



PNEUMOMEDICINA 2022

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Strani noduli polmonari

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Anamnesi

- Donna di 79 anni
- BMI 25
- Non storia di tabagismo
- Non intolleranze farmacologiche
- Ha lavorato in maglieria
- Due gravidanze a termine
- Anamnesi familiare negativa (asma, atopia)

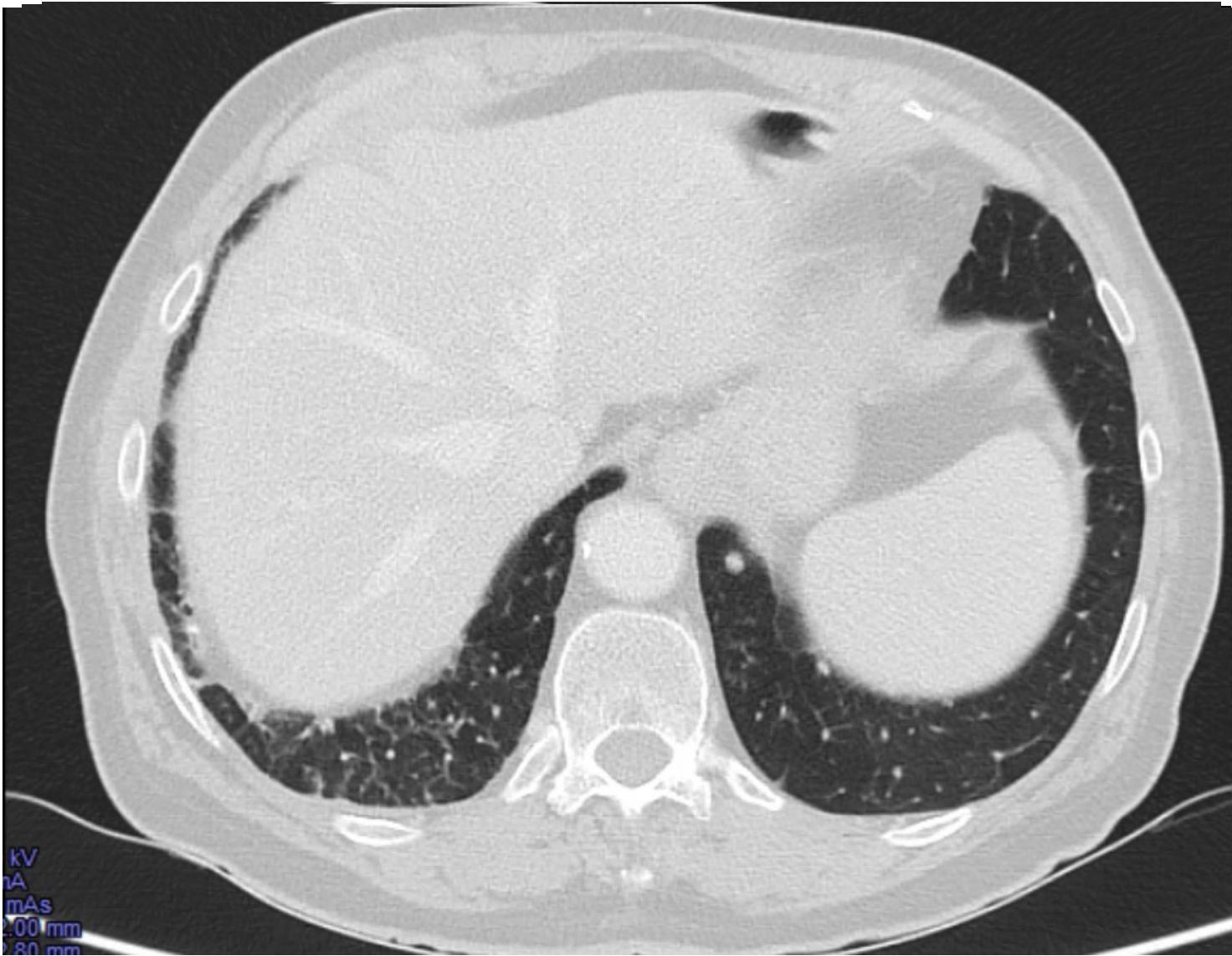
Anamnesi patologica remota

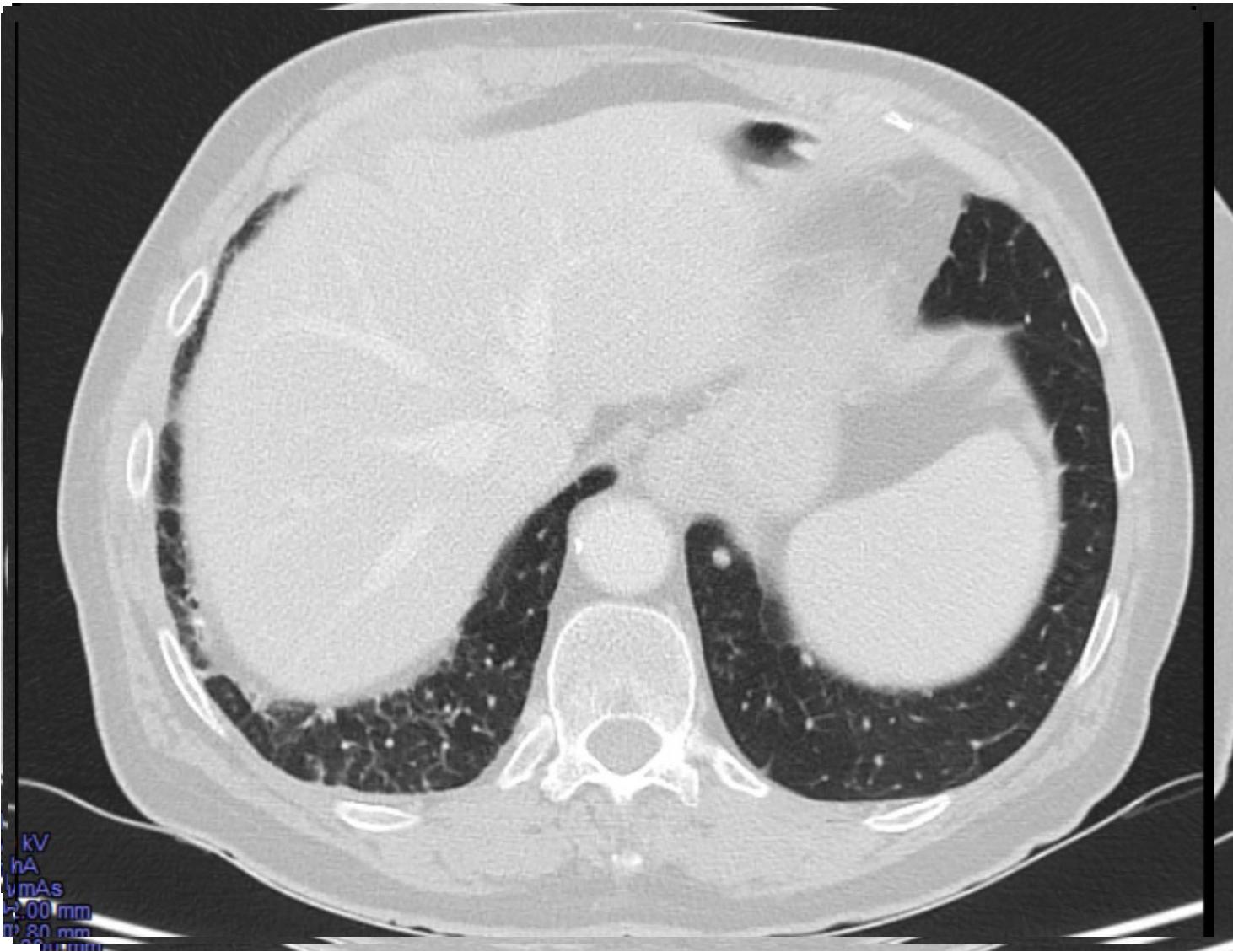
- Ipertensione arteriosa sistemica
- Osteoporosi
- Dislipidemia
- Emicrania
- Calcolosi della colecisti
- Isterectomia per fibromatosi
- Asma bronchiale

Anamnesi patologica prossima

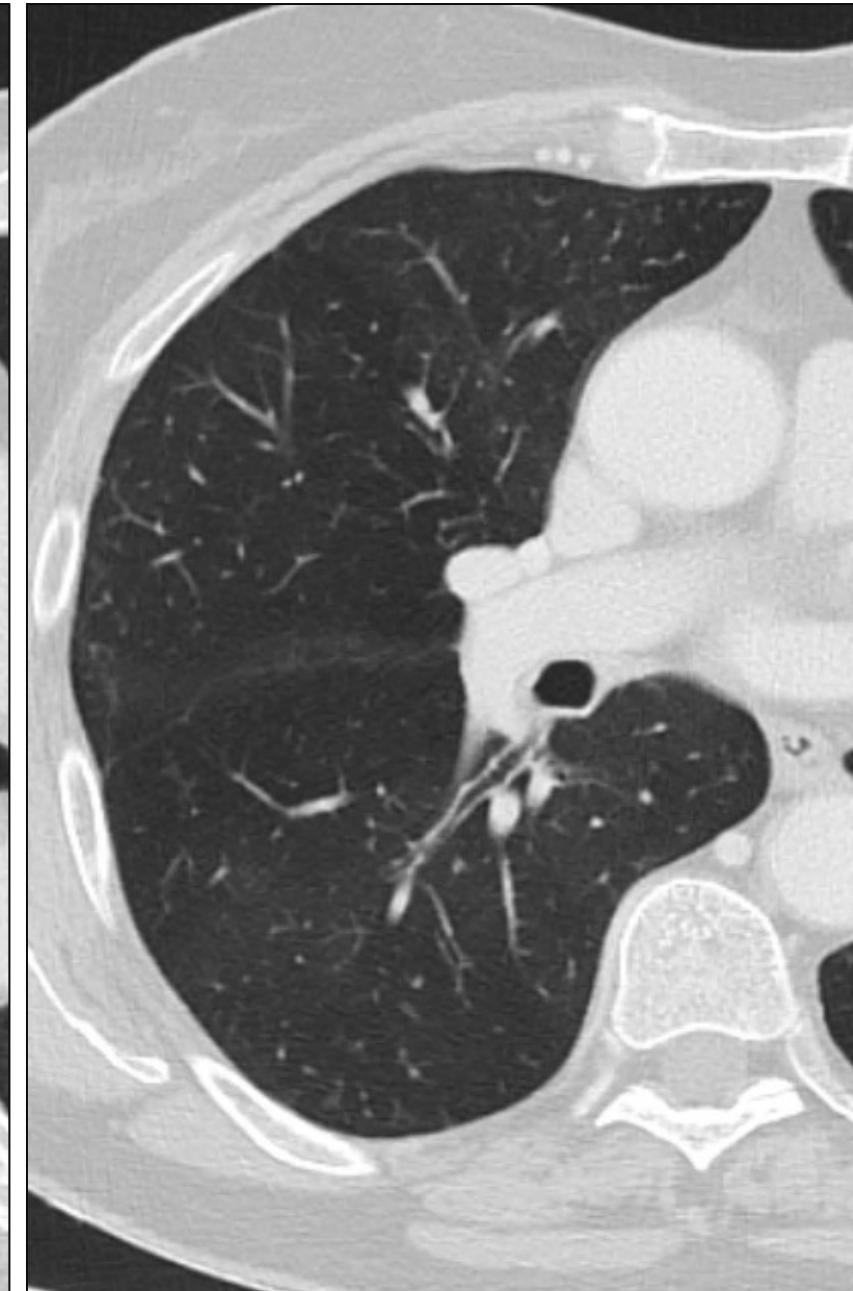
- Tosse cronica, secca, accessionale e dispnea per sforzi moderati-intensi
- PFR:
FEV1 0,91 - 68%
FVC 1,6 - 94%
Tiffenau 57
DLCO 17,5 - 80%
- Viene per un secondo parere (maggio2018)

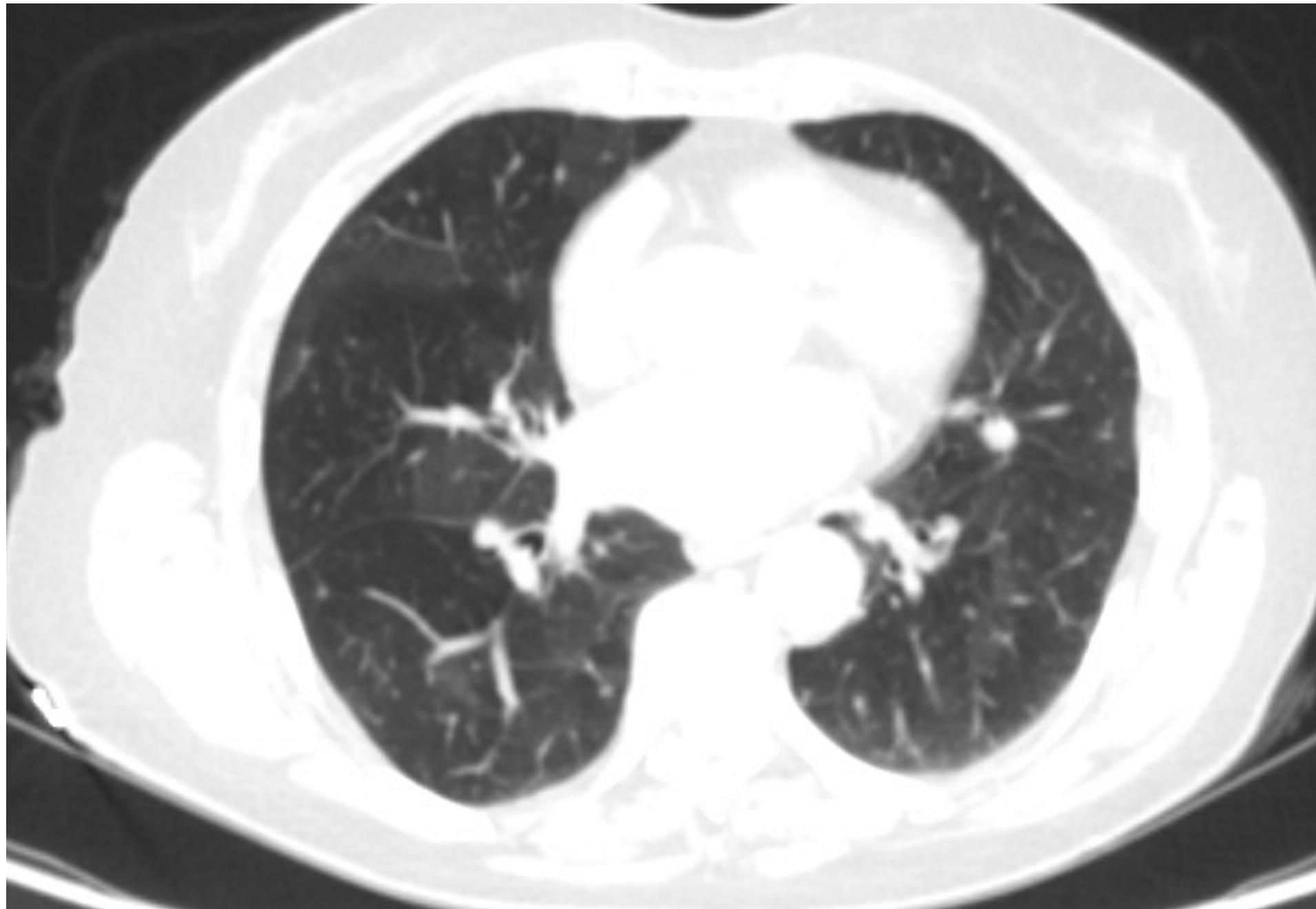
TC torace



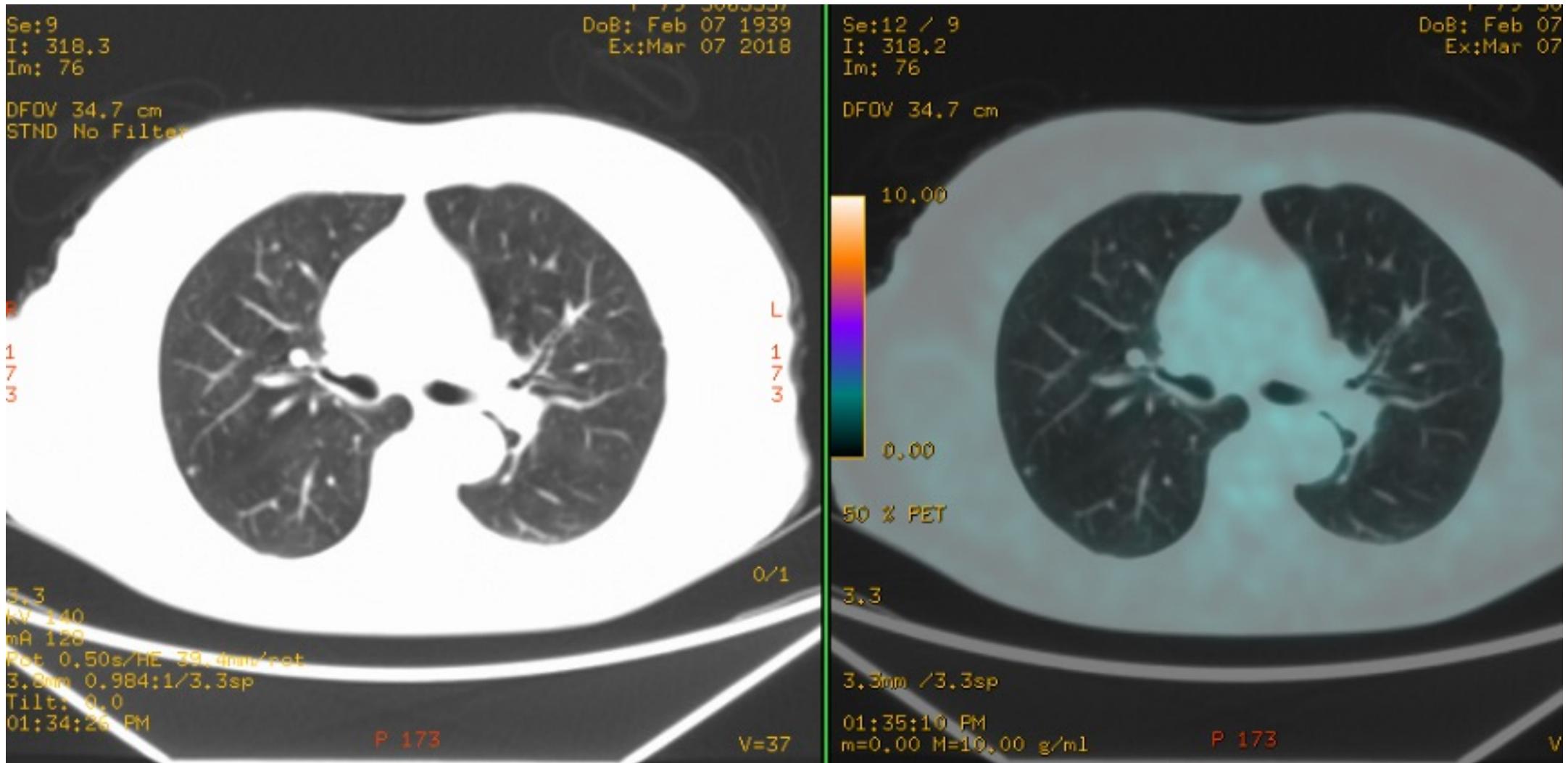


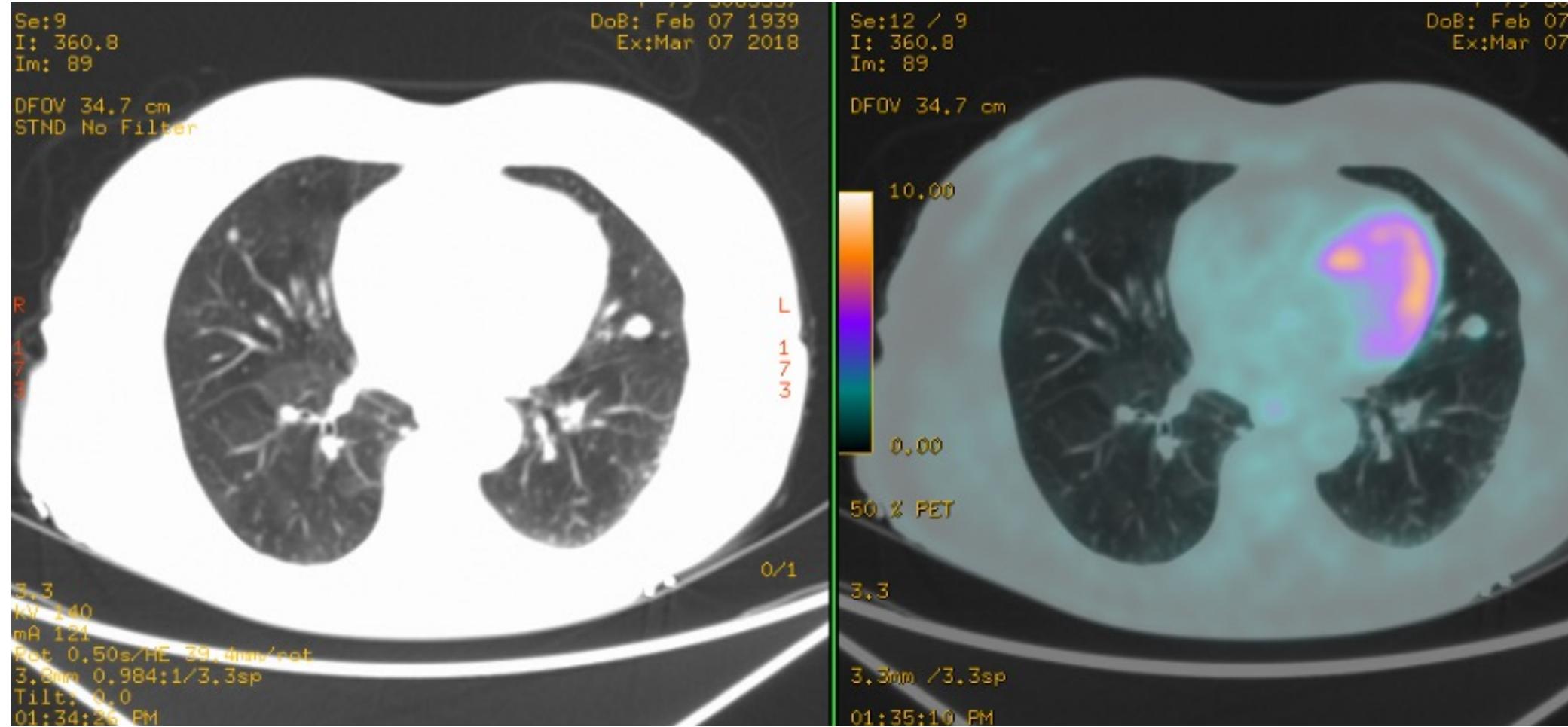
KV
mA
mAs
0.00 mm
0.80 mm
0.00 mm

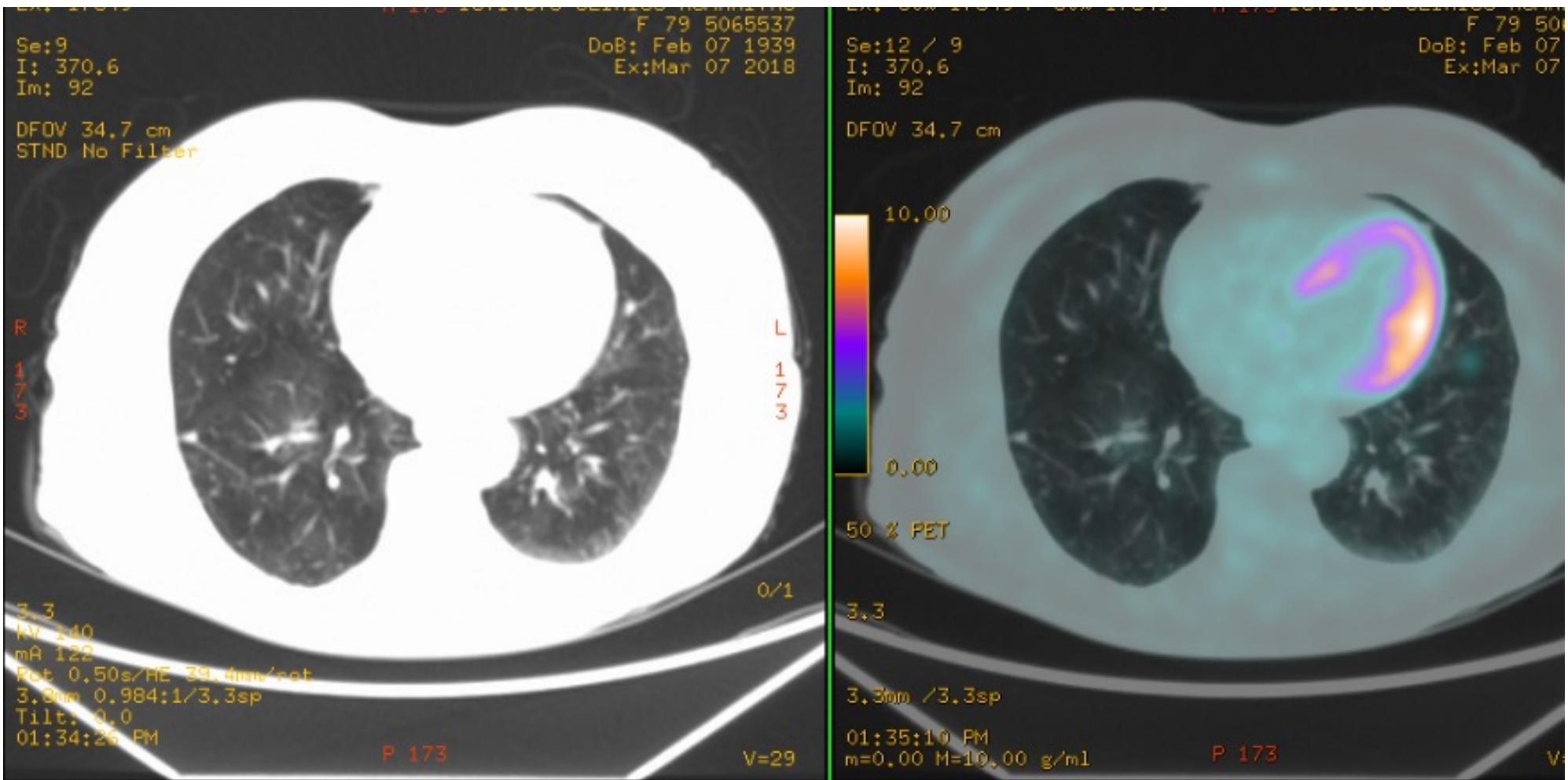


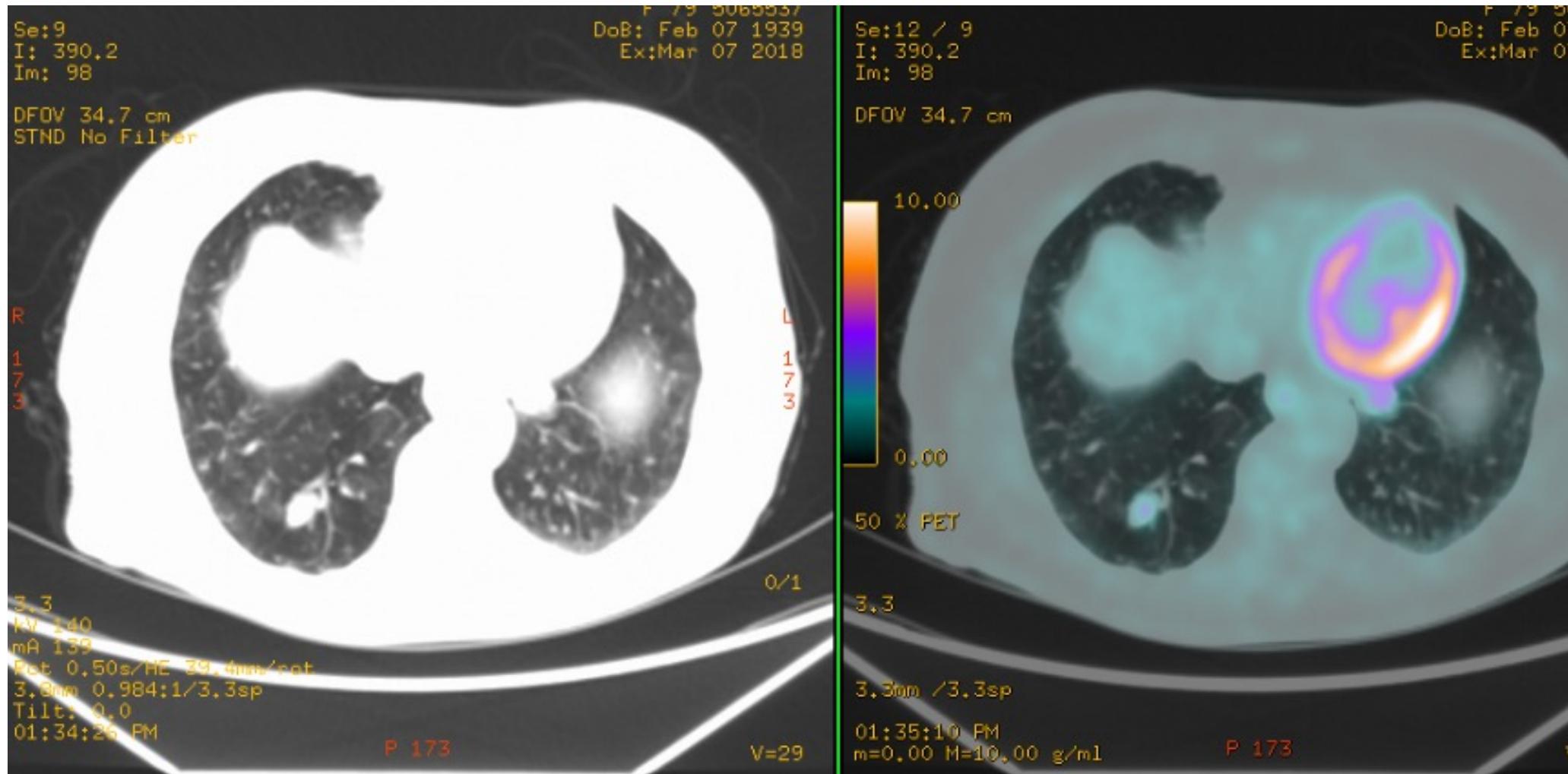


PET TB 18F-FDG









Se:9
I: 687.8
Im: 189

DFOV 34.7 cm
STND No Filter

R
1
7
3

3.3
KV 140
mA 207
Rot 0.50s/HE 39.4mm/rot
3.8mm 0.984:1/3.3sp
Tilt: 0.0
01:34:26 PM

P 173

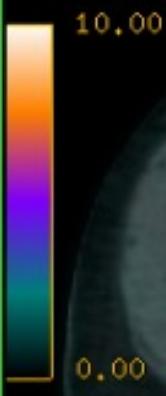
DoB: Feb 07 1939
Ex:Mar 07 2018

0/1

V=59

Se:12 / 9
I: 687.8
Im: 189

DFOV 34.7 cm



3.3
3.3mm /3.3sp
01:35:10 PM
m=0.00 M=10.00 g/ml

P 173

DoB: Feb 07
Ex:Mar 07

V=

Colonscopia



- LST-NG (lateral spreading tumor non granulare di 15 mm a livello del cieco)
- Voluminosa formazione polipoide di 45 mm a livello del sigma distale
- Mucosectomia + polipectomia
- Polipo del sigma sede di displasia di medio e alto grado, non cancerizzazione, margini indenni.
- Adenoma del cieco sede di displasia di basso grado



?

Revisione del caso

- Tosse secca da 20 anni (dal 1997) e lieve dispnea da sforzo
- Asma (dal 2001 Tp con beta2 agonista/steroide inalatorio + montelukast)
- PFR + DLCO nella norma (marzo 2007) FEV11,21 82%, TLC 4,29 11%, IT 70, DLCO 15, 90%)
- Nessun beneficio dalla terapia inalatoria e antileucotriene
- Mai eosinofilia né incremento delle IgE totali
- Prick test per inalanti negativi
- Mai wheezing né evidenza di broncospasmo all'EO
- Rx torace x 2 negative
- Visita ORL
- TC massiccio facciale: modesta sinusite mascellare sx
- Rx torace negativa
- *Test metacolina negativa (2008)*
- Terapia antireflusso
- EGDS (2002 e 2009 negative)

ASMA
?

Revisione del caso

- PFR lieve deficit ostruttivo (ottobre 2008)
- Irreversibilità al test di broncodilatazione farmacologica (FEV1 1,30 -> 1,40, 76% -> +8%)
- BPCO
- anticolinergico
- Non storia di tabagismo
- Non storia di infezioni respiratorie ricorrenti
- Rx torace 2017: noduli polmonari bilaterali

BPCO
?

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DIPNECH

Diffuse Idiopathic Pulmonary Neuroendocrine Cells Hyperplasia



ELSEVIER

Contents lists available at ScienceDirect

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journal homepage: www.clinicalradiologyonline.net

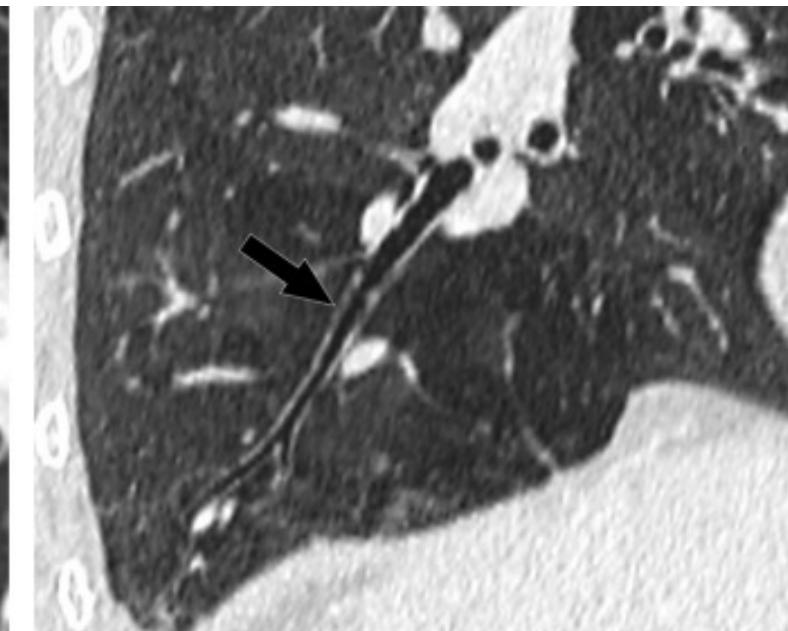
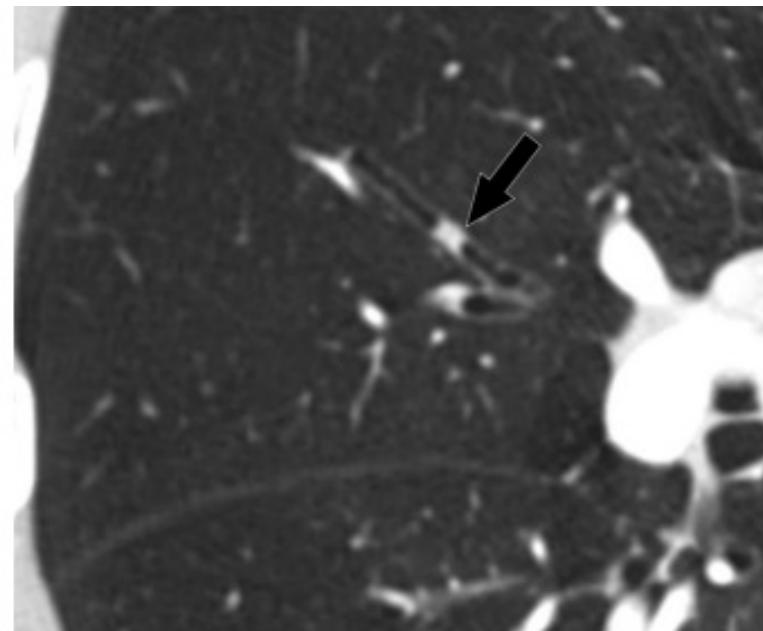
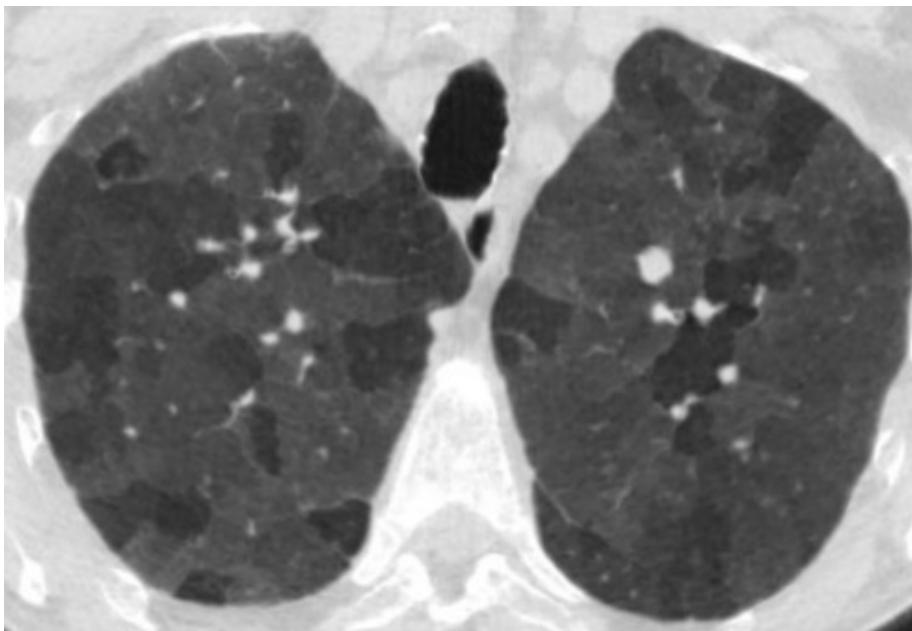


Pictorial Review

DIPNECH: when to suggest this diagnosis on CT



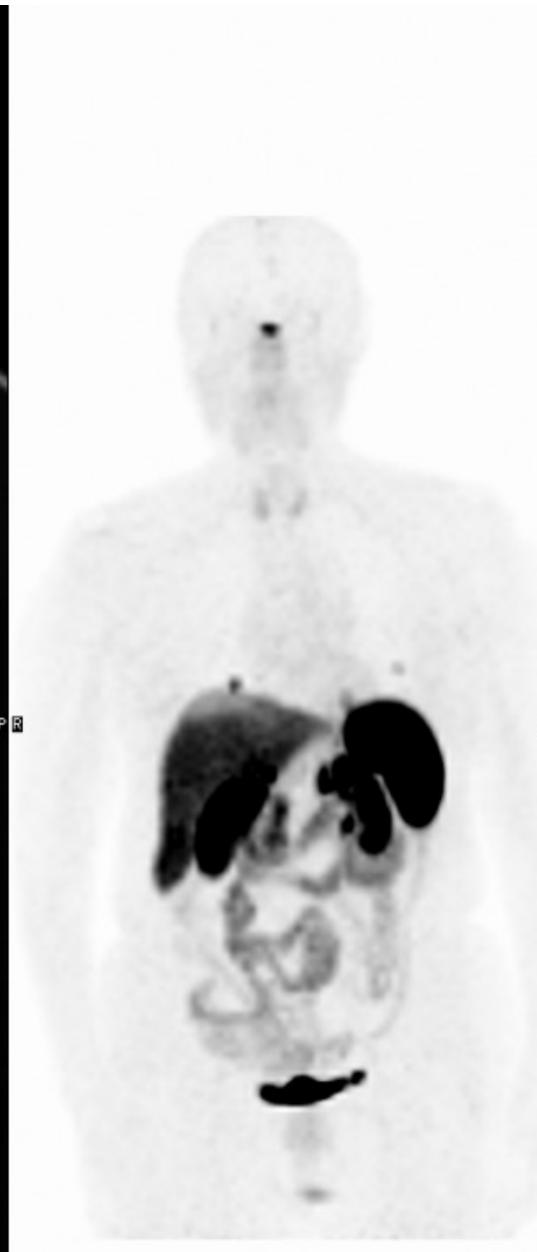
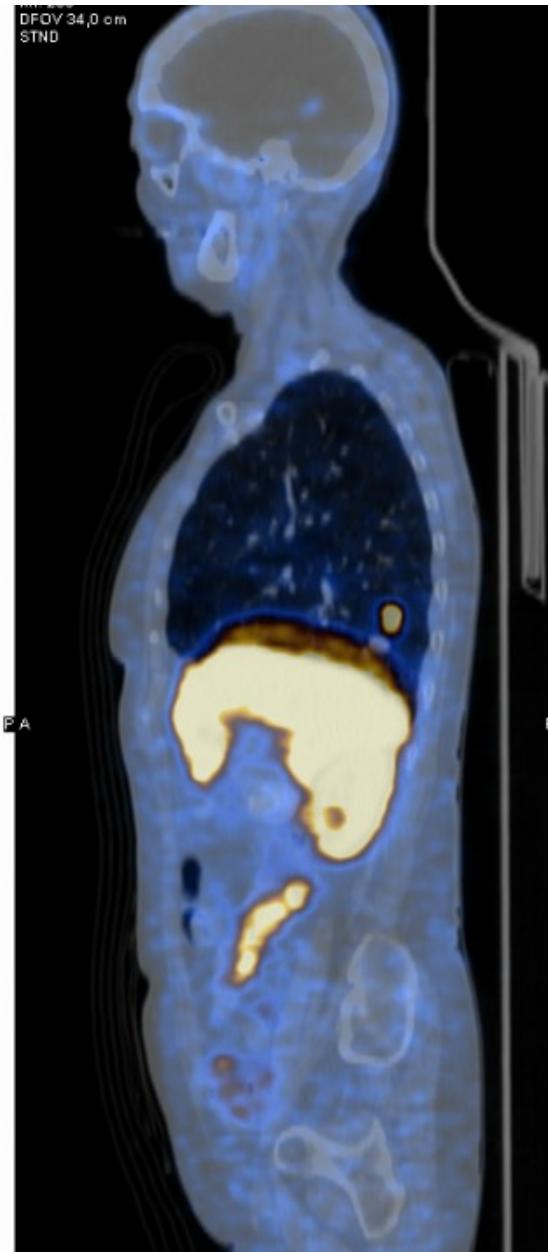
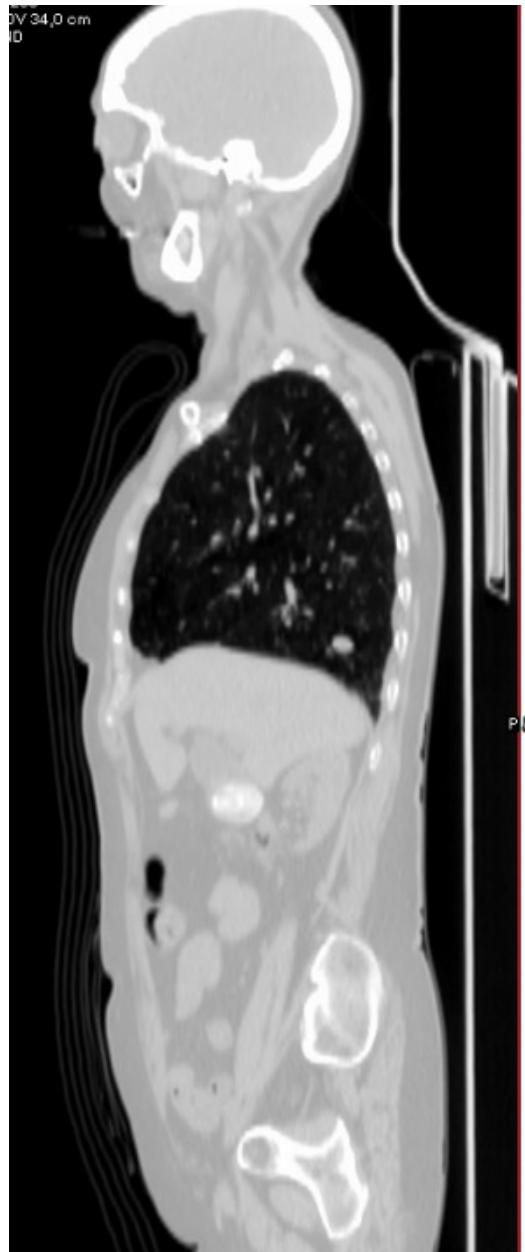
CrossMark

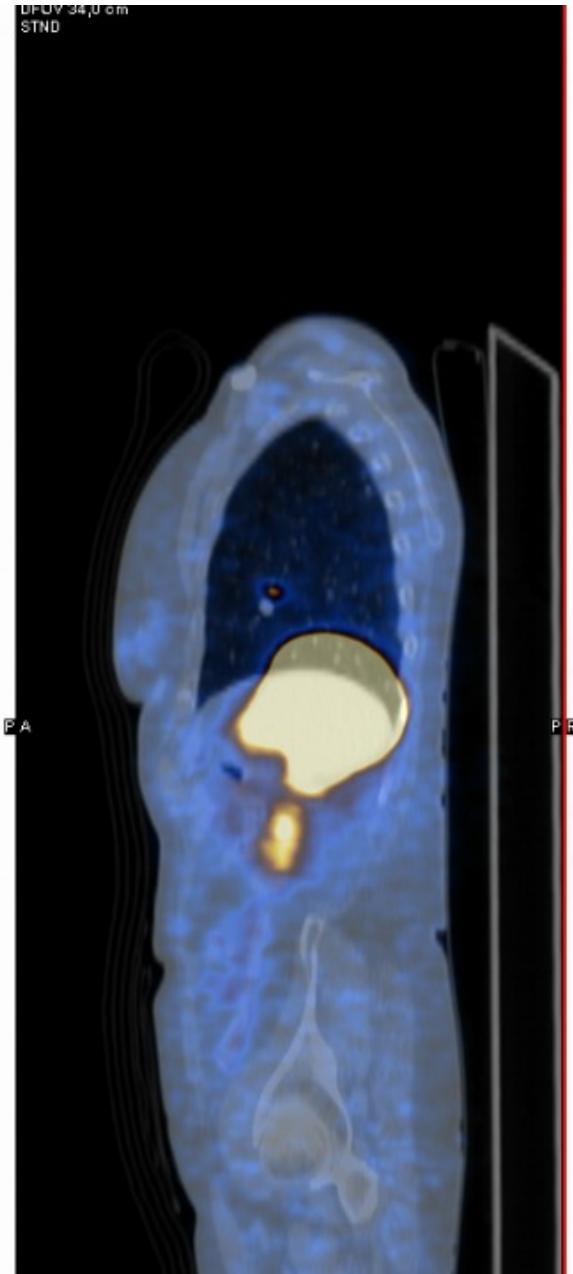
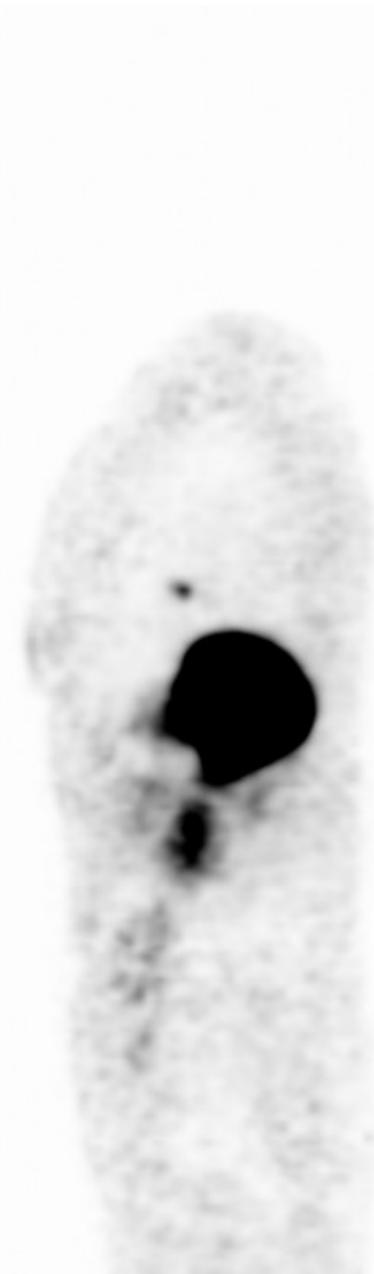
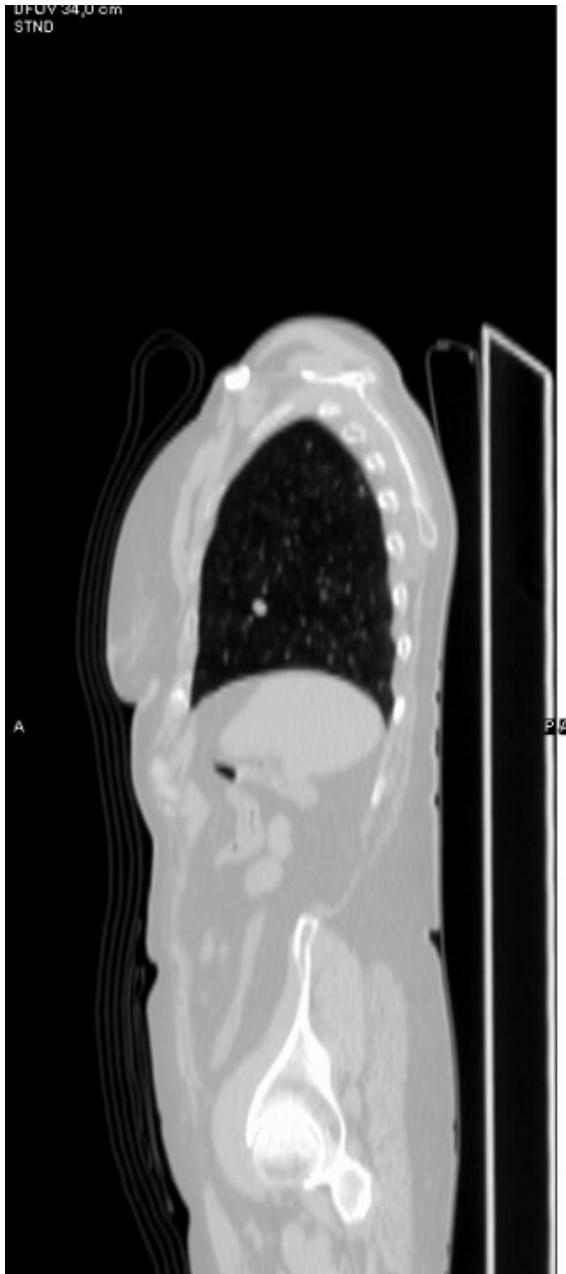


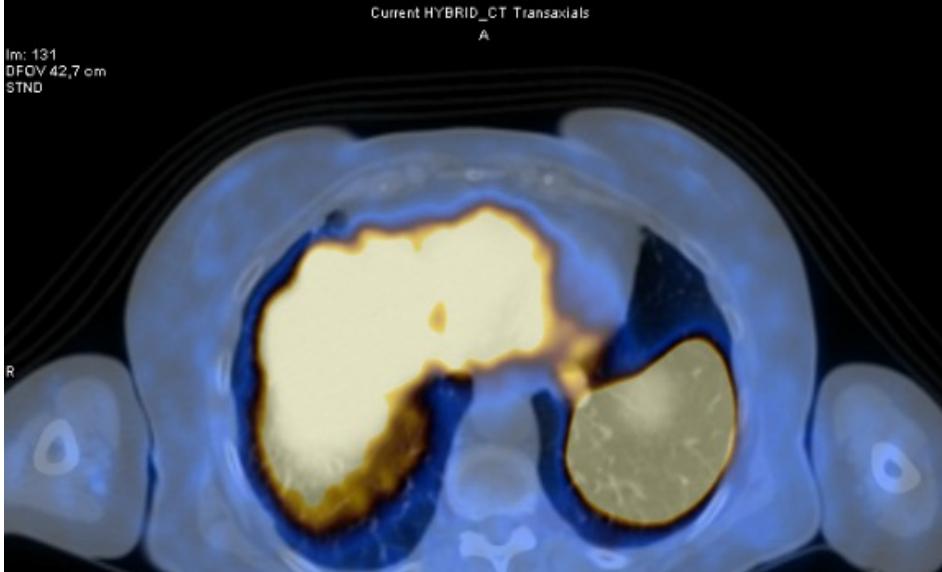
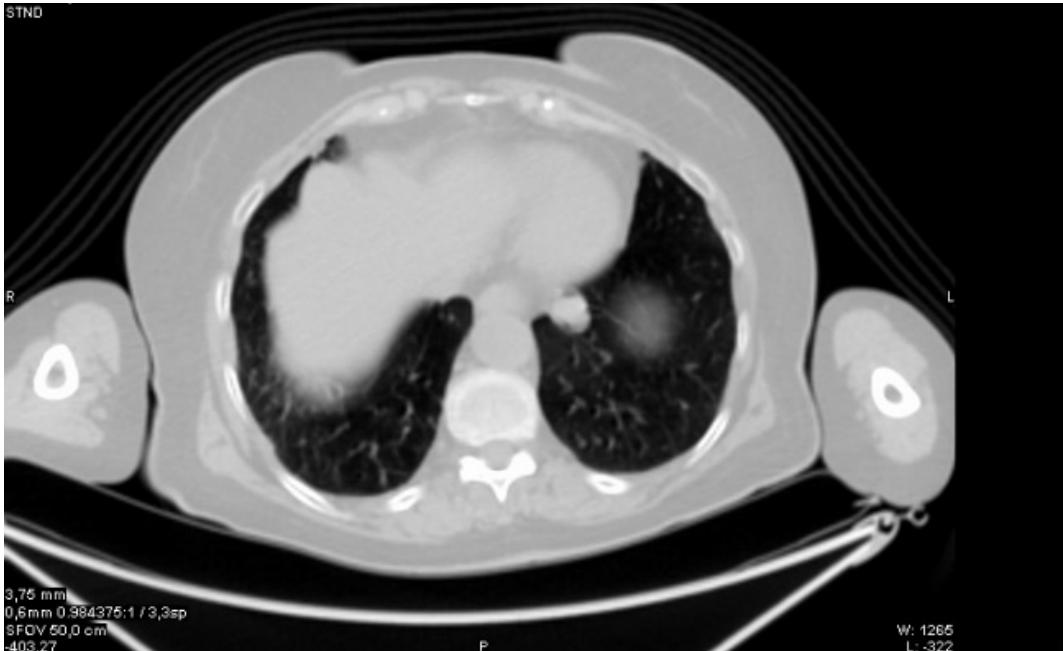
- Donne (89%)
- Età media 58 anni
- Non fumatrici
- Sintomi 45-55%
 - tosse non produttiva 71%
 - dispnea 63%
 - wheezing 25%
- PFR deficit da moderato a severo 44%
 - sindrome ostruttiva non reversibile 54-78%
 - sindrome restrittiva 13%
 - sindrome mista 17%
 - nella norma 17%

?

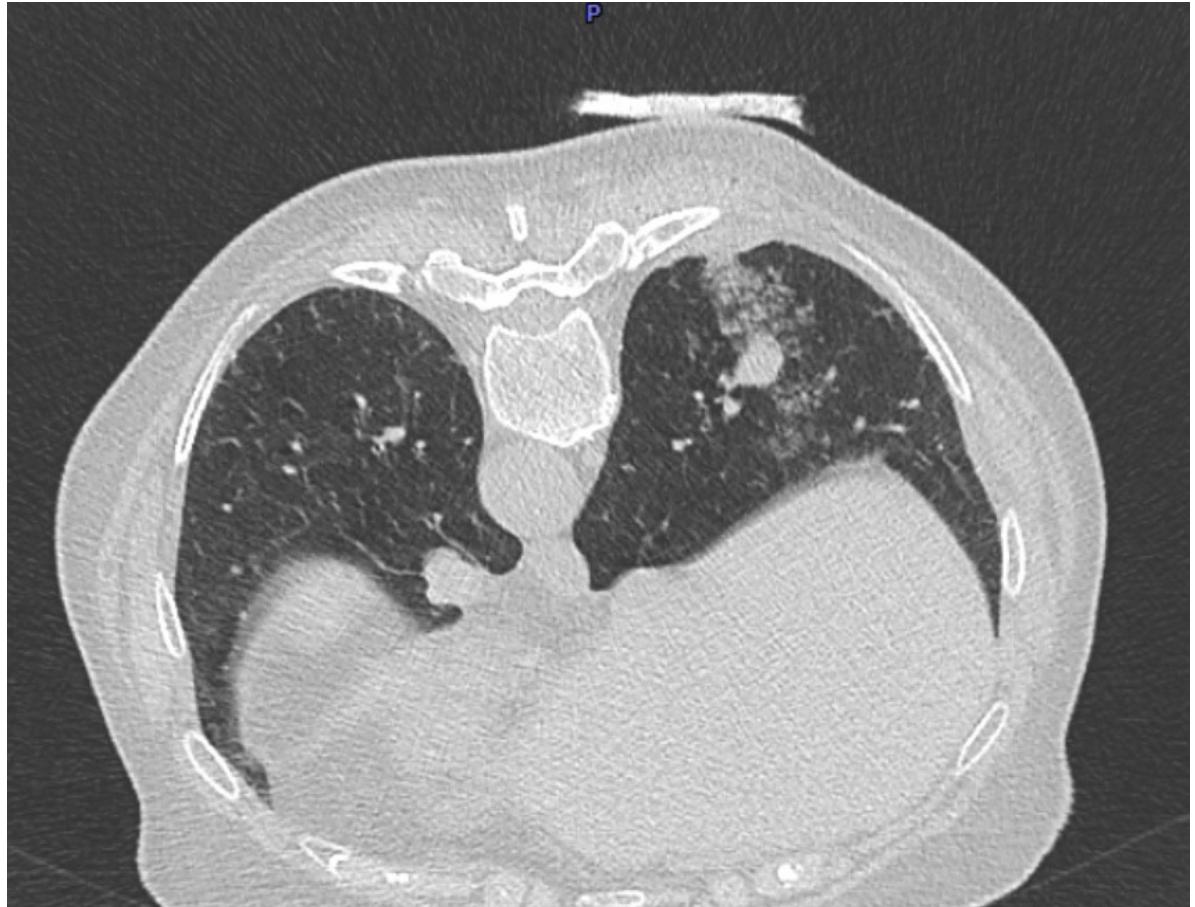
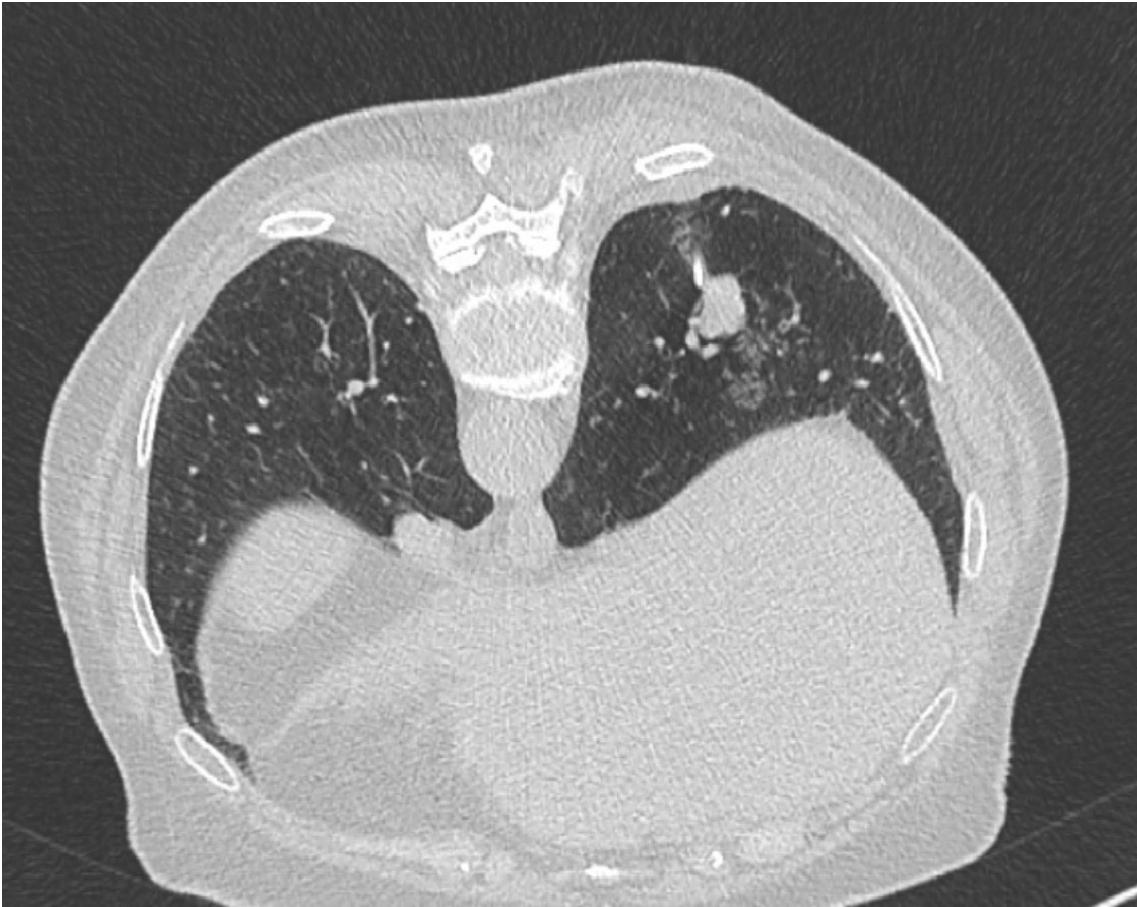
PET TB con GA68

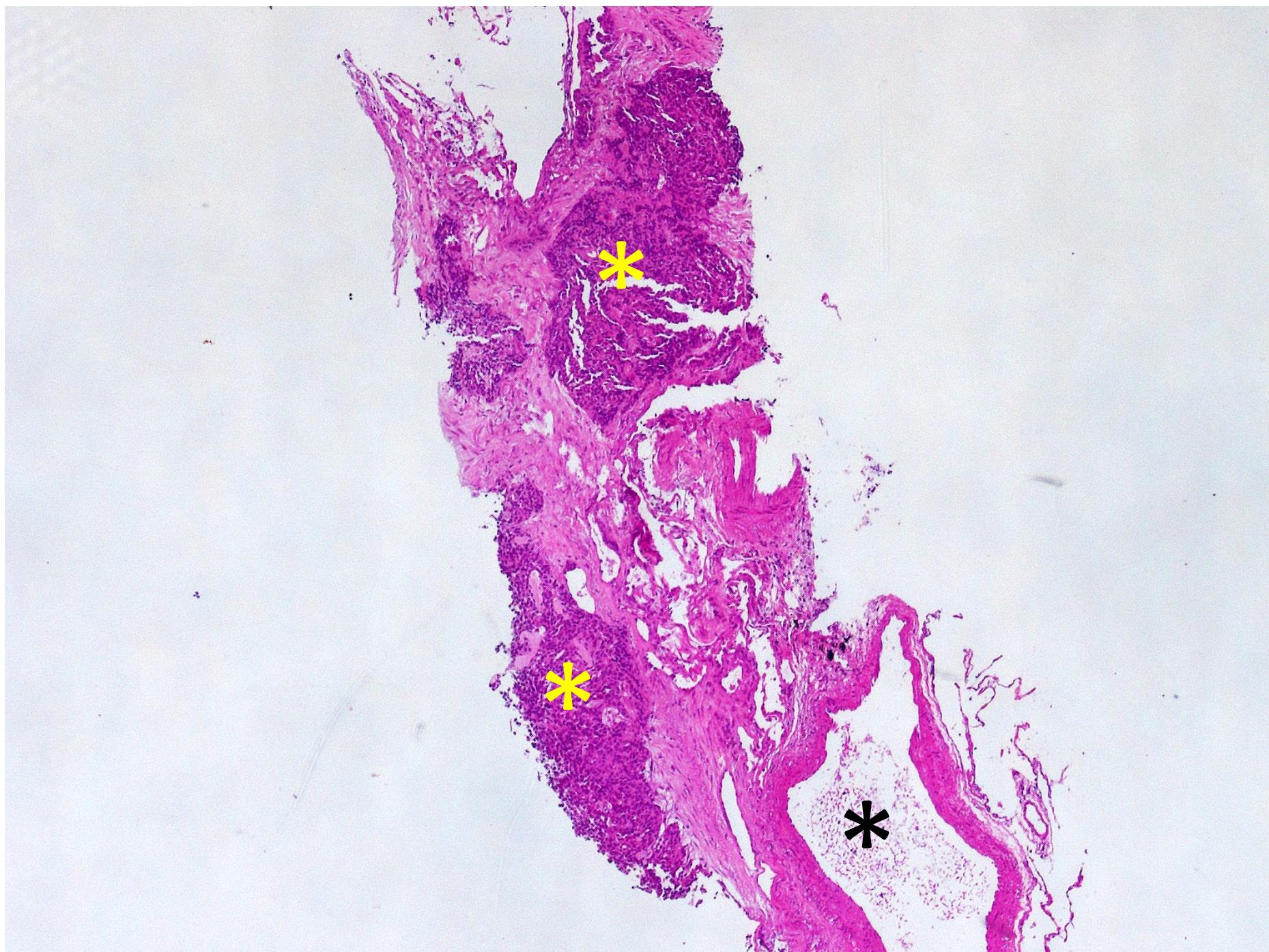


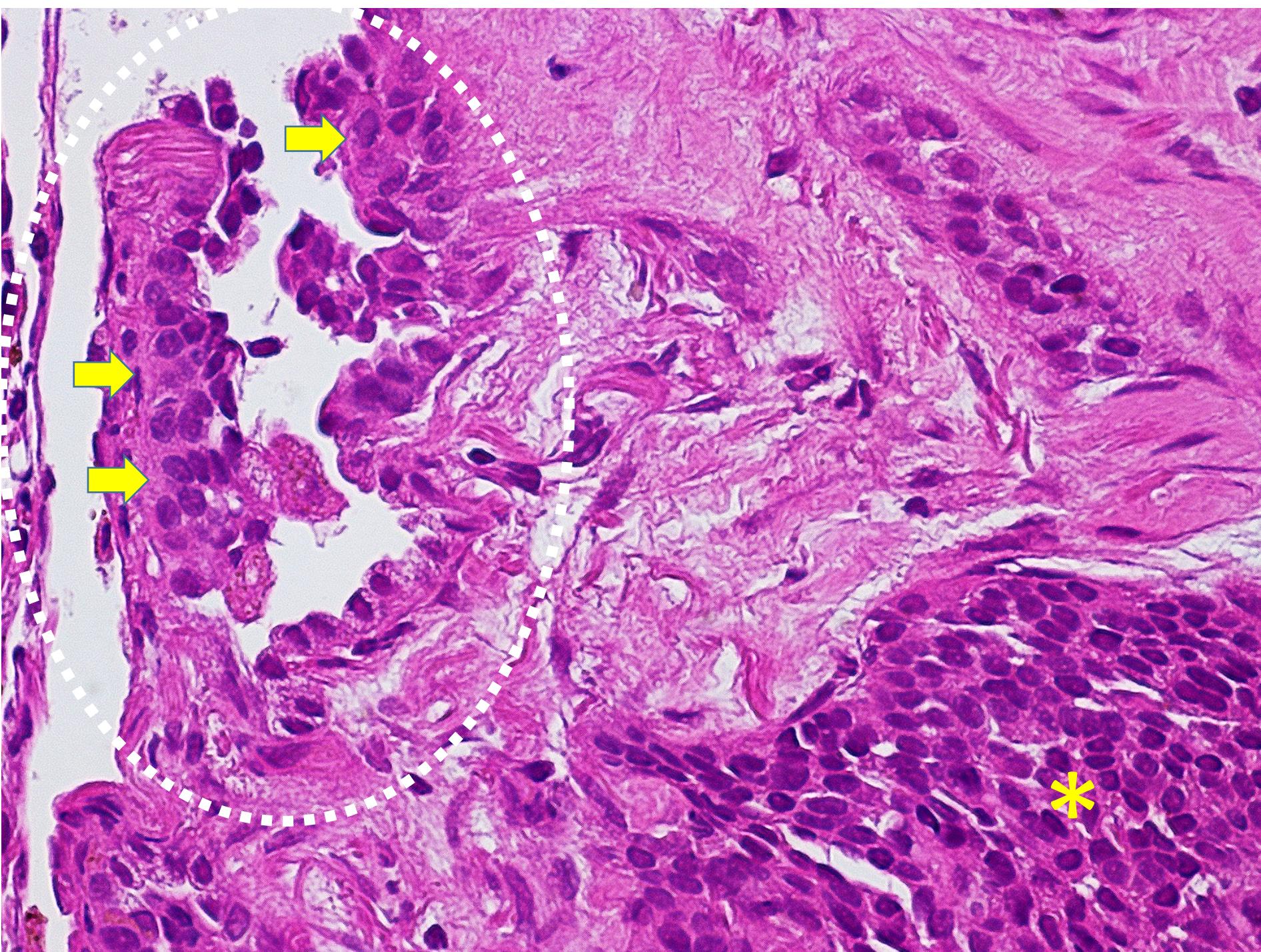




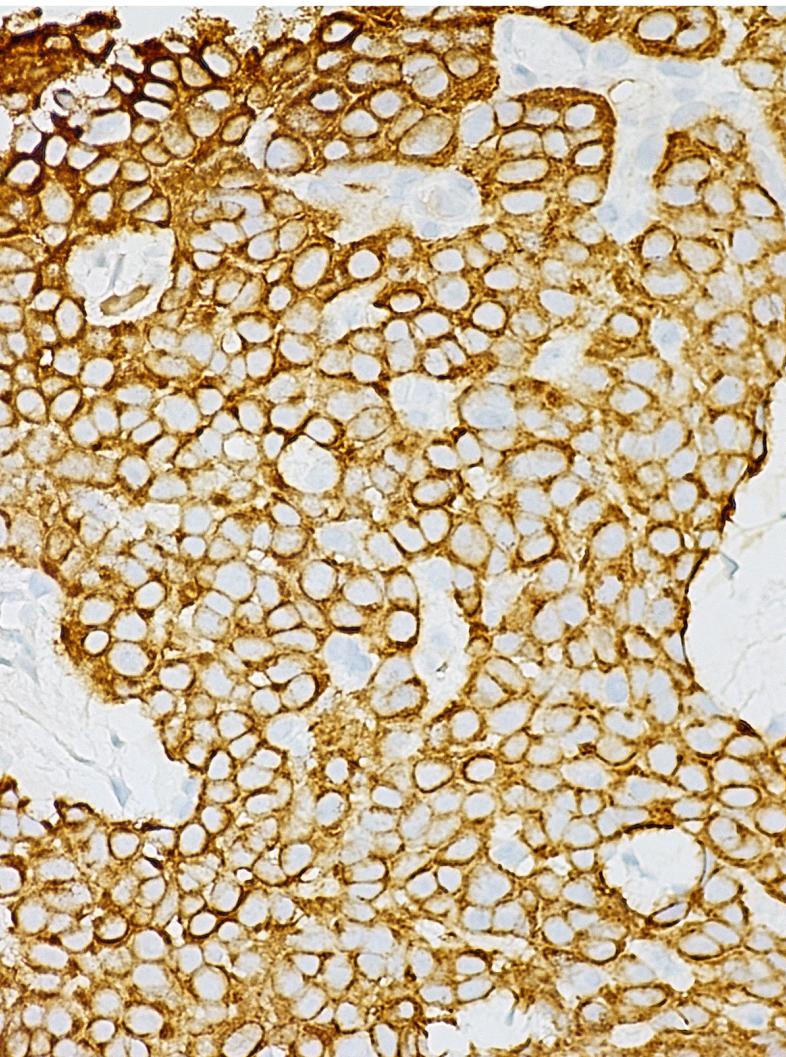
Agobiopsia Tc guidata



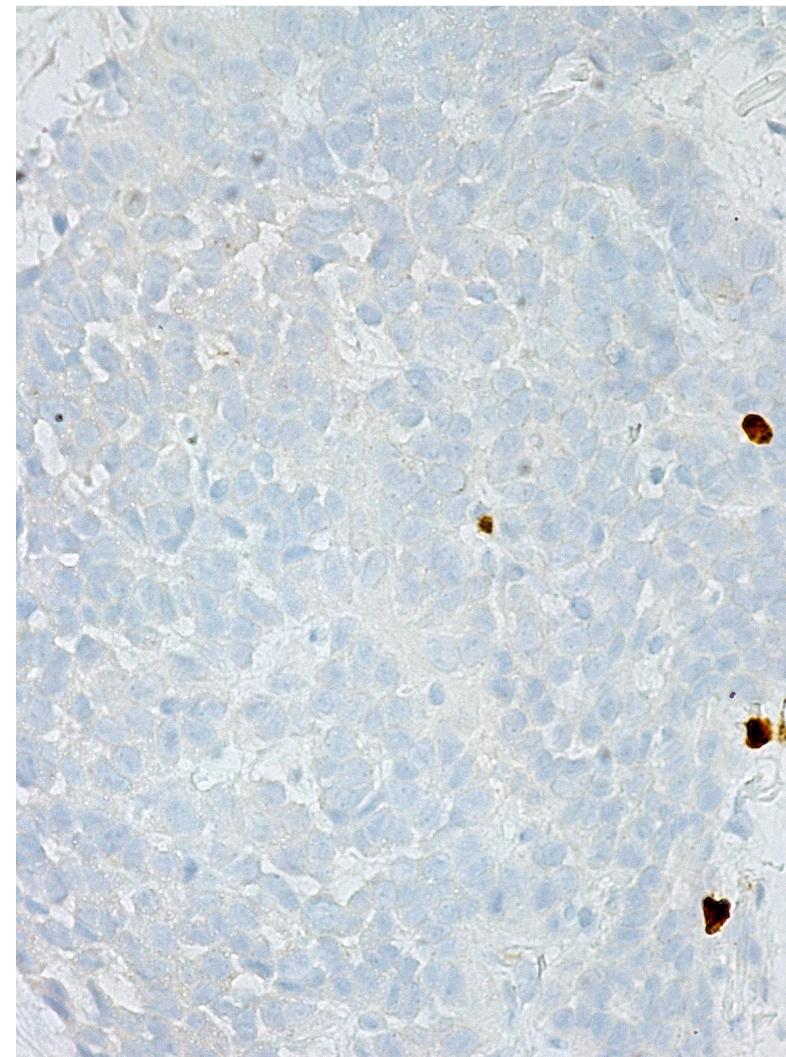




Cromogranina A



Ki-67



2021 WHO criteria for the diagnosis of pulmonary neuroendocrine tumors

Tumor type	Criteria
Diffuse idiopathic neuroendocrine cell hyperplasia	Multifocal hyperplasia of neuroendocrine cells in bronchiolar epithelium, associated with multiple carcinoid tumorlets (generally less than 5 mm in greatest dimension), with or without obliterative bronchiolitis; and with or without a carcinoid tumor
Typical carcinoid	Carcinoid morphology and <2 mitoses/2 mm ² (10 HPFs), lacking necrosis and >0.5 cm
Atypical carcinoid	Carcinoid morphology with 2 to 10 mitoses/2 mm ² (10 HPFs) or necrosis (often punctuate)
Large cell neuroendocrine carcinoma	<p>Neuroendocrine morphology (organoid nesting palisading rosettes, trabeculae);</p> <p>High mitotic rate >10/2 mm² (10 HPFs), median of 70/2 mm²;</p> <p>Necrosis (often large zones);</p> <p>Cytologic features of a NSCLC: large cell size, low nuclear to cytoplasmic ratio, vesicular or fine chromatin, and/or frequent nucleoli; some tumors have fine nuclear chromatin and lack nucleoli but qualify as NSCLC because of large cell size and abundant cytoplasm; and</p> <p>Positive immunohistochemical staining for one or more NE markers (other than neuron-specific enolase) and/or NE granules by electron microscopy</p>
Small cell neuroendocrine carcinoma	<p>Small size (generally less than the diameter of three resting lymphocytes);</p> <p>Scant cytoplasm;</p> <p>Nuclei: finely granular nuclear chromatin, absent or faint nucleoli;</p>

Agauyo SM, N Engl J Med, 1992

WHO, 1999

iperplasia diffusa idiopatica a cellule neuroendocrine (DIPNECH)



DIPNECH



DIPNECH Syndrome

Terapia e prognosi

- Follow up
- Steroidi orali e inalatori
- Analoghi della somatostatina
 - 36% miglioramento lieve
 - 14% miglioramento moderato
 - 26% miglioramento significativo
- Resezione chirurgica polmonare
- trapianto

Follow up

- EE del 6.3.19: cromogrammina A 104 (vn <84.7), NSE 9.7 (vn < 18.3)-
- EE del 16/01/2020: cromogranina A 124.3, NSE 8.7
- Longastatina 20 mg 1 fl im ogni 28 gg
- PFR (22.7.21): FEV1 0.93 L, 73% FVC 1.56 L, 96% FEV1/FVC 60%
- EE del 22/07/2021: cromogranina A 2.90 nmol/L, NSE 10.40 mcg/L

CT Imaging



Wheezing illnesses other than asthma in adults

Extrathoracic upper airway causes of wheeze

Anaphylaxis

Vocal cord edema or paralysis

Paradoxical vocal cord motion

Laryngeal stenosis

Laryngocele

Tonsillar hypertrophy

Goiter

Postnasal drip syndrome

Intrathoracic central airway causes of wheeze

Tracheal stenosis
Tracheal and bronchial tumors
Respiratory papillomatosis
Tracheomalacia, tracheobronchomalacia, and hyperdynamic airway collapse
Relapsing polychondritis
Tracheobronchial amyloid
Mucus plugs
Vascular rings and aneurysms
Mediastinal mass
Herpes simplex virus (HSV-1) tracheobronchitis

Intrathoracic lower airway causes of wheeze

Bronchiectasis due to recurrent infections or parenchymal fibrosis with traction
Bronchiolitis
Bronchiolitis obliterans
Cardiac asthma
Carcinoid tumors
Diffuse idiopathic pulmonary neuroendocrine cell hyperplasia (DIPNECH)
Occupational causes of nonasthmatic wheeze
Parasitic infection
Reactive airways disease syndrome
Airway distortion
Focal wheeze

Grazie !

