

Pulmonary Vascular Disease Program

Brigham and Women's Hospital

Harvard Medical School

Pulmonary hypertension associated with interstitial lung disease

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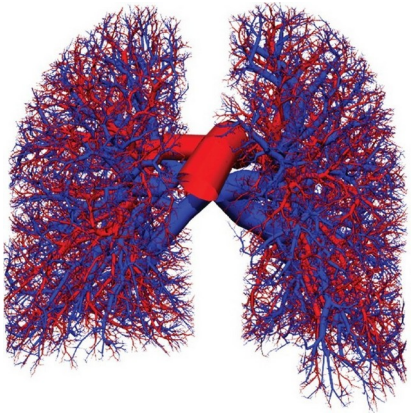
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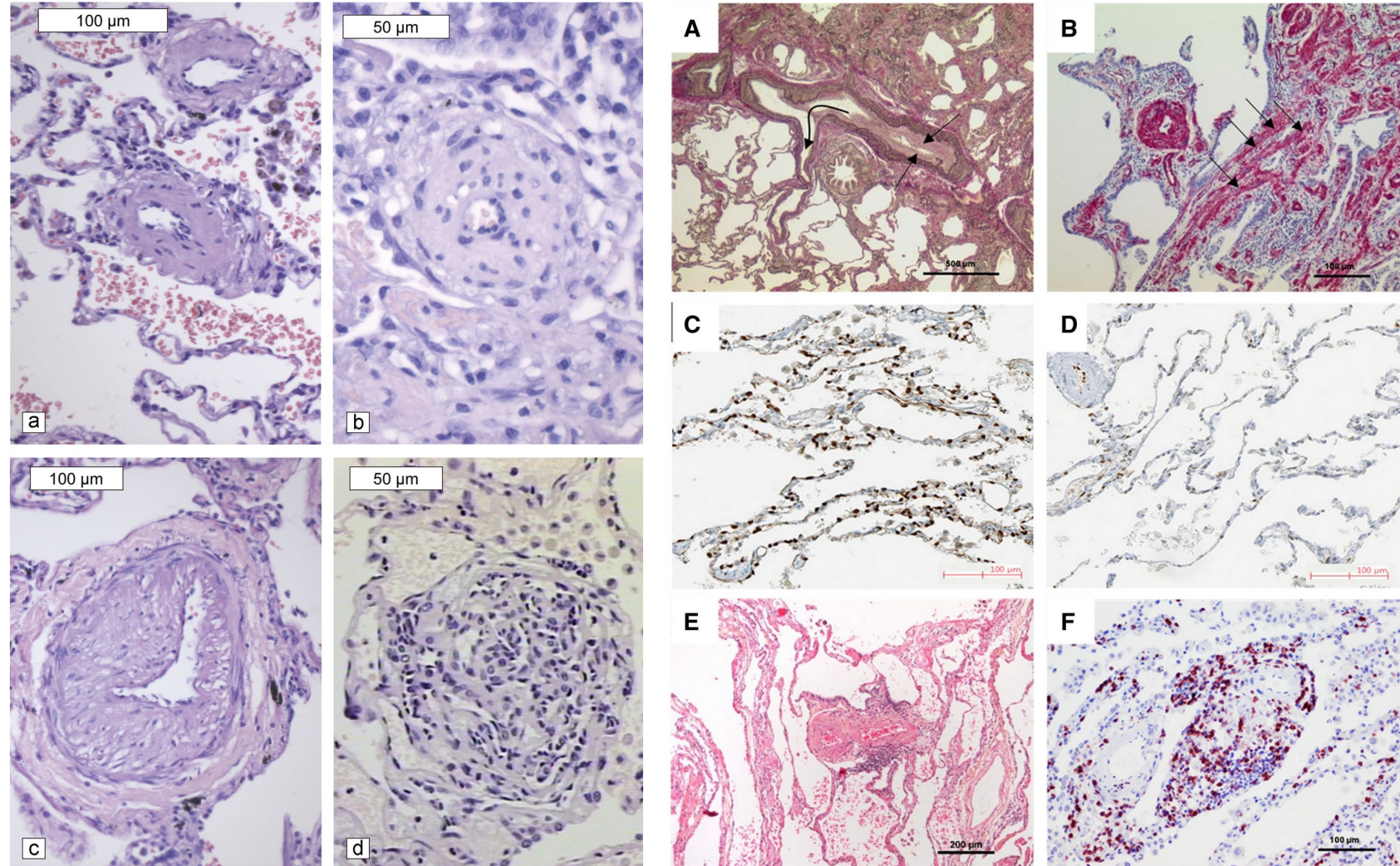


Disclosures

- United Therapeutics – Investigator, Study PI, Steering Cmt Chair
- Acceleron/Merck – Investigator, and Steering Committee member
- Aria-CV – PI
- Insmed – Chair, DSMB
- Janssen R&D – Investigator Initiated Grant
- R01HL158077 – Co-I
- R01HL160025 – Co-I
- PVDomics – Co-PI

Group 3 PH- Statement of the Problem

- WHO Group-3 PH is frequently encountered and adversely affects patients' quality of life and survival.
- Pulmonary vascular remodeling is a component of advanced lung disease and probably reflects the inflammatory nature of the disease



Pulmonary Hypertension

Resting mean pulmonary artery pressure (mPAP) >20 mmHg with an accompanying pulmonary vascular resistance (PVR) \geq 2 Wood Units on right heart catheterization

Group 1

Pulmonary Arterial Hypertension (PAH)

Group 2

Pulmonary Hypertension due to Left Heart Disease

Group 3

Pulmonary Hypertension due to Lung Disease and/or Hypoxia

Group 4

Pulmonary Hypertension due to Pulmonary Artery Obstructions

Group 5

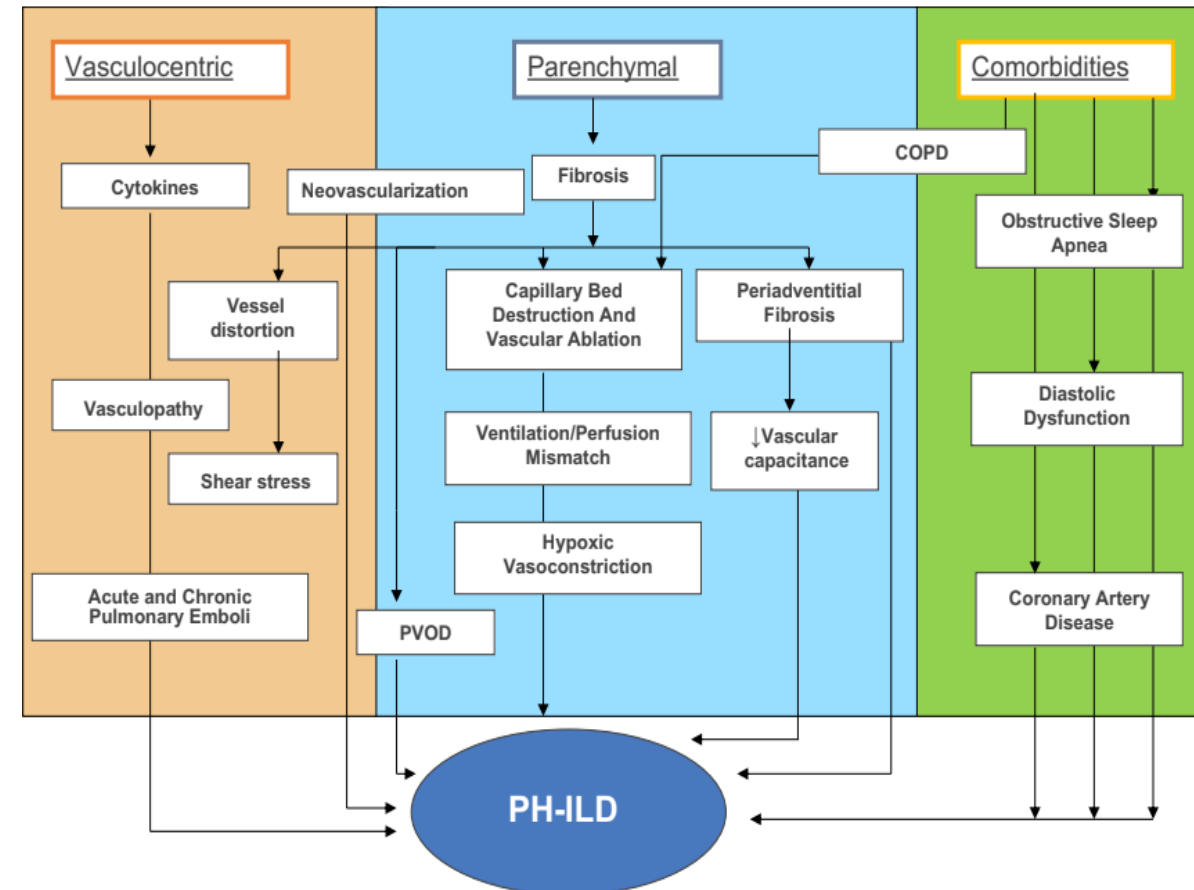
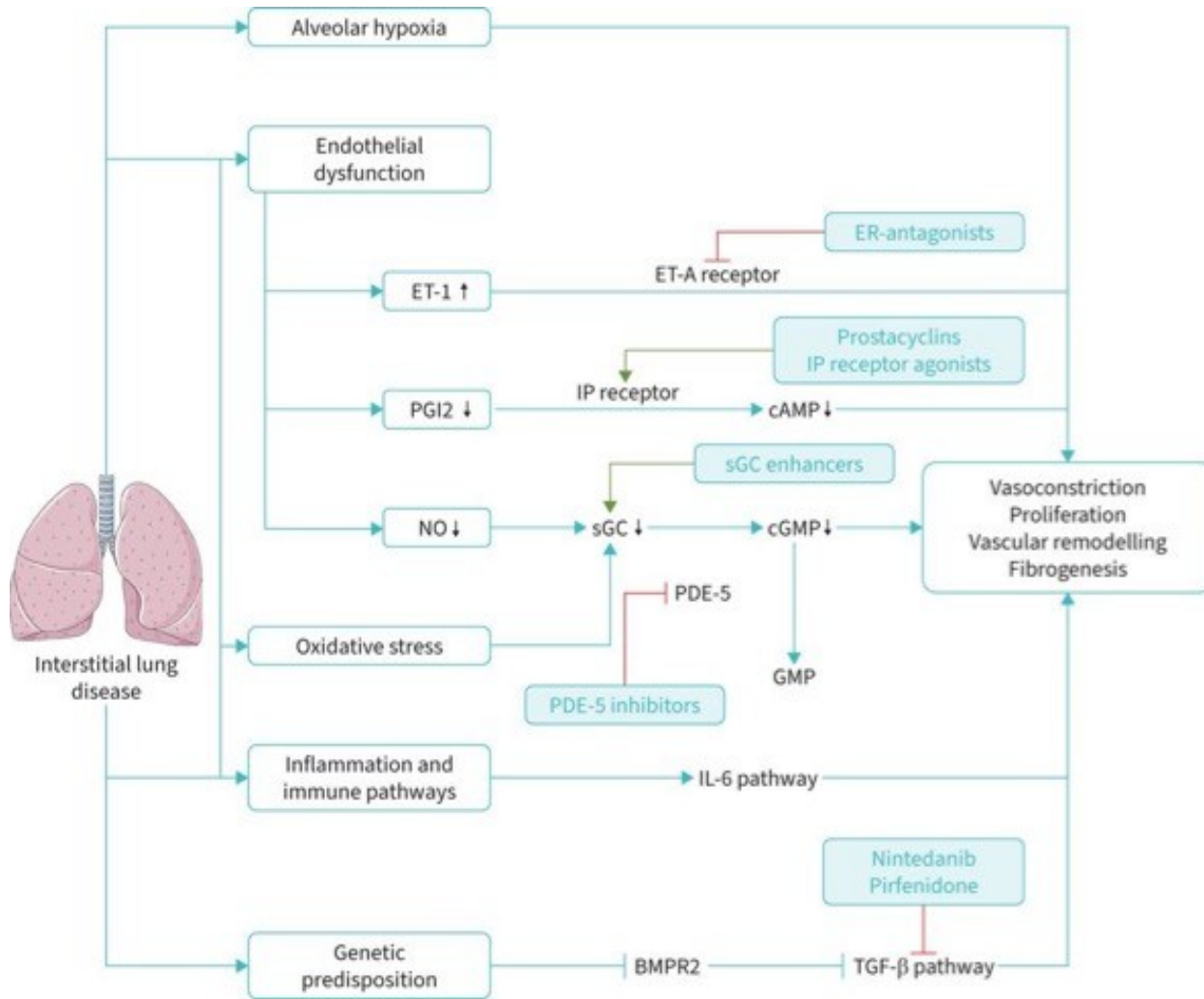
Pulmonary Hypertension with Unclear and/or Multifactorial Mechanisms

- **Pulmonary Hypertension due to Interstitial Lung Disease (PH-ILD)**
- **Pulmonary hypertension associated with fibrotic lung disease, other than sarcoidosis**
 - Idiopathic Pulmonary Fibrosis
 - Nonspecific interstitial pneumonia
 - Desquamative interstitial pneumonia
 - Chronic hypersensitivity pneumonitis

Pulmonary Hypertension due to:

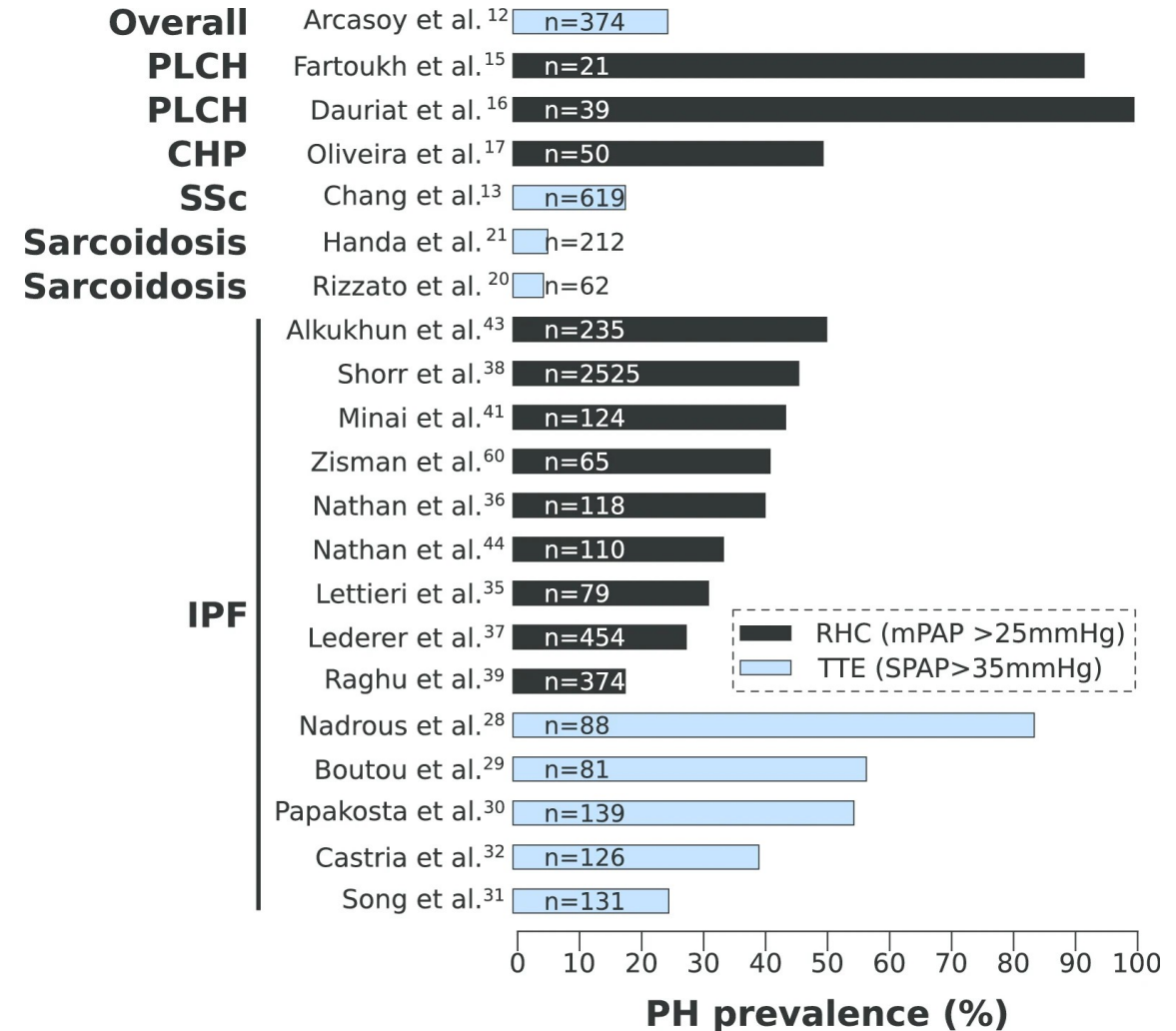
- Chronic obstructive pulmonary disease
- Diseases with mixed restrictive and obstructive pattern
- Chronic high-altitude exposure
- Sleep disordered breathing
- Alveolar hypoventilation disorders
- Developmental lung diseases
- Lymphangioleiomyomatosis (LAM)

Complex and Interrelated Pathophysiology of PH-ILD

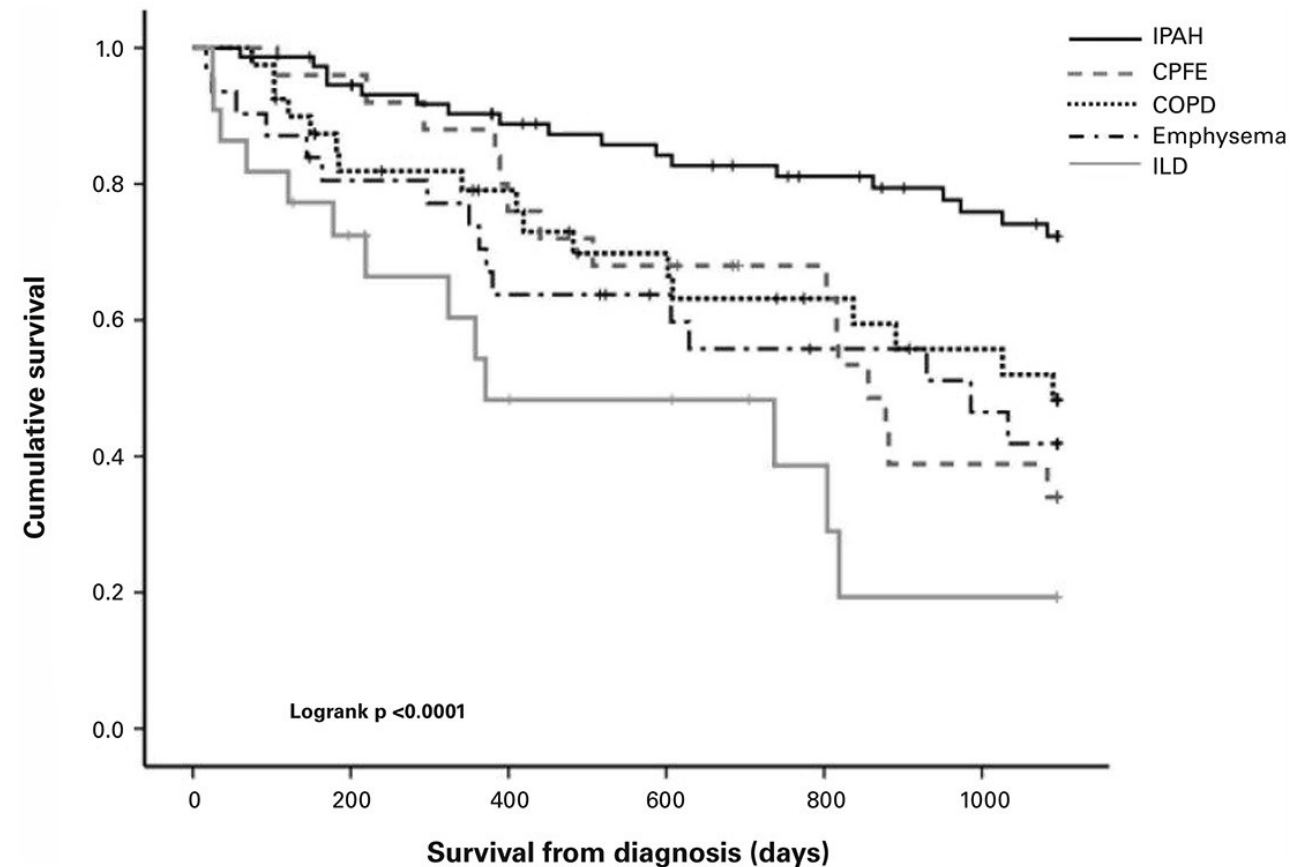
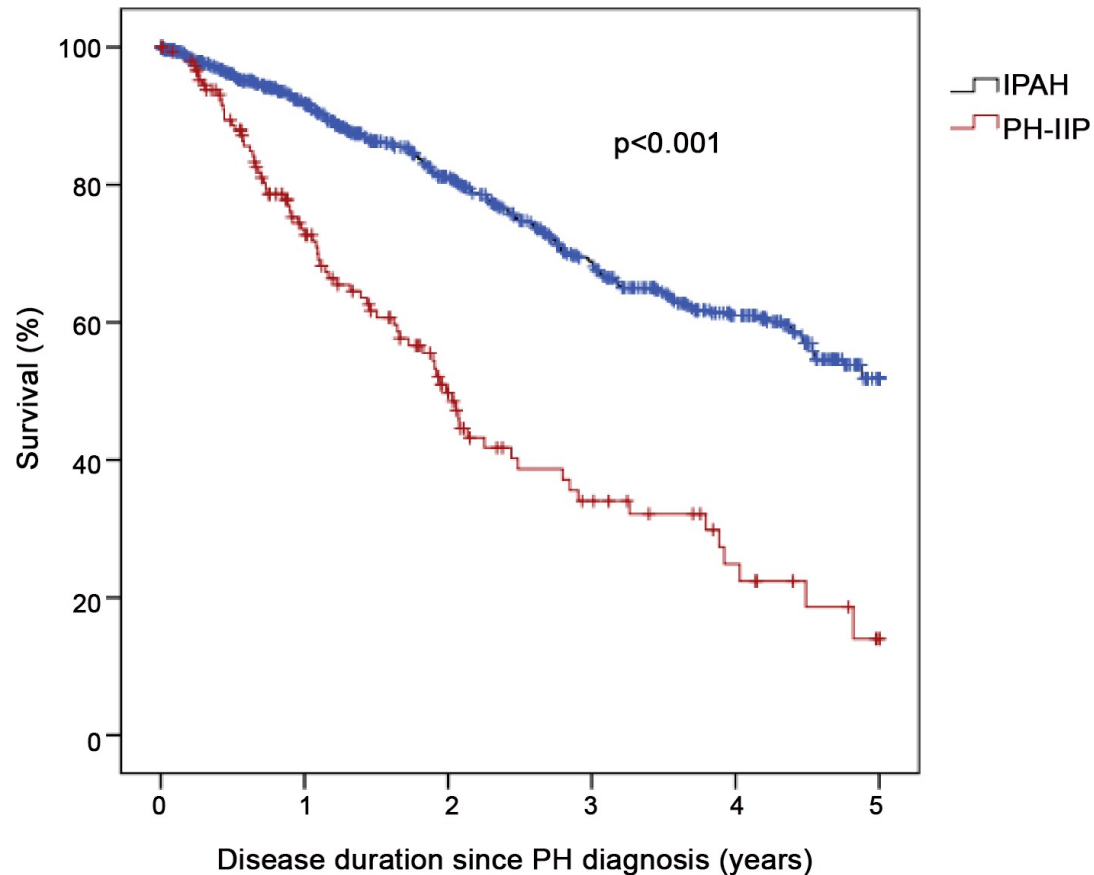


Prevalence of PH in patients with pulmonary fibrosis

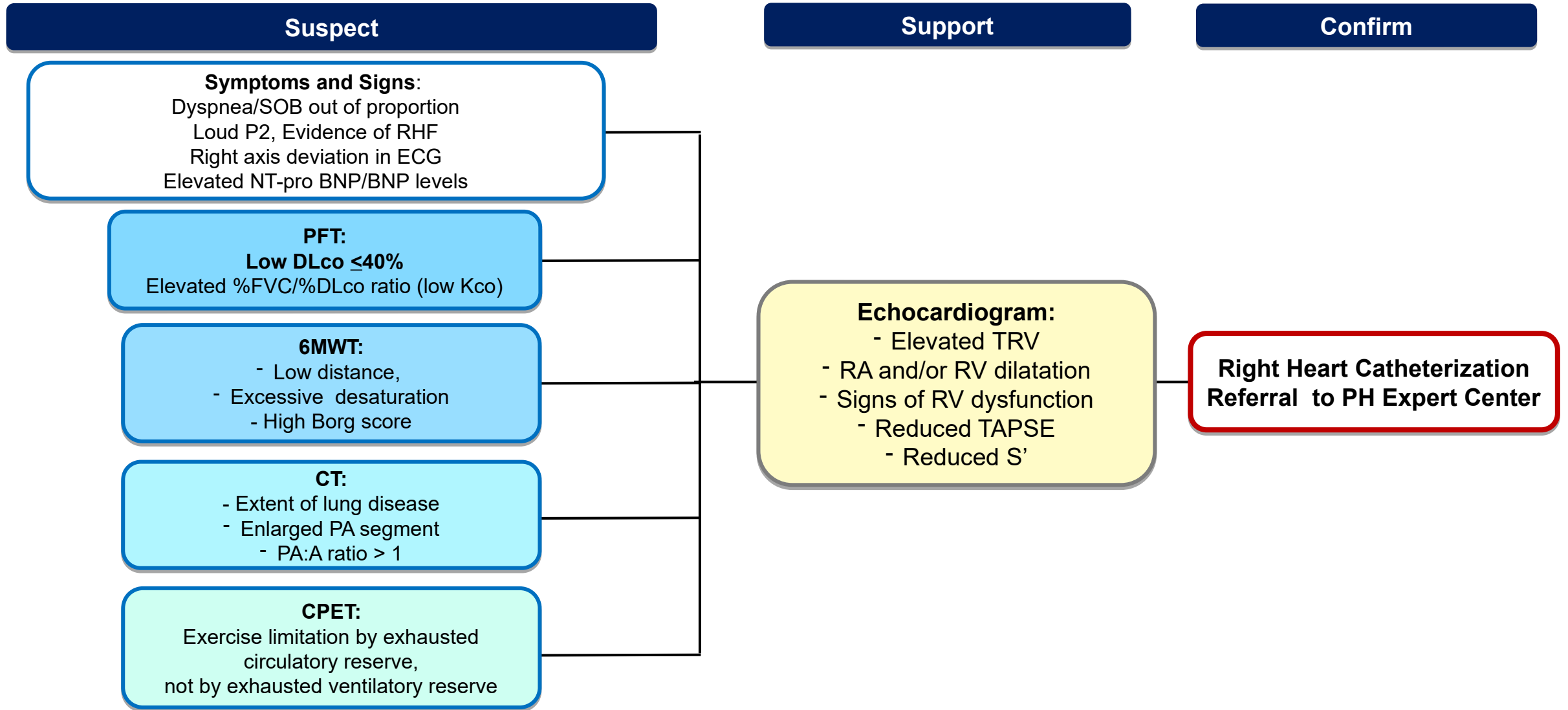
- Prevalence of ILD (US population-based study)
 - 80.9 per 100,000 men and 67.2 per 100,000 women
 - 31.5 new cases/100,000 men per year and 26.1/100,000 women per year
- Precise prevalence of PH in patients with ILD is difficult to establish
 - Most of the studies are from case reports and retrospective series
 - Annual incidence of Idiopathic Pulmonary Fibrosis (IPF) estimated as 6.8–8.8 cases per 100,000 population using narrow case definitions, and as 16.3–17.4 cases per 100,000 population using broad case definitions
- In early stages of the disease or at diagnosis, up to 15% of ILD already have PH
 - As ILD advances, frequency of PH continues to rise, beyond 50%



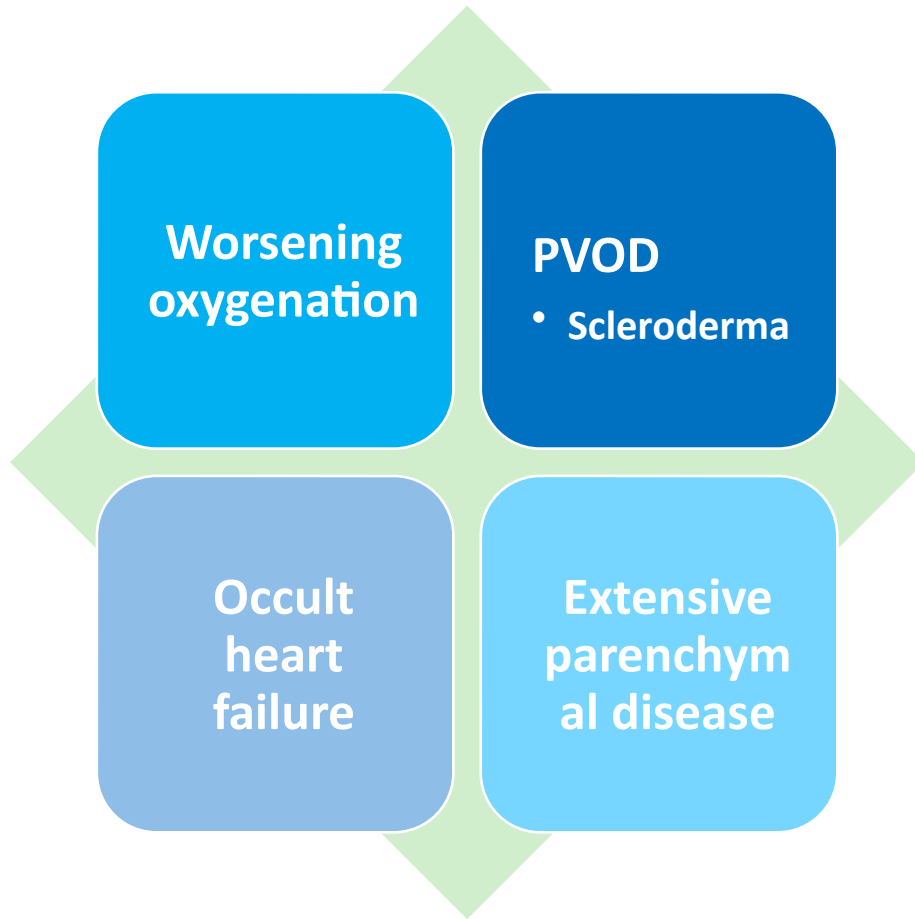
Impact of PH-Chronic Lung Disease



Algorithm for Diagnosis of PH-ILD



Caveats to Using PAH-specific Therapy in PH-ILD



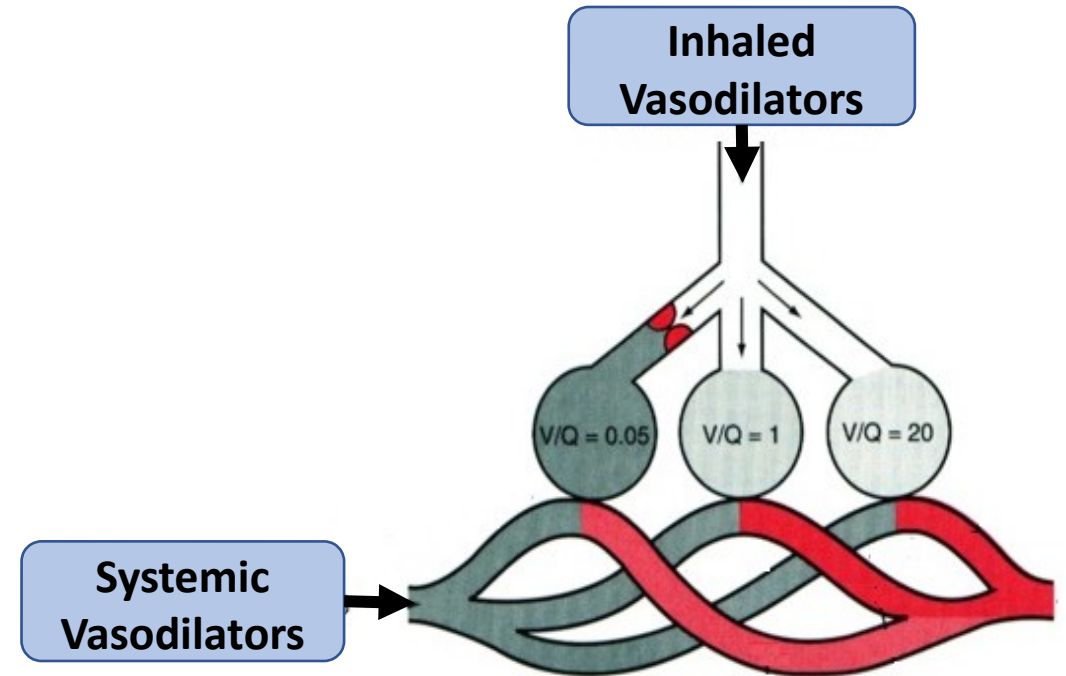
- ETRAs have suffered from poor study design
 - General trend was worsening gas exchange without improvement in functional capacity.
- PDE-5i have shown some promise
 - Improved 6MWD, QOL, RV Function, and PVR
 - Worsening V/Q in some reports
- Prostacyclin's have shown promise
 - Improved PVR, CO, RV function
 - Worsening V/Q in some studies

Difficulties in Conducting Clinical Trials for PH-ILD

- Disappointing results from multiple clinical trials of pulmonary vasodilator therapy in ILD
 - Most trials enrolled patients with PH diagnosed on the basis of diffusion capacity and/or echocardiography criteria instead of hemodynamic parameters
 - Few trials focused specifically on severe PH-ILD
- PH-ILD trials are difficult to complete
 - Rarity and short life expectancy of patients
 - Hesitation among clinicians to enroll patients for placebo-controlled trials

Rational for Inhaled Therapy

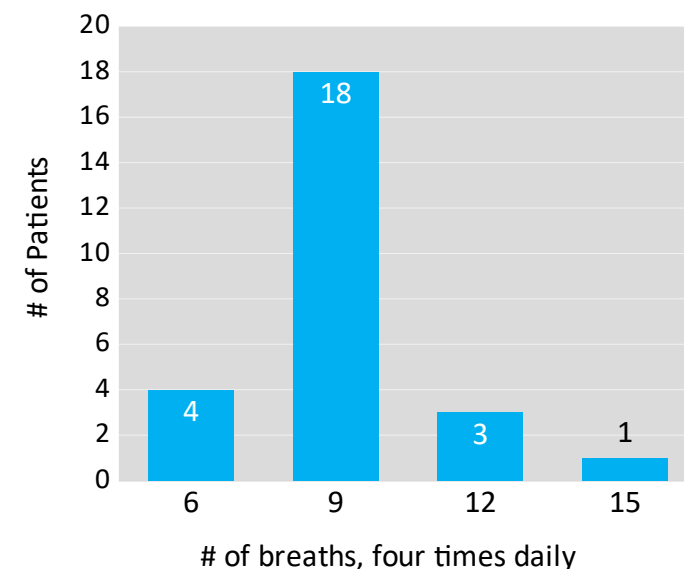
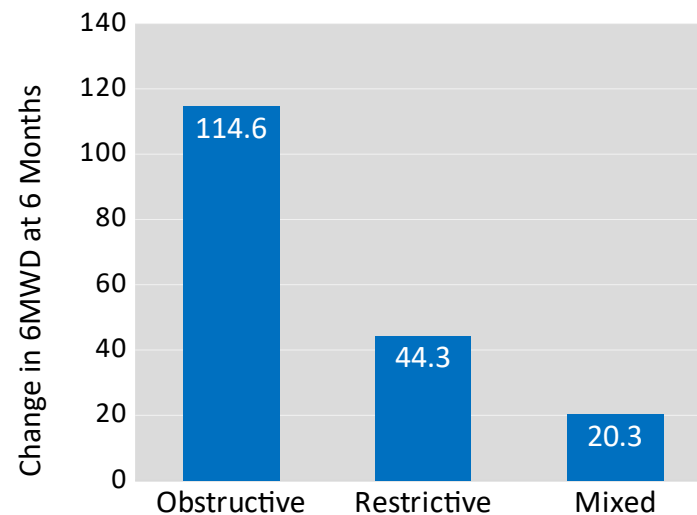
- Treatment with systemic pulmonary vasodilators may result in worsening V/Q imbalance.
- Inhaled therapy is delivered directly to well ventilated lung units preserving V/Q, and reducing undesirable alterations in perfusion
- Potential for increased efficacy and decreased systemic side effects



Preliminary Evidence

Retrospective Analysis of Inhaled Treprostinil in Group 3 Pulmonary Hypertension

- 26 patients completed 6 months of treatment; 2 patients discontinued due to adverse events and 2 due to lack of efficacy.
- 21 patients had 6MWD data at baseline (mean 228.5m) and 6 months (mean 289.4m):
 - Mean increase at 6 months was 60.85 ± 92.60 m, significant median improvement of 45 m ($p=0.0019$); and
 - Patients with obstructive lung disease had the greatest improvement in 6MWD.
- WHO FC and BDI remained stable throughout the duration of the study.



Adverse Event	# Patients
Cough	12
Headache	5
Leg swelling	2
Chest pain	1
Nausea	1
Throat irritation	1
Jaw pain	1
Flushing	1
GI upset	1

INCREASE – Study Design and Inclusion Criteria

Phase 3, multicenter, randomized (1:1), double-blind, placebo-controlled, 16-week, parallel-group (inhaled treprostinil / placebo) study (NCT02630316)

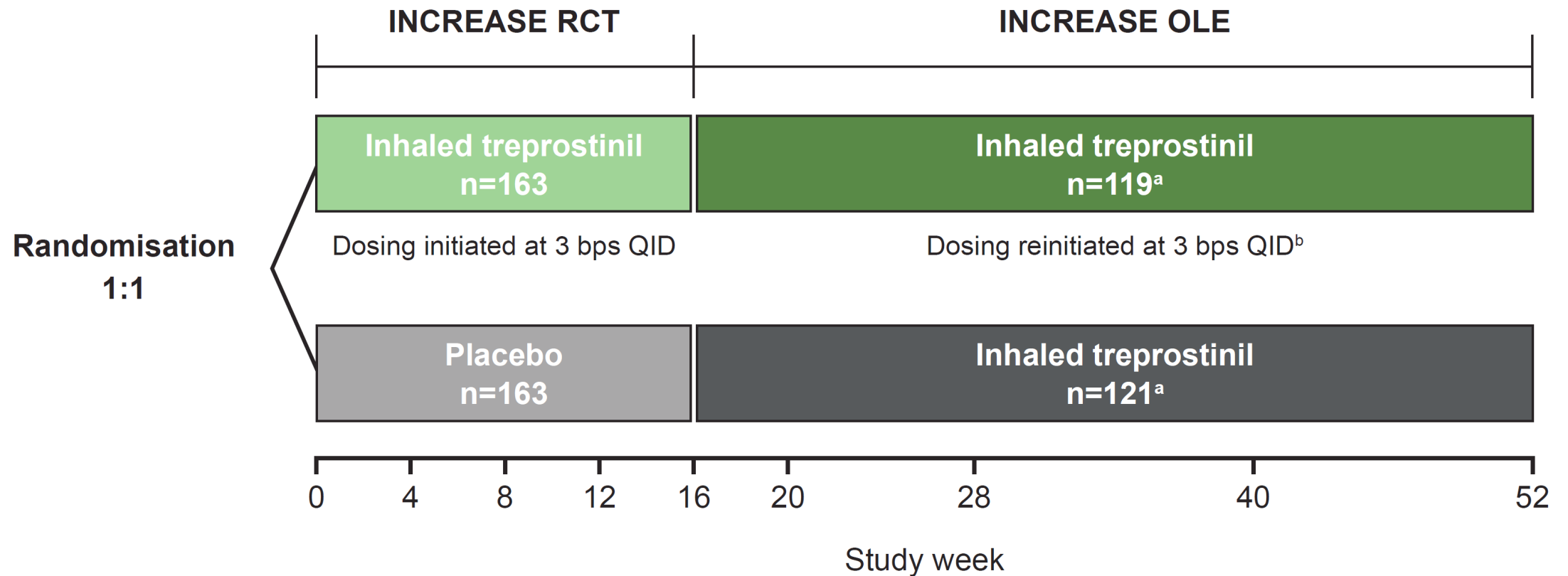
Key Inclusion Criteria

- Confirmed diagnosis of Group 3 PH based on CT within 6 months prior to randomization and demonstrated evidence of diffuse parenchymal lung disease. Subjects had any form of ILD or CPFE
- Right heart catheterization within 1 year prior to randomization with the following documented parameters:
 - **PVR >3 WU and**
 - **PCWP ≤15 mmHg and**
 - **mPAP ≥25 mmHg**
- Baseline 6MWD ≥100 m
- Subjects on a chronic medication for underlying lung disease (i.e., pirfenidone, nintedanib, etc.) were on a stable and optimized dose for ≥30 days prior to randomization
- Subjects with Group 3 connective tissue disease had a Baseline forced vital capacity <70%

Key Exclusion Criteria

- Diagnosis of PAH or PH for reasons other than Group 3 PH-ILD
- Use of any PAH-approved therapy, within 60 days of randomization (or during the study)
- Evidence of clinically significant left-sided heart disease as defined by:
 - **PCWP >15 mmHg**
 - **Left ventricular ejection fraction <40%**
- Receiving >10 L/min of oxygen supplementation by any mode of delivery at rest at Baseline
- Initiation of pulmonary rehabilitation within 12 weeks prior to randomization
- Acute pulmonary embolism within 90 days of randomization

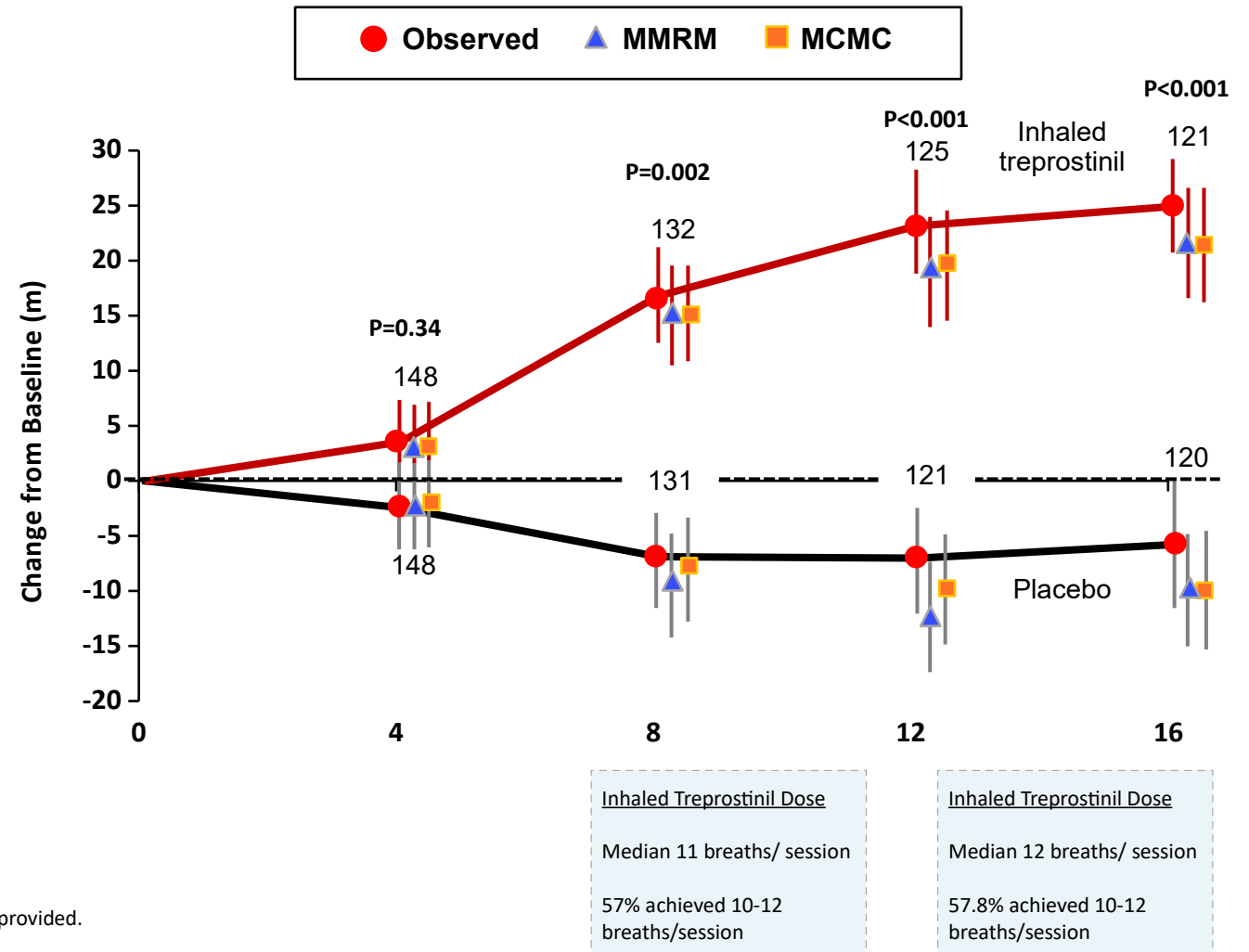
INCREASE Study Schema



6MWD Results Through Week 16

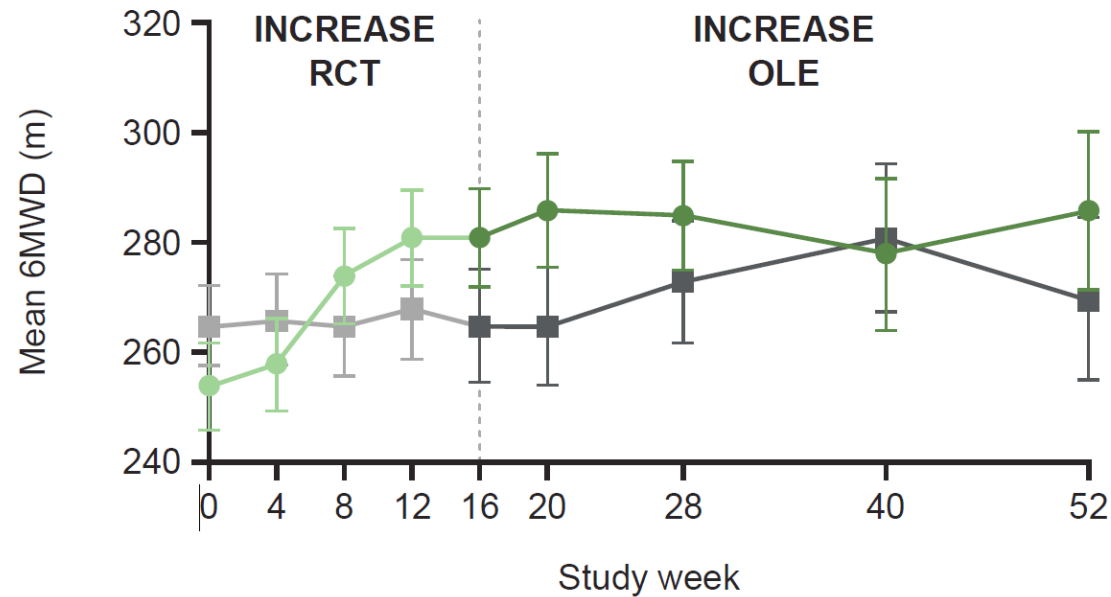
At Week 16, inhaled treprostinil patients had a placebo-corrected difference from Baseline in peak 6MWD of 31.12 meters

(95% CI: 16.85, 45.39; $P < 0.001$).



Mixed Model Repeated Measurement and Markov chain Monte Carlo Method treatment effect is provided.
6MWD, 6-Minute Walk Distance; m, meter.

6-MWD

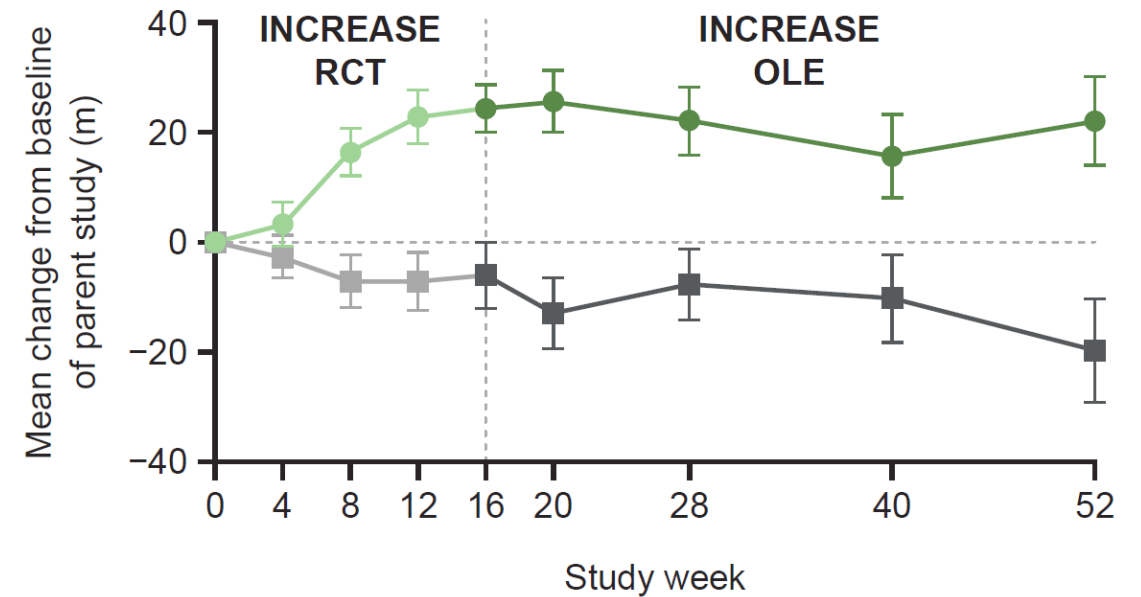


Inhaled treprostiniil in RCT

n= 163 148 132 125 121 110 100 77 68

Placebo in RCT

n= 163 148 131 121 120 102 89 62 55



Inhaled treprostiniil in RCT

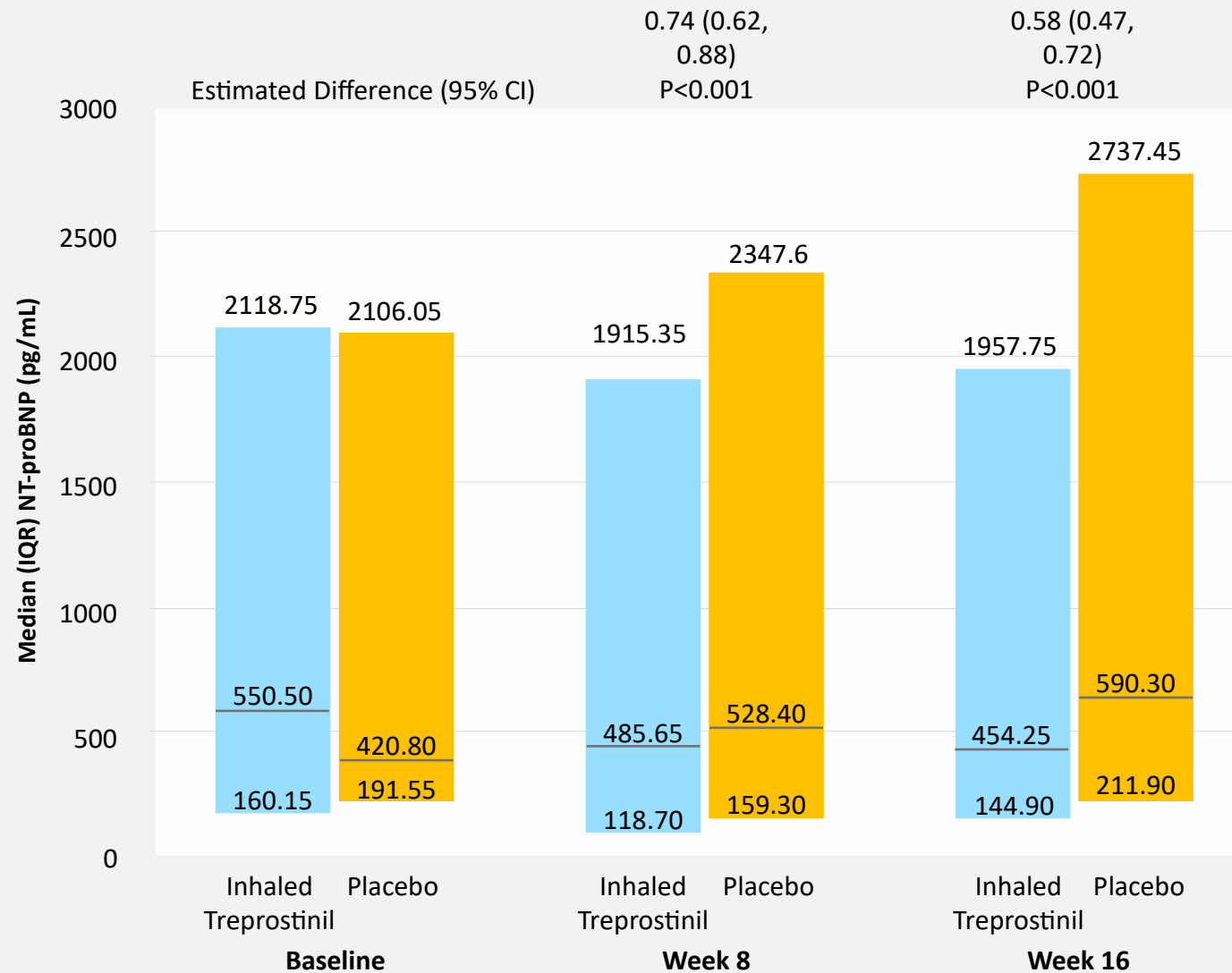
n= 163 148 132 125 121 110 100 77 68

Placebo in RCT

n= 163 148 131 121 120 102 89 62 55

- Inhaled treprostiniil
- Inhaled treprostiniil in RCT→inhaled treprostiniil in OLE
- Placebo
- Placebo in RCT→inhaled treprostiniil in OLE

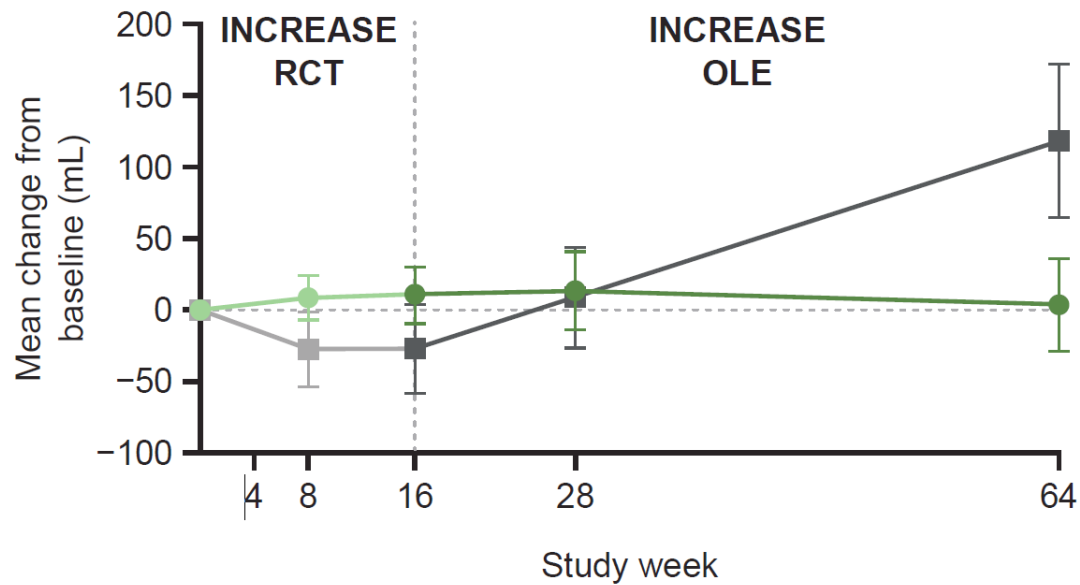
NT-proBNP Results by Study Visit



Inhaled treprostinil resulted in a 42% reduction in NT-proBNP when compared to placebo at Week 16 (P<0.001)

Change in FVC

a) Change in FVC (mL)



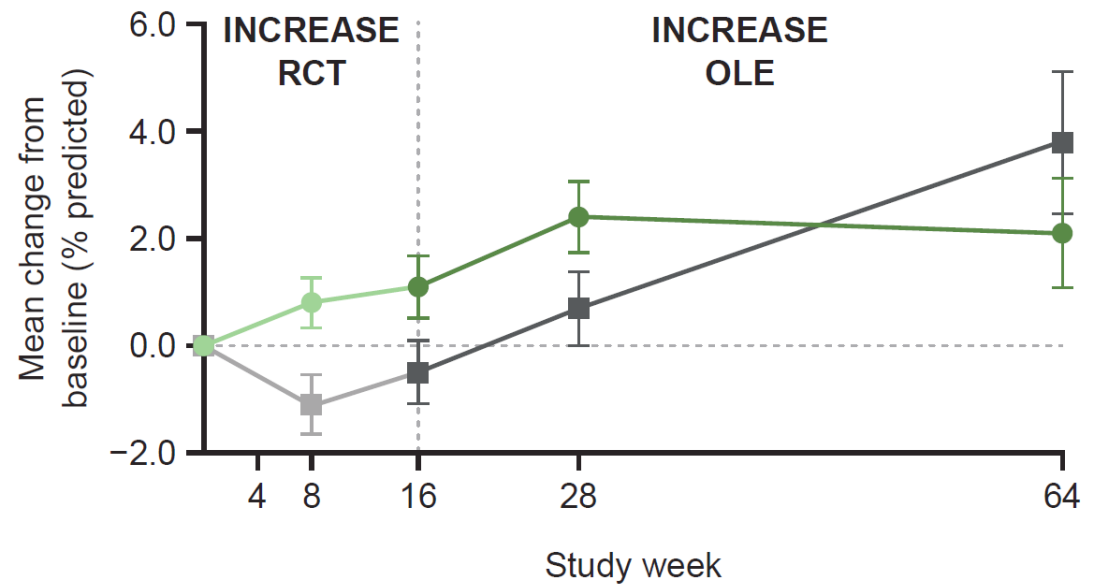
Inhaled treprostinil in RCT

n= 162 141 129 100 46

Placebo in RCT

n= 161 140 124 97 67

b) Change in FVC (% predicted)



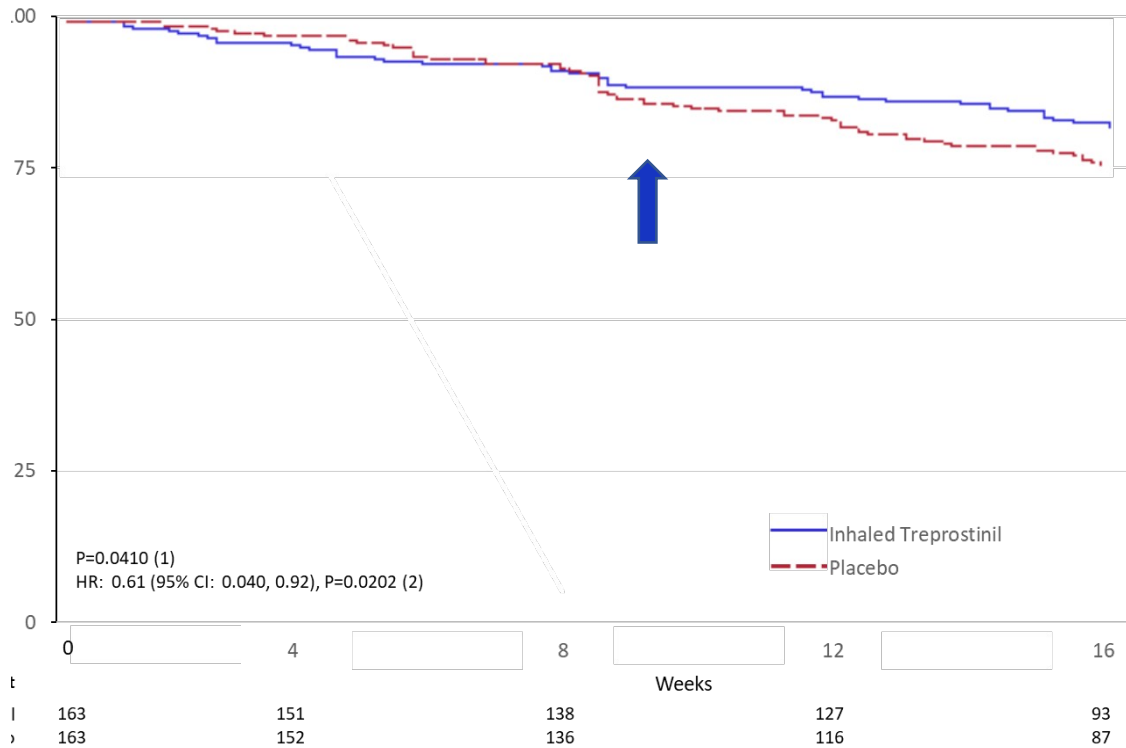
Inhaled treprostinil in RCT

n= 162 141 129 100 46

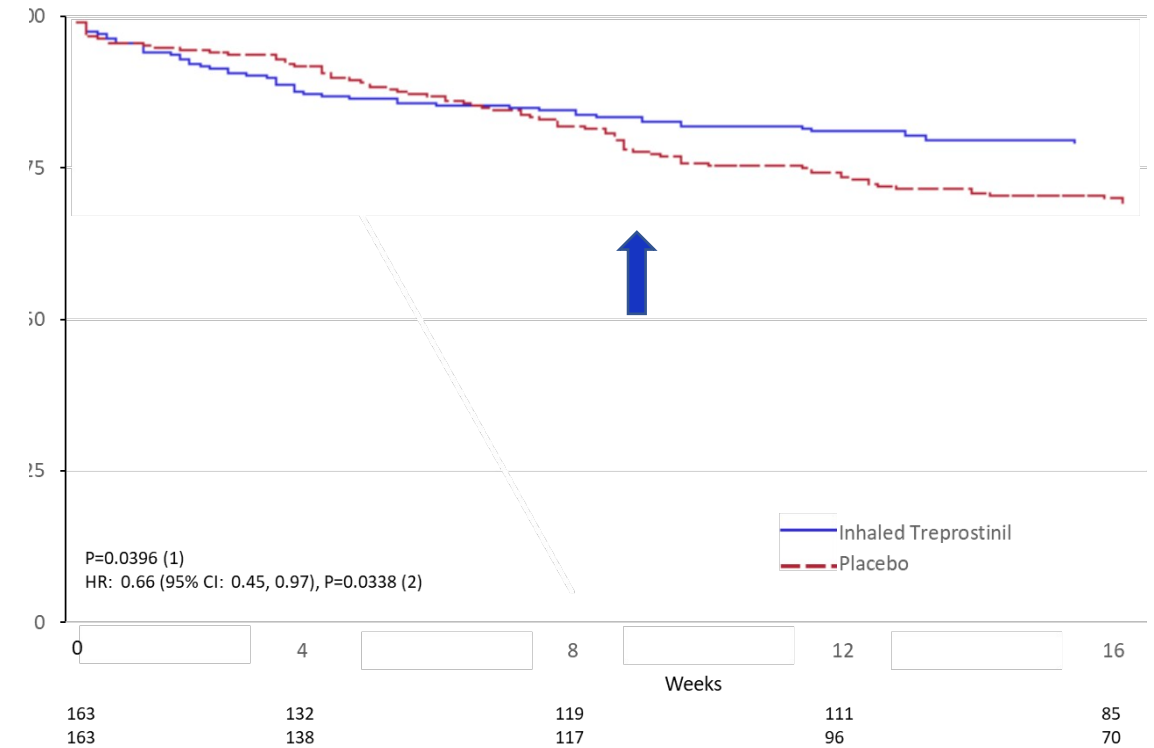
Placebo in RCT

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Time to Exacerbation of Underlying Lung Disease



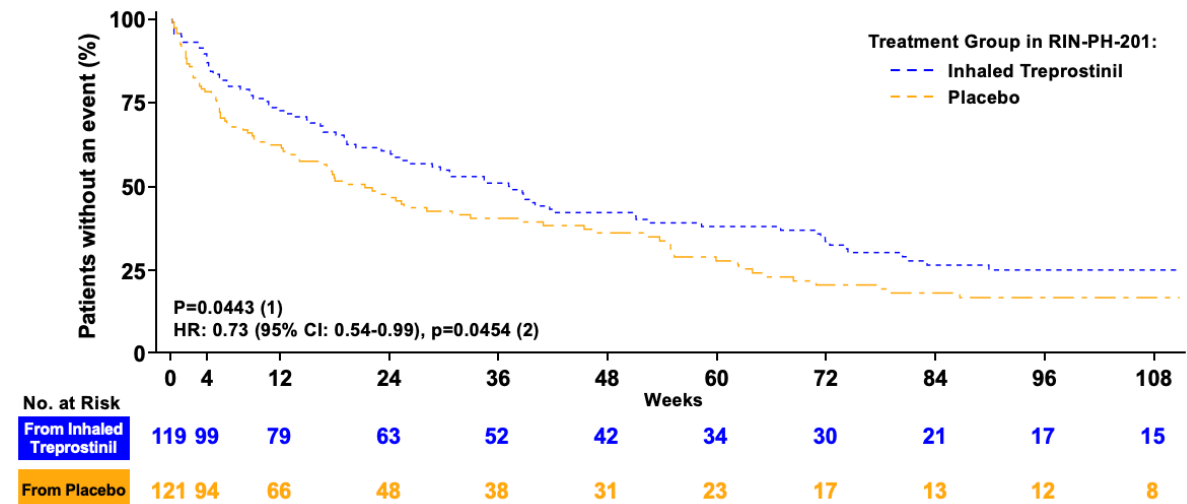
Time to Clinical Worsening Events



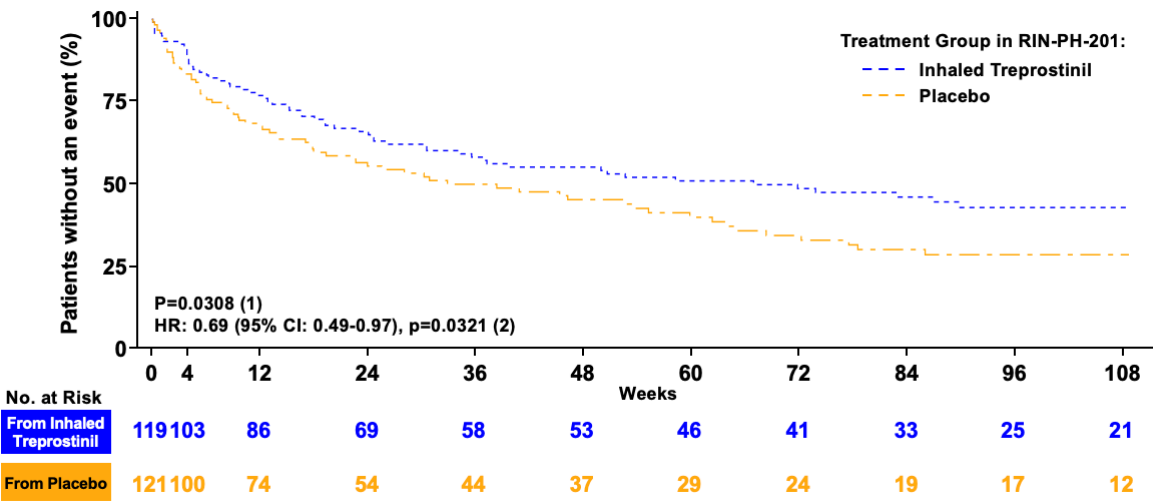
Exacerbation: acute, clinically significant, respiratory deterioration characterized by evidence of new widespread alveolar abnormality
TTCW: death, need for and/or worsening-related listing for lung and/or heart transplant, need to initiate an approved PAH SOC rescue therapy, PAH-specific hospitalization, or functional deterioration (worsened WHO Functional Class AND 15% decrease in 6MWD)

Event-free Survival in INCREASE Study Open-label Extension

Time to Event for Event-free Survival

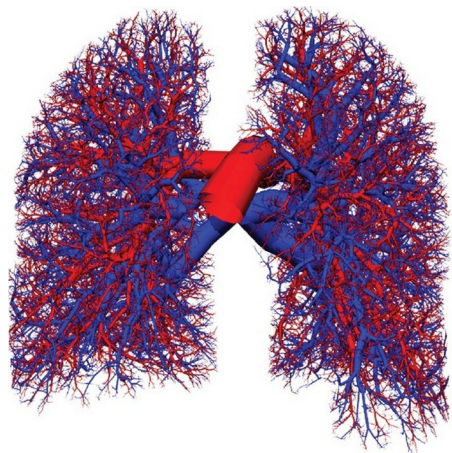


Time to Exacerbation of Lung Disease



Conclusions

- Patients experienced significant improvements in exercise capacity (6MWD) as early as 8 weeks, with effects sustained throughout.
- Patients demonstrated improvements in other clinically meaningful outcomes, including improvements in NT-proBNP, FVC, and decreased risk of clinical worsening and exacerbation of underlying lung disease.
- Improved event-free survival and reduced exacerbation rate.
- Treatment with inhaled treprostinil was well tolerated.
- Think about, diagnose it, and treat it
 - Encourage early diagnosis and treatment



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Baseline Characteristics

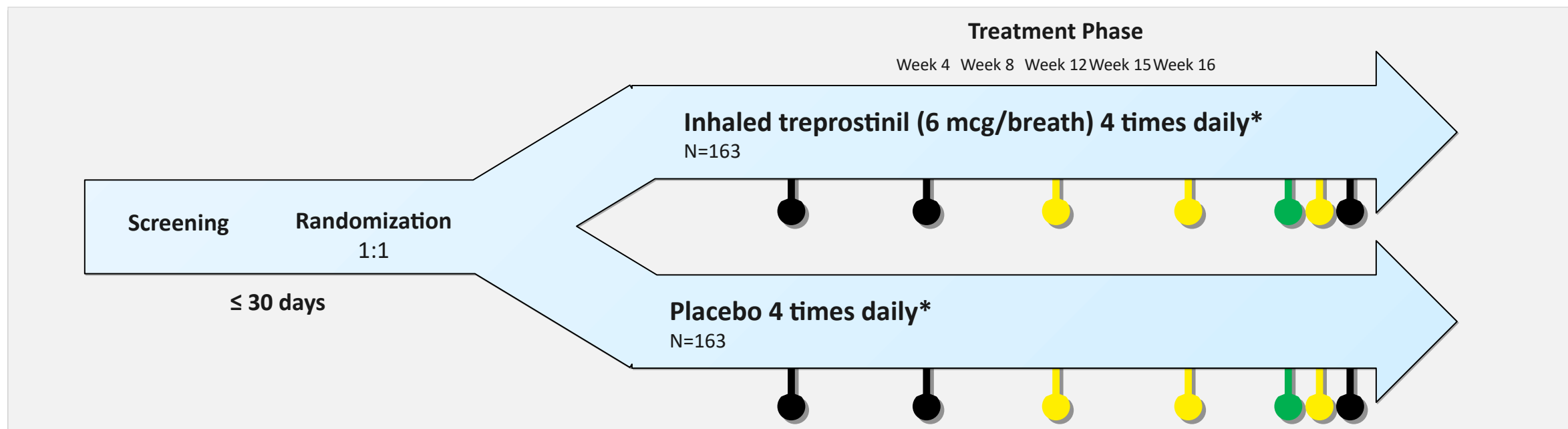
- A total of 326 patients were enrolled in the study.
- The most common PH-ILD etiologies included:
 - Idiopathic interstitial pneumonia (45%)
 - Idiopathic pulmonary fibrosis (28%)
- 14% of patients were on single background therapy with pirfenidone and 9% on nintedanib
- The median dose of inhaled treprostinil achieved at Week 8 and Week 16 were 10 and 12 breaths per session, respectively.

Incidence of Adverse Events in the OLE

AE	Former Inhaled Treprostinil Group (n=119)	Former Placebo Group (n=121)	Overall (n=242)
Cough	18.5%	35.5%	26.9%
Dyspnea	25.2%	27.3%	26.0%
Headache	10.1%	27.3%	18.6%
Diarrhea	16.8%	14.0%	15.3%
Dizziness	15.1%	14.9%	14.9%
Upper respiratory tract infection	16.8%	11.6%	14.0%
Fatigue	15.1%	11.6%	13.2%
Nausea	15.1%	11.6%	13.2%
Acute respiratory failure	13.4%	11.6%	12.4%
Pneumonia	11.8%	12.4%	12.4%

INCREASE – Study Procedures

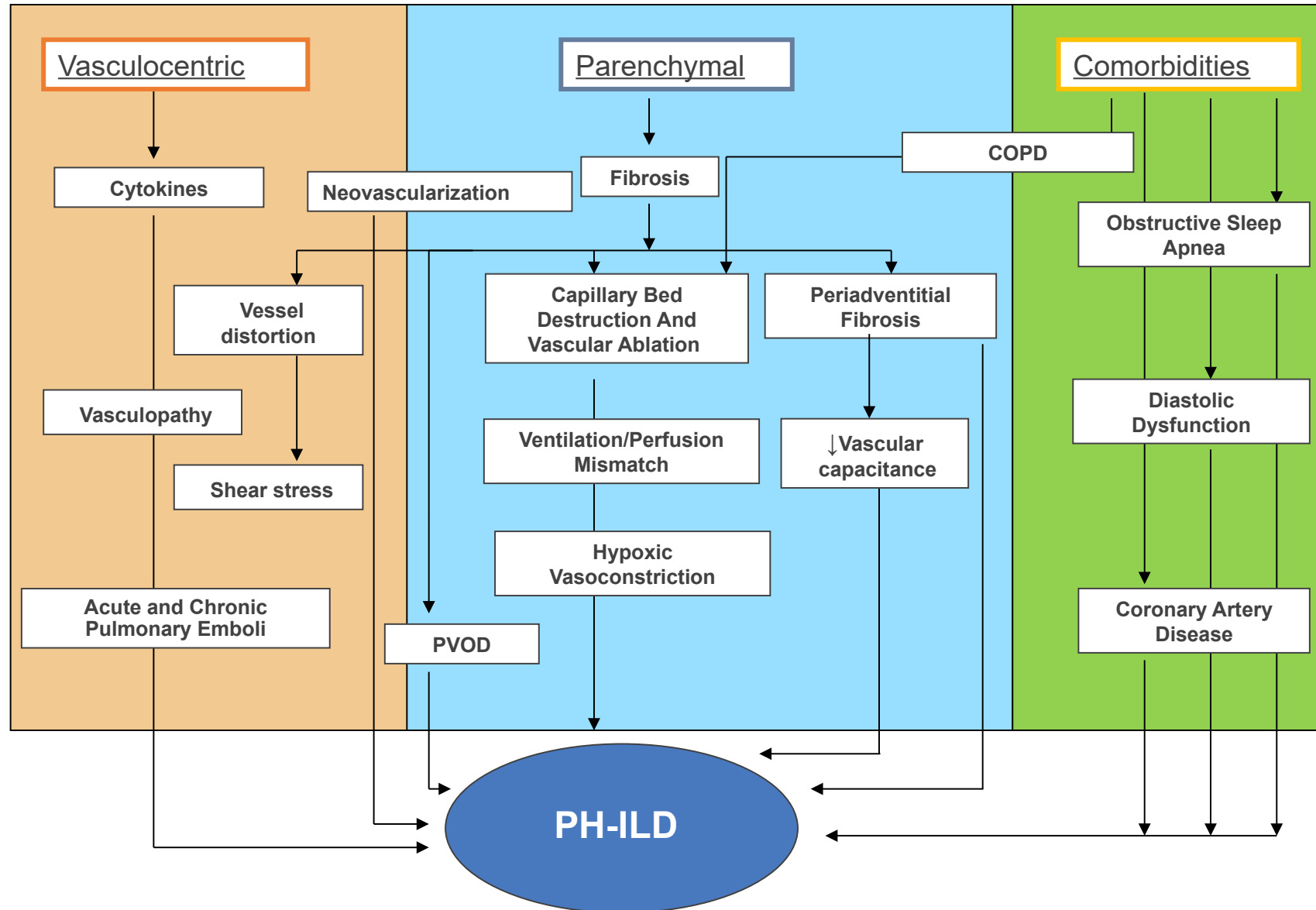
Timeline of Study Endpoint Assessments



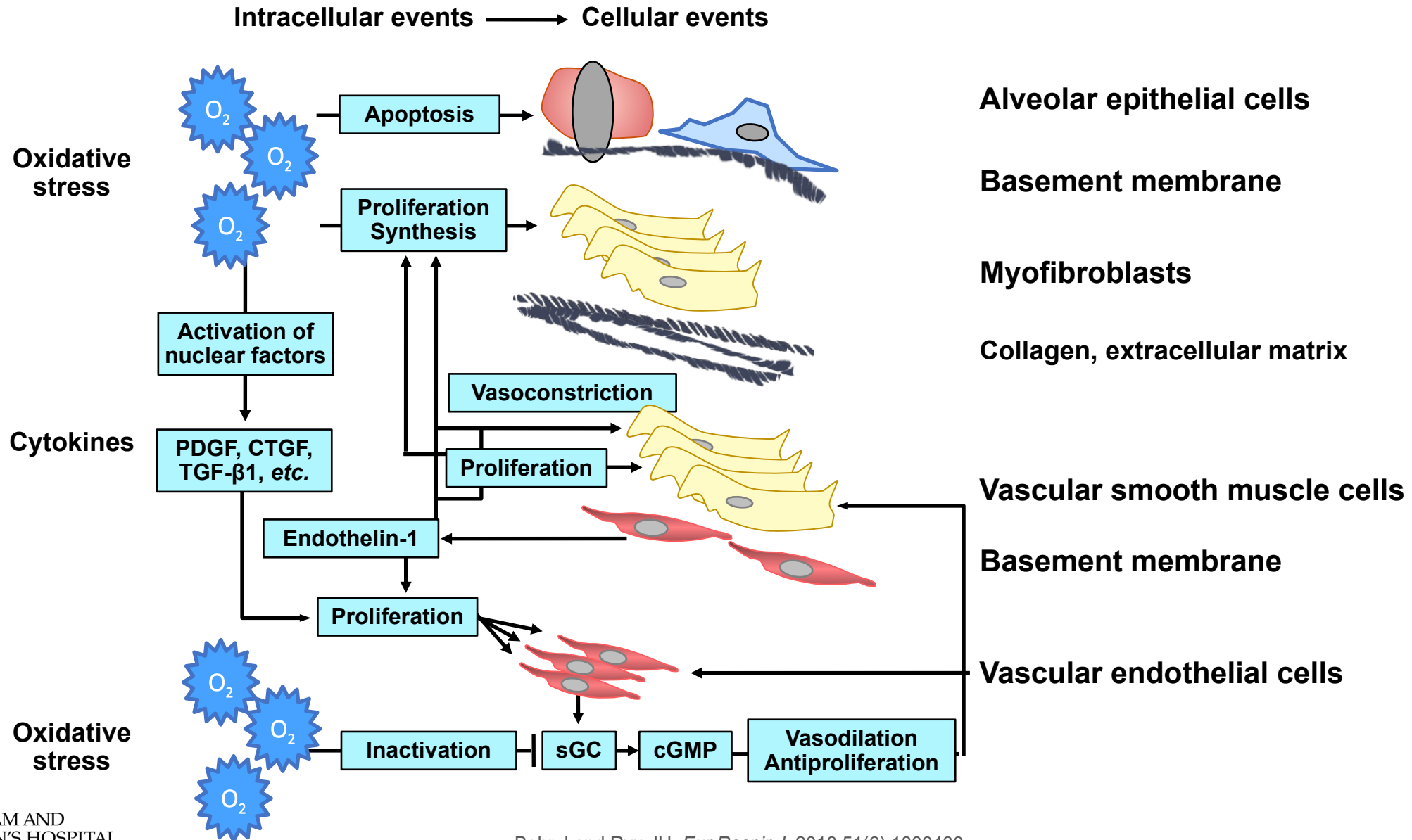
*All subjects initiated study drug at a dose of 3 breaths (18 mcg) 4 times daily (during waking hours). Dose escalations (additional 1 breath 4 times daily) could occur up to every 3 days, with a target dose of 9 breaths (54 mcg) 4 times daily and a maximum dose of 12 breaths (72 mcg) 4 times daily, as clinically tolerated.

- Primary endpoint measure - 6MWD at peak exposure from Baseline to Week 16
- Secondary endpoint measures - Change in peak 6MWD Baseline to Week 12; Change in plasma concentration NT-proBNP Baseline to Week 16; Change in trough 6MWD from Baseline to Week 15.
- Exploratory endpoint measures

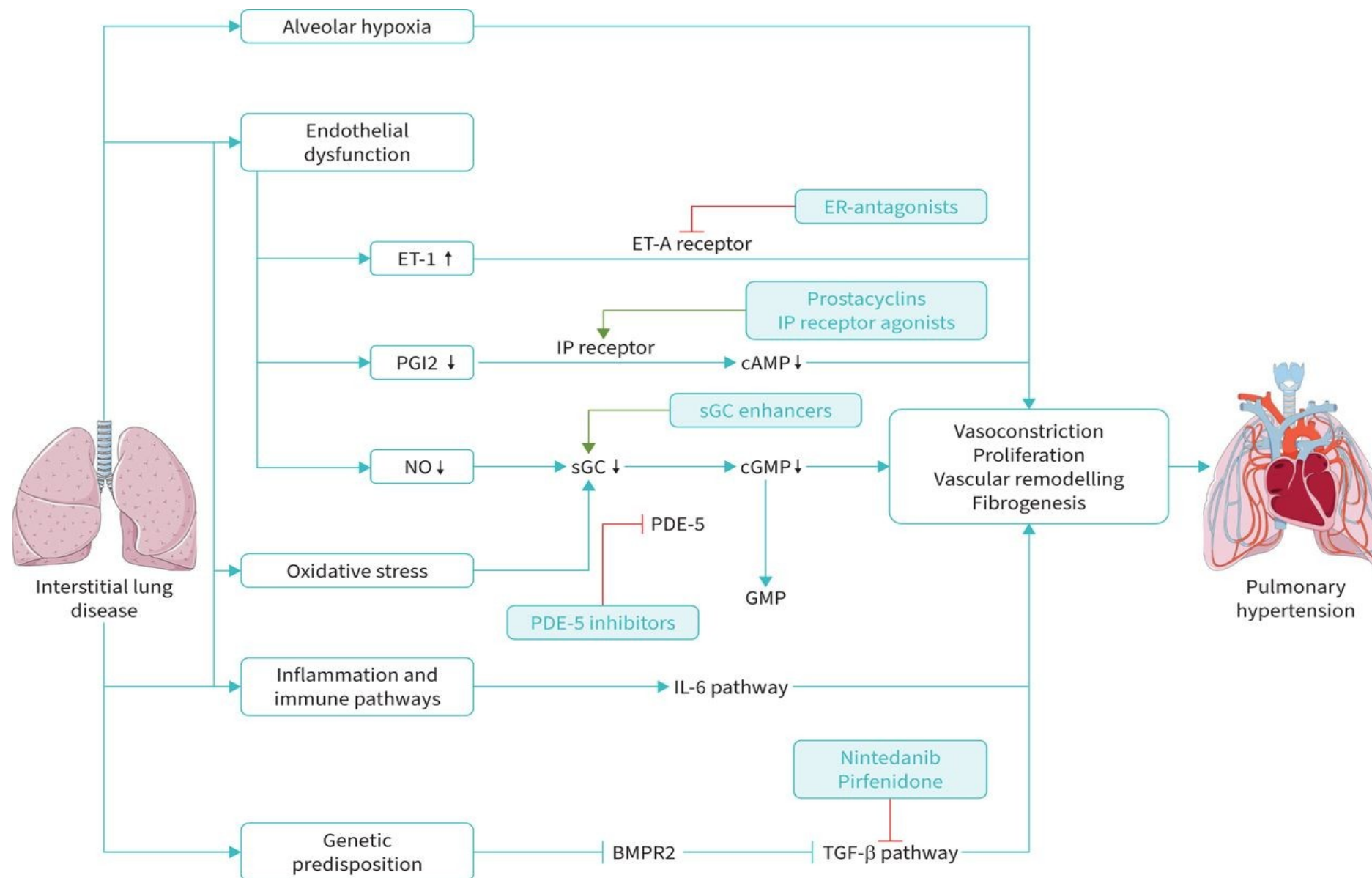
Complex and Interrelated Pathophysiology of PH-ILD



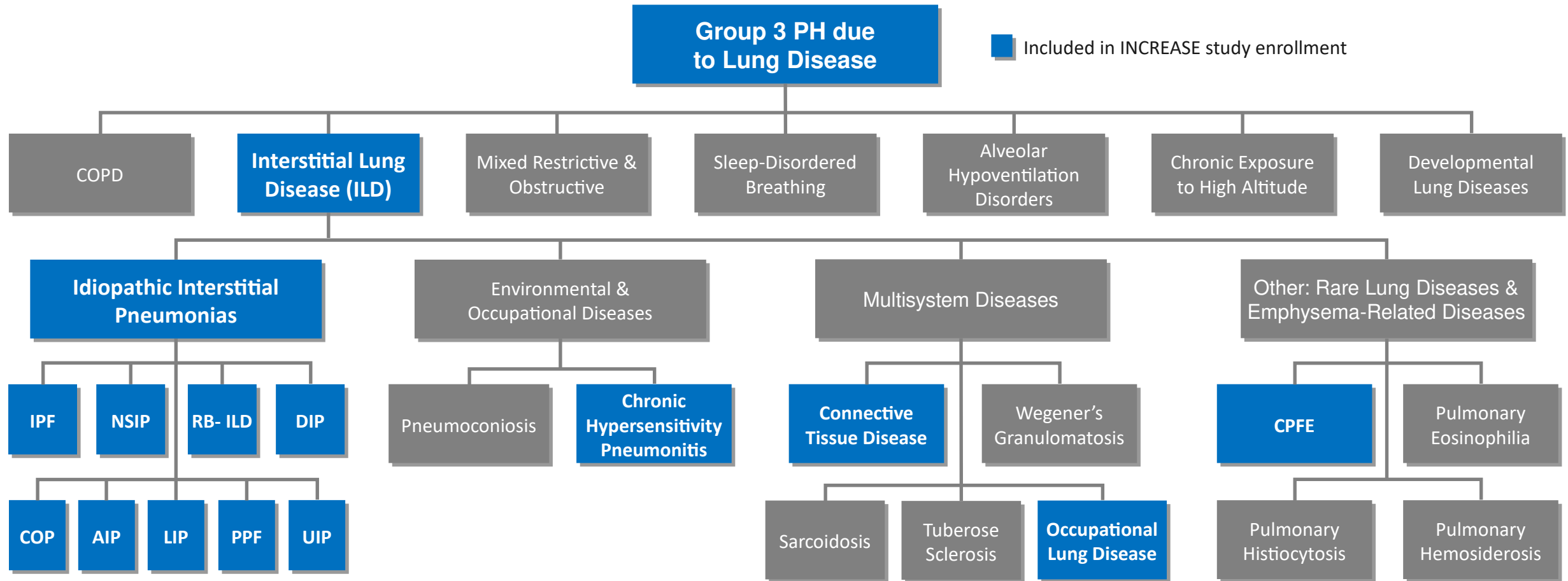
Cellular Events in PH-ILD

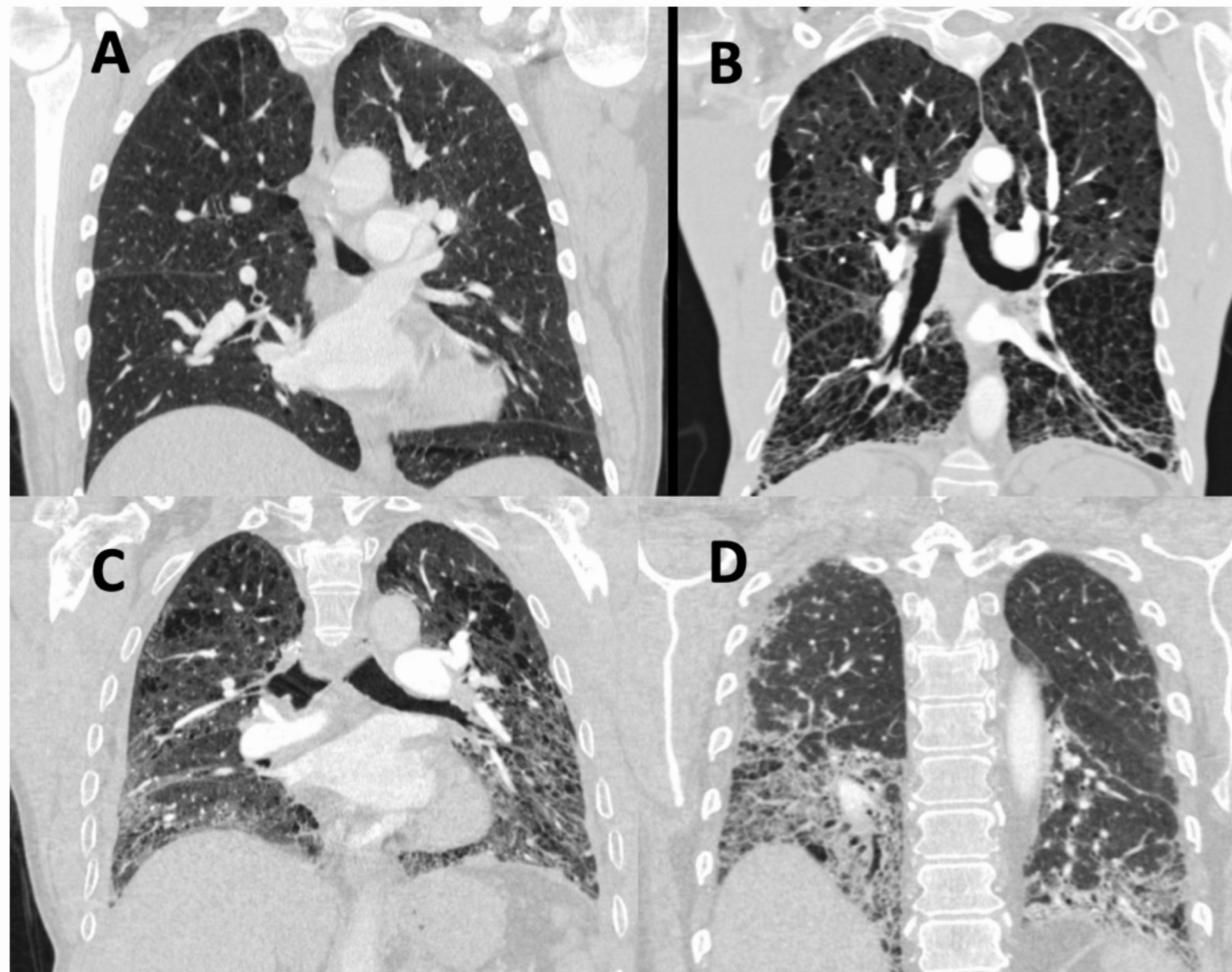


The high co-incidence of interstitial lung disease and pulmonary hypertension can be explained by shared pathophysiology concerning parenchymal and vascular remodelling.

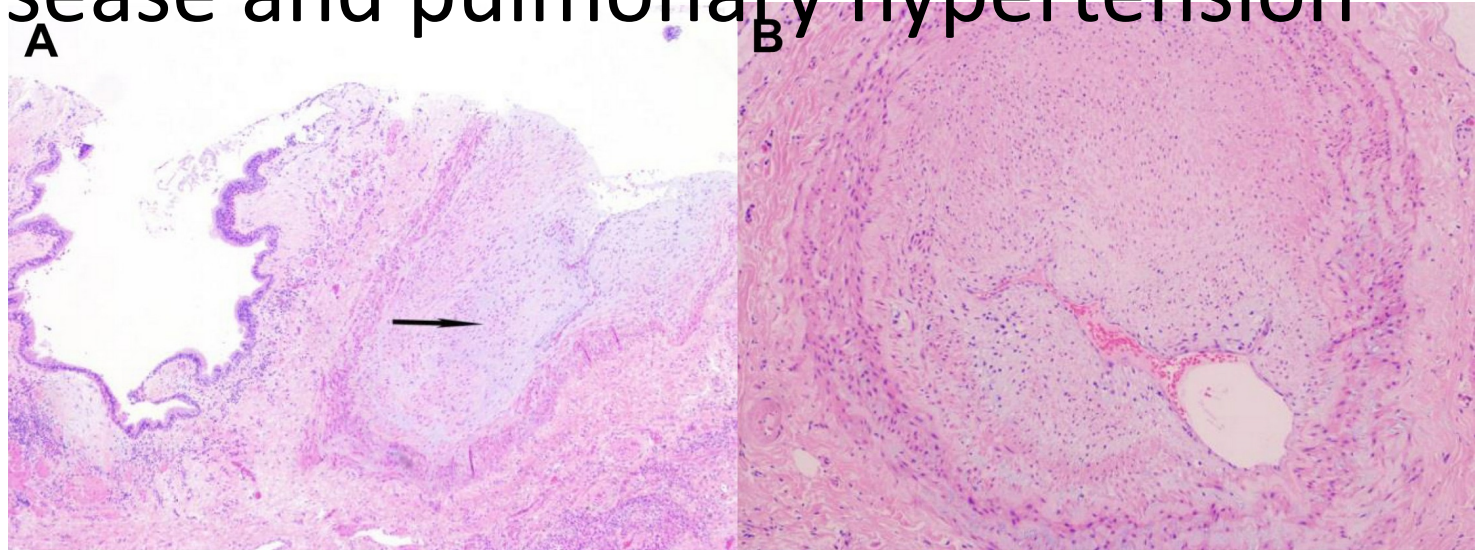


INCREASE Eligible Study Population

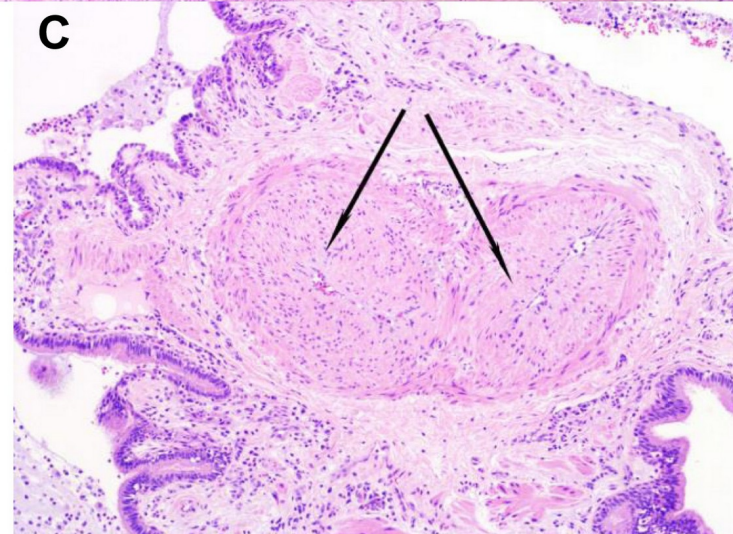




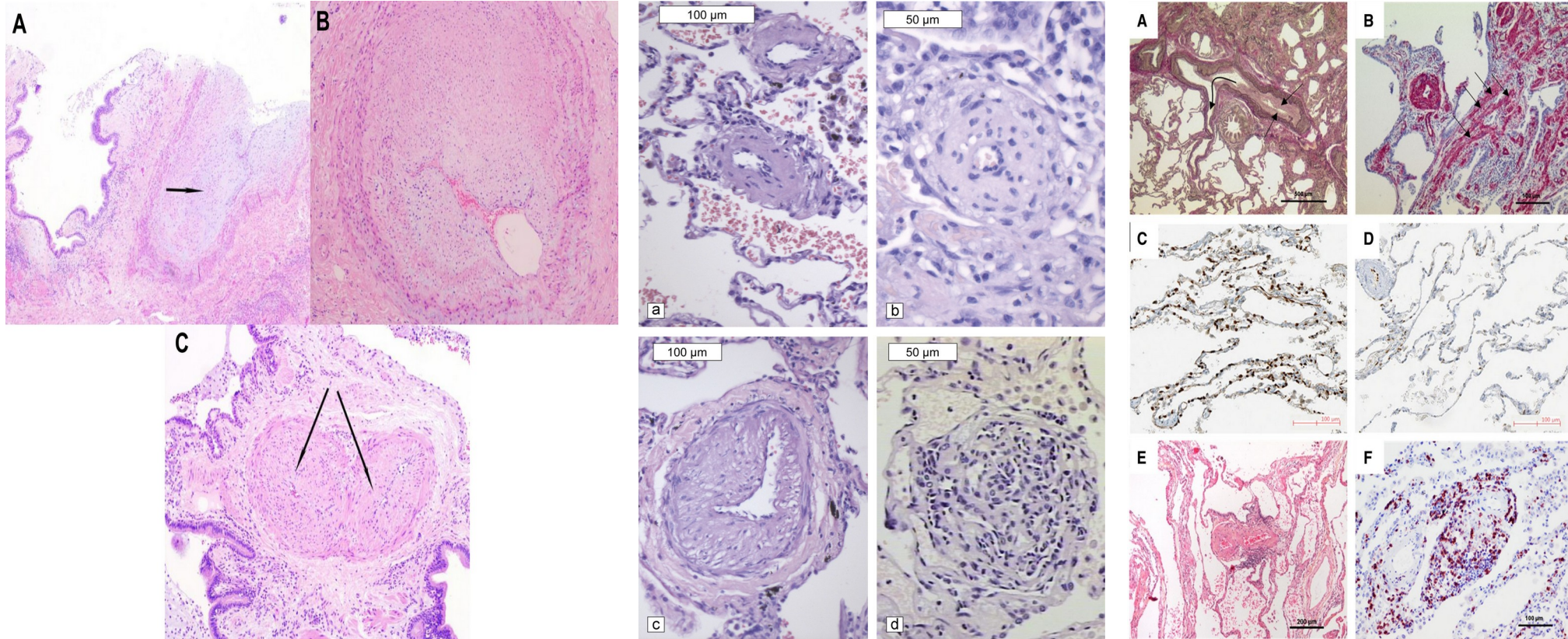
Histopathologic images from a patient with fibrotic interstitial lung disease and pulmonary hypertension



Pulmonary vascular remodeling is a component of advanced lung disease and probably reflects the inflammatory nature of the disease



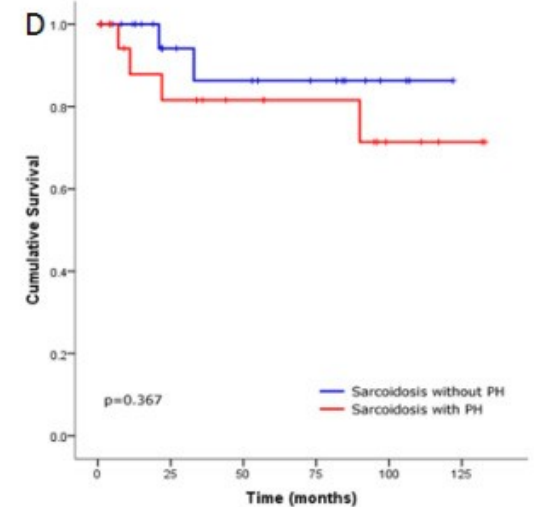
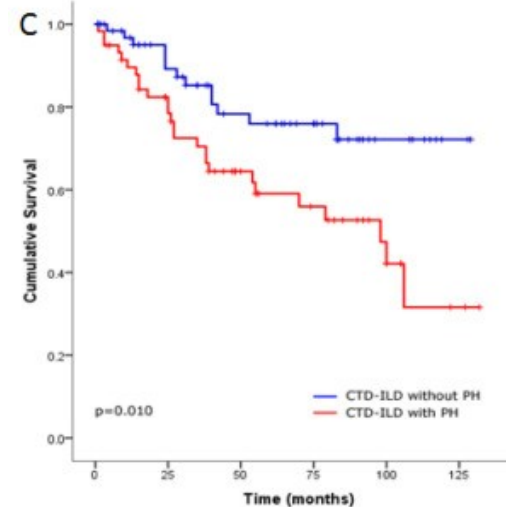
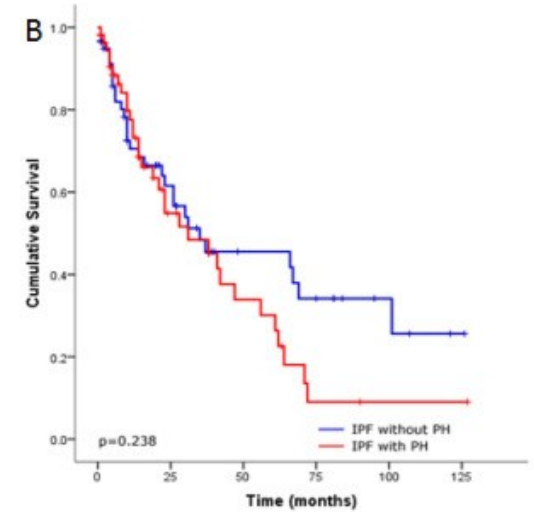
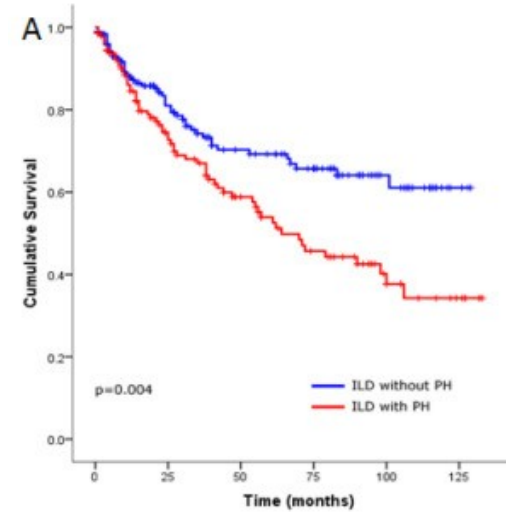
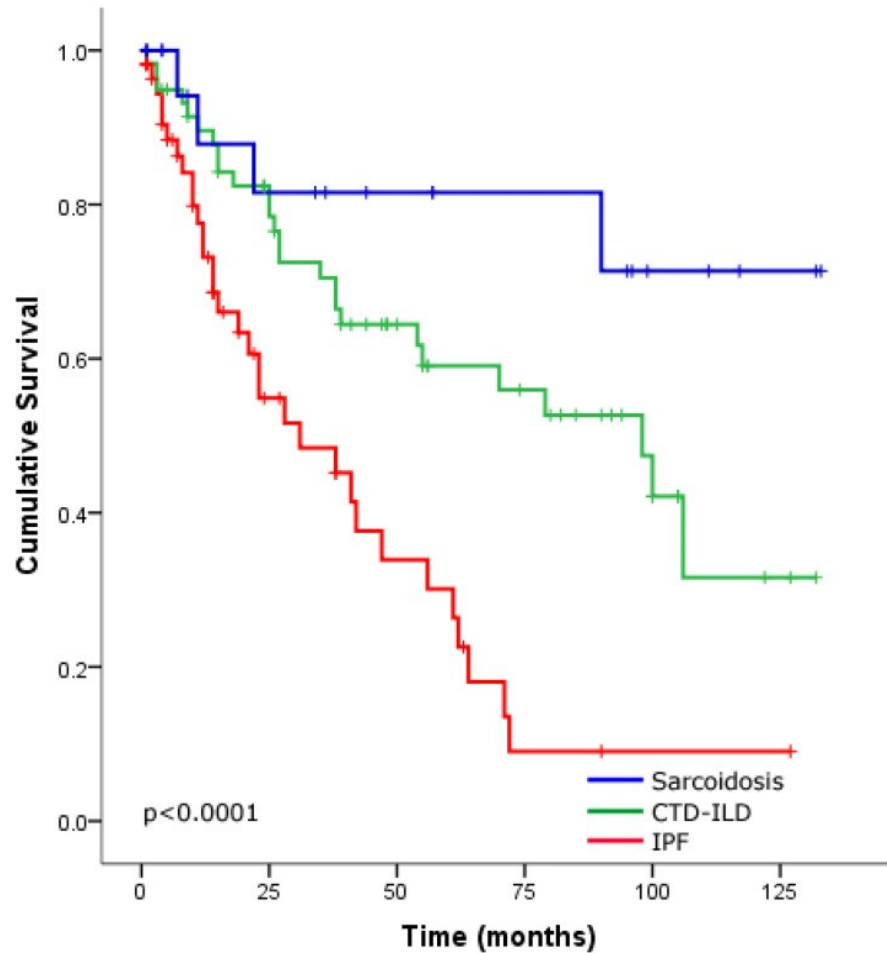
Histopathologic changes with fibrotic interstitial lung disease and pulmonary hypertension

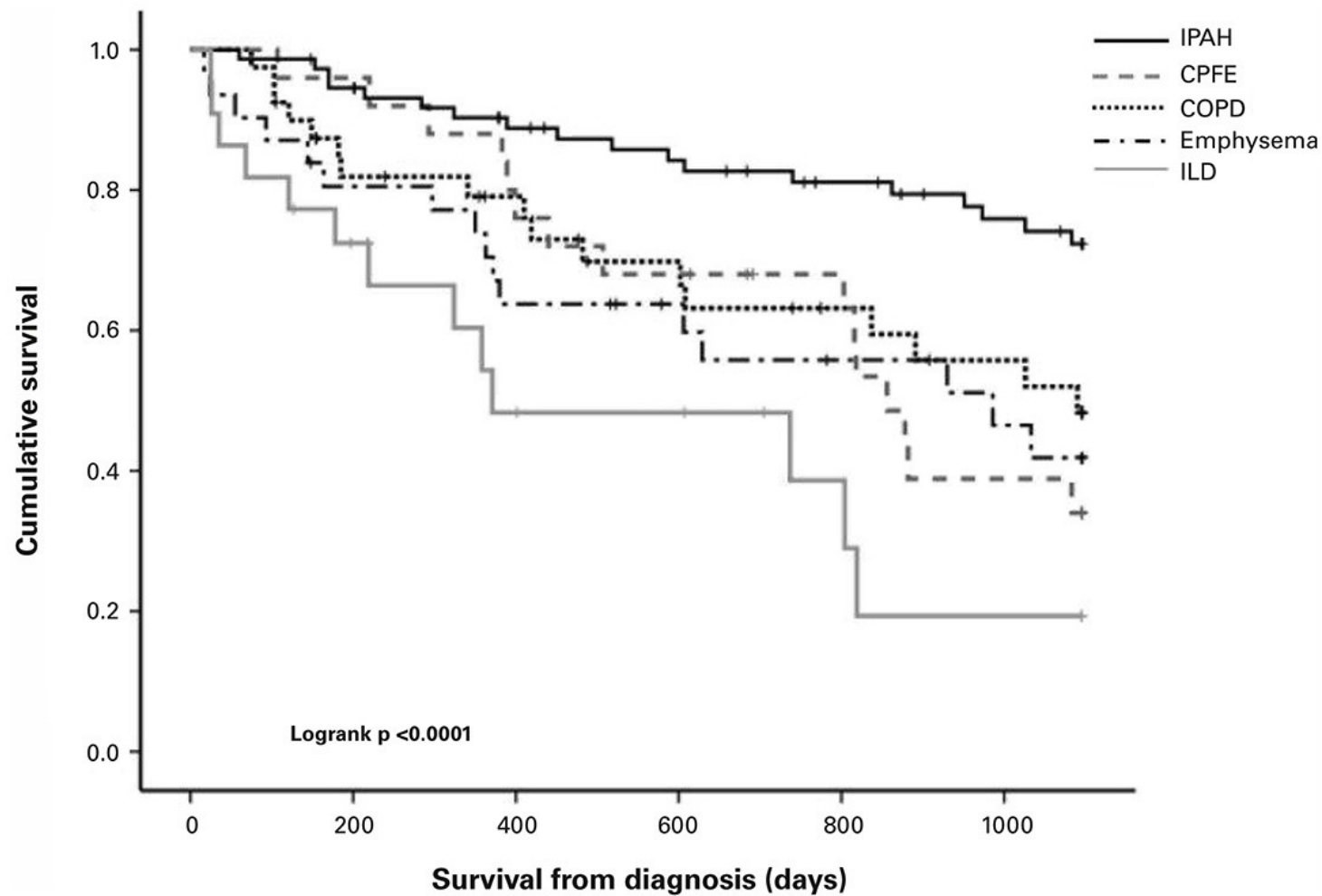


Epidemiology of PH-ILD

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- Precise prevalence of PH in patients with ILD is difficult to establish
 - Most of the studies are from case reports and retrospective series
 - Annual incidence of Idiopathic Pulmonary Fibrosis (IPF) estimated as 6.8–8.8 cases per 100,000 population using narrow case definitions, and as 16.3–17.4 cases per 100,000 population using broad case definitions
- In early stages of the disease or at diagnosis, up to 15% of ILD already have PH
 - As ILD advances, frequency of PH continues to rise, beyond 50%

Prognosis in Pulmonary Hypertension and Chronic Lung Disease





Endothelin Receptor Antagonists in ILD

Bosentan

BUILD trials failed to demonstrate improvements in functional status and in slowing disease progression

B-PHIT study in RHC-confirmed PH-ILD showed no improvements in hemodynamics, functional capacity, or symptoms

Macitentan

MUSIC trial did not show improvements in functional status and in slowing disease progression

Ambrisentan

ARTEMIS-IPF was terminated early for lack of efficacy and potential harm

- appeared to be associated with an increased risk for disease progression and respiratory hospitalizations

ARTEMIS-PH focusing on RHC-confirmed PH-IPF was terminated early

- a subgroup analysis of 10% of patients with PH in ARTEMIS-IPF showed no positive sign of efficacy

Caution against the use of endothelin receptor agonists is recommended in PH-ILD based on these studies.

IPF, idiopathic pulmonary fibrosis; ILD, interstitial lung disease; PH-ILD, pulmonary hypertension due to ILD; RHC, right heart catheterization.

Nitric Oxide pathway in ILD

- Addition of sildenafil to pirfenidone did not provide a treatment benefit
- RISE-IIP study of riociguat terminated early for increased rates of serious adverse events and death in the treatment group
 - Failed to demonstrate improvement in 6MWT distance in patients treated with riociguat
- Sildenafil plus nintedanib in patients with IPF over 24-weeks showed no benefit

Sildenafil in PH-ILD

- STEP-IPF trial
 - population of patients with advanced IPF enriched for PH by means of reduced DLco criteria
- Failed to demonstrate a difference in the primary end point of a $\geq 20\%$ increase in 6MWT distance
- Trend toward a mortality benefit at 24 weeks in the treatment arm ($P = .07$)
- Sildenafil improved a number of secondary end points
 - quality-of-life measures
 - arterial oxygen saturation
 - DLco
- Available data seem to demonstrate that use of sildenafil in PH-ILD is unlikely to be harmful and may be beneficial

Treatment of PH in CLD

- ETRAs have suffered from poor study design
 - General trend was worsening gas exchange without improvement in functional capacity.
- PDE-5i have shown some promise
 - Improved 6MWD, QOL, RV Function, and PVR
 - Worsening V/Q in some reports
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Circulation, 107(25):3230–3235, 2003; AMJRCCM 181(3):270-278, 2010; Chest 143(6):1699–1708, 2013; Respiriology 19(5):700–706, 2014; ERJ 31(4):759-764; Chest 131(3):897-899, 2007; Clinical Physiology, 13(5):497–506, 1993; Internal Medicine, 50(20):2341–2346, 2011; Thorax, 69(2):123–129, 2014; The American Journal of Medicine, 65(6):896–902, 1978; Medical Journal of Australia, 182(12):621–626, 2005