

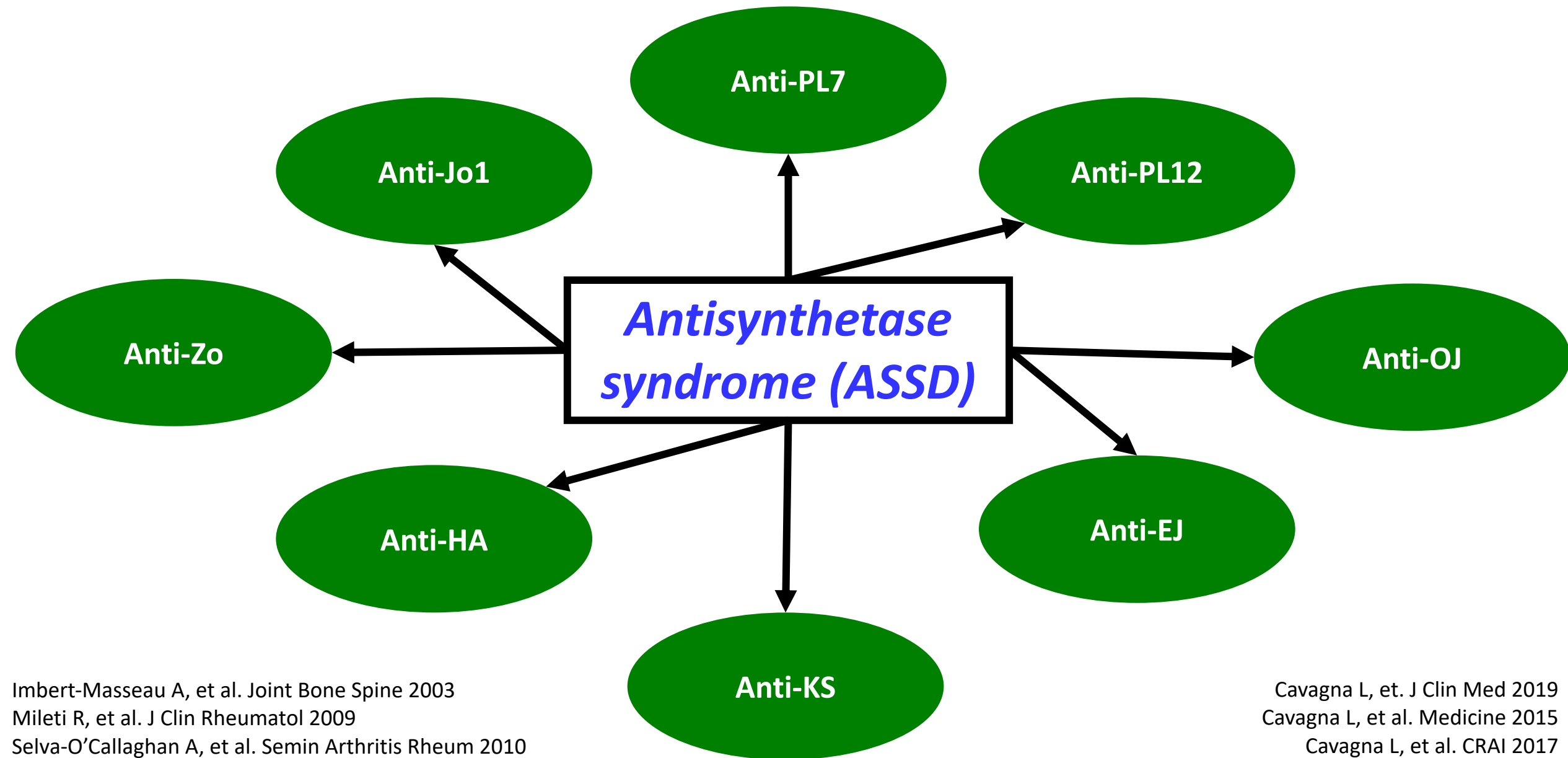
I HAVE NO DISCLOSURES

ILD e sindrome anti-sintetastica: una “prepotente” entità clinica



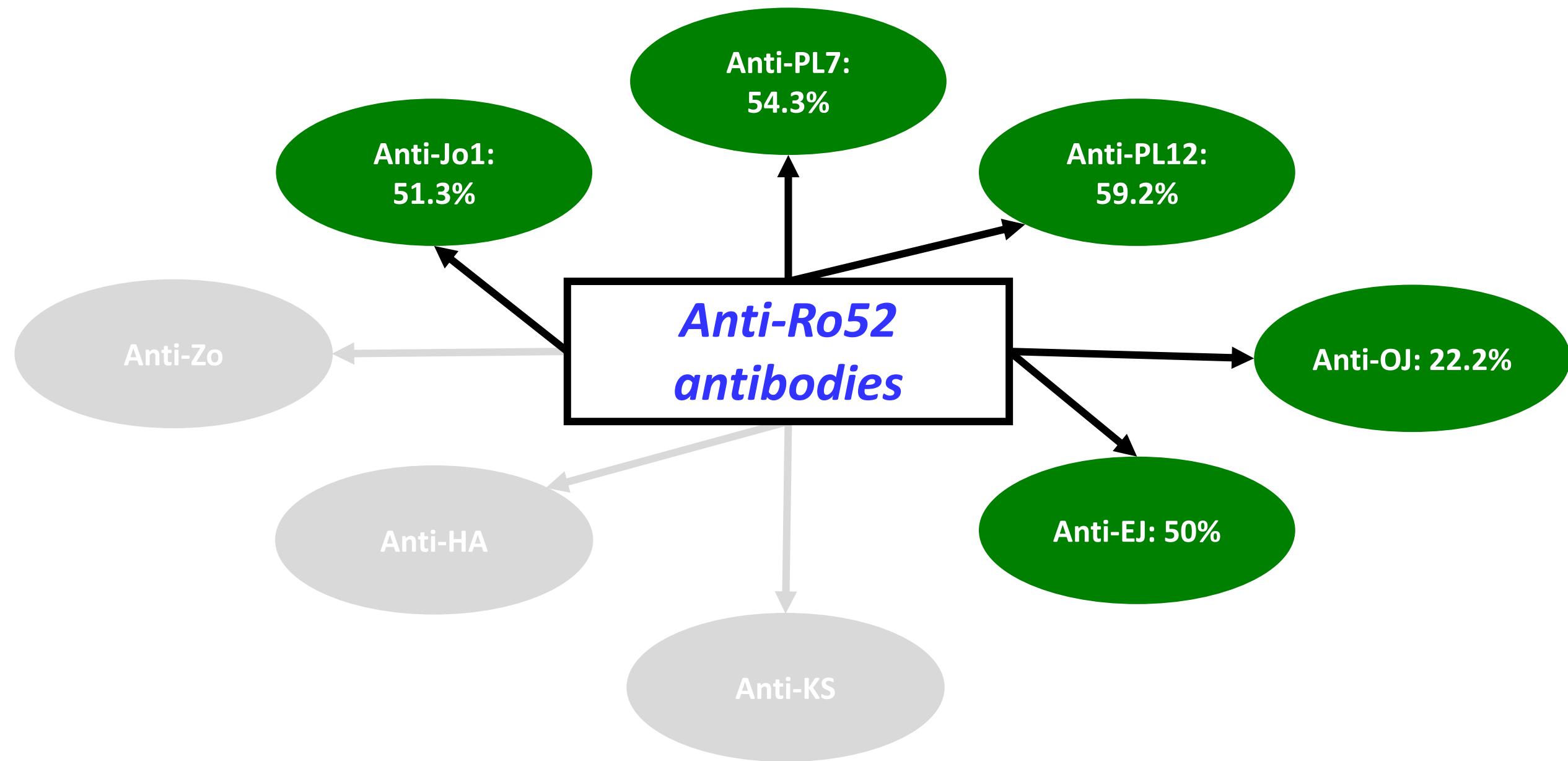
***Dr Giovanni Zanframundo
Division of Rheumatology, University and
IRCCS Policlinico S. Matteo Foundation Hospital,
Pavia, Italy***





Imbert-Masseau A, et al. Joint Bone Spine 2003
Mileti R, et al. J Clin Rheumatol 2009
Selva-O'Callaghan A, et al. Semin Arthritis Rheum 2010
Hervier B, et al. Autoimmun Rev. 2012

Cavagna L, et. J Clin Med 2019
Cavagna L, et al. Medicine 2015
Cavagna L, et al. CRAI 2017
Bartoloni Bocci E, et a. Autoimmunity Rev, 2017



Influence of Antisynthetase Antibodies Specificities on Antisynthetase Syndrome Clinical Spectrum Time Course

Onset Characteristics	Anti-Jo-1 ARS (n = 593)	Anti-PL-7 ARS (n = 95)	Anti-PL-12 ARS (n = 84)	Anti-EJ ARS (n = 38)	Anti-OJ ARS (n = 18)
ANA positive (%)	350 (60.3)	58 (64.4)	49 (59.4)	21 (60.00)	7 (38.9)
ANA negative (%)	230 (39.7)	32 (35.6)	34 (41.0)	14 (40.0)	11 (61.1)

Cavagna et al, J. Clin. Med. 2019, 8, 2013

Cytoplasmic positivity of ANA test (even isolated) is
associated with ARS positivity

Aggarwal R, et al. J Rheumatol 2017

Clinical characteristics

Arthritis 35-85% of cases

Myositis 60-80% of cases

Interstitial lung disease 50-95% of cases

Classic disease's
triad

Raynaud's phenomenon up to 60% of cases

Fever up to 40% of cases

Mechanic's hands up to 40% of cases

Accompanying
features (for practical
purpose)

Joint involvement

AENEAS collaborative group cohort 828 pts

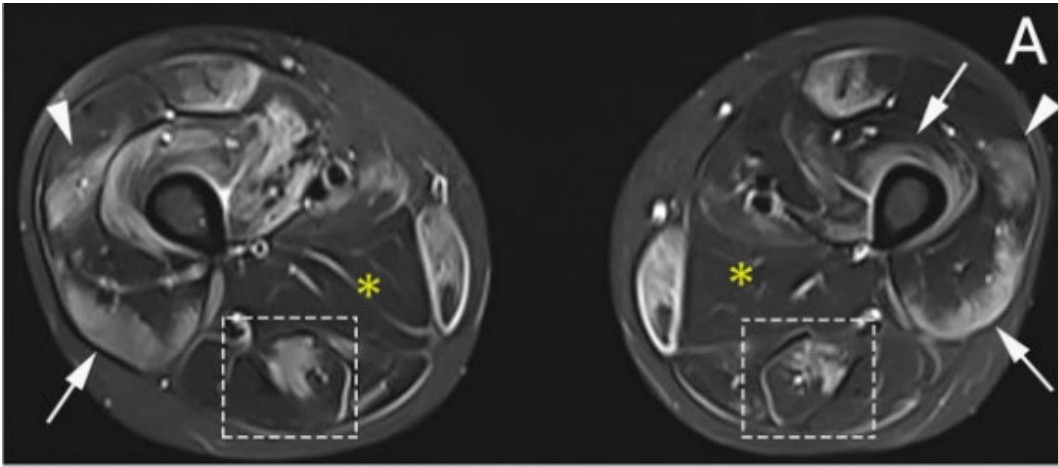
- Patients with arthritis 552/828 (67%)
 - ❑ 367/534 (69%) Polyarticular/symmetrical
 - ❑ 134/521 (26%) RF positive
 - ❑ 49/449 (11%) ACPA positive
 - ❑ 69/457 (15%) joints' erosions
 - ❑ RA features mainly occurs in ASSD with arthritis from disease onset



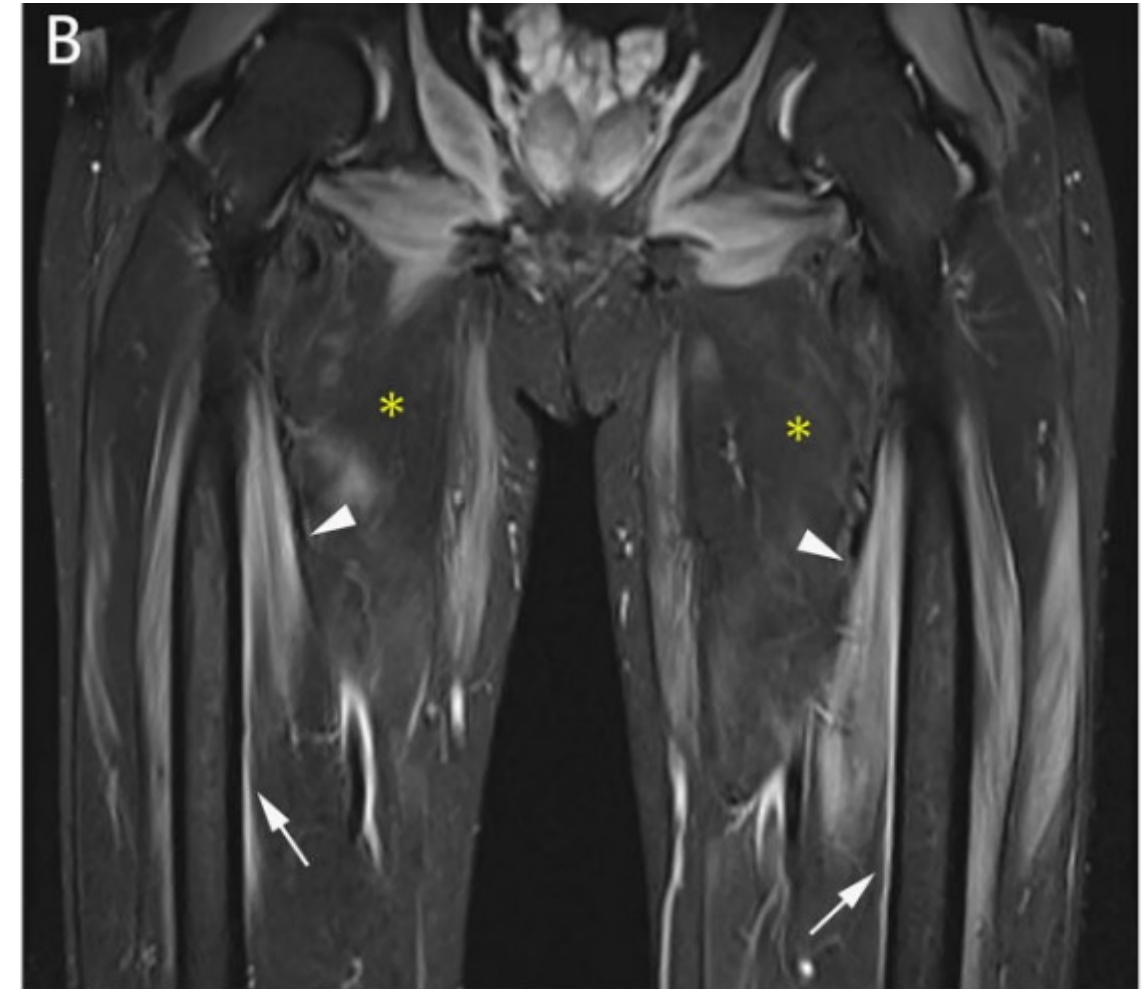
Muscle involvement characteristics

AENEAS collaborative group cohort 828 pts

- Patients with muscle involvement: 652 (79%)
 - ☐ Classic onset: 506 (78%)
 - ☐ Hypomyopathic onset: 144 (22%)
 - ☐ Not reported: 2 patients (0%)



Distribution of muscle oedema is peripheral (arrows) and patchy (arrowheads). Signals of semitendinosus and corresponding muscular fasciae are prominent (dotted boxes), compared with adductor-muscle relative sparing (yellow stars) and other muscles of the posterior compartment



Oedema of muscular fasciae around the bone (arrows) and muscle attachment points (arrowheads) are shown. Adductor-muscle relative sparing is displayed (yellow stars).

Mechanic's hands



PM -SCL



Scaling or cracking of the skin over the lateral or palmar aspects of the fingers, and thumbs



Anti-MDA5



Hiker's feet



Hyperkeratosis of the toes, plantar surface of the feet and heels



ANTI-MDA5 +

Gotttron's papules and sign

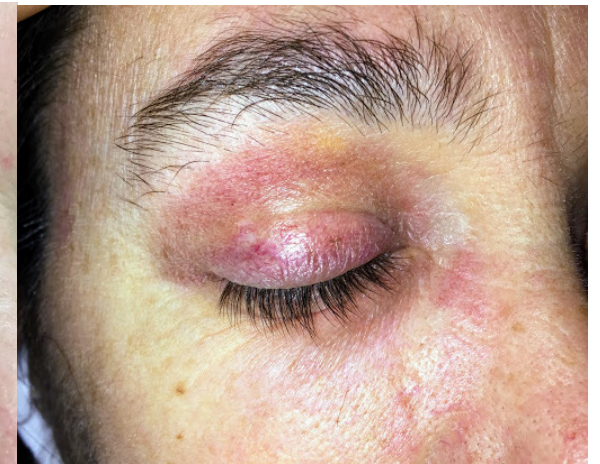


Erythematous to violaceous papules over the extensor surfaces of joints, which are sometimes scaly. May occur over the finger joints, elbows, knees, malleoli and toes



Heliotrope rash

Purple, lilac-colored or erythematous patches over the eyelids or in a periorbital distribution, often associated with periorbital edema



Nailfold Capillaroscopy Characteristics of Antisynthetase Syndrome and Possible Clinical Associations: Results of a Multicenter International Study

Marco Sebastiani, Konstantinos Triantafyllias, Andreina Manfredi, Miguel Angel González-Gay, Natalia Palmou-Fontana, Giulia Cassone, Ulrich Drott, Christiane Delbrück, Jorge Rojas-Serrano, Chiara Bertolazzi, Laura Nuño, Margherita Giannini, Florenzo Iannone, Esther F. Vicente, Santos Castañeda, Albert Selva-O'Callaghan, Ernesto Trallero Araguas, Giacomo Emmi, Annamaria Iuliano, Jutta Bauhammer, Nikolaus Miehle, Simone Parisi, Lorenzo Cavagna, Veronica Codullo, Carlomaurizio Montecucco, Francisco Javier Lopez-Longo, Julia Martínez-Barrio, Juan Carlos Nieto-González, Silvia Vichi, Marco Confalonieri, Paola Tomietto, Raoul Bergner, Alberto Sulli, Francesco Bonella, Federica Furini, Carlo Alberto Scirè, Alessandra Bortoluzzi, Christof Specker, Simone Barsotti, Rossella Neri, Marta Mosca, Marzia Caproni, Julia Weinmann-Menke, Andreas Schwarting, Vanessa Smith and Maurizio Cutolo, on behalf of the American and European Network of Antisynthetase Syndrome Collaborative Group

DOI: 10.3899/jrheum.180355
<http://www.jrheum.org/content/early/2018/11/12/jrheum.180355>

Results. NVC abnormalities were observed in 62.1% of AS patients compared with 29.3% of primary RP group ($p < 0.001$). An SSc-like pattern was detected in 67 patients (35.3%) and it was associated with anti-Jo1 antibodies ($p = 0.002$) and also with a longer disease duration ($p = 0.004$). Interestingly, there was no significant correlation between the presence of SSc-like pattern and RP, and only 47% of patients with SSc-like pattern had RP.

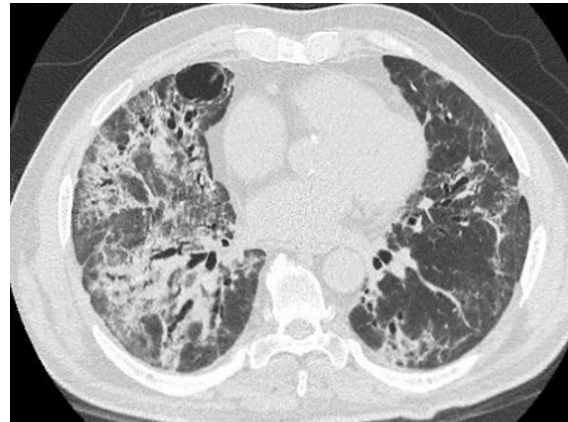
*Nailfold bed abnormalities
(macrohaemorrhages)*



Interstitial Lung Disease

AENEAS collaborative group cohort 828 pts

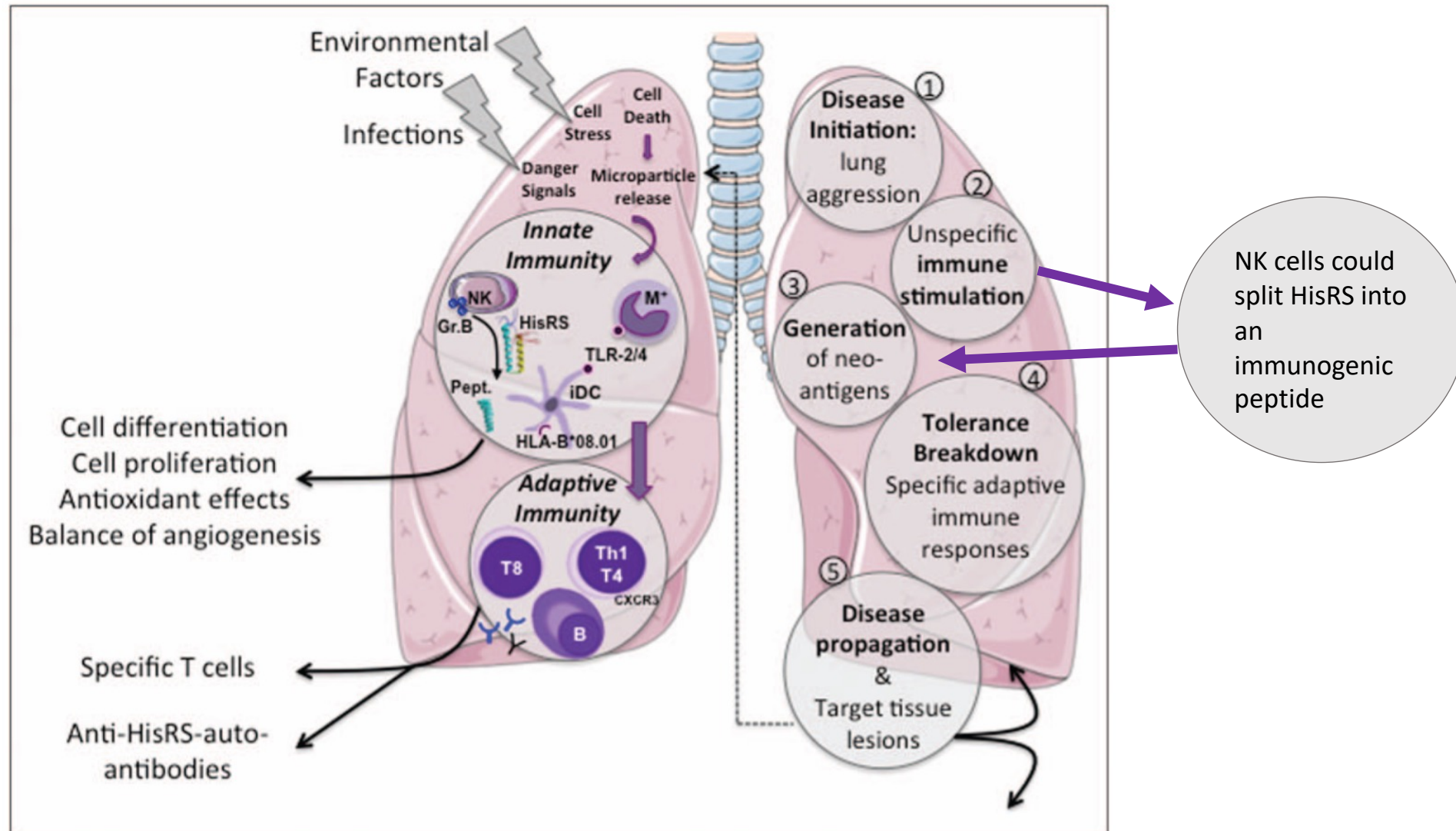
- Patients with ILD: 674 (81%, 486 anti Jo-1)
 - Acute onset: 266 (39%)
 - Dyspnea began acutely and progressed rapidly (4–6 weeks from symptom onset)
 - Chronic onset: 278 (41.5%)
 - Dyspnea began insidiously and progressed slowly
 - Asymptomatic: 122 (18%)
 - Lung involvement was not clinically evident
 - Not reported: 8 patients (1.5%)



Interstitial Lung Disease

- Is the lung involved in the disease's pathogenesis?
- Does the prevalence of ILD depend on ARS-specificity?
- What are the features of ASSD-ILD?
- Does ILD pattern depend on ARS-specificity?
- Is the survival affected by antibody specificity?

Is the lung involved in the disease's pathogenesis?



Does the prevalence of ILD depend on ARS-specificity?

233 pts
Cluster 2 describes a
predominantly pulmonary
disease

B. Hervier et al. Autoimmunity Reviews 12 (2012)

Mostly anti-Jo1
96% of anti-PL7
and anti-PL12

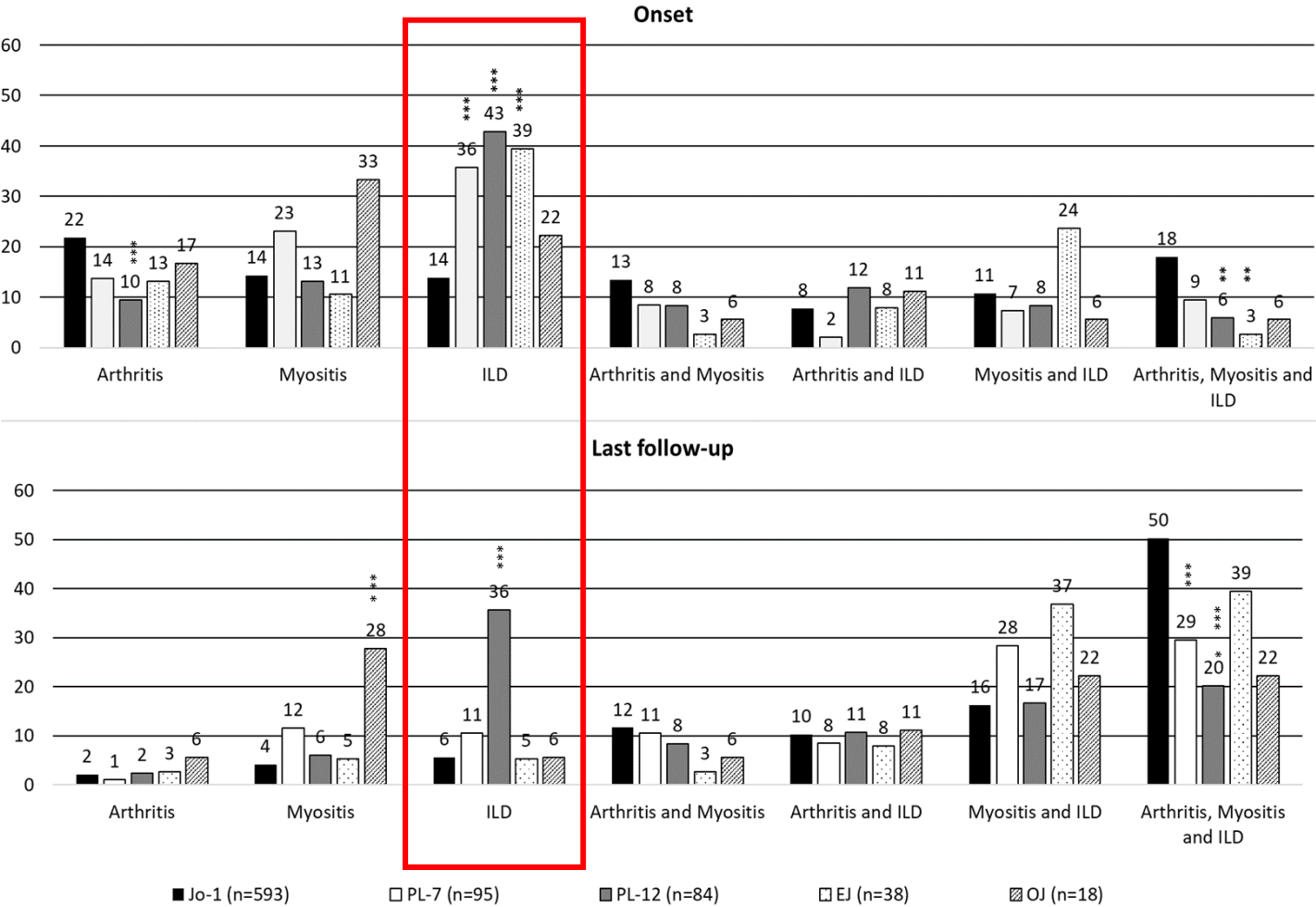
	Cluster 1 (n = 175)	Cluster 2 (n = 47)	p-Value
Anti-Jo1	151 (86%)	2 (4%)	<0.001
Anti-PL12	17 (10%)	28 (60%)	<0.001
Anti-PL7	7 (4%)	17 (36%)	<0.001
Anti-RNP	0 (0%)	0 (0%)	<0.001
Anti-Sm/anti-DNA	0 (0%)	0 (0%)	<0.001
Evolution and outcome			
Myositis ^d	143 (82%)	18 (38%)	<0.001
ILD ^d	137 (78%)	46 (98%)	0.005

Last Follow-Up Characteristics	Anti-Jo-1 ARS (n = 593)	Anti-PL-7 ARS (n= 95)	Anti-PL-12 ARS (n = 84)	Anti-EJ ARS (n = 38)	Anti-OJ ARS (n= 18)	Test; p-Value; df
Interstitial Lung Disease (%)	486 (82.0)	73 (76.8)	70 (83.3)	34 (89.5)	11 (61.1)	$\chi^2 = 8.16$; 0.086; 4
Acute onset (%)	179 (37.3)	28 (38.9)	34 (48.6)	21 (63.6)	4 (36.4)	Fisher exact test $p < 0.001$
Chronic onset (%)	201 (41.9)	32 (44.4)	28 (40.0)	11 (33.3)	6 (54.6)	
Asymptomatic onset (%)	100 (20.8)	12 (16.7)	8 (11.4)	1 (3.0)	1 (9.1)	
comparison vs Anti-Jo-1 ARS	reference	0.713	0.09	* $p = 0.003$	$p = 0.623$	

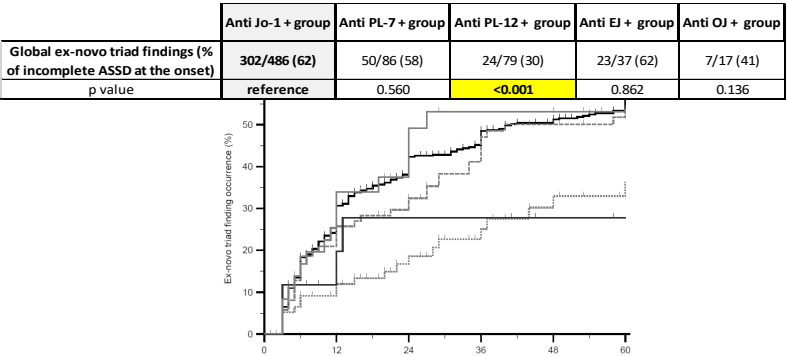
828 pts
No substantial differences in ILD
prevalence

Cavagna L, et al. J Clin Med 2019

Influence of Antisynthetase Antibodies Specificities on Antisynthetase Syndrome Clinical Spectrum Time Course

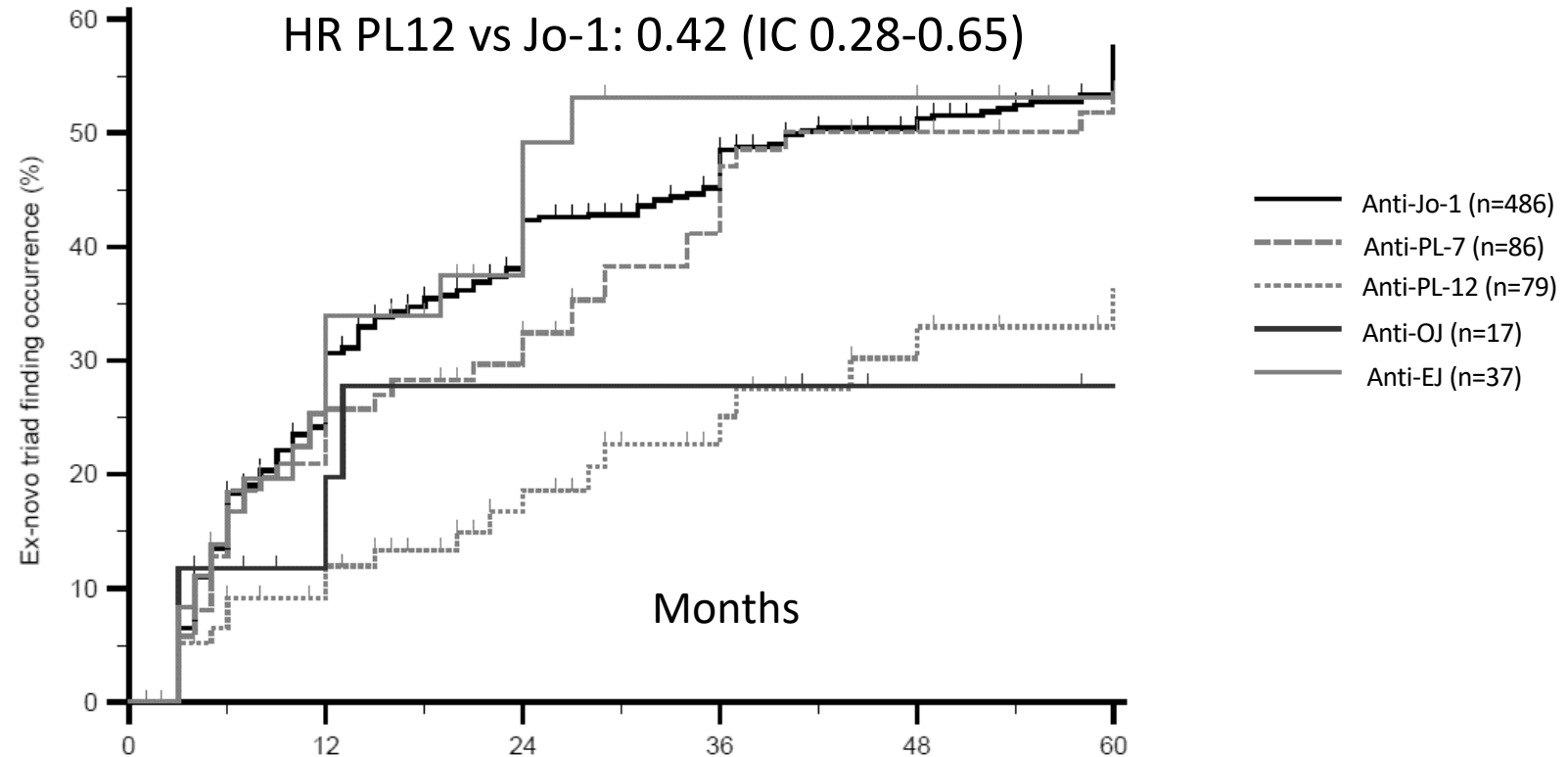


- Isolated ILD at onset is more common in non-anti-Jo1 ASSD
- Other disease manifestations eventually occur during the disease course
- Anti-PL12 seems to remain more frequently associated with isolated ILD



Is the trend to progression independent to underlying ARS specificity?

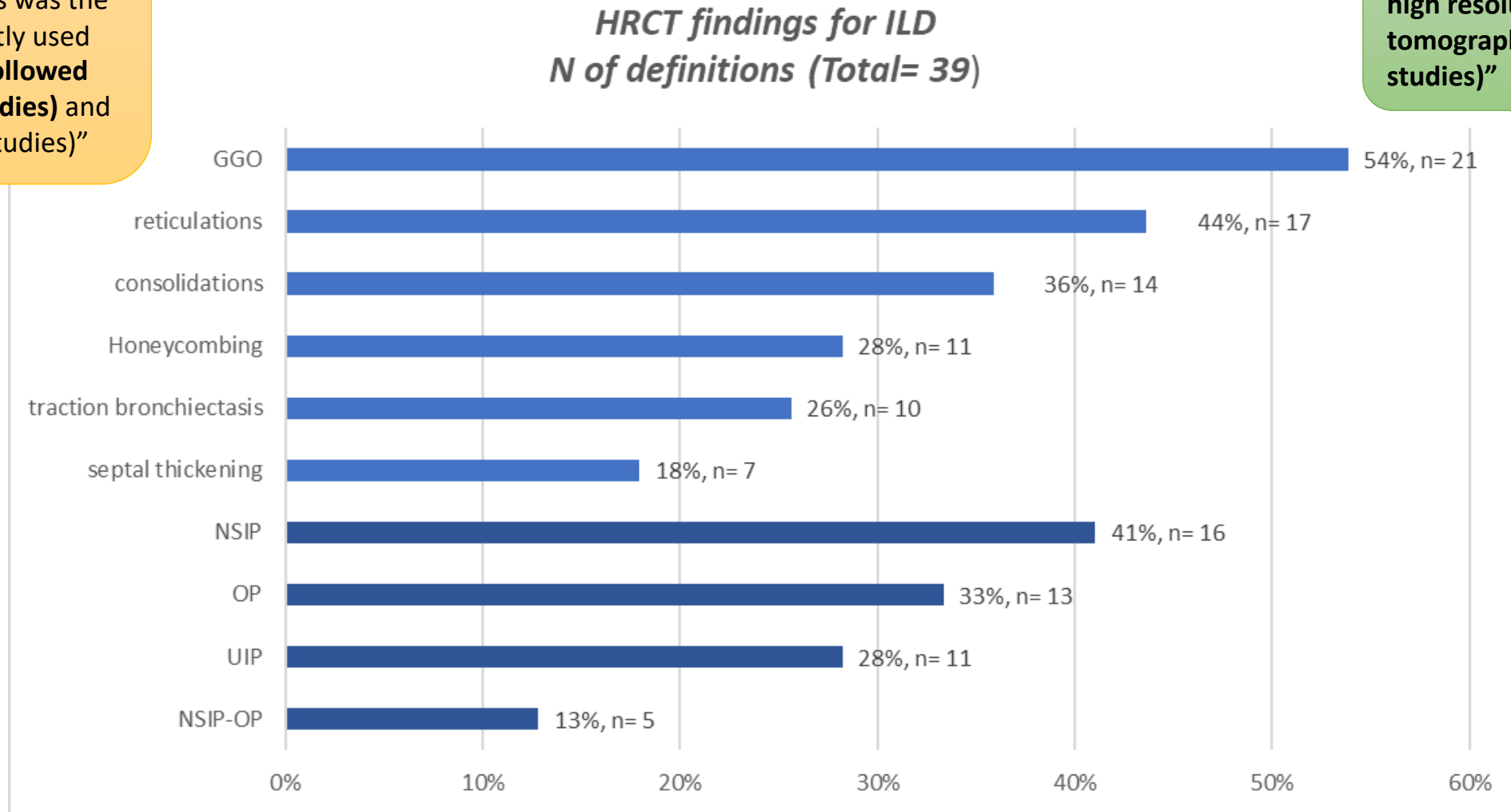
	Anti Jo-1 + group	Anti PL-7 + group	Anti PL-12 + group	Anti EJ + group	Anti OJ + group
Global ex-novo triad findings (% of incomplete ASSD at the onset)	302/486 (62)	50/86 (58)	24/79 (30)	23/37 (62)	7/17 (41)
p value	reference	0.560	<0.001	0.862	0.136



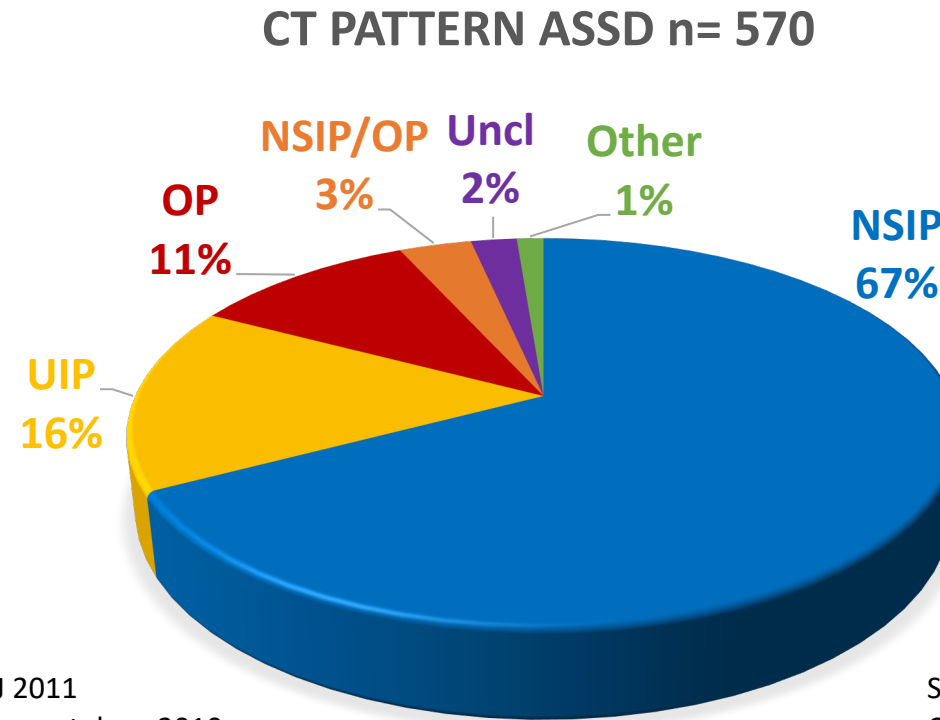
What are the features of ASSD-ILD?

“Among the features of the clinical triad of ASSD, myositis was the most frequently used (64 studies) **followed by ILD (49 studies)** and arthritis (26 studies)”

“ILD was mainly defined by high resolution computed tomography (HRCT) (39/49 studies)”



What are the features of ASSD-ILD?

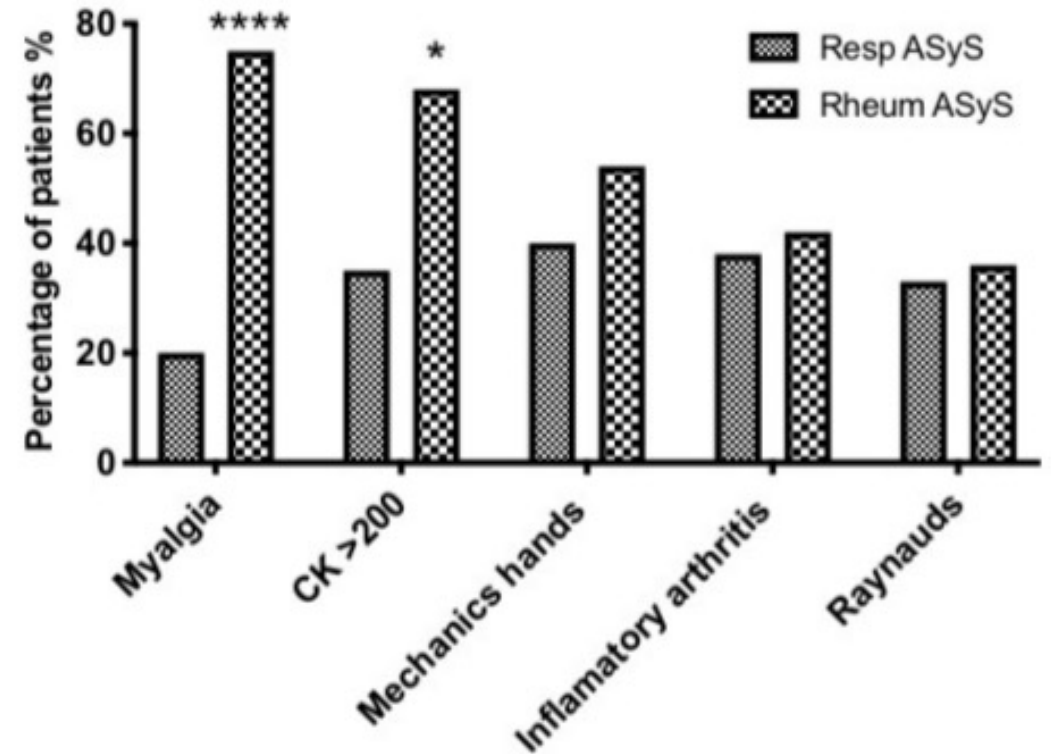


Hervier B et al, ERJ 2011
Hervier B et al, Rheumatology 2010
Lega et al, jrheum 2010
Shi et al, jrheum 2018
Yousem et al, Mod Pathol 2010
Yousem et al, Hum Pathol 2014
Kalluri et al, Chest 2009
Marie et al, Arthritis Care Res 2013
Sasano et al, BMC Pulmonary Medicine 2016
Marie et al, Presse Med. 2013
Schneider et al, Arch Pathol Lab Med. 2018

Schneider F, et al. J Clin Pathol 2014
Carrasco Cubero et al, Ann Rheum Dis 2018
Hervier et al, Autoimmun Rev 2012
Hervier et al, Autoimmun Rev 2012
Marie et al, Eur J Intern Med 2013
Fischer et al, Respir Med. 2009
Fischer et al, Respir Med. 2009
Stanciu et al, J Rheumatol 2012
Karadimitrakakis S, et al. Eur J Radiol 2008
Zamora et al, Respir Med 2016

What are the ASSD-ILD features? vs IPF

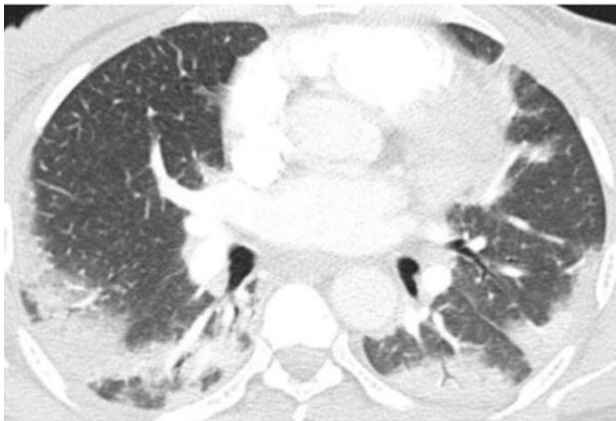
Parameter	ASSD n=76	IPF n=78	P value
Age years (IQR)	57 (47-65)	77 (73-82)	<0,001
Male n(%)	33 (43%)	52 (67%)	0,006
Ex smoker	25 (33%)	46 (59%)	0,004
ANA positivity	16 (23%)	26 (39%)	0,038
ANA Cytoplasmic	29 (71%)	0	<0,001
FVC actual (L) (IQR)	2,53 (1,8-3,1)	2,76 (2-3,2)	ns
FVC % predicted	73 (63-84)	87 (74-97)	0,0002
Definite UIP	4 (5%)	47 (60%)	-
Probable UIP	0	26 (33%)	-
cNSIP	14 (18%)	0	-
fNSIP	24 (32%)	0	-
OP	13 (17%)	0	-
NSIP/OP	17 (22%)	0	-



What are the ASSD-ILD features? vs other IIMs

Characteristic	Cluster 1 (n=21)	Cluster 2 (n=39)	Cluster 3 (n=34)	p value
Consolidations (all types)	20 (95.2)	7 (17.9)	13 (38.2)	<0.001*
Reticular pattern	1 (4.8)	15 (38.5)	9 (26.5)	<0.001*
Cysts (all types)	1 (4.8)	0	34 (100)	<0.001*
ASyS autoAbs (anti-PL7, anti-PL12, or anti-Jo1)	6 (28.6)	22 (56.4)	26 (76.5)	0.002*
Anti-MDA5	12 (57.1)	2 (5.1)	2 (5.9)	0.001*
Anti-SRP	0	8 (20.5)	5 (14.7)	0.058
MSA-negative or other	3 (14.3)	7 (17.9)	1 (2.9)	0.089

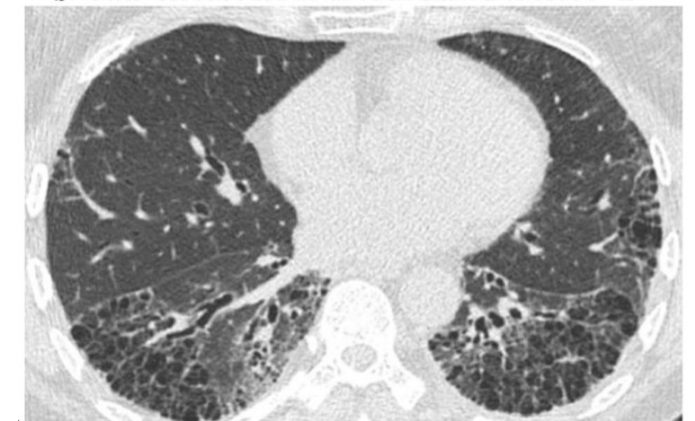
No differences in ARS
positivity between
cluster 2 and 3



Cluster1= consolidations (anti-MDA5)
IIM diagnosis delay= 940 days



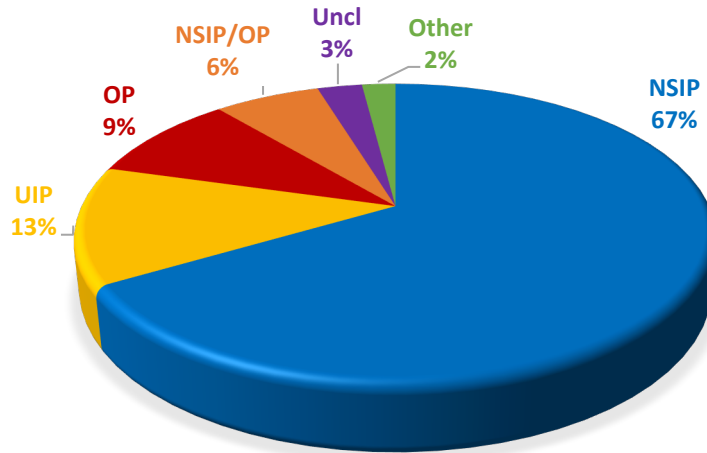
Cluster 2= Reticular pattern (ASSD)
IIM diagnosis delay= 2009 days



Cluster 3= microcysts (ASSD)
IIM diagnosis delay= 3964 days

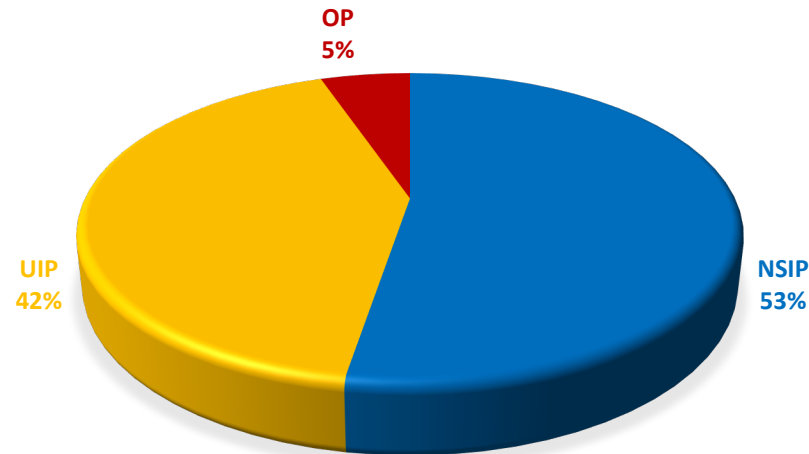
Does ILD pattern depend on ARS-specificity?

ANTI JO-1 (n= 299)



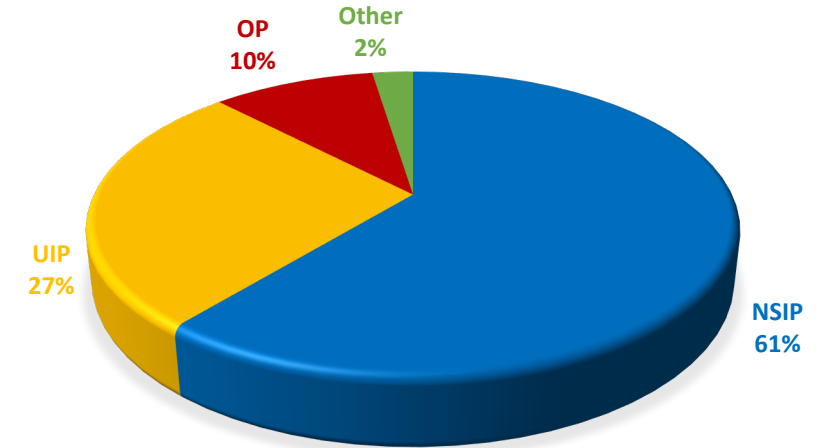
Yousem et al, Mod Pathol 2010
 Marie et al, Arthritis Care Res 2013
 Carrasco Cubero et al, Ann Rheum Dis 2018
 Hervier et al, Autoimmun Rev 2012
 Stanciu et al, J Rheumatol 2012
 Karadimitrakis S, et al. Eur J Radiol 2008
 Zamora et al, Respir Med 2016

ANTI PL-12 (n= 57)



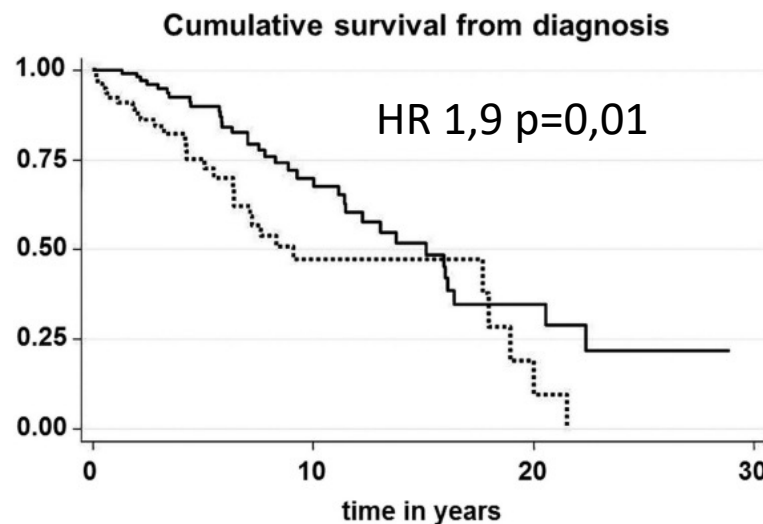
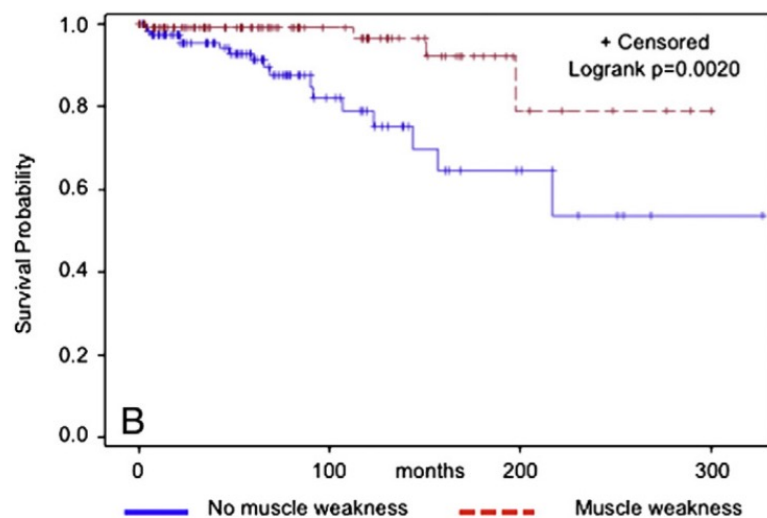
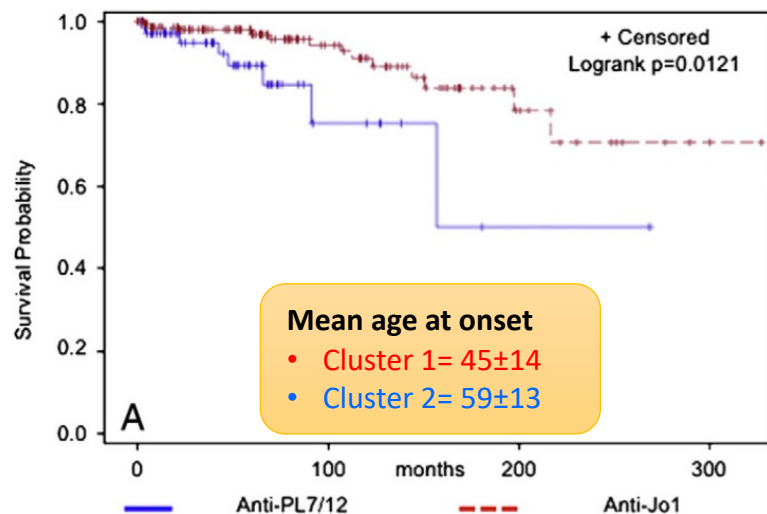
Hervier B et al, Rheumatology 2010
 Kalluri et al, Chest 2009
 Marie et al, Presse Med. 2013
 Schneider et al, Arch Pathol Lab Med. 2018
 Fischer et al, Respir Med. 2009

ANTI PL-7 (n= 41)

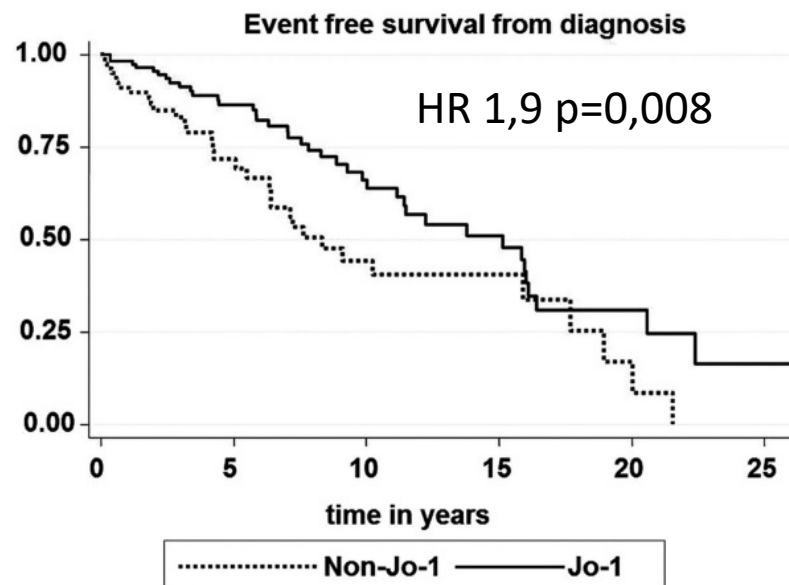


Hervier B et al, ERJ 2011
 Yousem et al, Hum Pathol 2014
 Marie et al, Eur J Intern Med 2013
 Fischer et al, Respir Med. 2009

Is the prognosis influenced by underlying ARS positivity?

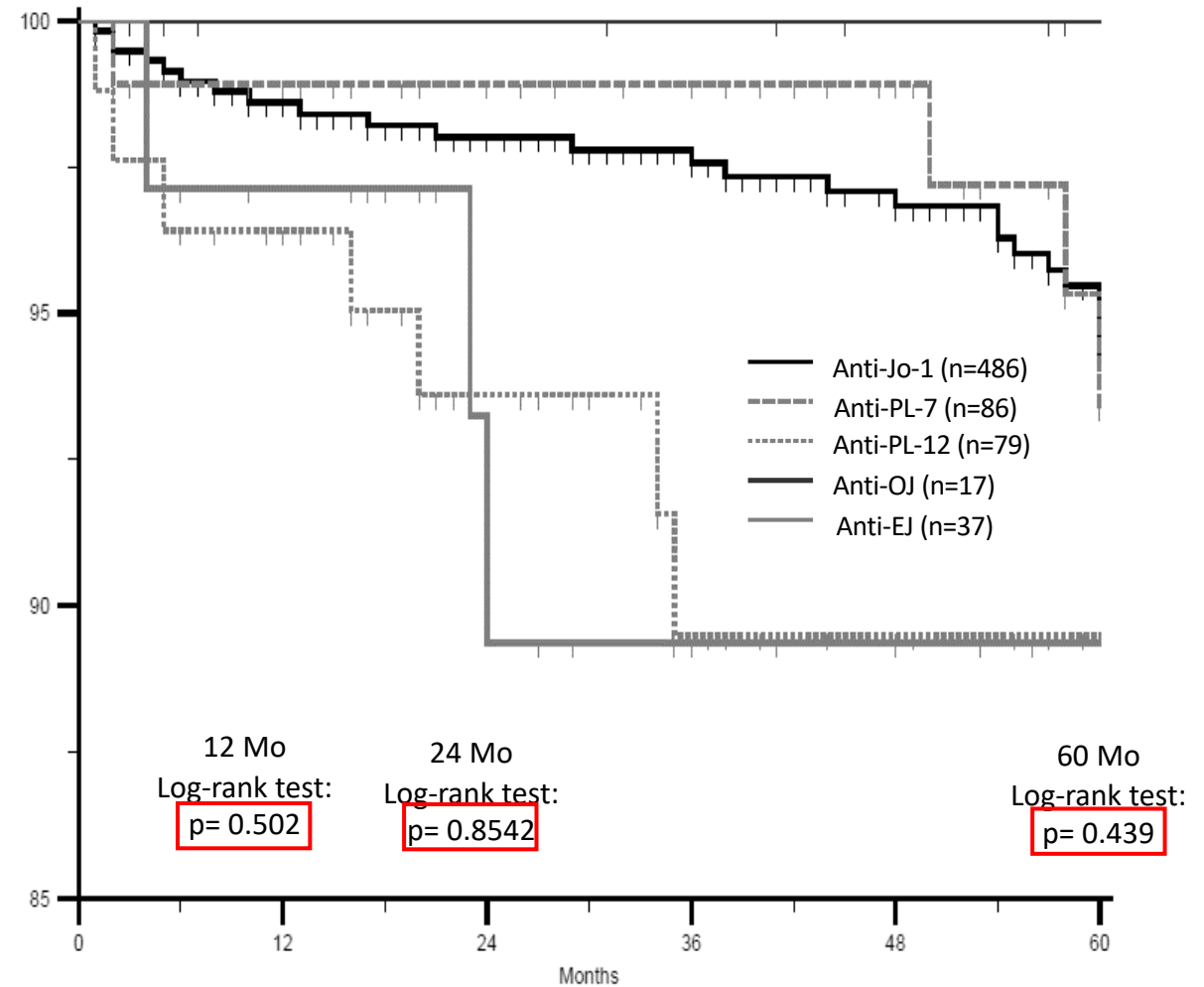
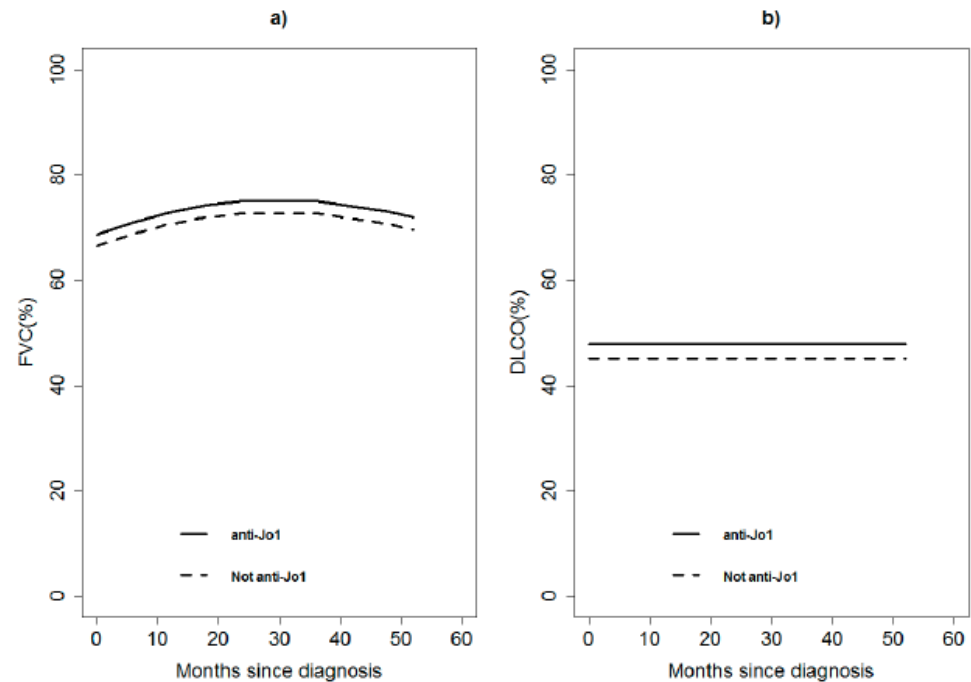


The 5- and 10-year unadjusted cumulative survival was 90% and 70% for Jo-1 patients, and 75% and 47% for non Jo-1 patients ($p<0.005$).



There was a significant ($p<0.001$) difference in the median time from the first CTD symptom until diagnosis (diagnostic delay) between Jo-1 (median 0.4 years) versus non-Jo-1 patients (median 1 year)

Is the prognosis influenced by underlying ARS positivity?



Treatment

Therapy

- GCs are the mainstay of the treatment
- High frequency of relapse for GC alone
- Data for IS drugs based on observational studies (case series or small cohorts)
- Sub-analysis of the RIM trial: better muscular efficacy of RTX on ARS+ patients (IMACS)
- Patients with anti-Jo1 and anti-Ro52 antibodies show better response to RTX

Table 1. Available treatments and their area of effectiveness

	Myositis	Interstitial lung disease	Joints	Skin	Dosage
Corticosteroids	◇	◇	◇	●	1–2 mg/kg/day or I.V. bolus (1 g/day for 3 days)
Calcineurin inhibitors	◇	◇	◇	●*	Cys 3 mg/kg/day; Tac initially 1 mg twice daily titrated until blood levels of 5–20 ng/ml
Cyclophosphamide	◇	◇		●	IV pulses 0.3–1.5 g/m ² or 10–15 mg/kg at weekly to monthly intervals for 6–12 months
Mycophenolate	●	◇		●	2–3 g/day
Rituximab	◇	◇	◇	●	1 g IV at day 0 and 14, then after 6 months
Methotrexate	◇		§		7,5–25 mg/week
Azathioprine	◇	●			1–3 mg/Kg/day
Hydroxychloroquine				●	200–400 mg/day
Intravenous Immunoglobulins	◇	◇		●	2 g/Kg over 2 to 5 days repeated every 4–8 weeks according to clinical response
Legend. not supporting data. ● currently used with data on polymyositis/dermatomyositis. ◇ currently used with data on ASSD. * topical formulation § commonly used with data on other forms of arthritis (e.g., RA).					

Aggarwal R et al, Arthritis Rheumatol 2014;66:740–9
 Zanframundo G et al, Curr Treat Options in Rheum 2019
 Bauhammer J et al, J Rheumatol. 2016

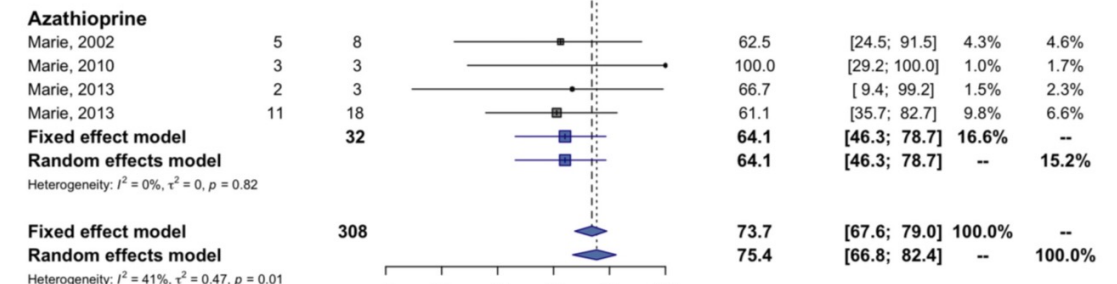
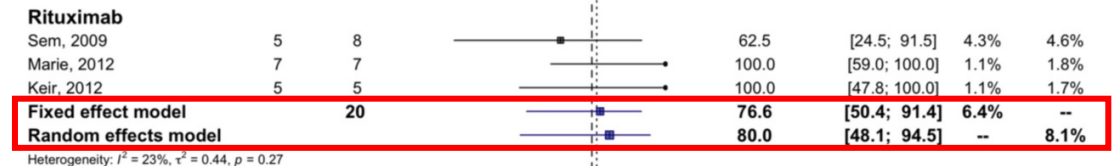
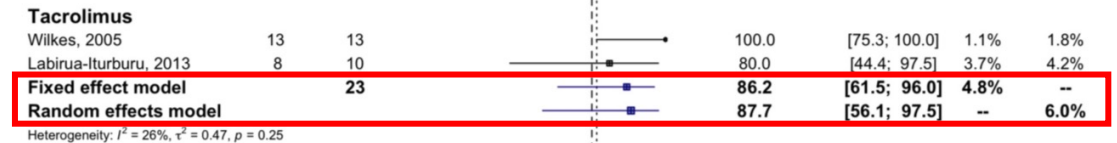
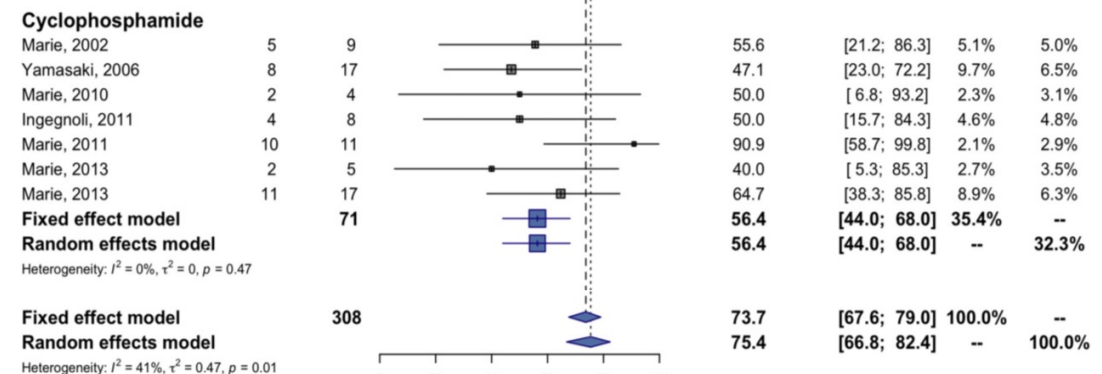
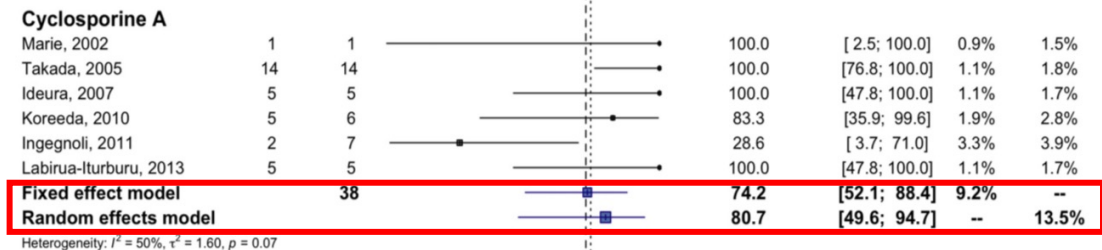
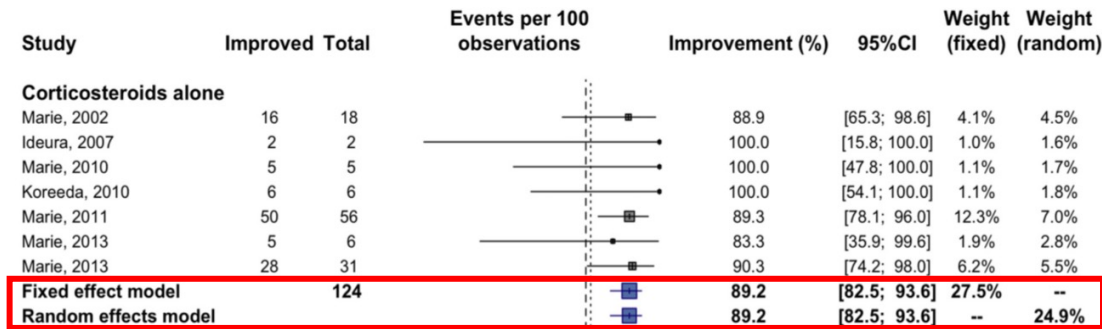
Treatment of idiopathic inflammatory myositis associated interstitial lung disease: A systematic review and meta-analysis

27 studi

553 pazienti

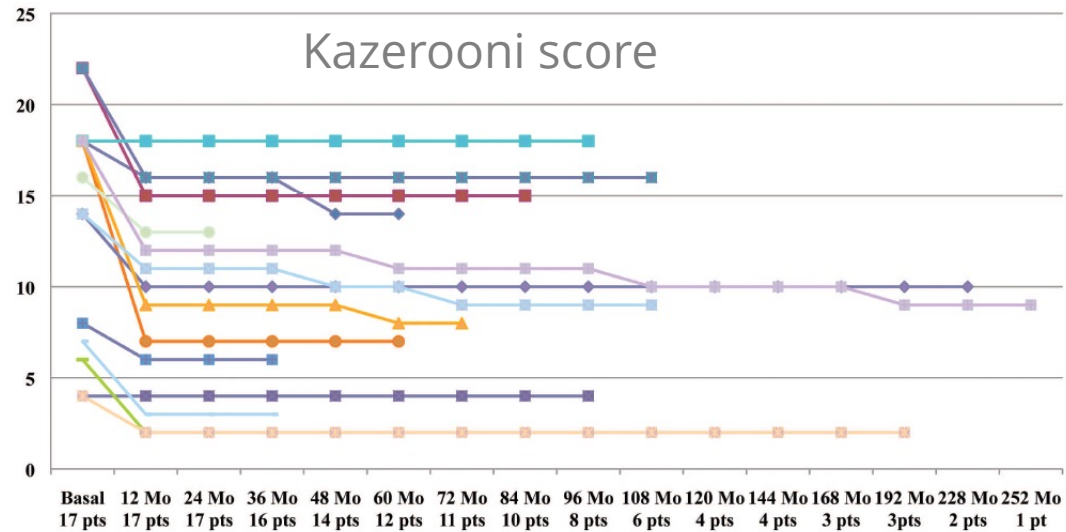
- 40% Dermatomiositi
- 45% ASSD

Overall improvement of C-ILD= 89%



Cyclosporine in Anti-Jo1

n= 17

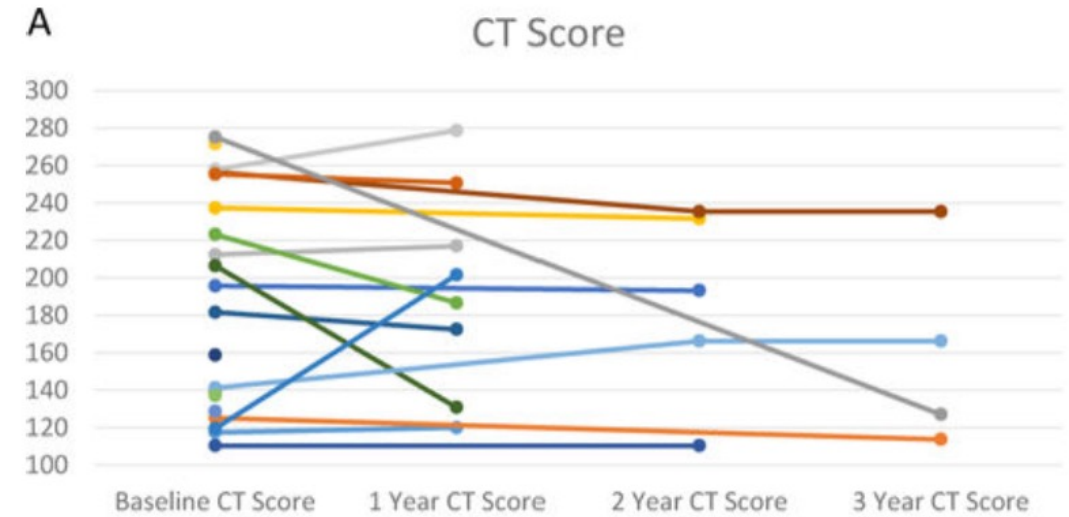


	Basal		6 Mo. CYC		12 Mo. CYC		24 Mo. CYC	
	FVC	DLCO	FVC	DLCO	FVC	DLCO	FVC	DLCO
Mean	65	55	71	60	75	63	76	63
SD	14	12	13	14	12	16	12	16
Median	60	60	70	65	75	66	78	68
IQR	56–70	50–62.75	61–80	55–68	67–85	57.25–72.25	70–87	57–72
No. patients	17		17		17		17	

vs

Rituximab in ASSD

n= 25

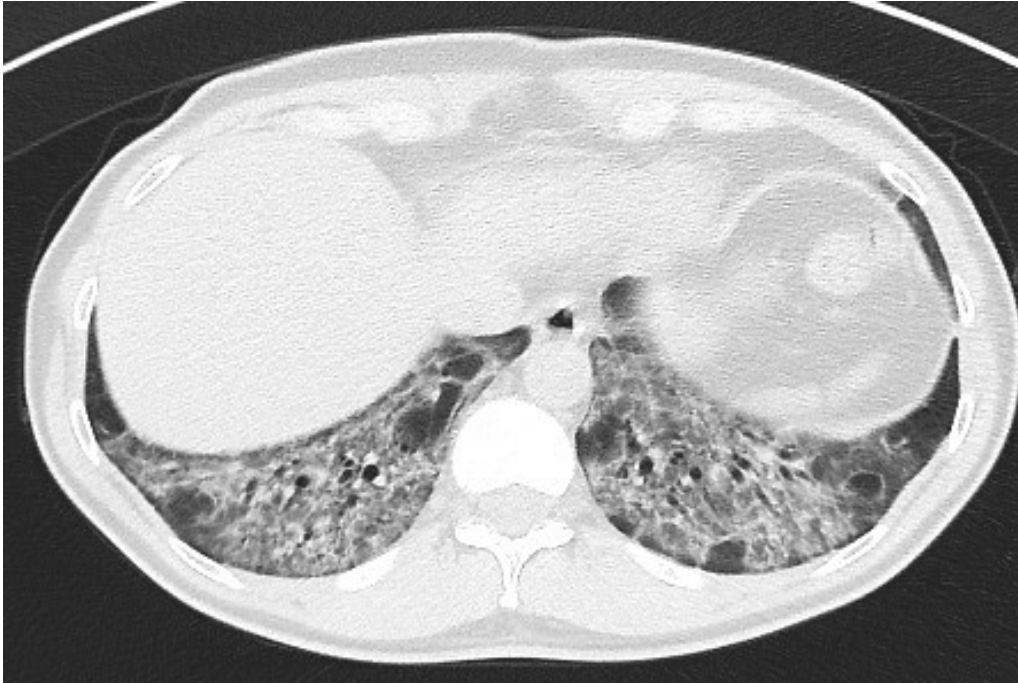


	Baseline	1 Year Follow-up	2 Year Follow-up	3 Year Follow-up
FVC%	57 ± 17 n=22	60 ± 20 n=19	65 ± 22 n=12	82 ± 20 n=7
DLCO%	42 ± 17 n=19	36 ± 16 n=17	53 ± 26 n=9	70 ± 20 n=4

Uomo, 49 anni

Esordio con dispnea, non artrite, non debolezza muscolare

ANA citoplasmatici, anti-Jo1+



12 MESI



Ciclosporina 3 mg/Kg/die
Prednisone 25 mg/die a scalare

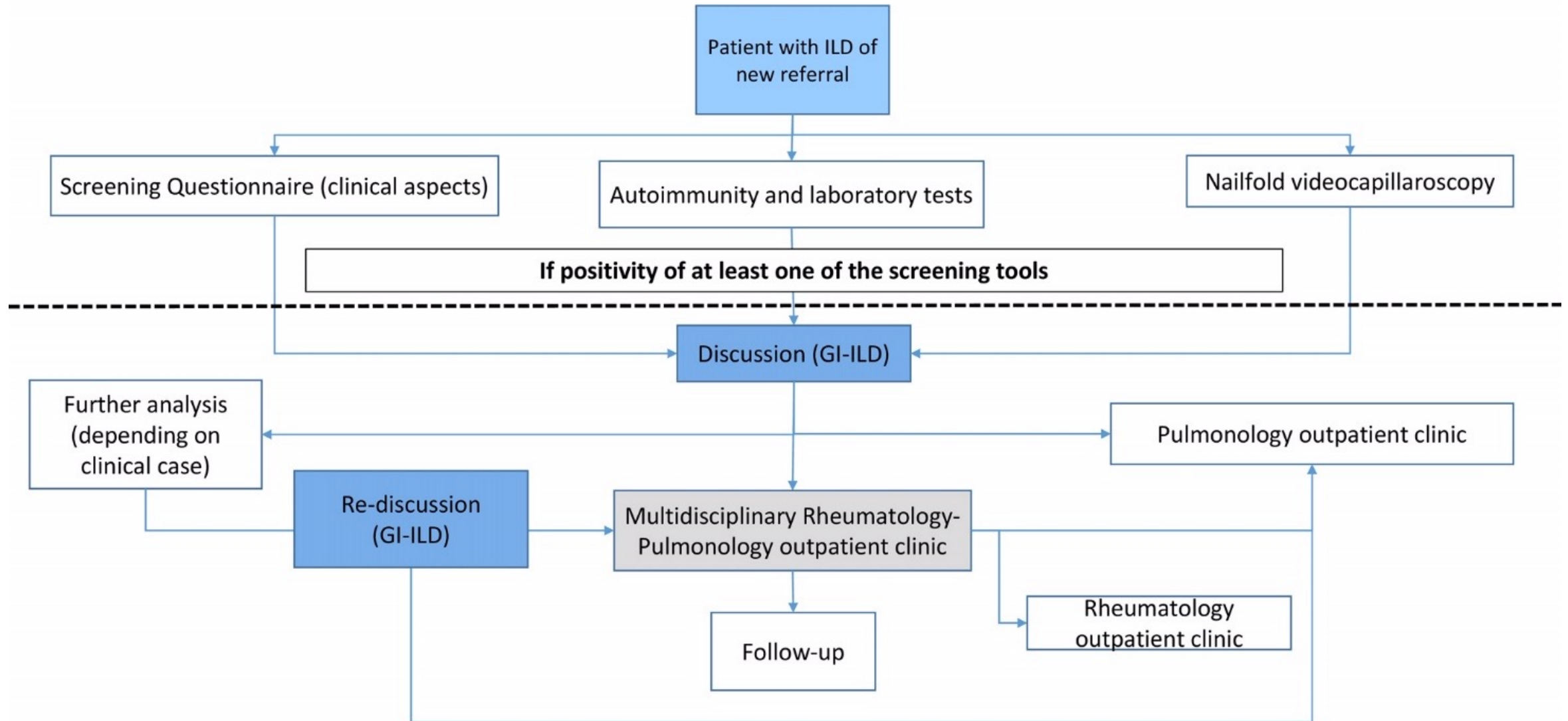
Ciclosporina 3 mg/Kg/die

The problem of (progressive) lung fibrosing disease



CTD-ILD outpatients clinic: 16 patients on nintedanib right now

Pavia's ILD Multidisciplinary team



Key points

- ✓ Antisynthetase syndrome is to be considered a unique entity
 - ✓ About 80% of ASSD will eventually develop ILD
 - ✓ NSIP is the most common pattern at HRCT, but also UIP and OP have been described in ASSD
 - ✓ Isolated triad finding onset is very common (arthritis -> anti-Jo1, myositis -> anti-PL7/OJ, ILD -> anti-PL12/EJ)
 - ✓ A prompt diagnosis of ASSD may sensibly improve the prognosis
-
- Every patients presenting with ILD should be assessed for antisynthetase antibodies
 - ☐ Cytoplasmic ANA
 - ☐ Nailfold capillaroscopy
 - ☐ Anti-Ro52

CLASS (an EULAR/ACR funded) project

Classification criteria for AntiSynthetase Syndrome

Principal Investigators:

Lorenzo Cavagna and Rohit Aggarwal

- Because ARS antibodies are not easily feasible worldwide
- Because we are not able to identify all ARS antibodies
- Because we do not know if an anti-Jo-1 positive patient with an isolated Raynaud's phenomenon could be diagnosed with ASSD
- Because some patients may have ARS without clinical manifestations of antisynthetase syndrome (eg, the 3% of SLE)
- etc,



The CTD team of Pavia

Prof Lorenzo Cavagna

Dr.ssa Veronica Codullo

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Dr.ssa Alessandra Milanesi

Dr. Fabio Brandolino

Dr. Lorenzo Bianchessi

Dr.ssa Eleonora Mauric

Dr.ssa Alice Bartoletti

Dr.ssa Carlotta Di Giorgi

European Reference Network

for rare or low prevalence
complex diseases

Network

Connective Tissue
and Musculoskeletal
Diseases (ERN ReCONNET)

Member

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Policlinico San Matteo,
Pavia — Italia

