

PH associated with COPD -

from Cor Pulmonale to the treatment of PH-COPD

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Disclosure Statement



- Personal fees and non-financial support
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1961: WHO Report on Chronic Cor Pulmonale



This report contains the collective views of an international group of experts and does not necessarily represent the decisions or the stated policy of the World Health Organization.

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No. 213

CHRONIC COR PULMONALE

Report of an Expert Committee

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CHRONIC COR PULMONALE

Report of an Expert Committee

The WHO Expert Committee on Chronic Cor Pulmonale met in Geneva, Switzerland, from 10 to 15 October 1960.

The meeting was opened by Dr P. Dorolle, Deputy Director-General of WHO. Professor Dickinson W. Richards was elected Chairman, Professor L. Werkö, Vice-Chairman, and Professor C. H. Stuart-Harris, Rapporteur.

INTRODUCTION

The attention of the Director-General of the World Health Organization has recently been drawn to the fact that although the lung diseases causing pulmonary heart disease are being studied extensively in many parts of the world, there is little reliable information concerning the incidence of important secondary effects on the pulmonary circulation and right ventricle.

The terms cor pulmonale and pulmonary heart disease can be used synonymously to describe these secondary effects upon the right ventricle, and it seems reasonable to continue to use either of these terms or their equivalents in various languages. These terms are customarily preceded by the word chronic, when it is intended, as in this report, to exclude secondary effects on the right heart arising in the course of a few days or weeks from acute pulmonary disorders.

Since cor pulmonale is the traditional and accepted term in most languages, using either the original Latin or its exact translation, cor pulmonale will be used exclusively in the present report.

Routine mortality statistics compiled according to the *International Classification of Diseases* cannot at present provide information on the frequency of cor pulmonale as this condition is not properly identified there, being allocated to the residual category "434.4 Unspecified disease of heart". Moreover, according to the existing rules the classification stated by the physician on the death certificate would be related to the underlying cause of death and not to the resulting pulmonary heart disease. One therefore has to turn for indications of the frequency of cor pulmonale to the information derived from autopsies and hospital admissions. Here there are large differences in its reported prevalence. In autopsy series

Definitions of chronic cor pulmonale have been put forward by many authors in clinical, functional or morbid anatomical terms. A clinical definition is considered unsatisfactory, since the chief clinical manifestation is heart failure, which may be long delayed. A functional definition in terms of pulmonary hypertension or raised pulmonary vascular resistance provides an unsatisfactory basis. This is because vascular resistance is difficult to measure and is variable, and hypertension may be evanescent, may only occur on exercise, and may decline in the terminal phase of the disease. The Committee therefore prefers a definition based upon morbid anatomy, for this provides the only characteristic common to all patients at all stages of the disease.

Chronic cor pulmonale is defined as:

"Hypertrophy of the right ventricle resulting from diseases affecting the function and/or the structure of the lung, except when these pulmonary alterations are the result of diseases that primarily affect the left side of the heart or of congenital heart disease."

Cor Pulmonale & Pulmonary Hypertension

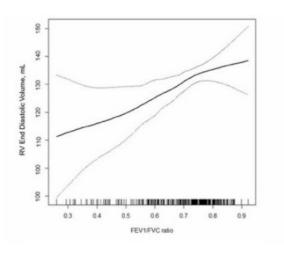


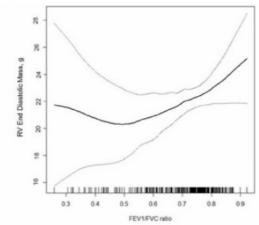
he term "cor pulmonale" is still very popular in the medical literature, but its definition varies and there is presently no consensual definition. Forty years ago an expert committee of the World Health Organization¹ defined cor pulmonale as "hypertrophy of the right ventricle resulting from diseases affecting the function and/or structure of the lungs . . .". This pathological definition is in fact of limited value in clinical practice. It has been proposed to replace the term "hypertrophy" by "alteration in the structure and function of the right ventricle". It has also been proposed to define clinically cor pulmonale by the presence of oedema in patients with respiratory failure. Finally, as pulmonary arterial hypertension is "the sine qua non" of cor pulmonale,² we believe that the best definition of cor pulmonale is: pulmonary arterial hypertension resulting from diseases affecting the structure and/or the function of the lungs; pulmonary arterial hypertension results in right ventricular enlargement (hypertrophy and/or dilatation) and may lead with time to right heart failure.

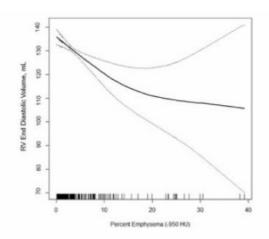
A new diagnostic classification of pulmonary hypertension was developed by a group of experts in 1998³ and is presented on table 1. In our opinion cor pulmonale corresponds to the third part of this classification (pulmonary hypertension associated with disorders of the respiratory system and/or hypoxaemia) and must be distinguished from pulmonary venous hypertension (part 2), and also from primary pulmonary hypertension (part 1) and from thromboembolic pulmonary hypertension (part 4).

Cor Pulmonale parvus









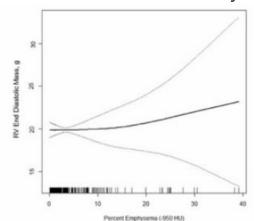


Figure 1. Multivariate Relationships between the Ratio of the Forced Expiratory Volume in One Second to Forced Vital Capacity and Right Ventricular End-Diastolic Volume and Mass Smoothed regression plot of the relationship (solid line) of the ratio of the forced expiratory volume in one second to forced vital capacity with right ventricular end-diastolic volume (Panel A) and mass (Panel B) and 95% confidence intervals (dashed lines). The plots were obtained from regression models adjusted for age, sex, race/ethnicity, cohort, height, weight, smoking status, pack-years, hypertension, and sleep apnea. The hash marks denote data points.

Figure 2. Multivariate Relationships between Percent Emphysema and Right Ventricular End-Diastolic Volume and Mass

Smoothed regression plot of the relationship (solid line) of percent emphysema with right ventricular end-diastolic volume (Panel A) and mass (Panel B) and 95% confidence intervals (dashed lines). The plots were obtained from regression models adjusted for age, sex, race/ethnicity, cohort, height, weight, smoking status, pack-years, hypertension, sleep apnea and mAs. The hash marks denote data points.

traditional cardiac sequelae than the "emphysema" subphenotype (35, 36). We showed that increasing centrilobular and paraseptal emphysema were associated with smaller RV volumes, whereas panlobular emphysema was not. Therefore, rather than being inconsistent with the classic paradigm of *cor pulmonale*, our findings may reflect the current phenotype of COPD in the general population in the US and may not apply to selected patients with severe chronic bronchitis or marked gas trapping.

Cor Pulmonale - multifactorial development



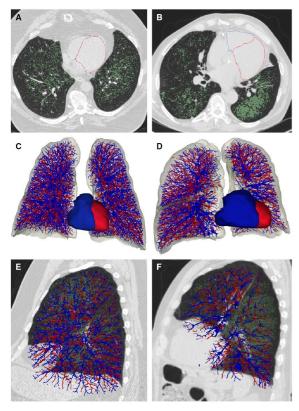


Figure 1. Pulmonary vasculature and right (blue) and left (red) ventricular reconstructions from computed tomography images for two subjects with approximately 20% emphysema on computed tomography scan. (A. C., and E.) Subject 1 with 19% emphysema and relative preservation of the distal arterial vascular volume (arterial volume for vessels less than 5 mm² in cross-section = 131 ml). (B. D. and F.) Subject 2 with 18% emphysema and relative loss of the distal arterial vascular volume (arterial volume for vessels less than 5 mm² in cross-section = 70.8 ml). (A and B) Axial images of the epicardial surface of the right ventricle (RV), which is outlined in blue and the epicardial surface of the left ventricle, which is outlined in red. Emphysema is depicted in green. (C and D) Frontal view of the arterial (blue) and venous vasculature and the surface model of the epicardial (myocardium and chamber) RV volume (blue) and epicardial (myocardium and chamber) RV volume (blue) and epicardial (myocardium and chamber) RV volume of Subject 1 is 58.9 ml and the epicardial (myocardium and chamber) RV volume for subject (s 140 ml) (E and F) Sagitatial views of the arterial (blue) and venous (red) vasculature of the left lung demonstrating the relative loss of distal arterial vascular volume. Emphysema is

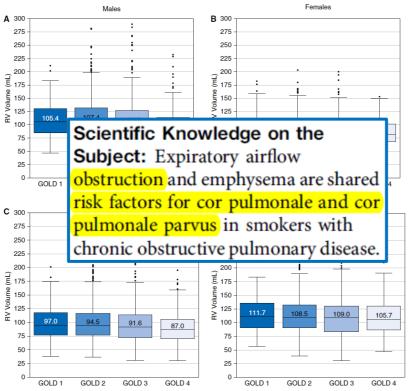


Figure 2. Median (and interquartile range) epicardial (myocardium and chamber) right ventricular volume by sex (top two panels) or race (bottom two panels) and Global Initiative for Chronic Obstructive Lung Disease stage. GOLD=Global Initiative for Chronic Obstructive Lung Disease; RV=right ventricular.

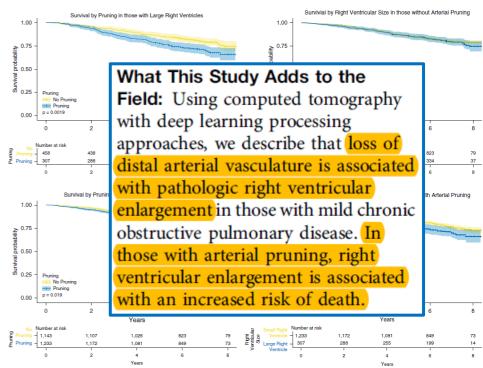
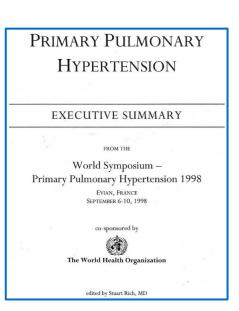


Figure 3. (Top left) Survival in those participants with right ventricular (RV) enlargement with and without arterial pruning. (Top right) Survival by RV size in those without arterial pruning. (Bottom left) Survival by the presence or absence of arterial pruning in those without enlarged RVs. (Bottom right) Survival in small versus large RV size in those with arterial pruning. An enlarged right ventricle (epicardial [myocardium and chamber] RV volume) is defined as those in the highest quartile of RV volume compared with those in the bottom three quartiles. Pruning is defined as those with an arterial volume for vessels less than 5 mm² in cross-section less than the median.

PH-Lung: Classification



- Pulmonary Hypertension Associated with Disorders of the Respiratory System and/or Hypoxemia
 - 3.1 Chronic Obstructive Pulmonary Disease
 - 3.2 Interstitial Lung Disease
 - 3.3 Sleep Disordered Breathing
 - 3.4 Alveolar Hypoventilation Disorders
 - 3.5 Chronic Exposure to High Altitude
 - 3.6 Neonatal Lung Disease
 - 3.7 Alveolar-Capillary Dysplasia
 - 3.8 Other





2022 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension

ESC/ERS GUIDELINES

Developed by the task force for the diagnosis and treatment of pulmonary hypertension of the European Society of Cardiology (ESC) and the European Respiratory Society (ERS).

Endorsed by the International Society for Heart and Lung Transplantation (ISHLT) and the European Reference Network on rare respiratory diseases (ERN-LUNG).

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GROUP 3 PH associated with lung diseases and/or hypoxia

- 3.1 Obstructive lung disease or emphysema
- 3.2 Restrictive lung disease
- 3.3 Lung disease with mixed restrictive/obstructive pattern
- 3.4 Hypoventilation syndromes
- 3.5 Hypoxia without lung disease (e.g. high altitude)
- 3.6 Developmental lung disorders

PH-Lung: Pathophysiology of PH in COPD?



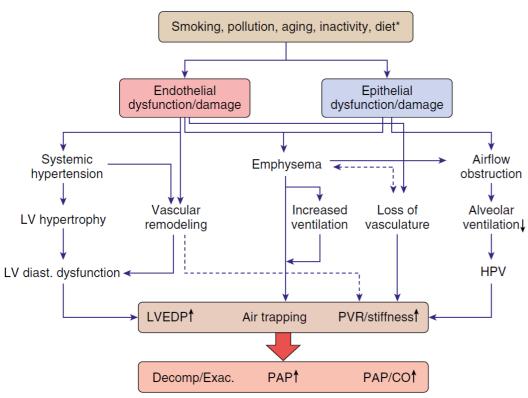
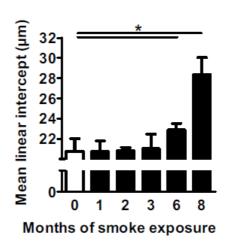
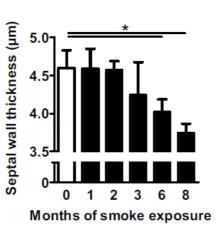
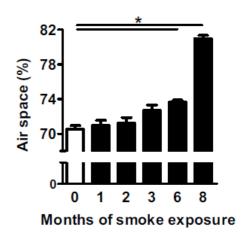
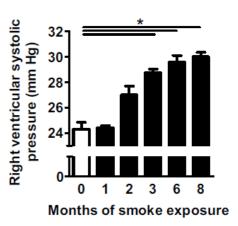


Figure 1. Emergence of epithelial and endothelial dysfunction and interaction of cardiac, thoracic, and pulmonary vascular factors contributing to the development of pulmonary hypertension in COPD. *From Reference 34. CO = cardiac output; HPV = hypoxic pulmonary vasoconstriction; LV = left ventricular; LVEDP = left ventricular end-diastolic pressure; PAP = pulmonary arterial pressure; PVR = pulmonary vascular resistance. Illustration by Birck Cox.



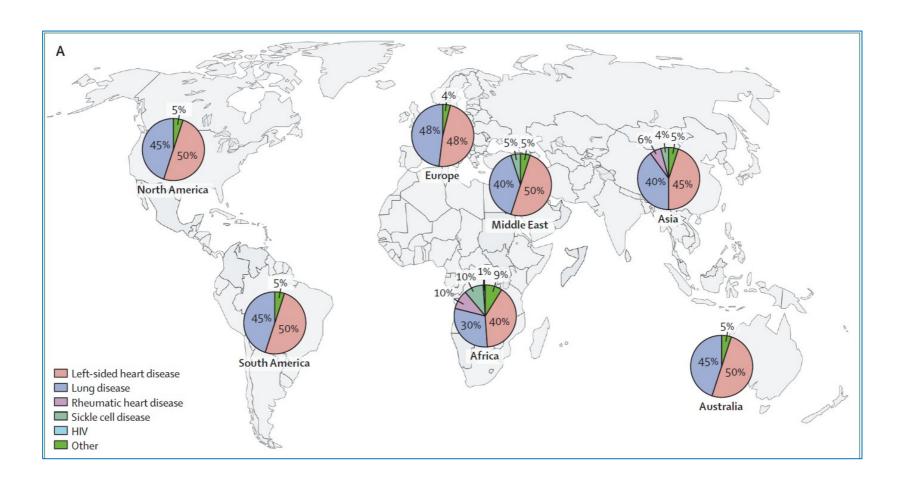






PH-Lung Epidemiology: Relative Frequency





PH-Lung Epidemiology: Prevalence of COPD

TABLE 4 Nonduplica	ated pooled pre	evalence es	stimates for chronic	obstructive pulmona	ry disease by category	
	Estimates	Cases	Total population	Prevalence %	Pooled prevalence %	p-value#
Overall	37	111261	4123646	8.9 (2.1–26.4)	7.6 (6.0–9.5)	
Age						
<40 yrs	9	1074	25362	2.7 (0.8–10.6)	3.1 (1.8–5.0)	< 0.0001
≽40 yrs	34	4933	46095	9.7 (1.8–29.7)	9.9 (8.2–11.8)	
40-64 yrs	23	2793	30942	7.6 (1.8–28.7)	8.2 (6.5–10.3)	
≽65 yrs	11	2140	15153	15.0 (4.8–29.7)	14.2 (11.0–18.0)	
Smoking status						
Smoker	17	3133	24122	15.2 (5.1–39.7)	15.4 (11.2–20.7)	< 0.0001
Ex-smoker	16	1240	14521	12.7 (2.8–27.7)	10.7 (8.1–14.0)	
Never-smoker	16	1235	32542	3.9 (0.7–14.6)	4.3 (3.2–5.7)	
Sex						
Male	27	16480	327293	11.0 (2.5–28.0)	9.8 (8.0–12.1)	0.0002
Female	27	12024	356398	5.0 (1.8–25.2)	5.6 (4.4–7.0)	
WHO region						
Africa	0	0	0			0.7768
Americas	3 [¶]	2666	27599	4.5 (3.2-14.0)	4.6 (2.8–7.6)	
Eastern Mediterranean	0	0	0			
Europe	28	104773	4015455	8.3 (2.1-26.4)	7.4 (5.9–9.3)	
South-East Asia	2+	747	6044	12.5 (7.1–17.9)	11.4 (4.4–26.4)	
Western Pacific	4 [§]	3075	74548	10.6 (3.0-18.2)	9.0 (3.0–24.1)	
Study setting						
Urban	12	4096	44153	10.3 (3.6-26.4)	10.2 (7.4–13.9)	0.0438
Mixed	21	105571	4075965	4.9 (2.3-17.8)	6.1 (4.9–7.7)	
Rural	4	437	3482	8.4 (2.1–18.3)	8.0 (3.9–15.8)	
Study quality						
Good	15	23539	583658	6.8 (3.2–18.3)	6.8 (5.2–8.9)	0.6958
Average	13	6434	124960	7.1 (2.1–14.6)	6.7 (4.5–9.8)	
Poor	9	80131	3414982	10.5 (2.3–26.4)	9.9 (4.2–21.6)	

Data are presented as n. Prevalences are presented as median (range) and pooled prevalences as pooled prevalence estimate (95% confidence interval). WHO: World Health Organization. #: heterogeneity between strata calculated using Q statistic (e.g. males *versus* females); ¶: Canada and USA; †: Thailand and India; §: China, Japan and South Korea. Heterogeneity within each stratum, as calculated by the Q statistic, was significant for all strata with more than one estimate (p<0.0001).



PH-Lung Epidemiology: Prevalence of PH-COPD



	Year of inclusion	Number of participants	Proportion of females (%)	Age (years)	Lung function: FEV ₁ /FVC, or predicted FEV ₁ (%)	Arterial blood gases: PaO ₂ , PaCO ₂ (mm Hg)	Patients with pulmonary hypertension (%)	Effect of pulmonary hypertension on survival
Weitzenblum et al; France ¹⁰⁵	1968-72	175	1%	60 (range 36–82)	FEV ₁ /FVC 40% (11%)	63 (10), 40 (6)	PAPm > 20 mm Hg in 35·4%, PAPm > 30 mm Hg in 9·7%	4 year survival 71·8% wher PAPm <20 mm Hg vs 49·4% when PAPm >20 mm Hg (p<0·01)
Scharf et al; USA ¹⁰⁶		120	39%	66 (6), evaluation for lung volume reduction surgery	Predicted FEV ₁ 27% (7%)	66 (10), 42 (6)	PAPm >20 mm Hg in 91%, PAPm >35 mm Hg in 5%	
Sims et al; USA ¹⁰⁷	1991-2003	362	53%	56 (5), evaluation for transplantation	Predicted FEV ₁ 20% (5%)	62 (12), 51 (10) pulmonary hypertension group	PAPm ≥25 mm Hg and PAWP ≤15 mm Hg in 23%	
Minai et al; USA ¹⁰⁸		797	35%	67 (6)	Predicted FEV ₁ 26% (7%) (pulmonary hypertension group)	61 (9), 43 (6) pulmonary hypertension group	PAPm≥25 mm Hg in 38%, severe pulmonary hypertension in 2·2%*	
Cuttica et al; USA ¹⁰⁹	1997-2006	4930	54%	56 (6), pulmonary hypertension group, evaluation for transplantation	Predicted FEV ₁ 22% (10%)		PAPm ≥25 mm Hg and PAWP ≤15 mm Hg in 30%	Adjusted hazard ratio for death associated with the presence of pulmonary hypertension 1-27 (95% CI 1-04-1-55)
Portillo et al; Spain ¹¹⁰		139	4%	63 (8)	Predicted FEV ₁ 41% (16%)	69 (12), 40 (6)	PAPm ≥25 mm Hg in 18%, PAPm ≥35 mm Hg in 3%	
Vizza et al; Italy ¹¹¹	1993-1995	168	62%	54 (6), evaluation for transplantation	Predicted FEV ₁ 20% (6%)	59 (12), 46 (11)	PAPm ≥25 mm Hg in about 50%	
Thabut et al; France ¹¹²	1988-2002	215	21-4%	55 (··), evaluation for transplantation or LVRS	Predicted FEV ₁ 24·3% (··)	66 (13), 41 (7) lung volume reduction surgery cohort	PAPm > 25 mm Hg in 50·2%, PAPm > 35 mm Hg in 13·5%	
Chaouat et al; France ^{113,114}	1990-2002	998	10%	67 (62-68)	Predicted FEV ₁ 50% (44–56)	46 (41–53), 32 (28–37)	PAPm > 20 mm Hg in about 50%, PAPm ≥ 35 mm Hg in 5·8%, PAPm ≥ 40 mm Hg in 1%	3 year survival about 88% in patients with PAPm <20 mm Hg vs about 38% in patients with PAPm ≥40 mm Hg (p<0·01)
Oswald- Mammosser et al; France ¹¹⁵	1976–1992	84	10.7%	63 ()	FEV ₃ /FVC 36% (11%)	52 (5), 45 (8)	PAPm > 20 mm Hg in 77%, PAPm > 30 mm Hg in 37%	5 year survival 62·2% wher PAPm ≤25 mm Hg vs 36·3° when PAPm >25 mm Hg (p<0·001)
Andersen et al; Denmark ¹¹⁶	1991-2010	409	61%	54 (7), evaluation for transplantation	Predicted FEV 23% (7%)	63 (12), 49 (11) pulmonary hypertension group	PAPm ≥25 mm Hg in 35·7%, PAPm ≥35 mm Hg in 3·9%, PAPm ≥40 mm Hg in 1·5%	5 year survival 63% when PAPm <25 mm Hg vs 37% when PAPm ≥25 mm Hg (p=0·016)

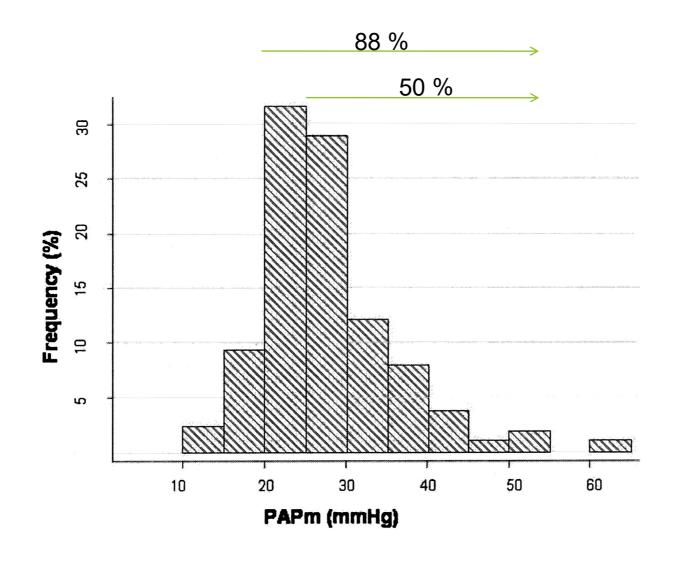
Data are mean (SD) or median (IQR). FEV₁=forced expiratory volume in the first second. FVC=forced vital capacity. PaO₃=partial pressure of oxygen in arterial blood. PaCO₃=partial pressure of carbon dioxide in arterial blood. PAPm=mean pulmonary arterial pressure. PAWP=pulmonary arterial wedge pressure. Severe pulmonary was defined by a PAPm \geq 35 mm Hg or a PAPm \geq 25 mm Hg with pulmonary vascular resistance \geq 480 dyn-s-cm⁻⁵ or cardiac index \leq 2 L/min per m².

Table 3: Right heart catheter-based studies on pulmonary hypertension in patients with chronic obstructive pulmonary disease

Assuming a global COPD prevalence (disease severity stage II or higher) of 10% in the 2·5 billion adults that are 40 years or older and estimating a pulmonary hypertension prevalence of 10% in these patients, 117 about 25 million individuals aged 40 years or older might be affected worldwide by pulmonary hypertension due to COPD. Again, these numbers have to be interpreted with caution as they are based on assumptions rather than population-based studies.

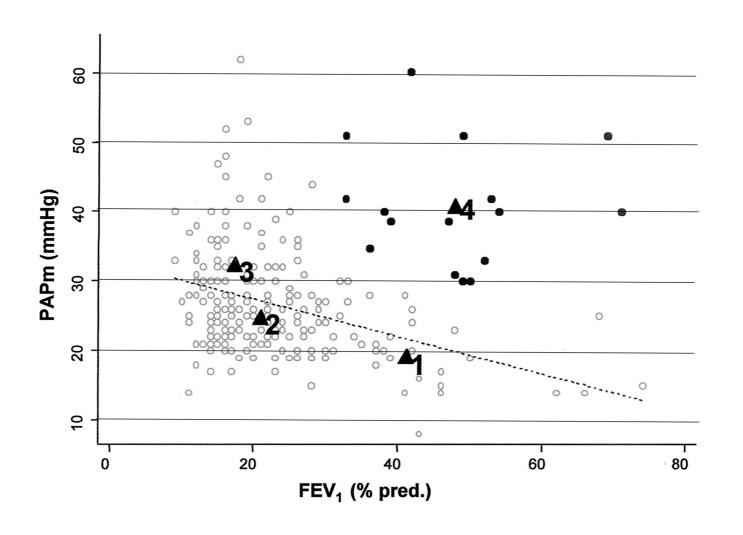
PH-Lung Epidemiology: Prevalence of PH in severe COPD





PH-Lung Epidemiology: PAPm vs. FEV₁ in COPD





Cluster "4":

N=16

mean FEV1= 49%

mean PAP= 40mmHg

mean pO2= 46mmHg

PH-Lung: Pulmonary Vascular Phenotype in COPD?

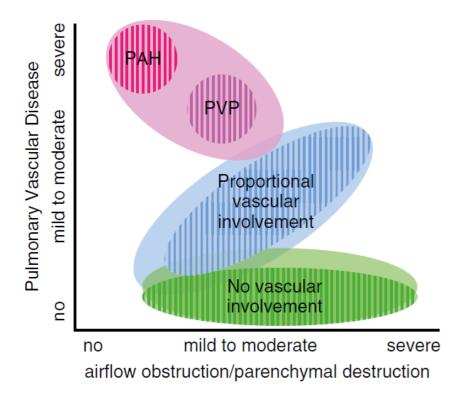


PULMONARY PERSPECTIVE

Pulmonary Vascular Involvement in Chronic Obstructive Pulmonary Disease

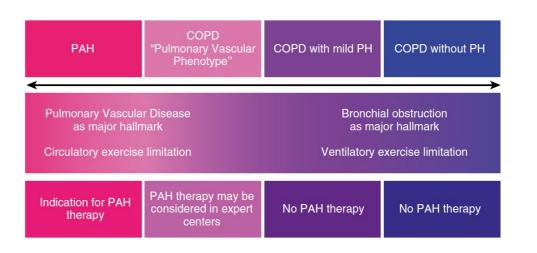
Is There a Pulmonary Vascular Phenotype?

Gabor Kovacs^{1,2}, Alvar Agusti^{3,4}, Joan Albert Barberà^{3,4}, Bartolome Celli⁵, Gerard Criner⁶, Marc Humbert⁷, Don D. Sin^{8,9}, Norbert Voelkel¹⁰, and Horst Olschewski^{1,2}

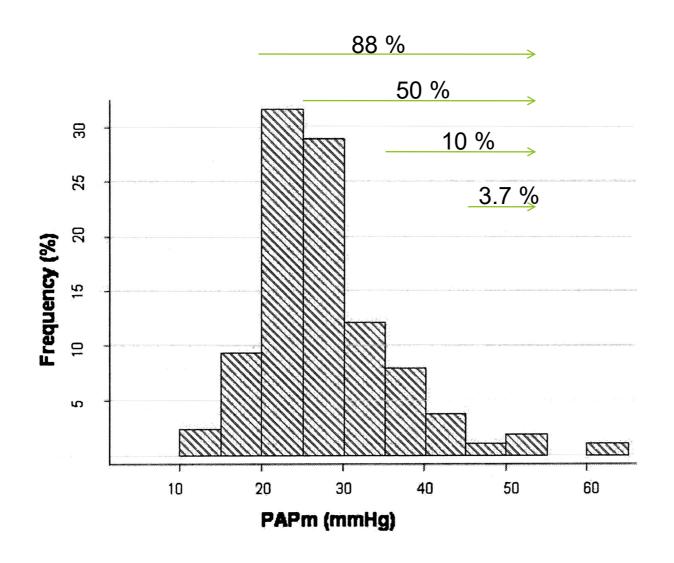


Major Characteristics of Patients with COPD with the "Pulmonary Vascular Phenotype"

- Severe precapillary pulmonary hypertension*
- Moderate airflow limitation
- No or very mild hypercapnia
- Very low D_{LCO} (<45% predicted)
- Circulatory exercise limitation









The most recent NETT data on PH in patients with pulmonary emphysema was presented by Minai et al. in May 2010 during the American Thoracic Society's annual convention, 1,866 patients had been enrolled making this series one of the largest in this patient population. All patients underwent echocardiographic assessment; systolic pulmonary arterial pressure (PA pressure) >45 mmHg was determined as cut-off value. No further investigation was carried out in patients with a systolic PA pressure <45 mmHg (n = 1,069; 57%), while patients with a systolic PH pressure >45 mmHg underwent right heart catheterization. This procedure confirmed PH with a PAPm of \geq 25 mmHg in 302 (38%) patients, which once more underlines the insufficient accuracy of determining PA pressure with echocardiography (see below). Prespecified criteria for severe pulmonary hypertension were (i) PAPm > 35 mmHg, or (ii) PAPm > 25 mmHg with a cardiac index $< 2.0 \text{ l/min/m}^2$, or (iii) pulmonary vascular resistance (PVR) > 6Wood units (corresponding to 480 dyn s cm⁻⁵). According to these criteria, 18 (2.2%) patients had severe PH, including only one patient with a PAPm >35 mmHg (Minai O et al. ATS 2010). Surprisingly, in this population the presence of PH did not affect the survival rates after 1, 2 and 5 years (p = 0.19 for patients with a PAPm >25 mmHg versus <25 mmHg).

The German consensus group agreed to adopt the above-mentioned definition of severe PH from the NETT registry in a modified, stricter form (Table 2). Although this definition has been derived from patients

Table 2

Criteria for the presence of severe pulmonary hypertension in patients with chronic lung disease*.

At least 2 of the following criteria must be met:

- 1. Mean PA pressure (PAPm) >35 mmHg
- 2. PAPm \geq 25 mmHg with limited cardiac output (CI <2.0 l/min/m²)
- 3. Pulmonary vascular resistance (PVR) >480 dyn s cm⁻⁵

^{*}As a rule, these criteria only apply if other causes of PH (e.g. chronic thromboembolic PH or left ventricular failure) have been excluded.



PH was defined as resting mean pulmonary artery pressure (mPAP) ≥25 mmHg [7], pre-capillary PH as mPAP ≥25 mmHg and pulmonary artery occlusion pressure (PAOP) ≤15 mmHg, post-capillary PH as mPAP ≥25 mmHg and PAOP >15 mmHg, and severe PH was defined as a mPAP >35 mmHg or mPAP ≥25 mmHg with pulmonary vascular resistance 480 dynes/s/cm⁻⁵ or cardiac index <2 L/min/m² based on the Cologne Consensus definition [8].



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Pulmonary Hypertension in Chronic Lung Diseases

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2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension

The Joint Task Force for the Diagnosis and Treatment of Pulmonary Hypertension of the European Society of Cardiology (ESC) and the European Respiratory Society (ERS)

Endorsed by: Association for European Paediatric and Congenital Cardiology (AEPC), International Society for Heart and Lung Transplantation (ISHLT)

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It is suggested that the term "out of proportion" be abandoned and that the following definitions for COPD, IPF, and CPFE (measurements undertaken at rest with supplemental oxygen if needed) be used:

- 1. COPD/IPF/CPFE without PH (mPAP < 25 mm Hg);
- 2. COPD/IPF/CPFE with PH (mPAP ≥25 mm Hg; PH-COPD, PH-IPF, and PH-CPFE); and
- 3. COPD/IPF/CPFE with severe PH (mPAP ≥35 mm Hg or mPAP ≥25 mm Hg with low CI (<2.0 l/min/m²); severe PH-COPD, severe PH-IPF, and severe PH-CPFE).

 Table 32
 Haemodynamic classification of pulmonary

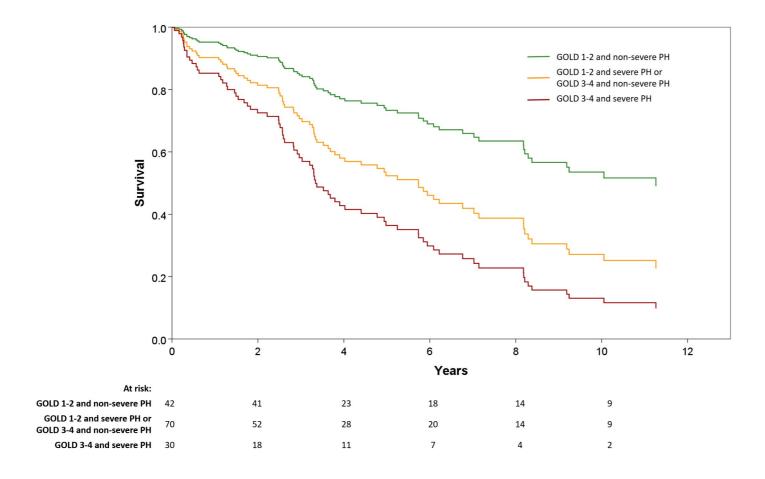
 hypertension due to lung disease9

Terminology	Haemodynamics (right heart catheterization)
COPD/IPF/CPFE without PH	PAPm <25 mmHg
COPD/IPF/CPFE with PH	PAPm ≥25 mmHg
COPD/IPF/CPFE with severe PH	PAPm >35 mmHg, or PAPm ≥25 mmHg in the presence of a low cardiac output (CI <2.5 L/min, not explained by other causes)

$$\begin{split} \text{CI} &= \text{cardiac index; COPD} = \text{chronic obstructive pulmonary disease;} \\ \text{CPFE} &= \text{combined pulmonary fibrosis and emphysema; IPF} &= \text{idiopathic pulmonary fibrosis; PAP} &= \text{pulmonary artery pressure; PAPm} &= \text{mean pulmonary arterial pressure; PH} &= \text{pulmonary hypertension.} \end{split}$$

Seeger et al. JACC 2013, Galie et al. ERJ 2015, EHJ 2016.





PH-Lung Epidemiology: Prognosis of PH-COPD & severe PH-COPD



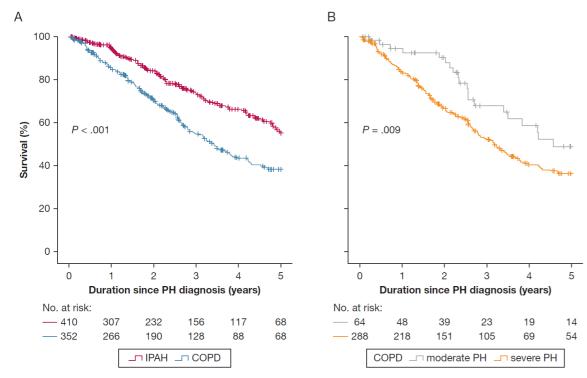


Figure 2 – A, B, Kaplan-Meier plots showing 5-year survival free from lung transplantation of patients with IPAH and PH in COPD (A) and severe and moderate PH in COPD (B). IPAH = idiopathic pulmonary arterial hypertension; PH = PUI pulmonary hypertension.

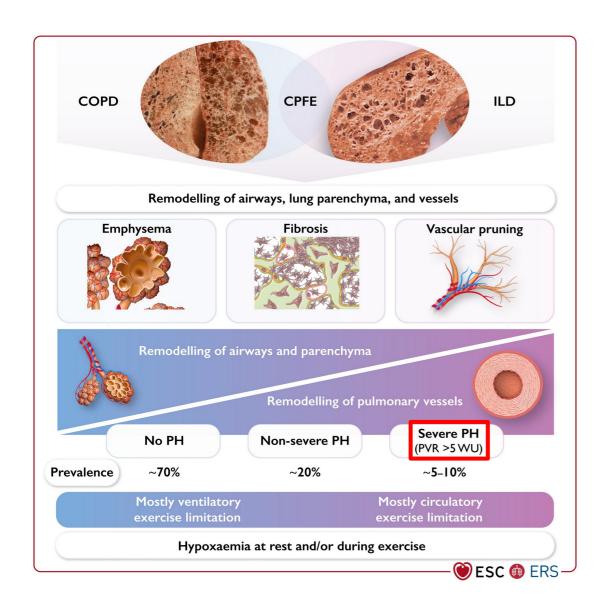
TABLE 4] Multivariate Cox PH Regression Model of Predictors for Death or Lung Transplantation in the PH in COPD Cohort for the Original Data and the Multiple Imputed Data Set

	Original Data (n =	Original Data (n = 211)		n = 351 ^a)
Variable	Risk Ratio (95% CI)	P Value	Risk Ratio (95% CI)	P Value
6MWD, per 10 m	0.96 (0.94-0.98)	.001	0.97 (0.95-0.98)	< .001
Age at inclusion, per 5 y	1.07 (0.96-1.19)	.244	1.08 (0.98-1.18)	.106
BMI, per 1 kg/m²	0.96 (0.92-0.99)	.019	0.97 (0.94-1.00)	.060
Cardiac index, per 0.5 L/min/m ²	0.93 (0.79-1.10)	.388	1.03 (0.91-1.17)	.630
FEV ₁ , per 10% predicted	1.02 (0.88-1.19)	.754	0.97 (0.86-1.10)	.669
WHO FC (reference, II)				
III	0.61 (0.13-2.82)	.529	1.40 (0.40-4.91)	.594
IV	0.44 (0.08-2.28)	.327	1.33 (0.37-4.81)	.666
PVR, per 1 Wood unit	1.05 (0.97-1.14)	.198	1.06 (1.00-1.12)	.042
RAP, per 3 mm Hg	0.99 (0.87-1.12)	.852	1.06 (0.96-1.17)	.275
mPAP ≥ 35 mm Ha	1.17 (0.72-1.89)	.530	1.18 (0.82-1.70)	.366
Male sex	1.40 (0.95-2.05)	.092	1.54 (1.12-2.11)	.008

6MWD = 6-min walking distance; mPAP = mean pulmonary arterial pressure; PH = pulmonary hypertension; PVR = pulmonary vascular resistance; RAP = right atrial pressure; WHO FC = World Health Organization functional class.

aFor number of imputed values, see Table 3.







EUROPEAN RESPIRATORY JOURNAL
RESEARCH LETTER

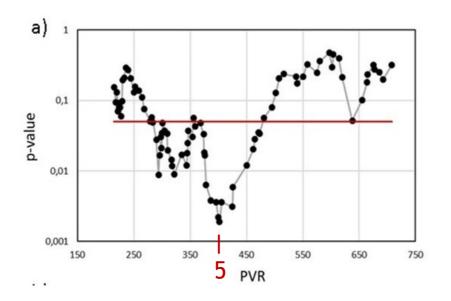
Elevated pulmonary vascular resistance predicts mortality in COPD patients

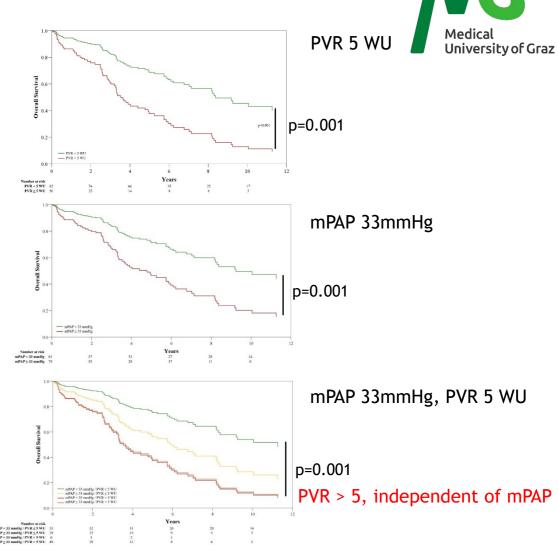


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RESEARCH LETTER
K.M. OLSSON ET AL.

Pulmonary vascular resistance predicts mortality in patients with pulmonary hypertension associated with interstitial lung disease: results from the COMPERA registry

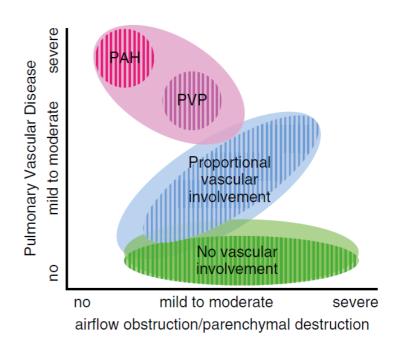
- Retrospective Analysis of n=139 COPD patients
- Cox-Regressios corrected for Age, Sex and FEV₁
- Primary Endpoint: Mortality
- Regression Analysis to identify best hemodynamic cut-offs for Mortality





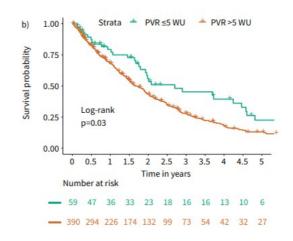
	mPAP 33	-44	
	PVR ≤ 5	PVR > 5	p-value
N	26	21	
Age, yrs	66 [62- 73]	70 [68 - 74]	0.123
Sex, Male: Female	13 : 13	16:5	0.066
packyear	15.0 [0 - 30]	3.0 [0.0 - 37.5]	0.404
GOLD 1/2/3/4, N	0/12/11/3	3/14/3/1	0.031
Right heart catheterization:			
Heart rate, bom	74 [68 - 83]	71 [6 - 77	0.243
mPAP, mmHg	36 [35 - 40]	40 [37 - 42	0.041
PAWP, mmHg	13 [10 - 18]	10 [6 - 10]	<0.001
RAP, mmHg	8 [6 - 12]	6 [4 - 7]	0.010
PVR, WU	3.7 [3.0 - 4.4]	7.6 [6 - 8.4]	<0.001
CI, L/min/m ²	3.3 [2.7 - 3.6]	2.3 [2.1 - 2.5]	<0.001
Pulmonary function			
parameters:			
FVC_%pred	68 8 <u>[53 7 - 82 5]</u>	83 8 [68 8 - 93 0]	0 040
FEV1, %pred	48.2 [34.5 - 61.2]	61.5 [54.2 - 74.6]	0.005
FEV1/FVC, %	59.6 [47.8 - 65.6]	62 [55.1 - 68.0]	0.140
TLC, %pred	96.9 [90.3 - 119.7]	99.8 [92.3 - 112.4]	0.685
DLCOcSB, %pred	58.7 [34.9 - 78.2]	54.3 [39.0 - 72.0]	0.693
DLCOcVA, %pred	67.5 [44.6 - 102.9]	72.4 [40.1 - 84.4]	0.761
Evercise capacity, laboratory			
6MWD, m	360 [223 - 376]	278 [210 - 335]	0.064
NT-pro BNP, pg/ml	829 [221 - 1728]	1283 458 - 2537	0.247

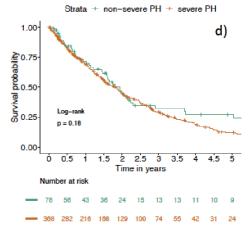






- Retrospective Analysis of "COMPERA"; 2006 2021
- N=449 patients with PH-ILD
- mPAP ≥ 25mmHg and PAWP ≤ 15mmHg
- Variables associated with Mortality: age, male sex, low TLC, high PVR
- mPAP, PAWP, CO, FVC, FEV₁: not associated with Mortality





information than mPAP or other haemodynamic variables. In Zeder *et al.* [3]'s analysis of patients with PH-COPD, PVR >5 WU was the best prognostic cut-off value, while in our analysis of patients with PVR-ILD, the best discrimination between survivors and non-survivors was seen at PVR >8 WU. However, our analysis also showed that mortality increased significantly with PVR >5 WU. At the same time, the current mPAP-based definition of severe PH in chronic lung disease was not found to be prognostic in the present analysis. Based on these findings, while bearing in mind the limitations of this and previous analyses, we believe that PVR >5 WU should be used to define the presence of severe PH in patients with chronic lung disease.

PH-COPD: Therapy

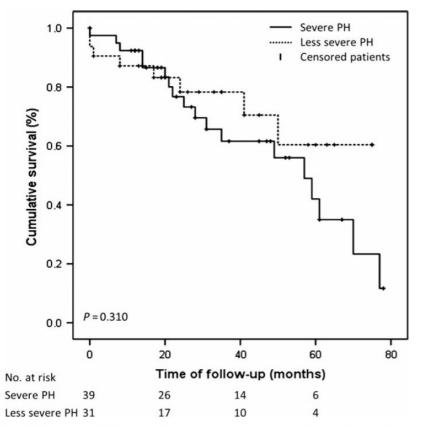


Figure 2 Cumulative survival according to pulmonary hypertension severity in all patients. PH, pulmonary hypertension.

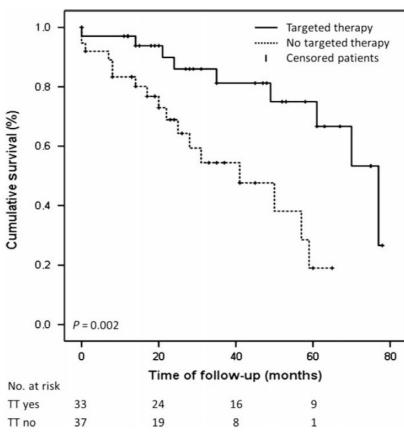


Figure 3 Cumulative survival according to the use of targeted therapy in all patients. TT, targeted therapy; targeted therapy refers to endothelin receptor antagonists, phosphodiesterase-5 inhibitors, and prostacyclin analogs.



 Table 2 Effect of targeted therapy on survival according to subgroups

Group	n	HR (95% CI)	P value
All	72	0.262 (0.106, 0.649)	0.004
Severe PH	40	0.182 (0.061, 0.540)	0.002
Less severe PH	32	0.255 (0.030, 2.138)	0.208
Obstructive lung disease	29	0.235 (0.047, 1.160)	0.075
Restrictive lung disease	27	0.285 (0.059, 1.378)	0.118
Radiological diagnosis	16	0.220 (0.036, 1.345)	0.101
Phosphodiesterase 5-inhibitors	29	0.495 (0.212, 1.158)	0.105
Endothelin receptor antagonists	11	0.359 (0.105, 1.235)	0.104

CI, confidence interval; HR, hazard ratio; PH, pulmonary hypertension.

PH-COPD: Therapy

Table 1 Demographics, Pulmonary Function Test Results, and Functional Capacity of Patients Who Assumed at Least One Dose of Sildenafil or Placebo: Comparison at Baseline

Variable ^a	Placebo (n = 10)	Sildenafil (n = 18)	p-value
Male gender, %	80.0	72.2	NS
Age, years	64.1 ± 11.0	66.4 ± 6.5	NS
BMI, kg/m ²	24.9 ± 4.8	27.2 ± 6.2	NS
Fio ₂ , %	26.3 ± 7.1	28.3 ± 7.2	NS
Pao _{2.} mm Hg	74.4 ± 14.9	74.2 ± 14.3	NS
Paco ₂ mm Hg	44.5 ± 9.0	40.3 ± 5.2	NS
A-a O ₂ gradient, mm Hg	57.5 ± 55.0	77.1 ± 54.1	NS
Pulmonary function test			
FEV ₁ , % predicted	48.4 ± 25.3	54.4 ± 22.4	NS
FEV ₁ /FVC, %	0.53 ± 0.17	0.52 ± 0.13	NS
TLC, % predicted	97.1 ± 17.8	101.2 ± 25.1	NS
DLCO %, predicted	34.6 ± 23.0	32.8 ± 12.2	NS
Functional capacity			
6MWT, m	308.5 ± 99.6	229.2 ± 101.4	0.06
BODE Index, units	4.7 ± 2.0	5.2 ± 2.5	NS
MMRC scale, units	2.3 ± 0.7	3.0 ± 0.9	0.07
Hemodynamics			
RAP, mm Hg	9.0 ± 2.6	7.3 ± 3.9	NS
mPAP, mm Hg	39.1 ± 12.5	39.3 ± 7.6	NS
PCWP, mm Hg	12.2 ± 2.9	10.9 ± 2.9	NS
Cardiac index, liters/min/m ²	2.5 ± 0.7	2.4 ± 0.5	NS
Stroke volume index, ml/m ²	33.2 ± 9.9	29.4 ± 7.6	NS
Total PVR, WU	9.2 ± 3.3	9.7 ± 3.1	NS
PVR, WU	6.3 ± 3.1	7.0 ± 2.6	NS
SVR, WU	23.7 ± 8.5	21.4 ± 5.7	NS
Heart rate, beats/min	77.8 ± 15.8	82.0 ± 10.9	NS
SF-36 general health, units	44.6 ± 18.6	36.5 ± 16.1	NS

6MWT, 6-minute walk test; A-a 0₂ gradient, alveolar-to-arterial gradient; BMI, body mass index; Dιco, diffusing capacity of the lung for carbon monoxide; FEV₁, forced expiratory volume in 1 second; Fin₂, fraction of inspired oxygen; FVC, forced vital capacity; mPAP, mean pulmonary arterial pressure; MMRC, Modified Medical Research Council; NS, not significant; Paco₂, partial pressure of arterial carbon dioxide; Pao₂, partial pressure of arterial carbon dioxide; Pao₂, partial pressure; PVR, pulmonary capillary wedge pressure; PVR, pulmonary vascular resistance; TLC, total lung capacity; PVR, pulmonary vascular resistance.



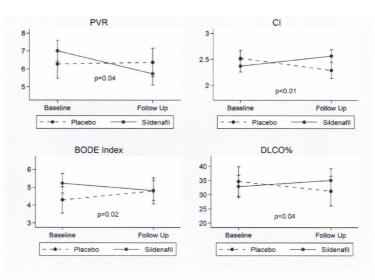


Figure 3 Primary and secondary end point variables significantly varied in patients treated with sildenafil (see also Tables 2–4). The error bars indicate the standard deviation. BODE, body mass index, airflow obstruction, dyspnea, and exercise capacity; CI, cardiac index; DLCO, diffusion capacity of the lung for carbon monoxide; PPVR, peripheral pulmonary vascular resistance.

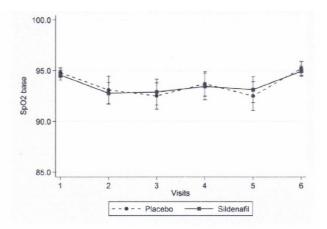
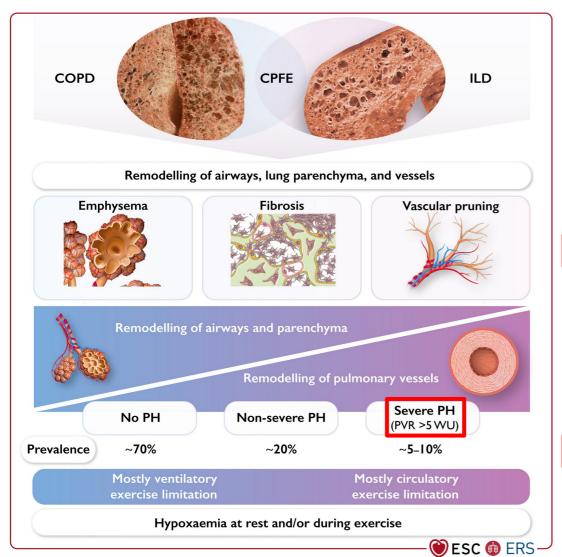


Figure 4 Trend of rest peripheral capillary oxygen saturation (Spo₂) at the scheduled visits

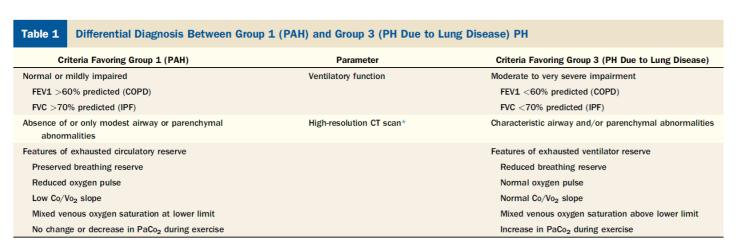
 $^{^{\}mathrm{a}}$ Continuous data are shown as mean \pm standard deviation and categoric data as indicated.

Haemodynamic definitions of PH: severe PH-Lung





Recommendations	Class ^a	Level ^b
If PH is suspected in patients with lung disease, it is recommended that echocardiography ^c be performed and the results interpreted in conjunction with ABG, PFTs including DLCO, and CT imaging	1	С
In patients with lung disease and suspected PH, it is recommended to optimize treatment of the underlying lung disease and, where indicated, hypoxaemia, sleep-disordered breathing, and/or alveolar hypoventilation	1	С
In patients with lung disease and suspected severe PH, or where there is uncertainty regarding the treatment of PH, referral to a PH centre is recommended ^d	1	С
In patients with lung disease and severe PH, an individualized approach to treatment is recommended	1	С
It is recommended to refer eligible patients with lung disease and PH for LTx evaluation	1	С
In patients with lung disease and suspected PH, RHC is recommended if the results are expected to aid management decisions	1	С
Inhaled treprostinil may be considered in patients with PH associated with ILD ⁷³⁴	Шь	В
The use of ambrisentan is not recommended in patients with PH associated with IPF ⁷⁴⁰	Ш	В
The use of riociguat is not recommended in patients with PH associated with IIP ¹⁸¹	Ш	В
The use of PAH medication is not recommended in patients with lung disease and non-severe PH ^e	Ш	С



^{*}As to CT diagnosis, parenchymal changes linked to PVOD are to be discriminated from those associated with DPLD.† Features of exhausted circulatory reserve are also noted in severe PH-COPD and severe PH-IPF, but are then accompanied by major lung function and CT abnormalities.

 Co/Vo_2 = cardiac output/oxygen consumption ratio; COPD = chronic obstructive pulmonary disease; CT = computed tomography; DPLD = diffuse parenchymal lung disease; EV1 = forced expiratory volume in 1 s; EVC = forced vital capacity; EVL = idiopathic pulmonary fibrosis; EVL = partial pressure of carbon dioxide in arterial blood; EVL = pulmonary arterial hypertension; EVL = pulmonary veno-occlusive disease.

Underlying Lung Disease	mPAP $<$ 25 mm Hg at Rest	mPAP \geq 25 and $<$ 35 mm Hg at Rest	mPAP ≥35 mm Hg at Rest*
COPD with FEV1 ≥60% of predicted IPF with FVC ≥70% of predicted CT: absence of or only very modest airway or parenchymal abnormalities	No PH No PAH treatment recommended	PH classification uncertain No data currently support treatment with PAH-approved drugs	PH classification uncertain: discrimination between PAH (group 1) with concomitant lung disease or PH caused by lung disease (group 3) Refer to a center with expertise in both PH and chronic lung disease
COPD with FEV1 <60% of predicted IPF with FVC <70% of predicted Combined pulmonary fibrosis and emphysema on CT	No PH No PAH treatment recommended	PH-COPD, PH-IPF, PH-CPFE No data currently support treatment with PAH-approved drugs	Severe PH-COPD, severe PH-IPF, severe PH-CPFE Refer to a center with expertise in both PH and chronic lung disease for individualized patient care because of poor prognosis; randomized controlled trials required

^{*}Lower PA pressures may be clinically significant in COPD/DPLD patients with depressed cardiac index or right ventricular dysfunction.

CPFE = combined pulmonary fibrosis and emphysema; mPAP = mean pulmonary artery pressure; other abbreviations as in Table 1.



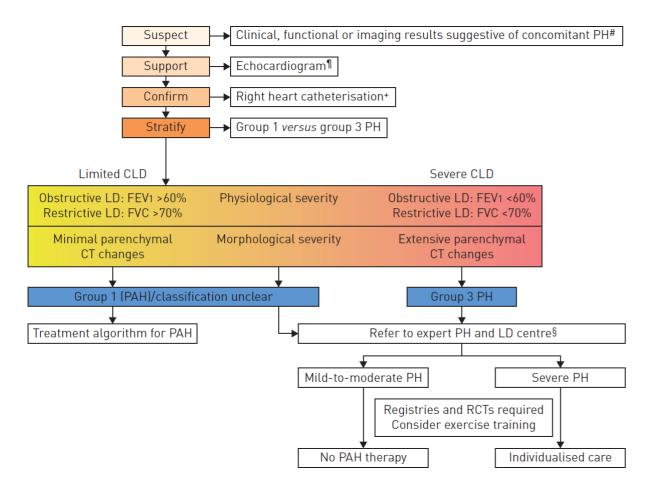


Table 14 Characteristic diagnostic features of patients with different forms of pulmonary hypertension

Diam.	6 1	G 4 (DALE)	G 2 (D):	G 2 (D):	C
Diagnostic tool	Characteristic findings/ features	Group 1 (PAH)	Group 2 (PH associated with left heart disease)	Group 3 (PH associated with lung disease)	Group 4 (PH associated with pulmonary artery obstructions)
5.1.1 Clinical presentation	Clinical features	Variable age, but young female patients may be predominantly affected a 161 Clinical presentation depends on associated conditions and phenotype See Section 5.1.1	Mostly elderly patients, female predominance in case of HFpEF. ¹⁶¹ History and clinical findings suggestive of LHD	Mostly elderly patients, male predominance. ¹⁶¹ History and clinical findings suggestive of lung disease. Smoking history common	Variable age, but elderly male and female equally affected. History of VTE (CTEPH may occur in the absence of a VTE history). Risk factors for CTEPH See Section 10.1
	Oxygen requirement for hypoxaemia	Uncommon, except for conditions with low DLCO or right-to-left shunting	Uncommon	Common, often profound hypoxaemia in severe PH	Uncommon; common in severe cases with predominantly distal pulmonary artery occlusions
5.1.3 Chest radiography		RA/RV/PA size ↑ Pruning of peripheral vessels	LA/LV size ↑ Cardiomegaly Occasional signs of congestion (interstitial oedema/Kerley lines, alveolar oedema, pleural effusion)	Signs of parenchymal lung disease	RA/RV/PA size ↑ Number and size of peripheral vessels ↓ Occasional signs of pulmonary infarction
5.1.4 Pulmonary function tests and ABG	Spirometry/PFT impairment	Normal or mildly impaired	Normal or mildly impaired	Abnormal as determined by the underlying lung disease	Normal or mildly impaired
	DLCO	Normal or mild-to-moderately reduced (low DLCO in SSc-PAH, PVOD, and some IPAH phenotypes)	Normal or mild-to-moderately reduced, especially in HFpEF	Often very low (<45% predicted)	Normal or mild-to-moderately reduced
	Arterial blood gas PaO ₂ PaCO ₂	Normal or reduced Reduced	Normal or reduced Usually normal	Reduced Reduced, normal, or increased	Normal or reduced Normal or reduced
5.1.5 Echocardiography		Signs of PH (increased sPAP, enlarged RA/RV) Congenital heart defects may be present See Section 5.1.5	Signs of LHD (HFrEF, HFpEF, valvular) and PH (increased sPAP, enlarged RA/RV) See Section 8	Signs of PH (increased sPAP, enlarged RA/RV) See Section 5.1.5	Signs of PH (increased sPAP, enlarged RA/RV) See Section 5.1.5
5.1.6 Lung scintigraphy	Planar – SPECT V/Q	Normal or matched	Normal or matched	Normal or matched	Mismatched perfusion defect
5.1.7 Chest CT		Signs of PH or PVOD See Section 5.1.7	Signs of LHD Pulmonary oedema Signs of PH	Signs of parenchymal lung disease Signs of PH	Intravascular filling defects, mosaic perfusion, enlarged bronchial arteries Signs of PH
5.1.11 Cardiopulmonary exercise testing		High VE/VCO ₂ slope Low P _{ET} CO ₂ , decreasing during exercise No EOV	Mildly elevated VE/ VCO ₂ slope Normal P _{ET} CO ₂ , increasing during	Mildly elevated VE/ VCO ₂ slope Normal P _{ET} CO ₂ ,	High VE/VCO ₂ slope Low $P_{ET}CO_2$, decreasing during



Nathan et al. ERJ 2019; Humbert et al. ERJ 2022, EHJ 2022.



Severity of lung disease Severity of pulmonary vascular disease	Mild lung disease - Normal or mildly reduced PFT and - no or minimal parenchymal changes in chest CT - Favouring PH group 1, 4 or 5	Moderate to Severe lung disease - More severely reduced PFT and/or - More extensive parenchymal changes in chest CT - Favouring PH group 3
Severe PH PVR > 5 WU	Pulmonary vascular disease as major limitation	
Mild to moderate PH mPAP > 20 mmHg and PVR < 5 WU	- circulatory exercise limitation § - referral to PH expert center recommended Should we further look for should we change	
No PH mPAP ≤ 20 mmHg		Lung disease as major limitation - ventilatory exercise limitation \$ - no indication for targeted PH therapy

Table 1 Patient Characteristics at the Time of IPAH Diagnosis						
Characteristic	Cluster 1 <i>n</i> = 106	L	Cluster 2 <i>n</i> = 301	Cluster 3 <i>n</i> = 434	<i>p</i> -value ^a	All <i>n</i> = 846
Age, years (median, Q1-Q3)	45 (31-61)	П	75 (68-80)	72 (64–78)	< 0.001	72 (61-78)
Female sex, n (%)	80 (76)	U	296 (98)	121 (28)	< 0.001	497 (59)
BMI, kg/m 2 (mean \pm SD)	24.2 ± 3.2	U	30.7 ± 7.2	29.1 ± 5.9	< 0.001	29.1 ± 6.5
Smoking habits		U				
Former/current smokers, n (%)	33 (31)	U	0 (0)	343 (79)	< 0.001	376 (44)
Pack years (median, Q1—Q3)	16 (10-28)	U	_	33 (20-50)	< 0.001	30 (15-50)
WHO FC	(:-)	U	(-)	(-)	<0.001	(-)
I/II, n (%)	20 (19)	U	20 (7)	25 (6)		65 (8)
III, n (%)	75 (72)	U	215 (72)	311 (76)		601 (74)
IV, n (%)	9 (9)	U	63 (21)	72 (18)		144 (18)
6MWD, m (mean ± SD)	386 ± 119	U	268 ± 114	276 ± 108	<0.001	287 ± 118
BNP, ng/l (median, Q1-Q3)	129 (81–259)	Ш	206 (92–299)	278 (112–468)	0.183	206 (101–371)
NT-proBNP, ng/l (median, Q1-Q3)	1,313 (524–2,480)	U	1,579 (676—3,520)	1,835 (634—3,592)	0.065	1,614 (631-3,460)
Hemodynamics	7 5	U	0 5	0.1.7	0.006	0 5
RAP, mm Hg (mean \pm SD) mPAP, mm Hg (mean \pm SD)	7 ± 5 49 ±14	U	8 ± 5 40 ± 11	8 ± 4 43 ± 11	0.026 <0.001	8 ± 5 42 ± 12
PAWP, mm Hg (mean \pm SD)	49 ± 14 8 ± 3	U	40 ± 11 10 ± 3	43 ± 11 9 ± 4	<0.001	42 ± 12 9 ± 3
CI, $l/min/m^2$ (mean \pm SD)	8 ± 3 2.1 \pm 0.7	U	10 ± 3 2.0 ± 0.6	9 ± 4 2.1 ± 0.7	0.471	9 ± 3 2.1 \pm 0.7
PVR, dyn·s·cm ⁻⁵ (mean \pm SD)	2.1 ± 0.7 948 ± 463	U	727 ± 398	730 ± 380	<0.001	756 ± 404
SvO ₂ , % (mean \pm SD)	64 ± 10	U	64 ± 8	730 ± 360 62 ± 8	<0.001	63 ± 8
Pulmonary function and blood gases		U	04 ± 6	02 ± 8	<0.001	03 ± 6
TLC, % predicted (mean \pm SD)	99 ± 16	U	93 ± 17	92 \pm 17	<0.001	93 ± 17
FVC, % predicted (mean \pm SD)	92 ± 17	U	83 ± 17	80 ± 20	<0.001	82 ± 20
FEV1, % predicted (mean \pm SD)	87 ± 17	U	80 ± 19	75 ± 20	< 0.001	78 ± 19
DLCO, % predicted (mean \pm SD)	69 ± 15	U	56 ± 22	47 ± 21	<0.001	53 ± 22
DLCO <45% predicted, n (%)	0 (0)	U	101 (34)	231 (53)	< 0.001	332 (40)
pa O_2 , mm Hg (mean \pm SD)	77 ± 17	U	65 ± 11	61 ± 12	< 0.001	65 ± 14
paCO ₂ , mm Hg (mean \pm SD)	33 ± 4	U	36 ± 6	36 ± 7	< 0.001	35 ± 6
Comorbidities		U				
Arterial hypertension, n (%)	0 (0)	U	251 (83)	320 (74)	< 0.001	571 (68)
Coronary heart disease, n (%)	0 (0)	U	58 (19)	153 (35)	< 0.001	211 (25)
Diabetes mellitus, n (%)	0 (0)	U	106 (35)	154 (36)	< 0.001	260 (31)
BMI \geq 30 kg/m ² , n (%)	0 (0)	U	149 (50)	170 (39)	< 0.001	319 (38)
At least 1 comorbidity	0 (0)	U	283 (94)	396 (91)	< 0.001	679 (81)
Number of comorbidities		U			< 0.001	
0, <i>n</i> (%)	106 (100)		18 (6)	38 (9)		162 (19)
1, n (%)	0 (0)		93 (31)	138 (32)		231 (28)
2, n (%)	0 (0)		116 (38)	139 (32)		255 (30)
3, n (%)	0 (0)		57 (19)	95 (22)		152 (18)
4, n (%)	0 (0)		17 (6)	25 (6)		41 (5)
History of atrial fibrillation, n (%)	8 (8)	U	109 (36)	108 (25)	< 0.001	225 (27)



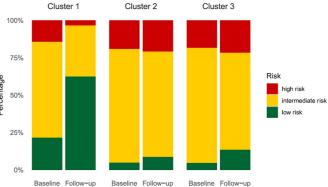


Figure 3 Risk as determined by the Swedish/COMPERA approach at baseline and follow-up in the 3 clusters. COMPERA, Comparative, Prospective Registry of Newly Initiated Therapies for Pulmonary Hypertension.

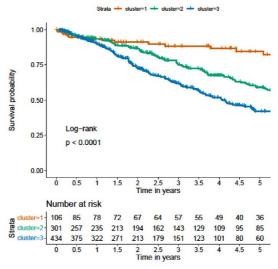
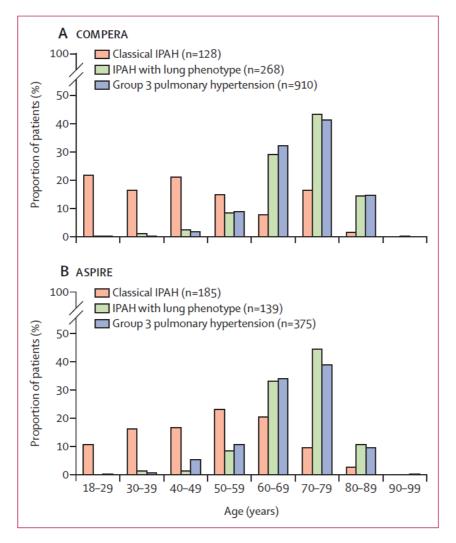


Figure 4 Kaplan-Meier survival estimates according to clusters.





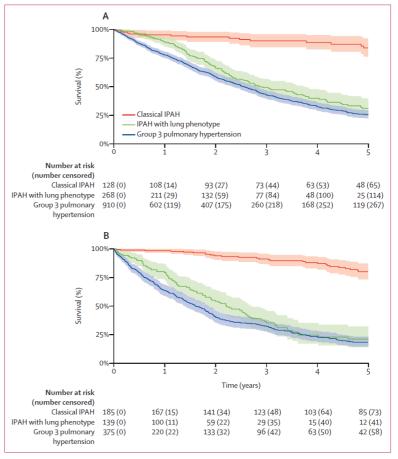


Figure 4: Kaplan-Meier survival estimates for patients classified as classical IPAH, IPAH with a lung phenotype, and group 3 pulmonary hypertension in COMPERA (A) and ASPIRE (B)

ASPIRE=Assessing the Spectrum of Pulmonary Hypertension Identified at a Referral Centre.

COMPERA=Comparative, Prospective Registry of Newly Initiated Therapies for Pulmonary Hypertension.

IPAH=idiopathic pulmonary arterial hypertension.

PH-COPD: to make life even more complicated...



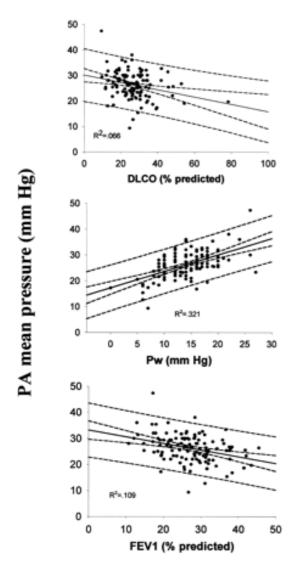
COPD is frequently associated with left heart disease that may contribute to PH

► COPD exacerbations may lead to significant increase of PAP

► Methodological concerns at the assessment of PAP in COPD

PH-COPD: the role of left heart disease





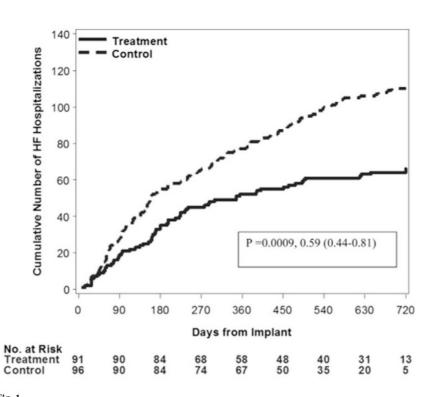


Fig. 1. Cumulative heart failure (HF) hospitalizations after implantation in subjects with chronic obstructive pulmonary disease. *P* value, hazard ratio (treatment vs control), and 95% confidence interval were derived with the use of the Andersen-Gill model.

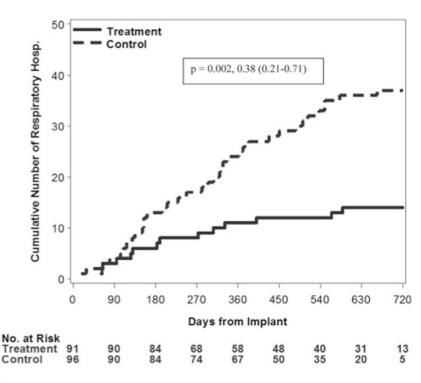


Fig. 3.

Cumulative respiratory hospitalizations after implantation in subjects with chronic obstructive pulmonary disease. P value, hazard ratio (treatment to control), and 95% confidence interval were derived with the use of the Andersen-Gill model.

PH-COPD: the role of exacerbations



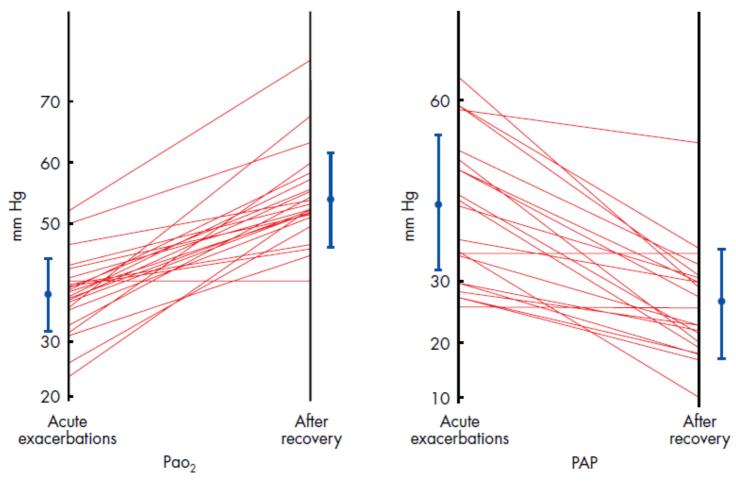
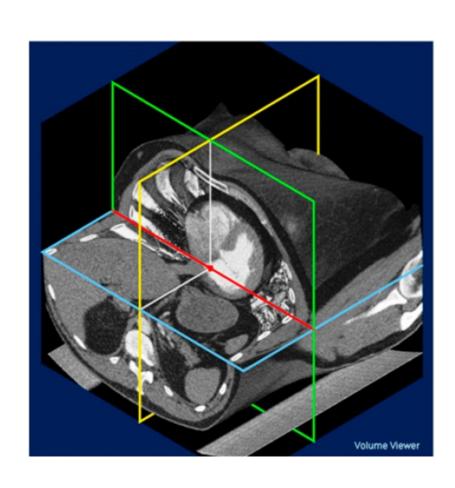


Figure 2 Evolution of arterial oxygen tension (Pao₂) and mean pulmonary artery pressure (PAP) in a series of chronic obstructive pulmonary disease patients investigated during acute exacerbations and after recovery. The pronounced improvement in Pao₂ (from mean 38 mm Hg to 53 mm Hg) is accompanied by a profound decrease in PAP (from mean 44 mm Hg to 27 mm Hg).

PH-COPD: methodological concerns for the assessment of PAP





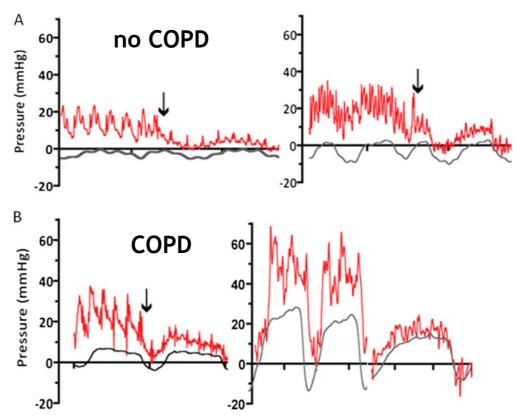


Figure 2. (A) Pulmonary artery pressure (*red line*) followed by pulmonary artery wedge pressure (*arrow*) in a normal subject at rest (*left*) and during exercise (*right*). Pleural pressure (*black line*) is on average negative with respiratory swings, which are amplified during exercise. (B) Pulmonary artery pressure (*red line*) followed by pulmonary artery wedge pressure (*arrow*) in a patient with chronic obstructive pulmonary disease at rest (*left*) and during exercise (*right*). Pleural pressure (*black line*) shows respiratory swings, which appear transmitted to pulmonary vascular pressures. Reprinted by permission from Reference 30.

Summary



- ► PH-COPD is frequent
- PH-COPD and especially severe PH-COPD is associated with poor prognosis
- ► No approved therapies for PH-COPD: unmet medical need
- ► The right therapy for the right patient
 - Severe PH
 - ► Inhalative application
 - No severe emphysema, no relevant left heart disease
- Methodological concerns should be addressed



Questions?

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PH-Lung Epidemiology: Prognosis of PH-COPD & severe PH-COPD



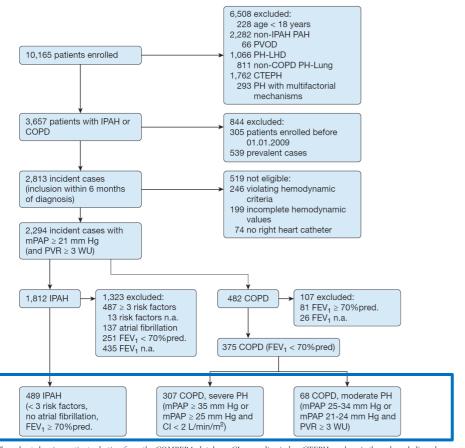


Figure 1 – Flow chart showing patient selection from the COMPERA database. CI = cardiac index; CTEPH = chronic thromboembolic pulmonary hypertension; IPAH = idiopathic pulmonary arterial hypertension; IPAH = idiopathic pulmonary arterial hypertension; IPAH = pulmonary arterial hypertension; IPAH = pulmonary varietial essential essen

TABLE 1] Demographic and Baseline Characteristics of the Patients in the Study

				PH in COPD		
Characteristic	IPAH (n = 489)	COPD (n = 375)	P Value	Moderate (n = 68)	Severe (n = 307)	P Value
Female sex	308 (63)	153 (41)	< .001	34 (50)	119 (39)	.102
Age, y	61.7 ± 17.9	68.4 ± 9.2	< .001	$\textbf{68.5} \pm \textbf{8.4}$	68.4 ± 9.3	.96
6MWD, m	326 ± 133	247 ± 110	< .001	282 ± 111	239 ± 108	.008
BMI, kg/m ²	27.1 ± 5.9	26.2 ± 6.1	.027	25.8 ± 5.6	26.2 ± 6.2	.62
WHO FC			< .001			.002
I	1 (0.2)	0		0	0	
II	86 (18)	10 (3)		3 (4)	7 (2)	
III	331 (68)	260 (69)		57 (84)	203 (66)	
IV	43 (9)	87 (23)		5 (7)	82 (27)	
Unknown	28 (6)	18 (5)		3 (4)	15 (5)	
Lung function tests						
TLC, % predicted	98 ± 16	107 ± 24	< .001	108 ± 25	106 ± 24	.66
FVC, % predicted	93 ± 16	67 ± 21	< .001	69 ± 21	67 ± 21	.64
FEV ₁ , % predicted	90 ± 15	45 ± 14	< .001	46 ± 14	45 ± 14	.60
DLco, % predicted	55 ± 22	30 ± 15	< .001	31 ± 15	29 ± 15	.41
Arterial blood gases (room air values only)						
Pao ₂ , mm Hg	70 ± 26	55 ± 10	< .001	55 ± 9	54 ± 10	.65
Paco ₂ , mm Hg	33 ± 6	41 ± 9	< .001	42 ± 8	41 ± 9	.36
Right heart catheter						
RAP, mm Hg	$\textbf{7.2} \pm \textbf{4.3}$	7.7 ± 4.6	.13	5.3 ± 3.6	8.3 ± 4.6	< .001
mPAP, mm Hg	46 ± 13	40 ± 10	< .001	30 ± 3	43 ± 10	< .001
PAWP, mm Hg	8.7 ± 3.4	9.4 ± 3.3	.001	8.4 ± 3.9	9.7 ± 3.2	.018
PVR, Wood units	10.5 ± 5.4	7.7 ± 3.2	< .001	5.1 ± 2.6	8.3 ± 3.0	< .001
Cardiac index, L/min/m ²	2.2 ± 0.6	2.3 ± 0.7	.001	2.7 ± 0.5	2.3 ± 0.7	< .001
SvO ₂ , %	63 ± 9	64 ± 8	.036	68 ± 6	63 ± 9	< .001
Laboratory results						
BNP, pg/mL	299 (84-578)	111 (39-311)	.004	60 (26-178)	120 (44-489)	.023
NT-proBNP, pg/mL	1,263 (455-3,187)	1,157 (378-2,830)	.31	487 (158-1,235)	1,395 (454-3,043)	< .001

Data are presented as No (%), mean \pm SD, or median (interquartile range), unless otherwise indicated. 6MWD = 6-min walking distance; BNP = brain natriuretic peptide; DLco = diffusing capacity of the lung for carbon monoxide; IPAH = idiopathic pulmonary arterial hypertension; mPAP = mean pulmonary arterial pressure; NT-proBNP = N-terminal fragment of pro-brain natriuretic peptide; PAWP = pulmonary arterial wedge pressure; PH = pulmonary hypertension; PVR = pulmonary vascular resistance; RAP = right atrial pressure; SvO₂ = mixed venous oxygen saturation; TLC = total lung capacity; WHO FC = World Health Organization functional class.

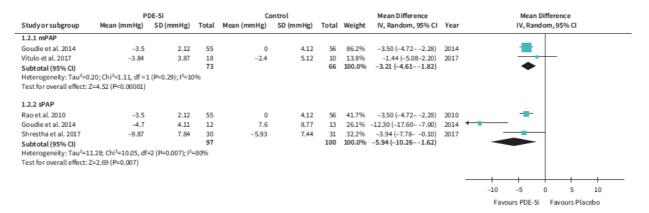


FIGURE 2 The effect of treatment with phosphodiesterase type 5 inhibitors (PDE-5i) on mean pulmonary artery pressure (mPAP; upper panel) and systolic pulmonary artery pressure (sPAP; lower panel) in COPD-associated pulmonary hypertension. Note: mPAP was measured by right heart catheterisation (Vitulo 2017) or estimated from echo measurement of sPAP (Goudie 2014). IV: inverse variance.

	P	DE-5i		C	ontrol			Mean difference		Mean diff	erence		
Study or subgroup	Mean (m)	SD (m)	Total	Mean (m)	SD (m)	Total	Weight	IV, Random, 95% CI	Year	IV, Randor	n, 95% CI		
RAO et al. 2010	191	127	15	39	87	18	5.5%	152.00 (76.20-227.80)	2010				
BLANCO et al. 2013	23	36.91	29	21	38.05	31	23.7%	2.00 (-16.97-20.97)	2013				
GOUDIE et al. 2014	15.5	32.49	56	15	32.22	57	27.4%	0.50 (-11.43-12.43)	2014		-		
Shrestha et al. 2017	48.13	25.79	30	32.59	32.96	31	25.9%	15.54 (0.71-30.37)	2017			_	
VITULO et al. 2017	8.1	35.9	18	-11.2	41.2	10	17.5%	19.30 (-11.15-49.75)	2017				-
Total (95% CI)			148			147	100.0%	16.35 (-3.24, 35.94)					
Heterogeneity: Tau ² =327	7.98; Chi ² =17.29,	df=4 (p= 0	.002); I ² =	77%					<u> </u>	-	 		\dashv
Test for overall effect: Z=	Test for overall effect: Z=1.64 (p=0.10)							5	50				
	-									Favours control	Favours PDE	-5i	

FIGURE 3 The effect of treatment with phosphodiesterase type 5 inhibitors (PDE-5i) on 6-min walk distance in patients with COPD-associated pulmonary hypertension (PH). Note: PH was diagnosed either by right heart catheterisation (Vitulo 2017) or by echocardiogram in the other studies. IV: inverse variance.





Treatment	PH outcomes			Clinic			
	Cardiopulmonary haemodynamic	RV function	Symptoms	Functional capacity	HRQoL	Hospitalisation	Survival
Oxygen (n=4)							
LTOT (n=8)	+	NA	NA	NA	NA	NA	+
NOT (n=2)	+/-	NA	NA	NA	NA	NA	0
CCBs (n=4)							
Nifedipine (n=3)	0	NA	+	NA	NA	NA	0
Felodipine (n=1)	+	NA	NA	0	NA	NA	NA
PH-targeted therapy (n=9)							
PDE type 5 inhibitors							
Sildenafil (n=5)	+	NA	+/-	+/-	+/-	NA	NA
Tadalafil (n=1)	+	NA	0	0	0	NA	NA
ERA							
Bosentan (n=2)	+/-	NA	+	+/-	+	NA	NA
Ambrisentan (n=1)	NA	+	+/-	0	NA	NA	NA
Statins (n=6)							
Atorvastatin (n=4)	+	0	NA	0	NA	NA	NA
Rosuvastatin (n=1)	+	0	0	+	0	NA	NA
Pravastatin (n=1)	+	NA	+	+	NA	NA	NA

RV: right ventricular; HRQoL: health-related quality of life; LTOT: long-term oxygen therapy; NOT: nocturnal oxygen therapy; CCB: calcium channel blocker; PDE: phosphodiesterase; ERA: endothelin receptor antagonist. Clinically relevant effects: +: significant; +/-: uncertain; 0: none; NA: not assessed.



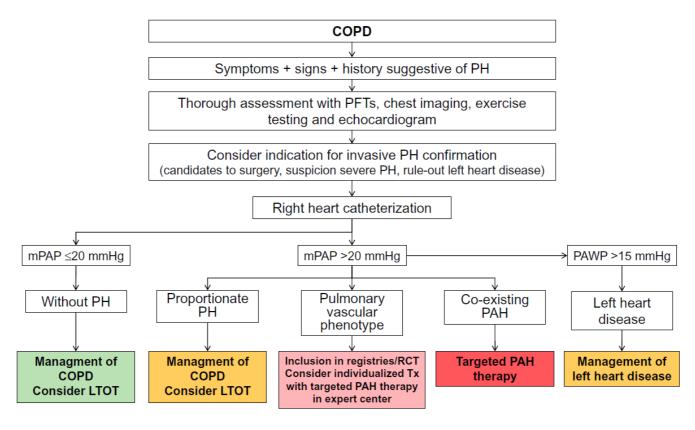


Figure 4 Diagnosis and management of pulmonary hypertension in COPD.

Abbreviations: COPD, chronic obstructive pulmonary disease; PH, pulmonary hypertension; mPAP, mean pulmonary arterial pressure; PAWP, pulmonary arterial wedge pressure; LTOT, long-term oxygen treatment; RCT, randomized controlled trials; Tx, treatment; PAH, pulmonary arterial hypertension.

PH-Lung: The right treatment for the right patients



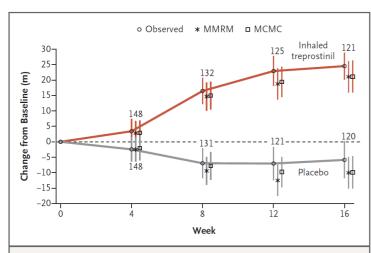
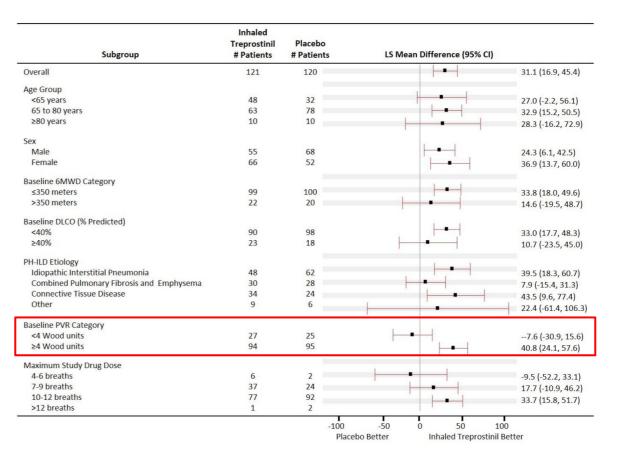


Figure 2. Mean Change from Baseline in Peak 6-Minute Walk Distance through Week 16.

Shown are mean (±SE) changes from baseline (dashed line) in peak 6-minute walk distance over the 16-week trial period. The data shown are for patients with available data (observed) as well as for the results of two analysis methods used to account for missing data. The values shown at each data point indicate the number of patients assessed at that time point. The primary analysis used mixed-model repeat-measurement (MMRM) methods, with the assumption that missing data were missing at random. The model included the change from baseline to peak 6-minute walk distance as the dependent variable, with treatment, week, and treatment-byweek interaction as fixed effects, and the baseline 6-minute walk distance as a covariate. A sensitivity analysis for the primary end point was performed with the use of a multiple imputation approach with a multivariate normal imputation model using the Markov chain Monte Carlo (MCMC) method. The imputation model included treatment group, all scheduled visits, patient's sex, and patient's age at randomization. The confidence intervals have not been adjusted for multiplicity and cannot be used to infer definitive treatment effects.

Figure S2. Forest Plot on Subgroup Analyses of Peak 6-Minute Walk Distance (meter) at Week 16.



PH-COPD: The right treatment for the right patients



Patients with more severe PH

Patients with no severe Emphysema

► Inhalative therapy to avoid V/Q mismatch?

	Overall RISE-III	P population $(n = 147)$	RISE-IIP HRCT	subgroup $(n = 65)$	RISE-IIP no HRCT subgroup $(n = 82)$		
	Riociguat up to 2.5 mg tid $(n = 73)$	Placebo (<i>n</i> = 74)	Riociguat up to 2.5 mg tid $(n = 35)$	Placebo (<i>n</i> = 30)	Riociguat up to 2.5 mg tid $(n = 38)$	Placebo (<i>n</i> = 44)	
Female, n (%)	23 (32)	29 (39)	9 (26)	10 (33)	14 (37)	19 (43)	
Age, years	68 (8)	69 (8)	68 (7)	68 (10)	68 (9)	69 (7)	
Body mass index, kg/m ²	29.8 (5.1)	28.5 (5.9)	28.7 (4.7)	27.4 (4.8)	30.7 (5.4)	29.2 (6.6)	
Classification of IIP, n (%)							
IPF	54 (74)	49 (66)	26 (74)	19 (63)	28 (74)	30 (68)	
Idiopathic NSIP	9 (12)	14 (19)	4 (11)	6 (20)	5 (13)	8 (18)	
Respiratory bronchiolitis-ILD	1 (1)	0 (0)	1 (3)	0 (0)	0 (0)	0 (0)	
Cryptogenic organizing pneumonia	0 (0)	1 (1)	0 (0)	0 (0)	0 (0)	1 (2)	
Acute interstitial pneumonia	0 (0)	1 (1)	0 (0)	0 (0)	0 (0)	1 (2)	
Idiopathic LIP	0 (0)	2 (3)	0 (0)	1 (3)	0 (0)	1 (2)	
Unclassifiable IIPs	9 (12)	7 (9)	4 (11)	4 (13)	5 (13)	3 (7)	
WHO FC II/III/IV, %	22/68/10	30/61/9	20/71/9	33/57/10	24/66/11	27/64/9	
6MWD ^a , m	307.0 (80.0)	324.0 (66.0)	313.8 (83.1)	336.7 (72.7)	313.6 (77.0)	326.0 (60.7)	
Hemodynamics							
RAP, mm Hg	6.7(4.0) n = 71	6.7 (4.5) n = 73	6.2 (4.4) n = 34	7.2 (3.8)	7.1(3.6) n = 37	6.4 (4.9) n = 43	
mPAP, mm Hg	33.2 (8.2)	33.5 (9.4)	33.5 (9.1)	31.9 (8.2)	32.9 (7.3)	34.5 (10.1)	
Diastolic PAP, mm Hg	22.0 (6.8)	22.6 (7.5)	22.6 (7.4)	21.6 (7.1)	21.5 (6.1)	23.3 (7.8)	
Systolic PAP, mm Hg	55.6 (13.4)	55.2 (14.8)	55.4 (14.8)	52.6 (12.5)	55.7 (12.1)	56.9 (16.2)	
PVR, dyn.s.cm ⁻⁵	390.7 (204.5) n = 72	417.9 (256.9) n = 72	409.2 (258.2) n = 34	355.3 (187.0) n = 29	374.2 (142.0)	460.2 (289.4) n = 43	
Cardiac index, L/min/m ²	2.6(0.7) n = 72	2.6(0.7) n = 69	2.7(0.7) n = 34	2.8(0.7) n = 29	2.5 (0.6)	2.5(0.7) n = 40	
PAWP, mm Hg	10.6 (3.2)	10.6(3.0) n = 73	10.4 (3.0)	10.7 (2.9)	10.9 (3.5)	10.6(3.1) n = 43	
Pulmonary function tests	, ,	, ,	, ,	, ,	, ,	, ,	
FVC, %	76.2 (19.1)	74.3 (15.7)	74.7 (17.1)	73.0 (17.0)	77.6 (21.0)	75.2 (14.9)	
FEV ₁ , %	75.5 (19.1)	75.1 (16.4)	74.7 (17.8)	76.2 (16.8)	76.2 (20.4)	74.4 (16.3)	
FEV ₁ :FVC	0.8 (0.1)	0.8 (0.1)	0.8 (0.1)	0.9 (0.1)	0.8 (0.1)	0.8 (0.1)	
TLC, %	66.1 (14.6) n = 71	66.3 (12.0)	65.7(13.5) n = 34	64.6 (12.1)	66.4 (15.7) n = 37	67.4 (11.8)	
DL _{co} , %	32.0 (11.8) n = 69	30.5(10.9) $n = 71$	31.7 (11.9) n = 33	30.5(11.4) n = 29	32.3(12.0) $n = 36$	30.5(10.7) n = 42	

Abbreviations: 6MWD, 6-min walking distance; DL_{CO}, diffusing capacity of the lung for carbon monoxide; FEV₁, forced expiratory volume in 1 second; FVC, forced vital capacity; HRCT, high-resolution computed tomography; IIP, idiopathic interstitial pneumonia; ILD, interstitial lung disease; IPF, idiopathic pulmonary fibrosis; LIP, lymphoid interstitial pneumonia; mPAP, mean pulmonary artery pressure; NSIP, non-specific interstitial pneumonia; PAP, pulmonary arterial pressure; PAWP, pulmonary artery wedge pressure; PVR, pulmonary vascular resistance; RAP, right atrial pressure; tid, 3 times daily; TLC, total lung capacity; WHO FC, World Health Organization functional class.

Data are mean \pm standard deviation unless otherwise stated.

^aMean of the maximum values from 3 6MWD measurements taken at baseline.



RISE-IIP (all participants: n=147)

• With HR-CT: n=65/147 (44%)

• CPFE: n=41/65 (63%)

Mortality in patients

• With CPFE: 29% (12/41)

• Without CPFE: 13% (3/24)

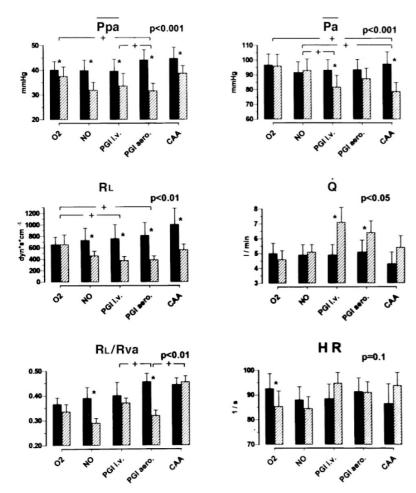


Figure 2. Acute responses to oxygen, NO, intravenously administered and inhaled prostacyclin (PGI i.v. and PGI aero, respectively), and calcium antagonists (CAAs). Dark columns and light columns give mean values \pm SE before and after drug administration, respectively, for mean pulmonary artery pressure ($\overline{\text{Ppa}}$), pulmonary vascular resistance (RL), ratio of pulmonary to systemic vascular resistance (RL/Rva), mean systemic arterial pressure ($\overline{\text{Pa}}$), cardiac output ($\overline{\text{Q}}$), and heart rate (HR). For statistics see Figure 1.



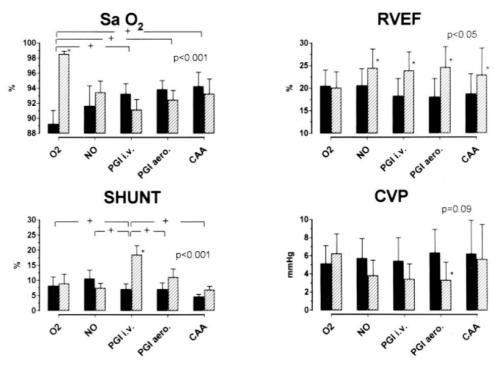


Figure 1. Acute responses to oxygen, NO, intravenously administered and inhaled prostacyclin (PGI i.v. and PGI aero, respectively) in eight patients, and to calcium antagonists (CAAs) in six patients. Dark columns and light columns give mean values \pm SE before and after drug administration, respectively, for arterial oxygen saturation (SaO2), right-to-left shunt flow (as a percentage of pulmonary blood flow; SHUNT), right ventricular ejection fraction (RVEF), and central venous pressure (CVP). p = significance level for differences in the responses to the various agents (ANOVA for the intrapair differences); * = significant difference pre- and postapplication, p < 0.05; + = significant linear contrast between responses to different agents (Scheffé test, p < 0.05).

PH-Lung: Group 1 vs. Group 3 PH



	Classical IPAH	Classical IPAH vs IPAH with a lung phenotype p value	IPAH with a lung phenotype	IPAH with a lung phenotype vs group 3.1 or 3.2 pulmonary hypertension p value	Group 3.1 or 3.2 pulmonary hypertension
COMPERA					
Number of patients	128		268		910
Age, years	45 (32-60)	<0.0001	72 (65–78)	0.89	71 (65–77)
Sex					
Female	99 (77%)	<0.0001	95 (35%)	0.71	336 (37%)
Male	29 (23%)		173 (65%)		574 (63%)
Comorbid conditions					
Body-mass index ≥30 kg/m²	0	<0.0001	86 (32%)	0.0023	194 (23%)
Hypertension	0	<0.0001	183 (70%)	0.53	506 (68%)
Coronary heart disease	0	<0.0001	110 (42%)	0.17	270 (37%)
Diabetes	0	<0.0001	94 (36%)	0.011	206 (27%)
Atrial fibrillation	7 (6%)	0.033	36 (14%)	0.58	106 (12%)
Pulmonary hypertension therapy type		<0.0001		<0.0001	
Monotherapy	81 (63%)		220 (82%)		871 (96%)
Combination therapy	47 (37%)		48 (18%)		37 (4%)
ASPIRE					
Number of patients	185		139		375
Age, years	52 (38-64)	<0.0001	71 (65–76)	0.049	69 (63-74)
Sex					
Female	133 (72%)	0.0009	75 (54%)	0.0032	148 (39%)
Male	52 (28%)		64 (46%)		227 (61%)
Oral monotherapy	40 (24%)		43 (31%)		165 (44%)
Oral combination	79 (47%)		72 (52%)		22 (6%)
PPA ± oral therapy	29 (17%)		21 (15%)		7 (2%)

PH-Lung: Group 1 vs. Group 3 PH



	Classical IPAH (n=185)	Classical IPAH vs IPAH with a lung phenotype p value	IPAH with a lung phenotype (n=139)	IPAH with a lung phenotype vs group 3.1 or 3.2 pulmonary hypertension p value	Group 3.1 or 3.2 pulmonary hypertension (n=375)
CT available	109 (59%)	0.59	86 (62%)	0.48	219 (58%)
CT fibrosis, any present	9 (8%)	<0.0001	26 (30%)	0.0093	102 (47%)
CT fibrosis by severity		<0.0001		<0.0001	
None	100 (93%)		60 (71%)		117 (57%)
Mild	6 (6%)		21 (25%)		21 (10%)
Moderate	1 (1%)		4 (5%)		33 (16%)
Severe	0		0		36 (17%)
CT emphysema, any present	15 (14%)	<0.0001	42 (49%)	0.070	132 (60%)
CT emphysema by severity		<0.0001		<0.0001	
None	94 (89%)		44 (52%)		87 (41%)
Mild	11 (10%)		22 (26%)		21 (10%)
Moderate	1 (1%)		16 (19%)		62 (30%)
Severe	0		3 (4%)		40 (19%)

Data are n (%). Statistical comparisons were made by Pearson's χ^2 test or Fisher's exact test. Percentages for fibrosis and emphysema severity were calculated for those patients who had their severity score available in their original report (appendix pp 4–5). IPAH=idiopathic pulmonary arterial hypertension.

Table 2 Lung parenchymal abnormalities on chest CT (ASPIRE)