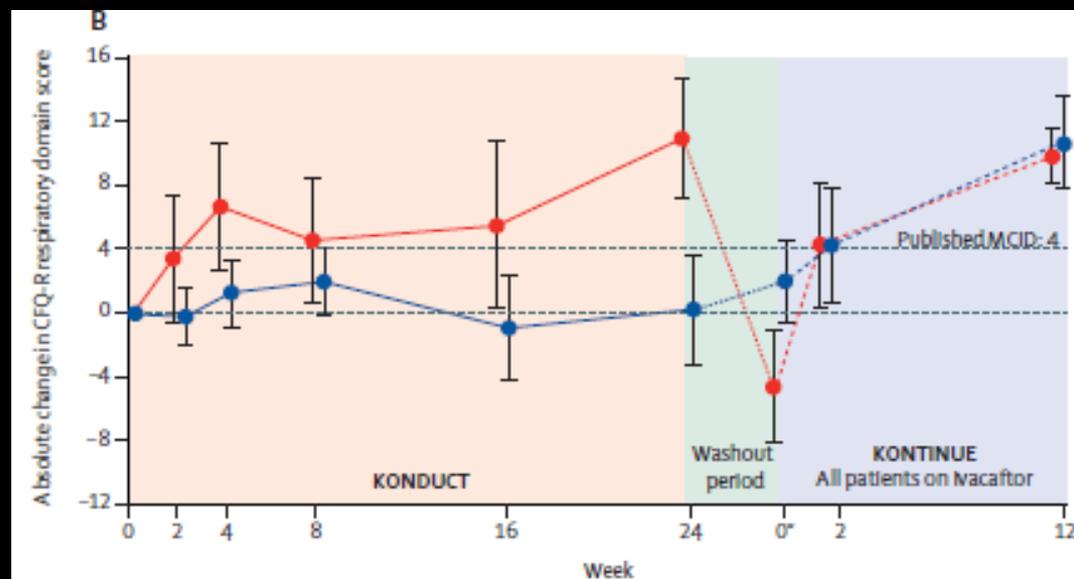
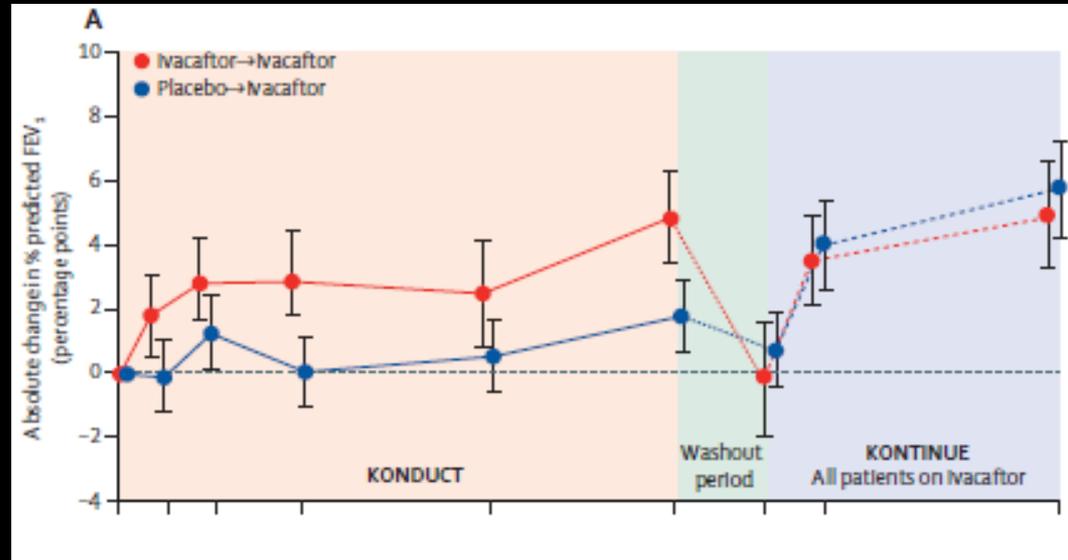


- Class 4:
 - Opens but nothing can pass through

Ivacaftor in R117H



- 24 weeks, double blind RCT in 69 CF patients age ≥ 6 years with ≥ 1 R117H, 1st outcome FEV₁
- Sub-analyses by age (6-11, 12-17, >18 years) and FEV1 (<70%, 70-90%, >90%)
- Medication was safe and well tolerated
- Overall group – no difference in FEV₁, CFQ-R improved





Further results

- There were changes in sweat chloride (-24 mmol/l, 95% CI -28 to -19.9)
- Patients over age 18 years did show a significant improvement in FEV1 as well as CFQ-R
- CONCLUSION: Maybe reserve for advanced disease?



CFTR Amplifiers

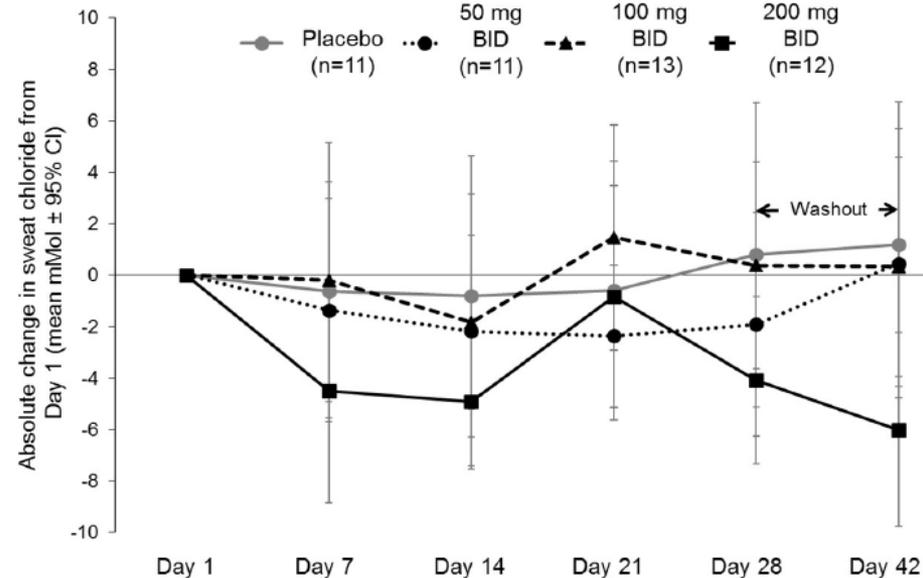
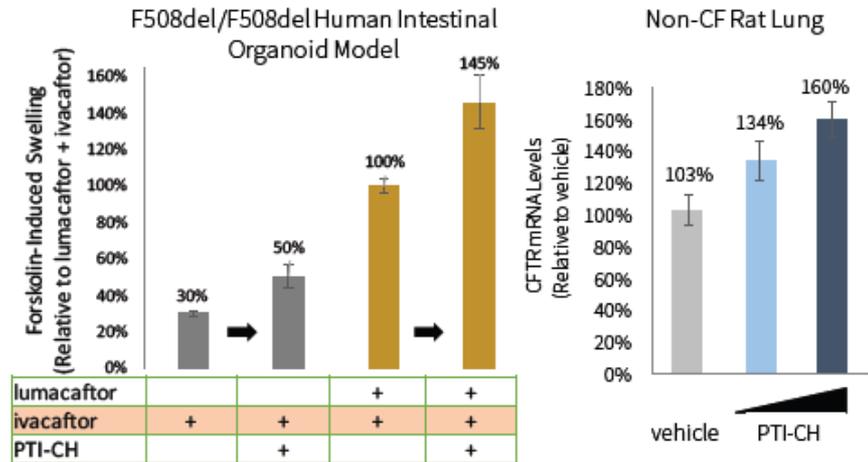
- Stabilise CFTR mRNA and increases CFTR immature protein, providing additional CFTR substrate for CFTR modulators and potentiators

- Work across all genotypes

- In vitro* activity (*Pediatr Pulmonol* 2016; 51 S45: 207-8)

- In vivo* small reductions of sweat [Cl⁻] (*Donaldson SH, JCF epub*)

Amplifier Exhibits Activity in an Intestinal Organoid Model and *in vivo*





New drugs

- Where we were and where we are: 21st century CF patients
- Where we were: CF treatments
- Where we are going: from firefighting to treating the basic defect
- **Summary and conclusions**

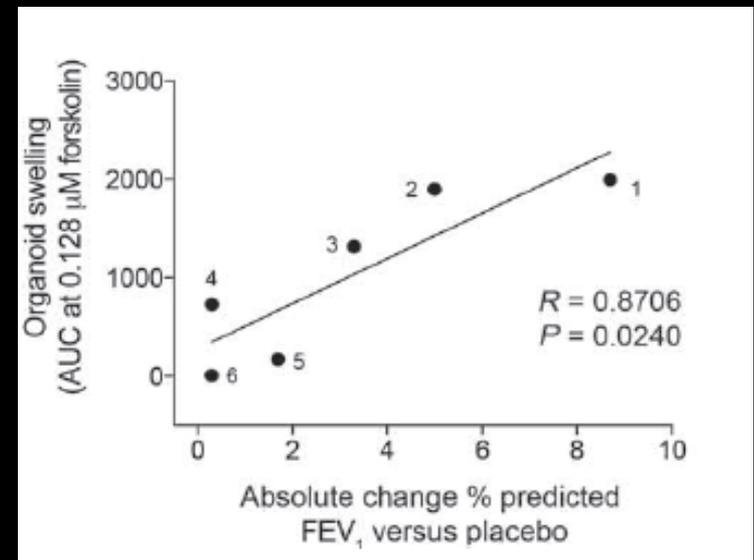
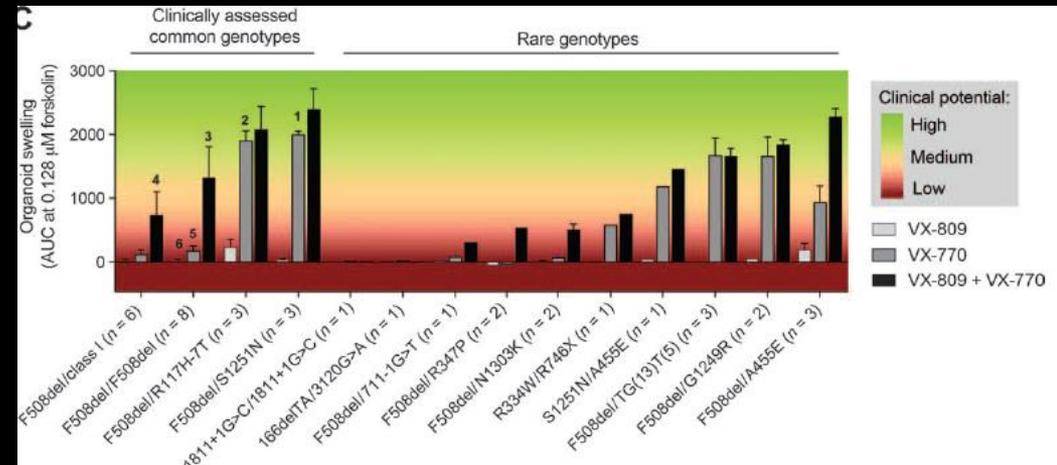
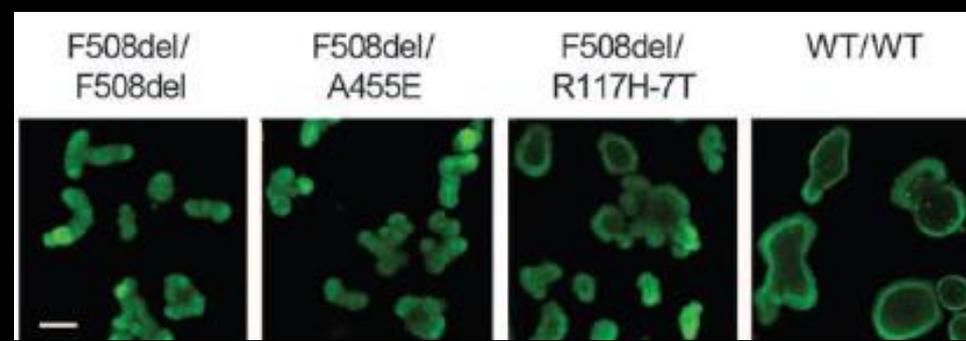
Modulator pipeline is diverse & robust



name	class	Phase 1	Phase 2	Phase 3
PTI-428	amplifier			
GLPG2451	potentiator			
GLPG2222	corrector			
GLPG2665	corrector			
QBW267	corrector			
CTP-656	potentiator			
BAY 63-2521	corrector			
FDL169	corrector			
N91115	GSNOR inhibitor			
VX-152	corrector			
GLPG1837	corrector			
VX-440	corrector			
VX-661	corrector			
ataluren	read-through			

So we need personalised medicine!

- Rectal biopsies can be formed into organoids, and CFTR stimulated with Forskolin
- Organoid swelling differs between genotypes and individuals with the same genotype
- Organoid swelling predicts FEV₁ response



Summary & Conclusions



- In 2017 we are moving from 'CF patient' to 'well person who happens to have CF'
- Improved health means benefits of treatment will be harder to demonstrate, and safety issues become even more important
- We are moving from downstream firefighting to exciting designer ways of treating the basic defect
- There are a huge number of exciting compounds in the pipeline, but paying for them will not be easy!

Thanks for listening

